## $\Sigma$ - $\uparrow$ $\Sigma$ - $\downarrow$ Σ 2. sitting-↓ 5. watching tv/movies-13. playing video games-↓ 20. laying down-↓ 27. showering-↓ 34. reading-↓ 46. getting my hair done-↓ Activity rank 47. typing-↓ 48. writing-↓ 53. standing-↓ 89. playing games-1 93. watching child-↓ 100. online shopping-↓

102. knitting-↓
109. shaving-↓

160. crocheting-↓

198. drawing-↓

172. wrapping presents-↓

| 117. watching tv or movie...-↓ | 139. sitting on a toilet-↓ | 155. snuggling or petting...-↓

Why Florida expends more calories on average:

 $\Sigma + \uparrow$ 

Florida caloric expenditure = 178.67 (Rank 26 out of 49)

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$ 

Per activity phrase caloric expenditure shift