

Why Oregon expends more calories on average:

Average US caloric expenditure = 176.60

19. doing laundry+↓ 20. cleaning vehicles+↓ 25. boxing+ \downarrow Activity rank 38. swimming+↓ 40. sledding+↓ 46. jumping jacks+↓ 49. line dancing+ \downarrow 50. using stair master+ 54. running stairs+↓ 55. pole dancing+↓ 56. jet skiing+↓ 62. scuba diving+↓ 64. climbing stairs+↓ 65. weight lifting+↓ 66. deer hunting+↓ 69. doing my hair+↓ 72. doing situps $+\downarrow 1$ 74. table dancing+\|

Per activity phrase caloric expenditure shift