```
\Sigma + \downarrow
                                                   \Sigma+\uparrow
                      \Sigma-\uparrow
       3. watching tv/movies-↑
        10. playing video games-↑
       13. getting my nails done-↑
                   17. showering-↑
                       28. sitting-↑
               31. playing games-↑
               41. watching child-↑
Activity rank
                      53. boating-↑
                   57. meditating-↑
                      76. knitting-↑
                 81. laying down-↑
                       92. writing-↑
          102. brushing my teeth-↑
              126. playing guitar-↑
           129. sitting on a toilet-↑
          132. wrapping presents-↑
    134. watching tv or movie...-↑
                139. pumping gas-↑
              151. arts and crafts-↑
                     157. drawing-↑
              196. feeding family-↑
                             -1.00.50.00.51.0
      Per activity phrase caloric expenditure shift
```

Why Connecticut expends fewer calories on average

Connecticut caloric expenditure = 174.58 (Rank 33 out of 49)

Average US caloric expenditure = 176.60