$\Sigma + 1$ Σ+↓ **Σ-**1 1. running+ 2. dancing+↑ 3. walking+↑ 4. eating-↓ 5. swimming+1 6. ice skating+↑ Activity rank |7. bikina+↑ 8. laving down-L 9. cleaning+↓ ■10. talking on phone-』 getting my nails done-1 12. cooking+↓ 13. getting my hair done 14. using treadmill+↑ 15. boxina+↑ 16. playing football+ 17. playing basketball+ aning or washing a vehicle+」 ■19. showering-⊥ 20. playing video or comp ■21. attending church-↓ 22. reading-↑ <u>23. boating-↑</u>

Per activity phrase caloric expenditure shi

Why New York expends more calories on average:

Average US caloric expenditure = 176.60 New York caloric expenditure = 184.79