Why Idaho expends more calories on average: Average US caloric expenditure = 176.60Idaho caloric expenditure = 181.68 (Rank 19 out of 49)  $\Sigma + \downarrow$  $\Sigma + \uparrow$  $\Sigma$ - $\downarrow$ Σ 1. eating-↓ 2. running+↓ 3. biking+↑ 4. watching tv/movies-↑ 5. walking+↓ 6. dancing+↑ |7. skiing+↑ Activity rank 8. bowling+↑ 9. swimming+↑ 10. talking on phone-↓ 11. snowboarding+↑ 12. reading-↑ 13. fishing+↑ 14. cooking+↓ 15. playing football+↑ 16. using treadmill+↑ 17. jogging+↓ 18. cleaning vehicles+↑ 19. laying down-↑ ■20. getting my nails done-↓ ■21. playing video games-↓ 22. sledding+\ 23. swing dancing+↑ Per activity phrase caloric expenditure shift