Why New Hampshire is less caloric on average:
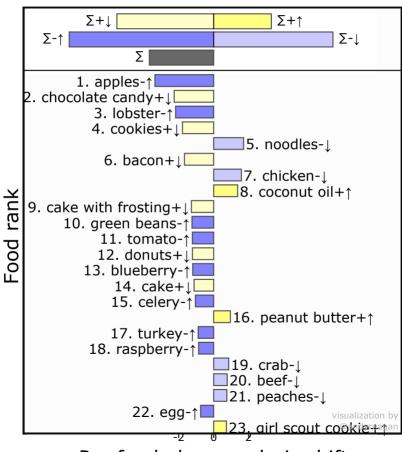
Average US calories = 267.92
New Hampshire calories = 257.77

Σ+↓   Σ+↑
Σ-↑   Σ-↓
Σ

1. apples-↑
2. chocolate candy+↓
3. lobster-↑
4. cookies+↓
5. noodles-↓
6. bacon+↓
7. chicken-↓
8. coconut oil+↑
9. cake with frosting+↓
10. green beans-↑
11. tomato-↑
12. donuts+↓
13. blueberry-↑
14. cake+↓
15. celery-↑
16. peanut butter+↑
17. turkey-↑
18. raspberry-↑
19. crab-↓
20. beef-↓
21. peaches-↓
22. egg-↑
23. girl scout cookie+↑

Food rank

visualization by

Per food phrase caloric shift