Why Kentucky consumes more calories on average:
Average US calories = 267.92
Kentucky calories = 275.06 (Rank 42 out of 49)

$\Sigma+\downarrow$ $\Sigma+\uparrow$
$\Sigma-\uparrow$ $\Sigma-\downarrow$
Σ

1. peanut butter+↑
2. bacon+↑
3. butter+↑
4. noodles-↓
5. asparagus-↑
6. baked potato-↑
7. chocolate candy+↑
8. crab-↓
9. pasta-↓
10. shrimp-↓
11. catfish-↑
12. cake with frosting+↓
13. banana-↑
14. strawberries-↓
15. grits-↓
16. mango-↓
17. spinach-↓
18. turkey-↑
19. green beans-↑
20. cake+↑
21. sunflower seeds+↓
22. pineapple-↓
23. oranges-↑

Food rank

Per food phrase caloric shift