6. laying down-↑ 13. attending church-↑ 14. talking on phone-↑ 15. sitting-↑ 16. getting my hair done-↑ 30. showering-↑ Activity rank 47. watching tv or movie...-↑ 56. washing dishes-↑ 74. playing video games-↑ 99. playing games-↑ 110. sitting and listening-↑ 137. ironing-↑ 176. attending a family $r...-\uparrow$ -4-2024 Per activity phrase caloric expenditure shift

Why Mississippi expends fewer calories on average:

| Σ+↑ Σ-↓

Mississippi caloric expenditure = 161.26 (Rank 49 out of 49)

Σ-↑

3. eating-↑

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$

Σ