$\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ 2. watching tv/movies-1 16. reading-↓ 25. boating-↓ 28. playing video games-\ 43. writing-↓ 76. knitting-↓ 80. meditating-↓ Activity rank 105. watching child-↓ 1111. walking leisurely-116. sitting and listening-↓ 135. shaving-↓ 142. playing guitar-↓ 143. wrapping presents-↓ 152. typing-↓ 169. playing video games-1 179. snuggling or petting...-↓ 190. arts and crafts-↓ 192. brushing my teeth-↓ $-0.5 \, 0.0 \, 0.5$ Per activity phrase caloric expenditure shift

Why North Carolina expends fewer calories on aver-

North Carolina caloric expenditure = 172.59 (Rank 39 out of 49)

Average US caloric expenditure = 176.60