



- 7. getting my hair done-↓
- 8. eating-↓
- 17. talking on phone-↓
- 26. playing video games-↓
- 29. getting my nails done-↓
- 32. showering-↓
- 47. boating-↓
- 49. watching tv or movie...-↓
- 64. typing-↓
- 88. meditating-↓
- 93. online shopping-↓
- 107. washing dishes-↓
- 119. attending church-↓
- 132. knitting-↓
- 140. playing games-↓
- 143. taking medicine-↓
- 152. sitting on a toilet-↓
- 155. arts and crafts-↓
- 157. ironing-↓
- 186. playing video games-↓
- 189. walking leisurely-↓

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Per activity phrase caloric expenditure shift