Σ 1. runnina+ 2. eating-1 3. biking+↑ 4. cooking+↓ 5. sledding+↑ 6. bowling+↑ Activity rank watching tv or movie-↑ 8. dancina+↑ 9. using treadmill+↑

Σ-1

10. walking+↑

13. snowboarding+↑ 14. mowing grass+↑ floor 15. talking on phone- \downarrow ■16. laying down-⊥ 17. skiing+↑ ■18. showering-⊥ 19. golfing+↑

21. deer hunting+↑

22. getting my nails done

12. fishing+↑

 $\Sigma + 1$

Why Minnesota expends more calories on average:

Σ-↑

Σ+↓

11. sitting-↑

20. hiking+↓

Average US caloric expenditure = 176.60 Minnesota caloric expenditure = 188.65

23. plaving basketball Per activity phrase caloric expenditure shi