18. boating-↓ 22. attending church-↓ 31. standing-1 36. getting my hair done-1 75. washing dishes-↓ 77. watching tv or movie...-↓ Activity rank 129. shaving-↓ 144. drawing-↓ 148. ironing-↓ 149. crocheting-↓ 151. reading-↓ 155. attending a family r...-↓ 157. meditating-↓ 161. taking medicine-↓ 174. parasailing-↓ 176. watching child-↓ 191. making copies-↓ -0.50.00.5Per activity phrase caloric expenditure shift

Why Pennsylvania expends fewer calories on avera

 $\Sigma + \uparrow$

 Σ - \downarrow

4. eating-↓

Pennsylvania caloric expenditure = 174.52 (Rank 34 out of 49)

Average US caloric expenditure = 176.60

Σ-↑

Σ

 $\Sigma + \downarrow$