Why Iowa consumes more calories on average: Average US calories = 267.25Iowa calories = 273.86 (Rank 43 out of 49)

	Σ + \downarrow	Σ+↑
	Σ-↑	Σ-↓
	21	Σ
Food rank	-1	3. butter+↑ 5. sugar cookie+↑ 7. peanut butter+↑ 11. cookies+↑ 13. mayonnaise+↑ 15. chocolate candy+↑ 18. beef jerky+↑ 30. crackers+↑ 33. cheese puffs+↑ 42. cookie dough+↑ 45. oreo cookie+↑ 55. peanuts+↑ 59. almonds+↑ 64. butter cookie+↑ 88. sesame seeds+↑ 89. pita chips+↑ 93. banana bread+↑ 94. onion rings+↑ 124. gingerbread cookie+↑ 125. corn chips+↑ 126. bread+↑ 126. bread+↑
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Per food phrase caloric shift