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Why Maryland expends fewer calories on average:
Average US caloric expenditure = 176.60
Maryland caloric expenditure = 167.85 (Rank 45 out of 49)
     \Sigma + \downarrow
                                          \Sigma + \uparrow
                                           \Sigma-\downarrow
                         \Sigma-\uparrow
        Σ
                 1. running+\downarrow
                    2. dancing+↓
                                      ■3. watching tv/movies-↓
                   4. swimming+\downarrow
                         5. eating-↑
             6. talking on phone-↑
                        7. biking+↓
Activity rank
         8. getting my hair done-↑
                     9. showering-↑
                                      10. reading-
                  11. laying down-↑
                     12. bowling+\downarrow
                       13. golfing+↓
                        14. skiing+\downarrow
                                      15. cooking+↑
         16. playing video games-↑
                                      17. sitting-
                       18. hiking+↓
                     19. sledding+\downarrow
                                      20. jogging+↑
               21. snowboarding+↓
                       22. fishing+↓
            23. mountain biking+↓
      Per activity phrase caloric expenditure shift
```