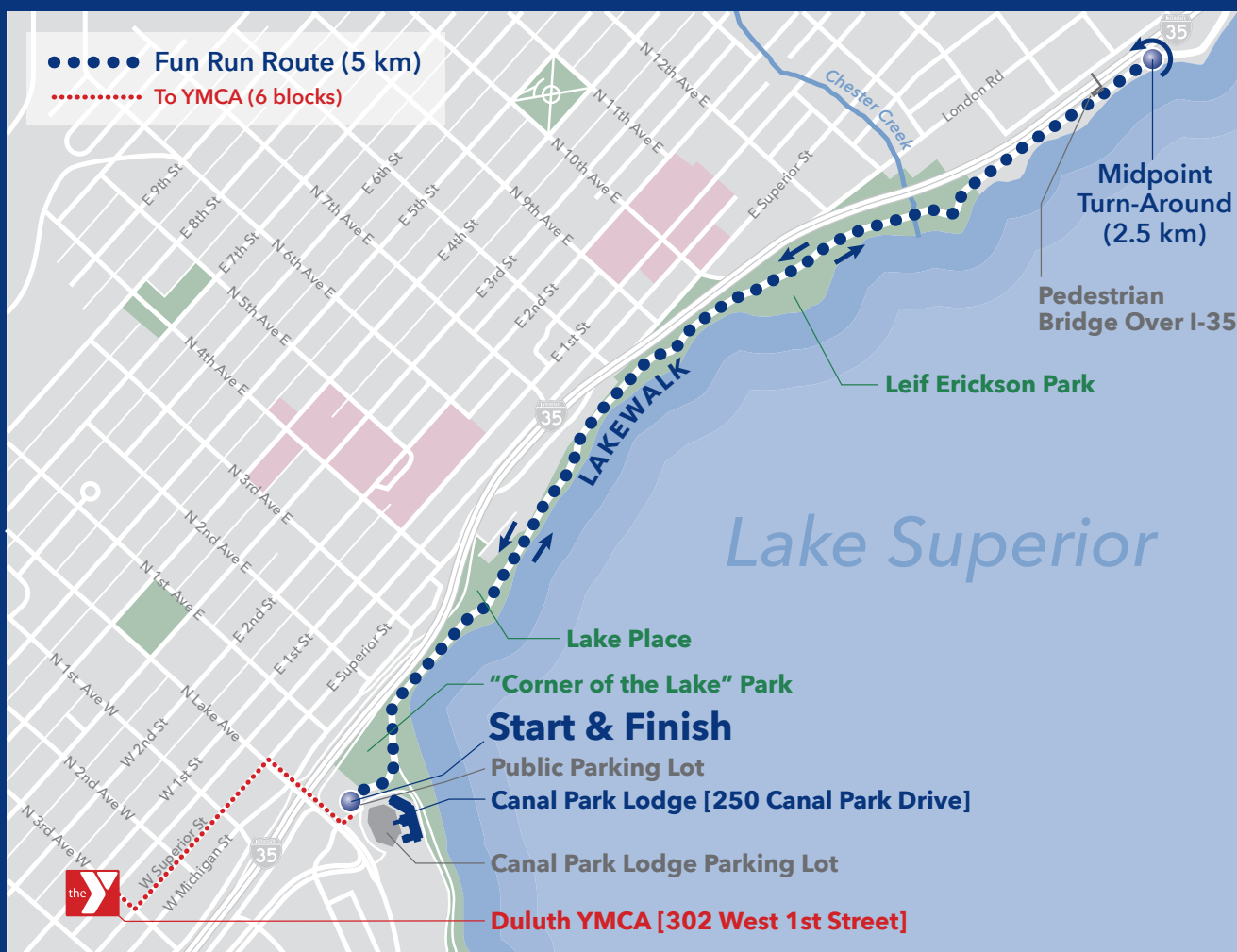


# 2016 Fun Run/Walk

## Course Map & Event Details



Friday Morning  
Oct 28, 2016  
**6:15 AM**



### Fun Run/Walk

We will meet up at the NW corner of the Canal Park Lodge parking lot at 6:10 a.m. **Event will begin at 6:15 a.m.**

The route is 'out and back' and follows the Lakewalk trail. Signage (illuminated with glow sticks ) will indicate the route and the "turn around" point.

This is Minnesota in late October, the weather could do anything, so please dress accordingly!

### Event Waiver

Participants **must** sign and turn in the Event Waiver in order to participate. Waivers will be available at the Conference Registration table.

### Post Event

Participants will receive their event shirt at the finish line. Participants can bring their Fun Run t-shirt to the Duluth YMCA for free access to their showers after the event.

### Questions?

Please direct any questions to Geoff Maas  
geoffrey.maas@metc.state.mn.us