Why Alabama consumes more calories on average:

Average US calories = 267.92

Alabama calories = 272.76 (Rank 47 out of 49)

$\Sigma+\downarrow$ $\Sigma+\uparrow$

$\Sigma-\uparrow$ $\Sigma-\downarrow$

Σ

Food rank

1. bacon+↓
2. chocolate candy+↑
3. cake with frosting+↑
4. cake+↑
5. butter+↓
6. cookies+↑
7. apples-↓
8. grits-↑
9. pasta-↓
10. catfish-↑
11. collards-↑
12. turkey-↓
13. chicken-↑
14. onion-↓
15. carrot-↓
16. cabbage-↑
17. grapes-↑
18. donuts+↑
19. olive oil+↑
20. ice cream-↓
21. beef-↑
22. pineapple-↑
23. shrimp-↑

Per food phrase caloric shift