Average US caloric expenditure = 176.60New Jersey caloric expenditure = 174.08 (Rank 36 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↓ Σ-↑ Σ ¹2. dancing+↑ $4. \text{ boxing} + \uparrow$ 6. walking+↑ 19. playing football+↑ 20. doing laundry+ 21. picking fruit+↑ 27. doing pushups+↑ Activity rank 28. shoveling+↑ 31. walking briskly+↑ 135. doing my hair+↑ 37. running stairs+↑ 44. mini golfing+↑ 45. playing dodgeball+↑ 150. jet skiing+↑ 51. shopping+↑ 153. getting dressed+↑ |54. bachata dancing+↑ 66. pole dancing+↑ 73. playing water polo+↑ 84. chair dancing+↑ 85. race walking+↑ 87. rafting+↑ 90. ballroom dancing+↑ -101 Per activity phrase caloric expenditure shift

Why New Jersey expends fewer calories on average