Why Illinois consumes less calories on average:

Average US calories = 267.25

Illinois calories = 265.35 (Rank 16 out of 49)

Food rank

Σ+↓	Σ+↑
Σ-↑	Σ-↓
Σ	

2. butter+↓
3. donuts+↓
5. bacon+↓
6. peanut butter+↓
17. chocolate candy+↓
20. girl scout cookie+↓
23. cake with frosting+↓
36. mayonnaise+↓
39. potato chips+↓
50. popcorn+↓
52. cheese puffs+↓
53. beef jerky+↓
58. sunflower seeds+↓
62. pecans+↓
64. pastry+↓
67. walnuts+↓
70. hard candy+↓
79. cheesecake+↓
90. crunchy peanut butter+↓
94. almonds+↓
98. pecan pie+↓
100. cashews+↓
102. onion rings+↓

-1   0   1

Per food phrase caloric shift