New Hampshire caloric expenditure = 183.52 (Rank 15 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ-↑ Σ - \downarrow Σ 1. dancing+↓ 2. skiing+↑ 3. hiking+↑ 4. eating-↓ 5. snowboarding+↑ 6. watching tv/movies-↑ 7. mowing grass+↑ Activity rank 8. walking+↑ 9. sledding+↑ 10. sitting-↑ 11. running+↓ 12. cooking+ \downarrow 13. cleaning+ ■14. talking on phone-↓ 15. playing basketball+↓□ ■16. getting my hair done-↓ ¹17. mountain biking+↑ 18. picking fruit+↑ 19. ice skating+↑ 20. rock climbing+↑ ¹21. biking racing+↑ ¹22. jumping jacks+↑ ■23. getting my nails done-↓ -2 Per activity phrase caloric expenditure shift

Why New Hampshire expends more calories on ave

Average US caloric expenditure = 176.60