1. walking+

3. running+↓

4. cooking+↓

5. watching tv or movie-↑

geor washing a vehicle+↓

8. laving down-↓

Why Massachusetts expends more calories on average:

 $\Sigma + 1$ 

Σ-↓

9. talking on phone-J

13. getting my hair don

11. picking fruit+↑

Average US caloric expenditure = 176.60 Massachusetts caloric expenditure = 178.75

Σ-↑

Σ+↓

0. playing basketball+』[

12. bowling+↓[

Activity

14. reading-↑

15. attending church-↓

16. playing football+↓

17. sledding+↑

18. shoveling+↑

19. snowboarding+↑

20. roller skiing+↑

21. boating-↑

22. biking+↑ visualization by

23. rock climbing\*\*\* reagan

Per activity phrase caloric expenditure shi