Wisconsin caloric expenditure = 180.21 (Rank 21 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 2. dancing+↓ 8. cooking+1 9. hiking+↓ 13. walking+ 17. using treadmill+↓ 18. swimming+↓ 21. jogging+↓ Activity rank 28. ice skating+↓ 32. line dancing+↓ 33. weight lifting+↓ 35. roller skating+↓ 42. playing active video...+↓ 44. skateboarding+1 49. walking briskly+↓ 50. aerobics+1 54. jumping jacks+↓ 55. white water rafting $+\downarrow$ 56. mowing grass+↓ 59. doing my hair+↓ 71. ultimate frisbee+ 74. ballet dancing+↓ 75. jazzercise+↓ 76. pole dancing+↓ 2 -2 -1 01 Per activity phrase caloric expenditure shift

Why Wisconsin expends more calories on average:

Average US caloric expenditure = 176.60