Why Massachusetts consumes less calories on average Average US calories = 267.25Massachusetts calories = 263.86 (Rank 12 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ 1. lobster-↑ 2. apples-↑ 8. banana-↑ 9. ice cream-↑ 15. oysters-↑ 19. cucumber-↑ 20. peaches-↑ 21. onion- \uparrow 25. turkey-↑ Food rank 27. clam-↑ 29. grapefruit-↑ 31. lentils-↑ 38. eggnog-↑ 40. roast beef-↑ 42. broccoli-↑ 45. butternut squash-↑ 48. raspberry-↑□ 54. lettuce-↑ 60. scallops-↑ 63. grapes-↑ 64. tomato sauce-↑ 66. broiled chicken-↑ 69. pulled pork-↑ Per food phrase caloric shift