3. eating-↓ 12. getting my nails done-\ 16. talking on phone-↓ ■22. getting my hair done-↓ 31. boating-↓ \$\Bar{\cute{35}}\$. showering-↓ 39. watching tv or movie...-↓ Activity rank 47. attending church-↓ 86. meditating-↓ 1114. wrapping presents-↓ 117. walking leisurely-130. attending a family $r...-\downarrow$ 140. taking medicine-↓ 160. parasailing-183. pumping gas-1 186. playing video games-↓ 190. arts and crafts-1

Why Kansas expends more calories on average:

 $\Sigma + \uparrow$

Σ

Kansas caloric expenditure = 180.08 (Rank 22 out of 49)

 Σ -1

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$

Per activity phrase caloric expenditure shift

-2 - 1 0