```
Why South Carolina expends fewer calories on aver-
Average US caloric expenditure = 176.60
South Carolina caloric expenditure = 171.85 (Rank 40 out of 49)
    \sum + \downarrow
                                               \Sigma + \uparrow
                       ∑-↑
                Σ
                                            1. watching tv/movies-1
                  2. dancing+↓
                     3. eating-↑
                   4. running+↓
                                       5. cooking+↑
                     6. walking+↓
                   7. swimming+↓
Activity rank
                       8. hiking+\downarrow
             9. talking on phone-↑
                 10. ice skating+↓ □
       11. getting my hair done-↑
                    12. sledding+\downarrow
             13. using treadmill+↓□
                                     14. playing football+↑
                                     15. weight lifting+↑
                     16. bowling+\downarrow \square
            17. attending church-↑
            18. mountain biking+1
                       19. biking+\downarrow
                                     20. walking quickly+↑
                       21. skiing+\downarrow \downarrow
                                     22. golfing+↑
                  23. laying down-↑
      Per activity phrase caloric expenditure shift
```