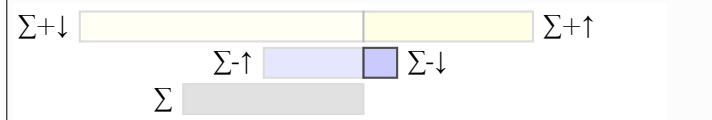


Activity rank



- 15. getting my nails done-↓
- 30. writing-↓
- 31. playing video games-↓
- 33. showering-↓
- 47. boating-↓
- 52. watching tv/movies-↓
- 59. meditating-↓
- 82. getting my hair done-↓
- 88. walking leisurely-↓
- 95. wrapping presents-↓
- 132. playing games-↓
- 138. snuggling or petting...-↓
- 142. parasailing-↓
- 146. bird watching-↓
- 148. knitting-↓
- 152. sitting on a toilet-↓
- 181. getting my hair and...-↓
- 186. ironing-↓

-0.5 0.0 0.5
Per activity phrase caloric expenditure shift