```
Why Rhode Island expends more calories on average
Average US caloric expenditure = 176.60
Rhode Island caloric expenditure = 179.45 (Rank 23 out of 49)
         \Sigma + \downarrow
                                                               \Sigma + \uparrow
                           Σ-↑
                                               \Sigma-\downarrow
                                               Σ
         7. watching tv/movies-↑
       19. getting my nails done-↑
                      29. reading-↑
                   33. showering-↑
             59. online shopping-↑
                      62. writing-↑
            68. sitting on a toilet-↑
Activity rank
                      86. boating-↑
            87. walking leisurely-↑
               92. watching child-↑
               98. playing games-↑
        109. playing video games-↑
              118. arts and crafts-↑
     135. watching sports in p...-↑
    144. watching tv or movie...-↑
      150. snuggling or petting...-↑
      152. getting my hair and...-↑
                     162. ironing-↑
          178. wrapping presents-↑
                    181. drawing-↑
          185. brushing my teeth-↑
      Per activity phrase caloric expenditure shift
```