## 2. skiing+↑ 3. hiking+↑ 4. eating-↓ snowboarding+↑ watching tv or movie-↑ Activity rank 7. mowing grass+↑ 8. walking+↑ |9. sledding+↑ 10. sitting-↑ 11. running+↓ 12. cooking+↓ 13. cleaning+1 $lue{1}$ 14. talking on phone- $\downarrow$ 15. playing basketball+ 16. getting my hair done 17. mountain biking+↑ 18. picking fruit+↑ 19. ice skatina+↑ 20. rock climbing+↑ 21. biking racing+↑ 22. jumping jacks #itation by 23. aettina mv nails/done Per activity phrase caloric expenditure shi

Why New Hampshire expends more calories on average:

Σ-↓

Σ

 $\Sigma + 1$ 

Average US caloric expenditure = 176.60 New Hampshire caloric expenditure = 183.52

Σ+↓

1. dancing+↓