Σ 2. watching tv/movies-↑ 6. sitting-↑ 7. playing video games-↑ 8. laying down-↑ 37. showering-↑ 43. wrapping presents-↑ 58. watching tv or movie...-↑ Activity rank 73. shaving-↑ 86. playing games-↑ 106. writing-↑ 110. online shopping-↑ 122. getting my hair and...-↑ 123. reading-↑ 143. drawing-↑ 147. playing guitar-↑ 151. making copies-↑ 155. attending a family $r...-\uparrow$ 193. arts and crafts-↑ 197. sitting and listening-↑ -2-1012 Per activity phrase caloric expenditure shift

Why West Virginia expends fewer calories on average

 $\Sigma + \uparrow$

 Σ - \downarrow

West Virginia caloric expenditure = 171.79 (Rank 41 out of 49)

Average US caloric expenditure = 176.60

Σ-↑

 $\Sigma + \downarrow$