Analyzing Personal Productivity Data with Power BI

Andy Green

Objective: To gain insights into daily activities and time allocation to identify patterns and optimize productivity

Tools used: Excel (data entry, data manipulation, data cleaning), Python (data manipulation), PowerBI (visuals, dashboard)

0.87

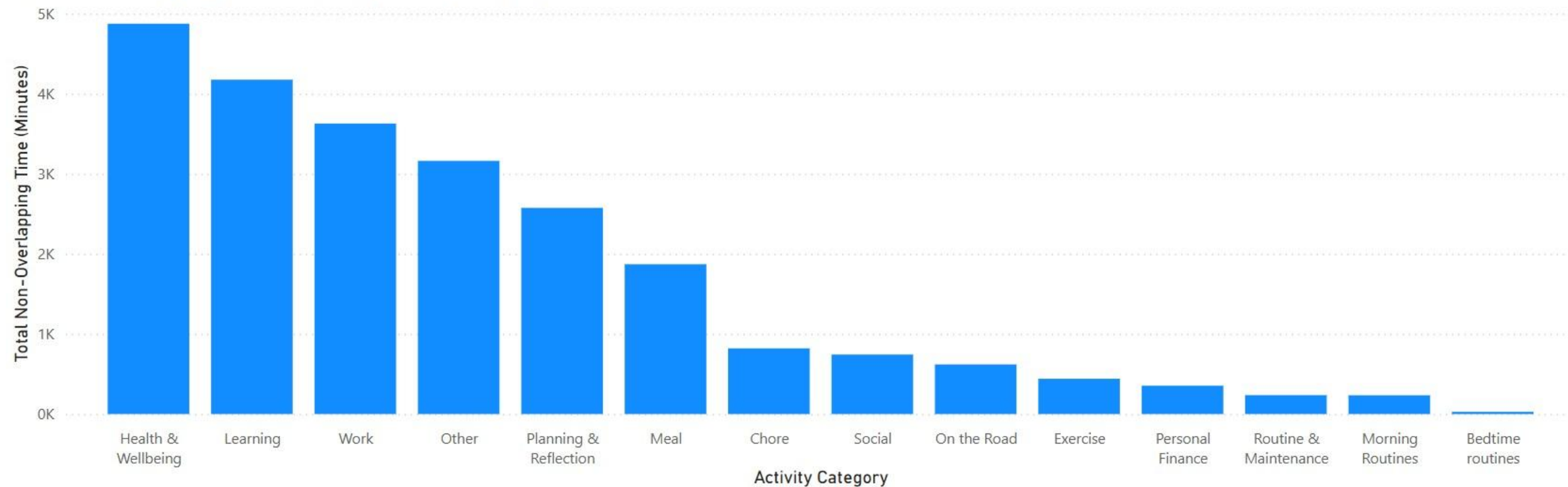Percentage of Time in Productive ...

19.30

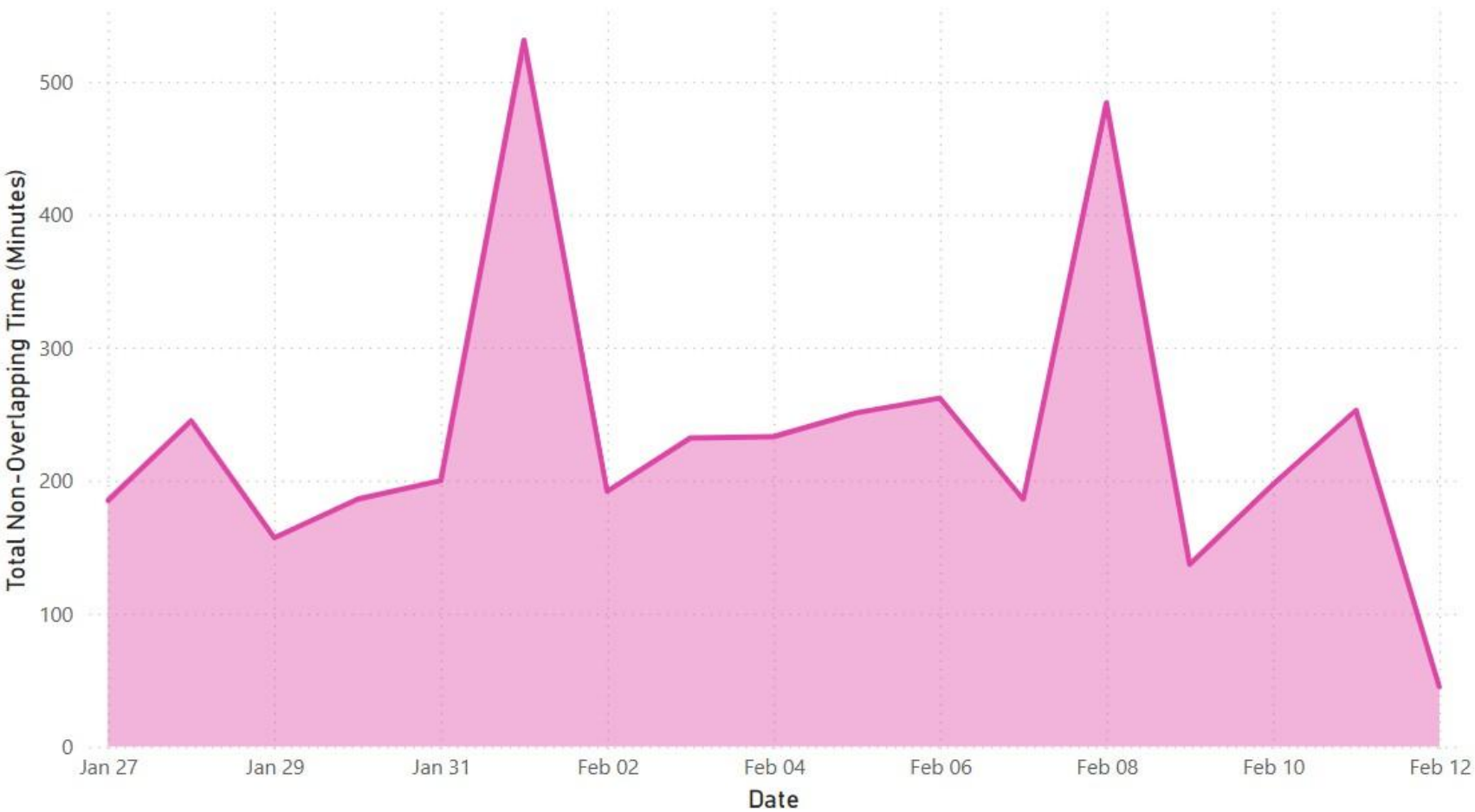Average Duration per Activity Block (Minutes)

18

Number of Days Tracked

Date ⌄

1/27/2023 📅   2/13/2023 📅

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Total Non-Overlapping Time (Minutes) by Activity Category

Bar chart of Total Non-Overlapping Time (Minutes) by Activity Category. Categories from left to right: Health & Wellbeing, Learning, Work, Other, Planning & Reflection, Meal, Chore, Social, On the Road, Exercise, Personal Finance, Routine & Maintenance, Morning Routines, Bedtime routines. Y-axis ranges from 0K to 5K.

Total Non-Overlapping Time (Minutes) by Date and Activity Category

Activity Category ● Learning

Activity Category

☐ Bedtime routines

☐ Chore

☐ Exercise

☐ Health & Wellbeing

☑ Learning

☐ Meal

☐ Morning Routines

☐ On the Road

☐ Other

☐ Personal Finance

☐ Planning & Reflection

☐ Routine & Maintenance

☐ Social

☐ Work