2. watching tv or mov 3. dancing+1 4. cooking+↑ 5. walking+1 6. eating-↑ Activity rank 7. swimming+↓ 8. biking+ 9. using treadmill+1 10. ice skating+⊥ 11. jogging+∫[12. talking on phone-↑ getting my hair done-↑ 14. attending church-↑ 15. boxina+⊥ ceil16. reading-foot17. showering-↑ 18. sledding+ 19. laying down-↑ 20. sitting-↑ 21. golfing+↓ $\mathsf{cani}\mathsf{hg}$ or washing a vehicle+ $\mathsf{J} \square$ <u>23. fishina+↑</u> Per activity phrase caloric expenditure shi

Why North Carolina is expends fewer calories on average

Σ+↑

Σ-↓

Average US caloric expenditure = 176.60 North Carolina caloric expenditure = 172.59

Σ

Σ-↑

1. running+↓[

Σ+↓