## Illinois caloric expenditure = 175.55 (Rank 31 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$

Why Illinois expends fewer calories on average:

Average US caloric expenditure = 176.60

```
\Sigma-\downarrow
                          \Sigma-\uparrow
                          Σ
                                          1. dancing+↑
                                      \square7. biking+\uparrow
                                      10. walking+↑
                                      11. sledding+↑
                                      13. using treadmill+↑
                                      14. playing basketball+↑
                                      15. bowling+↑
Activity rank
                                      22. ice skating+↑
                                      27. ultimate frisbee+↑
                                      28. cleaning+↑
                                      35. jumping jacks+↑
                                      40. line dancing+↑
                                      42. Latin street dancing+↑
                                      43. weight lifting+↑
                                      45. belly dancing+↑
                                      47. doing laundry+↑
                                      50. shopping+↑
                                      161. using stair master+↑
                                      67. biking racing+↑
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-0.50.00.5Per activity phrase caloric expenditure shift

70. deer hunting+↑ 171. square dancing+↑ 176. pole dancing+↑ 81. slow dancing+↑