```
Louisiana caloric expenditure = 164.72 (Rank 48 out of 49)
     \Sigma + \downarrow
                                                 \Sigma + \uparrow
                                                 \Sigma-\downarrow
                          \Sigma-\uparrow
                  1. running+\downarrow
                         2. eating-\uparrow
                                            3. watching tv/movies-↓
                                          4. cooking+↑
                        5. walking+
                        6. dancing+\downarrow
                     7. laying down-↑
Activity rank
                          8. hiking+↓
                     9. ice skating+↓
               10. using treadmill+
         11. getting my hair done-↑
                         12. biking+\downarrow
                                         13. cleaning+↑
                        14. bowling+\downarrow \parallel
                                         15. reading-
                         16. golfing+\downarrow \parallel
                          17. skiing+↓
                          18. sitting-↑
                       19. sledding+
              20. talking on phone-↑
              21. attending church-↑
                                         122. playing video games-↓
                 23. snowboarding+
                                   -4-2024
       Per activity phrase caloric expenditure shift
```

Why Louisiana expends fewer calories on average:

Average US caloric expenditure = 176.60