## $\Sigma + \downarrow$ $\Sigma - \uparrow$ $\Sigma - \downarrow$ $\Sigma -$

Why Maine expends more calories on average:

Maine caloric expenditure = 184.18 (Rank 14 out of 49)

Average US caloric expenditure = 176.60

19. getting my nails done-↓ 23. standing-\ 26. getting my hair done-↓ 28. attending church-\ 40. typing-↓ Activity rank 44. showering-1 47. laying down-↓ 52. playing video games-↓ 54. reading-↓ 55. watching tv or movie...-↓ 70. playing games-↓ 77. online shopping-↓ 1131. sitting and listening-↓ 144. getting my hair and...-↓ 149. walking leisurely-↓ 150. shaving-↓ 151. ironing-↓

| 154. arts and crafts-\| | 160. parasailing-\| | | 163. pumping gas-\| | | 164. bird watching-\| | 2 0 2 |
| Per activity phrase caloric expenditure shift