Virginia caloric expenditure = 175.67 (Rank 30 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \downarrow Σ-↑ 10. showering-↑

Why Virginia expends fewer calories on average:

Average US caloric expenditure = 176.60

```
17. getting my hair done-↑
            24. talking on phone-↑
            27. attending church-↑
         34. playing video games-↑
                      43. writing-↑
             65. online shopping-↑
Activity rank
                       70. typing-↑
                 103. meditating-↑
             113. washing dishes-↑
                     141. shaving-↑
                    151. standing-↑
```

Per activity phrase caloric expenditure shift