## Why Wyoming expends more calories on average: Average US caloric expenditure = 176.60Wyoming caloric expenditure = 209.58 (Rank 1 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ 6. eating- $\downarrow$ 8. laying down-14. getting my hair done-↓ 16. getting my nails done-↓ 17. playing video games-↓ 23. talking on phone-↓ 39. boating-↓ Activity rank 44. watching tv or movie...-46. standing-↓ 153. attending church-↓ 55. playing games-↓ 168. showering-↓ 86. walking leisurely-↓ 87. washing dishes-1 89. knitting-↓ 123. drawing-↓ 126. sitting and listening-↓ 133. watching child-↓ 141. getting my hair and...-↓ 144. taking medicine-↓ 146. snuggling or petting...-149. ironing- $\downarrow$ 150. crocheting--20-10 0 10 20

Per activity phrase caloric expenditure shift