Why Colorado consumes less calories average:
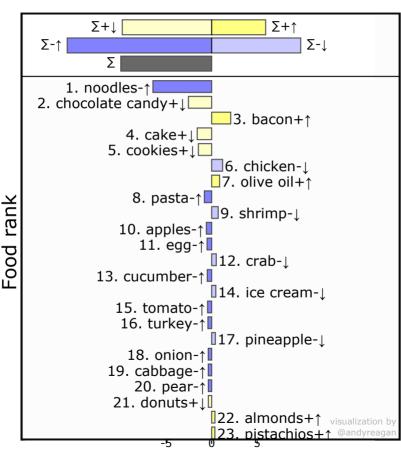
Average US calories = 267.92

Colorado calories = 257.35

Σ+↓   Σ+↑

Σ−↑   Σ−↓

Σ

Food rank

1. noodles-↑
2. chocolate candy+↓
3. bacon+↑
4. cake+↓
5. cookies+↓
6. chicken-↓
7. olive oil+↑
8. pasta-↑
9. shrimp-↓
10. apples-↑
11. egg-↑
12. crab-↓
13. cucumber-↑
14. ice cream-↓
15. tomato-↑
16. turkey-↑
17. pineapple-↓
18. onion-↑
19. cabbage-↑
20. pear-↑
21. donuts+↓
22. almonds+↑
23. pistachios+↑

visualization by @andyreagan

-5   0   5

Per food phrase caloric shift