Σ+↓ [$\Sigma + 1$ Σ-↓ Σ

1. runnina+↑ sledding+↑ 3. eating-↓

6. cleaning or washing a

7. getting my nails done-

<mark>-</mark>9. cleaning+↑

Why North Dakota expends more calories on average:

Average US caloric expenditure = 176.60 North Dakota caloric expenditure = 182.78

watching tv or movie-↑

5. cooking+1

8. swimming+

```
Activity rank
10. laying down-↑
                     11. playing dodgeball+↑
                    ■12. talking on phone-↓
     13. boxing+
                    □14. golfing+↑
      15. hiking+
                    16. deer hunting+↑
                    17. shoveling+↑
                    18. doing laundry+↑
                    19. using treadmill+↑
    20. walking+\downarrow
                    21. ice skating+↑
                    22. country dancing to be
     <u>23. readina-↑</u>
```

Per activity phrase caloric expenditure shi