New York caloric expenditure = 184.79 (Rank 11 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ $\sum -\downarrow$ ∑-↑ Σ 11. getting my nails done-↑ 22. reading-↑ 23. boating-↑ 25. writing-↑ 26. watching tv/movies-↑ 29. standing-↑ 37. sitting-↑ Activity rank 58. meditating-↑ 70. wrapping presents-1 78. walking leisurely-↑ 79. knitting-↑ 80. watching tv or movie...-↑ 100. snuggling or petting...-↑ 102. online shopping-↑ 135. getting my hair and...-↑ 141. crocheting-↑ 154. painting-↑ 162. breastfeeding-↑ 178. fidgeting-↑ Per activity phrase caloric expenditure shift

Why New York expends more calories on average:

Average US caloric expenditure = 176.60