

WORD STUDY LESSON 1

Prefixes

Directions: Circle the correct prefix to complete each sentence. Then, write the new word on the line. Use the chart to help you.

PREFIX	MEANING
de-	reversing, removing, or undoing something
dis-	not or opposite of
il-/im-/in-/ir-	not or opposite of

1.	The room smells fishy and needs to be (de-; in-)odorized.
	WORD:
2.	Do not lose control and become (dis-; ir-)rational.
	WORD:
3.	The (in-; im-)perfect bow was loose, but it looked good enough.
	WORD:
4.	The test is now over, so please (dis-; de-)continue your writing.
	WORD:
5.	I was (il-; in-)capable of staying awake any longer.
	WORD:
6.	The handwriting was so sloppy that it was (ir-; il-)legible.
	WORD:

FLUENCY LESSON 1



There's a Clock in Your Body!

by Marcia Amidon Lusted

In all likelihood, you have a clock in your room. There's definitely one in your classroom and probably one in your mom or dad's car. Did you know that you also have a clock that goes everywhere you go? This clock is located inside your body!

Every living organism has a built-in body clock, which is called an internal clock. This clock tells you when it's time to be awake, when you should be hungry, and when you need to sleep. Your internal clock also controls your body's temperature.

The light of the sun helps us keep time. It is also responsible for resetting our body clocks. Our bodies react to cycles of light and darkness. Normally, our body clocks adjust so we're wide awake once the sun rises, and so we're sleepy when it sets.

Have you ever taken a long plane trip across the country or to some other part of the world? Chances are that your body didn't match the clock in the place where you went. This feeling is known as jet lag. You might be hungry or sleepy at the wrong times because your body clock is still operating on home time.



Thankfully, it takes only a few days of sunshine and darkness for your body to adjust to the new time.

You need your internal clocks to make sure that you are getting enough rest and to keep your immune system strong. So, don't dislike that fact that you wake up early on weekends. Instead, be grateful that your body's built-in clock is keeping you on schedule!



COMPREHENSION | LESSON 1

Central Idea and Supporting Details

Directions: Refer to the passage "There's a Clock in Your Body" to complete the chart.

Central Idea:	
Supporting Detail 1:	
Supporting Detail 2:	
Supporting Detail 3:	
Supporting Detail 4:	





Content Vocabulary

Directions: Read the vocabulary words. Then, find each word in the Glossary and write its definition.

1.	origins
2.	ceremony
3.	practical
4.	physical
5.	version
6.	established



LEARNING LOG | LESSON 1

Learning Log

rections: Think about today's Word Study, Fluency, Comprehension, and cabulary activities. How will these activities help you to become a better readerite your ideas on the lines below. Make sure you begin each sentence with a pital letter and end each sentence with a punctuation mark.			



Prefixes

Directions: Match each prefix on the left to the root word on the right. Then write the word and its meaning.

PREFIX	ROOT WORD	
il	frost	
dis	responsible	
de	proper	
in	logical	
im	comfort	
ir	expensive	

NEW WORD	MEANING
·	
I	

FLUENCY LESSON 2



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COMPREHENSION | LESSON 2



Central Idea and Supporting Details

Directions: Refer to the passage "The History of Lacrosse" to complete the chart.

Central Idea:	
Supporting Detail 1:	
Supporting Detail 2:	
Supporting Detail 3:	
Supporting Detail 4:	
	



VOCABULARY | LESSON 2

Content Vocabulary

Directions: Using the context of each sentence, choose a vocabulary word that completes each sentence. You may refer to the Glossary, if needed.

	ceremony	established	origins
	physical	practical	version
1.	The Native Americans playe	of lacrosse can	be traced back to when
2.	Native Americans playe	d lacrosse as part of a spiritu	al
3.	The Cherokees thought since it helped with mili	lacrosse had atary training.	use,
4.	Lacrosse players had to condition to run back ar	be in excellent	
5.		of lacrosse use only 12 to 15 play	
6.		lacrosse game was played in as a women's sport	

LEARNING LOG | LESSON 2



Learning Log

al letter and e	ital letter and end each sentence with a punctuation mark.				
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WORD STUDY | LESSON 3

Syllabication

Directions: Divide each word by writing each syllable in the chart below. Then, read the word.

Word	Syllable 1	Syllable 2	Syllable 3
1. dislike			
2. imperfect			
3. incorrect			
4. illegal			
5. disable			



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COMPREHENSION | LESSON 3

Summary (Central Idea and Supporting Details):

Your Turn to Write

Directions: Write a one-paragraph summary of the passage "The History of Lacrosse." Include the central idea and at least three key supporting details from the passage. Make sure you begin each sentence with a capital letter and end each sentence with a punctuation mark. Check your spelling when you are finished writing.			



Content Vocabulary Review

Directions: Write a definition for each vocabulary word.

1.	origins
_ 2. _	physical
corr	ections: Write yes next to each sentence in which the vocabulary word is used rectly. Write no next to each sentence in which the vocabulary word is used brrectly.
1.	I like this <u>version</u> of the story much better than the first one.
2.	It is <u>practical</u> to wear dressy shoes for a hike on a trail in the woods.
3.	When the store went out of business, it was <u>established</u> .
4.	We received our awards at a special <u>ceremony</u> .



LEARNING LOG | LESSON 3

Learning Log

Directions: Think about today's session. How do you feel about your accomplishments? Write your ideas on the lines below. Make sure you begin each sentence with a capital letter and end each sentence with a punctuation mark.	