3. watching tv/movies-↓ 8. laying down-11. sitting-14. getting my hair done-1 22. talking on phone-↓ 24. attending church-↓ 42. playing video games-↓ Activity rank 43. writing-↓ 52. reading-↓ 63. boating-↓ 86. watching tv or movie...-104. sitting and listening-↓ 1115. showering-↓ 133. taking medicine-↓ 134. snuggling or petting...-

Why Nevada expends more calories on average:

 $\Sigma + \uparrow$

Nevada caloric expenditure = 178.69 (Rank 25 out of 49)

Σ-↑

 Σ - \downarrow

| 144. wrapping presents-↓ | 151. washing dishes-↓ | 161. bird watching-↓

| 181. attending a family r...-↓ | 184. playing video games-↓

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$

Per activity phrase caloric expenditure shift