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# Future Log: January - June 2026

Year

Future

Events  
Highlights

Multi  
Grids

J w01

w02

w03

w04 JANUARY

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21 FEBRUARY

w22

J w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38 MARCH

w39

O w40

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

w50

w51

w52

w53

APRIL

MAY

JUNE

# Future Log: July - December 2026

Year

Future

Events

Highlights

Multi

Grids

## JULY

J w01

w02

w03

w04

## AUGUST

## SEPTEMBER

## OCTOBER

## NOVEMBER

## DECEMBER

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

## OCTOBER

w21

w22

J w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

## NOVEMBER

w39

O w40

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

w50

w51

w52

w53

# Events of 2026

Year

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
J w01												
w02	1 Thu	* 1 Sun	1 Sun	1 Wed	1 Fri	1 Mon	1 Wed	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue
w03	2 Fri	2 Mon	2 Mon	2 Thy	2 Sat	2 Tue	2 Thy	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed
w04												
F w05	3 Sat	3 Tue	3 Tue	3 Fri	3 Sun	3 Wed	3 Fri	* 3 Mon	3 Thu	3 Sat	3 Tue	3 Thu
w06	4 Sun	4 Wed	4 Wed	4 Sat	4 Mon	4 Thu	4 Sat	* 4 Tue	4 Fri	4 Sun	4 Wed	4 Fri
w07												
w08	5 Mon	5 Thu	5 Thu	5 Sun	5 Tue	5 Fri	5 Sun	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat
M w09	6 Tue	6 Fri	6 Fri	6 Mon	6 Wed	6 Sat	6 Mon	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun
w10												
w11	7 Wed	7 Sat	7 Sat	7 Tue	7 Thu	7 Sun	7 Tue	7 Fri	7 Mon	* 7 Wed	7 Sat	7 Mon
w12	8 Thu	8 Sun	8 Sun	8 Wed	8 Fri	8 Mon	8 Wed	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue
w13												
A w14	9 Fri	9 Mon	9 Mon	9 Thu	9 Sat	9 Tue	9 Thu	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed
w15	10 Sat	10 Tue	10 Tue	10 Fri	10 Sun	10 Wed	10 Fri	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu
w16												
w17	11 Sun	11 Wed	11 Wed	11 Sat	11 Mon	11 Thu	11 Sat	11 Tue	11 Fri	11 Sun	11 Wed	* 11 Fri
M w18	12 Mon	12 Thu	12 Thu	12 Sun	12 Tue	12 Fri	12 Sun	12 Wed	12 Sat	12 Mon	* 12 Thu	12 Sat
w19												
w20	13 Tue	13 Fri	13 Fri	13 Mon	13 Wed	13 Sat	13 Mon	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun
w21	14 Wed	14 Sat	14 Sat	14 Tue	14 Thu	14 Sun	14 Tue	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon
w22												
J w23	15 Thu	15 Sun	15 Sun	15 Wed	15 Fri	15 Mon	15 Wed	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue
w24	16 Fri	16 Mon	* 16 Mon	16 Thu	16 Sat	16 Tue	16 Thu	16 Sun	16 Wed	16 Fri	16 Mon	16 Wed
w25												
w26	17 Sat	17 Tue	17 Tue	17 Fri	17 Sun	17 Wed	17 Fri	17 Mon	17 Thu	17 Sat	17 Tue	17 Thu
J w27	18 Sun	18 Wed	18 Wed	18 Sat	18 Mon	18 Thu	18 Sat	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri
w28												
w29	19 Mon	* 19 Thu	19 Thu	19 Sun	19 Tue	19 Fri	* 19 Sun	19 Wed	19 Sat	19 Mon	19 Thu	19 Sat
w30	20 Tue	20 Fri	20 Fri	20 Mon	20 Wed	20 Sat	20 Mon	20 Thu	20 Sun	20 Tue	20 Fri	20 Sun
A w31	21 Wed	21 Sat	21 Sat	21 Tue	21 Thu	21 Sun	21 Tue	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon
w32												
w33	22 Thu	22 Sun	22 Sun	22 Wed	22 Fri	22 Mon	22 Wed	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue
w34												
w35	23 Fri	23 Mon	23 Mon	23 Thu	23 Sat	23 Tue	23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed
S w36	24 Sat	24 Tue	24 Tue	24 Fri	24 Sun	24 Wed	24 Fri	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu
w37												
w38	25 Sun	25 Wed	25 Wed	25 Sat	25 Mon	* 25 Thu	25 Sat	25 Tue	25 Fri	25 Sun	25 Wed	25 Fri
w39	26 Mon	26 Thu	26 Thu	26 Sun	26 Tue	26 Fri	26 Sun	26 Wed	26 Sat	26 Mon	26 Thu	* 26 Sat
O w40	27 Tue	27 Fri	27 Fri	27 Mon	27 Wed	27 Sat	27 Mon	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun
w41												
w42	28 Wed	28 Sat	28 Sat	28 Tue	28 Thu	28 Sun	28 Tue	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon
w43												
N w44	29 Thu		29 Sun	29 Wed	29 Fri	29 Mon	29 Wed	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue
w45	30 Fri		30 Mon	30 Thu	30 Sat	30 Tue	30 Thu	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed
w46												
w47	31 Sat		31 Tue		31 Sun		31 Fri	31 Mon		31 Sat		31 Thu
w48												

D w49 + Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455

w50 \* Anniversary + Sep 23: House Anniversary + Sep 26: Móm's Birthday + Oct 5: Maggie's Anniversary + Nov 2: Ben's Birthday + Nov 5: Maggie Arán's Birthday + Nov 11:

Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

Year

Future

Events

Highlights

Multi

Grids

# Highlights of 2026

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
J w01													Future
w02	1 Thu	* 1 Sun	1 Sun	1 Wed	1 Fri	1 Mon	1 Wed	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue	Events
w03	2 Fri	2 Mon	2 Mon	2 Thy	2 Sat	2 Tue	2 Thy	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed	Events
w04													Events
F w05	3 Sat	3 Tue	3 Tue	3 Fri	3 Sun	3 Wed	3 Fri	* 3 Mon	3 Thu	3 Sat	3 Tue	3 Thu	Events
w06	4 Sun	4 Wed	4 Wed	4 Sat	4 Mon	4 Thu	4 Sat	* 4 Tue	4 Fri	4 Sun	4 Wed	4 Fri	Events
w07													Events
w08	5 Mon	5 Thu	5 Thu	5 Sun	5 Tue	5 Fri	5 Sun	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat	Events
M w09	6 Tue	6 Fri	6 Fri	6 Mon	6 Wed	6 Sat	6 Mon	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun	Events
w10													Events
w11	7 Wed	7 Sat	7 Sat	7 Tue	7 Thu	7 Sun	7 Tue	7 Fri	7 Mon	* 7 Wed	7 Sat	7 Mon	Events
w12	8 Thu	8 Sun	8 Sun	8 Wed	8 Fri	8 Mon	8 Wed	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue	Events
w13													Events
A w14	9 Fri	9 Mon	9 Mon	9 Thu	9 Sat	9 Tue	9 Thu	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed	Events
w15	10 Sat	10 Tue	10 Tue	10 Fri	10 Sun	10 Wed	10 Fri	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu	Events
w16													Events
w17	11 Sun	11 Wed	11 Wed	11 Sat	11 Mon	11 Thu	11 Sat	11 Tue	11 Fri	11 Sun	11 Wed	* 11 Fri	Events
M w18	12 Mon	12 Thu	12 Thu	12 Sun	12 Tue	12 Fri	12 Sun	12 Wed	12 Sat	12 Mon	* 12 Thu	12 Sat	Events
w19													Events
w20	13 Tue	13 Fri	13 Fri	13 Mon	13 Wed	13 Sat	13 Mon	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun	Events
w21	14 Wed	14 Sat	14 Sat	14 Tue	14 Thu	14 Sun	14 Tue	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon	Events
w22													Events
J w23	15 Thu	15 Sun	15 Sun	15 Wed	15 Fri	15 Mon	15 Wed	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue	Events
w24	16 Fri	16 Mon	* 16 Mon	16 Thu	16 Sat	16 Tue	16 Thu	16 Sun	16 Wed	16 Fri	16 Mon	16 Wed	Events
w25													Events
w26	17 Sat	17 Tue	17 Tue	17 Fri	17 Sun	17 Wed	17 Fri	17 Mon	17 Thu	17 Sat	17 Tue	17 Thu	Events
J w27	18 Sun	18 Wed	18 Wed	18 Sat	18 Mon	18 Thu	18 Sat	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri	Events
w28													Events
w29	19 Mon	* 19 Thu	19 Thu	19 Sun	19 Tue	19 Fri	* 19 Sun	19 Wed	19 Sat	19 Mon	19 Thu	19 Sat	Events
w30	20 Tue	20 Fri	20 Fri	20 Mon	20 Wed	20 Sat	20 Mon	20 Thu	20 Sun	20 Tue	20 Fri	20 Sun	Events
A w31	21 Wed	21 Sat	21 Sat	21 Tue	21 Thu	21 Sun	21 Tue	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon	Events
w32													Events
w33	22 Thu	22 Sun	22 Sun	22 Wed	22 Fri	22 Mon	22 Wed	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue	Events
w34													Events
w35	23 Fri	23 Mon	23 Mon	23 Thu	23 Sat	23 Tue	23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed	Events
S w36	24 Sat	24 Tue	24 Tue	24 Fri	24 Sun	24 Wed	24 Fri	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu	Events
w37													Events
w38	25 Sun	25 Wed	25 Wed	25 Sat	25 Mon	* 25 Thu	25 Sat	25 Tue	25 Fri	25 Sun	25 Wed	25 Fri	* 25 Sun
w39	26 Mon	26 Thu	26 Thu	26 Sun	26 Tue	26 Fri	26 Sun	26 Wed	26 Sat	26 Mon	26 Thu	* 26 Sat	Events
O w40	27 Tue	27 Fri	27 Fri	27 Mon	27 Wed	27 Sat	27 Mon	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun	Events
w41													Events
w42	28 Wed	28 Sat	28 Sat	28 Tue	28 Thu	28 Sun	28 Tue	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon	Events
w43													Events
N w44	29 Thu		29 Sun	29 Wed	29 Fri	29 Mon	29 Wed	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue	Events
w45	30 Fri		30 Mon	30 Thu	30 Sat	30 Tue	30 Thu	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed	Events
w46													Events
w47	31 Sat		31 Tue		31 Sun			31 Fri	31 Mon		31 Sat		31 Thu
w48													Events

D w49 + Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455

w50 + Anhiversary + Sep 23: Hôuse Anniversary + Sèp 26: Móm's Birthday + Oct 5: Maggie's Anhiversary + Nov 2: Ben's Birthdåy + Nov 5: Maggie Arñ's Birthday + Nòv 11:

Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

w51

w52

w53

2026

2027

2028

2029

Year

Future

Events

Highlights

Multi

Grids

J w01				
w02				
w03				
w04				
F w05				
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J w23				
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J w27				
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A w31				
w32				
w33				
w34				
S w36				
w37				
w38				
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O w40				
w41				
w42				
N w44				
w45				
w46				
D w49				
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w51				
w52				
w53				



# Q1 2026

January - March

## Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 12-Week Focus

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

Week 8

Week 9

Week 10

Week 11

Week 12

# January 2026

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

2026

w01

**Week 2: Jan 5 - Jan 11, 2026**

w03

2026

w02

# Week 3: Jan 12 - Jan 18, 2026

w04

	Mon 1/12	Tue 1/13	Wed 1/14	Thu 1/15	Fri 1/16	Sat 1/17	Sun 1/18	Year
J w01	AM							Future
w02	PM							Events
w03								
w04	EVE							
w05								
w06								
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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A w14								
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M w18								
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J w23								
w24								
w25								
w26								
J w27								
w28								
w29								
w30								
A w31								
w32								
w33								
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w35								
S w36								
w37								
w38								
w39								
O w40								
w41								
w42								
w43								
N w44								
w45	Summary							
w46								
w47								
w48								
D w49								
w50								
w51								
w52								
w53								

2026

w03

# Week 4: Jan 19 - Jan 25, 2026

w05

	Mon 1/19	Tue 1/20	Wed 1/21	Thu 1/22	Fri 1/23	Sat 1/24	Sun 1/25	
J w01	AM							Year
w02	PM							Future
w03								Events
w04								Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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S w36								
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O w40								
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N w44								
w45	Summary							
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D w49								
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w51								
w52								
w53								

Week 5: Jan 26 - Feb 1, 2026

# February 2026

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

2026

w05

## Week 6: Feb 2 - Feb 8, 2026

w07

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
J	2/2	2/3	2/4	2/5	2/6	2/7	2/8	Year
w01								Future
w02	AM							Events
w03								Highlights
w04	PM							Multi
F								Grids
w05								
w06	EVE							
w07								
w08								
M	w09							
	Cues/Questions				Notes			
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A	w14							
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J	w27							
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A	w31							
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S	w36							
w37								
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w39								
O	w40							
w41								
w42								
w43								
N	w44							
	Summary							
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D	w49							
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w51								
w52								
w53								

2026

w06

**Week 7: Feb 9 - Feb 15, 2026**

w08

Week 8: Feb 16 - Feb 22, 2026

Week 9: Feb 23 - Mar 1, 2026

# March 2026

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*



Week 11: Mar 9 - Mar 15, 2026

2026

w11

## Week 12: Mar 16 - Mar 22, 2026

w13

	Mon 3/16	Tue 3/17	Wed 3/18	Thu 3/19	Fri 3/20	Sat 3/21	Sun 3/22	
J w01								Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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A w14								
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S w36								
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O w40								
w41								
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w43								
N w44								
w45	Summary							
w46								
w47								
w48								
D w49								
w50								
w51								
w52								
w53								

2026

w12

w14

# Week 13: Mar 23 - Mar 29, 2026

	Mon 3/23	Tue 3/24	Wed 3/25	Thu 3/26	Fri 3/27	Sat 3/28	Sun 3/29	
J w01	Mon 3/23	Tue 3/24	Wed 3/25	Thu 3/26	Fri 3/27	Sat 3/28	Sun 3/29	Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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A w14								
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J w27								
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A w31								
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S w36								
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w38								
w39								
O w40								
w41								
w42								
w43								
N w44								
w45	Summary							
w46								
w47								
w48								
D w49								
w50								
w51								
w52								
w53								

2026

w13

# Week 14: Mar 30 - Apr 5, 2026

w15

	Mon 3/30	Tue 3/31	Wed 4/1	Thu 4/2	Fri 4/3	Sat 4/4	Sun 4/5	
J w01								Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w08								
M w09								
w10	Cues/Questions				Notes			
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w41								
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N w44								
w45				Summary				
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D w49								
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w51								
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w53								

# Q2 2026

April - June

## Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 12-Week Focus

Week 14

Week 15

Week 16

Week 17

Week 18

Week 19

Week 20

Week 21

Week 22

Week 23

Week 24

Week 25

# April 2026

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

Week 15: Apr 6 - Apr 12, 2026

2026

w15

## Week 16: Apr 13 - Apr 19, 2026

w17

	Mon 4/13	Tue 4/14	Wed 4/15	Thu 4/16	Fri 4/17	Sat 4/18	Sun 4/19	Year
J w01								Future
w02	AM							Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
w11								
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S w36								
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w38								
w39								
O w40								
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w43								
N w44								
w45				Summary				
w46								
w47								
w48								
D w49								
w50								
w51								
w52								
w53								

2026

w16

# Week 17: Apr 20 - Apr 26, 2026

w18

	Mon 4/20	Tue 4/21	Wed 4/22	Thu 4/23	Fri 4/24	Sat 4/25	Sun 4/26	Year
J w01								Future
w02	AM							Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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A w14								
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S w36								
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O w40								
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w43								
N w44								
w45				Summary				
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D w49								
w50								
w51								
w52								
w53								

2026

w17

# Week 18: Apr 27 - May 3, 2026

w19

	Mon 4/27	Tue 4/28	Wed 4/29	Thu 4/30	Fri 5/1	Sat 5/2	Sun 5/3	
J w01								Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
w11								
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S w36								
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O w40								
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N w44								
w45				Summary				
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D w49								
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# May 2026

## Monthly Review

### What Worked

*Wins, successes, and things to keep doing*

### What Didn't Work

*Challenges, obstacles, and things to change*

### Focus for Next Month

*Priorities, goals, and intentions*

2026

w18

# Week 19: May 4 - May 10, 2026

w20

	Mon 5/4	Tue 5/5	Wed 5/6	Thu 5/7	Fri 5/8	Sat 5/9	Sun 5/10	Year
J w01	AM							Future
w02	PM							Events
w03								Highlights
w04								Multi
F w05								Grids
w06	EVE							
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w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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2026

w19

# Week 20: May 11 - May 17, 2026

w21

	Mon 5/11	Tue 5/12	Wed 5/13	Thu 5/14	Fri 5/15	Sat 5/16	Sun 5/17	Year
J w01								Future
w02	AM							Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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S w36								
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N w44								
w45				Summary				
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2026

w20

# Week 21: May 18 - May 24, 2026

w22

	Mon 5/18	Tue 5/19	Wed 5/20	Thu 5/21	Fri 5/22	Sat 5/23	Sun 5/24	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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2026

w21

w23

# Week 22: May 25 - May 31, 2026

	Mon 5/25	Tue 5/26	Wed 5/27	Thu 5/28	Fri 5/29	Sat 5/30	Sun 5/31	Year
J w01								Future
w02	AM							Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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w45				Summary				
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# June 2026

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

2026

w22

# Week 23: Jun 1 - Jun 7, 2026

w24

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year
J w01	6/1	6/2	6/3	6/4	6/5	6/6	6/7	Future
w02	AM							Events
w03								
w04	PM							
F w05								
w06	EVE							
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M w09								
w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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Week 24: Jun 8 - Jun 14, 2026

2026

w24

# Week 25: Jun 15 - Jun 21, 2026

w26

	Mon 6/15	Tue 6/16	Wed 6/17	Thu 6/18	Fri 6/19	Sat 6/20	Sun 6/21	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Highlights
w04	PM							Multi
F w05								Grids
w06	EVE							
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w10	Cues/Questions				Notes			
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w45	Summary							
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2026

w25

## Week 26: Jun 22 - Jun 28, 2026

w27

	Mon 6/22	Tue 6/23	Wed 6/24	Thu 6/25	Fri 6/26	Sat 6/27	Sun 6/28	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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w45	Summary							
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2026

w26

## Week 27: Jun 29 - Jul 5, 2026

w28

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year
J w01	6/29	6/30	7/1	7/2	7/3	7/4	7/5	Future
w02	AM							Events
w03								
w04	PM							
F w05								
w06	EVE							
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w10	Cues/Questions				Notes			
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w45	Summary							
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Year Future Events Highlights Multi Grids

# Q3 2026

July - September

## Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 12-Week Focus

Week 27

Week 28

Week 29

Week 30

Week 31

Week 32

Week 33

Week 34

Week 35

Week 36

Week 37

Week 38

# July 2026

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

2026

w27

# Week 28: Jul 6 - Jul 12, 2026

w29

	Mon 7/6	Tue 7/7	Wed 7/8	Thu 7/9	Fri 7/10	Sat 7/11	Sun 7/12	Year	
J w01	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Future	
w02	AM							Events	
w03									
w04	PM								
F w05									
w06	EVE								
w07									
w08									
M w09									
w10	Cues/Questions			Notes					
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w45	Summary								
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2026

w29

## Week 30: Jul 20 - Jul 26, 2026

w31

	Mon 7/20	Tue 7/21	Wed 7/22	Thu 7/23	Fri 7/24	Sat 7/25	Sun 7/26	Year
J w01	AM							Future
w02	.	.	.	.	.	.	.	Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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w45	Summary							
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Year Future Events Highlights Multi Grids

2026

w30

# Week 31: Jul 27 - Aug 2, 2026

w32

	Mon 7/27	Tue 7/28	Wed 7/29	Thu 7/30	Fri 7/31	Sat 8/1	Sun 8/2	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Highlights
w04	PM							Multi
F w05								Grids
w06	EVE							
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w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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# August 2026

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

Week 32: Aug 3 - Aug 9, 2026

**Week 33: Aug 10 - Aug 16, 2026**

## Week 34: Aug 17 - Aug 23, 2026

	Mon 8/17	Tue 8/18	Wed 8/19	Thu 8/20	Fri 8/21	Sat 8/22	Sun 8/23	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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Year Future Events Highlights Multi Grids



Week 36: Aug 31 - Sep 6, 2026

# September 2026

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

## Week 37: Sep 7 - Sep 13, 2026

	Mon 9/7	Tue 9/8	Wed 9/9	Thu 9/10	Fri 9/11	Sat 9/12	Sun 9/13	Year
J w01	Mon 9/7	Tue 9/8	Wed 9/9	Thu 9/10	Fri 9/11	Sat 9/12	Sun 9/13	Future
w02	AM							Events
w03								
w04	PM							
F w05								
w06	EVE							
w07								
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M w09								
w10	Cues/Questions				Notes			
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w45	Summary							
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Year Future Events Highlights Multi Grids

2026

w37

# Week 38: Sep 14 - Sep 20, 2026

w39

	Mon 9/14	Tue 9/15	Wed 9/16	Thu 9/17	Fri 9/18	Sat 9/19	Sun 9/20	Year
J w01	Mon 9/14	Tue 9/15	Wed 9/16	Thu 9/17	Fri 9/18	Sat 9/19	Sun 9/20	Future
w02	AM	.	.	.	.	.	.	Events
w03	.	.	.	.	.	.	.	Events
w04	PM	.	.	.	.	.	.	Events
F w05	.	.	.	.	.	.	.	Events
w06	EVE	.	.	.	.	.	.	Events
w07	.	.	.	.	.	.	.	Events
w08	.	.	.	.	.	.	.	Events
M w09	.	.	.	.	.	.	.	Events
w10	Cues/Questions				Notes			
w11	.	.	.	.	.	.	.	
w12	.	.	.	.	.	.	.	
w13	.	.	.	.	.	.	.	
A w14	.	.	.	.	.	.	.	
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J w23	.	.	.	.	.	.	.	
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w26	.	.	.	.	.	.	.	
J w27	.	.	.	.	.	.	.	
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w29	.	.	.	.	.	.	.	
w30	.	.	.	.	.	.	.	
A w31	.	.	.	.	.	.	.	
w32	.	.	.	.	.	.	.	
w33	.	.	.	.	.	.	.	
w34	.	.	.	.	.	.	.	
w35	.	.	.	.	.	.	.	
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w47	.	.	.	.	.	.	.	
w48	.	.	.	.	.	.	.	
D w49	.	.	.	.	.	.	.	
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w51	.	.	.	.	.	.	.	
w52	.	.	.	.	.	.	.	
w53	.	.	.	.	.	.	.	

Summary

**Week 39: Sep 21 - Sep 27, 2026**

Week 40: Sep 28 - Oct 4, 2026

# Q4 2026

October - December

## Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 12-Week Focus

Week 40

Week 41

Week 42

Week 43

Week 44

Week 45

Week 46

Week 47

Week 48

Week 49

Week 50

Week 51

# October 2026

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

2026

w40

# Week 41: Oct 5 - Oct 11, 2026

w42

	Mon 10/5	Tue 10/6	Wed 10/7	Thu 10/8	Fri 10/9	Sat 10/10	Sun 10/11	
J w01	AM							Year
w02	.	.	.	.	.	.	.	Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
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w10	Cues/Questions				Notes			
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w45	Summary							
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2026

w41

## Week 42: Oct 12 - Oct 18, 2026

w43

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year	
J	10/12	10/13	10/14	10/15	10/16	10/17	10/18	Future	
w01	AM							Events	
w02	PM							Events	
w03								Events	
w04								Events	
F	w05							Events	
w06	EVE							Events	
w07								Events	
w08								Events	
M	w09							Events	
w10	Cues/Questions			Notes					Highlights
w11	.	.	.	.	.	.	.		
w12	.	.	.	.	.	.	.	Multi	
w13	.	.	.	.	.	.	.	Grids	
A	w14								
w15									
w16									
w17									
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w43									
N	w44								
w45	Summary								
w46	.	.	.	.	.	.	.		
w47	.	.	.	.	.	.	.		
w48	.	.	.	.	.	.	.		
D	w49								
w50									
w51									
w52									
w53									

**Week 43: Oct 19 - Oct 25, 2026**

2026

w43

w45

# Week 44: Oct 26 - Nov 1, 2026

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year	
J	w01	10/26						Future	
F	w02	AM						Events	
w03		.	.	.	.	.	.	Highlights	
w04		PM		.	.	.	.	Multi	
w05		.	.	.	.	.	.	Grids	
w06		EVE		.	.	.	.		
w07		.	.	.	.	.	.		
w08		.	.	.	.	.	.		
M	w09			.	.	.	.		
	<b>Cues/Questions</b>			<b>Notes</b>					
w10		.	.	.	.	.	.		
w11		.	.	.	.	.	.		
w12		.	.	.	.	.	.		
w13		.	.	.	.	.	.		
A	w14			.	.	.	.		
w15		.	.	.	.	.	.		
w16		.	.	.	.	.	.		
w17		.	.	.	.	.	.		
M	w18			.	.	.	.		
w19		.	.	.	.	.	.		
w20		.	.	.	.	.	.		
w21		.	.	.	.	.	.		
w22		.	.	.	.	.	.		
J	w23			.	.	.	.		
w24		.	.	.	.	.	.		
w25		.	.	.	.	.	.		
w26		.	.	.	.	.	.		
J	w27			.	.	.	.		
w28		.	.	.	.	.	.		
w29		.	.	.	.	.	.		
w30		.	.	.	.	.	.		
A	w31			.	.	.	.		
w32		.	.	.	.	.	.		
w33		.	.	.	.	.	.		
w34		.	.	.	.	.	.		
w35		.	.	.	.	.	.		
S	w36			.	.	.	.		
w37		.	.	.	.	.	.		
w38		.	.	.	.	.	.		
w39		.	.	.	.	.	.		
O	w40			.	.	.	.		
w41		.	.	.	.	.	.		
w42		.	.	.	.	.	.		
w43		.	.	.	.	.	.		
N	w44			.	.	.	.		
	<b>Summary</b>								
w45		.	.	.	.	.	.		
w46		.	.	.	.	.	.		
w47		.	.	.	.	.	.		
w48		.	.	.	.	.	.		
D	w49			.	.	.	.		
w50		.	.	.	.	.	.		
w51		.	.	.	.	.	.		
w52		.	.	.	.	.	.		
w53		.	.	.	.	.	.		

# November 2026

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

2026

w44

## Week 45: Nov 2 - Nov 8, 2026

w46

	Mon 11/2	Tue 11/3	Wed 11/4	Thu 11/5	Fri 11/6	Sat 11/7	Sun 11/8	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
w11								
w12								
w13								
A w14								
w15								
w16								
w17								
M w18								
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J w27								
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A w31								
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w34								
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S w36								
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w38								
w39								
O w40								
w41								
w42								
w43								
N w44								
w45	Summary							
w46								
w47								
w48								
D w49								
w50								
w51								
w52								
w53								

2026

w45

## Week 46: Nov 9 - Nov 15, 2026

w47

	Mon 11/9	Tue 11/10	Wed 11/11	Thu 11/12	Fri 11/13	Sat 11/14	Sun 11/15	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
w11								
w12								
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N w44								
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D w49								
w50								
w51								
w52								
w53								

Summary

**Week 47: Nov 16 - Nov 22, 2026**

2026

w47

w49

# Week 48: Nov 23 - Nov 29, 2026

	Mon 11/23	Tue 11/24	Wed 11/25	Thu 11/26	Fri 11/27	Sat 11/28	Sun 11/29		
J w01	Mon 11/23	Tue 11/24	Wed 11/25	Thu 11/26	Fri 11/27	Sat 11/28	Sun 11/29	Year	
w02	AM							Future	
w03								Events	
w04	PM							Highlights	
F w05								Multi	
w06	EVE							Grids	
w07									
w08									
M w09									
w10	Cues/Questions				Notes				
w11									
w12									
w13									
A w14									
w15									
w16									
w17									
M w18									
w19									
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J w27									
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S w36									
w37									
w38									
w39									
O w40									
w41									
w42									
w43									
N w44									
w45	Summary								
w46									
w47									
w48									
D w49									
w50									
w51									
w52									
w53									

2026

w48

## Week 49: Nov 30 - Dec 6, 2026

w50

	Mon 11/30	Tue 12/1	Wed 12/2	Thu 12/3	Fri 12/4	Sat 12/5	Sun 12/6	
J w01	Mon 11/30	Tue 12/1	Wed 12/2	Thu 12/3	Fri 12/4	Sat 12/5	Sun 12/6	Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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w12								
w13								
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S w36								
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O w40								
w41								
w42								
w43								
N w44								
w45	Summary							
w46								
w47								
w48								
D w49								
w50								
w51								
w52								
w53								

# December 2026

## Monthly Review

### What Worked

*Wins, successes, and things to keep doing*

### What Didn't Work

*Challenges, obstacles, and things to change*

### Focus for Next Month

*Priorities, goals, and intentions*

Week 50: Dec 7 - Dec 13, 2026

**Week 51: Dec 14 - Dec 20, 2026**

2026

w51

w53

# Week 52: Dec 21 - Dec 27, 2026

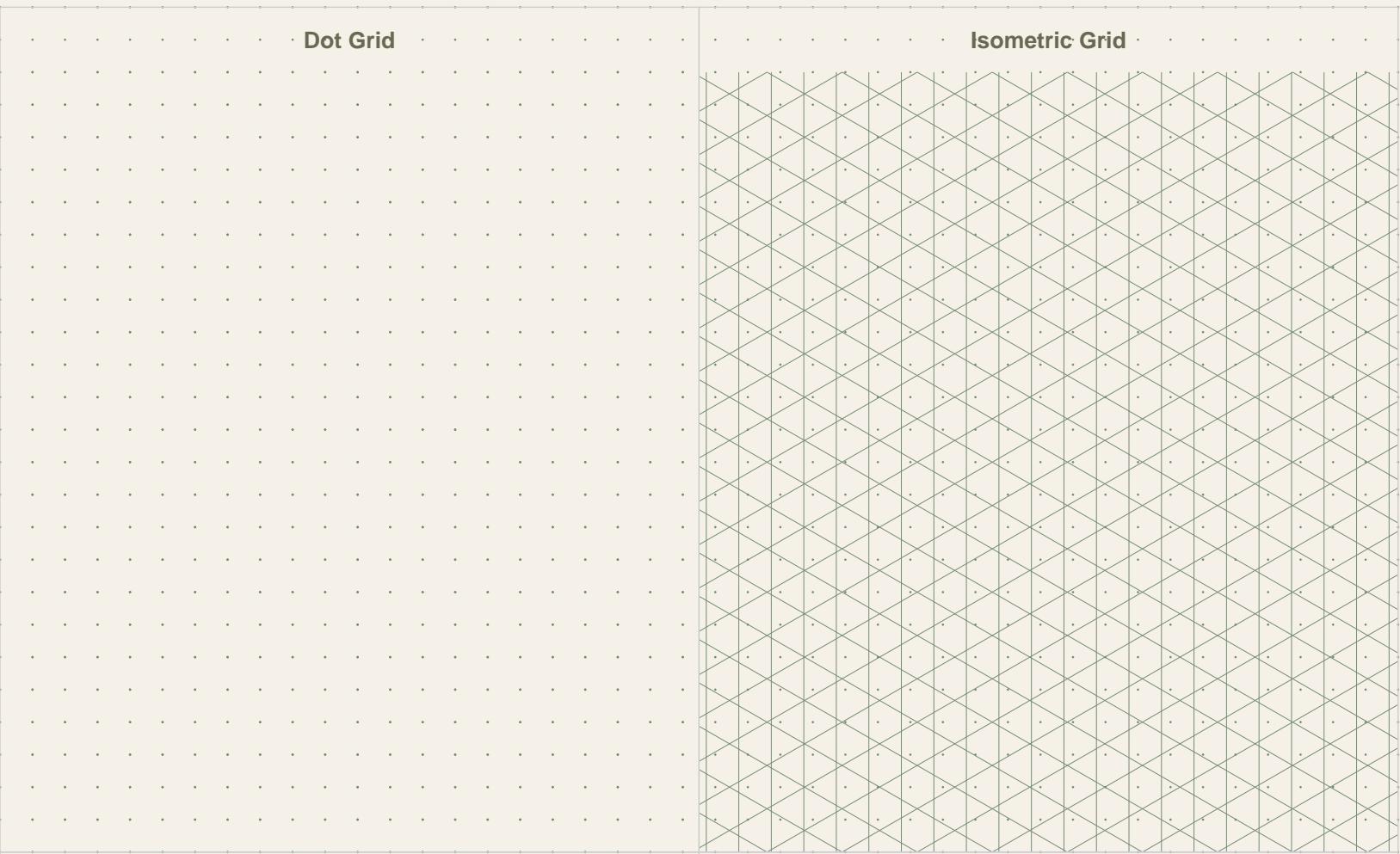
	Mon 12/21	Tue 12/22	Wed 12/23	Thu 12/24	Fri 12/25	Sat 12/26	Sun 12/27		
J w01	Mon 12/21	Tue 12/22	Wed 12/23	Thu 12/24	Fri 12/25	Sat 12/26	Sun 12/27	Year	
w02	AM							Future	
w03								Events	
w04	PM							Highlights	
F w05								Multi	
w06	EVE							Grids	
w07									
w08									
M w09									
w10	Cues/Questions				Notes				
w11									
w12									
w13									
A w14									
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S w36									
w37									
w38									
w39									
O w40									
w41									
w42									
w43									
N w44									
w45	Summary								
w46									
w47									
w48									
D w49									
w50									
w51									
w52									
w53									

Week 53: Dec 28 - Jan 3, 2027

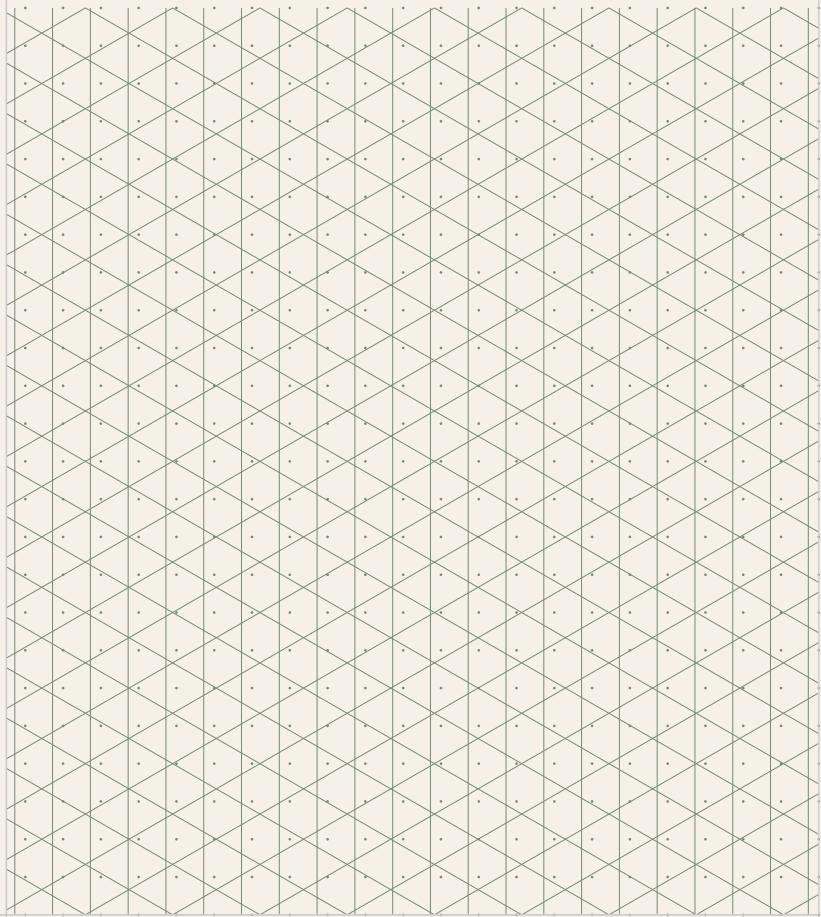
# Grid Types

Visual Reference & Templates

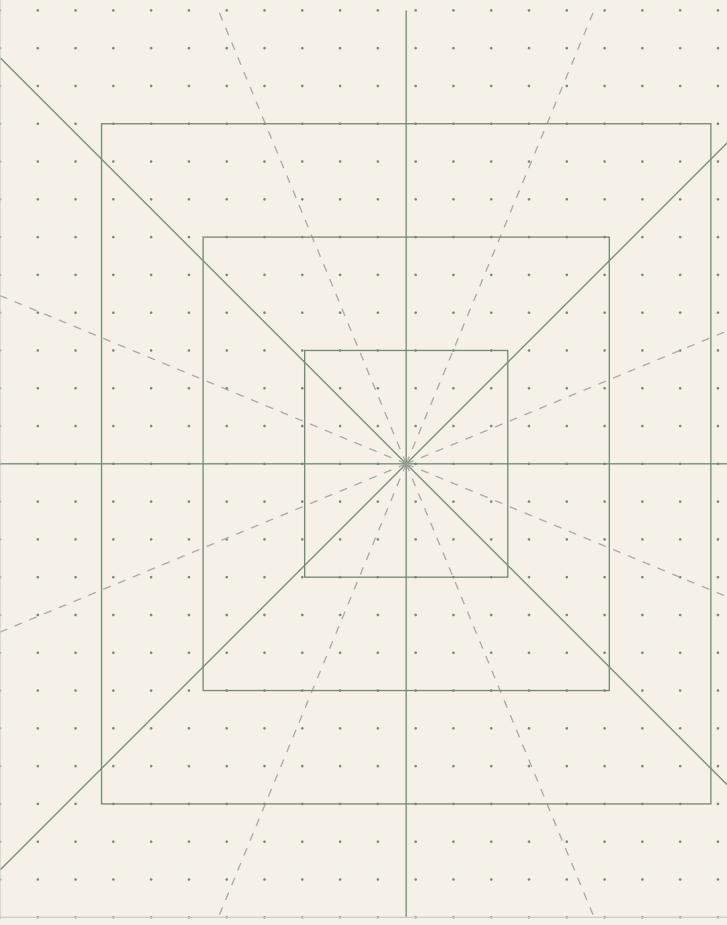
**Dot Grid**



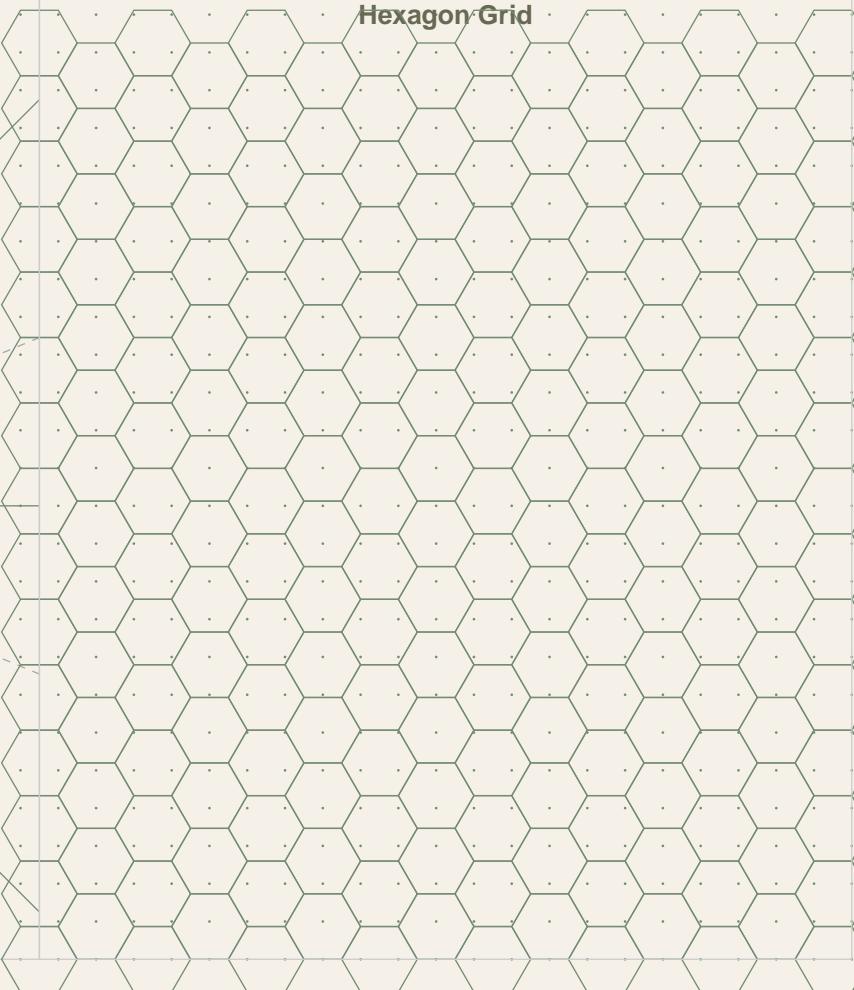
**Isometric Grid**



**Perspective Grid**



**Hexagon Grid**



# Grid Reference

Year

Future

Events

Highlights

Multi

Grids

## Dot Grid

5mm dot spacing for flexible layouts

*Tap to view full page*

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21

w22

## Graph Grid

5mm square grid for precise drawings

*Tap to view full page*

J w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

w39

O w40

## Ruled Lines

Standard ruled lines for writing

*Tap to view full page*

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

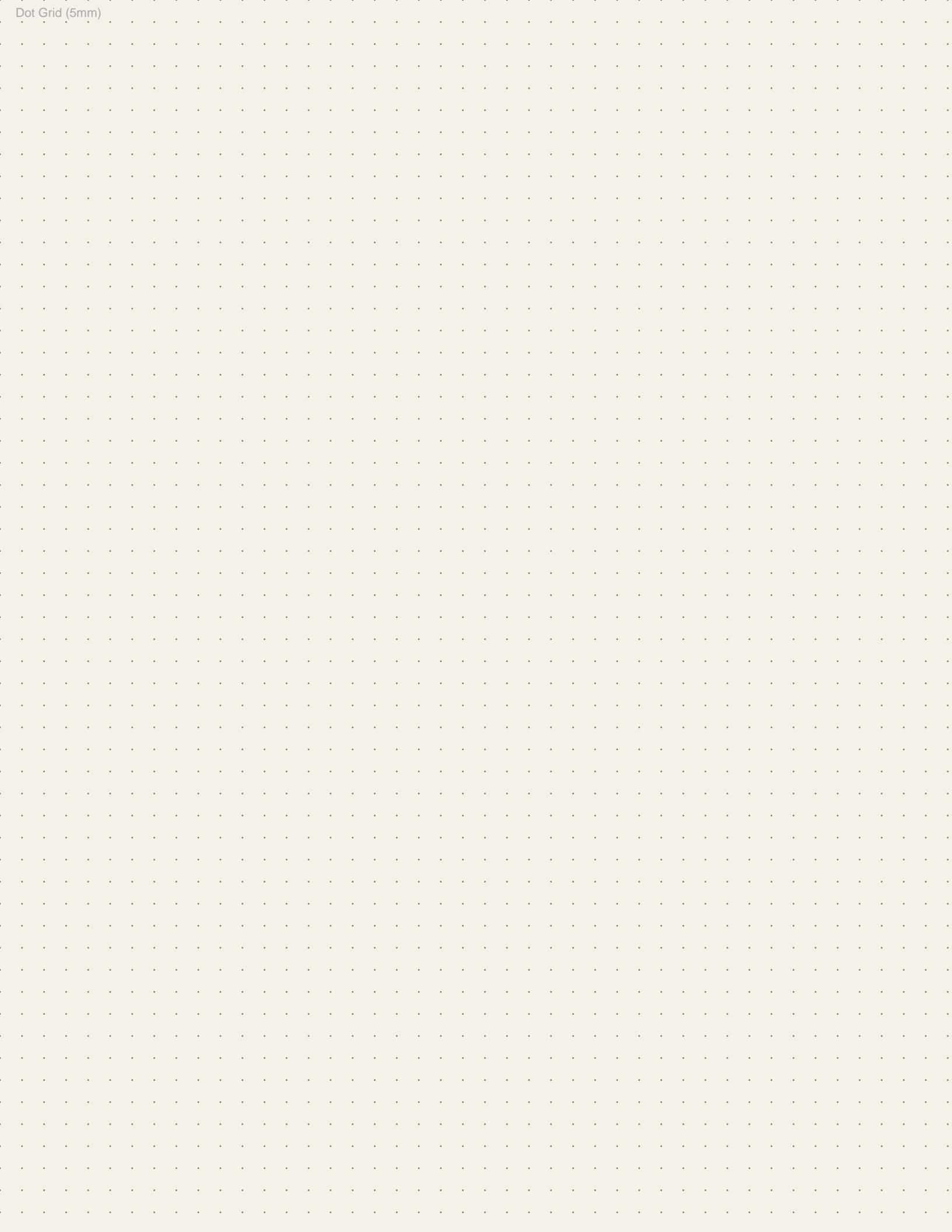
w50

w51

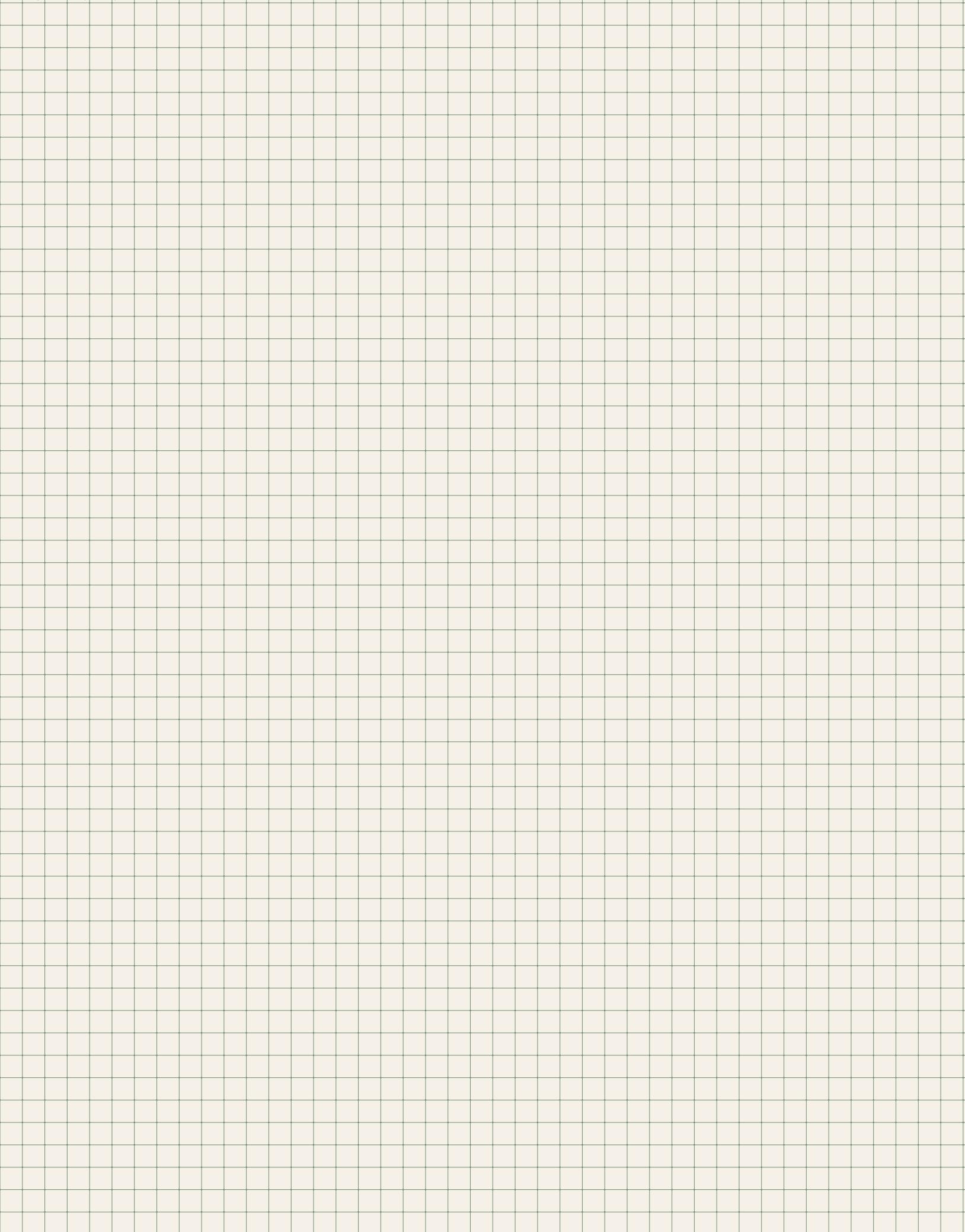
w52

w53

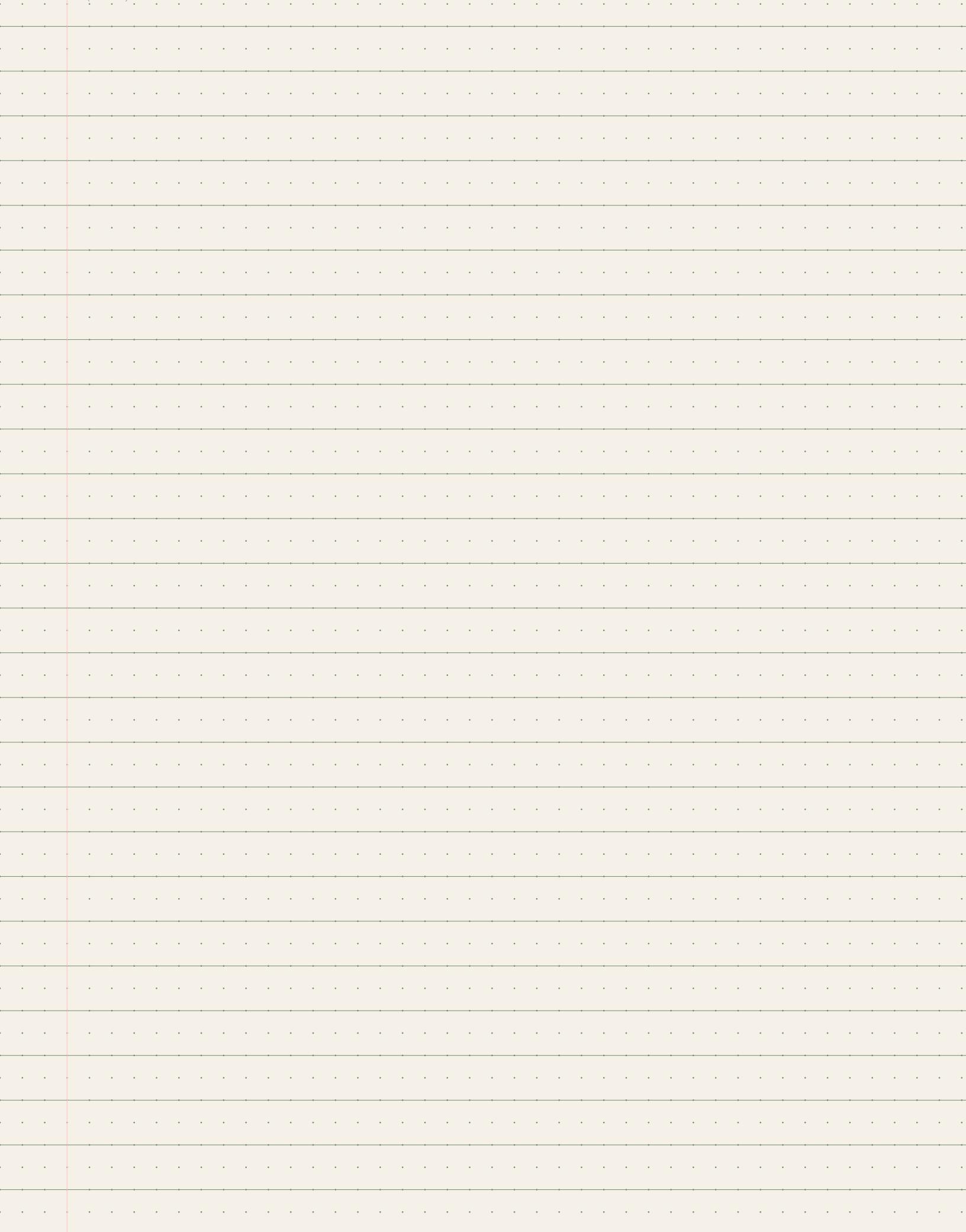
Dot Grid (5mm)

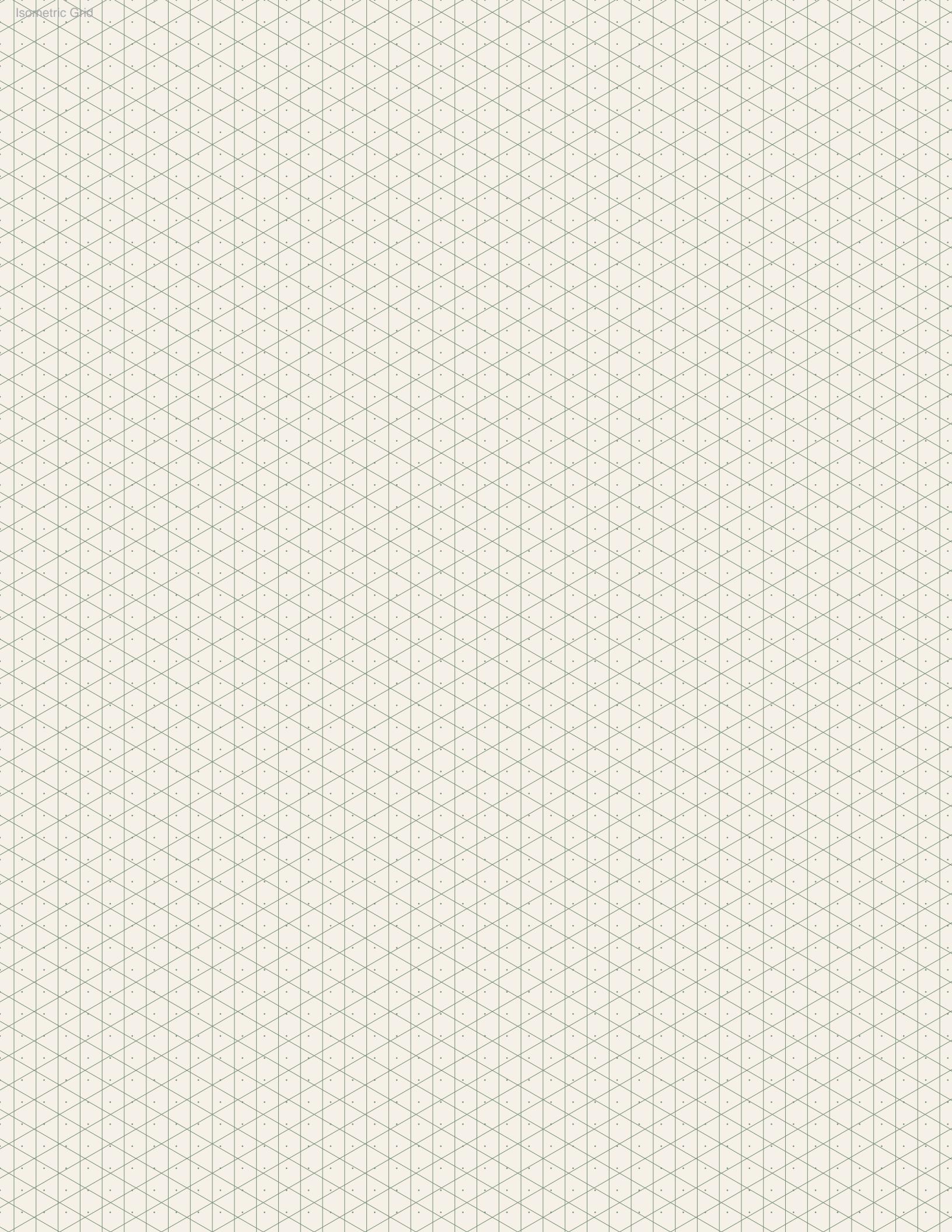


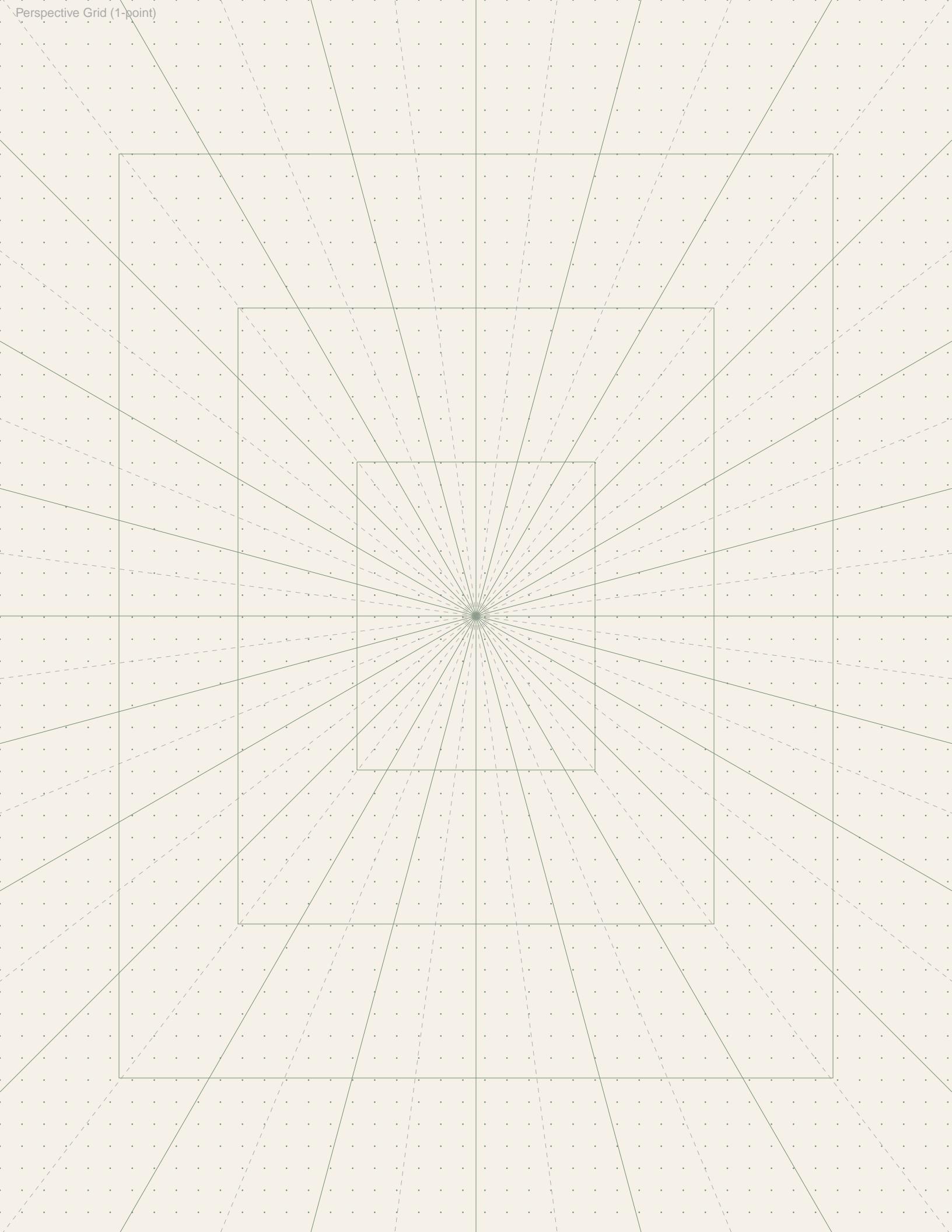
Graph Grid (5mm)



Ruled Lines (10mm)









# Tracker Ideas

Examples to spark your creativity - adapt these to your needs

## Habit Tracker

	1	7	14	21	28	31
Exercise	<input type="checkbox"/>					
Read	<input type="checkbox"/>					
Meditate	<input type="checkbox"/>					
Journal	<input type="checkbox"/>					
Water	<input type="checkbox"/>					

## Mood / Energy Log

Rate daily (1-5) or use symbols: ++ + - -

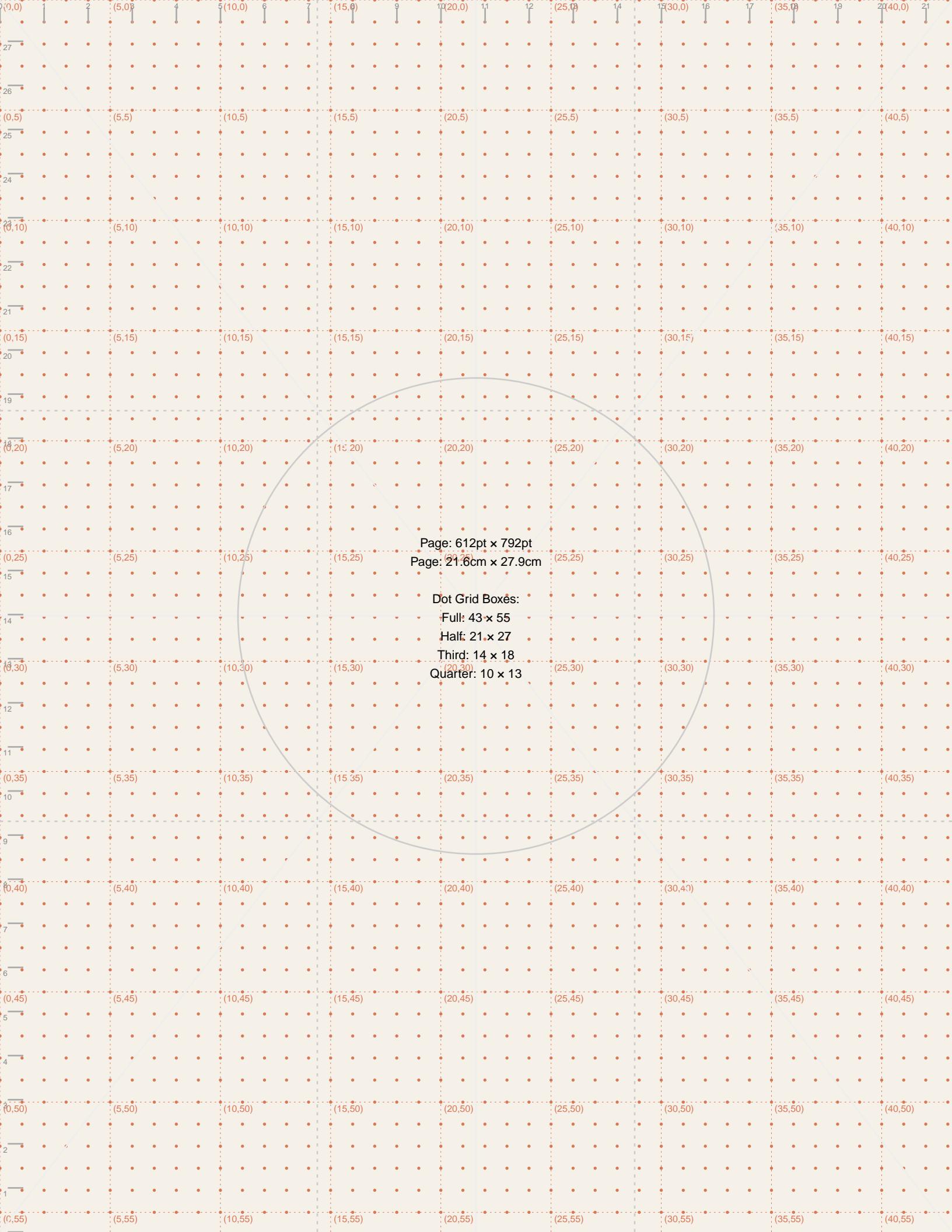
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Mood	<input type="checkbox"/>						
Energy	<input type="checkbox"/>						
Sleep (hrs)	<input type="checkbox"/>						

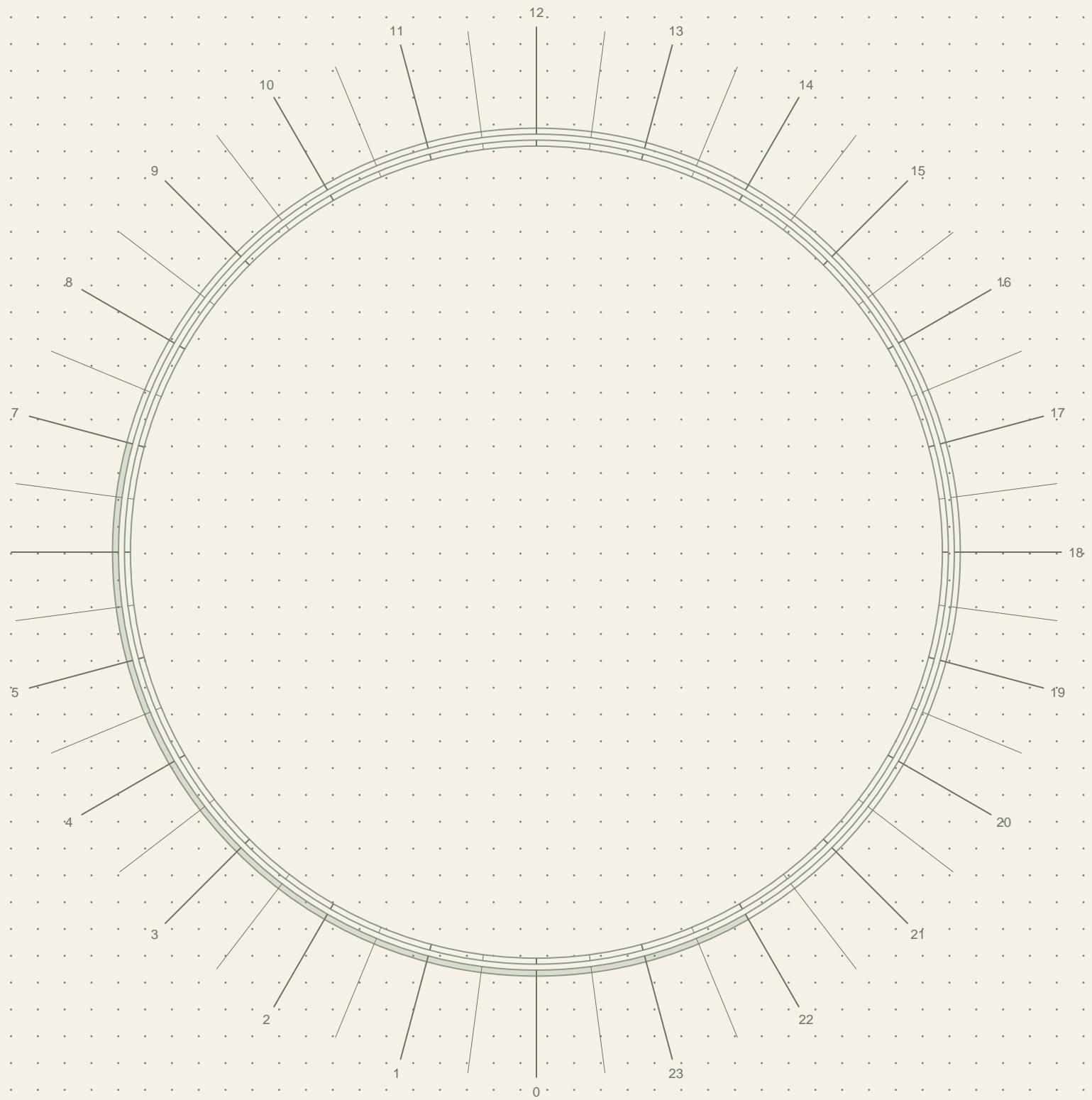
## More Ideas

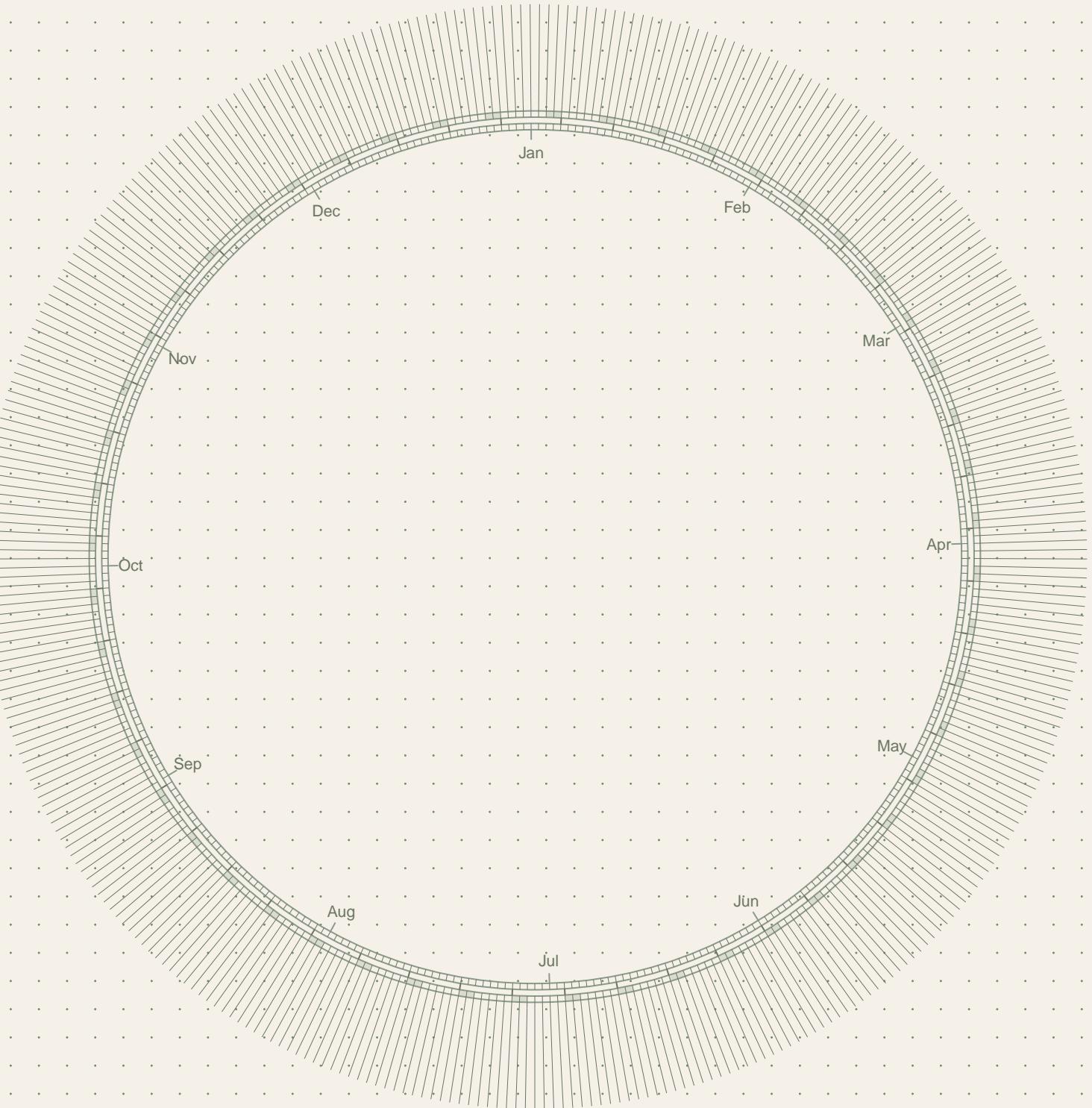
- Water intake (glasses per day)
- Gratitude (3 things daily)
- Expense tracking (categories)

- Reading log (pages/books)
- Exercise types and duration
- Project progress (milestones)

Create your own! Use the dot grid as a canvas for any tracking system that works for you.







# Books to Read

Fiction, non-fiction, and everything in between

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# Project Ideas

Things to build, make, or create

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# Recipes to Try

Meals worth making again

