Why California consumes less calories on average: Average US calories = 267.25California calories = 266.46 (Rank 22 out of 49)  $\Sigma + \downarrow$  $\Sigma + \uparrow$ Σ-↑  $\Sigma$ - $\downarrow$ 1. donuts+↑ 2. noodles-↓ 3. bacon+↑ 4. chocolate candy+↓ 5. cookies+↓ 6. peanut butter+1 7. tomato-↑ 8. cucumber-1 9. cake+ $\downarrow$ Food rank 10. corn-↓ 11. grits-↓ 12. ice cream-↑ 13. mushrooms-↑ 14. strawberries-↑ 15. olive oil+↑ 16. spinach-↑ 17. frozen yogurt-↑ 18. catfish-↓ 19. beef-↓ 20. egg-↓ 21. pasta-↑ 22. avocado-↑ 23. mashed potatoes-Per food phrase caloric shift