6. watching tv/movies-1 19. reading-1 124. getting my nails done-↓ 25. playing video games-↓ \$\Bar{\textstyle{1}}\] 34. boating-↓ 45. writing-↓ 51. standing-↓ Activity rank 52. meditating-↓ 62. wrapping presents-1 69. knitting-↓ 131. sitting on a toilet-132. watching child-↓ 134. brushing my teeth-↓ 144. walking leisurely-↓ 145. bird watching-↓ 149. playing games-↓ 152. drawing- \downarrow 167. arts and crafts-1 177. shaving-↓ 187. getting my hair and...-↓

Why Alabama expends fewer calories on average:

 $\Sigma + \uparrow$

Alabama caloric expenditure = 168.05 (Rank 44 out of 49)

Σ-↑

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$

Σ

Per activity phrase caloric expenditure shift