Why DC expends fewer calories on average: Average US caloric expenditure = 176.60DC caloric expenditure = 175.87 (Rank 29 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \downarrow Σ - \uparrow Σ 1. dancing+↑ 4. walking+↑ 8. cooking+↑ **」**11. hiking+↑ 14. ice skating+↑ 17. playing football+↑ 21. biking+↑ Activity rank ¹23. doing bikram yoga+↑ 24. doing laundry+↑ 25. ultimate frisbee+↑ 33. using treadmill+↑ 35. using stair master+↑ 37. backpacking+↑ 38. skateboarding+↑ 41. jogging+↑ 44. doing yoga+↑

| 51. cheerleading+↑ | 57. doing the cooking da...+↑ | -1 0 1 | Per activity phrase caloric expenditure shift

45. scuba diving+↑46. jumping jacks+↑

48. gogo dancing+↑

47. doing the wobble dance+↑

50. doing the Diddy dance+↑