$\Sigma + 1$ Σ+↓ **Σ-**1 Σ

1. running+↑

4. eating-↓ golfing+↑ 6. cleaning+↑

3. cleaning or washing a vel

21. mowing grass+↑

Why South Dakota expends more calories on average:

Average US caloric expenditure = 176.60 South Dakota caloric expenditure = 189.57

2. watching tv or movie-

ng **∤**ideo or computer games-↑

```
Activity rank
                        7. hiking+↑
                        8. sleddina+↑
          9. walking+1
                        10. getting my nails done-
                        11. biking+↑
                        12. playing basketball+↑
13. playing football+1
         14. cooking+1
                        15. sitting-↓
                        16. talking on phone-1
                        17. playing dodgeball+↑
 18. using treadmill+1
      19. swimming+1
                        20. getting my hair done-J
```

23. <u>boxina+1</u> 93. <u>b</u> 0-5 Per activity phrase caloric expenditure shi