Why Tennessee consumes less calories on average: Average US calories = 267.25Tennessee calories = 266.63 (Rank 21 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow 1. corn-↑ 5. green beans-↑ 7. chicken-↑ 10. catfish-↑ 14. mashed potatoes-↑ 18. spaghetti-↑ 20. turnip greens-↑ 22. okra-↑ 23. ribs-↑ Food rank 24. turkey-↑ 28. peaches-↑ 30. cheese dip-↑ 33. applesauce-↑ 37. mac and cheese-↑ 40. banana pudding-↑ 44. grits-↑ 52. kale-↑ 55. pork-↑ 57. watermelon-↑ 59. pancakes-↑ 60. green tomatoes-↑ 61. chicken salad-↑ 65. spinach-↑ Per food phrase caloric shift