Why Illinois consumes less calories average:
Average US calories = 267.92
Illinois calories = 265.99 (Rank 28 out of 49)

$\Sigma+\downarrow$ $\Sigma+\uparrow$
$\Sigma-\uparrow$ $\Sigma-\downarrow$
Σ

Food rank

1. noodles-↑
2. butter+↓
3. donuts+↓
4. cookies+↑
5. bacon+↓
6. peanut butter+↓
7. ice cream-↓
8. crab-↓
9. italian beef sandwich-↑
10. chicken-↑
11. olive oil+↑
12. shrimp-↓
13. broccoli-↓
14. pasta-↑
15. grits-↓
16. egg-↓
17. chocolate candy+↓
18. eggnog-↓
19. cake+↑
20. girl scout cookie+↓
21. turkey-↓
22. collards-↓
23. pineapple-↓

Per food phrase caloric shift