Why Colorado expends more calories on average: Average US caloric expenditure = 176.60Colorado caloric expenditure = 203.48 (Rank 2 out of 49) $\Sigma + \downarrow |$ $\Sigma + \uparrow$ Σ - \downarrow Σ-↑ Σ 1. running+↑ 2. skiing+↑ 3. hiking+↑ ↓4. snowboarding+↑ 5. biking+↑ $\blacksquare 6.$ eating- \downarrow ¹7. mountain biking+↑ Activity rank 8. laying down-9. white water rafting+↑ 10. rock climbing+↑ 11. watching tv/movies-↓ 12. talking on phone-↓ 13. sledding+↑ 14. ice skating+↑ 15. reading-↑ 16. playing video games-↓ 17. walking+↑ 18. showering-↓ 19. jazzercise+↑ 20. using treadmill+↑ 21. scuba diving+↑ \$\mathbb{\partial}\text{22. getting my hair done-\$\display\$}\$ $23. bowling+\uparrow$ -5 Per activity phrase caloric expenditure shift