∑-↓ Σ-↑ Σ 20. writing-↑ 38. playing video games-↑ 39. boating-↑ 50. wrapping presents-↑ 55. walking leisurely-↑ 72. playing games-↑ 79. crocheting-↑ Activity rank 81. attending a family $r...-\uparrow$ 85. watching child-↑ 97. knitting-↑ 99. meditating-↑ 104. standing-↑ 110. arts and crafts-↑ 136. clipping my nails-↑ 139. drawing-↑ 140. breastfeeding-↑ 153. shaving-↑ 159. pumping gas-↑ -10 -510 Per activity phrase caloric expenditure shift

Why Vermont expends more calories on average:

 $\Sigma + \uparrow$

Vermont caloric expenditure = 203.22 (Rank 3 out of 49)

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$