Why South Dakota expends more calories on avera Average US caloric expenditure = 176.60South Dakota caloric expenditure = 189.57 (Rank 7 out of 49) $\Sigma + \uparrow$ $\Sigma + \downarrow$ Σ - \downarrow Σ 9. walking+ 13. playing football+ 14. cooking+↓ 18. using treadmill+↓ 19. swimming+↓ 23. boxing+ \downarrow 27. dancing+↓ Activity rank 28. ice skating+↓ 46. pole dancing+↓ 49. doing laundry+↓ 53. playing active video...+↓ 54. shoveling+↓ 55. jumping jacks+↓ 57. shopping+↓ 58. doing situps+↓ 60. walking a pet+↓ 61. line dancing+↓ 62. using stair master+↓ 65. doing yardwork+↓ 66. running stairs+↓ 68. jet skiing+↓ 69. walking quickly+↓ 71. skiing $+\downarrow$ 5 Per activity phrase caloric expenditure shift