Instructions	Source	<b>Poles</b> Spare		Destination
1 load	2	2		
2 load	3			1
3 move1 / loop	3	3	2	1
4 move1 / loop	3	3	1 2	
5 loop			1 2	3
6 move2	2	L	2	3
7 move2	-	L		2
8 move2				1 2 3