Why Massachusetts expends more calories on average Average US caloric expenditure = 176.60Massachusetts caloric expenditure = 178.75 (Rank 24 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ ∑-↓ Σ - \uparrow 1. walking+↑ 5. dancing+↑ 11. picking fruit+↑ 17. sledding+↑ 18. shoveling+↑ 19. snowboarding+↑ 20. roller skiing+↑ Activity rank 22. biking+↑ 23. rock climbing+↑ 25. playing dodgeball+↑ 26. mowing grass+↑ 27. golfing+↑ 28. boxing+↑ 31. using treadmill+↑ 34. roller skating+↑ 35. climbing stairs+↑ 36. mini golfing+↑ 37. skiing+↑ 38. kayaking+↑ 39. shopping+↑ 40. mountain biking+↑ \$\|\delta 1.\tea\text{dancing}+↑\$ 42. running stairs+ \uparrow -1.90.50.00.51.0Per activity phrase caloric expenditure shift