Why Arizona consumes less calories on average:

Average US calories = 267.25

Arizona calories = 263.91 (Rank 11 out of 49)

Food rank

Per food phrase caloric shift

Σ+↓ Σ+↑
Σ-↑ Σ-↓
Σ

1. egg-↑
4. turkey-↑
11. carrot-↑
12. cherries-↑
18. mushrooms-↑
19. avocado-↑
22. oranges-↑
29. pasta-↑
32. trout-↑
35. anchovies-↑
38. frozen yogurt-↑
40. red pepper-↑
42. tofu-↑
49. watermelon-↑
53. spaghetti squash-↑
54. spinach-↑
55. broiled chicken-↑
63. tomato-↑
64. hot dog-↑
69. pineapple-↑
70. beet-↑
75. mixed vegetables-↑
78. swiss chard-↑

-2   0   2