$\Sigma+\downarrow$ $\Sigma-\uparrow$ $\Sigma-\downarrow$ Σ

___1. ice skating+↑]2. mowing grass+↑ 3. playing football+

|4. runnina+↑

|18. getting my nails done |19. getting my hair done |20. deer hunting+↑ |21. laying down-|

Why Nebraska is expends more calories on average:

Average US caloric expenditure = 176.60 Nebraska caloric expenditure = 184.79

yatching tv or movie-↑

| 7. playing basketbal | 8. swimming+↑ | 9. sledding+↑

| 10. cooking+↓ | 11. hiking+↓ | 12. walking+↓ | 13. golfing+↑

| 14. sitting-↑ | 15. bowling+↑ | 16. using treadmill+↑ | 17. talking on phone-↓

Per activity phrase caloric expenditure shi

22. boxing+