Utah caloric expenditure = 195.66 $\Sigma + 1$ Σ+↓ Σ-1 Σ-↑ Σ

1. skiina+↑

20. getting my hair done-

Why Utah expends more calories on average:

Average US caloric expenditure = 176.60

eani $oldsymbol{\mathsf{h}}$ g or washing a vehicle $+oldsymbol{\downarrow}$ $oldsymbol{\mathsf{I}}$

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2. dancing+↑
                                      3. hiking+↑
                                  4. snowboarding+↑
                                  5. swimming+↑
                                  6. sledding+↑
Activity rank
                                7. bikina+↑
                8. cooking+
                                _9. rock climbing+↑
                 10. sitting-↑
```

11. playing football+ 12. laying down-↓ 13. eating-⊥ ☐14. ice skating+↑ 15. watching ty or movie-16. golfing+↑ 17. walking+↑ 18. showering-1 19. using treadmill+↑

22. running+ 23. talking on phomey tagan

nPer activity phrase caloric expenditure shi