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Why Florida expends more calories on average:

Average US caloric expenditure = 176.60

| 25. paddleboarding+† | 28. scuba diving+† | 30. deep sea fishing+† | 31. mountain biking+† | 33. boxing+† | 35. aerobics+† | 36. cleaning vehicles+† | 39. shopping+† | 40. mini golfing+† | 42. golfing+† | 45. elliptical+† | 51. salsa dancing+† | 55. walking quickly+† | 57. booty dancing+† | 58. jumping jacks+†

| 60. ultimate frisbee+↑ | -2 -1 0 1 2 | Per activity phrase caloric expenditure shift