

# Creating an Optimal Grocery List with Budget and Recommended Food Groups

## 7375 Artificial Intelligence

Andy Vu, Sam Hekman, and Tyler Sutherland

**Abstract**—This paper is to present the current progress of our optimal grocery list generator. The nature of our problem causes it to identify as a multidimensional knapsack problem. With this in mind we have devised approaches to solve the knapsack problem. We have developed a custom dataset that allows easily manipulatable data values that coincide with our specific needs. On top of this we have developed two solutions: a brute force approach as well as a dynamic programming approach. With our initial preliminary testing, results show that our brute force approach is showing typical performance of a brute force method having difficulty once the dataset becomes of an impractical size. The dynamic programming approach shows a more promising result when comparing time complexity, with it able to complete calculations with the entirety of our dataset. With these baselines covered, our future goals is to implement a genetic algorithm that can process the problem much more easily, combined with our user interface that can handle the problem as a whole including food group considerations.

**Index Terms**—Computer Science, Artificial Intelligence, Knapsack, NP Complete, List generation, Dynamic programming, Brute force, Exhaustive search, Genetic algorithms, Heuristic algorithms

## 1 INTRODUCTION

THE knapsack problem is a classic problem that has troubled mathematicians for well over a century [1]. It can be easily be described as given a set of items each with their own weight and value, one is to choose items that maximizes the total value while within the restraints of the knapsack's weight or other limitations. Depending on the application, it is easy to see how widespread this problem can be. Whether it be packing bags for a trip on an airline and attempting to not go over the weight limit, to a thief stealing the most valuable goods from a store and trying to make out with as much money as possible, this problem is difficult to solve.

In a general sense all knapsack problems are similar, there are quite some variations to the problem, although the classic 0-1 knapsack problem is probably the most common and popular. The 0-1 represents either an item being selected (1) or not being selected to put into a bag (0). This means that there is only one of each item and that there can be no more than one of that item. To an extension, there is the bounded knapsack problem where there are a certain amount of duplicates of items and in contrast there is the unbounded knapsack problem where there are no bound or limitations of items. In other words there are unlimited copies of each item available. In addition to these there is also a fractional knapsack. The fractional knapsack allows the ability to pick fraction of items instead of an item whole. An example would be selecting  $\frac{1}{2}$  of an item although in most scenarios this is not possible.

Since this problem is one that has troubled mathematicians for quite some time, there are a variety of conventional approaches to the problem. As can be imagined, increasing the variables at play allows more complexity to the problem. The problem itself is defined as NP complete. In a classic knapsack problem the time complexity is  $O(N^*W)$  where  $N$  is the number of items available and  $W$  denotes the capacity of the knapsack. This time complexity is obtained using dynamic programming. Other conventional solutions such as brute force results in creating every permutation possible and then selecting the most optimal knapsack. This results in a time complexity of  $O(2^n)$ . As can be seen, increasing the number of items will cause more options to be selected and thus the number of possible combinations increases. The user now has more items that they may consider to be selected into the knapsack. On the other hand, increasing the allowances of the knapsack results in a similar situation. By allowing a greater number of items into the knapsack, the problem again is an increase in the amount of items that are available for selection due to this higher limit, thus increasing the dimensionality [2]. Increasing these two variables even or adding a third variable will further cause the knapsack problem to be more complicated.

In this paper, we are approaching the knapsack problem from a different perspective than conventionally. Firstly, instead of a typical knapsack we are generating a grocery list with price being our constraint similar to weight. In addition to this, instead of value of an item, the grocery item will be weighed, thus more weight of groceries will coincide with a higher value. To add a layer of complexity, instead of generating a grocery list to maximize weight and budget constraints, there is another dimension to this problem: food group recommendations. The objective of this paper is to generate a grocery list from a conventional grocery store

• Department Computer Science, Kennesaw State University, Marietta, GA, 1100 South Marietta Pkwy SE 30060.  
 git: [https://github.com/vespenegas/Artificial\\_Intelligence\\_Project](https://github.com/vespenegas/Artificial_Intelligence_Project)

that satisfies the constraints of a typical knapsack however it adds another dimension. Food group recommendations is to ensure that the grocery list generated does not select only the most cost effective and weighty item but to ensure variety in the optimal list of objects. In other words, in this paper, we explore a multidimensional unbounded knapsack problem within a grocery store [3].

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## 2 APPROACH

For every knapsack problem there must be a list of selectable items with appropriate weights, and values associated. Initially, our attempt at creating a life like grocery store was to find an appropriate dataset free online. Looking through websites such as Kaggle and other databases, there were no suitable datasets available. Every dataset lacked food categorization. In our project we are attempting to create a grocery shopping list with one of the criteria being limitations by food groups. Thus, because of this, all of the available datasets did not contain a categorization of the six food groups. This expectation was quite low, but the conclusive evidence showed our predictions were correct after going through many datasets. Secondly another issue with datasets that grocery stores often used was that the items the stores carried were not limited to foods. Any walk into a grocery store would show items such as plates, utensils, cooking ware and so on. These items are not within the scope of our project. The datasets found often had tens of thousands of these items. The last issue with using a pre-created dataset was that often there are many overlapping products that only differ by brand and price thus also not within the scope of our project. An example would be white bread. There are many different brands of white bread and thus all of their prices differed depending on brand.

With these issues with available datasets at hand, we formulated our own dataset of grocery food items. For our custom dataset, we used the online shopping utility available on Kroger.com. From here, we sort by all departments shopping and selected grocery food items that are definable within food groups. This meaning, items that were complete meals or that combined food groups were omitted. Examples of this would be a can of ravioli as there are plentiful grains as well as meats within the item. We prioritized items that were singularly within one food group such as raw meat, vegetables, or grains. Other criteria that is selected is the price, and weight. Of course some items are priced by unit instead of by weight thus to solve this issue, a quick google search of the average weight was used. An example of this would be an apple that Kroger sells for one dollar per apple. We would google the average weight of an apple and add it to our database as price and weight. An example of our dataset can be seen below in table 1. After nearing 70 pages of Kroger's shopping database, and selecting certain items, as of now our database sits at 190 entries. Limitations of brand and size were also challenges that we faced. Entry in our database such as white bread, was selected as the generic Kroger brand white bread with its associated price and weight. All other forms of white bread and brands were omitted as to avoid confusion and

complexity in our database. As time progresses and if there arises a necessity, the dataset will be refined with either the addition or subtraction of items.

Groceries			
Food	Category	Price(dollars)	Weight(lbs) #
chicken breast	meat	11.78	4.7
80% lean ground beef	meat	5.99	1
banana	fruit	.23	.41
strawberries	fruit	2.5	1
cucumber	veggie	.69	.75
large raw shrimp	meat	13.98	2
shredded cheddar cheese	dairy	2.29	.5
hot dog buns	grain	1.49	.6875
white bread	grain	2.75	1.25

TABLE 1

Custom dataset collected from Kroger showing food, food group, price and weight or calculated weight. This example table is limited to ten selected entires from the dataset.

For baseline comparisons to the proposed model, we have implemented both a brute force method and a dynamic programming method to tackle the knapsack. As discussed further in the discussion sections, the current algorithms are set to work as conventional 0-1 knapsacks disregarding food group criteria. These two baseline algorithms serve to demonstrate the time complexity and usability in comparison to the genetic algorithm that will be implemented in the future. Both the brute force and dynamic programming methods take in the budget as a constraint, using weights as the value to maximize and considers items by their price. The brute force algorithm uses itertools combination method to create a list of all possible combinations within the budget constraint, and then chooses the maximum value and list that composes of that combination.

Using dynamic programming for our algorithm, we intended to use a top-down memoization approach to compute subproblems for the price limit and weight maximization. This approach works by building a table based on the number of items in the dataset by the limit in integers. For example, if the dataset has 200 items and the price limit is 100, then the table will have a shape of 200X100. Each index stores the datapoint of an item, or combination of items, that yields the maximum possible weight at the current cost. The algorithm then traverses the array to find the index with the highest weight yield at the maximum price limit. Each datapoint in this index is added to a results list that is returned to the user. Just as with the brute force approach, this algorithm is subject to being a 0-1 knapsack. Any result using memoization returns a list filled entirely with the single best price-to-weight ratio. This is not ideal nor realistic for a practical grocery list.

A limitation of the memoization approach is how the price is handled by the memo table. The table requires an index in the form of a whole number integer and is incremented by a value of one. This gives two options: either generate the table cent-wise or limit the price and price limit to whole dollars. The first option results in a major increase in the table size as the 200X100 table mentioned above would become a 200X10,000 table. This would be fine for a small dataset but would be expensive to compute and store given a super-market sized dataset of items. The second option allows for a comparably small table but gives results

that do not reflect the actual value of the items in the list due to rounding. We also realized that maintaining weight ratios between the different food categories using memoization would prove more difficult than anticipated. While there are approaches to the multi-dimensional knapsack problem using memoization, none explored adequately allowed for this ratio problem to be solved. We speculated that we could use a table that is three dimensional. This would be  $n*m*k$ , where  $n$  is the number of items in the dataset,  $m$  is the price limit, and  $k$  is the number of food groups. Each index would maintain an approximate ratio of the food groups as set by the user. However, we were unsure on how to make this operate as intended.

Lastly we have developed a userinterface (UI) system that allows our program ease of use. An example of it can be seen in figure 1. We decided to create a GUI system using Tkinter, an import within python's built-in library, for our algorithm to help users interact with the system more easily. Using its different widgets such as Labels to display text, input areas to allow the user to input their desired budget amount, check boxes to enable or disable certain food groups and lastly a button to submit the users order. Also we used different windows to allow us to create an easy operating experience for the user.

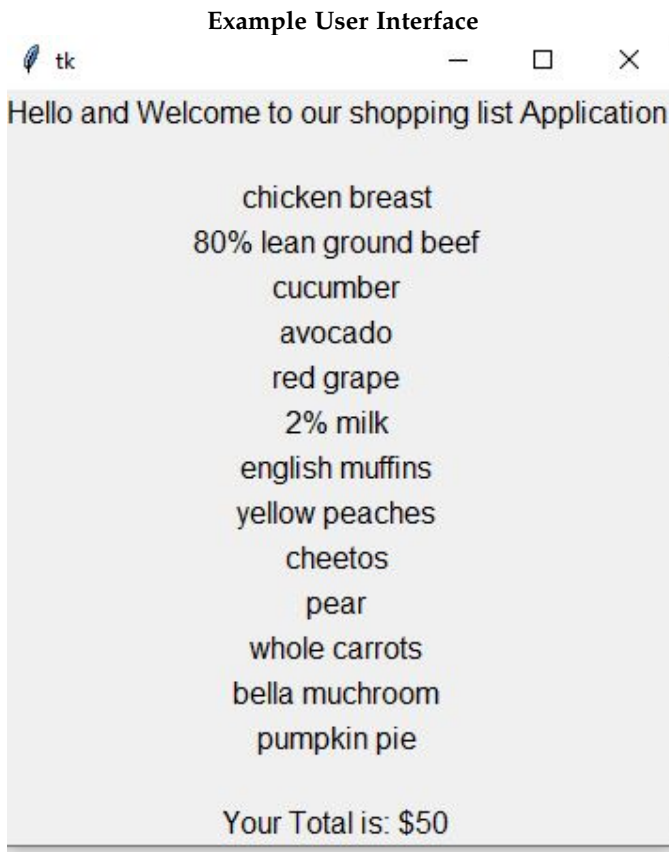


Fig. 1. Example userinterface allow the user to select food restrictions as well as inputting budget

### 3 PRELIMINARY RESULTS

To serve as a baseline, we have implemented a brute force algorithm that works on our dataset to select items that

results in the heaviest shopping cart while staying under budget. From the runtimes, it is clear that brute force is extremely slow. We truncate our grocery dataset to collect runtimes with a budget of 100 dollars. Initially with a list length of 10 items, the run time is relatively quick at 0.0015 seconds. However, this exponential increase in time complexity is seen once the grocery list is increased. 20 items results in a run time of 1.57 seconds and then finally 28 items results in a runtime of 531 seconds. Any larger list of items were not included due to the time complexity clearly showing exponential growth. In addition to this, attempts at 30 item list length result in run times far too long and hence we decided to stop at 28 items. The data for these run times can be seen in table 2. In addition to this, the runtime chart and data can be seen plotted in figure 2.

Brute Force Run Time	
length of list	runtime (seconds)
10	0.0015
13	0.011
15	0.047
17	0.185
20	1.57
21	3.31
25	61.14
26	131.35
27	268.46
28	531.08

TABLE 2

Runtime data for brute force algorithm with a truncated dataset. Dataset with more than 28 items were resulting in extremely long runtimes.

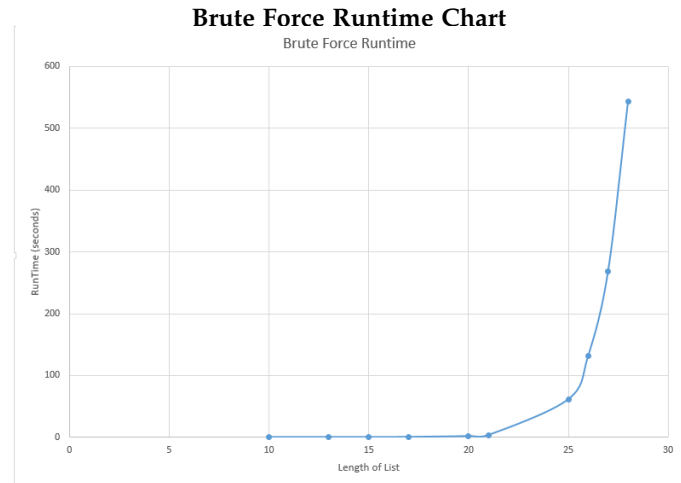


Fig. 2. Plotted runtime chart for the brute force algorithm

Testing using the memoization technique with the dynamic programming showed a linear increase in computation time versus the brute force technique, with a growth order of  $O(n*m)$  where  $n$  is the number of items in the dataset and  $m$  is the price limit of the grocery list. As can be seen in figure 3 the run time is much quicker compared to the brute force. In addition to this, it was able to clear the entire data set while the brute force was not. This can be seen more clearly in table 3. For comparison, the brute force runtime for a list of 20 items was 1.57 seconds while the dynamic programming took 0.000997 for the same list length. This is a much more rapid solution.

Dynamic (memoization) Run Time	
length of list	runtime (seconds)
20	0.000997
40	0.00199
60	0.00199
80	0.00299
100	0.00399
120	0.00498
140	0.00499
160	0.00598
180	0.00598
189	0.00698

TABLE 3  
Dynamic programming runtimes of custom dataset

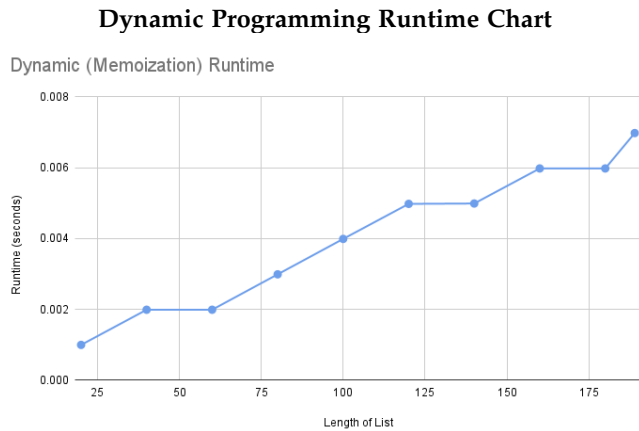


Fig. 3. Plotted runtime chart for the dynamic programming algorithm

## 4 DISCUSSION AND FUTURE WORKS

As of the writing of this paper and this middle update, two base line conventional algorithms have been developed for the project: brute force and dynamic programming. These two methods are tried and true however their limitations in time complexity as well as being resource dependent show that their usage is limited. For datasets that are small as seen in the tables in the preliminary results section, they have satisfactory performance, however, for larger datasets they are not optimal and are not ideal. For this reason, we are currently implementing a heuristic and nonconventional algorithm while considering other unconventional methods [4] [5].

We have since switched to developing an algorithm using the genetic algorithm approach [6]. Because the data is not well suited to memoization, the genetic approach of selecting 'fitness' of data points could prove to be a better fit. Genetic algorithms rely on randomization of selected items for a specific subset size and compares the values of each item. These subsets are stored as 'chromosomes', typically as a binary encoding, that have a length of the number of items. Using a fitness function, we can find the best chromosome in the subsets to fill the knapsack. Each encoded 1 in the chromosome corresponds to a specific item that is added to the knapsack while the 0 items are not added. Unlike memoization, this allows for us to consider the cent amounts in the price of each item and to potentially find the optimal solution for the food group ratios without the need for increasing the dimensionality by the number of

groups.

In addition to this, we are facing design issues with our project implementation. As can be seen in our brute force and dynamic programming we are utilizing these algorithms as 0-1 knapsacks without consideration of food groups which was a third dimension in our original design. The reason for this is that a conventional grocery store would behave as an unbounded knapsack. Of course there are not infinite amounts of inventory, however, a typical grocery store inventory is substantial enough that to a typical shopper, it would not be feasible to empty the stock of a certain item.

With this being said, designing the knapsack as unbounded would result in less choices that the algorithm would choose. It would simply pick an item that resulted in the maximum weight to price ratio and then select that item until the budget is met. An example would be selecting water melons which on average weight roughly 25 pounds. In the custom groceries dataset, watermelon is listed as 22 pounds with a price of 6.99. It would be too trivial for the algorithm to select watermelons until whatever budget is met thus resulting in the most efficient shopping cart. Introducing our assigned ratios of food groups would simply extend this issue. By forcing the algorithm to select a certain ratio of grains, meats, and dairy and so on, it would select items on a similar premise. For fruit, it would only select watermelons, for meats it would select an item that has the most efficient weight to price item as well. These would repeat until the budget is met and all food groups are to be accounted for. With that being said, there are some design choices that need to be made and reconsidered for the future of this endeavor.

## 5 CONCLUSION

Our implementation of brute force to approach the knapsack problem aligns with conventional train of thought. Run times were incredible slow especially as the size of the dataset increases resulting in an exponential time complexity growth. In addition to this, our dynamic programming, approach also matches what can be found with literature. Dynamic programming allows a much more rapid solution to the knapsack in comparison to the brute force algorithm. With these two we have developed a UI system for ease of use however, in the future we are planning to implement a genetic algorithm that can surpass even the time complexity of dynamic programming.

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