$\Sigma + \downarrow$ $\Sigma + \uparrow$ ∑-↓ Σ 2. eating-↑ 17. talking on phone-↑ 20. attending church-↑ 26. getting my nails done-↑ 31. playing video games-↑ 53. typing-↑ 56. washing dishes-↑ Activity rank 63. showering-↑ 75. getting my hair done-↑

Why Texas expends fewer calories on average:

Texas caloric expenditure = 174.41 (Rank 35 out of 49)

Average US caloric expenditure = 176.60

116. walking leisurely-↑ 118. getting my hair and...-↑ 126. online shopping-↑ 133. taking medicine-↑

> 137. ironing-↑ 138. drawing-↑ 139. crocheting-↑ 140. bird watching-↑ 147. brushing my teeth-↑

159. attending a family $r...-\uparrow$ 182. pumping gas-↑ 197. shaving-↑ 0.0 -0.50.5

Per activity phrase caloric expenditure shift