Σ-1 Σ-↑ Σ 1. skiina+↑ 2. dancing+↑ 3. hiking+↑ 4. snowboarding+↑ 5. swimming+↑ 6. sledding+↑ Activity rank 7. bikina+↑ 8. cooking+

_9. rock climbing+↑

12. laying down-↓

15. watching ty or movie-

13. eating-⊥ ☐14. ice skating+↑

16. golfing+↑ 17. walking+↑ 18. showering-1 $\Sigma + 1$

Why Utah is expends more calories on average:

Σ+↓

10. sitting-↑

11. playing football+

Average US caloric expenditure = 176.60

Utah caloric expenditure = 195.66

19. using treadmill+↑ 20. getting my hair doneeani $oldsymbol{\mathsf{h}}$ g or washing a vehicle $+oldsymbol{\downarrow}$ $oldsymbol{\mathsf{I}}$ 22. running+ 23. talking on phomey tagan nPer activity phrase caloric expenditure shi