Why Massachusetts consumes less calories on average Average US calories = 267.25Massachusetts calories = 263.86 (Rank 12 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ-↓ Σ 12. peanut butter+↑ 14. olive oil+↑ 17. cookie dough+↑ 36. cheese puffs+↑ 39. cake with frosting+↑ $41. \text{ almond butter} + \uparrow$ 46. cheese+↑ □47. peanuts+↑ 50. cream cheese+ \uparrow Food rank 51. duck fat+ \uparrow 53. onion rings+↑ ■58. sugar cookie+↑ 62. coconut oil+↑ $67. \text{ oats} + \uparrow$ ¹76. crackers+↑ 81. goat cheese+↑ 82. walnuts+↑ 84. rice cakes+↑ 85. pastry+↑ 86. cheese stick+↑ 94. coffee cake+↑ $108. \text{ sesame seeds} + \uparrow$ 109. blue cheese+↑ Per food phrase caloric shift