Σ 13. eating-↑ 23. meditating-↑ 29. standing-↑ 35. knitting-↑ 59. typing-↑ 67. getting my nails done-↑ 107. online shopping-↑ Activity rank 109. sitting on a toilet-↑ 110. crocheting-↑ 123. brushing my teeth-↑ 132. walking leisurely-↑ 147. watching child-↑ 152. playing guitar-↑ 191. clipping my nails-↑ 192. flossing teeth-↑ 199. shaving-↑

Why Nevada expends more calories on average:

Σ-↑

 $\Sigma + \uparrow$

 Σ - \downarrow

Nevada caloric expenditure = 178.69 (Rank 25 out of 49)

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$

Per activity phrase caloric expenditure shift