$\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ-↓ Σ 4. cooking+↑ 23. fishing+↑ 32. white water rafting+ 33. jazzercise+↑ 34. hiking+↑ 36. scuba diving+↑ 39. praise dancing+↑ Activity rank 40. playing football+↑ 47. jet skiing+↑ 53. line dancing+↑ 55. moving furniture+↑ 61. drag racing+↑ 62. walking quickly+↑ 63. cleaning+↑ 66. deep sea diving+↑ 68. doing water aerobics+↑ 72. doing pushups+↑ 82. doing my hair+↑ 83. table dancing+↑ 86. doing a ropes course+↑ 187. doing yardwork+↑ 88. skateboarding+↑ $-0.5 \ 0.0 \ 0.5$ Per activity phrase caloric expenditure shift

Why North Carolina expends fewer calories on aver-

North Carolina caloric expenditure = 172.59 (Rank 39 out of 49)

Average US caloric expenditure = 176.60