Why South Carolina is less caloric on average:

Average US calories = 267.92

South Carolina calories = 267.90 Σ+↓ Σ+↑ Σ-↑ Σ-↓ Σ 1. arits-↑ 2. peanut butter+1 3. shrimp-↑ 4. egg-↑ 5. butter+1 6. donuts+↑ |7. apples-↓ 8. cookies+↑ Food rank 9. noodles-1 10. crab-↑ 11. chocolate candy+↑ 12. tomato-13. collards-↑ 14. ice cream-1 15. bacon+↑ 16. pasta-1 17. chicken-↑ 18. pineapple-↑ ■19. mushrooms-⊥ 20. banana pudding-↑ **□**21. cake+↑ 22. banana-↑ 23. cake with frosting

Per food phrase caloric shift