Average US caloric expenditure = 176.60Arizona caloric expenditure = 181.96 (Rank 18 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↓ Σ - \uparrow Σ 1. hiking+↑ 2. running+↑ |3. swimming+↑ 4. mountain biking+↑ 6. golfing+↑ 7. cleaning vehicles+↑ $\lfloor 8$. using treadmill+ \uparrow Activity rank 9. cleaning+↑ 16. rock climbing+↑ 25. snowboarding+↑ 29. boxing+ \uparrow \$\|31\] pole dancing+↑ \$\|37. \text{ line dancing+↑}\$ \$\ 39. backpacking+↑ 41. running uphill+↑ 43. bowling+↑ 45. doing bikram yoga+↑ 46. doing yoga+↑ 51. jogging+↑ 162. doing the Snoopy dance+↑ 163. using exercise bike+↑ 164. wakeboarding+↑ 66. country dancing+↑ -1 0Per activity phrase caloric expenditure shift

Why Arizona expends more calories on average: