Why Iowa expends more calories on average: Average US caloric expenditure = 176.60Iowa caloric expenditure = 185.14 (Rank 9 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 3. $cooking+\downarrow$ 6. dancing+1 9. hiking+↓ 17. boxing+ \downarrow 26. skiing+↓ 30. jogging+↓ 35. cleaning vehicles+↓ Activity rank 44. pole dancing+↓ 45. using stair master+↓ 47. doing my hair+ \downarrow 48. doing laundry+↓ 49. running stairs+↓ 53. skateboarding+↓ 57. scuba diving+↓ 59. using treadmill+↓ 60. doing situps+↓ 61. aerobics $+\downarrow$ 63. white water rafting $+\downarrow$ 66. kayaking+↓ 68. weight lifting+↓ 79. getting dressed+\| 80. using exercise bike+ 82. ballet dancing+↓ -4 -2 0 2 4 Per activity phrase caloric expenditure shift