## Why Missouri expends fewer calories on average: Average US caloric expenditure = 176.60Missouri caloric expenditure = 176.53 (Rank 28 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ $\Sigma$ - $\uparrow$ $\Sigma$ - $\downarrow$ Σ 2. dancing+↓ 5. hiking+ 9. walking+↓ 10. snowboarding+ $\downarrow \downarrow$ 13. biking+↓ 16. skiing $+\downarrow$ 18. boxing+ $\downarrow \parallel$ 19. jogging+↓

20. cleaning+ $\downarrow$ 28. doing my hair+↓ 30. shoveling+ $\downarrow$ 

Activity rank 35. doing yoga+↓ 41. rock climbing+↓ 43. doing pushups+↓ 44. ultimate frisbee+↓ 52. walking a pet+↓I 53. playing basketball+↓ 54. white water rafting+ 55. climbing stairs+↓ 56. bowling+↓ 58. ballet dancing+↓ 59. mountain biking+↓ 66. getting dressed+↓ 1 Per activity phrase caloric expenditure shift