Why Louisiana consumes more calories on average:
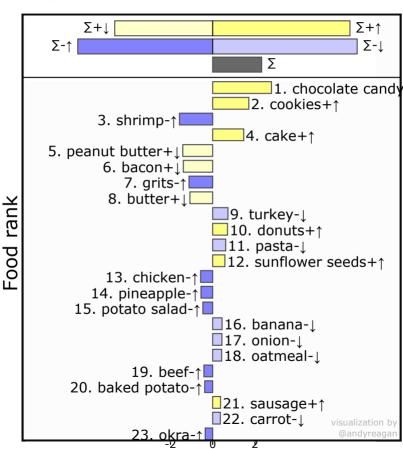
Average US calories = 267.92

Louisiana calories = 271.71

Σ+↓   Σ+↑

Σ-↑   Σ-↓

Σ

Food rank

1. chocolate candy
2. cookies+↑
3. shrimp-↑
4. cake+↑
5. peanut butter+↓
6. bacon+↓
7. grits-↑
8. butter+↓
9. turkey-↓
10. donuts+↑
11. pasta-↓
12. sunflower seeds+↑
13. chicken-↑
14. pineapple-↑
15. potato salad-↑
16. banana-↓
17. onion-↓
18. oatmeal-↓
19. beef-↑
20. baked potato-↑
21. sausage+↑
22. carrot-↓
23. okra-↑

visualization by @andyreagan

-2   0   2

Per food phrase caloric shift