

Year 2026

Index

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

Index

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

Index

51

52

53

54

55

56

57

58

59

60

61

62

63

64

65

66

67

68

69

70

71

72

73

74

75

Index

76

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Future Log: January - March 2026

JANUARY

FEBRUARY

MARCH

Future Log: April - June 2026

APRIL

MAY

JUNE

Year 2026 - Events

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
J w01	1 Thu	* 1 Sun	1 Sun	1 Wed	1 Fri	1 Mon	1 Wed	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue	Event
w02	2 Fri	2 Mon	2 Mon	2 Thu	2 Sat	2 Tue	2 Thu	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed	Highlights
w03	3 Sat	3 Tue	3 Tue	3 Fri	3 Sun	3 Wed	3 Fri	* 3 Mon	3 Thu	3 Sat	3 Tue	3 Thu	Multi
w04	4 Sun	4 Wed	4 Wed	4 Sat	4 Mon	4 Thu	4 Sat	* 4 Tue	4 Fri	4 Sun	4 Wed	4 Fri	Grids
w05	5 Mon	5 Thu	5 Thu	5 Sun	5 Tue	5 Fri	5 Sun	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat	
M w09	6 Tue	6 Fri	6 Fri	6 Mon	6 Wed	6 Sat	6 Mon	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun	
w10	7 Wed	7 Sat	7 Sat	7 Tue	7 Thu	7 Sun	7 Tue	7 Fri	7 Mon	* 7 Wed	7 Sat	7 Mon	
w11	8 Thu	8 Sun	8 Sun	8 Wed	8 Fri	8 Mon	8 Wed	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue	
w12	9 Fri	9 Mon	9 Mon	9 Thu	9 Sat	9 Tue	9 Thu	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed	
w13	10 Sat	10 Tue	10 Tue	10 Fri	10 Sun	10 Wed	10 Fri	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu	
A w14	11 Sun	11 Wed	11 Wed	11 Sat	11 Mon	11 Thu	11 Sat	11 Tue	11 Fri	11 Sun	11 Wed	* 11 Fri	
w15	12 Mon	12 Thu	12 Thu	12 Sun	12 Tue	12 Fri	12 Sun	12 Wed	12 Sat	12 Mon	* 12 Thu	12 Sat	
w16	13 Tue	13 Fri	13 Fri	13 Mon	13 Wed	13 Sat	13 Mon	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun	
M w18	14 Wed	14 Sat	14 Sat	14 Tue	14 Thu	14 Sun	14 Tue	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon	
w17	15 Thu	15 Sun	15 Sun	15 Wed	15 Fri	15 Mon	15 Wed	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue	
w18	16 Fri	16 Mon	* 16 Mon	16 Thu	16 Sat	16 Tue	16 Thu	16 Sun	16 Wed	16 Fri	16 Mon	16 Wed	
w19	17 Sat	17 Tue	17 Tue	17 Fri	17 Sun	17 Wed	17 Fri	17 Mon	17 Thu	17 Sat	17 Tue	17 Thu	
J w23	18 Sun	18 Wed	18 Wed	18 Sat	18 Mon	18 Thu	18 Sat	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri	
w20	19 Mon	* 19 Thu	19 Thu	19 Sun	19 Tue	19 Fri	* 19 Sun	19 Wed	19 Sat	19 Mon	19 Thu	19 Sat	
w21	20 Tue	20 Fri	20 Fri	20 Mon	20 Wed	20 Sat	20 Mon	20 Thu	20 Sun	20 Tue	20 Fri	20 Sun	
A w31	21 Wed	21 Sat	21 Sat	21 Tue	21 Thu	21 Sun	21 Tue	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon	
w32	22 Thu	22 Sun	22 Sun	22 Wed	22 Fri	22 Mon	22 Wed	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue	
w33	23 Fri	23 Mon	23 Mon	23 Thu	23 Sat	23 Tue	23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed	
S w36	24 Sat	24 Tue	24 Tue	24 Fri	24 Sun	24 Wed	24 Fri	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu	
w37	25 Sun	25 Wed	25 Wed	25 Sat	25 Mon	* 25 Thu	25 Sat	25 Tue	25 Fri	25 Sun	25 Wed	25 Fri	*
w38	26 Mon	26 Thu	26 Thu	26 Sun	26 Tue	26 Fri	26 Sun	26 Wed	26 Sat	26 Mon	26 Thu	* 26 Sat	
O w40	27 Tue	27 Fri	27 Fri	27 Mon	27 Wed	27 Sat	27 Mon	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun	
w41	28 Wed	28 Sat	28 Sat	28 Tue	28 Thu	28 Sun	28 Tue	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon	
w42	29 Thu		29 Sun	29 Wed	29 Fri	29 Mon	29 Wed	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue	
w43	30 Fri		30 Mon	30 Thu	30 Sat	30 Tue	30 Thu	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed	
N w44	31 Sat		31 Tue		31 Sun		31 Fri	31 Mon		31 Sat		31 Thu	
w45													
w46													
w47													
w48													

D w49 + Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455 Anniversary + Sep 23: House Anniversary + Sep 26: Mom's Birthday + Oct 5: Maggie's Anniversary + Nov 2: Ben's Birthday + Nov 5: Maggie Ann's Birthday + Nov 11: Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

w50
w51
w52
w53

Year 2026 - Highlights

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
J w01	1 Thu	* 1 Sun	1 Sun	1 Wed	1 Fri	1 Mon	1 Wed	1 Sat	1 Tue	1 Thu	1 Sun	1 Tue	Events
w02	2 Fri	2 Mon	2 Mon	2 Thu	2 Sat	2 Tue	2 Thu	2 Sun	2 Wed	2 Fri	2 Mon	2 Wed	Highlight
w03	3 Sat	3 Tue	3 Tue	3 Fri	3 Sun	3 Wed	3 Fri	* 3 Mon	3 Thu	3 Sat	3 Tue	3 Thu	Multi
w04	4 Sun	4 Wed	4 Wed	4 Sat	4 Mon	4 Thu	4 Sat	* 4 Tue	4 Fri	4 Sun	4 Wed	4 Fri	Grids
w05	5 Mon	5 Thu	5 Thu	5 Sun	5 Tue	5 Fri	5 Sun	5 Wed	5 Sat	5 Mon	5 Thu	5 Sat	
M w09	6 Tue	6 Fri	6 Fri	6 Mon	6 Wed	6 Sat	6 Mon	6 Thu	6 Sun	6 Tue	6 Fri	6 Sun	
w10	7 Wed	7 Sat	7 Sat	7 Tue	7 Thu	7 Sun	7 Tue	7 Fri	7 Mon	* 7 Wed	7 Sat	7 Mon	
w11	8 Thu	8 Sun	8 Sun	8 Wed	8 Fri	8 Mon	8 Wed	8 Sat	8 Tue	8 Thu	8 Sun	8 Tue	
w12	9 Fri	9 Mon	9 Mon	9 Thu	9 Sat	9 Tue	9 Thu	9 Sun	9 Wed	9 Fri	9 Mon	9 Wed	
w13	10 Sat	10 Tue	10 Tue	10 Fri	10 Sun	10 Wed	10 Fri	10 Mon	10 Thu	10 Sat	10 Tue	10 Thu	
A w14	11 Sun	11 Wed	11 Wed	11 Sat	11 Mon	11 Thu	11 Sat	11 Tue	11 Fri	11 Sun	11 Wed	* 11 Fri	
w15	12 Mon	12 Thu	12 Thu	12 Sun	12 Tue	12 Fri	12 Sun	12 Wed	12 Sat	12 Mon	* 12 Thu	12 Sat	
w16	13 Tue	13 Fri	13 Fri	13 Mon	13 Wed	13 Sat	13 Mon	13 Thu	13 Sun	13 Tue	13 Fri	13 Sun	
w17	14 Wed	14 Sat	14 Sat	14 Tue	14 Thu	14 Sun	14 Tue	14 Fri	14 Mon	14 Wed	14 Sat	14 Mon	
J w23	15 Thu	15 Sun	15 Sun	15 Wed	15 Fri	15 Mon	15 Wed	15 Sat	15 Tue	15 Thu	15 Sun	15 Tue	
w24	16 Fri	16 Mon	* 16 Mon	16 Thu	16 Sat	16 Tue	16 Thu	16 Sun	16 Wed	16 Fri	16 Mon	16 Wed	
w25	17 Sat	17 Tue	17 Tue	17 Fri	17 Sun	17 Wed	17 Fri	17 Mon	17 Thu	17 Sat	17 Tue	17 Thu	
J w27	18 Sun	18 Wed	18 Wed	18 Sat	18 Mon	18 Thu	18 Sat	18 Tue	18 Fri	18 Sun	18 Wed	18 Fri	
w28	19 Mon	* 19 Thu	19 Thu	19 Sun	19 Tue	19 Fri	* 19 Sun	19 Wed	19 Sat	19 Mon	19 Thu	19 Sat	
w29	20 Tue	20 Fri	20 Fri	20 Mon	20 Wed	20 Sat	20 Mon	20 Thu	20 Sun	20 Tue	20 Fri	20 Sun	
A w31	21 Wed	21 Sat	21 Sat	21 Tue	21 Thu	21 Sun	21 Tue	21 Fri	21 Mon	21 Wed	21 Sat	21 Mon	
w32	22 Thu	22 Sun	22 Sun	22 Wed	22 Fri	22 Mon	22 Wed	22 Sat	22 Tue	22 Thu	22 Sun	22 Tue	
w33	23 Fri	23 Mon	23 Mon	23 Thu	23 Sat	23 Tue	23 Thu	23 Sun	23 Wed	23 Fri	23 Mon	23 Wed	
S w36	24 Sat	24 Tue	24 Tue	24 Fri	24 Sun	24 Wed	24 Fri	24 Mon	24 Thu	24 Sat	24 Tue	24 Thu	
w37	25 Sun	25 Wed	25 Wed	25 Sat	25 Mon	* 25 Thu	25 Sat	25 Tue	25 Fri	25 Sun	25 Wed	25 Fri	*
w38	26 Mon	26 Thu	26 Thu	26 Sun	26 Tue	26 Fri	26 Sun	26 Wed	26 Sat	26 Mon	26 Thu	* 26 Sat	
O w40	27 Tue	27 Fri	27 Fri	27 Mon	27 Wed	27 Sat	27 Mon	27 Thu	27 Sun	27 Tue	27 Fri	27 Sun	
w41	28 Wed	28 Sat	28 Sat	28 Tue	28 Thu	28 Sun	28 Tue	28 Fri	28 Mon	28 Wed	28 Sat	28 Mon	
w42	29 Thu		29 Sun	29 Wed	29 Fri	29 Mon	29 Wed	29 Sat	29 Tue	29 Thu	29 Sun	29 Tue	
w43	30 Fri		30 Mon	30 Thu	30 Sat	30 Tue	30 Thu	30 Sun	30 Wed	30 Fri	30 Mon	30 Wed	
N w44	31 Sat		31 Tue		31 Sun		31 Fri	31 Mon		31 Sat		31 Thu	
w45													
w46													
w47													
w48													

D w49 + Feb 16: Nora's Birthday + Jun 11: Whitehead Anniversary + Jul 6: Maggie's Birthday + Aug 18: Cassie's Birthday + Sep 13: My Birthday + Sep 23: Moved to 455 Anniversary + Sep 23: House Anniversary + Sep 26: Mom's Birthday + Oct 5: Maggie's Anniversary + Nov 2: Ben's Birthday + Nov 5: Maggie Ann's Birthday + Nov 11: Kate's Birthday + Nov 24: Dad's Birthday + Nov 26: Neil's Birthday

w50
w51
w52
w53

2026**2027****2028****2029**

Year

Events

Highlights

Mult

Grids

J w01				
w02	Jan			
w03				
w04				
F w05				
w06	Feb			
w07				
w08				
M w09				
w10	Mar			
w11				
w12				
w13				
A w14	Apr			
w15				
w16				
w17				
M w18	May			
w19				
w20				
w21				
w22	Jun			
J w23				
w24				
w25				
w26	Jul			
J w27				
w28				
w29				
w30	Aug			
A w31				
w32				
w33				
w34	Sep			
w35				
S w36				
w37				
w38	Oct			
w39				
O w40				
w41				
w42	Nov			
w43				
N w44				
w45				
w46	Dec			
w47				
w48				
D w49				
w50				
w51				
w52				
w53				

Q1 2026

January - March

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

- Week 1 _____
- Week 2 _____
- Week 3 _____
- Week 4 _____
- Week 5 _____
- Week 6 _____
- Week 7 _____
- Week 8 _____
- Week 9 _____
- Week 10 _____
- Week 11 _____
- Week 12 _____

January 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w01

Week 2: Jan 5 - Jan 11, 2026

w03

2026

w02

Week 3: Jan 12 - Jan 18, 2026

w04

	w03	Week 4: Jan 19 - Jan 25, 2026						w05								
J	w01	Mon	1/19	Tue	1/20	Wed	1/21	Thu	1/22	Fri	1/23	Sat	1/24	Sun	1/25	Year
w02		AM													Events	
w03				Highlights	
w04		PM													Multi	
F	w05	EVE													Grids	
w06					
w07					
w08					
M	w09				
w10		Cues/Questions								Notes						
w11					
w12					
w13					
A	w14				
w15					
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w17					
M	w18				
w19					
w20					
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w22					
J	w23				
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w25					
w26					
J	w27				
w28					
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A	w31				
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w34					
w35					
S	w36				
w37					
w38					
w39					
O	w40				
w41					
w42					
w43					
N	w44				
w45		Summary														
w46					
w47					
w48					
D	w49				
w50					
w51					
w52					
w53					

Week 5: Jan 26 - Feb 1, 2026

	Mon 1/26	Tue 1/27	Wed 1/28	Thu 1/29	Fri 1/30	Sat 1/31	Sun 2/1	Year	
J	w01							Events	
F	w02	AM						Highlights	
	w03							Multi	
	w04	PM						Grids	
F	w05								
		EVE							
w	w06								
w	w07								
w	w08								
M	w09								
w10	Cues/Questions			Notes					
w11		
w12		
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A	w14		
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w	w16		
w	w17		
M	w18		
w	w19		
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J	w23		
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J	w27		
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A	w31		
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S	w36		
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O	w40		
w	w41		
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w	w43		
N	w44		
w	w45	Summary							
w	w46		
w	w47		
w	w48		
D	w49		
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w	w52		
w	w53		

February 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w05

Week 6: Feb 2 - Feb 8, 2026

w07

2026

w06

Week 7: Feb 9 - Feb 15, 2026

w08

2026

w07

Week 8: Feb 16 - Feb 22, 2026

w09

2026

w08

Week 9: Feb 23 - Mar 1, 2026

w10

March 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w09

Week 10: Mar 2 - Mar 8, 2026

w11

	Mon 3/2	Tue 3/3	Wed 3/4	Thu 3/5	Fri 3/6	Sat 3/7	Sun 3/8	Year
J	w01							Events
F	w02 AM							Highlights
	w03							Multi
	w04 PM							Grids
M	w05 EVE							
	w06							
	w07							
	w08							
M	w09							
w10	Cues/Questions				Notes			
	w11							
	w12							
	w13							
A	w14							
	w15							
	w16							
	w17							
M	w18							
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J	w23							
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J	w27							
	w28							
	w29							
	w30							
A	w31							
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	w41							
	w42							
	w43							
N	w44							
	w45							
	w46							
	w47							
	w48							
D	w49							
	w50							
	w51							
	w52							
	w53							

Summary

2026

w10

Week 11: Mar 9 - Mar 15, 2026

w12

2026

w11

Week 12: Mar 16 - Mar 22, 2026

w13

Week 13: Mar 23 - Mar 29, 2026

	Mon 3/23	Tue 3/24	Wed 3/25	Thu 3/26	Fri 3/27	Sat 3/28	Sun 3/29	Year
J	w01 AM							Events
w02								Highlights
w03								Multi
w04	PM							Grids
F	w05 EVE							
w06								
w07								
w08								
M	w09							
w10	Cues/Questions		Notes					
w11								
w12								
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A	w14							
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M	w18							
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J	w27							
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O	w40							
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N	w44							
w45	Summary							
w46								
w47								
w48								
D	w49							
w50								
w51								
w52								
w53								

Week 14: Mar 30 - Apr 5, 2026

	Mon 3/30	Tue 3/31	Wed 4/1	Thu 4/2	Fri 4/3	Sat 4/4	Sun 4/5	Year
J	w01							Events
F	w02	AM						Highlights
M	w03							Multi
	w04	PM						Grids
	w05							
	w06	EVE						
	w07							
	w08							
M	w09							
	w10	Cues/Questions				Notes		
	w11							
	w12							
	w13							
A	w14							
	w15							
	w16							
	w17							
M	w18							
	w19							
	w20							
	w21							
	w22							
J	w23							
	w24							
	w25							
	w26							
J	w27							
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A	w31							
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S	w36							
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	w38							
	w39							
O	w40							
	w41							
	w42							
	w43							
N	w44							
	w45				Summary			
	w46							
	w47							
	w48							
D	w49							
	w50							
	w51							
	w52							
	w53							

Q2 2026

April - June

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 14

Week 15

Week 16

Week 17

Week 18

Week 19

Week 20

Week 21

Week 22

Week 23

Week 24

Week 25

April 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w14

Week 15: Apr 6 - Apr 12, 2026

w16

Week 16: Apr 13 - Apr 19, 2026

2026

w16

Week 17: Apr 20 - Apr 26, 2026

w18

Week 18: Apr 27 - May 3, 2026

May 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w18

Week 19: May 4 - May 10, 2026

w20

Week 20: May 11 - May 17, 2026

2026

w20

Week 21: May 18 - May 24, 2026

w22

Week 22: May 25 - May 31, 2026

	Mon 5/25	Tue 5/26	Wed 5/27	Thu 5/28	Fri 5/29	Sat 5/30	Sun 5/31	Year
J	w01							Events
F	w02	AM						Highlights
	w03							Multi
	w04	PM						Grids
M	w05							
	w06	EVE						
	w07							
	w08							
M	w09							
	w10	Cues/Questions				Notes		
	w11							
	w12							
	w13							
A	w14							
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	w16							
	w17							
M	w18							
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J	w23							
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J	w27							
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A	w31							
	w32							
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S	w36							
	w37							
	w38							
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O	w40							
	w41							
	w42							
	w43							
N	w44							
	w45					Summary		
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	w47							
	w48							
D	w49							
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	w51							
	w52							
	w53							

June 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w22

Week 23: Jun 1 - Jun 7, 2026

w24

Week 24: Jun 8 - Jun 14, 2026

	Mon 6/8	Tue 6/9	Wed 6/10	Thu 6/11	Fri 6/12	Sat 6/13	Sun 6/14	Year
J	w01							Events
	AM							Highlights
w02	
w03	
w04	PM							
F	w05							
	EVE							
w06	
w07	
w08	
M	w09							
	Cues/Questions					Notes		
w10	
w11	
w12	
w13	
A	w14							
w15	
w16	
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M	w18							
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J	w23							
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J	w27							
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A	w31							
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w35	
S	w36							
w37	
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w39	
O	w40							
w41	
w42	
w43	
N	w44							
w45	Summary	.	
w46	
w47	
w48	
D	w49							
w50	
w51	
w52	
w53	

2026

w24

Week 25: Jun 15 - Jun 21, 2026

w26

2026

w25

Week 26: Jun 22 - Jun 28, 2026

w27

Week 27: Jun 29 - Jul 5, 2026

	Mon 6/29	Tue 6/30	Wed 7/1	Thu 7/2	Fri 7/3	Sat 7/4	Sun 7/5	Year
J	w01							Events
F	w02	AM						Highlights
	w03							Multi
	w04	PM						Grids
M	w05							
	w06	EVE						
	w07							
	w08							
M	w09							
	w10	Cues/Questions				Notes		
w11								
w12								
w13								
A	w14							
w15								
w16								
w17								
M	w18							
w19								
w20								
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w22								
J	w23							
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w26								
J	w27							
w28								
w29								
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A	w31							
w32								
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w35								
S	w36							
w37								
w38								
w39								
O	w40							
w41								
w42								
w43								
N	w44							
w45					Summary			
w46								
w47								
w48								
D	w49							
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w51								
w52								
w53								

Q3 2026

July - September

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 27

Week 28

Week 29

Week 30

Week 31

Week 32

Week 33

Week 34

Week 35

Week 36

Week 37

Week 38

July 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w27

Week 28: Jul 6 - Jul 12, 2026

w29

	Mon 7/6	Tue 7/7	Wed 7/8	Thu 7/9	Fri 7/10	Sat 7/11	Sun 7/12	Year
J	w01							Events
F	w02 AM							Highlights
	w03							Multi
	w04 PM							Grids
M	w05 EVE							
	w06							
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M	w09							
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Week 29: Jul 13 - Jul 19, 2026

2026

w29

Week 30: Jul 20 - Jul 26, 2026

w31

Week 31: Jul 27 - Aug 2, 2026

	Mon 7/27	Tue 7/28	Wed 7/29	Thu 7/30	Fri 7/31	Sat 8/1	Sun 8/2	Year
J	w01							Events
F	w02	AM						Highlights
	w03							Multi
	w04	PM						Grids
M	w05							
	w06	EVE						
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August 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 32: Aug 3 - Aug 9, 2026

	Mon	8/3	Tue	8/4	Wed	8/5	Thu	8/6	Fri	8/7	Sat	8/8	Sun	8/9	Year
J	w01	AM													Events
F	w05	EVE													Highlights
M	w09														Multi
w10															Grids
Cues/Questions															
Notes															
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Summary

2026

w33

Week 34: Aug 17 - Aug 23, 2026

w35

	Mon 8/17	Tue 8/18	Wed 8/19	Thu 8/20	Fri 8/21	Sat 8/22	Sun 8/23	Year
J	w01							Events
F	w02 AM							Highlights
	w03							Multi
	w04 PM							Grids
M	w05 EVE							
	w06							
	w07							
	w08							
M	w09							
	Cues/Questions		Notes					
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	w45	Summary						
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D	w49	
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Week 35: Aug 24 - Aug 30, 2026

	Mon 8/24	Tue 8/25	Wed 8/26	Thu 8/27	Fri 8/28	Sat 8/29	Sun 8/30	Year
J	w01							Events
F	w02	AM						Highlights
	w03							Multi
	w04	PM						Grids
M	w05							
	w06	EVE						
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M	w09							
	w10	Cues/Questions				Notes		
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September 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 37: Sep 7 - Sep 13, 2026

	Mon 9/7	Tue 9/8	Wed 9/9	Thu 9/10	Fri 9/11	Sat 9/12	Sun 9/13	Year
J	w01							Events
F	w02	AM						Highlights
	w03							Multi
	w04	PM						Grids
M	w05							
	w06	EVE						
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Week 38: Sep 14 - Sep 20, 2026

	Mon 9/14	Tue 9/15	Wed 9/16	Thu 9/17	Fri 9/18	Sat 9/19	Sun 9/20	Year
J	w01							Events
F	w02 AM							Highlights
	w03							Multi
	w04 PM							Grids
M	w05 EVE							
	w06							
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M	w09							
	Cues/Questions		Notes					
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Week 40: Sep 28 - Oct 4, 2026

Q4 2026

October - December

Quarter Goals

What are the 2-3 most important things to accomplish this quarter?

1. _____
2. _____
3. _____

12-Week Focus

Week 40

Week 41

Week 42

Week 43

Week 44

Week 45

Week 46

Week 47

Week 48

Week 49

Week 50

Week 51

October 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 42: Oct 12 - Oct 18, 2026

Week 44: Oct 26 - Nov 1, 2026

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Year
J	w01	10/26	10/27	10/28	10/29	10/30	10/31	11/1
F	w02	AM						Events
	w03							Highlights
	w04	PM						Multi
M	w05							Grids
	w06	EVE						
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	w10	Cues/Questions				Notes		
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November 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

2026

w44

Week 45: Nov 2 - Nov 8, 2026

w46

	Mon 11/2	Tue 11/3	Wed 11/4	Thu 11/5	Fri 11/6	Sat 11/7	Sun 11/8	Year
J	w01							Events
F	w02 AM							Highlights
M	w03							Multi
	w04 PM							Grids
	w05 EVE							
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Summary

Week 46: Nov 9 - Nov 15, 2026

Week 48: Nov 23 - Nov 29, 2026

2026

w48

Week 49: Nov 30 - Dec 6, 2026

w50

December 2026

Monthly Review

What Worked

Wins, successes, and things to keep doing

What Didn't Work

Challenges, obstacles, and things to change

Focus for Next Month

Priorities, goals, and intentions

Week 50: Dec 7 - Dec 13, 2026

2026

w50

Week 51: Dec 14 - Dec 20, 2026

w52

Week 52: Dec 21 - Dec 27, 2026

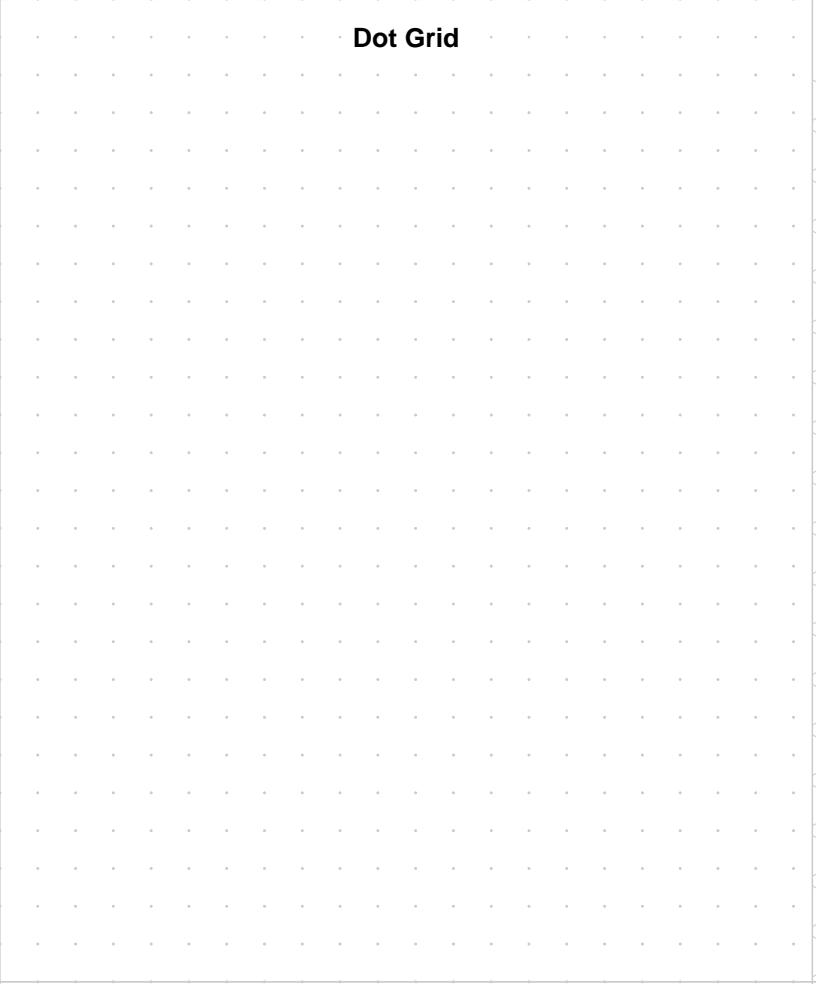
	Mon 12/21	Tue 12/22	Wed 12/23	Thu 12/24	Fri 12/25	Sat 12/26	Sun 12/27	Year
J	w01							Events
F	w02 AM							Highlights
M	w03							Multi
A	w04 PM							Grids
J	w05 EVE							
M	w06							
A	w07							
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Week 53: Dec 28 - Jan 3, 2027

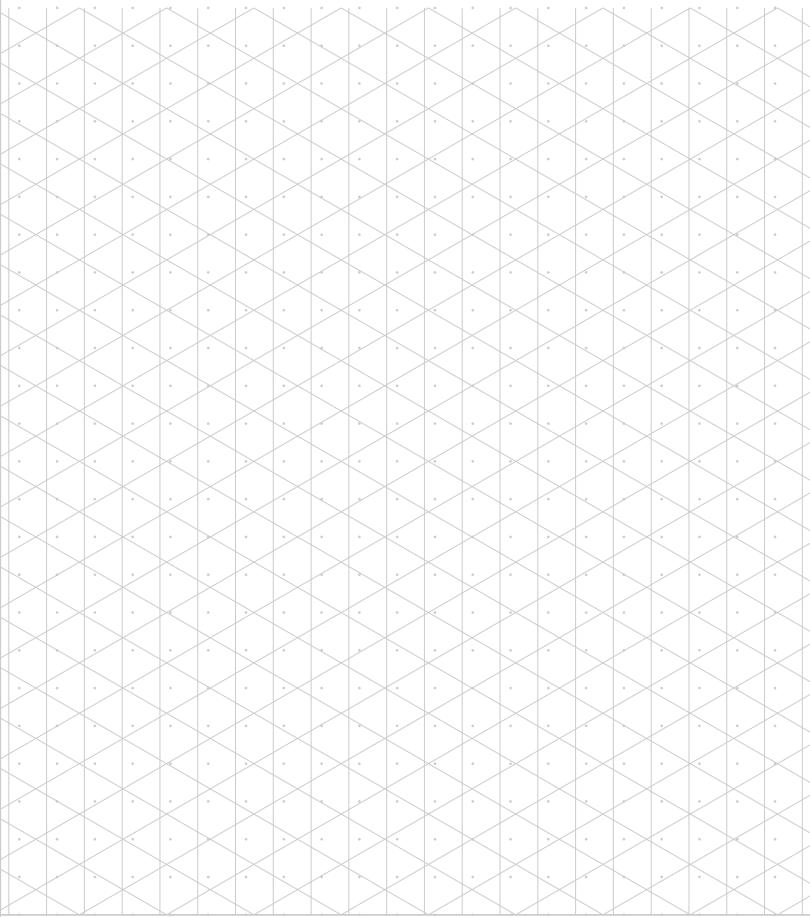
Grid Types

Visual Reference & Templates

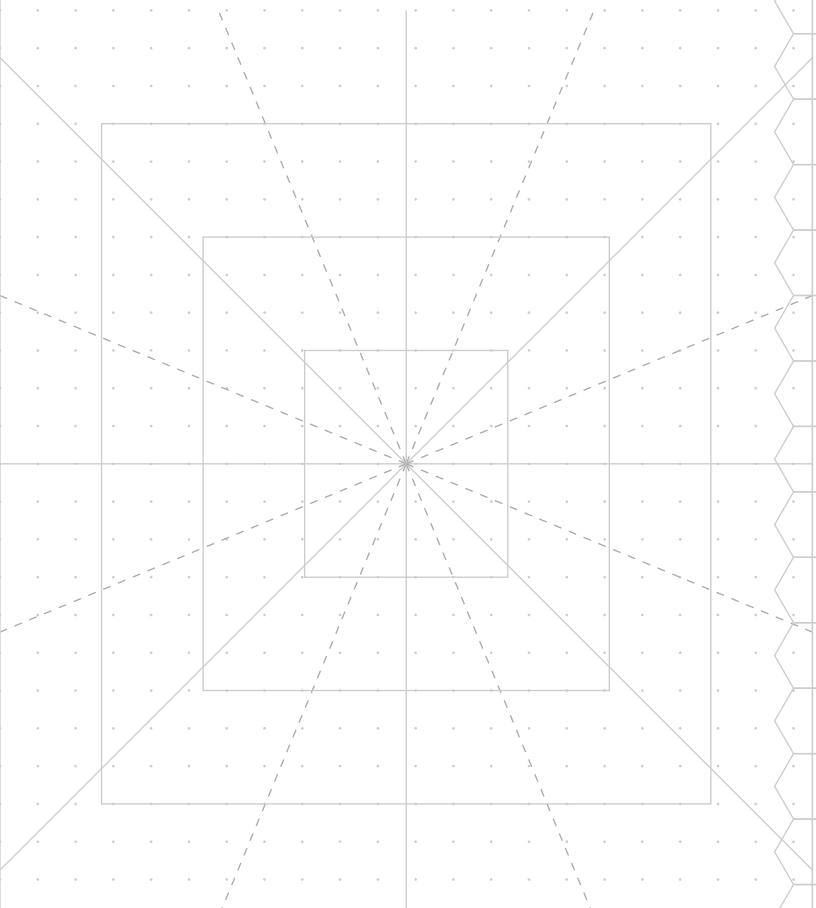
Dot Grid



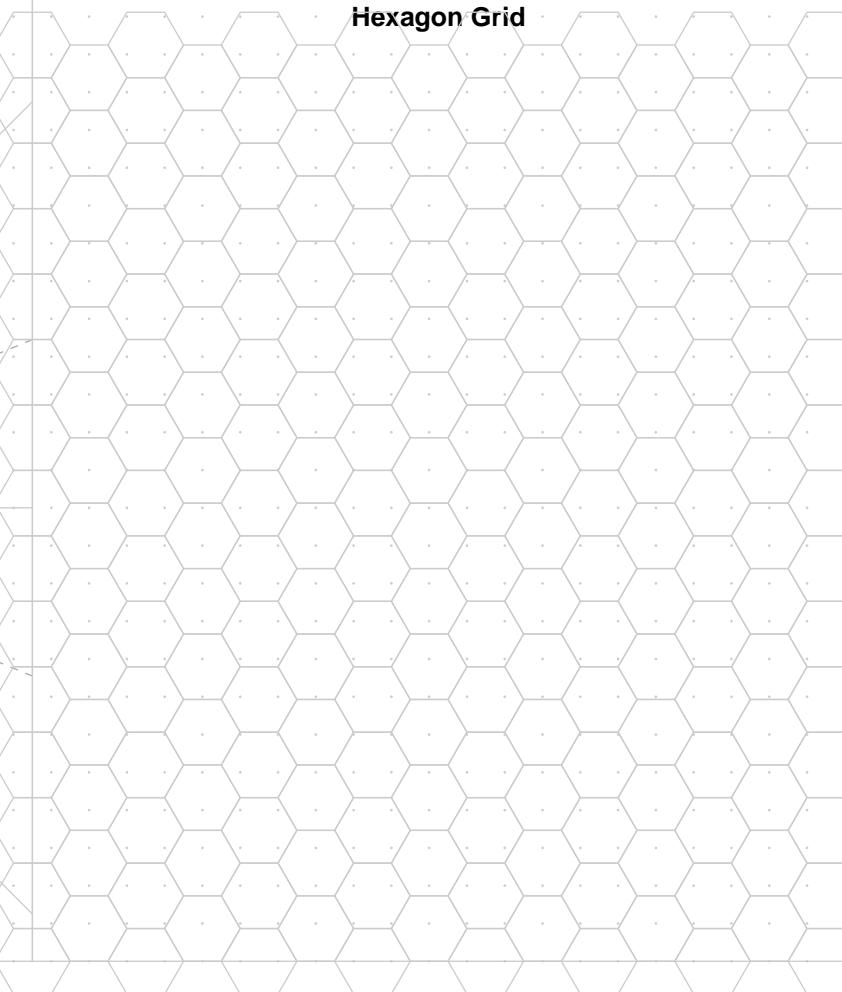
Isometric Grid



Perspective Grid



Hexagon Grid



Grid Reference

Year

Events

Highlights

Multi

Grids

Dot Grid

5mm dot spacing for flexible layouts

Tap to view full page

M w09

w10

w11

w12

w13

A w14

w15

w16

w17

M w18

w19

w20

w21

w22

Graph Grid

5mm square grid for precise drawings

Tap to view full page

w24

w25

w26

J w27

w28

w29

w30

A w31

w32

w33

w34

w35

S w36

w37

w38

w39

O w40

Ruled Lines

Standard ruled lines for writing

Tap to view full page

N w44

w45

w46

w47

w48

D w49

w50

w51

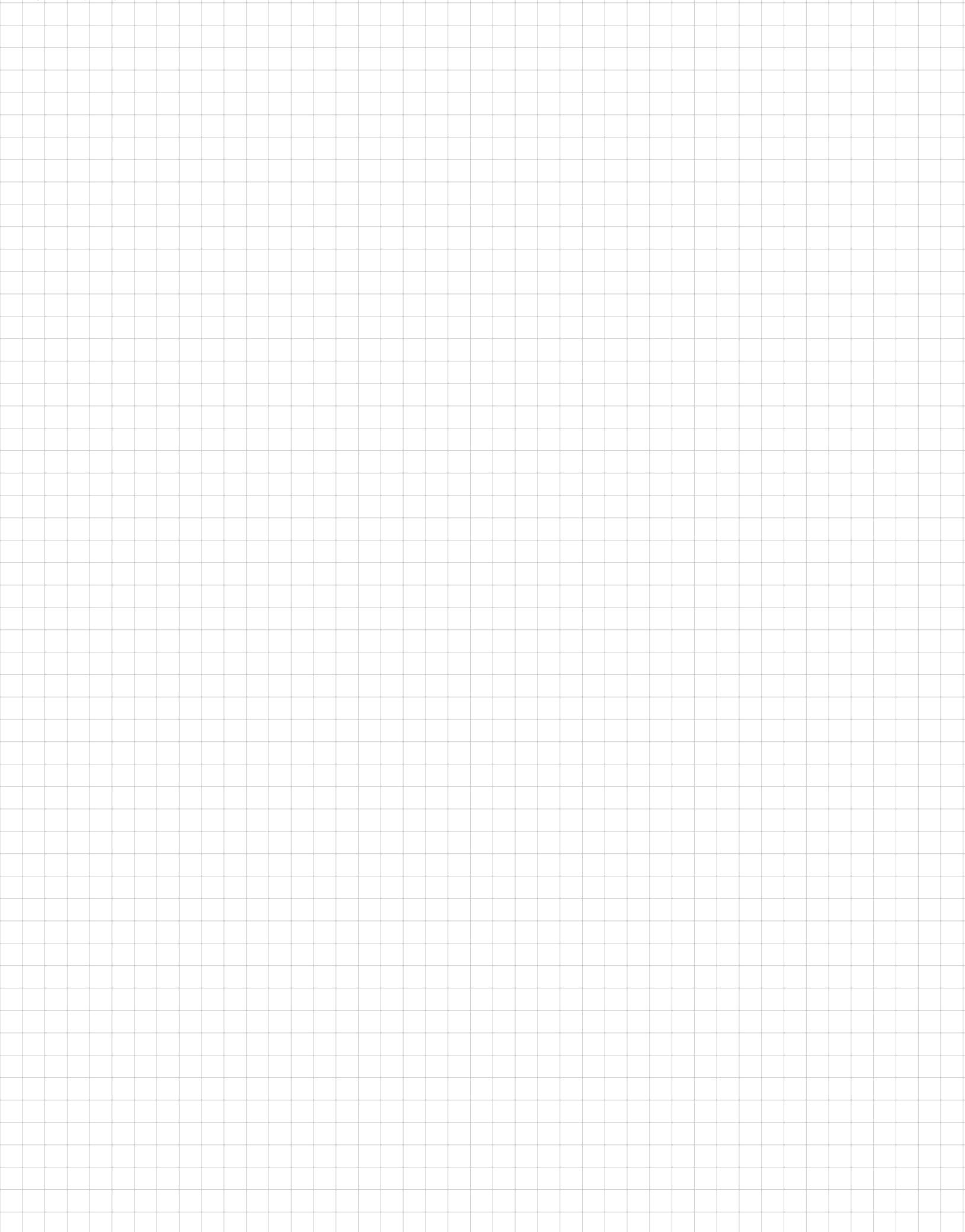
w52

w53

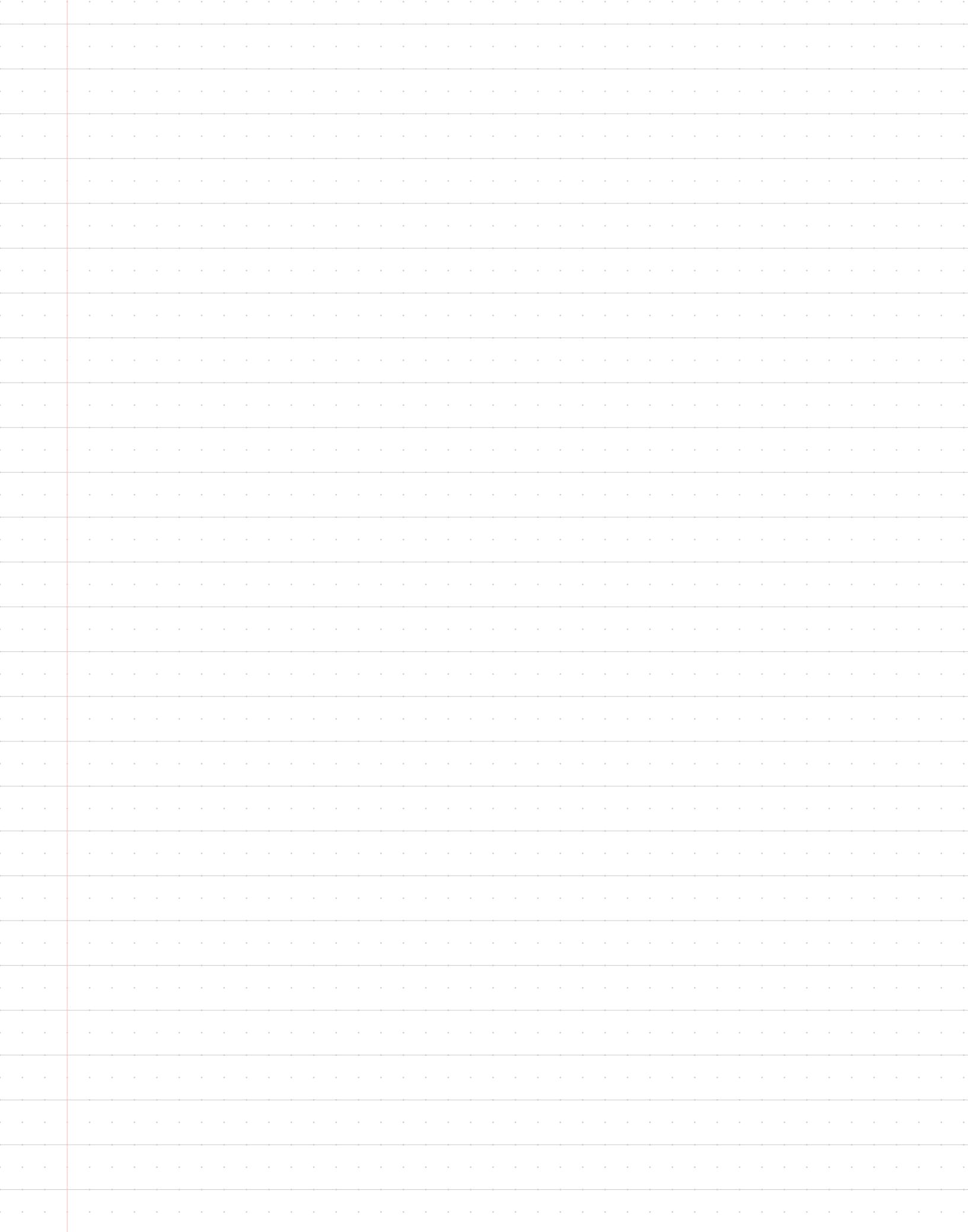
Dot Grid (5mm)



Graph Grid (5mm)

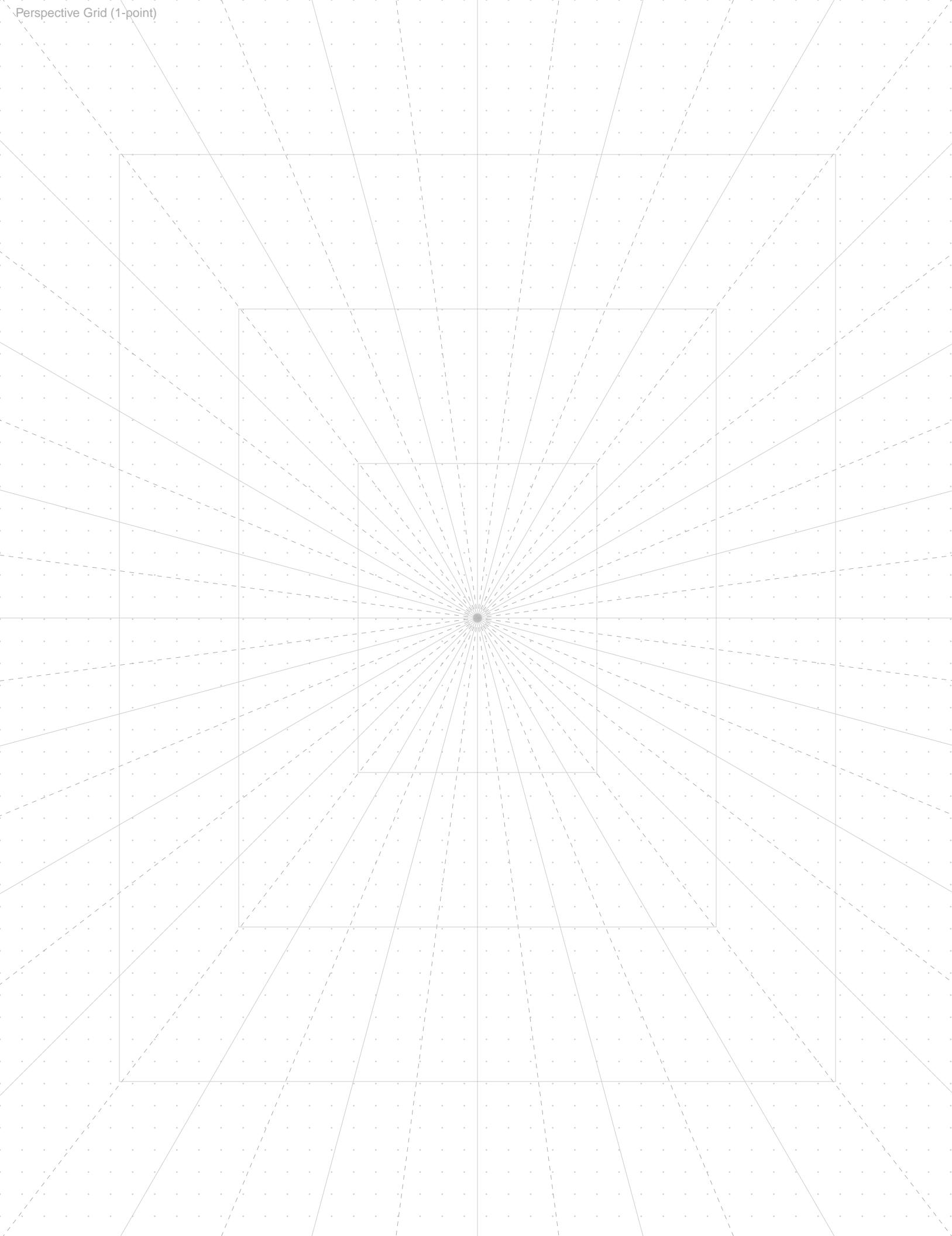


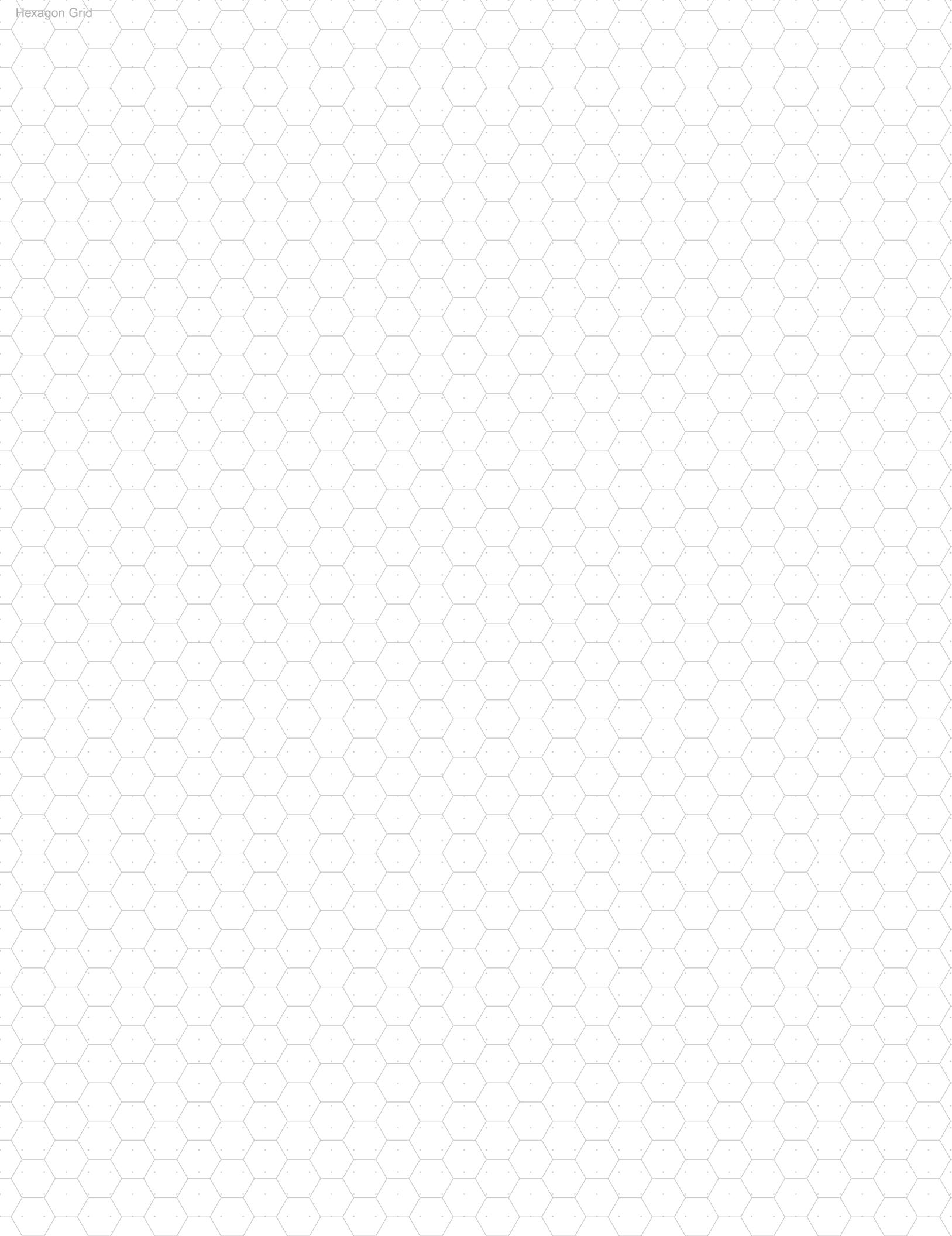
Ruled Lines (10mm)



Isometric Grid







Hexagon Grid

Tracker Ideas

Examples to spark your creativity - adapt these to your needs

Habit Tracker

1	7	14	21	28	31
Exercise					
Read					
Meditate					
Journal					
Water					

Mood / Energy Log

Rate daily (1-5) or use symbols: ++ + = - -

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Mood							
Energy							
Sleep (hrs)							

More Ideas

- Water intake (glasses per day)
- Gratitude (3 things daily)
- Expense tracking (categories)
- Reading log (pages/books)
- Exercise types and duration
- Project progress (milestones)

Create your own! Use the dot grid as a canvas for any tracking system that works for you.

