Louisiana caloric expenditure = 164.72 (Rank 48 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ - \downarrow Σ 3. watching tv/movies-↓ 15. reading-↓ 122. playing video games-↓ 25. writing-↓ 35. boating-↓ |50. standing-↓ 54. getting my nails done-↓ Activity rank 61. wrapping presents-↓ 69. knitting-↓ 112. watching child-↓ 113. shaving-↓ 123. walking leisurely-↓ 130. playing guitar-↓ 133. drawing-↓ 135. sitting on a toilet-141. snuggling or petting...-↓ |143. meditating- \downarrow 148. arts and crafts-1 149. typing-↓ 155. bird watching-↓ 1167. playing games-↓ 1181. playing video games-↓ 184. crocheting-↓ -4-2024Per activity phrase caloric expenditure shift

Why Louisiana expends fewer calories on average:

Average US caloric expenditure = 176.60