Why California consumes less calories on average: Average US calories = 267.25California calories = 266.46 (Rank 22 out of 49) $\Sigma + \downarrow$ $\Sigma + \uparrow$ Σ - \uparrow Σ - \downarrow Σ 7. tomato-↑ 8. cucumber-↑ 12. ice cream-↑ 13. mushrooms-↑ 14. strawberries-↑ 16. spinach-↑ 17. frozen yogurt-↑ 21. pasta-↑ 22. avocado-↑ Food rank 28. tofu-↑ 30. kale-↑ 35. mango-↑ 42. carrot-↑ 48. brown rice-↑ 49. oysters-↑ 51. oatmeal-↑ 52. quinoa-↑ 53. salmon-↑ 55. onion-↑ 56. green onion-↑ 57. lettuce-↑ 60. beet-↑ 61. tortilla-↑ Per food phrase caloric shift