```
Why North Carolina expends fewer calories on aver-
Average US caloric expenditure = 176.60
North Carolina caloric expenditure = 172.59 (Rank 39 out of 49)
    \Sigma + \downarrow
                                             \Sigma + \uparrow
                        ∑-↑
                                           Σ-↓
             Σ
                1. running+↓
                 3. dancing+↓
                   5. walking+↓
                 7. swimming+↓
                     8. biking+↓
            9. using treadmill+↓
                10. ice skating+↓
Activity rank
                    11. jogging+↓
                     15. boxing+\downarrow \square
                   18. sledding+↓
                     21. golfing+↓
           22. cleaning vehicles+↓□
                      24. skiing+
                   26. shoveling+↓
              27. jumping jacks+↓□
              29. snowboarding+↓
                    30. bowling+\downarrow \parallel
           31. mountain biking+↓
          35. playing basketball+↓
                   37. shopping+↓
              38. running stairs+↓ ∥
            41. ultimate frisbee+↓ ∥
             42. walking briskly+↓
                              -0.5 \ 0.0 \ 0.5
      Per activity phrase caloric expenditure shift
```