## Σ+↓ Σ+↑ Σ-↑ Σ-↓ Σ 1. watching tv or move 2. dancing+1

5. cooking+↑

Why South Carolina expends fewer calories on average:

Average US caloric expenditure = 176.60 South Carolina caloric expenditure = 171.85

> 3. eating-↑ 4. running+↓

> > 6. walking+1

7. swimming  $+ \downarrow \square$ 8. hiking+1

talking on phone-↑ 10. ice skating+ 10.

```
Activity rank

getting my hair done-↑

          12. sledding+1
   13. using treadmill+10
                           14. playing football+↑
                           15. weight lifting+↑
           16. bowling+10
  17. attending church-↑
  18. mountain biking+1
             19. biking+
                           20. walking quickly+
             21. skiing+↓
                           [22. golfing+↑
        <u>23. laving down-↑</u>
```

Per activity phrase caloric expenditure shi