## Why lowa expends more calories on average: Average US caloric expenditure = 176.60

lowa caloric expenditure = 185.14 (Rank 21 out of 49)

 $\Sigma$ + $\uparrow$  $\sum + \downarrow$  $\Sigma$ - $\downarrow$ 1. running+↑ ■2. eating-↓ 3. cooking+↓L 4. biking+↑ ■5. playing basketball+↑ 6. dancing+\\ <sup>1</sup>7. golfing+↑ Activity rank 8. getting my hair done-9. hiking+\U 10. watching tv or movie-↑ 11. swimming+↑ 12. cleaning+↑ 13. sledding+↑ 14. sitting-↑ 15. playing football+↑ <sup>1</sup>16. fishing+↑ 17. boxing+↓□ <sup>1</sup>18. bowling+↑ 19. laying down-↑ 20. mowing grass+↑ ■21. talking on phone-↓ ■22. ultimate frisbee+↑ 3. pl<mark>aving video or computer games-↑</mark>

Per activity phrase caloric expenditure shift