

# Dave O'Connor - Leadership Coaching

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Dave O'Connor is a freelance technology leader and coach based in Dublin, Ireland. He has spent 20 years working with technology and people, including early-stage Google SRE, Elastic.co, and most recently as

VP of Engineering at Twilio.

His key interests are building genuine leaders and teams that achieve business outcomes without compromising on their happiness and health.



## Why Coaching?

For leaders at all levels, coaching is enormously valuable and has lasting returns in:

- Communication Skills
- Work/Life Balance
- Enhanced manager/employee relationships
- Enhanced Team engagement/teamwork

According to the ICF (International Coaching Federation), impact on the above from an effective coaching engagement showed a 60-70% improvement over time.<sup>1</sup>

## Why Dave?

- 20 years experience in tech, managing organisations from small teams to 300+ people across the globe.
- Involved in the inception and early development of Site Reliability Engineering at Google.
- Proven track record in situational and empathetic leadership.
- Served as head of Engineering at Google Ireland for several years.
- Professional Diploma in Coaching and Mentoring, Kingstown College. [ICF](#) and [EMCC](#) member.

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<sup>1</sup> Source: ICF Global Consumer Awareness Study, 2017