Average US caloric expenditure = 176.60Connecticut caloric expenditure = 174.58 (Rank 33 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow 4. sledding+↑ 6. walking+↑ 12. shoveling+↑ 14. picking fruit+↑ 15. cleaning+↑ 25. kayaking+↑ 30. snowboarding+↑ Activity rank 33. doing my hair+↑ 36. roller skating+↑ \$\|\delta 40.\] ice skating+↑ 46. walking down stairs+↑ 51. dirty dancing+↑ 52. climbing stairs+↑ 55. walking quickly+↑ 58. wakeboarding+↑ 59. doing the Carlton da...+↑ 61. doing yardwork+↑ 62. Irish step dancing+↑ 64. ballroom dancing+↑ 165. chopping wood+↑ 166. shopping+↑ 168. doing bikram yoga+↑ 69. rock climbing+↑ -1.00.50.00.51.0Per activity phrase caloric expenditure shift

Why Connecticut expends fewer calories on average