Texas caloric expenditure = 174.41 (Rank 35 out of 49)  $\Sigma + \downarrow$  $\Sigma + \uparrow$  $\Sigma$ - $\downarrow$  $\Sigma$ - $\uparrow$ Σ 5. swimming+↑ 7. dancing+↑ 9. mountain biking+↑ 13. playing football+↑ 15. boxing+↑ 18. walking briskly+↑ 19. playing basketball+↑ Activity rank 22. cleaning vehicles+↑ 30. cleaning+↑ 32. aerobics+↑ 38. playing active video...+↑ 39. using stair master+↑ 42. moving furniture+↑ 45. country dancing+↑ 46. using exercise bike+↑ \$\\ 51. weight lifting+↑ \$\ \begin{aligned}
59. jumping jacks+↑ **61.** mowing grass+↑ 71. wakeboarding+↑ 74. kayaking+↑ 76. jogging+↑ 79. doing yardwork+↑ -0.50.0 0.5 Per activity phrase caloric expenditure shift

Why Texas expends fewer calories on average:

Average US caloric expenditure = 176.60