## Average US caloric expenditure = 176.60 Virginia caloric expenditure = 175.67 (Rank 30 out of 49) $\Sigma + \downarrow \qquad \qquad \Sigma + \uparrow$

Why Virginia expends fewer calories on average:

```
∑-↑
                                                 \Sigma-\downarrow
                  3. swimming+↓
                     4. dancing+↓
                   6. ice skating+↓
                        7. hiking+\downarrow
                        9. biking+\downarrow
                        11. skiing+↓
                     12. sledding+↓
Activity rank
                      13. walking+↓
              14. using treadmill+
                      15. jogging+↓
                      16. bowling+\downarrow
                       20. golfing+\downarrow
                       21. boxing+\downarrow
                     25. shoveling+\downarrow
               26. snowboarding+
             30. ultimate frisbee+↓
              31. walking briskly+↓
                     32. jet skiing+↓
                 35. scuba diving+↓
           36. playing dodgeball+↓
                      37. aerobics+1
                   38. doing yoga+↓
```

39. drag racing+↓|
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Per activity phrase caloric expenditure shift