## Σ 7. sitting-↑ 19. watching tv/movies-↑ 33. wrapping presents-↑ 34. writing-↑ 43. reading-↑ 48. meditating-↑ 81. playing guitar-↑ Activity rank 85. sitting on a toilet-↑ 101. brushing my teeth-↑ 105. attending a family $r...-\uparrow$ 112. online shopping-↑ 128. typing-↑ -20-10 0 10 20 Per activity phrase caloric expenditure shift

Why Wyoming expends more calories on average:

 $\Sigma$ - $\downarrow$ 

 $\Sigma + \uparrow$ 

Wyoming caloric expenditure = 209.58 (Rank 1 out of 49)

∑-↑

 $\Sigma + \downarrow$ 

Average US caloric expenditure = 176.60