6. laying down-↑ 11. watching tv/movies-↑ 14. sitting-↑ 15. attending church-↑ 25. getting my hair done-↑ 46. talking on phone-↑ Activity rank 51. watching tv or movie...-↑ 57. washing dishes-↑ 70. taking medicine-↑ 94. sitting and listening-↑ 113. crocheting-↑ 132. ironing-↑ 149. playing games-↑ 167. painting-↑ 200. watching sports in p...-↑

-2

Per activity phrase caloric expenditure shift

Why Arkansas expends fewer calories on average:

 $\Sigma + \uparrow$

 Σ - \downarrow

Arkansas caloric expenditure = 167.73 (Rank 46 out of 49)

2. eating-↑

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$

Σ