Why Delaware consumes less calories on average: Average US calories = 267.25Delaware calories = 265.92 (Rank 17 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ 2. crab-↑ 4. spaghetti-↑ 12. watermelon-↑ 17. cheesesteak-↑ 18. pasta-↑ 19. ice cream-↑ 21. beef-↑ 24. banana-↑ 38. applesauce-↑ Food rank 41. mango-↑ 42. mashed potatoes-↑ 47. blueberry-↑ 48. celery-↑ 56. eggnog-↑ 57. mac and cheese-↑ 65. rice pudding-↑ 75. asparagus-↑ 77. green tomatoes-↑ 78. egg-↑ 83. scrambled eggs-↑ 85. tuna-↑ 86. broiled chicken-↑ 90. corn chowder-↑

Per food phrase caloric shift