Why Illinois expends fewer calories on average: Average US caloric expenditure = 176.60

Σ-1

10. walking+↑ 11. sledding+↑

1. dancing+↑

Σ-↑

Σ

8. eating-↑ 9. fishing+1

2. running+1 3. swimming+ 4. hiking+↓

. watching tv or movie-1 5. getting my hair done-↑

12. playing football+

Σ+↑

Illinois caloric expenditure = 175.55

Σ+↓

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Activity rank
                           13. using treadmill+↑

□15. bowlina+↑

        16. snowboarding+10
        17. rock climbing+10
              18. jogging+↓[
                           19. playing video or comple
                           20. talking on phone-
              21. reading-↑
                           22. ice skating+\fisualization by
                       23. laving down- @andyreagan
Per activity phrase caloric expenditure shi
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