## Average US caloric expenditure = 176.60 Colorado caloric expenditure = 203.48 $\Sigma + \downarrow \qquad \qquad \Sigma + \uparrow \\ \Sigma - \uparrow \qquad \qquad \Sigma - \downarrow \qquad \qquad \Sigma$ $1. \ running + \uparrow \\ 2. \ skiing + \uparrow$

<mark>---</mark>3. hiking+↑ |4. snowboarding+↑

5. biking+↑

19. jazzercise+↑
20. using treadmill+↑
21. scuba diving+↑

22. getting my hair done.

Why Colorado expends more calories on average:

```
| G. eating-\|
| 7. mountain biking+\|
| 8. laying down-\|
| 9. white water rafting+\|
| 10. rock climbing+\|
| 11. watching tv or movie-\|
| 12. talking on phone-\|
| 13. sledding+\|
| 14. ice skating+\|
| 15. reading-\|
| 16. playing video or composition walking+\|
| 17. walking+\|
| 18. showering-\|
```