Why Utah consumes more calories on average: Average US calories = 267.25Utah calories = 267.37 (Rank 26 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ 1. butter+ \downarrow 2. noodles-↑ 3. $cake+\downarrow$ 4. ice cream-↑ 5. peanut butter+↑ 6. oatmeal- \uparrow 7. chicken-1 8. bacon+ \downarrow 9. cookies+↑ Food rank |10. cookie dough+↑ 11. apples-↑ 12. fortune cookie+↑ 13. crab-↓ 14. potato chips+↑ 15. donuts+ \downarrow 16. frozen yogurt-↑ 17. carrot-↑ 18. beef- \downarrow 19. chocolate candv+↑ 20. grits-↓ 21. egg-↓ 22. shrimp- \downarrow 23. sunflower seeds+

Per food phrase caloric shift