Why Virginia consumes less calories on average: Average US calories = 267.25Virginia calories = 265.76 (Rank 18 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ 5. cake+↑ 22. popeyes chicken+↑ 26. cake with frosting+↑ 32. donuts+↑ 43. cheese+↑ 46. pastry+↑ 49. walnuts+ \uparrow 51. sunflower seeds+↑ $68. \text{ bread} + \uparrow$ Food rank 69. pumpkin seeds+↑ ¹76. shortcake+↑ 81. white cheddar popcorn+↑ 83. popcorn+↑ 99. swiss cheese+↑ 102. cookie dough+↑ 106. blooming onion+↑ 108. fried chicken+↑ 138. kettle corn+↑ 145. chips ahov cookie+↑ 148. almond joy+↑ 156. crunchy peanut butter+↑ 161. fortune cookie+↑ 163. pita chips+↑ -1.0 -0.5 0.0 0.5 Per food phrase caloric shift