Why Mississippi is expends fewer calories on average:

Average US caloric expenditure = 176.60 Mississippi caloric expenditure = 161.26

 $\Sigma + \uparrow$ $\sum - \uparrow$ $\sum - \downarrow$ Σ 1. running+↓ 2. dancing+↓ 3. eating-↑ 4. cooking+↑ ■5. watching tv or movie-↓ 6. laying down-↑ Activity rank 9. ice skating+ 10. using treadmill+↓ 11. swimming+ 12. hiking+↓ □ 13. attending church-↑ 14. talking on phone-↑ 15. sitting-↑ 16. getting my hair done-↑ 17. boxing+↓ | 18. bowling+↓ 19. playing football+ 20. golfing+↓ 21. sledding+↓ 22. getting my nails done-↓ |23. cleaning+↑ -4 -2 0 2

Per activity phrase caloric expenditure shift