```
Mississippi caloric expenditure = 161.26 (Rank 49 out of 49)
    \Sigma + \downarrow |
                                            \Sigma + \uparrow
                         Σ-↑
                                            Σ-↓
         Σ
                 1. running+↓
                     2. dancing+↓
                       7. walking+↓
                        8. biking+
                   9. ice skating+↓□
              10. using treadmill+↓
                   11. swimming+↓□
Activity rank
                       12. hiking+\downarrow
                       17. boxing+\downarrow
                      18. bowling+\downarrow \parallel
                       20. golfing+↓
                     21. sledding+\downarrow
                        24. skiing+↓
               25. snowboarding+\downarrow
             28. mountain biking+↓
                       29. jogging+↓
                     32. shopping+↓
                34. mowing grass+↓
                36. rock climbing+↓
                37. roller skating+↓
                   39. doing yoga+↓
                    40. shoveling+↓
           44. playing basketball+↓
                                 -4-2024
      Per activity phrase caloric expenditure shift
```

Why Mississippi expends fewer calories on average:

Average US caloric expenditure = 176.60