

Food rank



- 6. chicken-↓
- 9. shrimp-↓
- 13. crab-↓
- 15. ice cream-↓
- 18. pineapple-↓
- 28. mango-↓
- 31. catfish-↓
- 32. corn-↓
- 33. oranges-↓
- 37. applesauce-↓
- 40. broccoli-↓
- 44. oatmeal-↓
- 45. banana pudding-↓
- 46. mac and cheese-↓
- 48. strawberries-↓
- 50. sweet potato-↓
- 51. chicken salad-↓
- 57. grits-↓
- 58. collards-↓
- 60. beef-↓
- 65. macaroni-↓
- 82. raspberry-↓
- 83. salmon-↓

-5      0      5

Per food phrase caloric shift