



Tri Fold Brochure Design

Our Facilities

- ▶ Safe & peaceful environment
- ▶ Clean, well-maintained Accommodation
- ▶ Nutritious meals & dietary care
- ▶ Therapy rooms for group & individual sessions
- ▶ Yoga & meditation spaces
- ▶ 24/7 medical and emotional support
- ▶ Round-the-clock staff availability
- ▶ Family counselling spaces



Take the First Step Towards Healing

If you or your loved one needs support, we're here to help with dignity, respect, and confidentiality.

📍 1&2, 3rd cross, Mariyappa Arcade, Ganapathinagara, Rajgopalnagara Main Road, Peenya 3rd Phase, Bangalore – 560058

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✉ Info@hanuruha.in



Hanuruha Foundation



Healing • Strength • New Beginnings

A premium rehabilitation centre dedicated to helping women overcome addiction, trauma, and emotional challenges.

Your journey to recovery starts here



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7353836666

About Hanuruha

Hanuruha is a premium specialized, women-focused rehabilitation centre committed to holistic recovery, emotional healing, and long-term well-being. With the legacy of treating 1400+ women over 9 years through Sthree Kendra, Hanuruha brings specialised care with modern facilities, experienced professionals, and a healing environment designed for dignity and recovery.

Every woman deserves a second chance, a safe space, and compassionate support. At Hanuruha, healing is not just treatment—it is rebuilding values, restoring identity, and restarting life with confidence.

our core services

De-addiction & Detoxification

- Medically supervised detox
- Safe withdrawal management
- Relapse prevention programs

Mental Health & Psychological Support

- Medically supervised detox
- Safe withdrawal management
- Relapse prevention programs

Residential Rehabilitation Program

- Secure and private accommodation
- Daily structured routines
- Group therapy & peer support circles
- Women-only healing environment

Family Support & Counselling

- Family therapy sessions
- Awareness on addiction & mental health
- Rebuilding relationships and emotional connections

why choose us Why Hanuruha?

✓ Exclusive Women-Only Centre

Dedicated to the emotional and psychological needs of women.

✓ Premium Care & Facilities

Designed for national and international clients seeking confidentiality and comfort.

✓ Experienced Professionals

Psychiatrists, physicians, counsellors, mental health therapists, nurses, and caretakers.

✓ Complete Anonymity & Trust

Your identity and privacy remain fully protected.

✓ Holistic Recovery Model

Combining medicine, therapy, family involvement, and lifestyle restoration.

✓ Legacy of Expertise

Backed by 20+ years of experience through our founders' journey.

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Thank You!