Why Missouri consumes less calories on average: Average US calories = 267.25Missouri calories = 263.28 (Rank 10 out of 49) $\Sigma + 1$

	$\Sigma + \downarrow$ $\Sigma + \uparrow$
Food rank	Σ - \uparrow Σ - \downarrow
	Σ
	1. chocolate candy+↓
	2. bacon+↑
	3. butter+
	4. noodles-↑
	5. chicken-↑
	6. cookies+↓
	7. cake+↓
	8. tomato-↑
	9. cake with frosting+↓□ 10. green beans-↑□
	10. green beans- ■ 11. papaya-↑ ■
q	11. papaya- ■ 12. cashews+↑
00	13. mashed potatoes-↑
Н	19. masned postatoes ■14. beef-↓
	15. blueberry-↑
	\square 16. pineapple- \downarrow
	□17. apples-↓
	□18. cookie dough+↑
	19. corn-↑
	$\square 20.$ cucumber- \downarrow
	21. grits-↓
	22. onion-↑
	22 panahas 1

Per food phrase caloric shift