Average US caloric expenditure = 176.60Kentucky caloric expenditure = 173.77 (Rank 37 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ ∑-↑ 1. watching tv/movies-↑ 2. dancing+↓ 3. running+↑ $\blacksquare 4$. eating- \downarrow 5. biking+↓ 6. cleaning+↑ . swimming+↑ Activity rank 8. hiking+↓ 9. playing football+↑ 10. playing video games-↑ 11. laying down-↑ $\square 12. \text{ mowing grass} + \uparrow$ 13. fishing+↑ 14. cooking+↓ ¹15. playing basketball+↑ 16. snowboarding+↓□ 17. boxing+↓ 18. bowling+↑ 19. walking+↓ 20. skiing+↓ 21. sitting-↑ 22. golfing+↑ 23. getting my nails done--1 Per activity phrase caloric expenditure shift

Why Kentucky expends fewer calories on average: