Average US caloric expenditure = 176.60Minnesota caloric expenditure = 188.65 (Rank 8 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ $\square 2$. eating- \downarrow 15. talking on phone-1 16. laying down-↓ 18. showering-\ 22. getting my nails done-⊥ 30. attending church-↓ 32. playing video games-↓ Activity rank 33. getting my hair done-↓ 55. watching tv or movie...-57. meditating-↓ 62. typing-↓ 84. standing-97. online shopping-↓ 114. sitting and listening-↓ 125. washing dishes-↓ 140. taking medicine-↓ 143. wrapping presents-↓ 154. parasailing-↓ 158. bird watching-↓ 167. drawing-↓ 173. getting my hair and...-178. ironing-↓ 189. playing video games--4 -2 0 2 4 Per activity phrase caloric expenditure shift

Why Minnesota expends more calories on average: