Mississippi caloric expenditure = 161.26 (Rank 49 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↓ Σ-↑ Σ 4. cooking+↑ 19. playing football+↑ 23. cleaning+↑ 31. weight lifting+↑ 35. fishing+↑ 42. doing pushups+↑ 43. hunting+↑ Activity rank 49. doing situps+↑ 60. doing the cooking da...+ \uparrow 167. mopping+↑ 75. playing dodgeball+↑ 177. doing my hair+↑ 78. table dancing+↑ 179. moving furniture+↑ 84. cleaning yard+↑ 89. power lifting+↑ 192. doing the safety dance+↑ 93. jumping jacks+↑ 94. body building+↑ 197. getting dressed+↑ 105. doing the chicken da... $+\uparrow$ 1109. playing disc golf+↑ 112. bass fishing+↑ -4-2024 Per activity phrase caloric expenditure shift

Why Mississippi expends fewer calories on average:

Average US caloric expenditure = 176.60