Why Missouri consumes less calories on average: Average US calories = 267.25 Missouri calories = 263.28 (Rank 10 out of 49)

 $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 14. beef-↓ ■16. pineapple-↓ 17. apples-↓ ■20. cucumber-↓ ■21. grits-↓ ■24. spinach-↓ ■25. spaghetti-↓ ■29. turkey-↓ \square 30. ice cream- \downarrow Food rank 32. crab-↓ 33. collards-↓ ■38. strawberries-↓ 39. shrimp-↓ 41. baked potato-↓ 46. egg-↓ 50. banana pudding-↓ ■53. oysters-↓ 156. watermelon-↓ 57. potato salad-↓ 62. frozen yogurt-↓ 63. broiled chicken-↓

| 66. lobster-↓ ||69. banana-↓ -1 0 1 | Per food phrase caloric shift