Why Arizona expends more calories on average: Average US caloric expenditure = 176.60Arizona caloric expenditure = 181.96 (Rank 18 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↓ Σ 1. hiking+↑ 2. running+↑ 3. swimming+↑ 4. mountain biking+↑ 5. watching tv/movies-↑ 6. golfing+↑ 7. cleaning vehicles+1 Activity rank 8. using treadmill+↑ 9. cleaning+↑ 10. dancing+ $\downarrow \square$ 11. cooking+↓ 12. talking on phone-↓ 13. playing basketball+↓□ ■14. sitting-↓ 15. eating- \downarrow ¹16. rock climbing+↑ 17. playing video games-↑ 18. ice skating+↓ 19. getting my hair done-↓ 20. fishing+ \downarrow 21. biking+↓ 22. attending church-23. showering-Per activity phrase caloric expenditure shift