Why Ohio consumes more calories on average: Average US calories = 267.25 Ohio calories = 275.62 (Rank 46 out of 49)

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	Σ + \downarrow	Σ+↑
	Σ-↑	Σ-↓
		Σ
Food rank		4. crab-↓ 5. shrimp-↓ 9. pasta-↓ 11. frozen yogurt-↓ 14. mango-↓ 15. collards-↓ 21. oysters-↓ 22. spinach-↓ 25. lobster-↓ 27. kale-↓ 28. cucumber-↓ 29. avocado-↓ 36. apples-↓ 39. sweet potato-↓ 41. onion-↓ 44. king crab-↓ 45. mushrooms-↓ 47. strawberries-↓ 50. broccoli-↓ 52. eggplant-↓ 54. grits-↓ 58. blueberry-↓ 59. potato salad-↓

Per food phrase caloric shift