New Hampshire caloric expenditure = 183.52 (Rank 15 out of 49) $\Sigma + \uparrow$ $\Sigma + \downarrow$ Σ - \downarrow Σ-↑ Σ 2. skiing+↑ 3. hiking+↑ 5. snowboarding+↑ 7. mowing grass+↑ 8. walking+↑ 9. sledding+↑ 17. mountain biking+↑ Activity rank 18. picking fruit+↑ 19. ice skating+↑ ¹20. rock climbing+↑ ¹21. biking racing+↑ 22. jumping jacks+↑ 24. shoveling+↑ 26. white water rafting+↑ 27. kayaking+↑ 31. playing football flag+↑ 32. mountain climbing+↑ 33. elliptical+↑ 35. water skiing+↑ 36. bob sledding+↑ 37. walking briskly+↑ 39. using exercise bike+↑ 41. cleaning vehicles+↑ -2 Per activity phrase caloric expenditure shift

Why New Hampshire expends more calories on ave

Average US caloric expenditure = 176.60