Why Indiana consumes more calories on average:

Average US calories = 267.25

Indiana calories = 272.76 (Rank 42 out of 49)

Food rank

Per food phrase caloric shift

Σ+↓   Σ+↑
Σ-↑   Σ-↓
Σ

6. banana-↓
7. crab-↓
10. apples-↓
12. grits-↓
19. mango-↓
20. turkey-↓
24. spinach-↓
25. pineapple-↓
27. lobster-↓
29. cabbage-↓
30. egg-↓
32. shrimp-↓
34. mushrooms-↓
36. broccoli-↓
39. collards-↓
40. pasta-↓
41. oysters-↓
44. applesauce-↓
45. broiled chicken-↓
56. brown rice-↓
60. papaya-↓
62. chicken-↓
65. chicken salad-↓

-2 -1   0   1   2