Σ - \downarrow Σ 2. watching tv/movies-↑ 12. playing video games-↑ 19. reading-↑ 20. attending church-↑ 28. sitting-↑ 30. writing-↑ 46. typing-↑ Activity rank 74. wrapping presents-82. watching sports in p...-131. sitting and listening-↑ 136. playing guitar-↑ 139. attending a family $r...-\uparrow$ 143. playing games-↑ 150. breastfeeding-↑ 151. getting my hair and...-↑ 159. online shopping-↑ 169. knitting-↑ 178. shaving-↑ 193. flossing teeth-↑ Per activity phrase caloric expenditure shift

Why Oklahoma expends more calories on average:

 $\Sigma + \uparrow$

Oklahoma caloric expenditure = 180.57 (Rank 20 out of 49)

Average US caloric expenditure = 176.60

 $\Sigma + \downarrow$