$\Sigma + 1$ Σ+↓ Σ-1 Σ runnina+↑

2. biking+↑ 3. hiking+↑

6. eating-

8. walking+↑

10. dancing+↑

[23. skiina+↑

4. using treadmill+↑

Why Oregon expends more calories on average:

Average US caloric expenditure = 176.60 Oregon caloric expenditure = 189.76

watching tv or movie-↑

7. playing football+↓

9. cooking+1

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Activity rank
                               11. talking on phone-
             12. ice skating+↓[
                               13. laying down-1
                               14. getting my hair done-
                               15. showering-L
                               16. bowling+↑
               17. cleaning+↓
                               18. getting my nails done-
          19. doing laundry+↓
eaning or washing a vehicle+↓|
                               |21. playing basketball+↑
                               122. sitting-↓
```

Per activity phrase caloric expenditure shi