Why New York expends more calories on average: Average US caloric expenditure = 176.60New York caloric expenditure = 184.79 (Rank 11 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↓ Σ 1. running+↑ 2. dancing+↑ 3. walking+↑ 4. eating-1 5. swimming+↓ 6. ice skating+↑ 7. biking+↑ Activity rank 8. laying down-↓ 9. cleaning+↓ 10. talking on phone-↓ 11. getting my nails done-↑ 12. cooking+↓ 13. getting my hair done-↓ 14. using treadmill+↑ 15. boxing+↑ 16. playing football+↓ 17. playing basketball+↓□ 18. cleaning vehicles+↓□ ■19. showering-↓ ■20. playing video games-↓ ■21. attending church-↓ 22. reading-↑ 23. boating-↑ 2 Per activity phrase caloric expenditure shift