## Σ+↓ Σ+↑ Σ-↑ Σ-↓ Σ L. watching tv or movie-↑

4. eating-J

9. walking+↑

\_6. using treadmill+↑

22. attending church to be

Why Pennsylvania expends fewer calories on average:

Average US caloric expenditure = 176.60 Pennsylvania caloric expenditure = 174.52

> 2. dancing+1 3. running+1

g or washing a vehicle+↓

5. sitting-↑

8. cooking+1

```
Activity ra聲
              10. cleaning+1
                               11. swimming+↑
               12. bowling+
                               13. skiing+↑
                               14. playing football+↑
                 15. hiking+\downarrow
                               116. ice skating+↑
ig video or computer games-↑Ⅱ

■18. boating-↓
                               19. shoveling+↑
       20. talking on phone-↑
                               21. doing laundry+
```

2<mark>3. aettina mv nails done-↑</mark> Per activity phrase caloric expenditure shi