Why Maryland consumes less calories on average: Average US calories = 267.25Maryland calories = 261.77 (Rank 7 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 8. tomato-↓ 9. ice cream-↓ 10. catfish-↓ 13. pineapple-↓ ■15. lobster-↓ 17. green beans-↓ ■19. grits-↓ ■20. mushrooms-↓ \square 22. oranges- \downarrow Food rank \square 23. carrot- \downarrow $\square 25. \text{ onion-} \downarrow$ ■26. cucumber-↓ **□**27. egg-↓ ■28. greek yogurt-↓ 31. spinach-↓ 39. oysters-↓ **4**0. celery-↓ 41. frozen yogurt-↓ 42. chicken salad-↓ ¶43. turkey-↓ 45. brussels sprouts-↓ 47. banana-↓ 48. baked potato-J Per food phrase caloric shift