## Why Maine consumes less calories on average: Average US calories = 267.25

Maine calories = 252.53 (Rank 1 out of 49)

```
\Sigma + \downarrow
                                                         \Sigma + \uparrow
      Σ-↑
                                                                     Σ-↓
                   1. lobster-↑
                        2. cookies+1
              3. chocolate candy+\downarrow
                                             4. duck fat+↑
                            5. bacon+\downarrow
                                            6. noodles-↓
                              7. cake+\downarrow
                                            8. chicken-↓
                             9. apples-↑
Food rank
                        10. ice cream-↑
                                            11. egg-↓
            12. cake with frosting +\downarrow \downarrow
                          13. donuts+\downarrow
                                            14. beef-1
                                            15. peanut butter+↑
                         16. olive oil+\downarrow
                                            17. pumpkin seeds+↑
                           18. oysters-↑
                                            ¶ 19. grits-↓
                                            20. pineapple-↓
                               21. tofu-↑
                                            22. crab-1
                               <u>23. kale-↑</u>
                                  -10 -5
                                               5 10
```

Per food phrase caloric shift