```
Why Massachusetts expends more calories on average
Average US caloric expenditure = 176.60
Massachusetts caloric expenditure = 178.75 (Rank 24 out of 49)
           \Sigma + \downarrow
                                                              \Sigma + \uparrow
                        Σ-↑
                                                ∑-↓
                                          1. walking+↑
                                         2. eating-↓
                 3. running+\downarrow
                   4. cooking+↓
                                      5. dancing+↑
        6. watching tv/movies-↑
           7. cleaning vehicles+↓
Activity rank
                                     8. laving down-↓
                                     9. talking on phone-↓
         10. playing basketball+↓
                                   11. picking fruit+↑
                   12. bowling+↓
                                   ■13. getting my hair done-↓
                     14. reading-↑
                                   ■15. attending church-↓
            16. playing football+↓□
                                   17. sledding+↑
                                   18. shoveling+↑
                                   19. snowboarding+↑
                                   20. roller skiing+↑
                     21. boating-↑
                                   22. biking+↑
                                   <u> 23. rock climbing+↑</u>
                            -1.90.50.00.51.0
      Per activity phrase caloric expenditure shift
```