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# Future Log: January - June 2025

Year

Future

Events

Highlights

Multi

Grids

J w01

w02

w03

## JANUARY

w04

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21

## FEBRUARY

J w22

w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

## MARCH

w39

O w40

w41

w42

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N w44

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w46

w47

w48

D w49

w50

w51

w52

w53

## APRIL

## MAY

## JUNE

# Future Log: July - December 2025

Year

Future

Events

Highlights

Multi

Grids

## JULY

J w01

w02

w03

w04

## AUGUST

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21

## SEPTEMBER

J w22

w23

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

## OCTOBER

w39

O w40

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

w50

w51

w52

w53

## NOVEMBER

## DECEMBER

## Events of 2025

D w49 + Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455  
w50 · Anhiversary' + Sep 23: Hóuse' Anniversary' + Sèp 26: Món's Birthday' + Oct 5: Maggié's Anriversáry' + Nov 2: Beri's Birthdåy + Nòv 5: Maggie Añ's Birthday' + Nòv 11:  
· Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neill's Birthday . . . . .

# Highlights of 2025

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
J w01													Future
w02	1 Wed	* 1 Sat	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue	1 Fri	1 Mon	* 1 Wed	1 Sat	1 Mon	Events
w03	2 Thu	2 Sun	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed	2 Sat	2 Tue	2 Thu	2 Sun	+ 2 Tue	Events
w04	3 Fri	3 Mon	3 Mon	3 Thu	3 Sat	3 Tue	3 Thu	3 Sun	3 Wed	3 Fri	3 Mon	3 Wed	Events
F w05	4 Sat	4 Tue	4 Tue	4 Fri	4 Sun	4 Wed	4 Fri	* 4 Mon	4 Thu	4 Sat	4 Tue	4 Thu	Events
w06	5 Sun	5 Wed	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat	5 Tue	5 Fri	5 Sun	+ 5 Wed	+ 5 Fri	Events
M w09	6 Mon	6 Thu	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun	+ 6 Wed	6 Sat	6 Mon	6 Thu	6 Sat	Events
w10	7 Tue	7 Fri	7 Fri	7 Mon	7 Wed	7 Sat	7 Mon	7 Thu	7 Sun	7 Tue	7 Fri	7 Sun	Events
w11	8 Wed	8 Sat	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue	8 Fri	8 Mon	8 Wed	8 Sat	8 Mon	Events
A w14	9 Thu	9 Sun	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed	9 Sat	9 Tue	9 Thu	9 Sun	9 Tue	Events
w15	10 Fri	10 Mon	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu	10 Sun	10 Wed	10 Fri	10 Mon	10 Wed	Events
w16	11 Sat	11 Tue	11 Tue	11 Fri	11 Sun	11 Wed	+ 11 Fri	11 Mon	11 Thu	11 Sat	11 Tue	+ 11 Thu	Events
M w18	12 Sun	12 Wed	12 Wed	12 Sat	12 Mon	12 Thu	12 Sat	12 Tue	12 Fri	12 Sun	12 Wed	12 Fri	Events
w19	13 Mon	13 Thu	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun	13 Wed	13 Sat	+ 13 Mon	* 13 Thu	13 Sat	Events
w20	14 Tue	14 Fri	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon	14 Thu	14 Sun	14 Tue	14 Fri	14 Sun	Events
J w22	15 Wed	15 Sat	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue	15 Fri	15 Mon	15 Wed	15 Sat	15 Mon	Events
w23	16 Thu	16 Sun	+ 16 Sun	16 Wed	16 Fri	16 Mon	16 Wed	16 Sat	16 Tue	16 Thu	16 Sun	16 Tue	Events
w25	17 Fri	17 Mon	* 17 Mon	17 Thu	17 Sat	17 Tue	17 Thu	17 Sun	17 Wed	17 Fri	17 Mon	17 Wed	Events
J w27	18 Sat	18 Tue	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri	18 Mon	+ 18 Thu	18 Sat	18 Tue	18 Thu	Events
w28	19 Sun	19 Wed	19 Wed	19 Sat	19 Mon	19 Thu	* 19 Sat	19 Tue	19 Fri	19 Sun	19 Wed	19 Fri	Events
w30	20 Mon	* 20,Thu	20 Thu	20 Sun	20 Tue	20 Fri	20 Sun	20 Wed	20 Sat	20 Mon	20 Thu	20 Sat	Events
A w31	21 Tue	21 Fri	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon	21 Thu	21 Sun	21 Tue	21 Fri	21 Sun	Events
w32	22 Wed	22 Sat	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue	22 Fri	22 Mon	22 Wed	22 Sat	22 Mon	Events
w34	23 Thu	23 Sun	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed	23 Sat	23 Tue	+ 23 Thu	23 Sun	23 Tue	Events
S w36	24 Fri	24 Mon	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu	24 Sun	24 Wed	24 Fri	24 Mon	+ 24 Wed	Events
w37	25 Sat	25 Tue	25 Tue	25 Fri	25 Sun	25 Wed	25 Fri	25 Mon	25 Thu	25 Sat	25 Tue	25 Thu	* 25 Fri
w39	26 Sun	26 Wed	26 Wed	26 Sat	26 Mon	* 26 Thu	26 Sat	26 Tue	26 Fri	+ 26 Sun	26 Wed	+ 26 Fri	Events
O w40	27 Mon	27 Thu	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun	27 Wed	27 Sat	27 Mon	27 Thu	* 27 Sat	Events
w41	28 Tue	28 Fri	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon	28 Thu	28 Sun	28 Tue	28 Fri	28 Sun	Events
N w44	29 Wed		29 Sat	29 Tue	29 Thu	29 Sun	29 Tue	29 Fri	29 Mon	29 Wed	29 Sat	29 Mon	Events
w45	30 Thu		30 Sun	30 Wed	30 Fri	30 Mon	30 Wed	30 Sat	30 Tue	30 Thu	30 Sun	30 Tue	Events
w46	31 Fri		31 Mon		31 Sat		31 Thu	31 Sun		31 Fri		31 Wed	Events
w47													Events
w48													Events

D w49 + Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455

w50 \* Anhiversary + Sep 23: Hôuse Anniversary + Sèp 26: Móm's Birthday + Oct 5: Maggie's Anhiversary + Nov 2: Ben's Birthdáy + Nov 5: Maggie Arñ's Birthday + Nòv 11:

Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

w51

w52

w53

2025

2026

2027

2028

Year

Future

Events

Highlights

Multi

Grids

J w01				
w02				
w03				
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F w05				
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w37				
w38				
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O w40				
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w42				
N w44				
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w46				
D w49				
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w53				



# Q1 2025

January - March

## Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 12-Week Focus

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

Week 8

Week 9

Week 10

Week 11

Week 12

# January 2025

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w01

Week 2: Jan 6 - Jan 12, 2025

w03

2025

w02

# Week 3: Jan 13 - Jan 19, 2025

w04

	Mon 1/13	Tue 1/14	Wed 1/15	Thu 1/16	Fri 1/17	Sat 1/18	Sun 1/19	
J w01	AM							Year
w02	PM							Future
w03								Events
w04								Highlights
F w05								Multi
w06	EVE							Grids
w07								
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M w09								
w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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w48								
D w49								
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w51								
w52								
w53								

2025

w03

# Week 4: Jan 20 - Jan 26, 2025

w05

	Mon 1/20	Tue 1/21	Wed 1/22	Thu 1/23	Fri 1/24	Sat 1/25	Sun 1/26	
J w01	AM							Year
w02	PM							Future
w03								Events
w04								Highlights
F w05								Multi
w06	EVE							Grids
w07								
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M w09								
w10	Cues/Questions				Notes			
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w45	Summary							
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2025

w04

Week 5: Jan 27 - Feb 2, 2025

w06

# February 2025

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w05

## Week 6: Feb 3 - Feb 9, 2025

w07

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year
J	w01	2/3	2/4	2/5	2/6	2/7	2/8	Future
F	w02	AM						Events
	w03							Highlights
	w04	PM						Multi
F	w05							Grids
	w06	EVE						
M	w07							
	w08							
M	w09							
	w10	Cues/Questions			Notes			
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A	w14							
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	w16							
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M	w18							
	w19							
	w20							
	w21							
J	w22							
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	w26							
J	w27							
	w28							
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A	w31							
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S	w36							
	w37							
	w38							
	w39							
O	w40							
	w41							
	w42							
	w43							
N	w44							
	w45			Summary				
	w46							
	w47							
	w48							
D	w49							
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	w52							
	w53							

**Week 7: Feb 10 - Feb 16, 2025**

Week 8: Feb 17 - Feb 23, 2025

Week 9: Feb 24 - Mar 2, 2025

# March 2025

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w09

## Week 10: Mar 3 - Mar 9, 2025

w11

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year
J	w01 3/3	w02 AM 3/4	w03 3/5	w04 PM 3/6	w05 EVE 3/7	w06 3/8	w07 3/9	Future
F	w08	w09	w10 Cues/Questions	w11	w12	w13	w14	Events
A	w15	w16	w17	w18	w19	w20	w21	Highlights
M	w22	w23	w24	w25	w26	w27	w28	Multi
J	w29	w30	w31	w32	w33	w34	w35	Grids
S	w36	w37	w38	w39	w40	w41	w42	
O	w43	w44	w45 Summary	w46	w47	w48	w49	
N	w50	w51	w52	w53				

2025

w10

**Week 11: Mar 10 - Mar 16, 2025**

w12

2025

w11

# Week 12: Mar 17 - Mar 23, 2025

w13

	Mon 3/17	Tue 3/18	Wed 3/19	Thu 3/20	Fri 3/21	Sat 3/22	Sun 3/23	
J w01								Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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w45				Summary				
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D w49								
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2025

w12

w14

# Week 13: Mar 24 - Mar 30, 2025

	Mon 3/24	Tue 3/25	Wed 3/26	Thu 3/27	Fri 3/28	Sat 3/29	Sun 3/30	
J w01	Mon 3/24	Tue 3/25	Wed 3/26	Thu 3/27	Fri 3/28	Sat 3/29	Sun 3/30	Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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D w49								
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w51								
w52								
w53								

2025

w13

# Week 14: Mar 31 - Apr 6, 2025

w15

	Mon 3/31	Tue 4/1	Wed 4/2	Thu 4/3	Fri 4/4	Sat 4/5	Sun 4/6	Year
J w01	AM							Future
w02	PM							Events
w03								Highlights
w04								Multi
F w05								Grids
w06	EVE							
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w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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# Q2 2025

April - June

## Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 12-Week Focus

Week 14

Week 15

Week 16

Week 17

Week 18

Week 19

Week 20

Week 21

Week 22

Week 23

Week 24

Week 25

# April 2025

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w14

w16

# Week 15: Apr 7 - Apr 13, 2025

	Mon 4/7	Tue 4/8	Wed 4/9	Thu 4/10	Fri 4/11	Sat 4/12	Sun 4/13	
J w01	Mon 4/7	Tue 4/8	Wed 4/9	Thu 4/10	Fri 4/11	Sat 4/12	Sun 4/13	Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions				Notes			
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w45				Summary				
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D w49								
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w53								

2025

w15

# Week 16: Apr 14 - Apr 20, 2025

w17

	Mon 4/14	Tue 4/15	Wed 4/16	Thu 4/17	Fri 4/18	Sat 4/19	Sun 4/20	Year
J w01								Future
w02	AM							Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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N w44								
w45				Summary				
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D w49								
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2025

w16

# Week 17: Apr 21 - Apr 27, 2025

w18

	Mon 4/21	Tue 4/22	Wed 4/23	Thu 4/24	Fri 4/25	Sat 4/26	Sun 4/27	
J w01								Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
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M w09								
w10	Cues/Questions				Notes			
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w45				Summary				
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w48								
D w49								
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w51								
w52								
w53								

2025

w17

# Week 18: Apr 28 - May 4, 2025

w19

	Mon 4/28	Tue 4/29	Wed 4/30	Thu 5/1	Fri 5/2	Sat 5/3	Sun 5/4	
J w01								Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
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w10	Cues/Questions				Notes			
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N w44								
w45				Summary				
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D w49								
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w53								

# May 2025

## Monthly Review

### What Worked

*Wins, successes, and things to keep doing*

### What Didn't Work

*Challenges, obstacles, and things to change*

### Focus for Next Month

*Priorities, goals, and intentions*

2025

w18

w20

# Week 19: May 5 - May 11, 2025

	Mon 5/5	Tue 5/6	Wed 5/7	Thu 5/8	Fri 5/9	Sat 5/10	Sun 5/11	Year
J w01	AM							Future
w02	PM							Events
w03								Highlights
w04								Multi
F w05								Grids
w06	EVE							
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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D w49								
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2025

w19

## Week 20: May 12 - May 18, 2025

w21

	Mon 5/12	Tue 5/13	Wed 5/14	Thu 5/15	Fri 5/16	Sat 5/17	Sun 5/18	Year
J w01								Future
w02	AM							Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
w11								
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A w14								
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J w27								
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S w36								
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N w44								
w45				Summary				
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D w49								
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2025

w20

w22

# Week 21: May 19 - May 25, 2025

	Mon 5/19	Tue 5/20	Wed 5/21	Thu 5/22	Fri 5/23	Sat 5/24	Sun 5/25	
J w01								Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
w11								
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A w14								
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w34								
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S w36								
w37								
w38								
w39								
O w40								
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N w44								
w45				Summary				
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D w49								
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2025

w21

# Week 22: May 26 - Jun 1, 2025

w23

	Mon 5/26	Tue 5/27	Wed 5/28	Thu 5/29	Fri 5/30	Sat 5/31	Sun 6/1	Year
J w01	AM							Future
w02	PM							Events
w03								Highlights
w04								Multi
F w05								Grids
w06	EVE							
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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S w36								
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O w40								
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w43								
N w44								
w45	Summary							
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D w49								
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# June 2025

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w22

## Week 23: Jun 2 - Jun 8, 2025

w24

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year
J w01	6/2	6/3	6/4	6/5	6/6	6/7	6/8	Future
w02	AM							Events
w03								
w04	PM							
F w05								
w06	EVE							
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
w11								
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A w14								
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J w22								
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N w44								
w45	Summary							
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D w49								
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w51								
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Year Future Events Highlights Multi Grids

2025

w23

Week 24: Jun 9 - Jun 15, 2025

w25

2025

w24

**Week 25: Jun 16 - Jun 22, 2025**

w26

2025

w25

## Week 26: Jun 23 - Jun 29, 2025

w27

	Mon 6/23	Tue 6/24	Wed 6/25	Thu 6/26	Fri 6/27	Sat 6/28	Sun 6/29	Year
J w01	AM							Future
w02	PM							Events
w03								Highlights
w04								Multi
F w05								Grids
w06	EVE							
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
w11								
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N w44								
w45	Summary							
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D w49								
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w51								
w52								
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2025

w26

## Week 27: Jun 30 - Jul 6, 2025

w28

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year
J w01	6/30	7/1	7/2	7/3	7/4	7/5	7/6	Future
w02	AM							Events
w03								
w04	PM							
F w05								Events
w06	EVE							
w07								
w08								
M w09								Highlights
w10	Cues/Questions				Notes			Multi
w11								Grids
w12								
w13								
A w14								
w15								
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w17								
M w18								
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J w22								
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w45	Summary							
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# Q3 2025

July - September

## Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 12-Week Focus

Week 27

Week 28

Week 29

Week 30

Week 31

Week 32

Week 33

Week 34

Week 35

Week 36

Week 37

Week 38

# July 2025

## Monthly Review

### What Worked

*Wins, successes, and things to keep doing*

### What Didn't Work

*Challenges, obstacles, and things to change*

### Focus for Next Month

*Priorities, goals, and intentions*

2025

w27

**Week 28: Jul 7 - Jul 13, 2025**

w29

Week 29: Jul 14 - Jul 20, 2025

2025

w29

## Week 30: Jul 21 - Jul 27, 2025

w31

	Mon 7/21	Tue 7/22	Wed 7/23	Thu 7/24	Fri 7/25	Sat 7/26	Sun 7/27	
J w01	AM							Year
w02	.	.	.	.	.	.	.	Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
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M w09								
w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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2025

w30

w32

# Week 31: Jul 28 - Aug 3, 2025

	Mon 7/28	Tue 7/29	Wed 7/30	Thu 7/31	Fri 8/1	Sat 8/2	Sun 8/3	
J w01	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year
w02	AM							Future
w03								Events
w04	PM							Highlights
F w05								Multi
w06	EVE							Grids
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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w45	Summary							
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# August 2025

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w31

# Week 32: Aug 4 - Aug 10, 2025

w33

	Mon 8/4	Tue 8/5	Wed 8/6	Thu 8/7	Fri 8/8	Sat 8/9	Sun 8/10	Year
J w01	Mon 8/4	Tue 8/5	Wed 8/6	Thu 8/7	Fri 8/8	Sat 8/9	Sun 8/10	Future
w02	AM	.	.	.	.	.	.	Events
w03	.	.	.	.	.	.	.	
w04	PM	.	.	.	.	.	.	
F w05	.	.	.	.	.	.	.	
w06	EVE	.	.	.	.	.	.	
w07	.	.	.	.	.	.	.	
w08	.	.	.	.	.	.	.	
M w09	.	.	.	.	.	.	.	
w10	Cues/Questions				Notes			
w11	.	.	.	.	.	.	.	
w12	.	.	.	.	.	.	.	
w13	.	.	.	.	.	.	.	
A w14	.	.	.	.	.	.	.	
w15	.	.	.	.	.	.	.	
w16	.	.	.	.	.	.	.	
w17	.	.	.	.	.	.	.	
M w18	.	.	.	.	.	.	.	
w19	.	.	.	.	.	.	.	
w20	.	.	.	.	.	.	.	
w21	.	.	.	.	.	.	.	
J w22	.	.	.	.	.	.	.	
w23	.	.	.	.	.	.	.	
w24	.	.	.	.	.	.	.	
w25	.	.	.	.	.	.	.	
w26	.	.	.	.	.	.	.	
J w27	.	.	.	.	.	.	.	
w28	.	.	.	.	.	.	.	
w29	.	.	.	.	.	.	.	
w30	.	.	.	.	.	.	.	
A w31	.	.	.	.	.	.	.	
w32	.	.	.	.	.	.	.	
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w35	.	.	.	.	.	.	.	
S w36	.	.	.	.	.	.	.	
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w43	.	.	.	.	.	.	.	
N w44	.	.	.	.	.	.	.	
w45	Summary							
w46	.	.	.	.	.	.	.	
w47	.	.	.	.	.	.	.	
w48	.	.	.	.	.	.	.	
D w49	.	.	.	.	.	.	.	
w50	.	.	.	.	.	.	.	
w51	.	.	.	.	.	.	.	
w52	.	.	.	.	.	.	.	
w53	.	.	.	.	.	.	.	

Year Future Events Highlights Multi Grids

2025

w32

w34

# Week 33: Aug 11 - Aug 17, 2025

	Mon 8/11	Tue 8/12	Wed 8/13	Thu 8/14	Fri 8/15	Sat 8/16	Sun 8/17	Year
J w01	AM							Future
w02	PM							Events
w03								Highlights
w04								Multi
F w05								Grids
w06	EVE							
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
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A w14								
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J w22								
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J w27								
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N w44								
w45	Summary							
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w51								
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**Week 34: Aug 18 - Aug 24, 2025**

**Week 35: Aug 25 - Aug 31, 2025**

# September 2025

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w35

## Week 36: Sep 1 - Sep 7, 2025

w37

	Mon 9/1	Tue 9/2	Wed 9/3	Thu 9/4	Fri 9/5	Sat 9/6	Sun 9/7	Year
J w01	Mon 9/1	Tue 9/2	Wed 9/3	Thu 9/4	Fri 9/5	Sat 9/6	Sun 9/7	Future
w02	AM							Events
w03								
w04	PM							
F w05								
w06	EVE							
w07								
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M w09								
w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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w51								
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Week 37: Sep 8 - Sep 14, 2025

2025

w37

# Week 38: Sep 15 - Sep 21, 2025

w39

	Mon 9/15	Tue 9/16	Wed 9/17	Thu 9/18	Fri 9/19	Sat 9/20	Sun 9/21	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Highlights
w04	PM							Multi
F w05								Grids
w06	EVE							
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
w11								
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N w44								
w45	Summary							
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D w49								
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2025

w38

w40

# Week 39: Sep 22 - Sep 28, 2025

	Mon 9/22	Tue 9/23	Wed 9/24	Thu 9/25	Fri 9/26	Sat 9/27	Sun 9/28	Year
J w01	AM							Future
w02	PM							Events
w03		Moved to 455 Anniversary						Highlights
w04								Multi
F w05								Grids
w06	EVE							
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
w11								
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w43								
N w44								
w45	Summary							
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D w49								
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Week 40: Sep 29 - Oct 5, 2025

# Q4 2025

October - December

## Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 12-Week Focus

Week 40

Week 41

Week 42

Week 43

Week 44

Week 45

Week 46

Week 47

Week 48

Week 49

Week 50

Week 51

# October 2025

Monthly Review

## What Worked

*'Wins, successes, and things to keep doing'*

## What Didn't Work

*'Challenges, obstacles, and things to change'*

## Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w40

w42

# Week 41: Oct 6 - Oct 12, 2025

	Mon 10/6	Tue 10/7	Wed 10/8	Thu 10/9	Fri 10/10	Sat 10/11	Sun 10/12	Year	
J w01	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Future	
w02	AM							Events	
w03									
w04	PM								
F w05									
w06	EVE								
w07									
w08									
M w09									
w10	Cues/Questions			Notes					
w11									
w12									
w13									
A w14									
w15									
w16									
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M w18									
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J w22									
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J w27									
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w39									
O w40									
w41									
w42									
w43									
N w44									
w45	Summary								
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w53									

2025

w41

## Week 42: Oct 13 - Oct 19, 2025

w43

	Mon 10/13	Tue 10/14	Wed 10/15	Thu 10/16	Fri 10/17	Sat 10/18	Sun 10/19	Year
J w01	AM							Future
w02	.	.	.	.	.	.		Events
w03								Events
w04	PM							Events
F w05								Events
w06	EVE							Events
w07								Events
w08								Events
M w09								Events
w10	Cues/Questions				Notes			
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N w44								
w45	Summary							
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Year Future Events Highlights Multi Grids

2025

w42

**Week 43: Oct 20 - Oct 26, 2025**

w44

Week 44: Oct 27 - Nov 2, 2025

# November 2025

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w44

## Week 45: Nov 3 - Nov 9, 2025

w46

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year	
J	11/3	11/4	11/5	11/6	11/7	11/8	11/9	Future	
w01	AM							Events	
w02	PM							Events	
w03			Maggie Ann's Birthday					Events	
w04								Events	
F								Events	
w05								Events	
w06	EVE							Events	
w07								Events	
w08								Events	
M	w09							Events	
w10	Cues/Questions			Notes					Events
w11								Events	
w12								Events	
w13								Events	
A	w14							Events	
w15								Events	
w16								Events	
w17								Events	
M	w18							Events	
w19								Events	
w20								Events	
w21								Events	
J	w22							Events	
w23								Events	
w24								Events	
w25								Events	
w26								Events	
J	w27							Events	
w28								Events	
w29								Events	
w30								Events	
A	w31							Events	
w32								Events	
w33								Events	
w34								Events	
w35								Events	
S	w36							Events	
w37								Events	
w38								Events	
w39								Events	
O	w40							Events	
w41								Events	
w42								Events	
w43								Events	
N	w44							Events	
w45								Events	
w46								Events	
w47								Events	
w48								Events	
D	w49							Events	
w50								Events	
w51								Events	
w52								Events	
w53								Events	

Summary

**Week 46: Nov 10 - Nov 16, 2025**

**Week 47: Nov 17 - Nov 23, 2025**

2025

w47

# Week 48: Nov 24 - Nov 30, 2025

w49

	Mon 11/24	Tue 11/25	Wed 11/26	Thu 11/27	Fri 11/28	Sat 11/29	Sun 11/30	Year
J w01	Mon 11/24	Tue 11/25	Wed 11/26	Thu 11/27	Fri 11/28	Sat 11/29	Sun 11/30	Future
w02	AM							Events
w03	Dad's Birthday		Neil's Birthday					Highlights
w04	PM							Multi
F w05								Grids
w06	EVE							
w07								
w08								
M w09								
w10	Cues/Questions				Notes			
w11								
w12								
w13								
A w14								
w15								
w16								
w17								
M w18								
w19								
w20								
w21								
J w22								
w23								
w24								
w25								
w26								
J w27								
w28								
w29								
w30								
A w31								
w32								
w33								
w34								
w35								
S w36								
w37								
w38								
w39								
O w40								
w41								
w42								
w43								
N w44								
w45				Summary				
w46								
w47								
w48								
D w49								
w50								
w51								
w52								
w53								

# December 2025

## Monthly Review

### What Worked

*'Wins, successes, and things to keep doing'*

### What Didn't Work

*'Challenges, obstacles, and things to change'*

### Focus for Next Month

*'Priorities, goals, and intentions'*

2025

w48

w50

# Week 49: Dec 1 - Dec 7, 2025

	Mon 12/1	Tue 12/2	Wed 12/3	Thu 12/4	Fri 12/5	Sat 12/6	Sun 12/7	Year	
J w01	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Future	
w02	AM							Events	
w03									
w04	PM								
F w05								Events	
w06	EVE								
w07									
w08									
M w09									
w10	Cues/Questions				Notes				
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O w40									
w41									
w42									
w43									
N w44									
w45	Summary								
w46									
w47									
w48									
D w49									
w50									
w51									
w52									
w53									

Week 50: Dec 8 - Dec 14, 2025

2025

w50

w52

# Week 51: Dec 15 - Dec 21, 2025

	Mon 12/15	Tue 12/16	Wed 12/17	Thu 12/18	Fri 12/19	Sat 12/20	Sun 12/21		
J w01	Mon 12/15	Tue 12/16	Wed 12/17	Thu 12/18	Fri 12/19	Sat 12/20	Sun 12/21	Year	
w02	AM							Future	
w03								Events	
w04	PM							Highlights	
F w05								Multi	
w06	EVE							Grids	
w07									
w08									
M w09									
w10	Cues/Questions			Notes					
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N w44									
w45	Summary								
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w47									
w48									
D w49									
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w51									
w52									
w53									

2025

w51

w53

# Week 52: Dec 22 - Dec 28, 2025

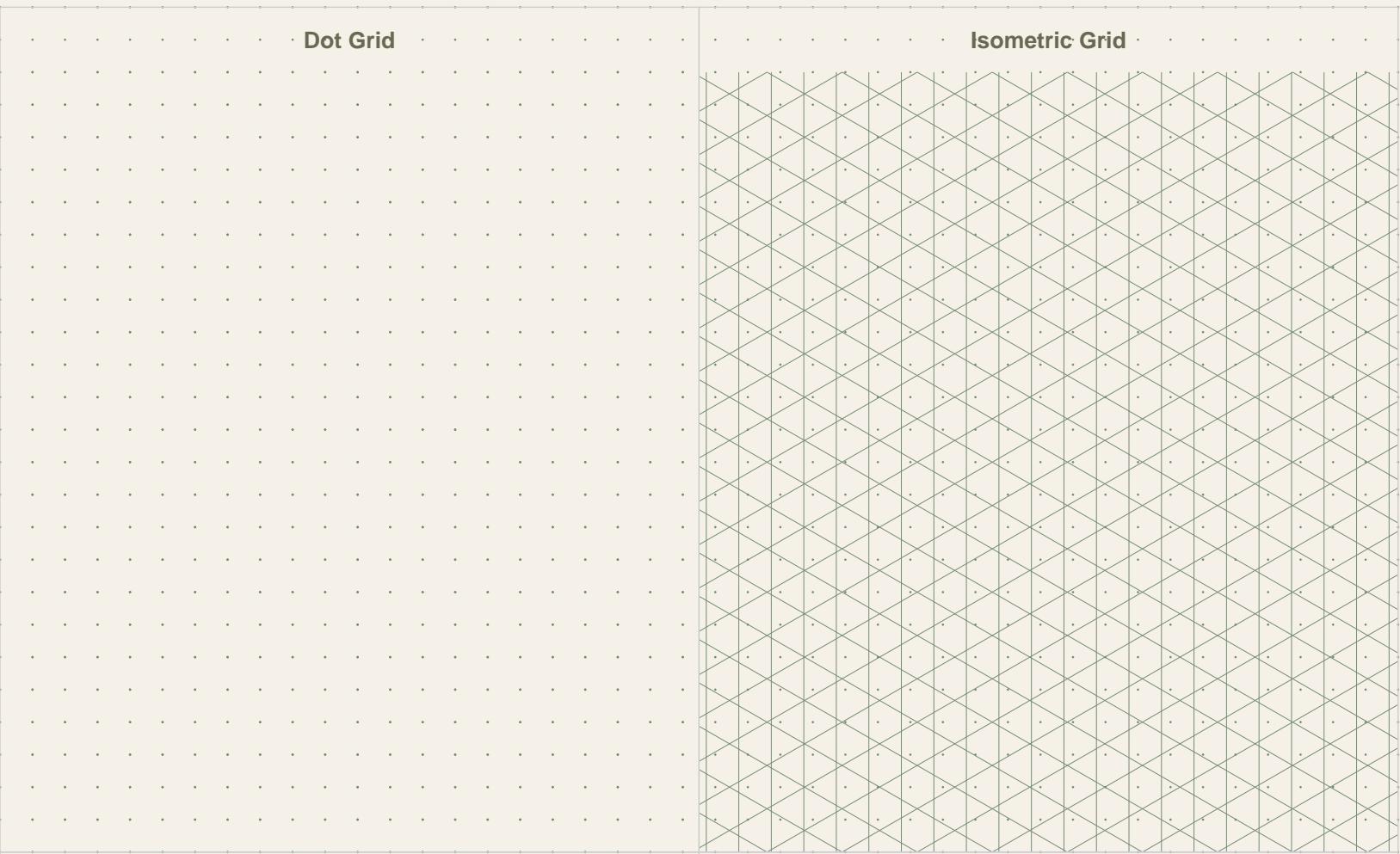
	Mon 12/22	Tue 12/23	Wed 12/24	Thu 12/25	Fri 12/26	Sat 12/27	Sun 12/28		
J w01	Mon 12/22	Tue 12/23	Wed 12/24	Thu 12/25	Fri 12/26	Sat 12/27	Sun 12/28	Year	
w02	AM							Future	
w03								Events	
w04	PM							Highlights	
F w05								Multi	
w06	EVE							Grids	
w07									
w08									
M w09									
w10	Cues/Questions			Notes					
w11									
w12									
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w41									
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w43									
N w44									
w45	Summary								
w46									
w47									
w48									
D w49									
w50									
w51									
w52									
w53									

Week 53: Dec 29 - Jan 4, 2026

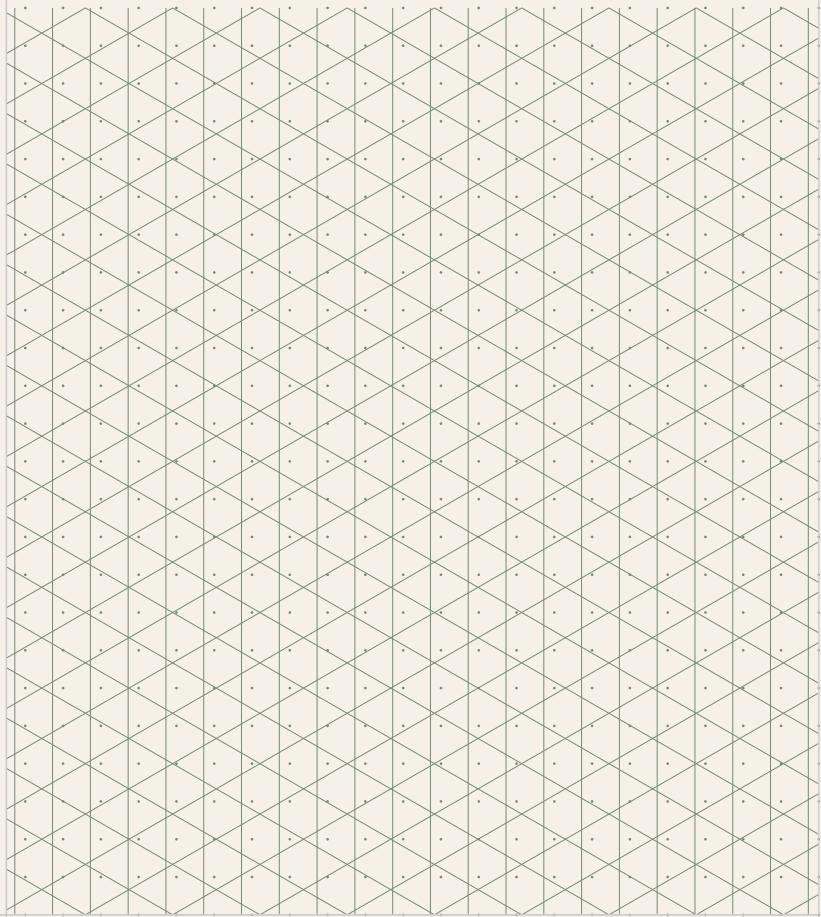
# Grid Types

Visual Reference & Templates

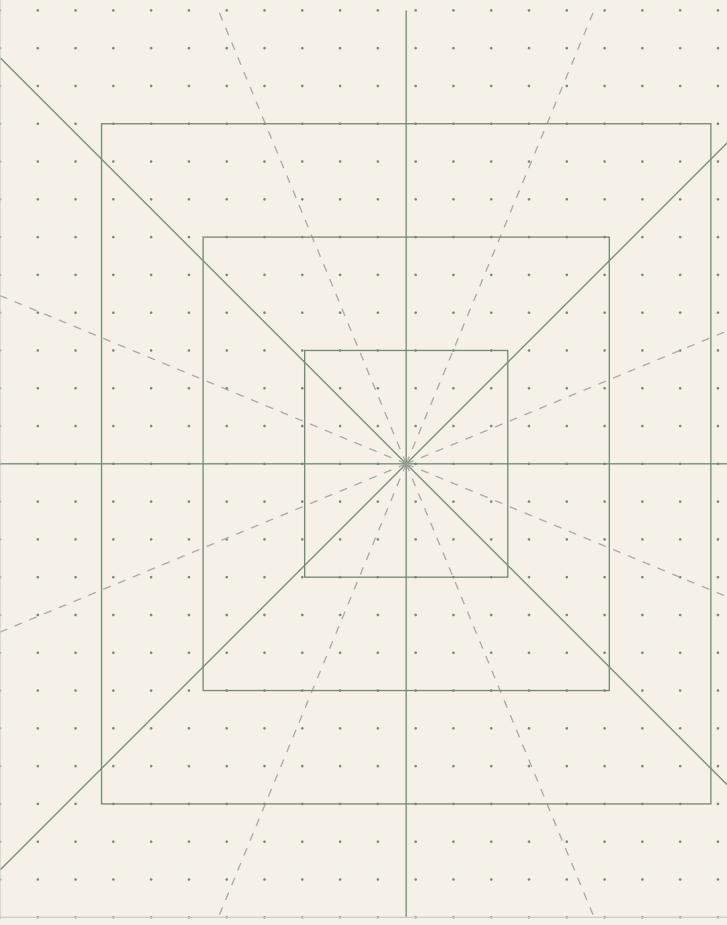
**Dot Grid**



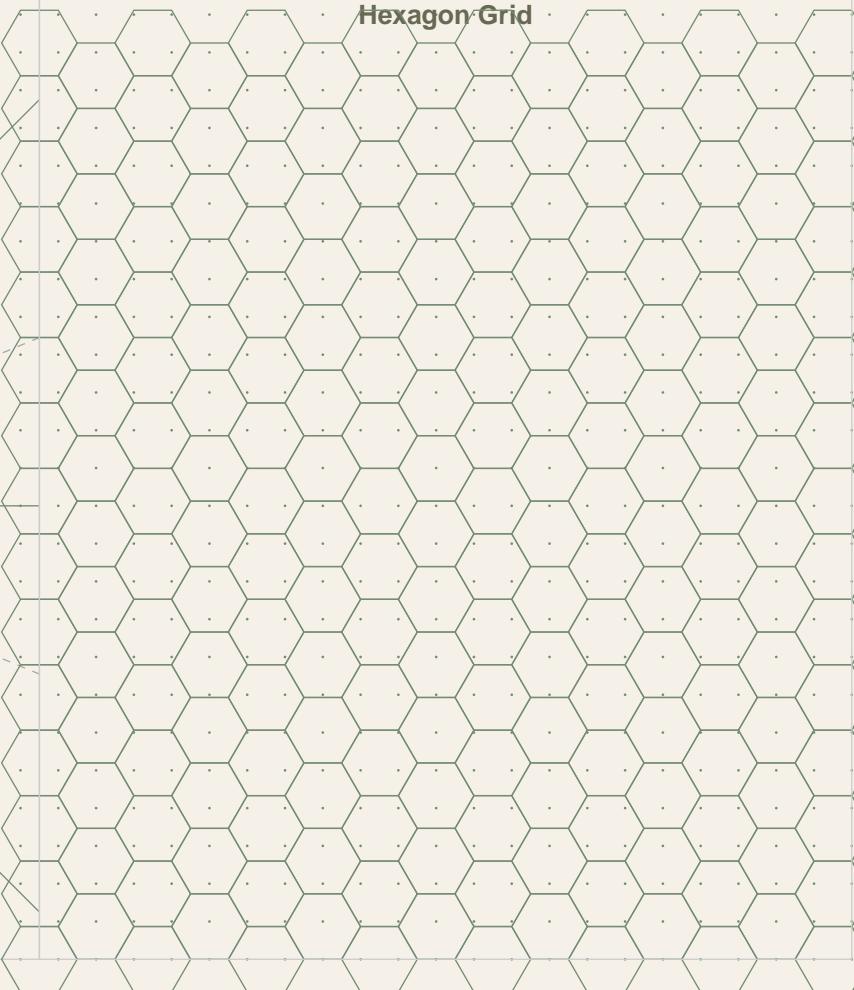
**Isometric Grid**



**Perspective Grid**



**Hexagon Grid**



# Grid Reference

Year

Future

Events

Highlights

Multi

Grids

## Dot Grid

5mm dot spacing for flexible layouts

*Tap to view full page*

J w01

w02

w03

w04

F w05

w06

w07

w08

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21

J w22

w23

w24

w25

## Graph Grid

5mm square grid for precise drawings

*Tap to view full page*

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

w39

O w40

## Ruled Lines

Standard ruled lines for writing

*Tap to view full page*

w41

w42

w43

N w44

w45

w46

w47

w48

D w49

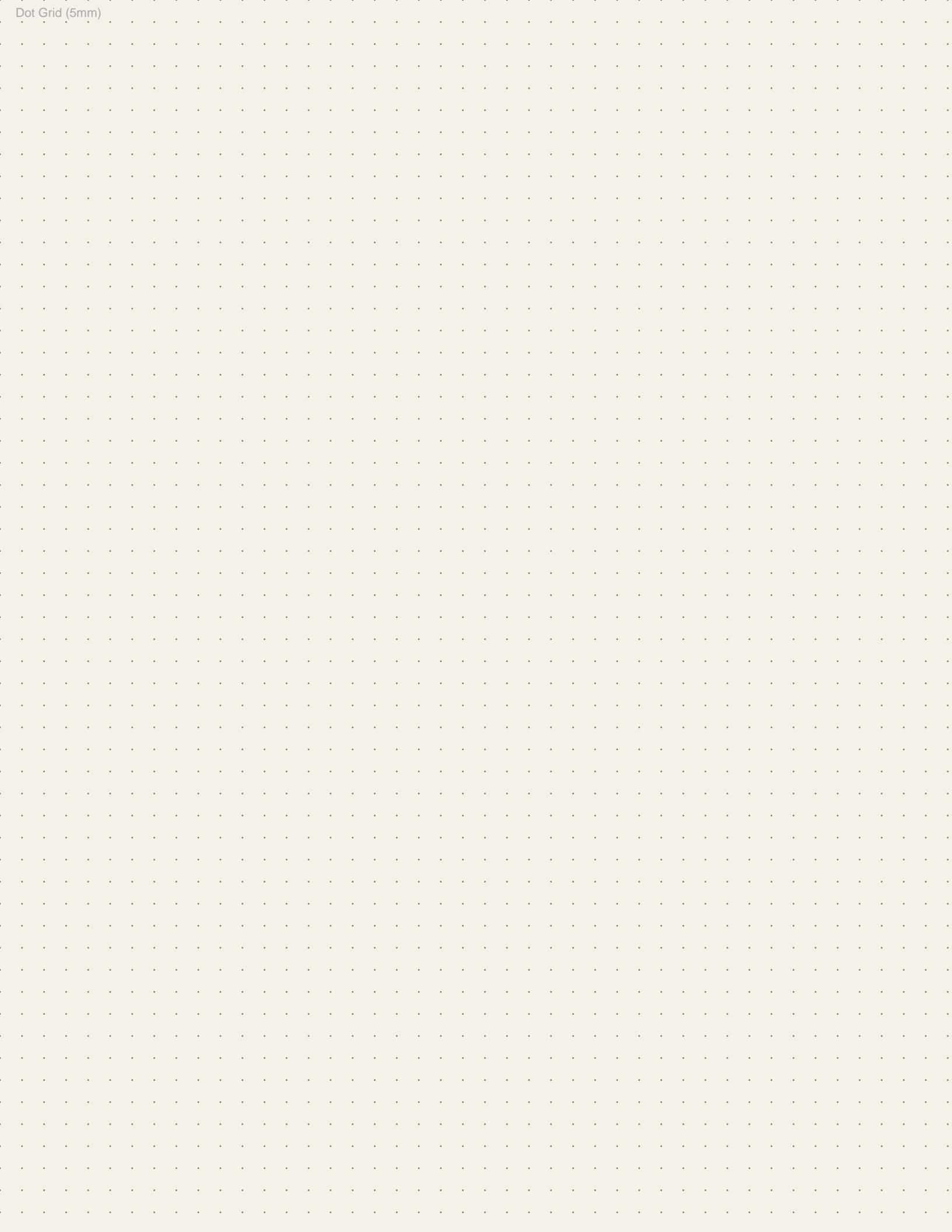
w50

w51

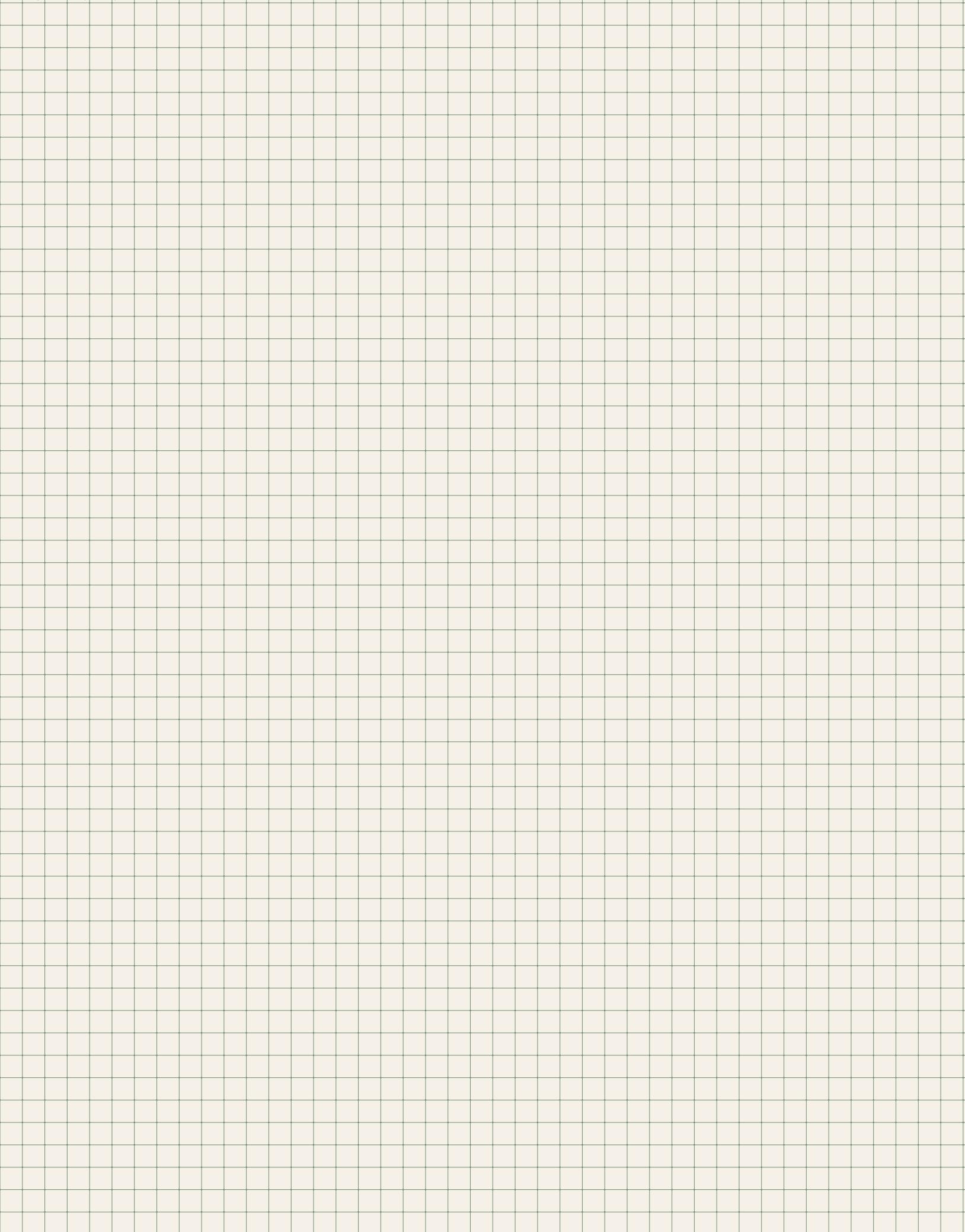
w52

w53

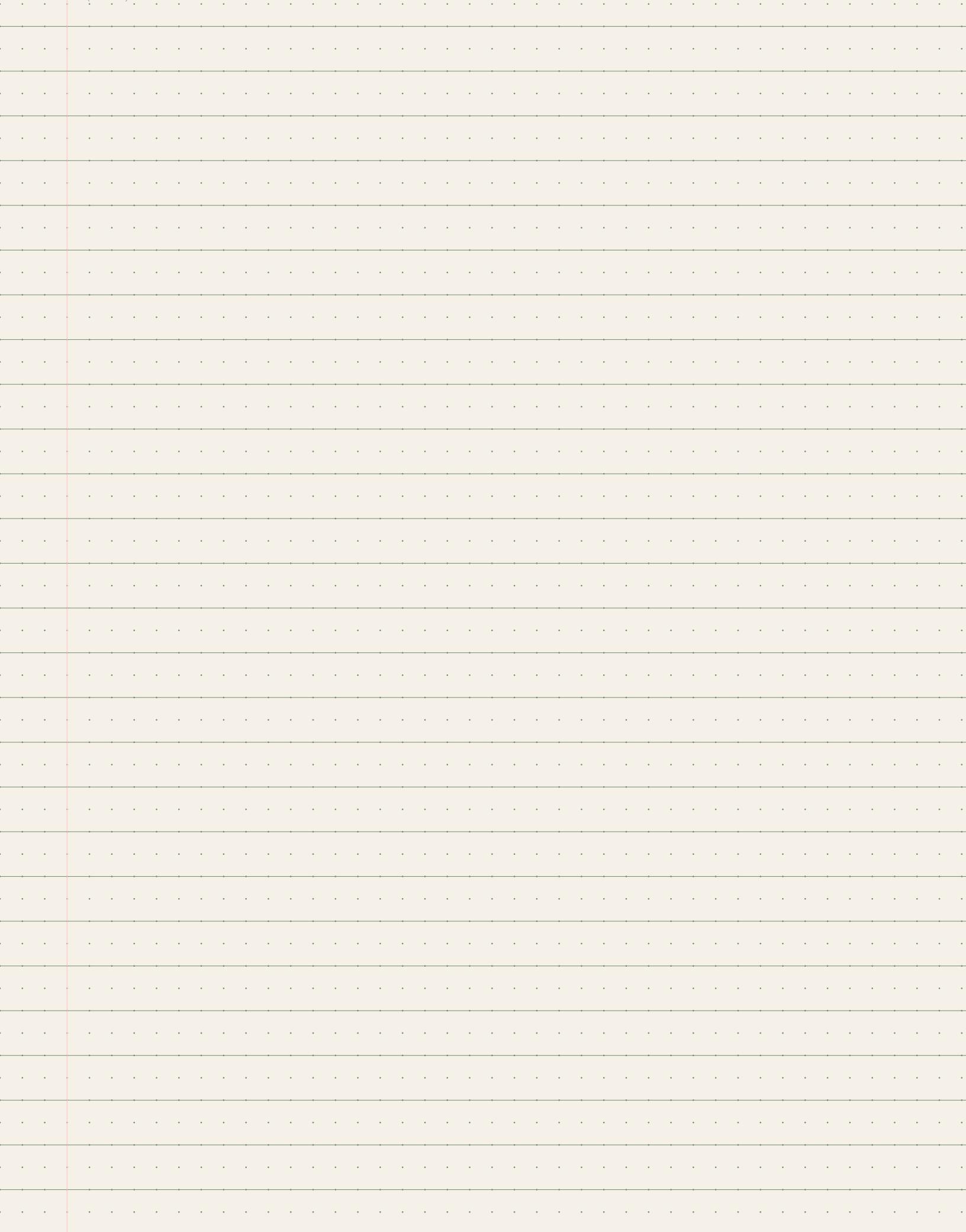
Dot Grid (5mm)

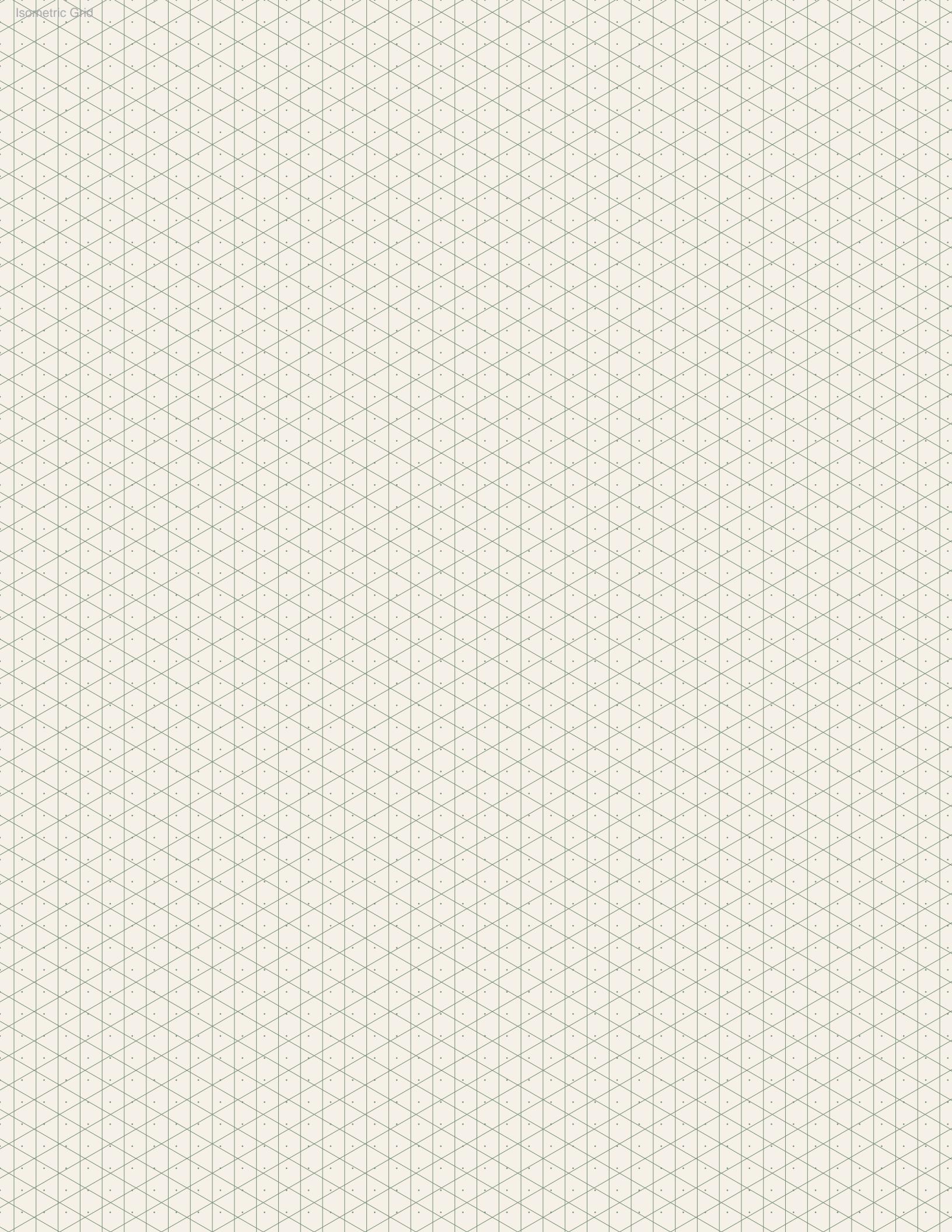


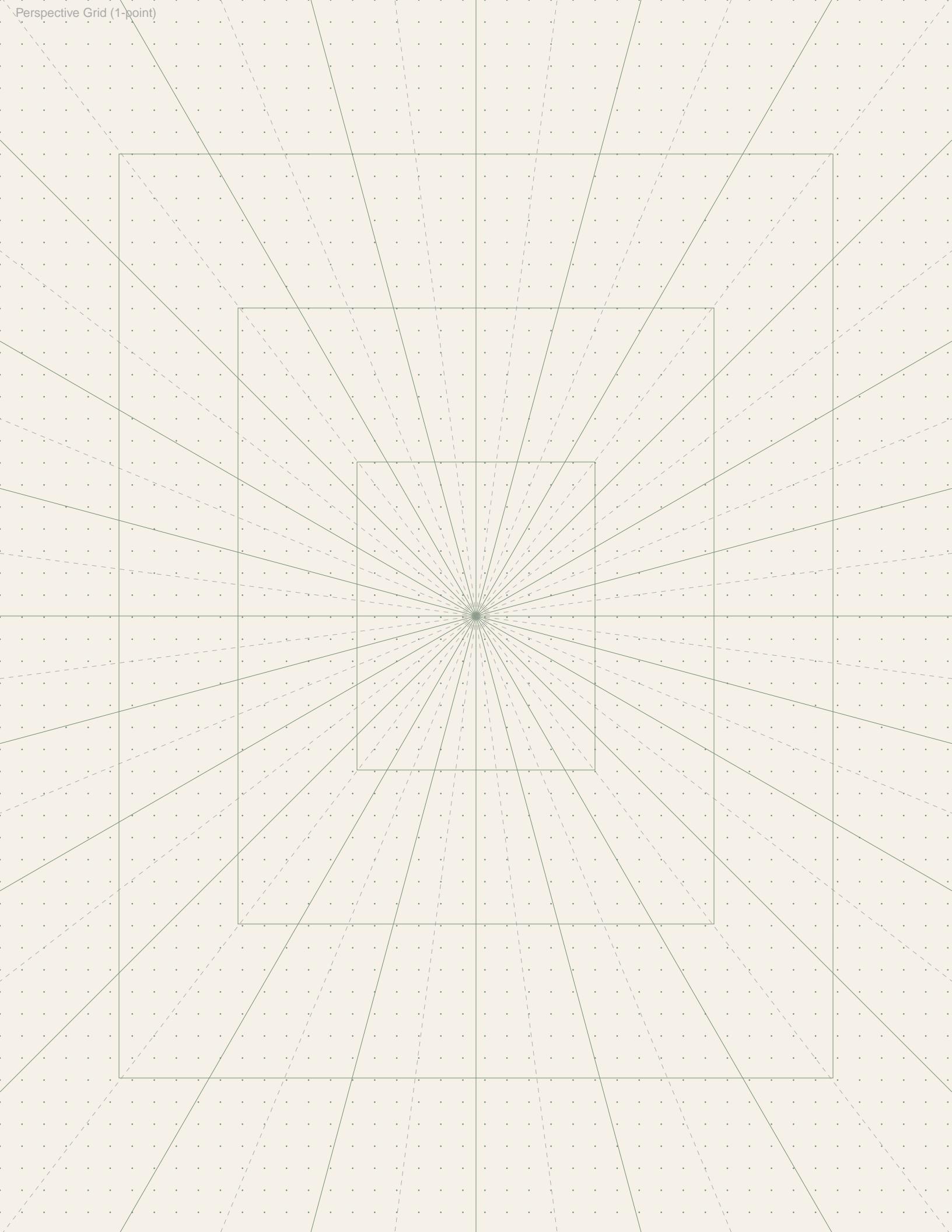
Graph Grid (5mm)



Ruled Lines (10mm)









# Tracker Ideas

Examples to spark your creativity - adapt these to your needs

## Habit Tracker

	1	7	14	21	28	31
Exercise	<input type="checkbox"/>					
Read	<input type="checkbox"/>					
Meditate	<input type="checkbox"/>					
Journal	<input type="checkbox"/>					
Water	<input type="checkbox"/>					

## Mood / Energy Log

Rate daily (1-5) or use symbols: ++ + - -

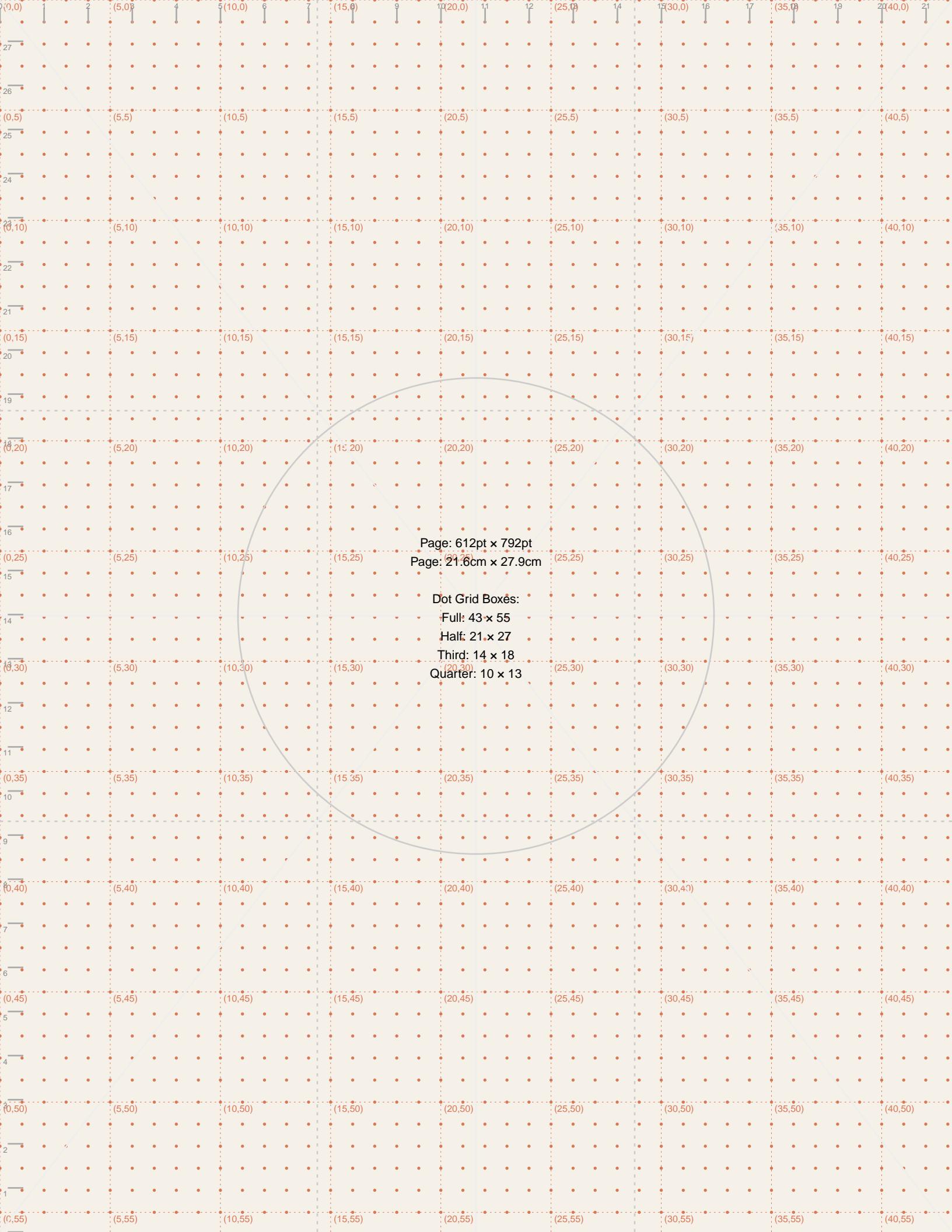
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Mood	<input type="checkbox"/>						
Energy	<input type="checkbox"/>						
Sleep (hrs)	<input type="checkbox"/>						

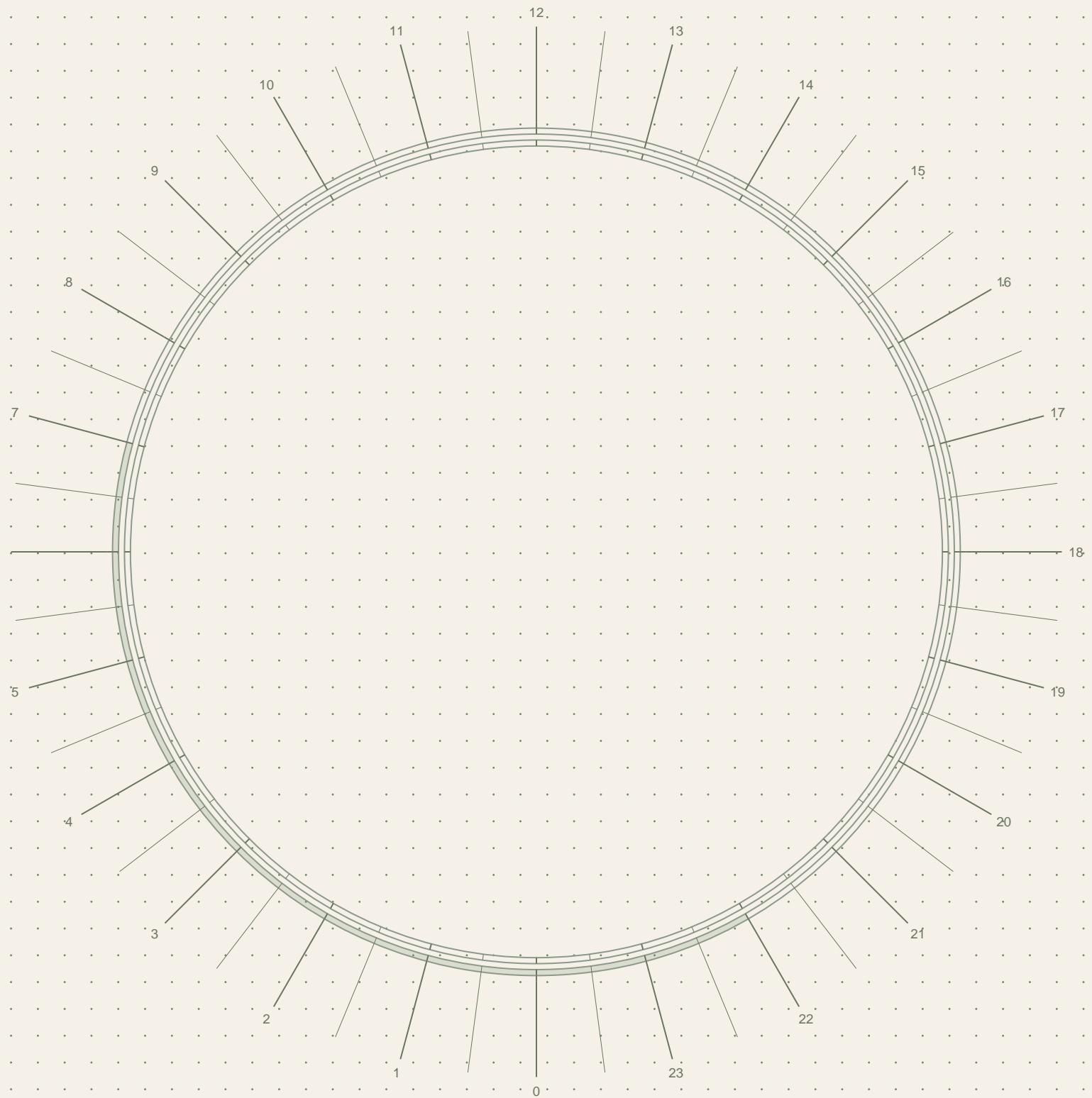
## More Ideas

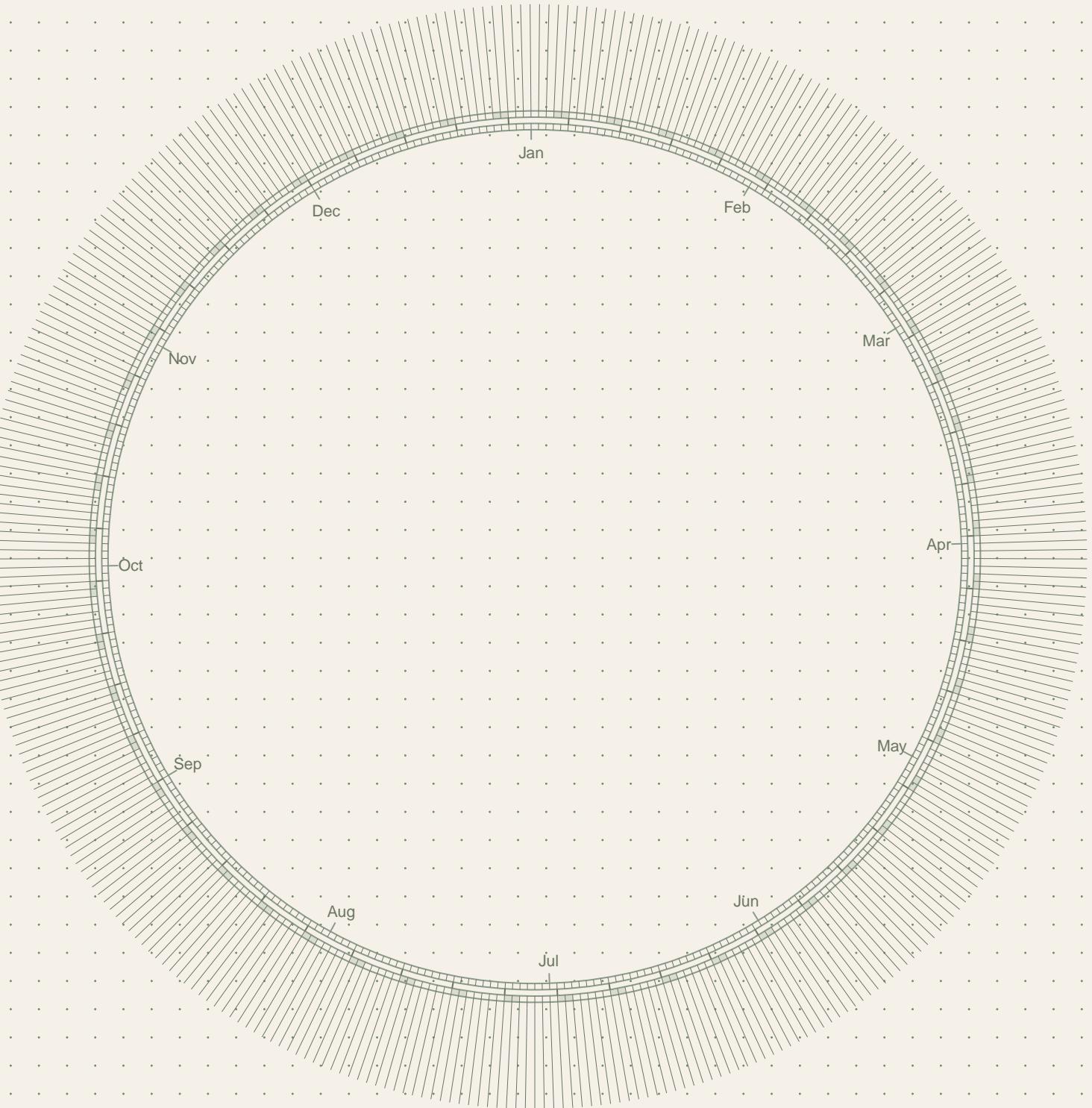
- Water intake (glasses per day)
- Gratitude (3 things daily)
- Expense tracking (categories)

- Reading log (pages/books)
- Exercise types and duration
- Project progress (milestones)

Create your own! Use the dot grid as a canvas for any tracking system that works for you.







# Books to Read

Fiction, non-fiction, and everything in between

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# Project Ideas

Things to build, make, or create

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# Recipes to Try

Meals worth making again

