Average US caloric expenditure = 176.60 Colorado caloric expenditure = 203.48 $\Sigma + \downarrow \qquad \qquad \Sigma + \uparrow \\ \Sigma - \uparrow \qquad \qquad \Sigma - \downarrow \qquad \qquad \Sigma$

1. running+↑

____2. skiing+↑ __3. hiking+↑ |4. snowboarding+↑

16. playing video or comp

17. walking+↑
18. showering-↓
19. jazzercise+↑
20. using treadmill+↑

Why Colorado is expends more calories on average:

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J5. biking+↑

G. eating-↓

7. mountain biking+↑

8. laying down-↓

9. white water rafting+↑

110. rock climbing+↑

111. watching tv or movie-

112. talking on phone-↓

113. sledding+↑

114. ice skating+↑
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15. reading-↑