Indiana caloric expenditure = 177.46 (Rank 27 out of 49) $\Sigma + \downarrow |$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 7. hiking+ \downarrow 8. dancing+1 13. walking+↓ 16. snowboarding+ \downarrow 17. cooking+ $\downarrow \square$ 19. mountain biking+↓ 21. playing football+\ Activity rank 23. boxing+ \downarrow 24. skiing+ 30. using stair master+↓ 31. running stairs+ 33. cleaning vehicles+↓

Why Indiana expends more calories on average:

Average US caloric expenditure = 176.60

44. white water rafting+↓ 46. walking briskly+↓ 47. aerobics+↓ 48. ultimate frisbee+↓ 49. using exercise bike+↓ 51. doing pullups+↓ 54. doing the cooking da...+ \downarrow 57. jet skiing+↓ 58. praise dancing+↓

35. kayaking+ 38. doing pushups+↓ \|

-0.50.00.5Per activity phrase caloric expenditure shift