New Hampshire caloric expenditure = 183.52 (Rank 15 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ - \downarrow Σ 1. dancing+↓ 11. running+↓ 12. cooking+↓ 13. cleaning+ $\downarrow \square$ 15. playing basketball+↓□ 30. jogging+↓ 34. bowling+ \downarrow Activity rank 40. pole dancing+↓ 43. playing football+↓ 45. using treadmill+↓ 50. boxing+ \downarrow 53. roller skating+↓ 54. skateboarding+↓ 56. weight lifting+↓ 58. fishing+↓ 62. doing pushups+↓ 63. line dancing+↓ 64. using stair master+↓ 65. running stairs+↓ 67. walking quickly+↓ 69. scuba diving+↓ 73. doing my hair $+\downarrow$ 75. aerobics $+\downarrow$ Per activity phrase caloric expenditure shift

Why New Hampshire expends more calories on ave

Average US caloric expenditure = 176.60