Why Nebraska expends more calories on average: Average US caloric expenditure = 176.60Nebraska caloric expenditure = 184.79 (Rank 12 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↓ Σ 1. ice skating+↑ 2. mowing grass+↑ 3. playing football+↑ 4. running+↑ 5. dancing+↑ 6. watching tv/movies-↑ 7. playing basketball+↑ Activity rank 8. swimming+↑ 9. sledding+↑ 10. $cooking+\downarrow$ 11. hiking+↓ 12. walking+↓ 13. golfing+↑ 14. sitting-↑ 15. bowling+↑ 16. using treadmill+ \uparrow 17. talking on phone-↓ 18. getting my nails done-\ 19. getting my hair done-↓ 20. deer hunting+↑ 121. laying down-↓ 22. boxing+↓ |23. running uphill+↑ -1.40.50.00.51.0Per activity phrase caloric expenditure shift