## Why Iowa consumes more calories on average: Average US calories = 267.25

Iowa calories = 273.86 (Rank 43 out of 49)

```
\Sigma + \downarrow
                                                             \Sigma + \uparrow
                                                          Σ
                  2. donuts+\downarrow
                       14. bacon+↓
                          25. cake+1
                      34. popcorn+↓[
              35. cheddar cheese+↓
                       56. sausage+\downarrow
                         66. pecans+↓□
                         70. pastry+1
                   71. coconut oil+
Food rank
                     78. pistachios+↓
           96. cake with frosting+↓
                      97. bacon fat+\downarrow
                       98. cashews+↓
                  100. cheese stick+\downarrow
                  101. apple jacks+↓
                 113. garlic bread+↓
              115. pumpkin seeds+↓
                  116. almond joy+\downarrow \parallel
                           118. oats+\downarrow
              120. almond butter+
              127. sausage biscuit+\downarrow \parallel
            130. popeyes chicken+↓
                   132. corn flakes+\downarrow
```

Per food phrase caloric shift