```
Why New Jersey expends fewer calories on average
Average US caloric expenditure = 176.60
New Jersey caloric expenditure = 174.08 (Rank 36 out of 49)
    \Sigma + \downarrow
                                                  \Sigma + \uparrow
                          Σ-↑
                    Σ
                   1. running+↓
                                     2. dancing+↑
                                     3. eating-
                                     4. boxing+↑
        5. getting my nails done-↑
                                     6. walking+↑
                   7. swimming+\downarrow \downarrow
Activity rank
          8. watching tv/movies-↑
                        9. hiking+↓
                       10. biking+\downarrow
                  11. ice skating+↓ ▮
                                     12. sitting-1
          13. playing basketball+↓ ∥
                       14. skiing+↓∥
                                     15. attending church-↓
                      16. golfing+\downarrow \parallel
            17. mountain biking+↓
                     18. cleaning+↓
                                     19. playing football+↑
                                     20. doing laundry+↑
                                     21. picking fruit+↑
                      22. fishing+↓
                    23. showering-↑
                                  -101
      Per activity phrase caloric expenditure shift
```