



- 6. eating-↓
- 8. laying down-↓
- 14. getting my hair done-↓
- 16. getting my nails done-↓
- 17. playing video games-↓
- 23. talking on phone-↓
- 39. boating-↓
- 44. watching tv or movie...-↓
- 46. standing-↓
- 53. attending church-↓
- 55. playing games-↓
- 68. showering-↓
- 86. walking leisurely-↓
- 87. washing dishes-↓
- 89. knitting-↓
- 123. drawing-↓
- 126. sitting and listening-↓
- 133. watching child-↓
- 141. getting my hair and...-↓
- 144. taking medicine-↓
- 146. snuggling or petting...-↓
- 149. ironing-↓
- 150. crocheting-↓

-20 -10 0 10 20

Per activity phrase caloric expenditure shift