Why Montana expends more calories on average: Average US caloric expenditure = 176.60Montana caloric expenditure = 193.89 (Rank 5 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \downarrow Σ-↑ Σ 1. skiing+↑ 2. running+↑ |4. hiking+↑ 5. mountain biking+↑ 8. fishing+↑ 9. white water rafting+↑ $10. \text{ snowboarding} + \uparrow$ Activity rank 12. shoveling+ \uparrow \square 13. biking+ \uparrow 15. square dancing+↑ ¹17. jumping jacks+↑ 19. chopping wood+↑ 20. mowing grass+↑ ¹22. bowling+↑ ¹24. weight lifting+↑ ¹26. playing disc golf+↑ ¹27. golfing+↑ 28. drag racing+↑ 29. playing football+↑ 33. playing dodgeball+↑ 34. snowmobiling+↑ 35. sledding+↑ 38. swing dancing+↑ -5 Per activity phrase caloric expenditure shift