Average US caloric expenditure = 176.60Oklahoma caloric expenditure = 180.57 (Rank 20 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 3. walking+↓ 7. hiking+↓ 9. playing football+↓ 11. snowboarding+↓ 13. biking+↓ 14. skiing+↓ 16. dancing+ \downarrow Activity rank 18. sledding+↓ 22. boxing+↓ 32. pole dancing+↓ 34. mountain biking+↓ 35. shopping+ \downarrow 37. kayaking+↓ 39. bowling+↓ 40. mowing grass+↓ 41. skateboarding+↓ 43. jet skiing+↓ 48. scuba diving+↓ 51. walking a pet+ \downarrow 52. roller skating+↓ 54. shoveling $+\downarrow$ 56. climbing stairs+↓ 60. picking fruit+↓ 5 Per activity phrase caloric expenditure shift

Why Oklahoma expends more calories on average: