Missouri caloric expenditure = 176.53 (Rank 28 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \downarrow Σ - \uparrow Σ 1. running+↑ 6. ice skating+↑ 12. fishing+↑ 14. swimming+↑ 15. sledding+↑ 21. playing handball+↑ 122. playing dodgeball+↑ Activity rank 23. cleaning vehicles+↑ $24. \text{ golfing} + \uparrow$ 27. using exercise bike+↑ 31. roller skating+↑ 33. skateboarding+↑ 34. weight lifting+↑ 36. table dancing+↑ 37. elliptical+↑ 38. running uphill+↑ 39. doing the safety dance+↑ 40. cooking+↑ 42. mountain climbing+↑ 45. using stair master+↑ 46. moving furniture+↑ 48. swing dancing+↑ 50. deep sea diving+↑ -1 0 Per activity phrase caloric expenditure shift

Why Missouri expends fewer calories on average:

Average US caloric expenditure = 176.60