Σ-1 1. running+ 2. dancing+↑ 3. walking+↑ 4. eating-↓ 5. swimming+1 6. ice skating+↑ Activity rank |7. bikina+↑ 8. laving down-L 9. cleaning+↓ ■10. talking on phone-』 getting my nails done-1

 $\Sigma + 1$

13. getting my hair done 14. using treadmill+↑

20. playing video or comp ■21. attending church-↓

15. boxina+↑

■19. showering-⊥

Why New York is expends more calories on average:

Average US caloric expenditure = 176.60 New York caloric expenditure = 184.79

Σ+↓

12. cooking+↓

22. reading-↑

16. playing football+ 17. playing basketball+ aning or washing a vehicle+」

<u>23. boating-↑</u> Per activity phrase caloric expenditure shi