## Why Connecticut consumes less calories on average Average US calories = 267.25Connecticut calories = 267.02 (Rank 25 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ 1. apples-↑ 5. banana-↑ 7. ice cream-↑ 9. pasta-↑ 14. lobster-↑ 19. eggnog-↑ 20. broccoli-↑ 23. mashed potatoes-↑ 24. wild rice-↑ Food rank 37. mac and cheese-↑ 38. turkey-↑ 43. broccoli rabe-↑ 46. oatmeal- $\uparrow$ 49. rice-↑ 50. blueberry-↑ 52. oranges-↑ 56. yogurt-↑ 61. beef-↑ 66. kiwis-↑ 68. clam-↑ 71. corn on the cob- $\uparrow$ 73. applesauce-↑ 78. carrot-↑ 0.5 -0.50.0 1.0 Per food phrase caloric shift