Why Utah consumes more calories on average: Average US calories = 267.25Utah calories = 267.37 (Rank 26 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ 2. noodles-↑ 4. ice cream-↑ 6. oatmeal-↑ 11. apples-↑ 16. frozen yogurt-↑ 17. carrot-↑ 27. broccoli-↑ 30. spinach-↑ 33. banana-↑ Food rank 34. tuna-↑ 35. onion-↑ 36. eggnog-↑ 40. raspberry-↑ 44. yogurt-↑ 49. pasta sauce-↑ 51. turnips-↑ 53. lettuce-↑ 56. chicken salad-↑ 58. chicken breast-↑ 59. scalloped potatoes-↑ 65. butternut squash-↑ 67. pulled pork-↑ 71. mushrooms-↑ 0 Per food phrase caloric shift