```
Average US caloric expenditure = 176.60
North Dakota caloric expenditure = 182.78 (Rank 16 out of 49)
                  \Sigma + \downarrow
                                                                     \Sigma + \uparrow
                                                 \Sigma-\downarrow
                                                        Σ
                                           1. running+↑
                                          2. sledding+↑
                                         3. eating-\downarrow
           4. watching tv/movies-↑
                       5. cooking+↓
                                       6. cleaning vehicles+↑
                                       ■7. getting my nails done-↓
Activity rank
                     8. swimming+↓ □
                                       9. cleaning+↑
                  10. laying down-↑
                                       11. playing dodgeball+↑
                                       12. talking on phone-↓
                       13. boxing+\downarrow \square
                                       14. golfing+↑
                        15. hiking+↓
                                       <sup>1</sup>16. deer hunting+↑
                                       17. shoveling+↑
                                       18. doing laundry+↑
                                       19. using treadmill+↑
                      20. walking+↓
                                       <sup>1</sup>21. ice skating+↑
                                       <sup>1</sup>22. country dancing+↑
                        23. reading-↑
                                   -2.1012
       Per activity phrase caloric expenditure shift
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Why North Dakota expends more calories on avera