Why Ohio consumes more calories on average:

Average US calories = 267.25

Ohio calories = 275.62 (Rank 46 out of 49)

Food rank

3. ice cream-↑
12. tomato-↑
13. noodles-↑
17. catfish-↑
18. baked potato-↑
19. buffalo chicken dip-↑
23. turkey-↑
31. mashed potatoes-↑
32. eggnog-↑
33. applesauce-↑
34. corn-↑
37. pudding-↑
40. banana peppers-↑
42. cottage cheese-↑
46. beef-↑
48. macaroni-↑
51. pumpkin pie-↑
57. mac and cheese-↑
62. cheesy potatoes-↑
64. spaghetti-↑
65. green beans-↑
69. tangerines-↑
70. celery-↑

-2   0   2

Per food phrase caloric shift