Σ+↓ Σ+↑ Σ-↑ **5**-1 Σ L. watching tv or movie-↑| 2. dancing+1 3. running+↑ **1**4. eating-↓ 5. biking+1

6. cleaning+↑ \square 7. swimming+ \uparrow

13. fishing+↑

■9. playing football+↑

12. mowing grass+↑

15. playing basketball+1

Why Kentucky expends fewer calories on average:

Average US caloric expenditure = 176.60 Kentucky caloric expenditure = 173.77

ACTIVITY 8. hiking+↓□

gauge 8. hiking+↓□

11. laying down-↑□

14. cookina+□

17. boxing+1 ■18. bowling+↑ 19. walking+↓□ 20. skiing+ 21. sitting-↑ 22. golfing+↑ 23. aettina mv naikdone Per activity phrase caloric expenditure shi

14. cooking+1

16. snowboarding+10