```
Why North Dakota expends more calories on avera
Average US caloric expenditure = 176.60
North Dakota caloric expenditure = 182.78 (Rank 16 out of 49)
                \Sigma + \downarrow |
                                                               \Sigma + \uparrow
                                             \Sigma-\downarrow
                                                    Σ
                     5. cooking+\downarrow
                   8. swimming+1
                     13. boxing+\downarrow
                      15. hiking+↓
                    20. walking+↓
                    25. dancing+\downarrow
            36. mountain biking+↓ ∥
Activity rank
               37. rock climbing+↓
                    46. elliptical+↓
          49. playing basketball+↓
               50. roller skating+↓
              51. skateboarding+↓
              52. doing pushups+↓
              53. jumping jacks+↓
                     55. jogging+↓
             57. walking briskly+↓
                    58. kayaking+↓
                59. line dancing+↓
          60. using stair master+↓
             62. doing yardwork+↓
              65. running stairs+↓
                      66. biking+↓
                   67. jet skiing+↓
                                -2-1012
      Per activity phrase caloric expenditure shift
```