$\Sigma + \downarrow \qquad \qquad \Sigma + \uparrow$ $\Sigma - \uparrow \qquad \qquad \Sigma - \downarrow$ $\Sigma \qquad \qquad \Sigma \qquad \qquad \Sigma$ 3. hiking + \\ \Boxed{\boxed}

Why Florida expends more calories on average:

Florida caloric expenditure = 178.67 (Rank 26 out of 49)

Average US caloric expenditure = 176.60

6. cleaning+ 8. playing football+ 9. sledding+ \downarrow 10. skiing $+\downarrow$ 16. snowboarding+↓ 18. ice skating+↓ Activity rank 19. dancing+ \downarrow 21. doing laundry+↓ 22. bowling+ $\downarrow \parallel$ 26. swimming+↓ 29. using treadmill+↓ 32. moving grass+ \downarrow 37. shoveling+↓ 38. playing basketball+↓ 49. deer hunting+↓ 50. hunting+ \downarrow

52. picking fruit+↓|
54. climbing stairs+↓|
56. white water rafting+↓|
59. playing dodgeball+↓|
61. running uphill+↓|
62. doing my hair+↓|
Per activity phrase caloric expenditure shift