Average US caloric expenditure = 176.60Texas caloric expenditure = 174.41 (Rank 35 out of 49)  $\Sigma + \downarrow$  $\Sigma + \uparrow$  $\Sigma$ - $\uparrow$  $\Sigma$ - $\downarrow$ Σ 1. running+ $\downarrow$ 3. walking+↓ 6. hiking+↓ 10. sledding+↓ 11. ice skating+↓ 12. skiing+↓ 14. biking+↓ Activity rank 16. snowboarding+↓ 21. bowling+↓l 23. cooking+↓ 24. rock climbing+ 25. shoveling+ $\downarrow$ 28. golfing+↓ 34. doing laundry+↓□ 35. white water rafting+ 36. line dancing+ $\downarrow \square$ 40. using treadmill+↓ 41. picking fruit+↓ 43. running stairs+↓ 44. doing yoga+↓ 47. drag racing+↓ □ 48. walking a pet+↓

Why Texas expends fewer calories on average:

-0.5 0.0 0.5 Per activity phrase caloric expenditure shift

49. elliptical $+\downarrow$