Why California expends more calories on average: Average US caloric expenditure = 176.60California caloric expenditure = 185.06 (Rank 10 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ-↓ Σ 1. dancing+↑ 2. running+↑ 3. hiking+↑ 4. biking+↑ 5. walking+↑ 9. ice skating+↑ 10. cleaning vehicles+↑ Activity rank 11. boxing+↑ □15. swimming+↑ 16. jogging+↑ 19. rock climbing+↑ 23. snowboarding+↑ 28. skateboarding+↑ 30. doing yoga+↑ 32. walking a pet+ \uparrow 35. shopping+↑ 39. mountain biking+↑ 42. using treadmill+↑ 43. scuba diving+↑ 44. elliptical+↑ 48. aerobics+↑ 49. doing pushups+↑ 50. using stair master+ \uparrow -1 Per activity phrase caloric expenditure shift