## Why Washington consumes less calories on average Average US calories = 267.25Washington calories = 265.82 (Rank 20 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ 7. chocolate candy+ $\downarrow$ 8. cake+ $\downarrow$ 24. olive oil+1 44. popeyes chicken+↓□ 50. cake with frosting $+\downarrow \square$ 54. coconut oil+ $\downarrow$ 56. cheese+ $\downarrow \square$ 59. corn chips+ 62. beef jerky+ Food rank 68. turkey bacon+↓□ 70. sunflower seeds+ $\downarrow \Box$ 85. bacon fat+ $\downarrow$ 87. cheesecake+↓ 96. cheese stick+↓□ 102. blue cheese+ $\downarrow \parallel$ 108. pita chips+↓ 109. cheese puffs+ $\downarrow \parallel$ 110. sausage biscuit+↓ 114. cream cheese+ $\downarrow \parallel$ 121. pecans+ $\downarrow$ 122. candy bar+ $\downarrow$ 123. oreo cookie+↓ ▮ 128. pastry+ $\downarrow \parallel$ -1.0-0.50.0 0.5 1.0 Per food phrase caloric shift