Why DC expends fewer calories on average: Average US caloric expenditure = 176.60

Σ

 Σ - \downarrow

 $\Sigma + \uparrow$

DC caloric expenditure = 175.87 (Rank 29 out of 49)

5. eating-↑

12. sitting-↑

13. standing-↑

27. laying down-↑
31. talking on phone-↑

Σ-↑

26. getting my nails done-↑

 $\Sigma + \downarrow$

```
32. getting my hair done-↑
Activity rank
                     52. boating-↑
           71. walking leisurely-↑
     93. watching tv or movie...-↑
                   101. knitting-↑
                117. meditating-↑
                 122. crocheting-↑
         127. brushing my teeth-↑
                    134. ironing-↑
        137. getting nails dones-↑
             150. arts and crafts-↑
                 168. showering-↑
              177. flossing teeth-↑
             187. feeding family-↑
     Per activity phrase caloric expenditure shift
```