## Σ 6. watching tv/movies-↑ 14. reading-↑ 21. boating-↑ 24. writing-↑ 30. getting my nails done-↑ 49. standing-↑ 51. wrapping presents-↑ Activity rank 55. watching child-↑ 65. online shopping-↑ 79. playing video games-↑ 92. knitting-↑ 93. drawing-↑ 110. watching tv or movie...-↑ 112. walking leisurely-↑ 128. painting-↑ 143. sitting on a toilet-↑ 150. playing games-↑ 161. playing guitar-↑ 164. arts and crafts-↑ -1.00.50.00.51.0Per activity phrase caloric expenditure shift

Why Massachusetts expends more calories on average

 $\Sigma + \uparrow$ 

∑-↓

Massachusetts caloric expenditure = 178.75 (Rank 24 out of 49)

Σ-↑

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$