Why Illinois consumes less calories on average: Average US calories = 267.25 Illinois calories = 265.35 (Rank 16 out of 49) $\Sigma + \downarrow \qquad \qquad \Sigma + \uparrow \qquad \qquad \Sigma - \uparrow$

	`		2 ' '	
	Σ-↑			Σ-↓
Food rank		Σ		
			7. ice cream-↓8. crab-↓12. shrimp-↓	
			$ \begin{array}{c c} \hline 18. \ eggnog-\downarrow \\ \hline 21. \ turkey-\downarrow \\ \hline 22. \ collards-\downarrow \\ \end{array} $	
			24 . pineapple- \downarrow 25 . mango- \downarrow	
			□31. lettuce-↓ □34. lobster-↓ □38. frozen yogurt-↓	
			$41. \text{ spaghetti-} \$	
			144. grapes-↓ 246. beet-↓	
			49. mashed potatoes-↓ 55. papaya-↓ 56. opion ↓	

Per food phrase caloric shift