Average US caloric expenditure = 176.60New Mexico caloric expenditure = 182.08 (Rank 17 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 2. dancing+↑ 3. running+↑ 4. swimming+↑ 6. boxing+↑ 8. hiking+↑ 9. walking+↑ 10. skiing+↑ Activity rank 12. snowboarding+↑ □ 14. ultimate frisbee+↑ 17. running uphill+↑ 18. ice skating+↑ 21. fishing+↑ 23. rock climbing+↑ 28. weight lifting+↑ 29. roller skiing+↑ 30. doing laundry+↑ 31. cheerleading+↑ 33. pole dancing+↑ 35. aerobics+↑ 38. climbing stairs+↑ 39. playing football flag+↑ 41. skateboarding+↑ 42. praise dancing+ \uparrow -1 Per activity phrase caloric expenditure shift

Why New Mexico expends more calories on average