Why Illinois consumes less calories on average: Average US calories = 267.25

Illinois calories = 265.35 (Rank 16 out of 49)

	$\Sigma + \downarrow$ $\Sigma + \uparrow$
	Σ - \uparrow
	Σ
Food rank	1. noodles-↑ 2. butter+↓ 3. donuts+↓ 4. cookies+↑ 5. bacon+↓ 6. peanut butter+↓ 7. ice cream-↓ 8. crab-↓ 9. italian beef sandwich-↑ 10. chicken-↑ 11. olive oil+↑ 12. shrimp-↓ 13. broccoli-↓ 14. pasta-↑ 15. grits-↓ 16. egg-↓ 17. chocolate candy+↓ 18. eggnog-↓
	$19. \text{ cake+}\uparrow$ 20. girl scout cookie+ $\downarrow \square$ $21. \text{ turkey-}\downarrow$
	$22. \text{ collards-}\downarrow$ 23. cake with frosting+ $\downarrow \Box$
	Per food phrase caloric shift