



- 6. eating-↓
- 11. talking on phone-↓
- 13. laying down-↓
- 14. getting my hair done-↓
- 15. showering-↓
- 18. getting my nails done-↓
- 22. sitting-↓
- 33. attending church-↓
- 83. watching tv or movie...-↓
- 102. washing dishes-↓
- 109. meditating-↓
- 112. sitting and listening-↓
- 133. getting my hair and...-↓
- 136. taking medicine-↓
- 151. parasailing-↓
- 154. bird watching-↓
- 178. playing video games-↓
- 181. pumping gas-↓
- 182. feeding family-↓
- 195. watching sports in p...-↓
- 198. arts and crafts-↓

-5 0 5

Per activity phrase caloric expenditure shift