Why Arizona consumes less calories on average: Average US calories = 267.25 Arizona calories = 263.91 (Rank 11 out of 49)

| $\begin{array}{c ccccccccccccccccccccccccccccccccccc$ | Arız | Arizona calories = 263.91 (Rank 11 out of 49) | | | |
|---|-----------|---|-----------------------|--|--|
| 3. butter+↓ 5. cake+↓ 7. cookies+↓ 14. sunflower seeds+↓ 23. sausage+↓ 25. sugar cookie+↓ 27. cookie dough+↓ 34. bacon+↓ 46. almonds+↓ 48. hard candy+↓ 52. turkey bacon+↓ 62. corn chips+↓ 66. candy bar+↓ 67. olive oil+↓ 72. donuts+↓ 79. chocolate cake+↓ 83. peanuts+↓ 87. bacon fat+↓ 89. cashews+↓ 94. fried chicken+↓ 101. popcorn+↓ 102. mayonnaise+↓ 102. mayonnaise+↓ 103. peanutse+↓ 104. mayonnaise+↓ 105. mayonnaise+↓ 106. cake+↓ 107. mayonnaise+↓ 108. mayonnaise+↓ 109. mayonnaise+↓ 100. mayonnaise+↓ 100. mayonnaise+↓ 100. mayonnaise+↓ 101. popcorn+↓ 102. mayonnaise+↓ 103. mayonnaise+↓ 104. mayonnaise+↓ 105. mayonnaise+↓ 106. cake+↓ 107. mayonnaise+↓ 108. mayonnaise+↓ 108. mayonnaise+↓ 109. mayonnaise+↓ 100. mayonnaise+↓ 100. mayonnaise+↓ 100. mayonnaise+↓ 100. mayonnaise+↓ 101. popcorn+↓ 102. mayonnaise+↓ 103. mayonnaise+↓ 104. mayonnaise+↓ 105. mayonnaise+↓ 106. cake+↓ 107. cookies+↓ 108. cake+↓ 108. cake+↓ 109. cake+↓ 1 | | Σ + \downarrow | Σ + \uparrow | | |
| 3. butter+↓ 5. cake+↓ 7. cookies+↓ 14. sunflower seeds+↓ 23. sausage+↓ 25. sugar cookie+↓ 27. cookie dough+↓ 34. bacon+↓ 46. almonds+↓ 48. hard candy+↓ 52. turkey bacon+↓ 62. corn chips+↓ 66. candy bar+↓ 67. olive oil+↓ 72. donuts+↓ 79. chocolate cake+↓ 83. peanuts+↓ 87. bacon fat+↓ 89. cashews+↓ 94. fried chicken+↓ 101. popcorn+↓ 102. mayonnaise+↓ 102. mayonnaise+↓ 31. cookies+↓ 103. peanuts+↓ 104. fried chicken+↓ 105. mayonnaise+↓ 106. cookies+↓ 107. mayonnaise+↓ 108. mayonnaise+↓ 109. mayonnaise+↓ 109. mayonnaise+↓ 100. mayonnaise+↓ 101. popcorn+↓ 102. mayonnaise+↓ 103. mayonnaise+↓ 104. mayonnaise+↓ 105. mayonnaise+↓ 106. candy bar+↓ 107. mayonnaise+↓ 108. mayonnaise+↓ 108. mayonnaise+↓ 109. mayonn | Food rank | Σ-↑ | ∑-↓ | | |
| $ \begin{array}{c c} 5. $ | | Σ | | | |
| 34. bacon \downarrow \downarrow 37. cheese \downarrow \downarrow 46. almonds \downarrow \downarrow 48. hard candy \downarrow \downarrow 52. turkey bacon \downarrow \downarrow 62. corn chips \downarrow \downarrow 66. candy bar \downarrow \downarrow 67. olive oil \downarrow \downarrow 72. donuts \downarrow \downarrow 79. chocolate cake \downarrow \downarrow 83. peanuts \downarrow \downarrow 87. bacon fat \downarrow \downarrow 89. cashews \downarrow \downarrow 94. fried chicken \downarrow \downarrow 101. popcorn \downarrow \downarrow 102. mayonnaise \downarrow \downarrow 102. mayonnaise \downarrow \downarrow 103. | | 5. $cake+\downarrow$ 7. $cookies+\downarrow$ 14. $sunflower seeds+\downarrow$ 23. $sausage+\downarrow$ 25. $sugar cookie+\downarrow$ | | | |
| 102. mayonnaise+ $\downarrow \parallel$ | | $34. \text{ bacon} + \downarrow \square$ $37. \text{ cheese} + \downarrow \square$ $46. \text{ almonds} + \downarrow \square$ $48. \text{ hard candy} + \downarrow \square$ $52. \text{ turkey bacon} + \downarrow \square$ $62. \text{ corn chips} + \downarrow \square$ $66. \text{ candy bar} + \downarrow \square$ $67. \text{ olive oil} + \downarrow \square$ $72. \text{ donuts} + \downarrow \square$ $79. \text{ chocolate cake} + \downarrow \square$ $83. \text{ peanuts} + \downarrow \square$ $87. \text{ bacon fat} + \downarrow \square$ $89. \text{ cashews} + \downarrow \square$ $94. \text{ fried chicken} + \downarrow \square$ $101. \text{ popcorn} + \downarrow \square$ | | | |
| | | 102. mayonnaise+ $\downarrow \downarrow$ | 1 | | |

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 & 102. \text{ mayonnaise} + \downarrow \parallel \\
\hline
 & -2 & 0 & 2 \\
\hline
 & Per food phrase caloric shift}
\end{array}$