Why DC consumes less calories on average: Average US calories = 267.25

DC calories = 257.73 (Rank 4 out of 49)

	$\Sigma + \downarrow$	Σ + \uparrow	
	Σ-↑	Σ-↓	
	Σ		
Food rank	-2 -1	4. ice cream-↓ 16. baked potato-↓ 19. banana-↓ 21. mashed potatoes-↓ 25. corn-↓ 28. pasta-↓ 30. green beans-↓ 31. turkey-↓ 33. strawberries-↓ 42. catfish-↓ 47. chicken salad-↓ 51. watermelon-↓ 54. mango-↓ 56. cabbage-↓ 58. grapes-↓ 66. egg whites-↓ 66. egg whites-↓ 68. carrot-↓ 69. pancakes-↓ 171. mac and cheese-↓ 80. apples-↓ 81. beet-↓ 0 1 2	
	Per food phrase caloric shift		