Why Utah consumes more calories on average: Average US calories = 267.25Utah calories = 267.37 (Rank 26 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ 7. chicken-↓ 13. crab-1 18. beef-1 20. grits-↓ 21. egg-↓ 22. shrimp-↓ 24. mashed potatoes-1 25. catfish-↓ 29. corn-↓ Food rank 32. peaches-↓ 37. lobster-↓ 38. asparagus-↓ 39. sweet potato-↓ 42. cucumber-↓ 45. applesauce-↓ ■47. green beans-↓ 48. spaghetti-↓ ■50. cabbage-↓ ■55. strawberries-↓ \square 57. mango- \downarrow 60. potato salad-↓ ■61. pancakes-↓ 62. broiled chicken-, Per food phrase caloric shift