Why Virginia consumes less calories on average: Average US calories = 267.25Virginia calories = 265.76 (Rank 18 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ - \downarrow Σ 6. carrot-↓ 9. pineapple-1 10. corn-↓ 11. lobster-↓ 12. ice cream-↓ 13. mushrooms-↓ 20. apples-↓ 23. mashed potatoes-1 25. tomato- \downarrow Food rank 29. cherries-1 34. peaches-↓ |36. frozen yogurt-↓ 40. catfish- \downarrow 41. cabbage-↓ 42. cucumber-↓ ■44. blueberry-↓ ■45. egg whites-↓ ☐55. grapes-↓ ■56. eggplant-↓ ■57. clam-↓ ■58. pear-↓ ■59. cantaloupe-↓ **1**60. tuna-↓

-1.0 -0.5 0.0 0.5 Per food phrase caloric shift