

Year 2026

Year

Winter

Summer

July

Future

January

February

August

Events

March

Fall

September

Highlights

Spring

April

October

Multi

May

November

Grids

June

Winter

December

J w01

w02

w03

w04

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21

w22

J w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

w39

O w40

w41

w42

w43

N w44

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w48

D w49

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w53

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Future Log: January - June 2026

Year

Future

Events

Highlights

Multi

Grids

J w01

w02

w03

JANUARY

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

FEBRUARY

w21

J w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

MARCH

w39

O w40

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

w50

w51

w52

w53

APRIL

MAY

JUNE

Future Log: July - December 2026

Year

Future

Events

Highlights

Multi

Grids

J w01

w02

w03

w04 JULY

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21 AUGUST

w22

J w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38 SEPTEMBER

w39

O w40

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

w50

w51

w52

w53

OCTOBER

NOVEMBER

DECEMBER

Events of 2026

Year

Future

Events

Highlights

Multi

Grids

J w01	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
w02	1 Thu	* Sun	1 Sun	1 Wed	1 Fri	1 Mon	1 Wed	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue
w03	2 Fri	2 Mon	2 Mon	2 Thu	2 Sat	2 Tue	2 Thu	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed
w04												
F w05	3 Sat	3 Tue	3 Tue	3 Fri	3 Sun	3 Wed	3 Fri	* 3 Mon	3 Thu	3 Sat	3 Tue	3 Thu
w06	4 Sun	4 Wed	4 Wed	4 Sat	4 Mon	4 Thu	4 Sat	* 4 Tue	4 Fri	4 Sun	4 Wed	4 Fri
w07												
w08	5 Mon	5 Thu	5 Thu	5 Sun	5 Tue	5 Fri	5 Sun	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat
M w09	6 Tue	6 Fri	6 Fri	6 Mon	6 Wed	6 Sat	6 Mon	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun
w10												
w11	7 Wed	7 Sat	7 Sat	7 Tue	7 Thu	7 Sun	7 Tue	7 Fri	7 Mon	* 7 Wed	7 Sat	7 Mon
w12	8 Thu	8 Sun	8 Sun	8 Wed	8 Fri	8 Mon	8 Wed	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue
w13												
A w14	9 Fri	9 Mon	9 Mon	9 Thu	9 Sat	9 Tue	9 Thu	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed
w15	10 Sat	10 Tue	10 Tue	10 Fri	10 Sun	10 Wed	10 Fri	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu
w16												
w17	11 Sun	11 Wed	11 Wed	11 Sat	11 Mon	11 Thu	11 Sat	11 Tue	11 Fri	11 Sun	11 Wed	* 11 Fri
M w18	12 Mon	12 Thu	12 Thu	12 Sun	12 Tue	12 Fri	12 Sun	12 Wed	12 Sat	12 Mon	* 12 Thu	12 Sat
w19												
w20	13 Tue	13 Fri	13 Fri	13 Mon	13 Wed	13 Sat	13 Mon	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun
w21	14 Wed	14 Sat	14 Sat	14 Tue	14 Thu	14 Sun	14 Tue	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon
w22												
J w23	15 Thu	15 Sun	15 Sun	15 Wed	15 Fri	15 Mon	15 Wed	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue
w24	16 Fri	16 Mon	* 16 Mon	16 Thu	16 Sat	16 Tue	16 Thu	16 Sun	16 Wed	16 Fri	16 Mon	16 Wed
w25												
w26	17 Sat	17 Tue	17 Tue	17 Fri	17 Sun	17 Wed	17 Fri	17 Mon	17 Thu	17 Sat	17 Tue	17 Thu
J w27	18 Sun	18 Wed	18 Wed	18 Sat	18 Mon	18 Thu	18 Sat	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri
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w29	19 Mon	* 19 Thu	19 Thu	19 Sun	19 Tue	19 Fri	* 19 Sun	19 Wed	19 Sat	19 Mon	19 Thu	19 Sat
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w34												
w35	23 Fri	23 Mon	23 Mon	23 Thu	23 Sat	23 Tue	23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed
S w36	24 Sat	24 Tue	24 Tue	24 Fri	24 Sun	24 Wed	24 Fri	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu
w37												
w38	25 Sun	25 Wed	25 Wed	25 Sat	25 Mon	* 25 Thu	25 Sat	25 Tue	25 Fri	25 Sun	25 Wed	* 25 Fri
w39	26 Mon	26 Thu	26 Thu	26 Sun	26 Tue	26 Fri	26 Sun	26 Wed	26 Sat	26 Mon	26 Thu	* 26 Sat
O w40												
w41	27 Tue	27 Fri	27 Fri	27 Mon	27 Wed	27 Sat	27 Mon	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun
w42	28 Wed	28 Sat	28 Sat	28 Tue	28 Thu	28 Sun	28 Tue	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon
w43												
N w44	29 Thu		29 Sun	29 Wed	29 Fri	29 Mon	29 Wed	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue
w45	30 Fri		30 Mon	30 Thu	30 Sat	30 Tue	30 Thu	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed
w46												
w47	31 Sat		31 Tue		31 Sun		31 Fri	31 Mon		31 Sat		31 Thu
w48												

+ Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455 Anniversary + Sep 23: House Anniversary + Sep 26: Mom's Birthday + Oct 5: Maggie's Anniversary + Nov 2: Ben's Birthday + Nov 5: Maggie Ann's Birthday + Nov 11: Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

D

w49

w50

w51

w52

w53

Highlights of 2026

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec		
1 Thu	*	1 Sun	1 Sun	1 Wed	1 Fri	1 Mon	1 Wed	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue	
2 Fri	.	2 Mon	2 Mon	2 Thu	2 Sat	2 Tue	2 Thu	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed	
3 Sat	.	3 Tue	3 Tue	3 Fri	3 Sun	3 Wed	3 Fri	*	3 Mon	3 Thu	3 Sat	3 Tue	3 Thu
4 Sun	.	4 Wed	4 Wed	4 Sat	4 Mon	4 Thu	4 Sat	*	4 Tue	4 Fri	4 Sun	4 Wed	4 Fri
5 Mon	.	5 Thu	5 Thu	5 Sun	5 Tue	5 Fri	5 Sun	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat	
6 Tue	.	6 Fri	6 Fri	6 Mon	6 Wed	6 Sat	6 Mon	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun	
7 Wed	.	7 Sat	7 Sat	7 Tue	7 Thu	7 Sun	7 Tue	7 Fri	7 Mon	*	7 Wed	7 Sat	7 Mon
8 Thu	.	8 Sun	8 Sun	8 Wed	8 Fri	8 Mon	8 Wed	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue	
9 Fri	.	9 Mon	9 Mon	9 Thu	9 Sat	9 Tue	9 Thu	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed	
10 Sat	.	10 Tue	10 Tue	10 Fri	10 Sun	10 Wed	10 Fri	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu	
11 Sun	.	11 Wed	11 Wed	11 Sat	11 Mon	11 Thu	11 Sat	11 Tue	11 Fri	11 Sun	11 Wed	*	11 Fri
12 Mon	.	12 Thu	12 Thu	12 Sun	12 Tue	12 Fri	12 Sun	12 Wed	12 Sat	12 Mon	*	12 Thu	12 Sat
13 Tue	.	13 Fri	13 Fri	13 Mon	13 Wed	13 Sat	13 Mon	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun	
14 Wed	.	14 Sat	14 Sat	14 Tue	14 Thu	14 Sun	14 Tue	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon	
15 Thu	.	15 Sun	15 Sun	15 Wed	15 Fri	15 Mon	15 Wed	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue	
16 Fri	.	16 Mon	*	16 Mon	16 Thu	16 Sat	16 Tue	16 Thu	16 Sun	16 Wed	16 Fri	16 Mon	16 Wed
17 Sat	.	17 Tue	17 Tue	17 Fri	17 Sun	17 Wed	17 Fri	17 Mon	17 Thu	17 Sat	17 Tue	17 Thu	
18 Sun	.	18 Wed	18 Wed	18 Sat	18 Mon	18 Thu	18 Sat	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri	
19 Mon	*	19 Thu	19 Thu	19 Sun	19 Tue	19 Fri	*	19 Sun	19 Wed	19 Sat	19 Mon	19 Thu	19 Sat
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21 Wed	.	21 Sat	21 Sat	21 Tue	21 Thu	21 Sun	21 Tue	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon	
22 Thu	.	22 Sun	22 Sun	22 Wed	22 Fri	22 Mon	22 Wed	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue	
23 Fri	.	23 Mon	23 Mon	23 Thu	23 Sat	23 Tue	23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed	
24 Sat	.	24 Tue	24 Tue	24 Fri	24 Sun	24 Wed	24 Fri	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu	
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26 Mon	.	26 Thu	26 Thu	26 Sun	26 Tue	26 Fri	26 Sun	26 Wed	26 Sat	26 Mon	26 Thu	*	26 Sat
27 Tue	.	27 Fri	27 Fri	27 Mon	27 Wed	27 Sat	27 Mon	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun	
28 Wed	.	28 Sat	28 Sat	28 Tue	28 Thu	28 Sun	28 Tue	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon	
29 Thu	.	29 Sun	29 Wed	29 Fri	29 Mon	29 Wed	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue		
30 Fri	.	30 Mon	30 Thu	30 Sat	30 Tue	30 Thu	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed		
31 Sat	.	31 Tue		31 Sun		31 Fri	31 Mon		31 Sat		31 Thu		

+ Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455 Anniversary + Sep 23: House Anniversary + Sep 26: Mom's Birthday + Oct 5: Maggie's Anniversary + Nov 2: Ben's Birthday + Nov 5: Maggie Ann's Birthday + Nov 11: Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

2026**2027****2028****2029**

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
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Year

Future

Events

Highlights

Multi
Grids

Q1 2026

January - March

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

Week 8

Week 9

Week 10

Week 11

Week 12

January 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w01

Week 2: Jan 5 - Jan 11, 2026

w03

	Mon 1/5	Tue 1/6	Wed 1/7	Thu 1/8	Fri 1/9	Sat 1/10	Sun 1/11	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions					Notes		
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D w49								
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w53								
						Summary		

2026

w02

Week 3: Jan 12 - Jan 18, 2026

w04

	Mon 1/12	Tue 1/13	Wed 1/14	Thu 1/15	Fri 1/16	Sat 1/17	Sun 1/18	
J w01	AM							Year
w02								Future
w03	PM							Events
w04								Highlights
F w05	EVE							Multi
w06								Grids
w07								
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M w09								
w10	Cues/Questions					Notes		
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						Summary		

2026

w03

Week 4: Jan 19 - Jan 25, 2026

w05

2026

w04

Week 5: Jan 26 - Feb 1, 2026

w06

	Mon 1/26	Tue 1/27	Wed 1/28	Thu 1/29	Fri 1/30	Sat 1/31	Sun 2/1		
J w01	AM							Year	
w02								Future	
w03								Events	
w04	PM							Highlights	
F w05	EVE							Multi	
w06								Grids	
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w10	Cues/Questions				Notes				
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	Summary								

February 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w05

Week 6: Feb 2 - Feb 8, 2026

w07

2026

w06

Week 7: Feb 9 - Feb 15, 2026

w08

	Mon 2/9	Tue 2/10	Wed 2/11	Thu 2/12	Fri 2/13	Sat 2/14	Sun 2/15		
J w01	Mon 2/9	Tue 2/10	Wed 2/11	Thu 2/12	Fri 2/13	Sat 2/14	Sun 2/15	Year	
w02	AM							Future	
w03								Events	
w04	PM							Highlights	
F w05								Multi	
w06	EVE							Grids	
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	Summary								

2026

w07

Week 8: Feb 16 - Feb 22, 2026

w09

	Mon 2/16	Tue 2/17	Wed 2/18	Thu 2/19	Fri 2/20	Sat 2/21	Sun 2/22		
J w01	AM							Year	
w02								Future	
w03								Events	
w04	PM							Highlights	
F w05								Multi	
w06	EVE							Grids	
w07									
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w10	Cues/Questions			Notes					
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2026

w08

Week 9: Feb 23 - Mar 1, 2026

w10

March 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w09

Week 10: Mar 2 - Mar 8, 2026

w11

2026

w10

Week 11: Mar 9 - Mar 15, 2026

w12

2026

w11

Week 12: Mar 16 - Mar 22, 2026

w13

2026

w12

Week 13: Mar 23 - Mar 29, 2026

w14

	Mon 3/23	Tue 3/24	Wed 3/25	Thu 3/26	Fri 3/27	Sat 3/28	Sun 3/29	
J w01	Mon 3/23	Tue 3/24	Wed 3/25	Thu 3/26	Fri 3/27	Sat 3/28	Sun 3/29	
w02	AM							
w03								
w04	PM							
F w05								
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	Summary							

Year Future Events Highlights Multi Grids

2026

w13

Week 14: Mar 30 - Apr 5, 2026

w15

	Mon 3/30	Tue 3/31	Wed 4/1	Thu 4/2	Fri 4/3	Sat 4/4	Sun 4/5	
J w01	Mon 3/30	Tue 3/31	Wed 4/1	Thu 4/2	Fri 4/3	Sat 4/4	Sun 4/5	
w02	AM							
w03								
w04	PM							
F w05								
w06	EVE							
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w10	Cues/Questions				Notes			
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Year Future Events Highlights Multi Grids

Q2 2026

April - June

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 14

Week 15

Week 16

Week 17

Week 18

Week 19

Week 20

Week 21

Week 22

Week 23

Week 24

Week 25

April 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w14

Week 15: Apr 6 - Apr 12, 2026

w16

	Mon 4/6	Tue 4/7	Wed 4/8	Thu 4/9	Fri 4/10	Sat 4/11	Sun 4/12	
J w01	Mon 4/6	Tue 4/7	Wed 4/8	Thu 4/9	Fri 4/10	Sat 4/11	Sun 4/12	
w02	AM							
w03								
w04	PM							
F w05								
w06	EVE							
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w10	Cues/Questions					Notes		
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w53								
						Summary		

Year

Future

Events

Highlights

Multi

Grids

2026

w15

Week 16: Apr 13 - Apr 19, 2026

w17

	Mon 4/13	Tue 4/14	Wed 4/15	Thu 4/16	Fri 4/17	Sat 4/18	Sun 4/19	
J w01	Mon 4/13	Tue 4/14	Wed 4/15	Thu 4/16	Fri 4/17	Sat 4/18	Sun 4/19	
w02	AM							
w03								
w04	PM							
F w05								
w06	EVE							
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w10	Cues/Questions					Notes		
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w53								
						Summary		

Year Future Events Highlights Multi Grids

2026

w16

Week 17: Apr 20 - Apr 26, 2026

w18

	Mon 4/20	Tue 4/21	Wed 4/22	Thu 4/23	Fri 4/24	Sat 4/25	Sun 4/26	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions					Notes		
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						Summary		

2026

w17

Week 18: Apr 27 - May 3, 2026

w19

	Mon 4/27	Tue 4/28	Wed 4/29	Thu 4/30	Fri 5/1	Sat 5/2	Sun 5/3	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions				Notes			
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					Summary			

May 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w18

Week 19: May 4 - May 10, 2026

w20

	Mon 5/4	Tue 5/5	Wed 5/6	Thu 5/7	Fri 5/8	Sat 5/9	Sun 5/10	
J w01	Mon 5/4	Tue 5/5	Wed 5/6	Thu 5/7	Fri 5/8	Sat 5/9	Sun 5/10	
w02	AM							
w03								
w04	PM							
F w05								
w06	EVE							
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Year

Future

Events

Highlights

Multi

Grids

2026

w19

Week 20: May 11 - May 17, 2026

w21

	Mon 5/11	Tue 5/12	Wed 5/13	Thu 5/14	Fri 5/15	Sat 5/16	Sun 5/17	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions					Notes		
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						Summary		

2026

w20

Week 21: May 18 - May 24, 2026

w22

	Mon 5/18	Tue 5/19	Wed 5/20	Thu 5/21	Fri 5/22	Sat 5/23	Sun 5/24	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions					Notes		
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						Summary		

2026

w21

Week 22: May 25 - May 31, 2026

w23

	Mon 5/25	Tue 5/26	Wed 5/27	Thu 5/28	Fri 5/29	Sat 5/30	Sun 5/31	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions					Notes		
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						Summary		

June 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w22

Week 23: Jun 1 - Jun 7, 2026

w24

	Mon 6/1	Tue 6/2	Wed 6/3	Thu 6/4	Fri 6/5	Sat 6/6	Sun 6/7	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
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2026

w23

Week 24: Jun 8 - Jun 14, 2026

w25

2026

w24

Week 25: Jun 15 - Jun 21, 2026

w26

	Mon 6/15	Tue 6/16	Wed 6/17	Thu 6/18	Fri 6/19	Sat 6/20	Sun 6/21	
J w01	Mon 6/15	Tue 6/16	Wed 6/17	Thu 6/18	Fri 6/19	Sat 6/20	Sun 6/21	
w02	AM							
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w04	PM							
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w10	Cues/Questions				Notes			
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Year Future Events Highlights Multi Grids

2026

w25

Week 26: Jun 22 - Jun 28, 2026

w27

	Mon 6/22	Tue 6/23	Wed 6/24	Thu 6/25	Fri 6/26	Sat 6/27	Sun 6/28	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions					Notes		
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D w49								
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w53								
						Summary		

2026

w26

Week 27: Jun 29 - Jul 5, 2026

w28

	Mon 6/29	Tue 6/30	Wed 7/1	Thu 7/2	Fri 7/3	Sat 7/4	Sun 7/5	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions					Notes		
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						Summary		

Q3 2026

July - September

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 27

Week 28

Week 29

Week 30

Week 31

Week 32

Week 33

Week 34

Week 35

Week 36

Week 37

Week 38

July 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w27

Week 28: Jul 6 - Jul 12, 2026

w29

	Mon 7/6	Tue 7/7	Wed 7/8	Thu 7/9	Fri 7/10	Sat 7/11	Sun 7/12	
J w01	Mon 7/6	Tue 7/7	Wed 7/8	Thu 7/9	Fri 7/10	Sat 7/11	Sun 7/12	
w02	AM							
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w04	PM							
F w05								
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D w49								
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w53								
						Summary		

Year Future Events Highlights Multi Grids

2026

w28

Week 29: Jul 13 - Jul 19, 2026

w30

2026

w29

Week 30: Jul 20 - Jul 26, 2026

w31

	Mon 7/20	Tue 7/21	Wed 7/22	Thu 7/23	Fri 7/24	Sat 7/25	Sun 7/26	
J w01	Mon 7/20	Tue 7/21	Wed 7/22	Thu 7/23	Fri 7/24	Sat 7/25	Sun 7/26	
w02	AM							
w03								
w04	PM							
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w10	Cues/Questions				Notes			
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Year Future Events Highlights Multi Grids

2026

w30

Week 31: Jul 27 - Aug 2, 2026

w32

	Mon 7/27	Tue 7/28	Wed 7/29	Thu 7/30	Fri 7/31	Sat 8/1	Sun 8/2	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions					Notes		
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						Summary		

August 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 32: Aug 3 - Aug 9, 2026

Week 34: Aug 17 - Aug 23, 2026

Week 35: Aug 24 - Aug 30, 2026

September 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 37: Sep 7 - Sep 13, 2026

Week 39: Sep 21 - Sep 27, 2026

	Mon 9/21	Tue 9/22	Wed 9/23	Thu 9/24	Fri 9/25	Sat 9/26	Sun 9/27	
J w01								
w02	AM							
w03								
w04	PM							
F w05								
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w10	Cues/Questions					Notes		
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w53								
					Summary			

Year Future Events Highlights Multi Grids

Week 40: Sep 28 - Oct 4, 2026

	Mon 9/28	Tue 9/29	Wed 9/30	Thu 10/1	Fri 10/2	Sat 10/3	Sun 10/4	
J w01	Mon 9/28	Tue 9/29	Wed 9/30	Thu 10/1	Fri 10/2	Sat 10/3	Sun 10/4	
w02	AM							
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Year

Future

Events
HighlightsMulti
Grids

Q4 2026

October - December

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 40

Week 41

Week 42

Week 43

Week 44

Week 45

Week 46

Week 47

Week 48

Week 49

Week 50

Week 51

October 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w40

Week 41: Oct 5 - Oct 11, 2026

w42

	Mon 10/5	Tue 10/6	Wed 10/7	Thu 10/8	Fri 10/9	Sat 10/10	Sun 10/11	
J w01	Mon 10/5	Tue 10/6	Wed 10/7	Thu 10/8	Fri 10/9	Sat 10/10	Sun 10/11	
w02	AM							
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Year Future Events Highlights Multi Grids

2026

w41

Week 42: Oct 12 - Oct 18, 2026

w43

	Mon 10/12	Tue 10/13	Wed 10/14	Thu 10/15	Fri 10/16	Sat 10/17	Sun 10/18	
J w01	Mon 10/12	Tue 10/13	Wed 10/14	Thu 10/15	Fri 10/16	Sat 10/17	Sun 10/18	
w02	AM							
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w04	PM							
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Year Future Events Highlights Multi Grids

2026

w42

Week 43: Oct 19 - Oct 25, 2026

w44

	Mon 10/19	Tue 10/20	Wed 10/21	Thu 10/22	Fri 10/23	Sat 10/24	Sun 10/25	
J w01	Mon 10/19	Tue 10/20	Wed 10/21	Thu 10/22	Fri 10/23	Sat 10/24	Sun 10/25	
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					Summary			

Year

Future

Events

Highlights

Multi

Grids

2026

w43

Week 44: Oct 26 - Nov 1, 2026

w45

	Mon 10/26	Tue 10/27	Wed 10/28	Thu 10/29	Fri 10/30	Sat 10/31	Sun 11/1	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
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						Summary		

November 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w44

Week 45: Nov 2 - Nov 8, 2026

w46

	Mon 11/2	Tue 11/3	Wed 11/4	Thu 11/5	Fri 11/6	Sat 11/7	Sun 11/8	
J w01	Mon 11/2	Tue 11/3	Wed 11/4	Thu 11/5	Fri 11/6	Sat 11/7	Sun 11/8	
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					Summary			

Year

Future

Events

Highlights

Multi

Grids

2026

w45

Week 46: Nov 9 - Nov 15, 2026

w47

	Mon 11/9	Tue 11/10	Wed 11/11	Thu 11/12	Fri 11/13	Sat 11/14	Sun 11/15	
J w01	Mon 11/9	Tue 11/10	Wed 11/11	Thu 11/12	Fri 11/13	Sat 11/14	Sun 11/15	Year
w02	AM							Future
w03								Events
w04	PM							Highlights
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						Summary		

2026

w46

Week 47: Nov 16 - Nov 22, 2026

w48

	Mon 11/16	Tue 11/17	Wed 11/18	Thu 11/19	Fri 11/20	Sat 11/21	Sun 11/22	
J w01	Mon 11/16	Tue 11/17	Wed 11/18	Thu 11/19	Fri 11/20	Sat 11/21	Sun 11/22	
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					Summary			

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Highlights

Multi

Grids

2026

w47

Week 48: Nov 23 - Nov 29, 2026

w49

	Mon 11/23	Tue 11/24	Wed 11/25	Thu 11/26	Fri 11/27	Sat 11/28	Sun 11/29	
J w01	AM							Year
w02								Future
w03								Events
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						Summary		

2026

w48

Week 49: Nov 30 - Dec 6, 2026

w50

	Mon 11/30	Tue 12/1	Wed 12/2	Thu 12/3	Fri 12/4	Sat 12/5	Sun 12/6	
J w01	Mon 11/30	Tue 12/1	Wed 12/2	Thu 12/3	Fri 12/4	Sat 12/5	Sun 12/6	
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Summary

Year Future Events Highlights Multi Grids

December 2026

Monthly Review

What Worked

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w49

Week 50: Dec 7 - Dec 13, 2026

w51

2026

w50

Week 51: Dec 14 - Dec 20, 2026

w52

	Mon 12/14	Tue 12/15	Wed 12/16	Thu 12/17	Fri 12/18	Sat 12/19	Sun 12/20	
J w01	Mon 12/14	Tue 12/15	Wed 12/16	Thu 12/17	Fri 12/18	Sat 12/19	Sun 12/20	
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Year Future Events Highlights Multi Grids

2026

w51

Week 52: Dec 21 - Dec 27, 2026

w53

	Mon 12/21	Tue 12/22	Wed 12/23	Thu 12/24	Fri 12/25	Sat 12/26	Sun 12/27	
J w01	AM							Year
w02								Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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						Summary		

2026

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Week 53: Dec 28 - Jan 3, 2027

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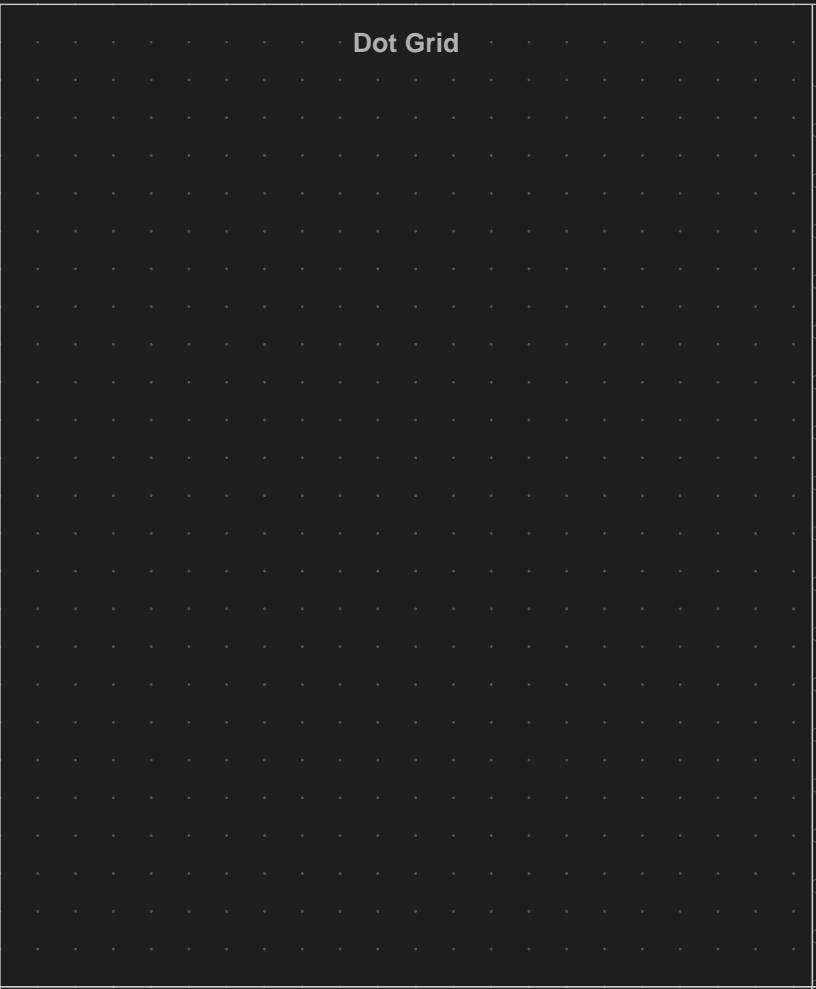
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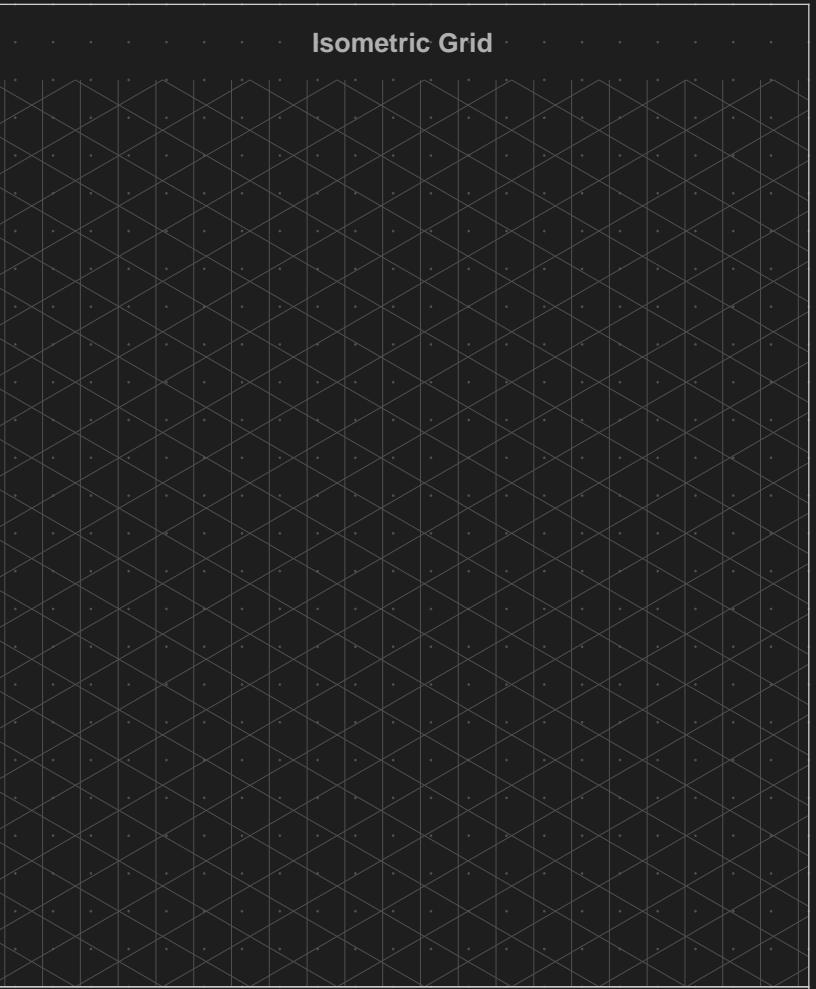
Grid Types

Visual Reference & Templates

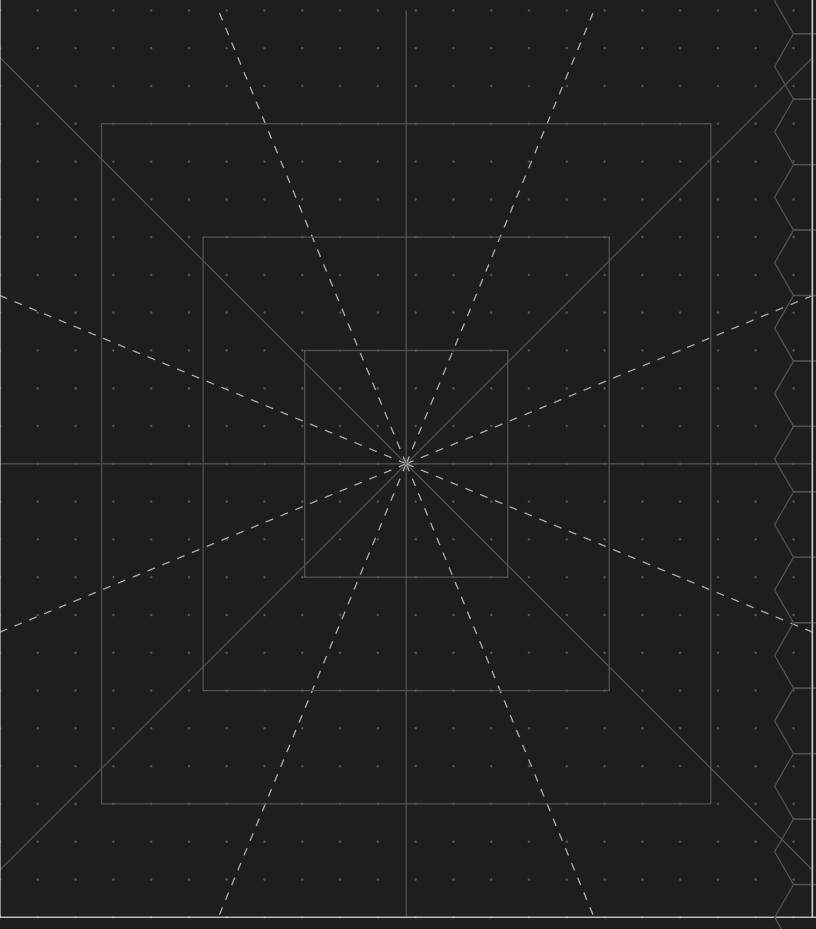
Dot Grid



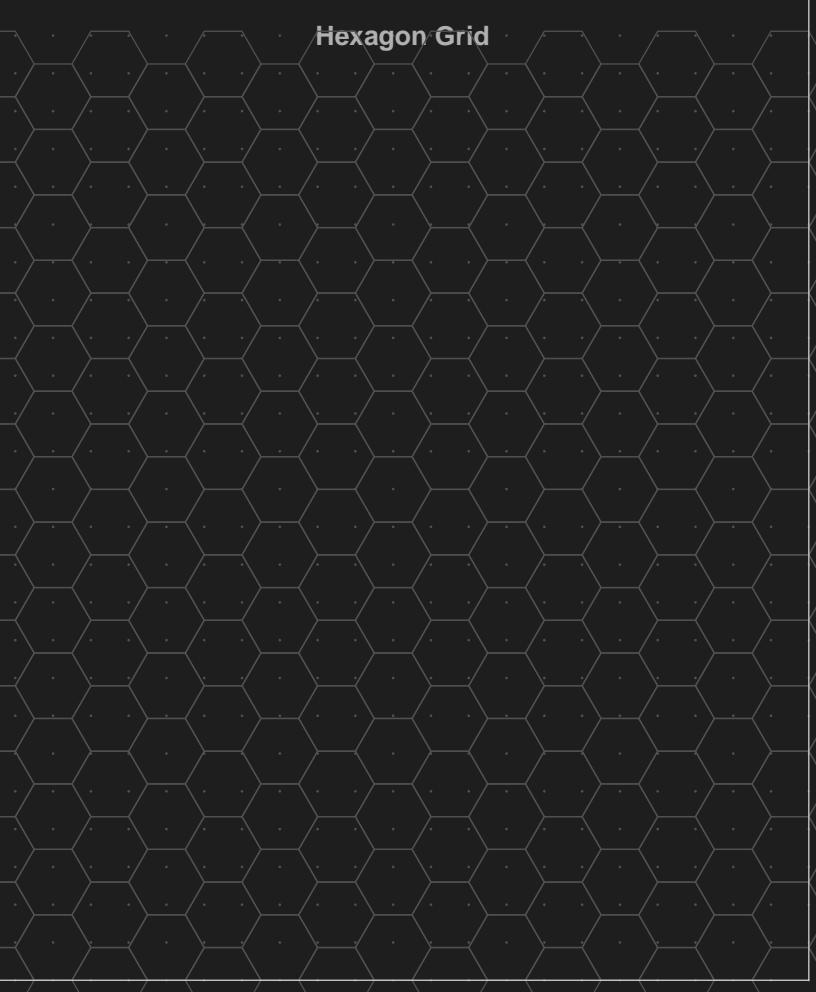
Isometric Grid



Perspective Grid



Hexagon Grid



Grid Reference

Year

Future

Events

Highlights

Multi

Grids

Dot Grid

5mm dot spacing for flexible layouts

Tap to view full page

J w01

w02

w03

w04

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

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w53

Graph Grid

5mm square grid for precise drawings

Tap to view full page

O w40

w41

w42

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N w44

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w50

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w52

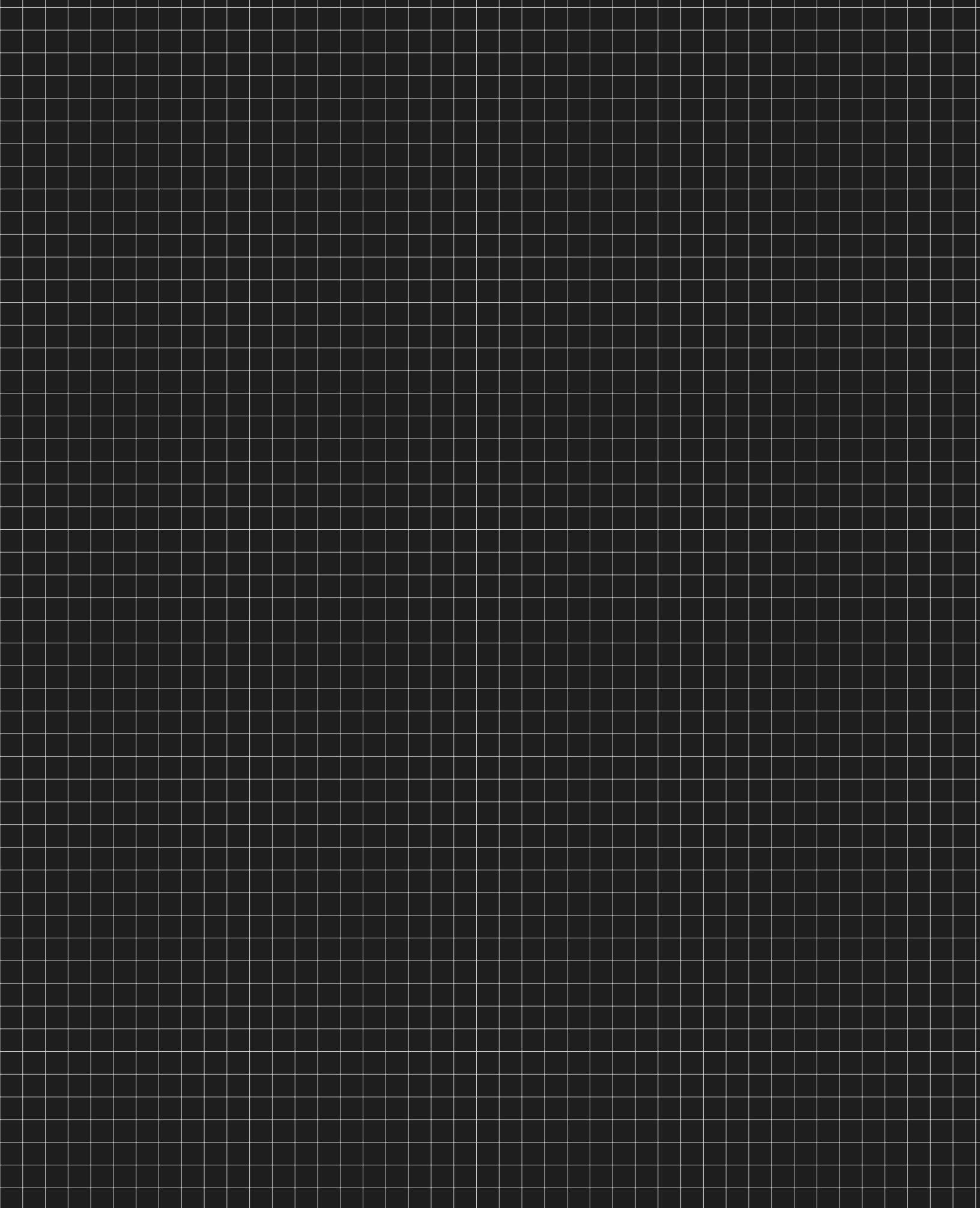
w53

Ruled Lines

Standard ruled lines for writing

Tap to view full page

Graph Grid (5mm)



Ruled Lines (10mm)



Tracker Ideas

Examples to spark your creativity - adapt these to your needs

Habit Tracker

	1	7	14	21	28	31
Exercise	<input type="checkbox"/>					
Read	<input type="checkbox"/>					
Meditate	<input type="checkbox"/>					
Journal	<input type="checkbox"/>					
Water	<input type="checkbox"/>					

Mood / Energy Log

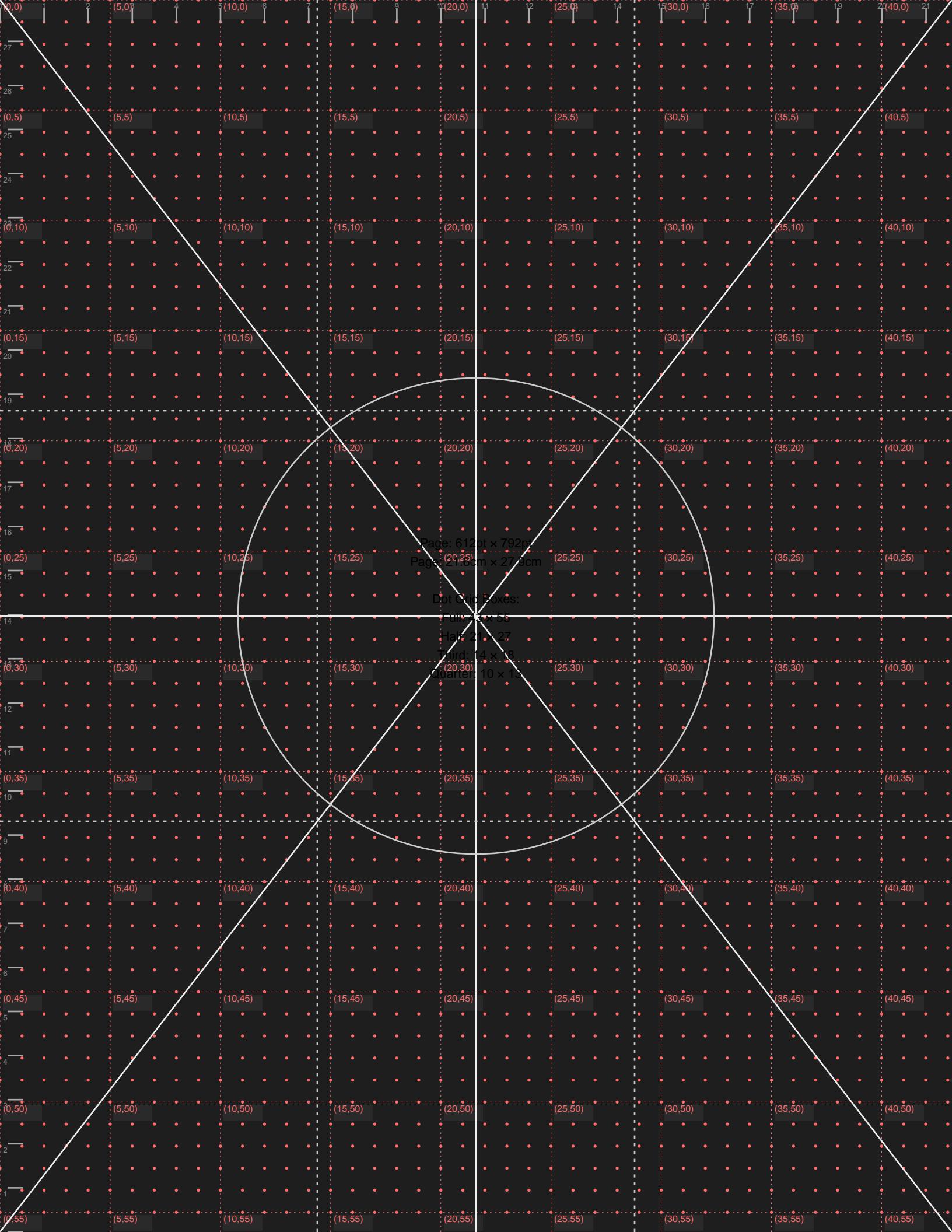
Rate daily (1-5) or use symbols: ++ + = - -

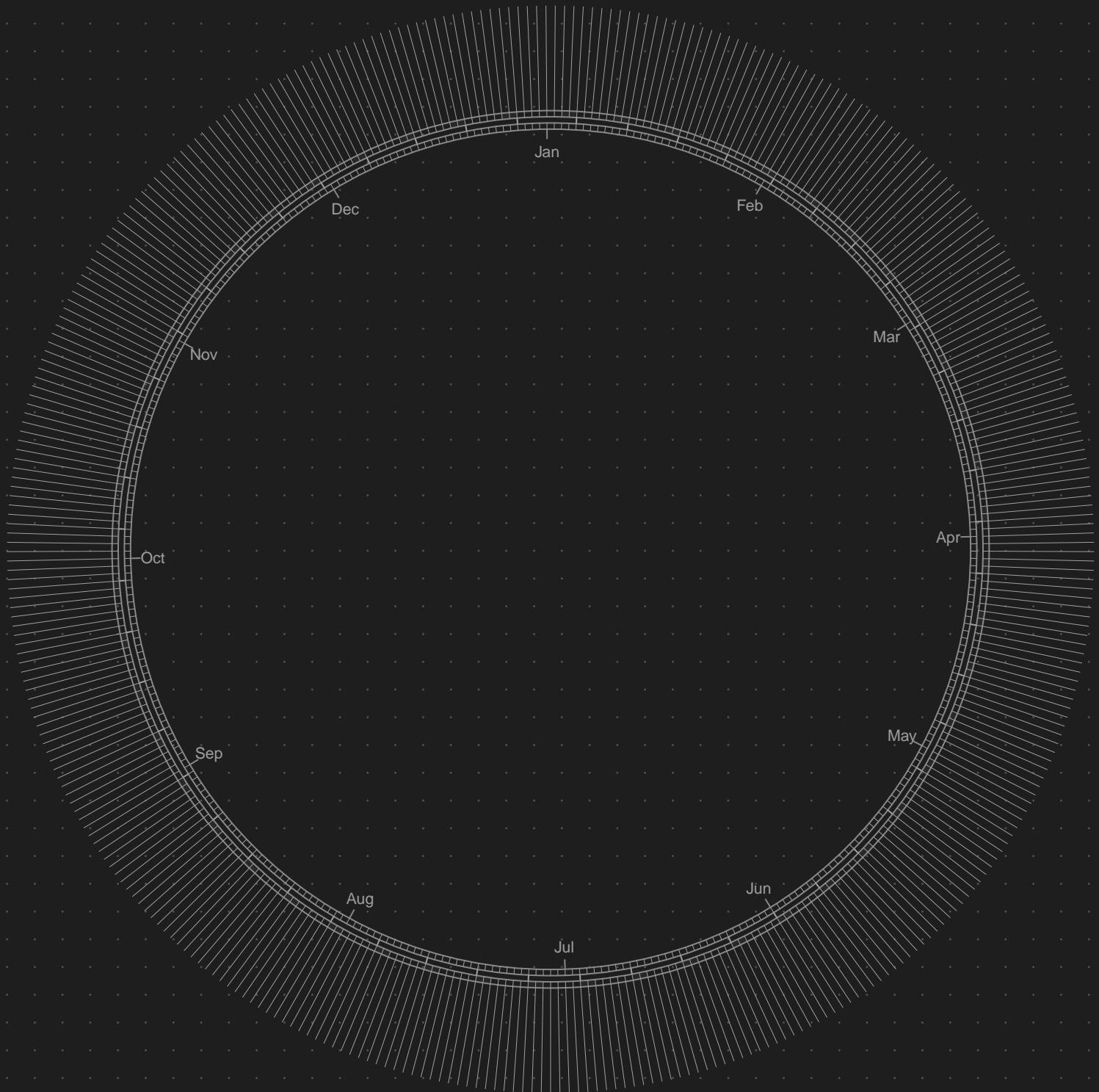
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Mood	<input type="checkbox"/>						
Energy	<input type="checkbox"/>						
Sleep (hrs)	<input type="checkbox"/>						

More Ideas

- Water intake (glasses per day)
- Gratitude (3 things daily)
- Expense tracking (categories)
- Reading log (pages/books)
- Exercise types and duration
- Project progress (milestones)

Create your own! Use the dot grid as a canvas for any tracking system that works for you.





Books to Read

Fiction, non-fiction, and everything in between

Project Ideas

Things to build, make, or create

Recipes to Try

Meals worth making again
