Why Wisconsin expends more calories on average: Average US caloric expenditure = 176.60Wisconsin caloric expenditure = 180.21 (Rank 21 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 4. eating-↓ 15. talking on phone-↓ 19. showering-↓ 20. getting my nails done-↓ 29. laying down-↓ 31. attending church-↓ 47. getting my hair done-↓ Activity rank 53. standing-↓ 66. sitting-↓ 67. reading-↓ 86. watching tv or movie...-128. walking leisurely-130. playing video games-1 1132. getting my hair and...-↓ 142. attending a family $r...-\downarrow$ 152. ironing-↓ 153. sitting and listening-↓ 158. parasailing-↓ 162. bird watching-↓ 167. arts and crafts-1 1174. playing guitar-↓ 180. snuggling or petting...-↓ 181. washing dishes-↓ -2 -1 0 Per activity phrase caloric expenditure shift