



## Roots

**Directions:** Review the roots and their meanings in the chart. Then, use the chart to help identify the root in each word below. Write the root on the line.

ROOT	MEANING
dic/dict	write or say
ject	throw or force
pel	push or drive
port	carry
pos	put or place

1. eject \_\_\_\_\_
2. dictionary \_\_\_\_\_
3. support \_\_\_\_\_
4. deposit \_\_\_\_\_
5. expel \_\_\_\_\_

**Directions:** Choose two words from above and write a definition for each.

1. Word: \_\_\_\_\_

Definition: \_\_\_\_\_

\_\_\_\_\_

2. Word: \_\_\_\_\_

Definition: \_\_\_\_\_

\_\_\_\_\_



## Say Yes to Yoga!

Yoga is good for your body and your mind. Because of its benefits, everybody should take yoga, or they should at least try it!



Yoga keeps you fit. You may think yoga is not really a workout. But it is! The poses build muscle and strengthen bones. Most yoga positions can improve your balance and flexibility. Many athletes take yoga classes. It helps them move better in their sports.

Yoga helps you focus. During a yoga class, you think about breathing correctly and holding each pose. This calms your mind and helps your overall well-being. You will leave a yoga class feeling relaxed and refreshed.

There is no competition in yoga. No one is keeping score, so you aren't concerned about what others are doing. Yoga promotes self-acceptance. This helps you view yourself and those around you in new ways.

There are many styles of yoga, from gentle yoga classes to power yoga classes. There are even "hot" yoga classes, where the temperature of the room is over 100 degrees!

If you have tried one type of yoga and didn't like it, try another. Don't reject this fabulous form of exercise. There is a yoga class out there for everyone. Once you start, you won't be able to stop!



## Fact and Opinion

**Directions:** Refer to the passage "Say Yes to Yoga" and to your notes on your dry-erase board as you complete this page.

Facts About Yoga	Opinions About Yoga
1. _____ _____ _____	1. _____ _____ _____
2. _____ _____ _____	2. _____ _____ _____
3. _____ _____ _____	3. _____ _____ _____
4. _____ _____ _____	4. _____ _____ _____



## Content Vocabulary

**Directions:** Read the vocabulary words. Then, choose the word that completes each sentence. Refer to the Glossary if needed.

landfill    unsightly    surface    shore    affects    waste

1. Trash that winds up in the ocean \_\_\_\_\_ people all over the world.
2. Garbage trucks dump the city's trash at the \_\_\_\_\_.
3. Did you pack a lunch that is free of \_\_\_\_\_?
4. Members of the Environmental Club picked up the \_\_\_\_\_ trash that was left in the park.
5. Residents of our beach community gather each morning to collect trash that washes up on the \_\_\_\_\_.
6. Do you see the garbage floating on the \_\_\_\_\_ of the bay?



## Learning Log

**Directions:** Think about today's session. Write about something that was challenging for you. OR Write about what you would like to have more practice with. Write your ideas on the lines below. Make sure you begin each sentence with a capital letter and end each sentence with a punctuation mark.

---

---

---

---

---

---

---

---



## Roots

**Directions:** Review the roots and their meanings in the chart. Underline the root in each word below.

ROOT	MEANING
dic/dict	write or say
ject	throw or force
pel	push or drive
port	carry
pos	put or place

expelled    portfolio    proposal    injecting    prediction

**Directions:** Read the following sentences. Use the word in italics, as well as what you know about each root's meaning, to choose the word that completes each sentence. Then, write the word on the line.

1. We learned how plants absorb water by \_\_\_\_\_ a stalk of celery with red ink. We *forced* the ink into the celery.
2. My art teacher wants us to keep our drawings together in a large \_\_\_\_\_ so we can *carry* them to and from school.
3. My grandfather can make a \_\_\_\_\_ about the weather just by looking at the sky, and he almost always *says* the right thing.
4. When our family planned a vacation, each of us made a \_\_\_\_\_ for a *place* to visit. Then, we voted.
5. A student was almost \_\_\_\_\_ from school for bringing his pet snake to science class. His pet almost *pushed* him out of school.



## **Say Yes to Yoga!**

Yoga is good for your body and your mind. Because of its benefits, everybody should take yoga, or they should at least try it!



Yoga keeps you fit. You may think yoga is not really a workout. But it is! The poses build muscle and strengthen bones. Most yoga positions can improve your balance and flexibility. Many athletes take yoga classes. It helps them move better in their sports.

Yoga helps you focus. During a yoga class, you think about breathing correctly and holding each pose. This calms your mind and helps your overall well-being. You will leave a yoga class feeling relaxed and refreshed.

There is no competition in yoga. No one is keeping score, so you aren't concerned about what others are doing. Yoga promotes self-acceptance. This helps you view yourself and those around you in new ways.

There are many styles of yoga, from gentle yoga classes to power yoga classes. There are even "hot" yoga classes, where the temperature of the room is over 100 degrees!

If you have tried one type of yoga and didn't like it, try another. Don't reject this fabulous form of exercise. There is a yoga class out there for everyone. Once you start, you won't be able to stop!



## Fact and Opinion

**Directions:** Refer to the passage "Plastic Pollution" as you complete this page.

Facts About Plastic and Pollution	Opinions About Plastic and Pollution
1. _____ _____ _____	1. _____ _____ _____
2. _____ _____ _____	2. _____ _____ _____
3. _____ _____ _____	3. _____ _____ _____
4. _____ _____ _____	4. _____ _____ _____





## Content Vocabulary

**Directions:** Write the definition for each vocabulary word. Use the Glossary, if needed.

1. unsightly

---

---

2. surface

---

---

3. landfill

---

---

**Directions:** Circle the correct homophone to complete each sentence.

1. Please make sure to put all waist/waste in the compost bin or the trash can.
2. I stood on the shore/sure and watched the dolphins swimming in the distance.
3. The amount of rain we get in the spring and summer affects/effects the growth of our crops.



## Learning Log

**Directions:** Think about today's session. How do you feel about your Vocabulary skills? Write your ideas on the lines below. Make sure you begin each sentence with a capital letter and end each sentence with a punctuation mark.

---

---

---

---

---

---

---

---

---



## Syllabication

**Directions:** Divide the following words into syllables. Then, read each word.

WORD	WORD DIVIDED INTO SYLLABLES
1. compel	
2. rejected	
3. predict	
4. reporter	

**Directions:** On the lines below, provide definitions for the words predict and reporter by examining the syllables that make up the word. Use sentences to write your answer.

1. predict

---

---

---

2. reporter

---

---

---



## Say Yes to Yoga!

Yoga is good for your body and your mind. Because of its benefits, everybody should take yoga, or they should at least try it!



Yoga keeps you fit. You may think yoga is not really a workout. But it is! The poses build muscle and strengthen bones. Most yoga positions can improve your balance and flexibility. Many athletes take yoga classes. It helps them move better in their sports.

Yoga helps you focus. During a yoga class, you think about breathing correctly and holding each pose. This calms your mind and helps your overall well-being. You will leave a yoga class feeling relaxed and refreshed.

There is no competition in yoga. No one is keeping score, so you aren't concerned about what others are doing. Yoga promotes self-acceptance. This helps you view yourself and those around you in new ways.

There are many styles of yoga, from gentle yoga classes to power yoga classes. There are even "hot" yoga classes, where the temperature of the room is over 100 degrees!

If you have tried one type of yoga and didn't like it, try another. Don't reject this fabulous form of exercise. There is a yoga class out there for everyone. Once you start, you won't be able to stop!



## Author's Argument: Your Turn to Write

**Directions:** Write a paragraph in which you analyze the author's argument in "Plastic Pollution." First, describe the author's argument or claim. Then, summarize the facts that best support the author's argument. Finally, give your opinion. Do you think the facts prove the argument? Explain your answer. Make sure you begin each sentence with a capital letter and end each sentence with a punctuation mark. Check your spelling when you are finished writing.

---

---

---

---

---

---

---

---



## Content Vocabulary Review

**Directions:** Write a sentence for each vocabulary word. Each sentence should be related to information from the passage "Plastic Pollution."

1. landfill

---

---

2. unsightly

---

---

3. surface

---

---

4. shore

---

---

5. affects

---

---

6. waste

---

---



## Learning Log

**Directions:** Think about today's session. How do you feel about your Fluency skills? Write your ideas on the lines below. Make sure you begin each sentence with a capital letter and end each sentence with a punctuation mark.

---

---

---

---

---

---

---

---

---