Σ+↓ Σ+↑ Σ-↑ Σ-↓ Σ

1. runnina+↑

8. playing football+↑

5. cooking+↑

2. watching tv or movie

Why Virginia expends fewer calories on average:

Average US caloric expenditure = 176.60 Virginia caloric expenditure = 175.67

> 3. swimming+1 4. dancing+↓

6. ice skating+1

7. hiking+1

9. biking+↓□ 10. showering-↑ 11. skiing+ 📙 12. sledding+1 13. walking+1

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Activity rank
    14. using treadmill+↓
            15. jogging+↓
            16. bowling+1
7. getting my hair done-↑
                            18. laying down-
                            19. running stairs+↑
             20. golfing+↓[
             21. boxing+\downarrow
                            [22. eating-]
                             |23. huntina+↑
```

Per activity phrase caloric expenditure shi