Why Oklahoma expends more calories on average: Average US caloric expenditure = 176.60Oklahoma caloric expenditure = 180.57 (Rank 20 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ $\blacksquare 4. \text{ eating-} \downarrow$ 15. getting my hair done-1 23. talking on phone-1 25. showering-↓ 27. getting my nails done-1 42. boating-↓ 44. standing-↓ Activity rank 50. laying down-↓ 68. meditating-⊥ 72. watching tv or movie...-77. washing dishes-↓ 101. walking leisurely-↓ 1105. watching child-↓ 132. snuggling or petting...-149. parasailing-↓ 155. ironing-↓ 156. pumping gas-↓ 157. bird watching-↓ 182. arts and crafts-1 183. playing video games-↓ 186. taking medicine-190. drawing-↓ Per activity phrase caloric expenditure shift