Why Illinois consumes less calories on average: Average US calories = 267.25Illinois calories = 265.35 (Rank 16 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \downarrow Σ - \uparrow Σ 4. cookies+↑ 11. olive oil+↑ 19. cake+↑ 27. cheese+ \uparrow 37. coconut oil+ \uparrow 45. popeyes chicken+↑ 47. sausage+↑ 51. chocolate cake+↑ 63. shortcake+↑ Food rank ¶76. parmesan cheese+↑ 83. falafel+↑ 86. peanuts+↑ ¶92. cheese stick+↑ 110. garlic bread+↑ 1118. italian sausage+↑ 124. deep dish pizza+↑ 134. corn pops+↑ 140. oats $+\uparrow$

1146. pound cake+↑ 1163. duck fat+↑

169. cream cheese+↑

179. pretzels+↑

185. jack cheese+↑

Per food phrase caloric shift