```
Why Vermont consumes more calories on average:
Average US calories = 267.25
Vermont calories = 267.56 (Rank 29 out of 49)
             \Sigma + \downarrow
                                                             \Sigma + \uparrow
                                                              \Sigma-\downarrow
     \Sigma-\uparrow
                                       Σ
                                              1. bacon+↑
                                       7. butter+↑
                                       10. cookie dough+↑
                                       12. \text{ coconut oil} + \uparrow
                                      □13. cookies+↑
                                     16. peanut butter+↑
                                     21. walnuts+↑
                                     <sup>1</sup>29. girl scout cookie+↑
                                     42. cake with frosting+↑
Food rank
                                     47. almond joy+↑
                                     51. cheese+↑
                                     52. pita chips+↑
                                     53. goat cheese+↑
                                     55. cheddar cheese+↑
                                     59. popcorn+↑
                                     63. pastry+↑
                                     178. \text{ candy bar} + \uparrow
                                     $3. american cheese+↑
                                     89. banana bread+↑
                                     103. cream cheese+↑
                                     111. double cheeseburger+↑
                                     1113. italian sausage+↑
                                      124. beef jerky+↑
                              -5
                  Per food phrase caloric shift
```