Average US caloric expenditure = 176.60Idaho caloric expenditure = 181.68 (Rank 19 out of 49)  $\Sigma + \downarrow$  $\Sigma + \uparrow$  $\Sigma$ - $\downarrow$  $\Sigma$ - $\uparrow$ Σ l3. biking+↑ 6. dancing+↑ 7. skiing+↑ 8. bowling+↑ 9. swimming+↑ 11. snowboarding+↑ 13. fishing+↑ Activity rank 15. playing football+↑ 16. using treadmill+↑ 18. cleaning vehicles+↑ <sup>1</sup>23. swing dancing+↑ 25. using exercise bike+↑ 27. elliptical+↑ 28. cleaning+↑ 30. wakeboarding+↑ 32. paddleboarding+↑ 33. mountain biking+↑ 34. walking briskly+↑ 35. coyote hunting+↑ 37. rafting+↑ 38. fly fishing+↑ 40. mowing grass+↑ 41. ballet dancing+↑ -1 Per activity phrase caloric expenditure shift

Why Idaho expends more calories on average: