



# Fun Run/Walk

## Course Map & Event Day Details



### The Event

We will meet up at the northwestern corner of the Canal Park Lodge parking lot at 6:00 am

Race route is 'out and back' and follows the Lakewalk trail.

Signage (illuminated with "glow sticks") will indicate the route and the 'turn around point.

Please dress for the weather!

### Event Waiver

Participants **must** sign the Event Waiver in order to participate. Waivers will be available at the Conference Registration table.

### Post Event

Participants can bring their Fun Run t-shirt to the Duluth YMCA for free access to their showers.

### Questions?

Please direct any questions to Geoff Maas  
[geoffrey.maas@metc.state.mn.us](mailto:geoffrey.maas@metc.state.mn.us)