Why Tennessee expends fewer calories on average: Average US caloric expenditure = 176.60Tennessee caloric expenditure = 173.62 (Rank 38 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ ∑-↑ Σ - \downarrow 1. dancing+↓ 2. walking+↓ 3. sitting-↑ 4. running+↑ 5. eating-↑ 6. swimming+↑ 7. biking+↓ Activity rank 8. ice skating+↓ 9. white water rafting+↑ 10. cooking+↑ 11. boxing+ \downarrow 12. skiing $+\downarrow$ 13. attending church-↑ 14. pole dancing+↑ 15. getting my nails done-16. playing basketball+↓ 17. laying down-↑ 18. line dancing+↑ 19. mountain biking+↓ 20. sledding+↓l 21. talking on phone-↑ 22. mowing grass+↑ 23. elliptical+ \downarrow 0.0 0.5 Per activity phrase caloric expenditure shift