## 10. talking on phone-↑ 25. laying down-↑ 26. attending church-↑ 27. showering-↑ 36. watching tv or movie...-↑ Activity rank 37. getting my nails done-↑ 39. sitting-↑ 78. playing games-↑ 107. sitting and listening-↑ 115. walking leisurely-↑ 116. washing dishes-↑ 121. taking medicine-↑ 144. ironing-↑ 149. attending a family $r...-\uparrow$ 160. typing-↑ 169. watching sports in p...-↑ 183. playing video games-↑ Per activity phrase caloric expenditure shift

Why Georgia expends fewer calories on average:

] Σ+↑ Σ-↓

Georgia caloric expenditure = 169.01 (Rank 43 out of 49)

∑-↑

3. eating-↑

8. getting my hair done-↑

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$ 

Σ