

Why Delaware is expends fewer calories on average:

Average US caloric expenditure = 176.60

1. running+↓

2. dancing+↓
3. talking on phone-↑
4. playing basketball+↓

```
| 5. cleaning+↑
| 6. hiking+↓|
| 7. biking+↓|
| 8. showering-↑|
| 9. playing football+↓|
| 10. watching tv or movie-↓
| 11. running stairs+↑
| 12. walking+↓|
| 13. aerobics+↑
| 14. ice skating+↓|
| 15. laying down-↑|
| 16. skiing+↓|
```

17. boxing+1

19. golfing+↓ 20. cooking+↓

21. mowing grass+↓

\dideo or computer games-↑\dideo

ng

L 23. sleddina+ | | @andyreagan | eani Per activity phrase caloric expenditure shi

122. reading-↓