## Kansas caloric expenditure = 180.08 (Rank 22 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ $\Sigma$ - $\downarrow$ Σ 1. running+↑ 2. watching tv/movies-↑ 3. eating-↓ 4. mowing grass+↑ 5. playing basketball+↑ 6. dancing+↓ 7. playing football+↑ Activity rank 8. cleaning vehicles+↑ 9. hiking+↓ 10. cooking+↓ 11. walking+↓ $\square 12$ . getting my nails done- $\downarrow$ 13. golfing+ $\uparrow$ 14. cleaning+↑ 15. playing video games-↑ 16. talking on phone-↓ 17. bowling+↑ 18. swimming+↑ 19. sledding+↑ 20. ice skating+↓□ 21. ultimate frisbee+↑ 22. getting my hair done-1 23. climbing stairs+ $\uparrow$ -2 -1 0 Per activity phrase caloric expenditure shift

Why Kansas expends more calories on average:

Average US caloric expenditure = 176.60