## Σ runnina+↑ 2. sitting-1 3. hiking+10 4. boating-↑ ■5. watching tv or movie-↓ 6. cleaning+1 Activity rank ☐7. fishing+↑ 8. playing football+ 9. sledding+1

Σ-1

11. jet skiing+↑ 12. cooking+↑

¶20. laying down-↓

14. biking+↑

13. playing video or complete.

 $\Sigma + 1$ 

Why Florida expends more calories on average:

Σ-↑

10. skiing+』

15. eating-↑

16. snowboarding+1 getting my nails done-↑

> 21. doing laundry+↓ 22. bowling+

18. ice skating+ 19. dancing+1

Average US caloric expenditure = 176.60 Florida caloric expenditure = 178.67

Σ+↓

<u>23. kavaking+↑</u> Per activity phrase caloric expenditure shi