Why Maryland expends fewer calories on average:

Average US caloric expenditure = 176.60
Maryland caloric expenditure = 167.85

Σ+↓   Σ+↑
Σ-↑   Σ-↓
Σ

1. running+↓
2. dancing+↓
3. watching tv or movie-↓
4. swimming+↓
5. eating-↑
6. talking on phone-↑
7. biking+↓
8. getting my hair done-↑
9. showering-↑
10. reading-↓
11. laying down-↑
12. bowling+↓
13. golfing+↓
14. skiing+↓
15. cooking+↑
ng video or computer games-↑
17. sitting-↓
18. hiking+↓
19. sledding+↓
20. jogging+↑
21. snowboarding+↓
22. fishing+↓
23. mountain biking+↓

Activity rank

visualization by
@andyreagan

Per activity phrase caloric expenditure shi