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100	

Future Log: January - June 2026

Year

Future

Events

Highlights

Multi

Grids

JANUARY

J w01

w02

w03

FEBRUARY

w04

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

MARCH

w21

w22

J w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

APRIL

w39

O w40

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

w50

w51

w52

w53

MAY

JUNE

Future Log: July - December 2026

Year

Future

Events

Highlights

Multi

Grids

JULY

J w01

w02

w03

w04

JULY

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21

AUGUST

w22

J w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

SEPTEMBER

w39

O w40

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

w50

w51

w52

w53

OCTOBER

NOVEMBER

DECEMBER

Events of 2026

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
J w01	1 Thu	* 1 Sun	1 Sun	1 Wed	1 Fri	1 Mon	1 Wed	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue	Future
w02	2 Fri	2 Mon	2 Mon	2 Thu	2 Sat	2 Tue	2 Thu	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed	Events
w03	3 Sat	3 Tue	3 Tue	3 Fri	3 Sun	3 Wed	3 Fri	* 3 Mon	3 Thu	3 Sat	3 Tue	3 Thu	Highlights
w04	4 Sun	4 Wed	4 Wed	4 Sat	4 Mon	4 Thu	4 Sat	* 4 Tue	4 Fri	4 Sun	4 Wed	4 Fri	Multi
F w05	5 Mon	5 Thu	5 Thu	5 Sun	5 Tue	5 Fri	5 Sun	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat	Grids
w06	6 Tue	6 Fri	6 Fri	6 Mon	6 Wed	6 Sat	6 Mon	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun	
w07	7 Wed	7 Sat	7 Sat	7 Tue	7 Thu	7 Sun	7 Tue	7 Fri	7 Mon	* 7 Wed	7 Sat	7 Mon	
M w08	8 Thu	8 Sun	8 Sun	8 Wed	8 Fri	8 Mon	8 Wed	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue	
w09	9 Fri	9 Mon	9 Mon	9 Thu	9 Sat	9 Tue	9 Thu	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed	
A w10	10 Sat	10 Tue	10 Tue	10 Fri	10 Sun	10 Wed	10 Fri	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu	
w11	11 Sun	11 Wed	11 Wed	11 Sat	11 Mon	11 Thu	11 Sat	11 Tue	11 Fri	11 Sun	11 Wed	* 11 Fri	
M w12	12 Mon	12 Thu	12 Thu	12 Sun	12 Tue	12 Fri	12 Sun	12 Wed	12 Sat	12 Mon	* 12 Thu	12 Sat	
w13	13 Tue	13 Fri	13 Fri	13 Mon	13 Wed	13 Sat	13 Mon	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun	
w14	14 Wed	14 Sat	14 Sat	14 Tue	14 Thu	14 Sun	14 Tue	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon	
J w15	15 Thu	15 Sun	15 Sun	15 Wed	15 Fri	15 Mon	15 Wed	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue	
w16	16 Fri	16 Mon	* 16 Mon	16 Thu	16 Sat	16 Tue	16 Thu	16 Sun	16 Wed	16 Fri	16 Mon	16 Wed	
w17	17 Sat	17 Tue	17 Tue	17 Fri	17 Sun	17 Wed	17 Fri	17 Mon	17 Thu	17 Sat	17 Tue	17 Thu	
J w18	18 Sun	18 Wed	18 Wed	18 Sat	18 Mon	18 Thu	18 Sat	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri	
w19	19 Mon	* 19 Thu	19 Thu	19 Sun	19 Tue	19 Fri	* 19 Sun	19 Wed	19 Sat	19 Mon	19 Thu	19 Sat	
w20	20 Tue	20 Fri	20 Fri	20 Mon	20 Wed	20 Sat	20 Mon	20 Thu	20 Sun	20 Tue	20 Fri	20 Sun	
A w21	21 Wed	21 Sat	21 Sat	21 Tue	21 Thu	21 Sun	21 Tue	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon	
w22	22 Thu	22 Sun	22 Sun	22 Wed	22 Fri	22 Mon	22 Wed	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue	
J w23	23 Fri	23 Mon	23 Mon	23 Thu	23 Sat	23 Tue	23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed	
w24	24 Sat	24 Tue	24 Tue	24 Fri	24 Sun	24 Wed	24 Fri	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu	
w25	25 Sun	25 Wed	25 Wed	25 Sat	25 Mon	* 25 Thu	25 Sat	25 Tue	25 Fri	25 Sun	25 Wed	25 Fri	
w26	26 Mon	26 Thu	26 Thu	26 Sun	26 Tue	26 Fri	26 Sun	26 Wed	26 Sat	26 Mon	* 26 Thu	26 Sat	
J w27	27 Tue	27 Fri	27 Fri	27 Mon	27 Wed	27 Sat	27 Mon	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun	
w28	28 Wed	28 Sat	28 Sat	28 Tue	28 Thu	28 Sun	28 Tue	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon	
w29	29 Thu		29 Sun	29 Wed	29 Fri	29 Mon	29 Wed	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue	
w30	30 Fri		30 Mon	30 Thu	30 Sat	30 Tue	30 Thu	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed	
A w31	31 Sat		31 Tue		31 Sun		31 Fri	31 Mon		31 Sat		31 Thu	
w32	32 Sun		32 Mon		32 Tue		32 Thu		32 Fri		32 Sat		32 Mon
w33	33 Mon		33 Tue		33 Wed		33 Fri		33 Sat		33 Sun		33 Tue
w34	34 Tue		34 Wed		34 Thu		34 Sun		34 Mon		34 Tue		34 Wed
w35	35 Wed		35 Thu		35 Fri		35 Sun		35 Mon		35 Tue		35 Wed
S w36	36 Thu		36 Fri		36 Sat		36 Sun		36 Mon		36 Tue		36 Wed
w37	37 Fri		37 Sat		37 Sun		37 Mon		37 Tue		37 Wed		37 Thu
w38	38 Sat		38 Sun		38 Mon		38 Tue		38 Wed		38 Thu		38 Fri
w39	39 Sun		39 Mon		39 Tue		39 Wed		39 Thu		39 Fri		39 Sat
O w40	40 Mon		40 Tue		40 Wed		40 Thu		40 Fri		40 Sat		40 Sun
w41	41 Tue		41 Wed		41 Thu		41 Fri		41 Sat		41 Sun		41 Mon
w42	42 Wed		42 Thu		42 Fri		42 Sat		42 Sun		42 Mon		42 Tue
w43	43 Thu		43 Fri		43 Sat		43 Sun		43 Mon		43 Tue		43 Wed
N w44	44 Fri		44 Sat		44 Sun		44 Mon		44 Tue		44 Wed		44 Thu
w45	45 Sat		45 Sun		45 Mon		45 Tue		45 Wed		45 Thu		45 Fri
w46	46 Sun		46 Mon		46 Tue		46 Wed		46 Thu		46 Fri		46 Sat
w47	47 Mon		47 Tue		47 Wed		47 Thu		47 Fri		47 Sat		47 Sun
w48	48 Tue		48 Wed		48 Thu		48 Fri		48 Sat		48 Sun		48 Mon

D w49 + Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455

w50 Anniversary + Sep 23: House Anniversary + Sep 26: Mom's Birthday + Oct 5: Maggie's Anniversary + Nov 2: Ben's Birthday + Nov 5: Maggie Ann's Birthday + Nov 11: Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

w51

w52

w53

Highlights of 2026

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
J w01	1 Thu	* 1 Sun	1 Sun	1 Wed	1 Fri	1 Mon	1 Wed	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue	Future
w02	2 Fri	2 Mon	2 Mon	2 Thu	2 Sat	2 Tue	2 Thu	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed	Events
w03	3 Sat	3 Tue	3 Tue	3 Fri	3 Sun	3 Wed	3 Fri	* 3 Mon	3 Thu	3 Sat	3 Tue	3 Thu	Highlights
w04	4 Sun	4 Wed	4 Wed	4 Sat	4 Mon	4 Thu	4 Sat	* 4 Tue	4 Fri	4 Sun	4 Wed	4 Fri	Multagrids
w05	5 Mon	5 Thu	5 Thu	5 Sun	5 Tue	5 Fri	5 Sun	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat	Grids
M w09	6 Tue	6 Fri	6 Fri	6 Mon	6 Wed	6 Sat	6 Mon	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun	
w10	7 Wed	7 Sat	7 Sat	7 Tue	7 Thu	7 Sun	7 Tue	7 Fri	7 Mon	* 7 Wed	7 Sat	7 Mon	
w11	8 Thu	8 Sun	8 Sun	8 Wed	8 Fri	8 Mon	8 Wed	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue	
w12	9 Fri	9 Mon	9 Mon	9 Thu	9 Sat	9 Tue	9 Thu	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed	
A w14	10 Sat	10 Tue	10 Tue	10 Fri	10 Sun	10 Wed	10 Fri	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu	
w15	11 Sun	11 Wed	11 Wed	11 Sat	11 Mon	11 Thu	11 Sat	11 Tue	11 Fri	11 Sun	11 Wed	* 11 Fri	
M w18	12 Mon	12 Thu	12 Thu	12 Sun	12 Tue	12 Fri	12 Sun	12 Wed	12 Sat	12 Mon	* 12 Thu	12 Sat	
w19	13 Tue	13 Fri	13 Fri	13 Mon	13 Wed	13 Sat	13 Mon	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun	
w20	14 Wed	14 Sat	14 Sat	14 Tue	14 Thu	14 Sun	14 Tue	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon	
J w23	15 Thu	15 Sun	15 Sun	15 Wed	15 Fri	15 Mon	15 Wed	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue	
w24	16 Fri	16 Mon	* 16 Mon	16 Thu	16 Sat	16 Tue	16 Thu	16 Sun	16 Wed	16 Fri	16 Mon	16 Wed	
w25	17 Sat	17 Tue	17 Tue	17 Fri	17 Sun	17 Wed	17 Fri	17 Mon	17 Thu	17 Sat	17 Tue	17 Thu	
J w27	18 Sun	18 Wed	18 Wed	18 Sat	18 Mon	18 Thu	18 Sat	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri	
w28	19 Mon	* 19 Thu	19 Thu	19 Sun	19 Tue	19 Fri	* 19 Sun	19 Wed	19 Sat	19 Mon	19 Thu	19 Sat	
w29	20 Tue	20 Fri	20 Fri	20 Mon	20 Wed	20 Sat	20 Mon	20 Thu	20 Sun	20 Tue	20 Fri	20 Sun	
A w31	21 Wed	21 Sat	21 Sat	21 Tue	21 Thu	21 Sun	21 Tue	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon	
w32	22 Thu	22 Sun	22 Sun	22 Wed	22 Fri	22 Mon	22 Wed	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue	
w33	23 Fri	23 Mon	23 Mon	23 Thu	23 Sat	23 Tue	23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed	
S w36	24 Sat	24 Tue	24 Tue	24 Fri	24 Sun	24 Wed	24 Fri	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu	
w37	25 Sun	25 Wed	25 Wed	25 Sat	25 Mon	* 25 Thu	25 Sat	25 Tue	25 Fri	25 Sun	25 Wed	25 Fri	
w38	26 Mon	26 Thu	26 Thu	26 Sun	26 Tue	26 Fri	26 Sun	26 Wed	26 Sat	26 Mon	26 Thu	* 26 Sat	
O w40	27 Tue	27 Fri	27 Fri	27 Mon	27 Wed	27 Sat	27 Mon	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun	
w41	28 Wed	28 Sat	28 Sat	28 Tue	28 Thu	28 Sun	28 Tue	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon	
w42	29 Thu		29 Sun	29 Wed	29 Fri	29 Mon	29 Wed	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue	
w43	30 Fri		30 Mon	30 Thu	30 Sat	30 Tue	30 Thu	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed	
N w44	31 Sat		31 Tue		31 Sun		31 Fri	31 Mon		31 Sat		31 Thu	
w45													
w46													
w47													
w48													

D w49 + Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455

w50 Anniversary + Sep 23: House Anniversary + Sep 26: Mom's Birthday + Oct 5: Maggie's Anniversary + Nov 2: Ben's Birthday + Nov 5: Maggie Ann's Birthday + Nov 11: Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

w51

w52

w53

2026**2027****2028****2029**

Year

Future

Events

Highlights

Multi

Grids

Jan

Feb

Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

Dec

J w01
w02
w03
w04F w05
w06
w07
w08M w09
w10
w11
w12
w13A w14
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w16
w17M w18
w19
w20
w21
w22J w23
w24
w25
w26
J w27w28
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w30A w31
w32
w33
w34
w35S w36
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w38
w39O w40
w41
w42
w43N w44
w45
w46
w47
w48D w49
w50
w51
w52
w53

Week 1: Dec 29 - Jan 4, 2026

Q1 2026

January - March

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

Week 8

Week 9

Week 10

Week 11

Week 12

January 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w01

Week 2: Jan 5 - Jan 11, 2026

w03

	Mon	1/5	Tue	1/6	Wed	1/7	Thu	1/8	Fri	1/9	Sat	1/10	Sun	1/11	Year
J	w01														Future
w02		AM													Events
w03															
w04		PM													
F	w05														
w06		EVE													
w07															
w08															
M	w09														
w10															
	Cues/Questions							Notes							
w11															
w12															
w13															
A	w14														
w15															
w16															
w17															
M	w18														
w19															
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J	w27														
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w41															
w42															
w43															
N	w44														
w45															
w46															
w47															
w48															
D	w49														
w50															
w51															
w52															
w53															

Summary

2026

w02

Week 3: Jan 12 - Jan 18, 2026

w04

2026

w03

Week 4: Jan 19 - Jan 25, 2026

w05

2026

w04

Week 5: Jan 26 - Feb 1, 2026

w06

February 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w05

Week 6: Feb 2 - Feb 8, 2026

w07

2026

w06

Week 7: Feb 9 - Feb 15, 2026

w08

2026

w07

Week 8: Feb 16 - Feb 22, 2026

w09

	Mon 2/16	Tue 2/17	Wed 2/18	Thu 2/19	Fri 2/20	Sat 2/21	Sun 2/22	Year
J	w01							Future
F	w02 AM							Events
	w03							Highlights
	w04 PM							Multi
F	w05 EVE							Grids
	w06							
	w07							
	w08							
M	w09							
	Cues/Questions		Notes					
w10								
w11								
w12								
w13								
A	w14							
	w15							
	w16							
	w17							
M	w18							
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J	w23							
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J	w27							
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A	w31							
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	w35							
S	w36							
	w37							
	w38							
	w39							
O	w40							
	w41							
	w42							
	w43							
N	w44							
	w45	Summary						
	w46							
	w47							
	w48							
D	w49							
	w50							
	w51							
	w52							
	w53							

Week 9: Feb 23 - Mar 1, 2026

March 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 10: Mar 2 - Mar 8, 2026

2026

w10

Week 11: Mar 9 - Mar 15, 2026

w12

2026

w11

Week 12: Mar 16 - Mar 22, 2026

w13

	Mon 3/16	Tue 3/17	Wed 3/18	Thu 3/19	Fri 3/20	Sat 3/21	Sun 3/22	Year
J	w01							Future
F	w02 AM							Events
	w03							Highlights
	w04 PM							Multi
F	w05 EVE							Grids
	w06							
	w07							
	w08							
M	w09							
	w10 Cues/Questions					Notes		
	w11							
	w12							
	w13							
A	w14							
	w15							
	w16							
	w17							
M	w18							
	w19							
	w20							
	w21							
	w22							
J	w23							
	w24							
	w25							
	w26							
J	w27							
	w28							
	w29							
	w30							
A	w31							
	w32							
	w33							
	w34							
	w35							
S	w36							
	w37							
	w38							
	w39							
O	w40							
	w41							
	w42							
	w43							
N	w44							
	w45					Summary		
	w46							
	w47							
	w48							
D	w49							
	w50							
	w51							
	w52							
	w53							

2026

w12

Week 13: Mar 23 - Mar 29, 2026

w14

Week 14: Mar 30 - Apr 5, 2026

Q2 2026

April - June

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 14

Week 15

Week 16

Week 17

Week 18

Week 19

Week 20

Week 21

Week 22

Week 23

Week 24

Week 25

April 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 15: Apr 6 - Apr 12, 2026

Week 16: Apr 13 - Apr 19, 2026

Week 17: Apr 20 - Apr 26, 2026

Week 18: Apr 27 - May 3, 2026

May 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 19: May 4 - May 10, 2026

Week 20: May 11 - May 17, 2026

2026

w20

Week 21: May 18 - May 24, 2026

w22

2026

w21

Week 22: May 25 - May 31, 2026

w23

June 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w22

Week 23: Jun 1 - Jun 7, 2026

w24

2026

w23

Week 24: Jun 8 - Jun 14, 2026

w25

2026

w24

Week 25: Jun 15 - Jun 21, 2026

w26

2026

w25

Week 26: Jun 22 - Jun 28, 2026

w27

2026

w26

Week 27: Jun 29 - Jul 5, 2026

w28

Q3 2026

July - September

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 27

Week 28

Week 29

Week 30

Week 31

Week 32

Week 33

Week 34

Week 35

Week 36

Week 37

Week 38

July 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w27

Week 28: Jul 6 - Jul 12, 2026

w29

Week 29: Jul 13 - Jul 19, 2026

2026

w29

Week 30: Jul 20 - Jul 26, 2026

w31

2026

w30

Week 31: Jul 27 - Aug 2, 2026

w32

	Mon 7/27	Tue 7/28	Wed 7/29	Thu 7/30	Fri 7/31	Sat 8/1	Sun 8/2	Year
J	w01	AM						Future
F	w02							Events
	w03							Highlights
	w04	PM						Multi
F	w05							Grids
	w06	EVE						
M	w07							
M	w08							
M	w09							
w10	Cues/Questions			Notes				
w11								
w12								
w13								
A	w14							
	w15							
	w16							
	w17							
M	w18							
	w19							
	w20							
	w21							
	w22							
J	w23							
	w24							
	w25							
	w26							
J	w27							
	w28							
	w29							
	w30							
A	w31							
	w32							
	w33							
	w34							
	w35							
S	w36							
	w37							
	w38							
	w39							
O	w40							
	w41							
	w42							
	w43							
N	w44							
w45	Summary							
w46								
w47								
w48								
D	w49							
	w50							
	w51							
	w52							
	w53							

August 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 32: Aug 3 - Aug 9, 2026

Week 33: Aug 10 - Aug 16, 2026

2026

w34

Week 35: Aug 24 - Aug 30, 2026

w36

	Mon 8/24	Tue 8/25	Wed 8/26	Thu 8/27	Fri 8/28	Sat 8/29	Sun 8/30	Year
J	w01							Future
F	w02 AM							Events
	w03							Highlights
	w04 PM							Multi
F	w05 EVE							Grids
M	w06							
	w07							
	w08							
M	w09							
	w10 Cues/Questions							
	w11							
	w12							
	w13							
A	w14							
	w15							
	w16							
	w17							
M	w18							
	w19							
	w20							
	w21							
	w22							
J	w23							
	w24							
	w25							
	w26							
J	w27							
	w28							
	w29							
	w30							
A	w31							
	w32							
	w33							
	w34							
w35								
S	w36							
	w37							
	w38							
	w39							
O	w40							
	w41							
	w42							
	w43							
N	w44							
	w45 Summary							
	w46							
	w47							
	w48							
D	w49							
	w50							
	w51							
	w52							
	w53							

Week 36: Aug 31 - Sep 6, 2026

September 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 38: Sep 14 - Sep 20, 2026

	Mon 9/14	Tue 9/15	Wed 9/16	Thu 9/17	Fri 9/18	Sat 9/19	Sun 9/20	Year
J	w01							Future
F	w02 AM							Events
w03								
w04	PM							
M	w05 EVE							Events
w06								
w07								
w08								
M	w09							Events
w10	Cues/Questions				Notes			
w11								
w12								
w13								
A	w14							Multi
w15								
w16								
w17								
M	w18							Grids
w19								
w20								
w21								
w22								
J	w23							
w24								
w25								
w26								
J	w27							
w28								
w29								
w30								
A	w31							
w32								
w33								
w34								
w35								
S	w36							
w37								
w38								
w39								
O	w40							
w41								
w42								
w43								
N	w44							
w45				Summary				
w46								
w47								
w48								
D	w49							
w50								
w51								
w52								
w53								

Week 40: Sep 28 - Oct 4, 2026

Q4 2026

October - December

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 40

Week 41

Week 42

Week 43

Week 44

Week 45

Week 46

Week 47

Week 48

Week 49

Week 50

Week 51

October 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 41: Oct 5 - Oct 11, 2026

Week 42: Oct 12 - Oct 18, 2026

Week 43: Oct 19 - Oct 25, 2026

November 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w44

Week 45: Nov 2 - Nov 8, 2026

w46

	Mon 11/2	Tue 11/3	Wed 11/4	Thu 11/5	Fri 11/6	Sat 11/7	Sun 11/8	Year
J	w01							Future
F	w02	AM						Events
	w03							Highlights
	w04	PM						Multi
F	w05							Grids
	w06	EVE						
M	w07							
M	w08							
M	w09							
w10	Cues/Questions			Notes				
w11								
w12								
w13								
A	w14							
	w15							
	w16							
	w17							
M	w18							
	w19							
	w20							
	w21							
	w22							
J	w23							
	w24							
	w25							
	w26							
J	w27							
	w28							
	w29							
	w30							
A	w31							
	w32							
	w33							
	w34							
	w35							
S	w36							
	w37							
	w38							
	w39							
O	w40							
	w41							
	w42							
	w43							
N	w44							
w45								Summary
	w46							
	w47							
	w48							
D	w49							
	w50							
	w51							
	w52							
	w53							

Week 46: Nov 9 - Nov 15, 2026

2026

w47

Week 48: Nov 23 - Nov 29, 2026

w49

	Year	Future	Events	Highlights	Multi	Grids	
J w01	Mon 11/23	Tue 11/24	Wed 11/25	Thu 11/26	Fri 11/27	Sat 11/28	Sun 11/29
w02	AM						
w03							
w04	PM						
F w05							
w06	EVE						
w07							
w08							
M w09							
w10	Cues/Questions				Notes		
w11							
w12							
w13							
A w14							
w15							
w16							
w17							
M w18							
w19							
w20							
w21							
w22							
J w23							
w24							
w25							
w26							
J w27							
w28							
w29							
w30							
A w31							
w32							
w33							
w34							
w35							
S w36							
w37							
w38							
w39							
O w40							
w41							
w42							
w43							
N w44							
w45					Summary		
w46							
w47							
w48							
D w49							
w50							
w51							
w52							
w53							

Week 49: Nov 30 - Dec 6, 2026

December 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 50: Dec 7 - Dec 13, 2026

Week 51: Dec 14 - Dec 20, 2026

2026

w51

Week 52: Dec 21 - Dec 27, 2026

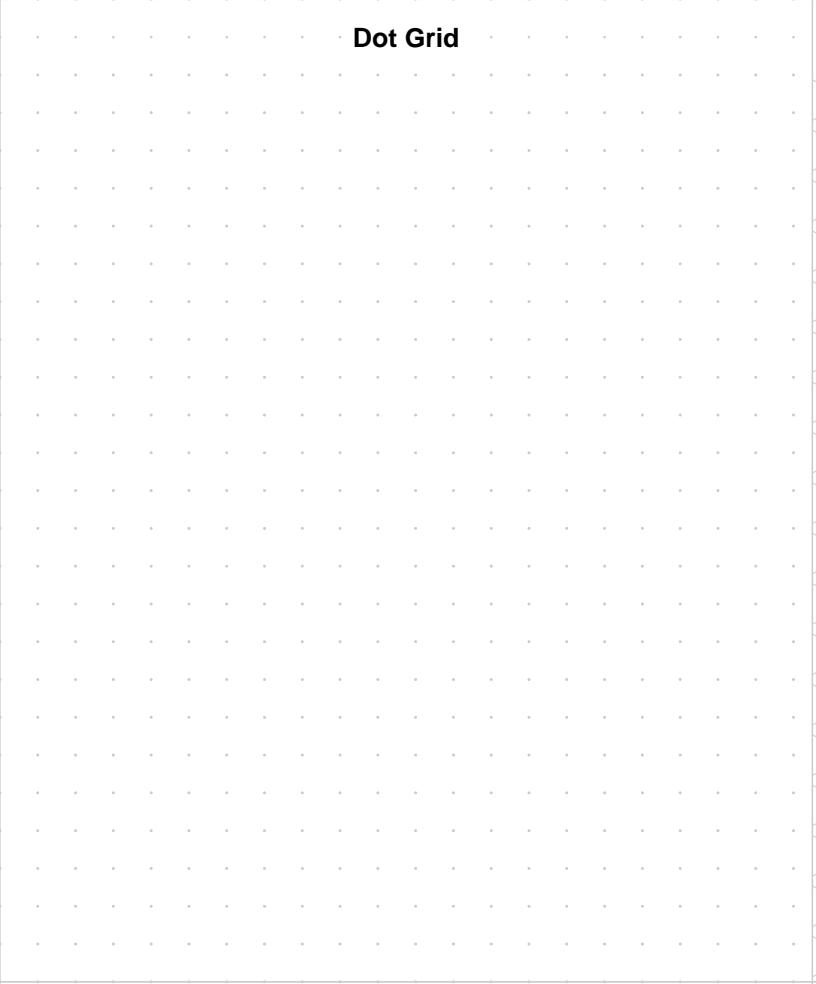
w53

Week 53: Dec 28 - Jan 3, 2027

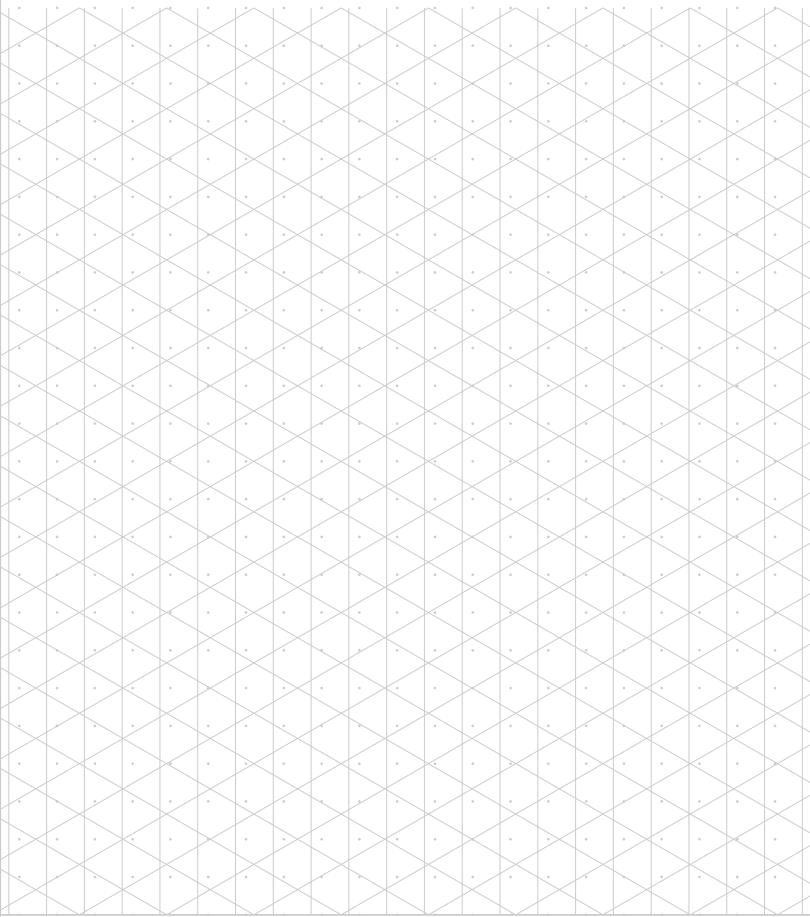
Grid Types

Visual Reference & Templates

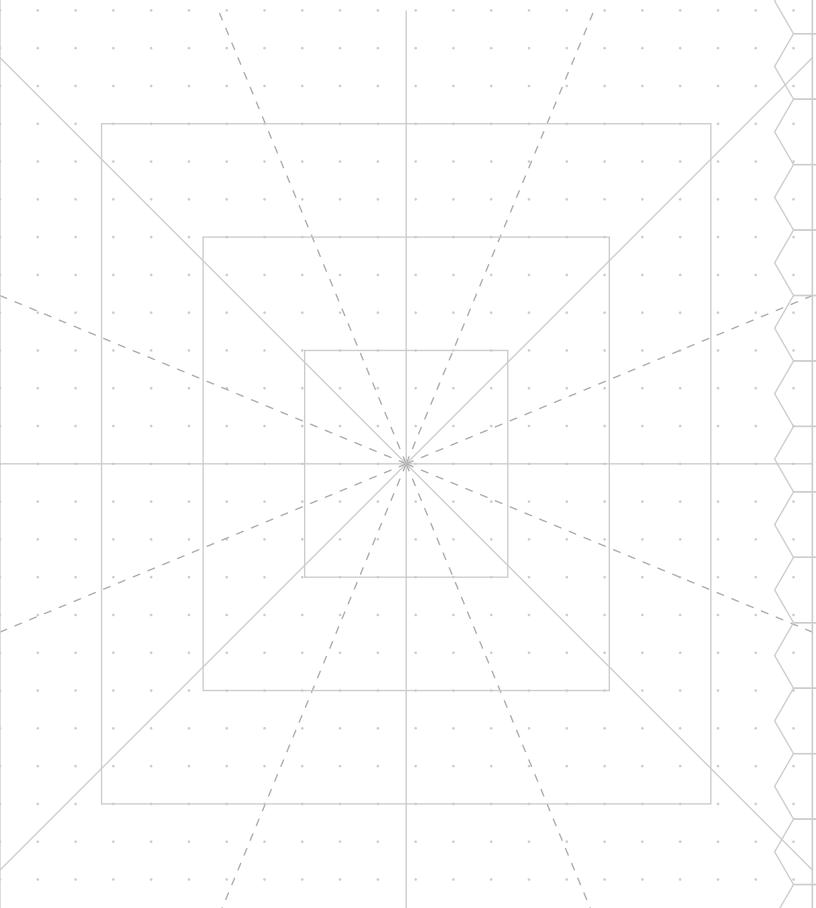
Dot Grid



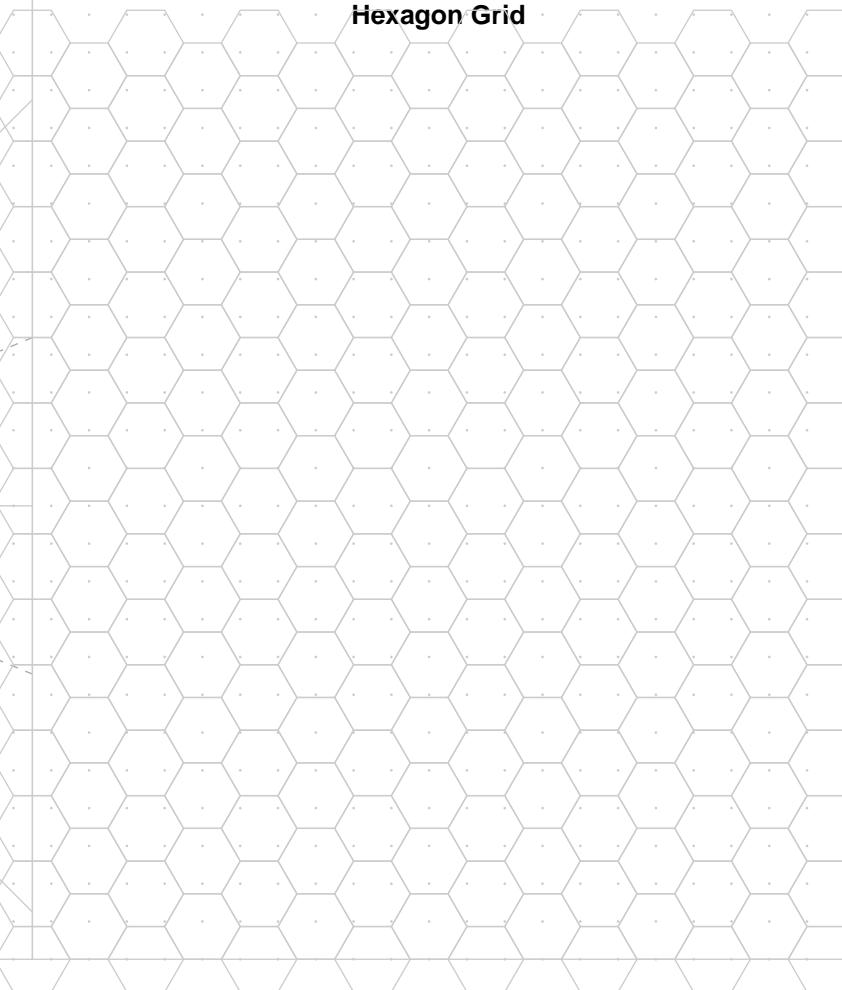
Isometric Grid



Perspective Grid



Hexagon Grid



Grid Reference

Year

Future

Events

Highlights

Multi

Grids

Dot Grid

5mm dot spacing for flexible layouts

Tap to view full page

w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21

w22

Graph Grid

5mm square grid for precise drawings

Tap to view full page

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

w39

Ruled Lines

Standard ruled lines for writing

Tap to view full page

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

w50

w51

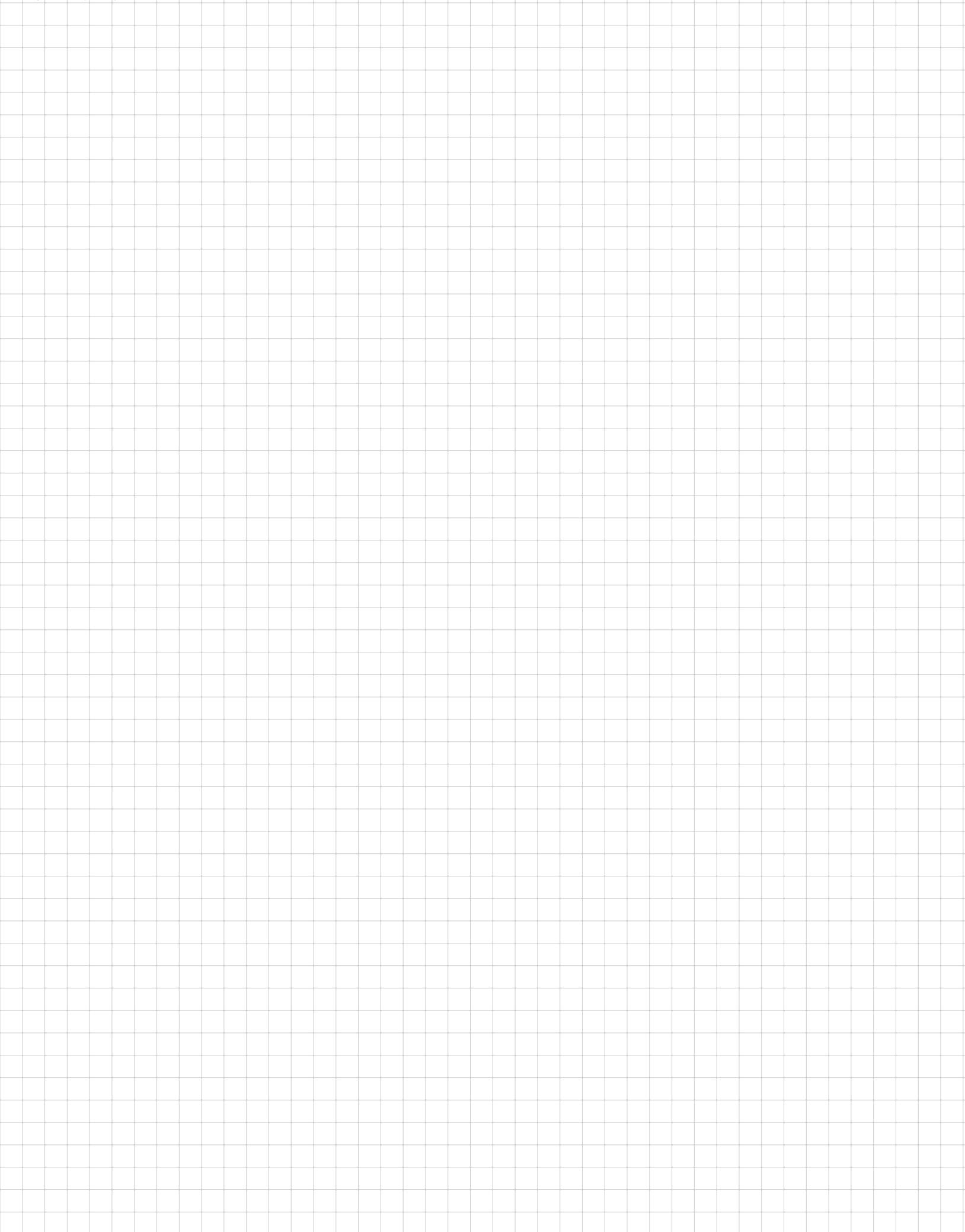
w52

w53

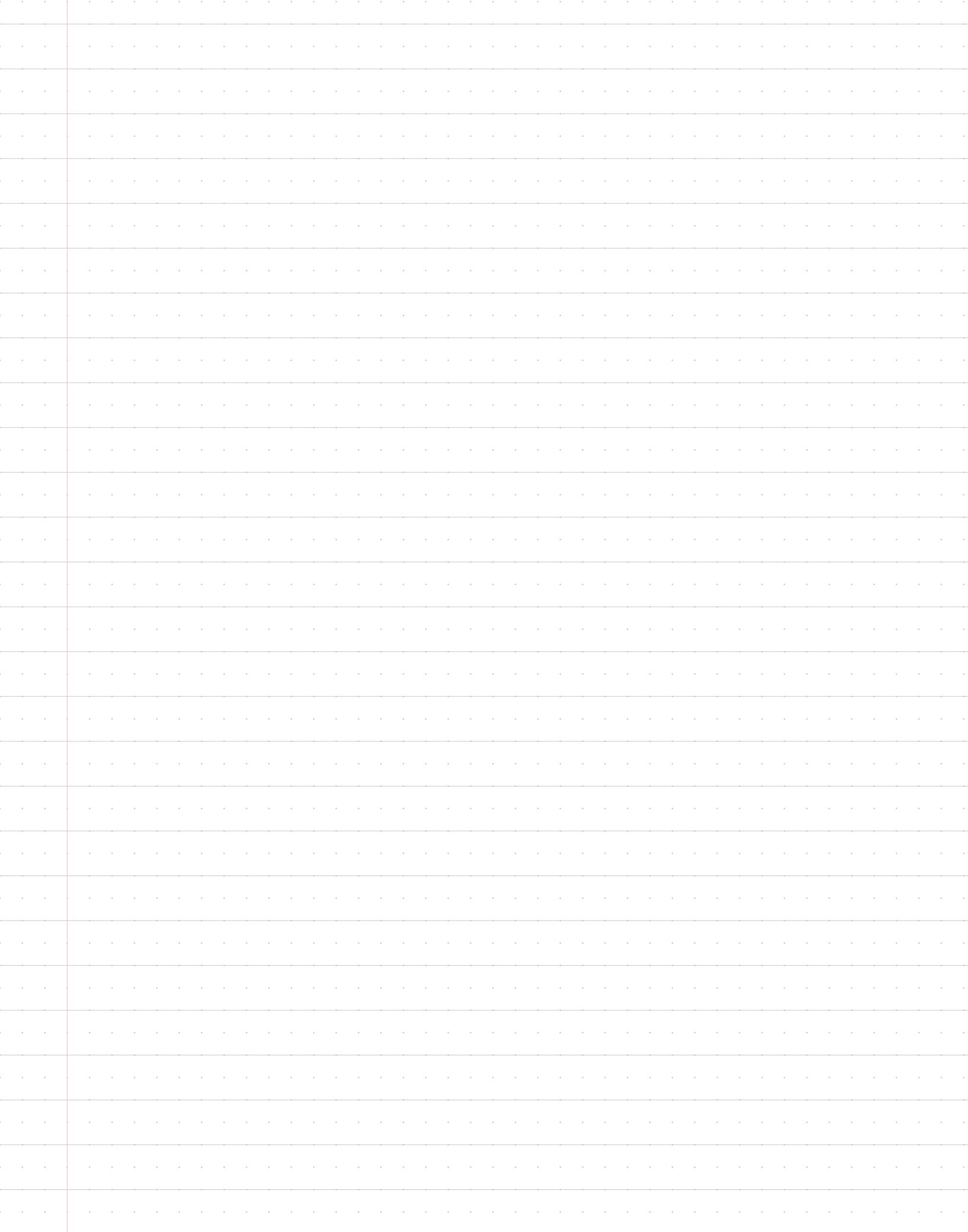
Dot Grid (5mm)



Graph Grid (5mm)

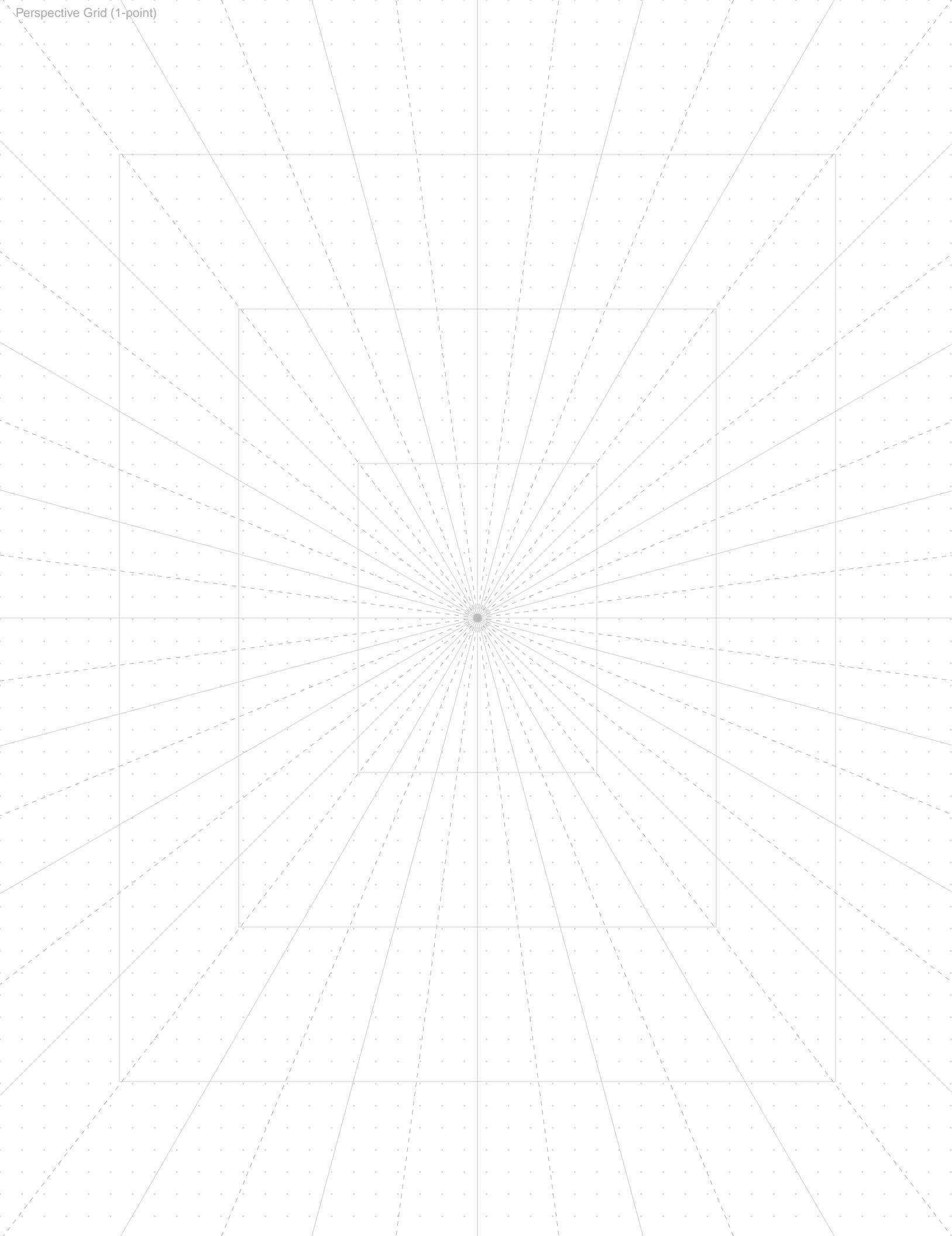


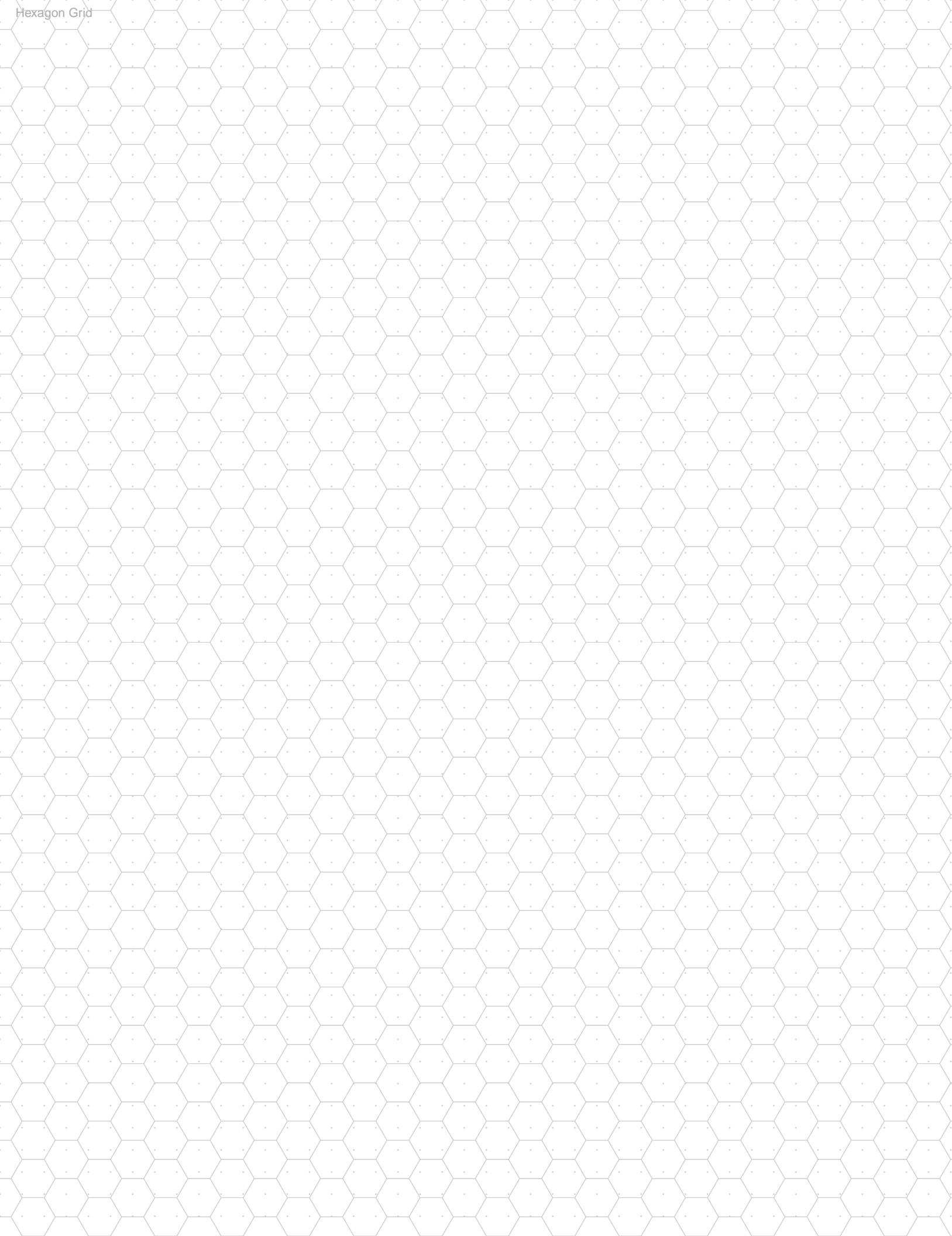
Ruled Lines (10mm)



Isometric Grid







Hexagon Grid

Tracker Ideas

Examples to spark your creativity - adapt these to your needs

Habit Tracker

1	7	14	21	28	31
Exercise					
Read					
Meditate					
Journal					
Water					

Mood / Energy Log

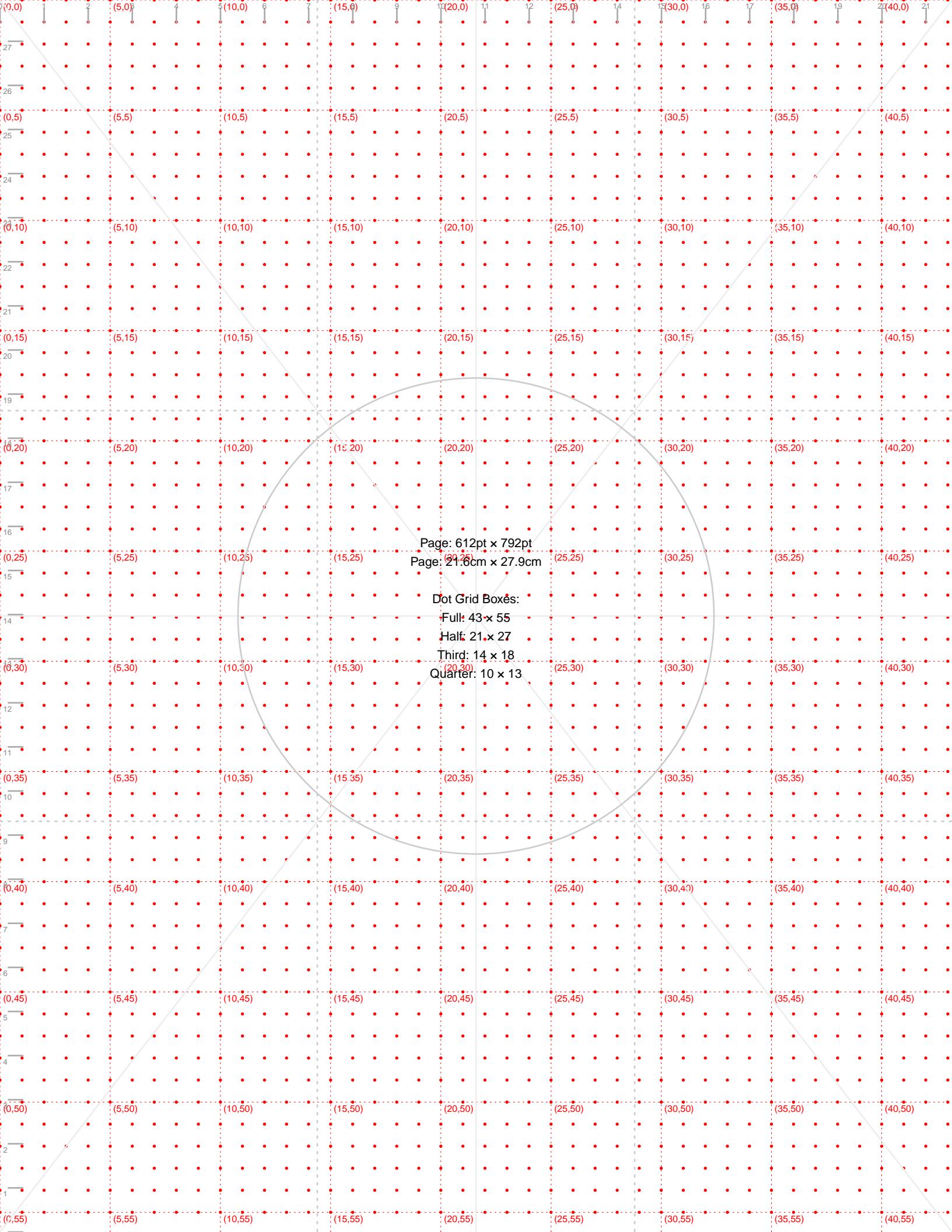
Rate daily (1-5) or use symbols: ++ + = - -

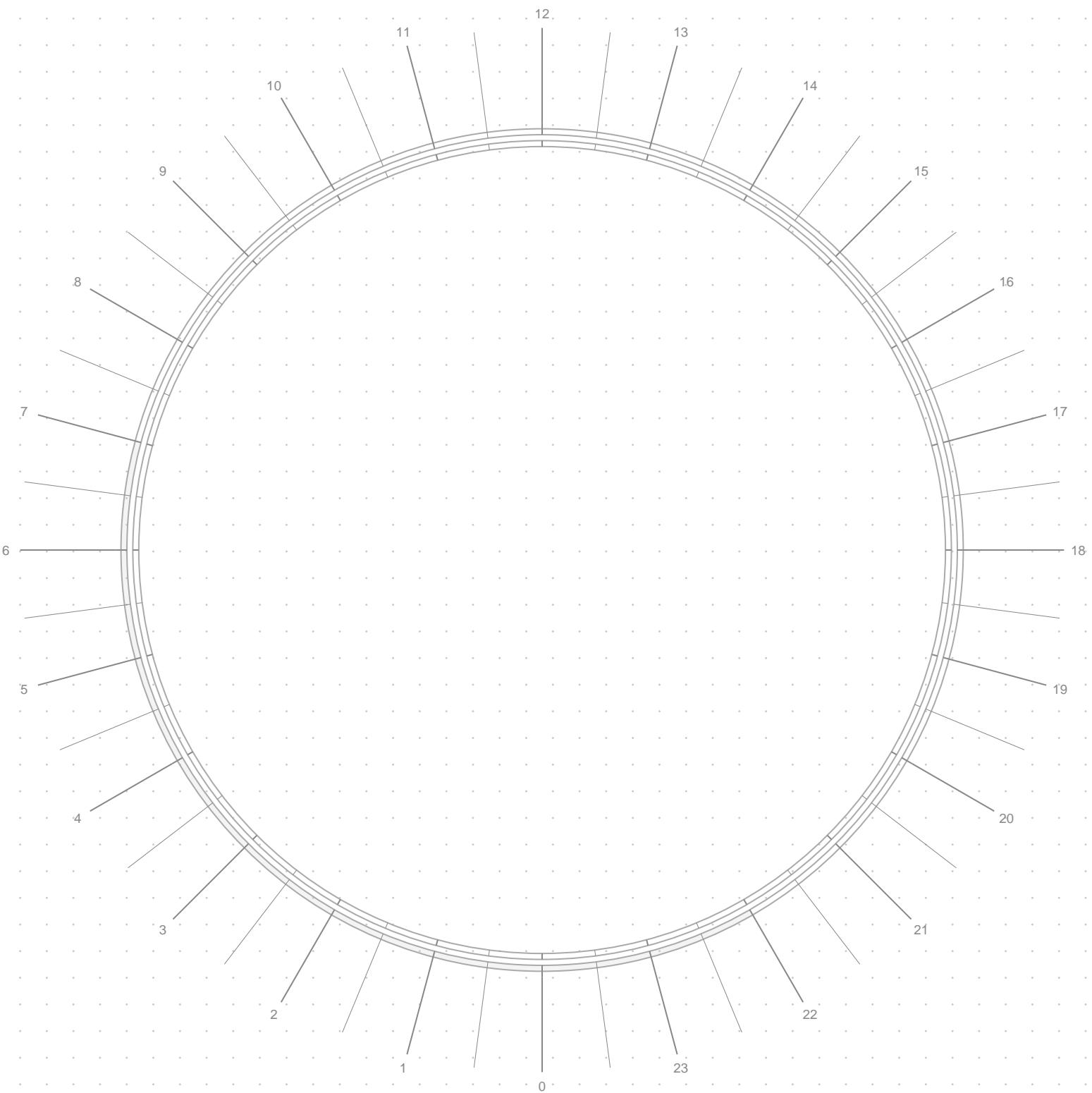
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Mood							
Energy							
Sleep (hrs)							

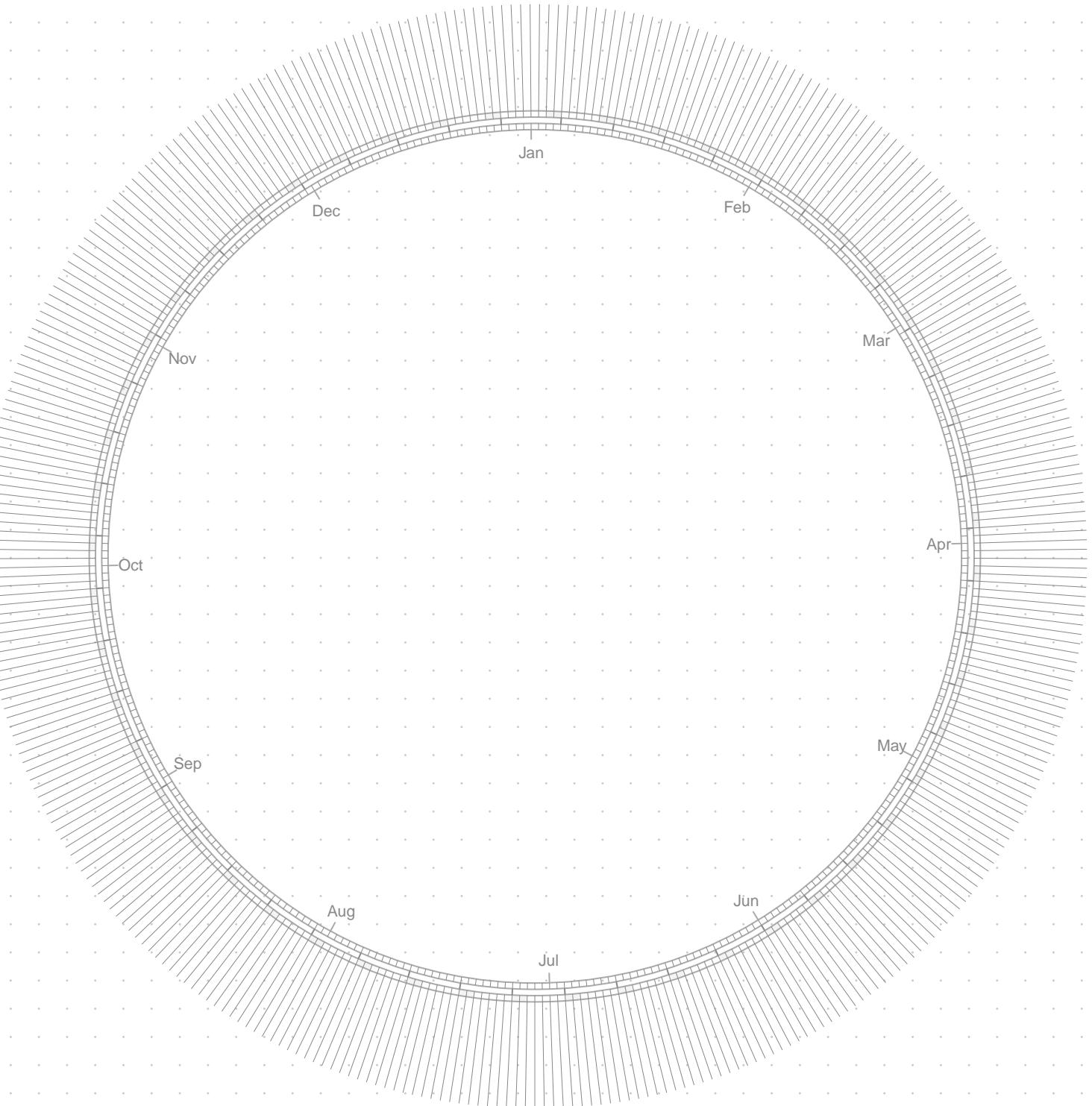
More Ideas

- Water intake (glasses per day)
- Gratitude (3 things daily)
- Expense tracking (categories)
- Reading log (pages/books)
- Exercise types and duration
- Project progress (milestones)

Create your own! Use the dot grid as a canvas for any tracking system that works for you.







Books to Read

Fiction, non-fiction, and everything in between

Project Ideas

Things to build, make, or create

Recipes to Try

Meals worth making again

