Σ+↓ Σ+↑ Σ-↑ Σ-↓

5. cooking+↑

8. jazzercise+↑

Why Arkansas is expends fewer calories on average:

Average US caloric expenditure = 176.60 Arkansas caloric expenditure = 167.73

> 2. eating-↑ 3. dancing+↓ 4. walking+↓

6. laying down-↑

7. using treadmill+

9. biking+1

Σ runnina+1

```
Acti<u>⊬</u>ity rank
        10. swimming+
watching tv or movie-↑
                               12. getting my nails done
        13. ice skating+1
              14. sitting-↑
  15. attending church-↑
                              16. playing football+↑
              17. hiking+ L
             18. boxing+\downarrow
                             ■19. writing-⊥
             20. golfing+10
     21. snowboarding+\downarrow
              22. skiing+
                              |23. fishing+↑
```

Per activity phrase caloric expenditure shi