## Σ-↑ $\Sigma$ - $\downarrow$ Σ 7. watching tv/movies-↑ 11. sitting-↑ 39. boating-↑ 44. knitting-↑ 52. reading-↑ 77. writing-↑ 108. ice fishing-↑ Activity rank 119. snuggling or petting...-↑ 131. making copies-↑ 151. arts and crafts-↑ 164. playing games-↑ 197. shaving-↑ 199. brushing my teeth-↑ -4 - 2024Per activity phrase caloric expenditure shift

Why Minnesota expends more calories on average:

 $\Sigma + \uparrow$ 

Minnesota caloric expenditure = 188.65 (Rank 8 out of 49)

 $\Sigma + \downarrow$ 

Average US caloric expenditure = 176.60