

# A Journey into Ancient African Tantric Wisdom

Exploring through picture presentation, how Tantric energy has manifested in Ancient African Wisdom



This passion project is just an opening into Ancient African Tantric Wisdom, we would love to co-create further explorations with other similarly passionate beings.

## EARTH RITUALS AND THE TANTRIC ARTS



MODERN DAY SWAZILAND WOMEN CELEBRATING THE EARTH

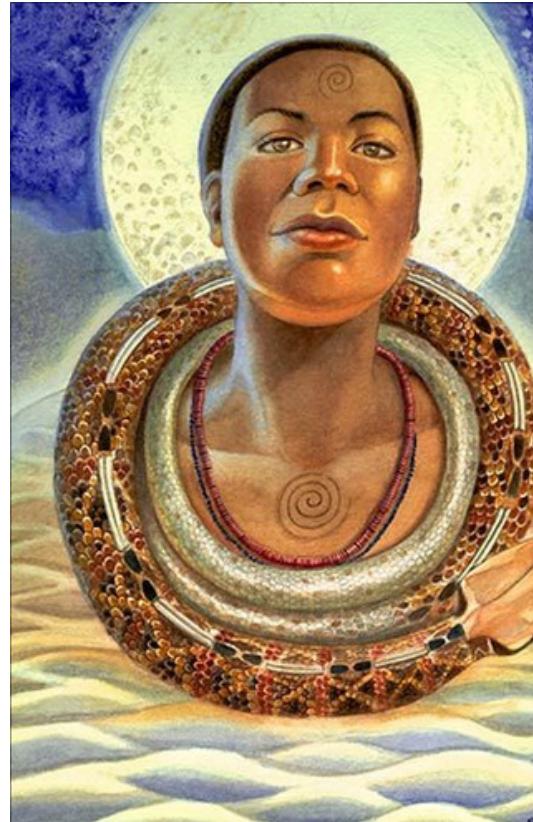


**NIGER WOMEN RITUAL CHANTING AND SINGING**



**MAASAI WOMEN JUMPING (AND STIMULATING THEIR  
'BUBBLING SPRING') IN TRADITIONAL DANCE**

# WORSHIP OF THE DIVINE FEMININE



## LIST OF AFRICAN GODDESSES

**ALA,ALE,ANE**-Ibo of Nigeria-Goddess and Earth Mother,Creatrix and Queen of the Dead  
**AMENET**-Ethiopia-Female expression of AMEN

**ASASE, ABEREWA, YAA, EFUA**-Ashanti of West Nigeria-'Old Woman Earth', Goddess of Creation and Receiver after Death

**ASET, ISIS, AUSET**-Egypt-Goddess of Magic and Life, Women and Fertility  
**ATETE**-Oromo of Ethiopia-Fertility Goddess

**BAST, BASTET-Egypt**-Goddess of Protection and cats

**HATHOR-Egypt**-Goddess of Feminine Love, Joy and Motherhood

**INYAMINYAMI-Zambezi** River-Snake Goddess

**ISON,EKA OBASI, OBASI NSI, IBIBIO,EKOI-West Africa**-Tortoise shelled Goddess of Fertility of the Earth

**LEZA-Dahomey-Chameleon** Goddess of Protection and Divination

**MAAT-Egypt**-Goddess of Balance and Harmony, Justice and Truth

**MBABA MWANA WARESA-Zulu of Natal**-Goddess of the Rainbow, Rain, Crops

**MAMA WATI-Sierra Leone, Togo, Benin**-Water Goddess

**MAMLAMBO-Zulu**-Water Goddess and Fertility Symbol

**MAWU-Dahomey/Fon of Benin-Supreme Goddess**-Creator of all things-Moon Goddess

**NAURAU-Northern Ethiopia**

**NEPHTHYS-Egypt**-Protective Goddess of the Dead

**NGAMI-Moon Goddess**

**NOMKHUBULWANE-Zulu Goddess**

**NUT-Egypt**-Goddess of the Sky, Protector of the Earth

**NYABINGHI-Uganda**-Fierce Goddess of Righteous War

**NZAMBI-Bankongo of Congo**-Great Goddess who created all-plays a role in 'Justice'

**OBA-Santeria-River Goddess**

**OCHUMARE-Santeria**-Rainbow Goddess

**ODDUDUA-Yoruba**-Primary Mother Goddess

**OSHUN-Yoruba**-Water and Love Goddess

**SEKHMET-Kemet (Eygpt)**-Fierce Lioness Goddess of Destruction

**WHITE LADY-Tassali of the Sahara**-Agriculture Goddess

**YMOJA-Yoruba-River Goddess**

**YEMAYA-Yoruba**-Women and children, water and childbirth

# SEKHMET



Keeper of the Power of Sekhem (Kundalini)

## **KEMETIC TERMS FOR YOGIC/TANTRIC CONCEPTS**

**BA**-Eternal Soul...Ones identity of character that with KA, survives after physical death....  
Identifying with Soul

**KA**-Etheric double or body (Yogic), Chi body (Taoist)....Astral body of a person that survives after physical death....

**AB**-The Heart where human consciousness resides.... The heart not the brain, which is the conscience of mankind, was believed to be the emotional and spiritual center of the body in ancient Egypt

**SAHU**-The Grand Illumined Light Body...Those who have attained the state of Sahu have attained God Realisation or Unity Consciousness.

**AKUL**- those that have attained the Sahu.

**DJED**-Pranic Tube-Pillar of Osiris, a column shaped symbol that represents his spine...

**URAEUS**- Illumined Serpent emanating from the third eye

**SEALS**- Chakras

**SEKHEM**-life force- known to Yogi's as Kundalini

**NETER**- Prana or Chi

**KHAT**- Physical Body

**KHABIT**- Shadow thrown by our body

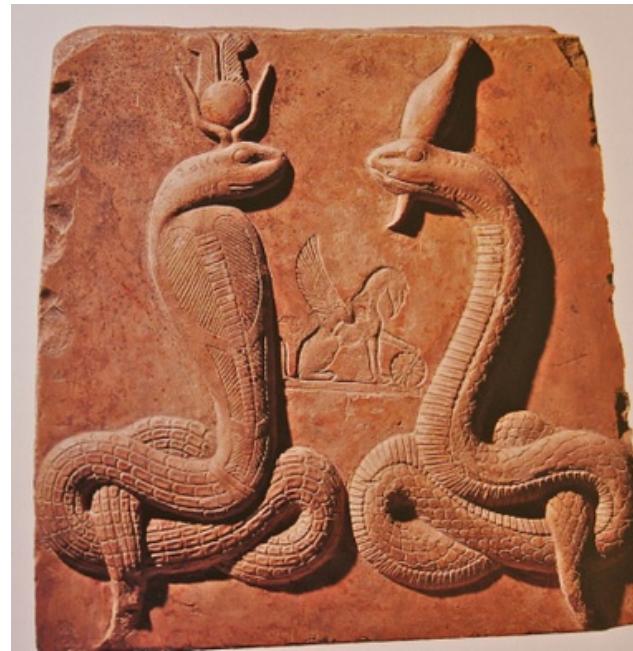
**SERPENT/COBRA/NAGA/SEKHEM/KUNDALINI/UMBILINI**-Re-occurring theme representing Earth energy/life-force/

**CADUCEUS**-Representation of Balance and Power... Djed/Shusumna, left Lunar Snake/Ida and right Solar Snake/Pingala

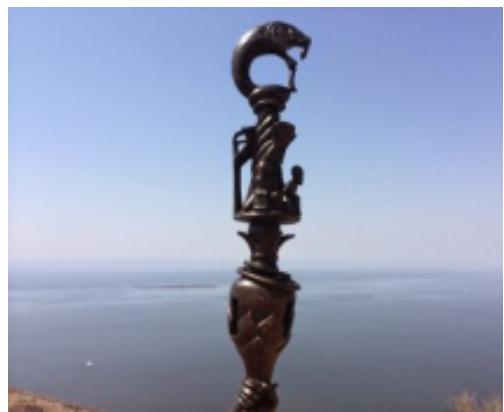
**STOPPING THE LOWER NILE** - A teaching for initiates on how to stop ejaculation (Sexual Continence)

**SPRING WATERS**- Amrita- Sweet taste at the back of the throat, when the two Serpentine drops of the Caduceus meet together...

# SERPENT/COBRA/NAGA/SEKHEM/KUNDALINI/UMBILINI



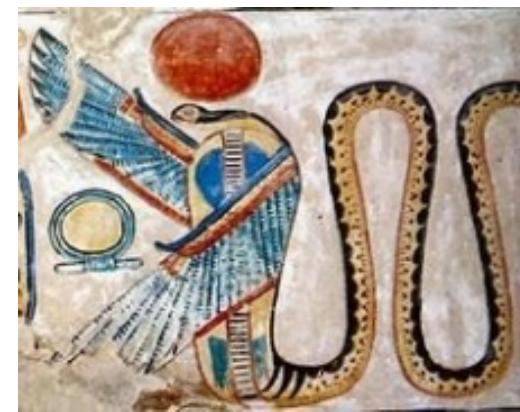
The Snake A Re-occurring Theme Representing Earth Energy or Life-Force.



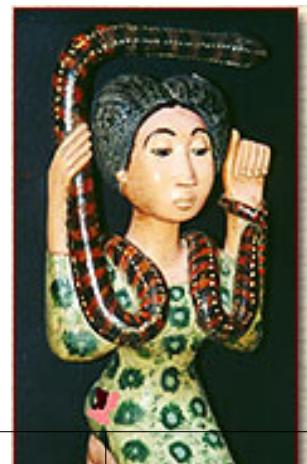
INYAMINYAMI



WADJET



MAMLAMBO

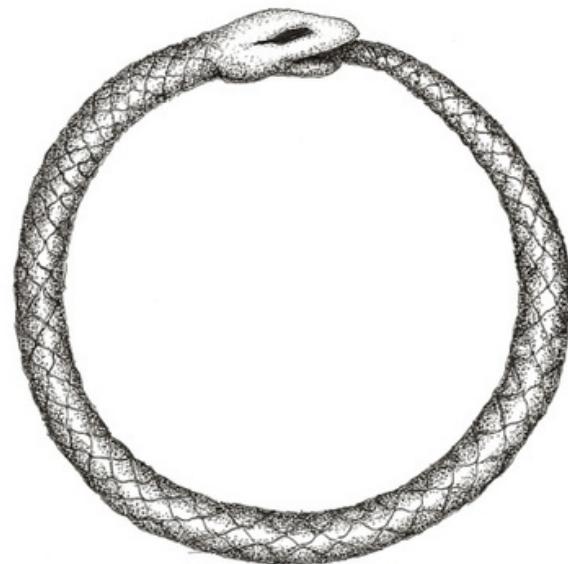


MAMIWAT  
A

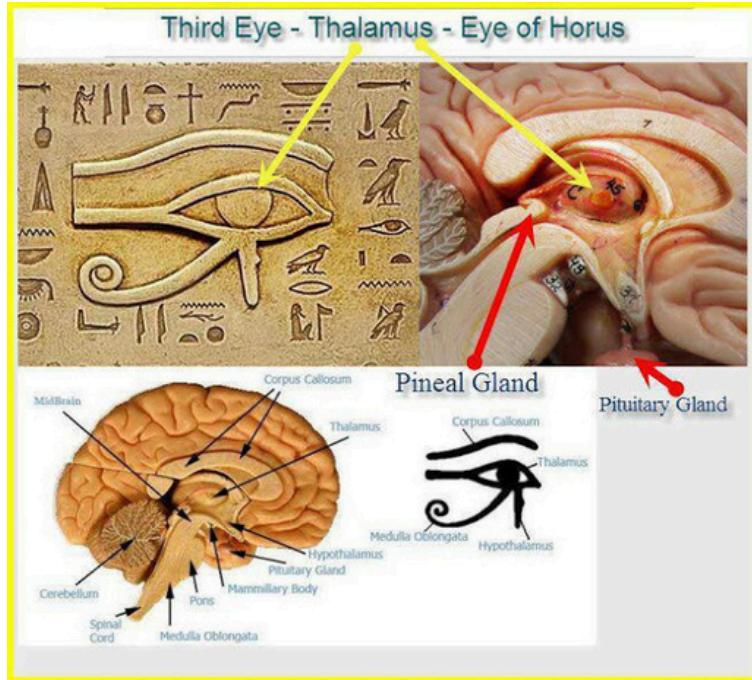


SHAKTI WITH SERPENT

# OUROBOROS

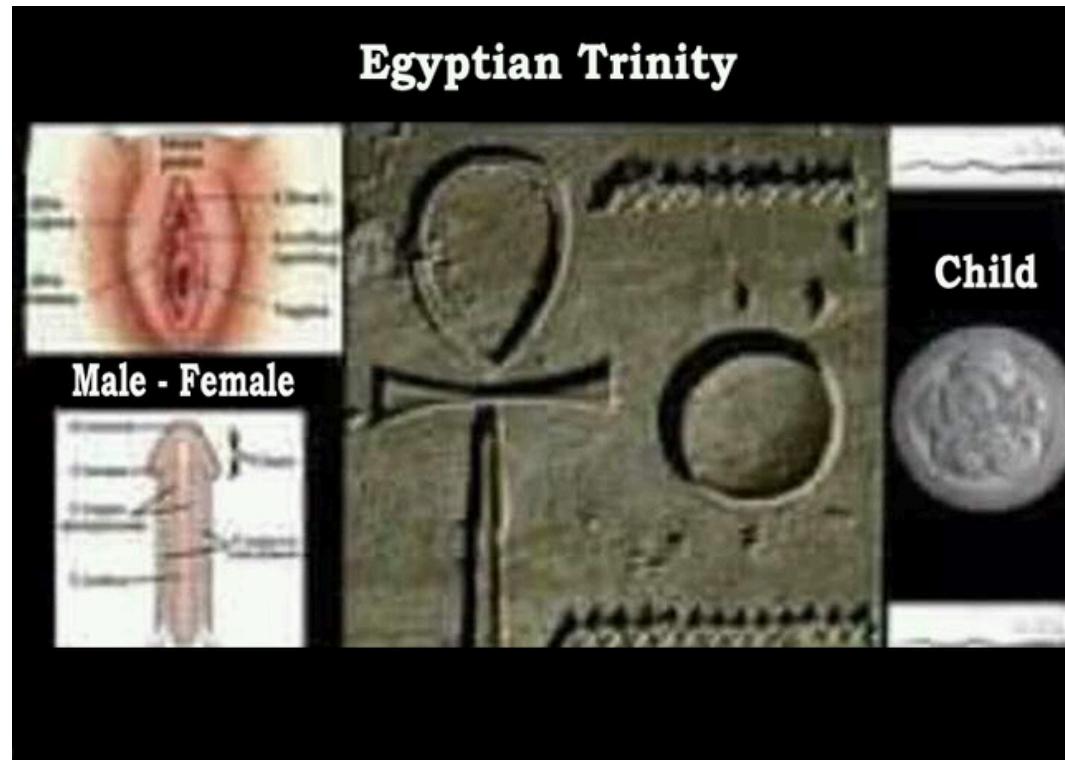


# EYE OF HORUS



**The Eye of Horus an Ancient Egyptian Symbol of Protection, Royal Power and Good Health.**

# ANKH SYMBOL OF LIFE



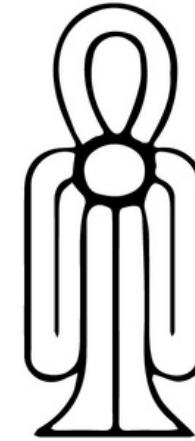
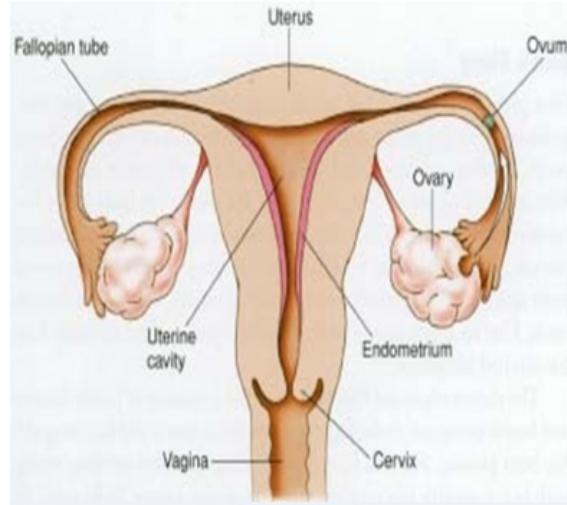
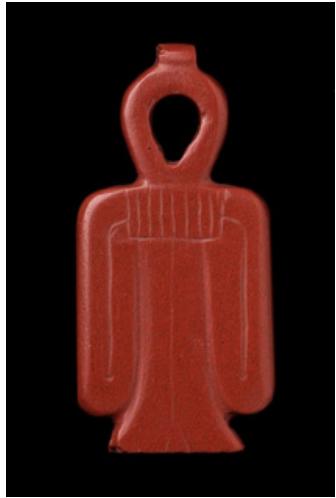
Representing the joining of the oval shape of  
the Yoni and the vertical line  
of the Lingam, whose union results in the  
creation of life.

# MENA T



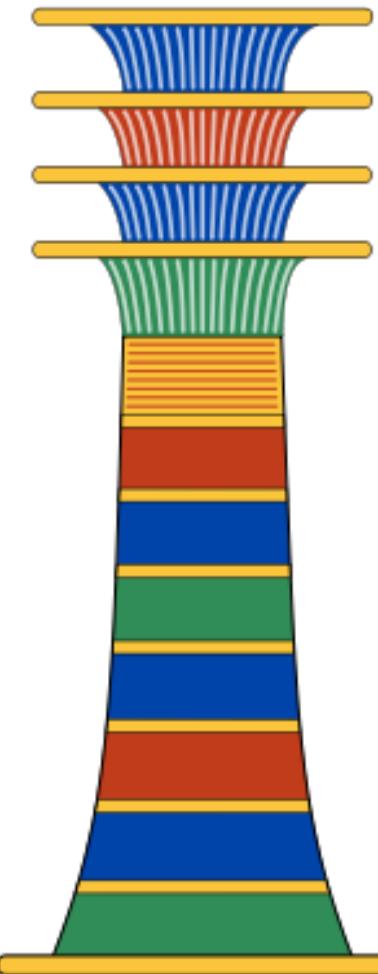
Goddess Hathor Bestowing the Renewal of Life To Seti I With Her Menat

# TYET



**The Tyet or Knot of Isis (Aset/Auset)  
Representing the Female Reproductive  
System**

# DJED

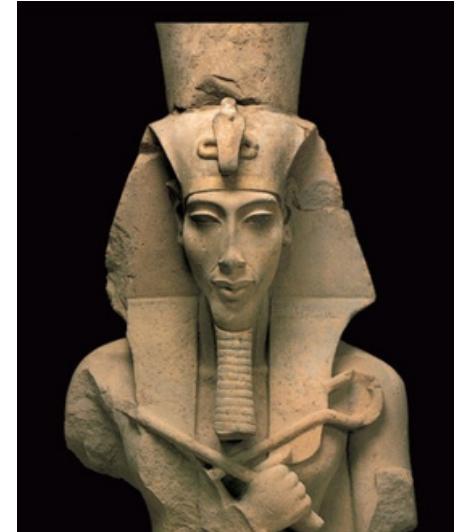
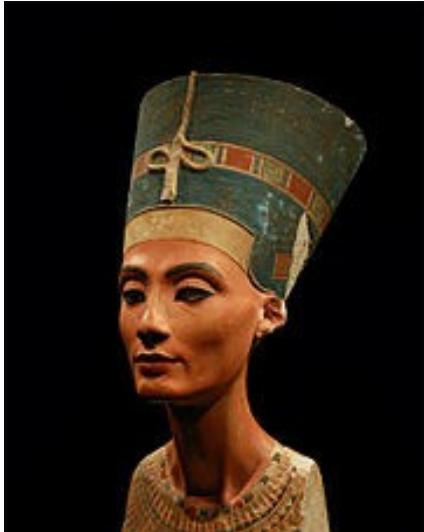


**The Djed a Wooden Representation of the Spine of Oisris  
(Aser/Auser)  
Signifying Stability and a Fertility Pillar**

## Tyet and Djed



# URAEUS



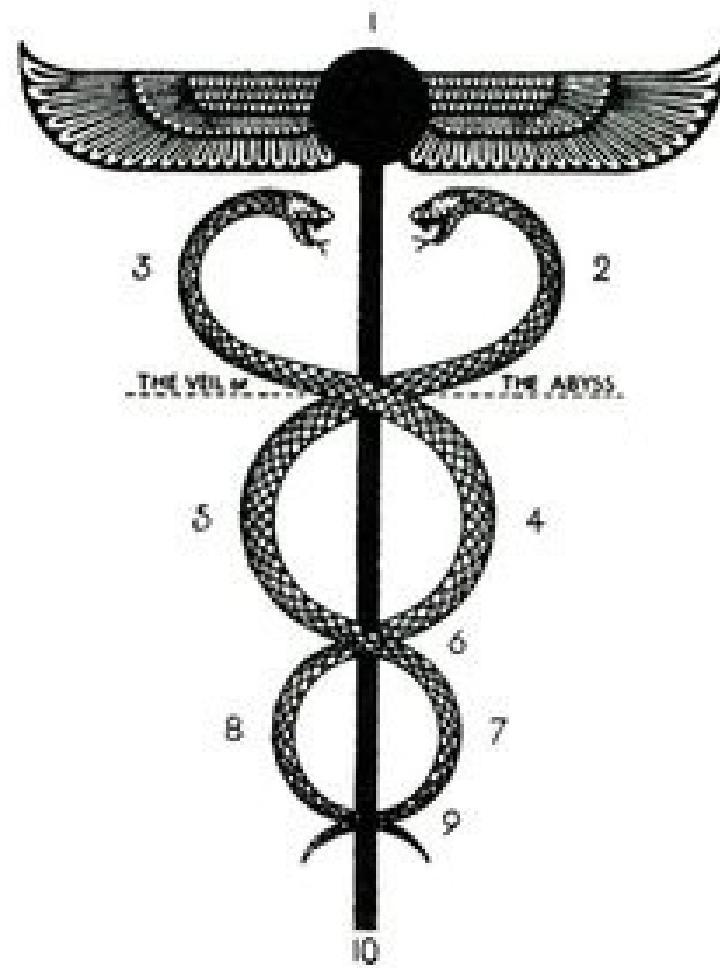
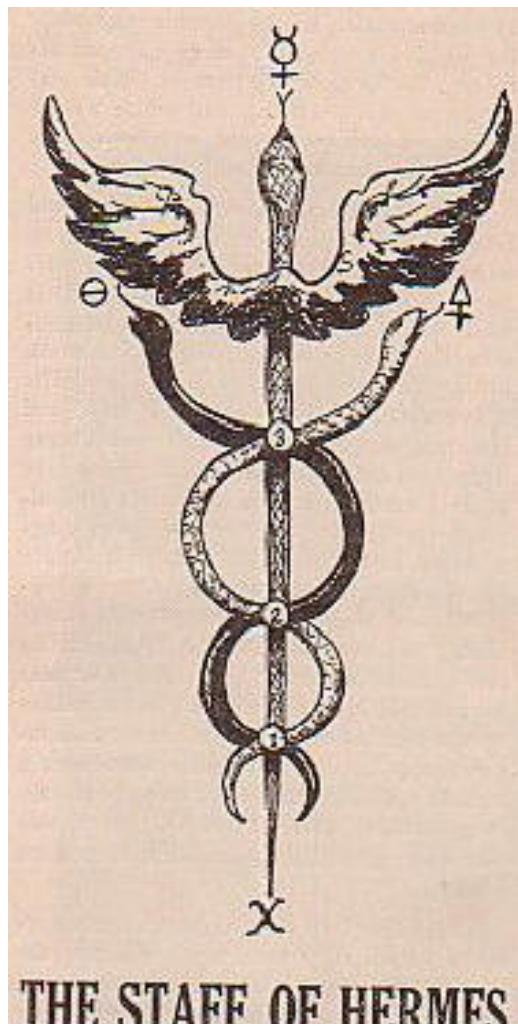
In Egypt, the 'Uraeus' Snake on a Person's Forehead was a Sign of Spiritual Illumination

The word Uraeus comes from the word 'iaret', which means 'the risen one'.

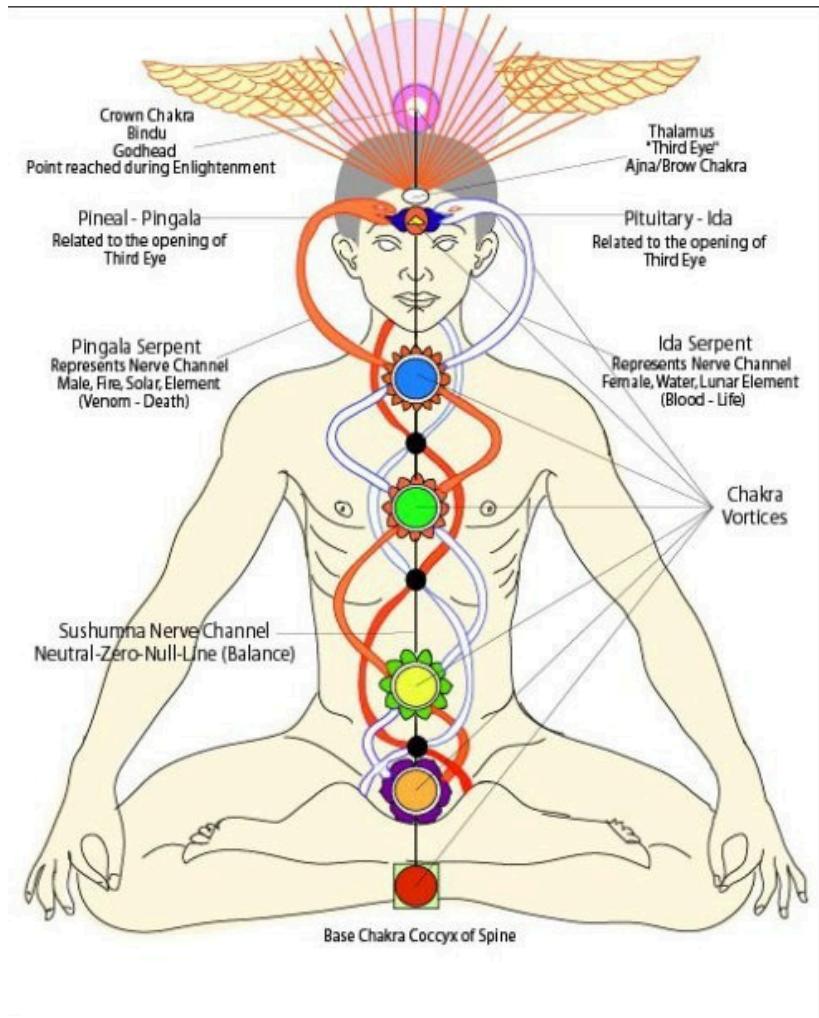
# HERMES TRISMEGISTUS AND THE 7 HERMETIC LAWS



# THE STAFF OF HERMES



# Caduceus



# THE PINECONE AND THE PINEAL GLAND



**Middle Left: Staff of Osiris, (Egyptian Museum, Turin, ca.1224BCE)**

**Middle Right: Caduceus Depicting Pine Cone on Whitehall Building, New York City.**

Throughout the span of recorded human history, Pinecones have served as a symbolic representation of Human Enlightenment, the Third Eye and the Pineal Gland.(Time-Price-Research, Monday, April 25,2016)

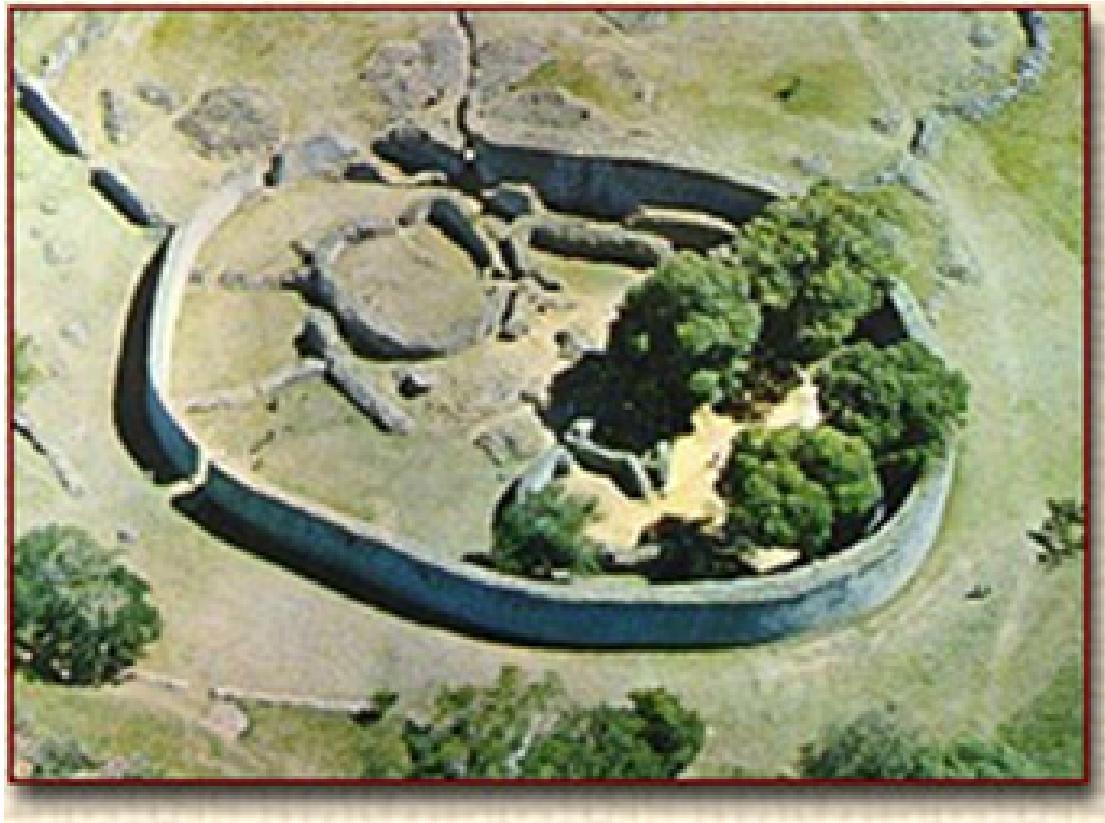
# A LARGE SEATED DOGON HERMAPHRODITE FIGURE



## **A LARGE SEATED DOGON HERMAPHRODITE FIGURE**

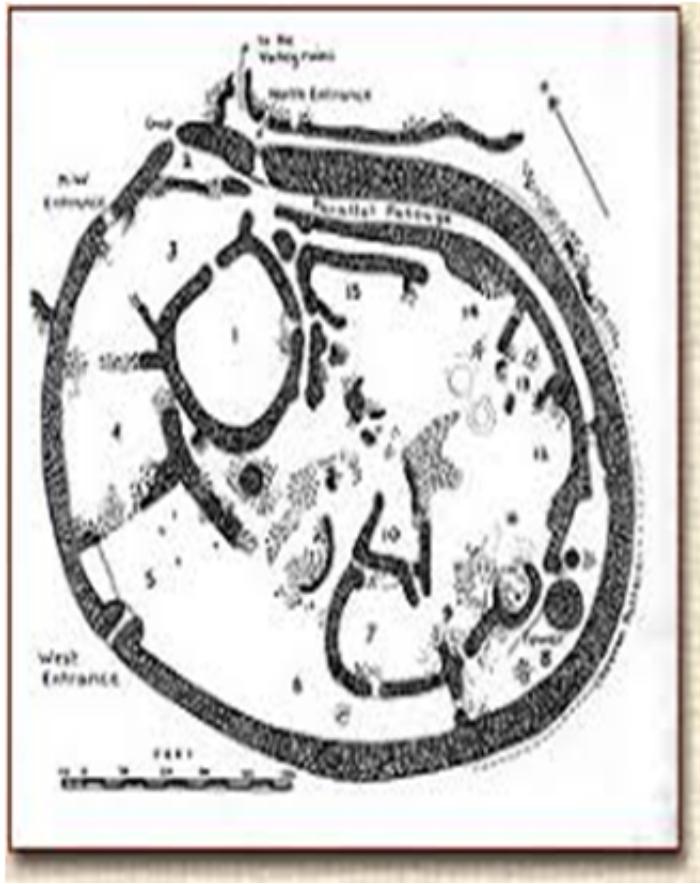
**Height:** 45.5 inches (115.57 cms) **Period:** before the 17th century.

# GREAT ZIMBABWE AND THE MUMBAHURU



**A Bird's Eye View of The Mumbahuru  
(‘House of the Great Woman’)**

The Mumbahuru, with its 11m high granite outer walls, has a distinct egg or womb-like appearance. Contained within this massive outer wall is a maze of walls and passageways.

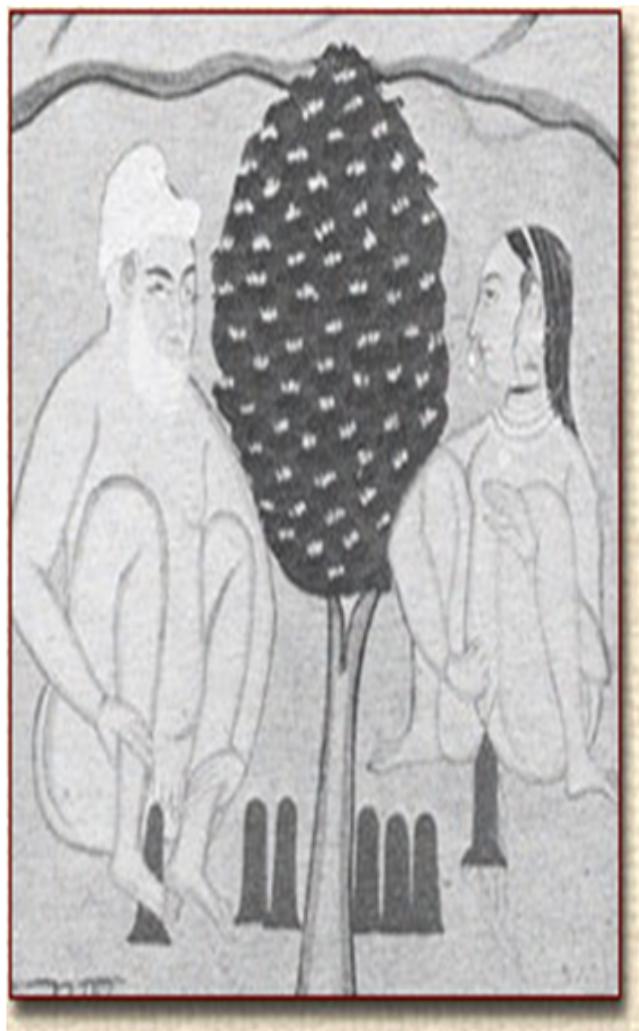


### Outline of the Great Enclosure of Mumbahuru

When we take the outline of these and turn it 90 degrees and shade in an area within the inner walls, a distinct outline of a figure sitting in a cross-legged, lotus position is revealed.

## The 10m High Conical Tower





**Fertility Stones (10cm) Found On Site**

**An Indian Tantrikas Make Use of 'lingams'  
To Arouse Their Kundalini Energy.**

# Chevron Snakeskin Effect



**Double Serpentine Chevron**



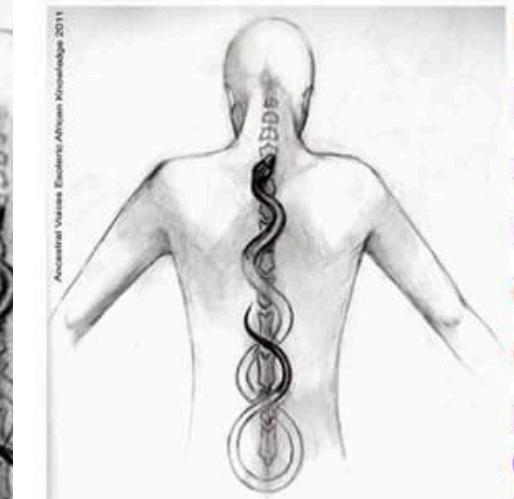
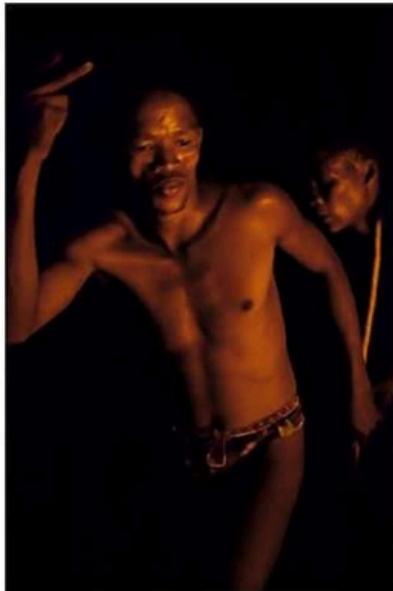
**Chevron Egyptian Carving**

## MORE EVIDENCE FOR LINKS BETWEEN THE ANCIENT CULTURES



The shared bird/snake imagery of Egypt and Great Zimbabwe. On the left is a stele of the sacred falcon of Horus from a temple at Edfu, and on the right is a soapstone bird statue at Great Zimbabwe with the distinctive serpentine chevron pattern below it

# UMBILINI

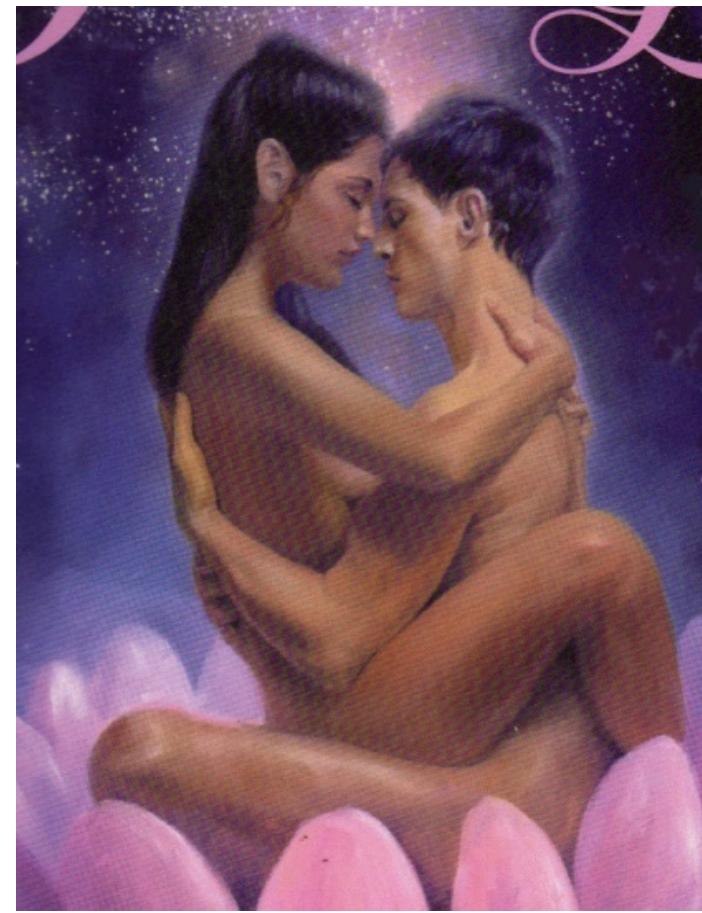


**Umbilini, 'A Hot Coiled Snake Ascending Your Spine and Bursting Through the Top of Your Head' (Credo Mutwa, Zulu Shaman)**

## YAB-YUM (FATHER-MOTHER).



Tibetan Yab-Yum



Indian Yab-Yum

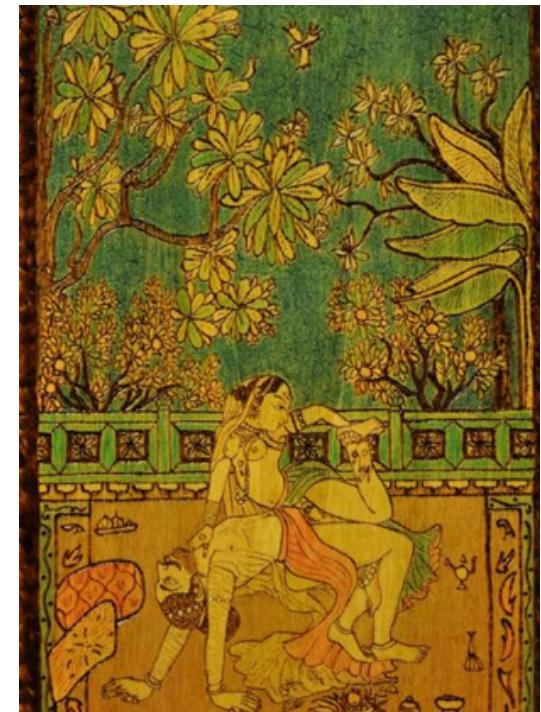
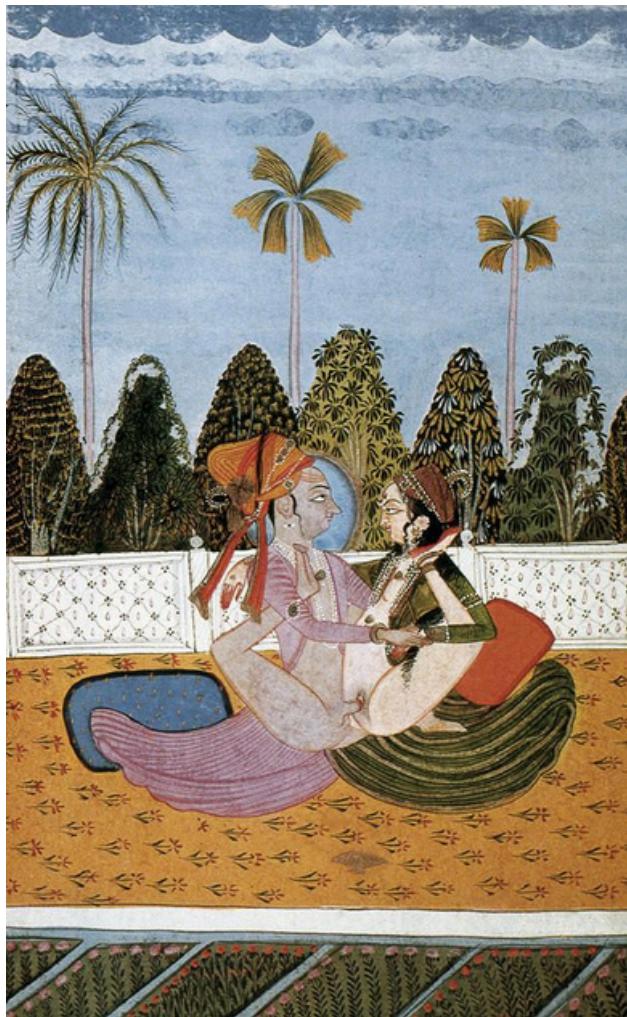


**Benin Bronze Sculpture  
Queen Mother's Head,  
Kingdom of Benin (Edo  
Empire), 15<sup>th</sup> Century.**

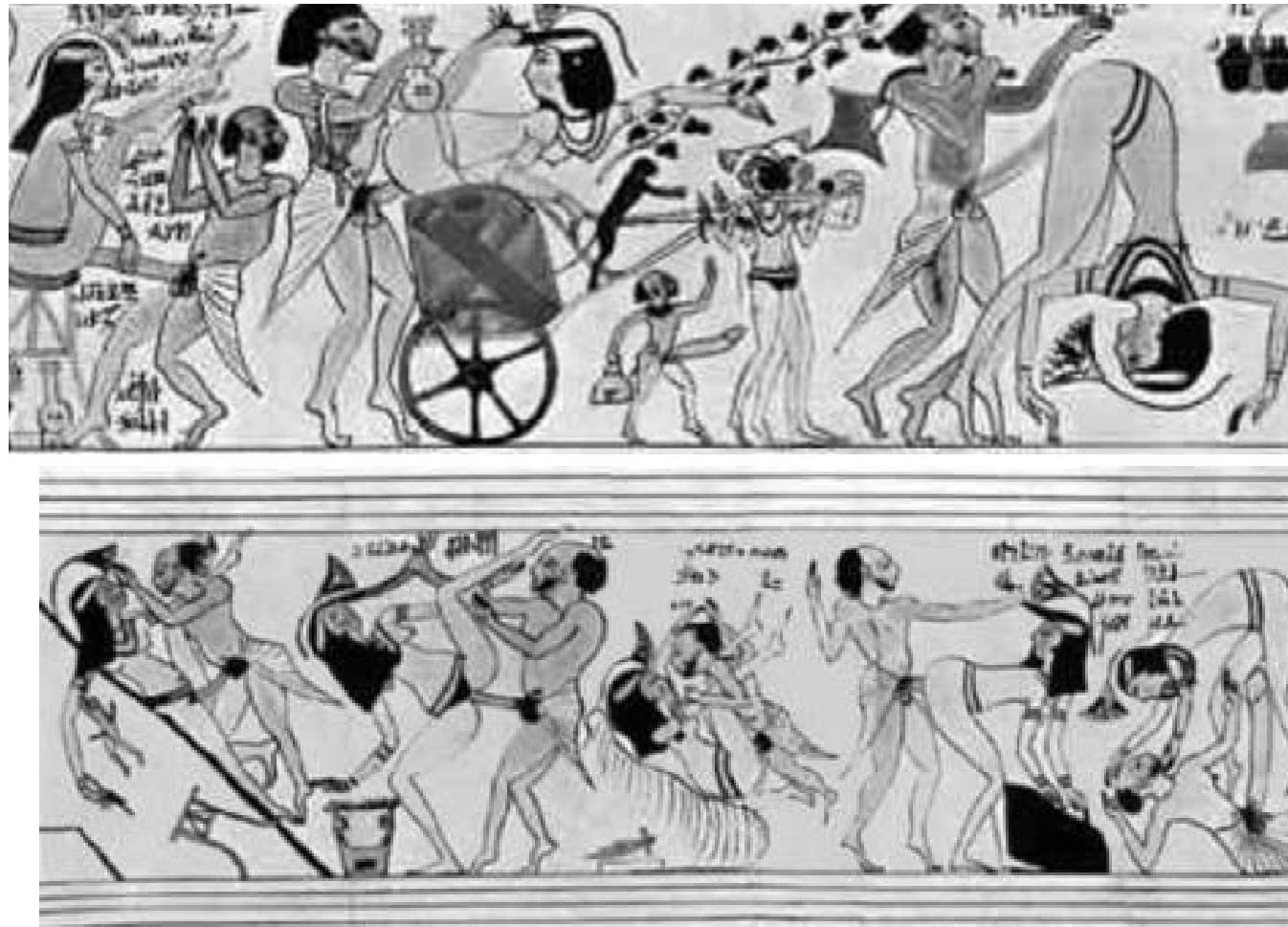


**Benin Yab-Yum  
Nigeria (1440-  
1860)**

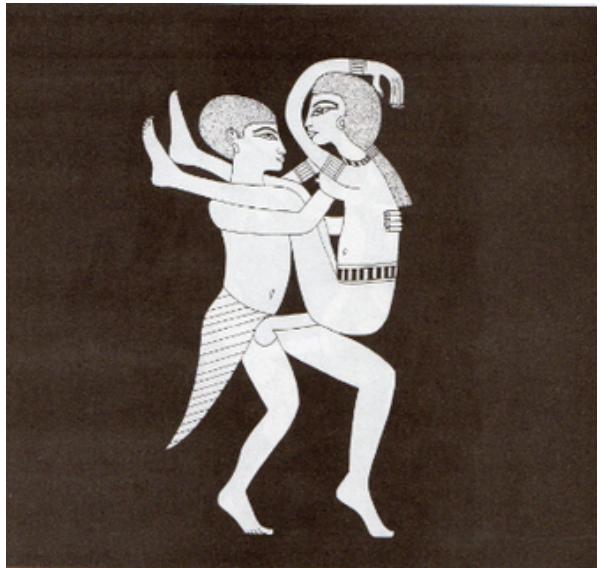
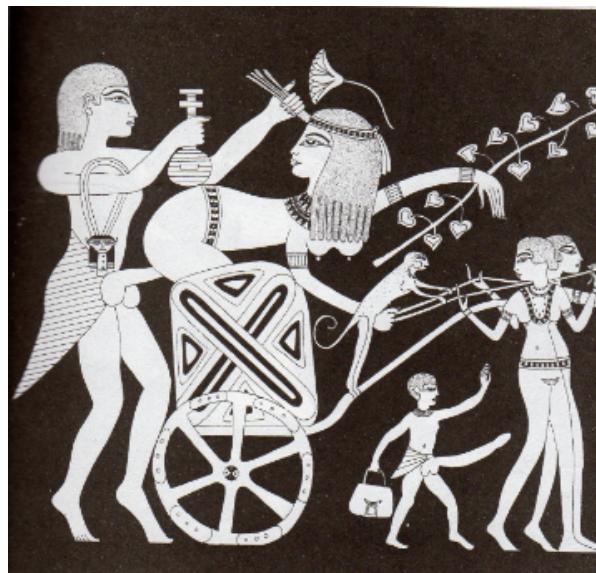
# KAMA SUTRA



# PAPYRUS 55001



Turin Papyrus, New Kingdom, 19<sup>th</sup> Dynasty, Werner Forman Archive,  
Egyptian Museum, Turin, Italy.



Various Sequences Redrawn from Papyrus 5501

## END QUOTES

'Africa, the Mother of Humanity and the archaic home of Tantra tradition. Tantric practices are found in most ancient spiritual belief systems. Unfortunately, with the advent of Christian missionary activity, many of the places where archaic forms of Tantra were once practiced, now have only traces of this knowledge. Africa is the best example of this phenomena. Africa, the "home" of humanity, the original motherland. Look closely at traditional African spiritual cultures, such as the Dogon of Mali, the Fang and Kota of Gabon and the Yoruba of Nigeria, and traces of Tantra become apparent. Belief in reincarnation, in the immortality of the human spirit, the spiritual law of "cause and effect, the need to balance the masculine and feminine energies within our bodies, divination, spirit possession, meditation, mystic power phrases, spells and amulets, the power of sacrifice and the sacraments of sex are but some of the tenets common to both the African and Asian archaic spiritual traditions'.(The Temple of Africa-  
[www.tantraworks.com](http://www.tantraworks.com))

Buddhism originally did not have a tantric tradition but in the early part of the first millenium BC it developed one, that was after direct contact with the teachings of ancient Egypt.....There's a strong connection between Memphite Theology (Memphisism) and early Buddhism, it is reasonable to say that Buddhism and its creators were impelled by ancient Egyptian religion just as were the Confucius, the Pythagoreans, and the Taoists.(Ashby,The Ancient Eygyptian Origins of Buddhism, 2006)

"It is of course possible that a complex diffusion situation obtained parts of the doctrine descending into both Greece and India from some earlier source, or other parts being passed from one of these cultures to another at a later time. But what is clear and what should enter the general discussion on the topic, is that the tantric physiology is not exclusively an Asian element and that a diffusion situation probably involving some of these factors just reviewed was involved in its presence in India as well as Greece but there may be a still more ancient world involved."

(Harper, K; Brown, R. The Roots of Tantra,2002.... Paper by: Thomas Evilley, The Art History and Archaeology of Tantra; The Spinal Serpent.)

"THE LIPS OF WISDOM ARE CLOSED, EXCEPT TO THE EARS OF UNDERSTANDING" HERMES TRISMEGISTUS