```
Why Connecticut expends fewer calories on average
Average US caloric expenditure = 176.60
Connecticut caloric expenditure = 174.58 (Rank 33 out of 49)
    \Sigma + \downarrow
                                                 \Sigma + \uparrow
                      Σ-↑
                                          1. eating-↓
                 2. dancing+\downarrow
       3. watching tv/movies-↑
                                     4. sledding+↑
                    5. running+1
                                    _6. walking+↑
                      7. biking+↓
Activity rank
          8. playing basketball+
                                    ■9. getting my hair done-↓
        10. playing video games-↑
                     11. golfing+↓
                                   12. shoveling+↑
       13. getting my nails done-↑
                                   14. picking fruit+↑
                                   15. cleaning+↑
                    16. cooking+↓□
                   17. showering-↑
                     18. fishing+↓□
                     19. jogging+↓□
                                   20. attending church-
                      21. skiing+\downarrow
                                   ■22. standing-↓
             23. using treadmill+↓
                             -1.00.50.00.51.0
      Per activity phrase caloric expenditure shift
```