Why Maryland consumes less calories on average: Average US calories = 267.25Maryland calories = 261.77 (Rank 7 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ 1. crab-↑ 2. noodles-↑ 3. chicken-↑ 5. pasta-↑ 18. applesauce-↑ 24. collards-↑ 29. mashed potatoes-↑ 30. cheesesteak-↑ 32. mac and cheese-↑ Food rank 33. shrimp-↑ 36. blueberry-↑ 38. grapes-↑ 50. mango-↑ 51. banana pudding-↑ 57. flounder-↑ 64. rice pudding-↑ 67. broiled chicken-↑ 71. eggnog-↑ 80. beef-↑ 83. rice-↑ 84. watermelon-↑ 88. broccoli-↑ 91. pancakes-↑

Per food phrase caloric shift