```
Why New Jersey expends fewer calories on average
Average US caloric expenditure = 176.60
New Jersey caloric expenditure = 174.08 (Rank 36 out of 49)
    \Sigma + \downarrow
                                                     \Sigma + \uparrow
                           \Sigma-\uparrow
                                             \Sigma-\downarrow
                     Σ
                   1. running+\downarrow
                    7. swimming+↓
                         9. hiking+↓
                        10. biking+\downarrow
                   11. ice skating+↓
          13. playing basketball+↓ ∥
                        14. skiing+\downarrow
Activity rank
                       16. golfing+↓
            17. mountain biking+↓
                      18. cleaning+↓
                       22. fishing+↓
                24. mowing grass+↓
                25. rock climbing+↓
                      29. sledding+↓
            30. cleaning vehicles+↓
                      32. bowling+\downarrow
                34. weight lifting+↓
                      38. cooking+↓
                     39. kayaking+↓
                 40. line dancing+\downarrow
              42. ultimate frisbee+↓
                      46. hunting+\downarrowl
          48. using exercise bike+↓
                                   -101
      Per activity phrase caloric expenditure shift
```