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Prediction of secondary testosterone deficiency using machine learning: A comparative analysis of ensemble and base classifiers, probability calibration, and sampling strategies in a slightly imbalanced dataset

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ABSTRACT

Testosterone is the most important male sex hormone, and its deficiency brings many physical and mental harms. Efficiently identifying individuals with low testosterone is crucial prior to starting proper treatment. However, routine monitoring of testosterone levels can be costly in many regions, resulting in an underreporting of cases, especially in developing countries. Moreover, there are few studies that employ machine learning (ML) in prognosticating testosterone deficiency. This research, therefore, aims to offer a coherent comparative analysis of machine learning methods that can predict testosterone deficiency without having patients undergo costly medical tests. In doing so, we seek to provide to the urological community a publicly available dataset (https ://github.com/osmarluiz/Testosterone-Deficiency-Dataset) to increase research in this yet untapped field. For this analysis, we used ten base classifiers (optimized with grid search stratified K-fold cross-validation); three ensemble methods; and eight sampling strategies to analyze a total of 3397 patients. The analysis was based on six features (age; abdominal circumference; triglycerides; high-density lipoprotein; diabetes; and hypertension), all of which were obtained by low-cost exams. We compared the sampling strategies and the classifiers' performance on an independent test set using ranking (PR-AUC), probabilistic (Brier score), and threshold metrics. We found that: (1) within the ranking metrics, sampling strategies did not enhance results in this slightly imbalanced (4:1 ratio) dataset; (2) the ensemble classifier using weighted average presented the best performance; (3) the best base classifier was XGBoost; (4) calibration showed significant improvement for the sampling strategies and slight improvements for the no sampling strategy; (5) the McNemar's test presented statistically similar results among all classifiers; and (6) abdominal circumference (AC) had by far the highest feature importance, followed by triglycerides (TG). Age showed very little significance in predicting testosterone deficiency.

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1. Introduction

Testosterone is the most important sex hormone among males and significantly impacts men's physical and psychological well-being [1,2]. Patients with Testosterone Deficiency Syndrome (TDS) may experience hypogonadism, a condition defined by low serum testosterone levels combined with clinical symptoms. This condition is associated with various comorbidities, such as metabolic syndrome, cardiovascular diseases, erectile dysfunction, atherosclerosis, respiratory problems, depression, and other complications that reduce overall health indicators [2–8].

Hypogonadism has two leading causes: primary and secondary [9, 10]. Primary hypogonadism (hypergonadotropic hypogonadism) is often associated with primary testicular failure, resulting in an inability to produce physiological levels of testosterone, leading to an androgen deficiency and increase in gonadotropin concentration. Primary hypogonadism is much less common and may be due to congenital (Klinefelter syndrome, Y-chromosome microdeletions, mutations in luteinizing hormone and follicle-stimulating hormone receptors, myotonic dystrophy, and cryptorchidism) or acquired causes (testicular trauma or torsion, testicular radiation, orchitis, chemotherapy with alkylating agents, treatment with ketoconazole, autoimmune testicular failure, infiltrative disease, varicocele, sickle-cell disease, cirrhosis, and excessive alcohol intake) [11].

Secondary hypogonadism (hypogonadotropic hypogonadism) results in low or inappropriately normal gonadotropin levels, which impacts the secretion of testosterone by the testicles and prompts a negative feedback on the hypothalamus-pituitary unit. Secondary hypogonadism is more common and can also result from several congenital disorders (e.g., Kallmann syndrome; Prader-Willi syndrome; or mutations in LH and FSH receptors) or acquired causes (e.g., hyperprolactinemia; pituitary damage from tumors; apoplexy; infection or infiltrative disease; head trauma; acute systemic illness; medications; sickle-cell disease; morbid obesity or diabetes; eating disorders; excessive exercise; cirrhosis; or idiopathic hypogonadotropic hypogonadism) [11].

Secondary hypogonadism has therapeutic implications [12]. It can result from functional causes (e.g., obesity, type 2 diabetes, opioids, or systemic disease) and can be reversible with treating or preventing of these conditions. Several reviews and meta-analyses demonstrate the relationship between obesity and male hypogonadism [13–18]. Studies suggest that obese men can increase their testosterone levels upon weight loss, either by supervised diet, exercise, or, in more extreme cases, bariatric surgery [19–21]. Other treatments make use of hormone replacement therapy or testosterone gel supplementation [22–25], in which testosterone treatment reduced visceral adiposity and waist circumference [26–28]. In sum, a number of studies have shown that the increase in testosterone levels can lead to weight loss and vice versa [14].

Several studies point to an association between testosterone levels, triglycerides (TG) [29,30] and hypertension (HT) [31–33]. Moreover, low testosterone is strongly associated with type 2 diabetes (T2D), given that one-third of men with T2D have secondary hypogonadism [34]. Yao et al. [35] perform a systematic meta-analysis and conclude that higher testosterone levels in men can significantly decrease the risk of T2D. Long-term testosterone therapy in hypogonadal men prevents the progression of prediabetes [36] and achieves T2D remission [37]. However, the benefit-risk balance of long-term testosterone treatment is unclear in men with T2D [38]. These associations suggest that testosterone is a component of the metabolic syndrome, a cluster of risk factors, including abdominal obesity, dyslipidemia, HT, and insulin resistance [39–41]. Hence, testosterone replacement therapy is sometimes an adjunctive therapeutic option for metabolic syndrome [42].

The diagnosis of TDS requires biochemical evaluation of total testosterone (TT) (<300~ng/dl) [12] or free testosterone (FT) (<6.5~ng/dl) [43] levels via blood test. However, men in the general

population do not carry out routine monitoring of TT and FT levels due to high costs. This results in a high rate of unidentified and untreated patients suffering from low testosterone levels [44]. Unlike women's health care service (which includes mammograms, cervical cancer screening, gynecological services, etc.), men's are generally not gender specific [45]. The lack of diagnosis and control of TDS is one of the reasons life expectancy in men is shorter than that of women [45]. Studies highlight that decreasing TT levels increase the Charlson comorbidity index (CCI) [46,47]. Testosterone deficiency is also a factor in increased cardiovascular and all-cause mortality, as shown by systematic reviews and meta-analyses [48-53]. Testosterone replacement therapy in hypogonadal men provides a 9-10% increase in five-year survival rate, like eugonadal men [54]. Yet, a significant obstacle is that few men seek health care despite treatment options [55]. This problem is even more acute in developing countries confronting income inequality and unequal access to health services [56]. In Brazil, the cost of testosterone dosing is six to eight times higher than that of blood glucose, TG, and high-density lipoprotein (HDL) cholesterol.

Predictive analysis using Artificial Intelligence (AI) algorithms is of great interest to those working in medical diagnosis since it provides indispensable resources for data analysis [57]. Clinical prediction rules combine several predictors based on the weights assigned to each predictor, obtaining a risk or probability. The likelihood of having the disease can be used to prompt urological referral for further testing based on the risk of a particular health condition [58]. When applied to many medical specialties, ML have already shown promising results in predicting a variety of clinical illnesses and conditions, such as cardiovascular risks [59–61], diabetes mellitus [62,63], cancer [64,65], kidney diseases [66], metabolic syndrome [67], and appendicitis [68].

However, a search for scientific articles in English in the Web of Science database using the keywords "hypogonadism" and "machine learning" in the period between January 1945 and November 2020 yielded only a single article, by Lu et al. [44]. A search with the words "testosterone" and "machine learning" yielded 11 more articles, mostly about cancer, which do not directly address the issue of TDS [69–72]. Accordingly, no articles were found in the database addressing the use of meta-classifiers or ensemble classifiers in either detection or prediction of TDS – a gap this research aims to fill.

We assessed that it is difficult to apply predictive algorithms (i.e., ML and deep learning) to hypogonadism, especially when the condition is caused by external factors. Nevertheless, the fact that TDS caused by secondary causes are often associated with comorbidities such as obesity, metabolic syndrome, and systemic illnesses offer ML algorithms ample data, which may boost its predictive ability.

Prediction studies has achieved high performance using methods based on ML and deep learning (DL). Nevertheless, two factors make traditional ML adequate for several investigations [73]: (a) DL does not work well with small amounts of data, making it more suitable with big data; and (b) reliance on DL hardware, which requires the Graphics Processing Unit (GPU). However, defining the best ML configuration for a particular clinical prediction should test a set of procedures: (a) different base or ensemble classifiers; (b) strategies for dealing with imbalanced learning; (c) calibration for reliable risk predictions; and (d) the use of different metrics for performance analysis in classification, considering independent validation.

A large number of ML techniques have been used and compared in various medical fields [74,75]. However, some challenges are difficult to solve using a single ML classifier, and the optimal solution may be outside the scope of a single model. Therefore, we assessed that one way to overcome this deficiency was to use the ensemble-based classifier that combines models to improve predictive performance [76]. The ensemble algorithm has two stages [77]: (a) the first stage applies several classifiers independently, and (b) the second stage uses the outputs of the individual classifiers as input to perform a new prediction. Besides, ensemble algorithms usually yield [78]: (a) increased performance, especially when applied to small amounts of data, due to the

greater propensity to find different hypotheses in the prediction of training data; (b) reducing the due to a greater tendency to find different hypotheses in the prediction of training data; (b) reduced risk of obtaining a local minimum and choosing an incorrect hypothesis; and (c) an increased analysis among methods due to a wide combination of models. Ensemble-based classifiers have been used successfully in various biomedical research such as bioinformatics [79–81], breast cancer diagnosis [82], diabetes prediction [83,84], and monitoring of the intensive care unit [85].

Commonly, medical data contains an uneven distribution of observations [86,87], in which only a small portion of patients experiences a health problem. Therefore, depending on the proportion of negative and positive samples, pre-processing the imbalanced data may be necessary because conventional algorithms are prone to consider minority observation as noise [88,89]. In this regard, imbalanced data may introduce biased results in predictive modeling. The methods for resolving the class imbalance problem at the data level are subdivided into undersampling (US), oversampling (OS), and hybrid sampling (HS).

The present study offers an analysis of the use of ML in predicting testosterone deficiency, and aims to make its dataset publicly available (https://github.com/osmarluiz/Testosterone-Deficiency-Dataset). Our investigation uses several trends in the field of ML. We compared ten traditional ML classifiers, optimized using grid search and stratified K-fold cross-validation, and three ensemble classifiers. We evaluated

different class imbalance treatment methods, including undersampling, oversampling, and hybrid techniques. Therefore, we compared multiple classification and sampling techniques, extracting the best quality from each procedure in a wide set of analyses, in the effort to properly address this important medical issue.

2. Material and methods

The methodology is divided into the following steps (Fig. 1): (2.1) dataset acquisition and split; (2.2) base classifiers; (2.3) ensemble classifiers (second level classifiers); (2.4) sampling strategies; (2.5) stratified K-fold cross-validation; (2.6) grid search; (2.7) probability calibration; and (2.8) accuracy analysis.

2.1. Dataset acquisition and split

We gathered data from a sample of 3397 patients between the ages of 40 and 85 drawn from a urology clinic in Feira de Santana, Brazil. Participants with primary hypogonadism or undergoing treatment were excluded from the analysis. The features were obtained by low-cost routine exams: age, diabetes, HT, HDL, and AC (Table 1). TG was the feature that presented the highest standard deviation (88.84). HAS and diabetes are categorical features, represented by absence (0) or presence (1). The medical literature suggests that normal testosterone levels

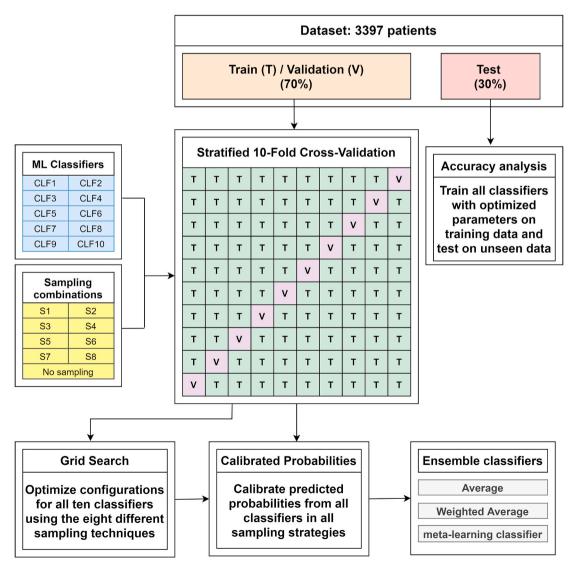


Fig. 1. Flowchart of the training procedure to obtain optimal parameters for each single classifier and the weights for the ensemble-classifier.

Table 1Descriptive analysis from the seven features used in this experiment: Age, Diabetes, Triglycerides (TG), Hypertension (HT), High-density lipoprotein (HDL), Abdominal Circumference (AC), and Testosterone (T).

Input	Description	Range	Descriptive Statistics
Age	Age in years	40–85	$\mu=61.33;\sigma=10.07$
Diabetes	Diabetes	Yes/No	Yes = 39%; No = 61%
TG	Triglycerides (mg/dl)	20-809	$\mu = 155.27; \sigma = 88.84$
HT	Hypertension	Yes/No	Yes = 51% ; No = 49%
HDL	High-density lipoprotein (mg/dl)	20–116	$\mu=46.33;\sigma=10.96$
AC	Abdominal Circumference (cm)	66-145	$\mu = 98.92; \sigma = 10.63$
T	Testosterone (ng/dl)	25–1375	$\mu = 449.19; \sigma = 172.52$

range from 300 to 1200 (ng/dl) [90]. For this reason, we separated testosterone in two classes: (a) 0 (T < 300 ng/dl) and (b) 1 (T \geq 300 ng/dl). Fig. 2 shows the class distribution, where the class imbalance ratio (i.e., number of samples from the majority class divided by number of samples from the minority class) is approximately 4:1 (slightly imbalanced). Regarding data partition, we separated 30% of the data to the testing stage only, and then implemented stratified K-fold cross-validation (k = 10) in the remaining 70% data. The test set provides an independent validation, demonstrating the model's ability to generalize unseen data.

2.2. Base classifiers (first level classifiers)

The application of several classifiers has two main advantages: (a) it enables a vast comparison between ML algorithms, and (b) the use of

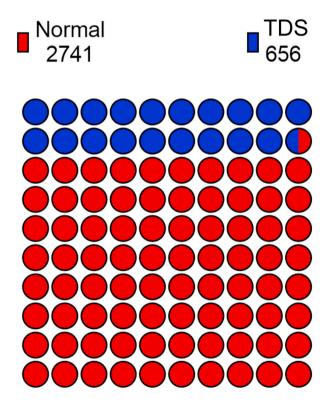


Fig. 2. Representation of class imbalance, where blue represents patients with Testosterone Deficiency Syndrome (TDS) (T < 300 ng/dl) and red illustrates patients with normal levels of testosterone (T $\geq 300 \text{ ng/dl}$). (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

Total=3397

different classifiers bearing low correlation between one another presents better results for the ensemble classifiers. Therefore, we used ten classifiers compatible with the scikit-learn library: Artificial Neural Networks (ANN) [91], Supporting Vector Machine (SVM) [92]; Random Forest (RF) [93], Extremely Randomized Trees (ERT) [94], AdaBoost [95], XGBoost [96], Gradient Boosting (GB) [97], k-Nearest Neighbors (k-NN) [98], Naïve Bayes (NB) [99], and Logistic Regression (LR) [100].

2.3. Ensemble classifiers (second level classifiers)

The ensemble classifiers usually outperform the best single classifier because it combines the other methods' strengths to integrate a more complex and powerful learning approach. The ensemble predictions use the probability outputs from the base classifiers as input to predict new data. There are different ensemble strategies, such as average (Avg), weighted average (wAvg), majority voting, rank average, and stacking with learning algorithms. This research used three ensemble classifiers:

(a) Avg; (b) wAvg; and (c) Stacking Meta-Classifier with Logistic Regression (meta-classifier).

The Avg classifier is the most straightforward approach, in which the final probability is the average probabilities from all classifiers. The wAvg gives higher weights to the better classifiers. Defining the best set of weights for the ensemble classifier can be an exhaustive procedure since the number of possible combinations may result in millions of iterations. To overcome this problem, we applied a randomized grid search, in which each classifier may have weights in the range of $0{\text -}1$ with 0.1 steps. We established $10{,}000$ as the maximum number of iterations. The meta-classifier uses the probability scores from the base classifiers as features. In our research, we used LR as the second level classifier.

2.4. Sampling strategies

Datasets are imbalanced when the distribution of classes is uneven [101], and they are prevalent in real-world problems covering many scientific fields [102,103]. ML algorithms often present bad classification results in imbalanced data. There are many ways to address class-imbalance [104]. At the data level, there are three main sampling methods: (a) undersampling (reduction of samples from the majority class), (b) oversampling (enlargement of samples from the minority class), and (c) hybrid sampling (a combination of oversampling and undersampling) [105]. This research compared eight sampling strategy combinations using the open-source python toolbox Imbalanced-Learn [106]: Random undersampling (RUS), Repeated Edited Nearest Neighbors (RENN), Random Over-Sampling (ROS), Synthetic Minority Over-sampling Technique (SMOTE), RENN + SMOTE, RUS + ROS, RENN + RUS, and RUS + SMOTE.

RUS is the most straightforward approach, where the removal of elements from the majority class is random [107]. However, the RUS may remove essential elements from the majority class, decreasing the model's functionality. Other solutions aim to minimize this effect, removing redundant elements instead of randomly. In this context, RENN is a more sophisticated undersampling technique [108], where the removed elements tend to be redundant with their nearest neighbors.

Like RUS, the ROS technique consists of duplicating random rows. This method uses a substantial amount of data from the majority class, but the duplicated elements may introduce overfitting [109]. SMOTE [110] is very popular in imbalanced data problems because it reduces the overfitting effect compared to random oversampling since it generates new information.

2.5. Stratified K-Fold cross-validation

The stratified K-fold cross-validation separates the dataset into k bins of equal size, maintaining the same ratio of positive and negative

instances from the original dataset, using k-1 bins for training and one bin for testing, varying the testing position bin. The result is the average of all testing bins for a specific accuracy metric. This approach gives more realistic results than the standard train/test, especially when the objective is to optimize parameters since it uses many facets of the data, reducing variance. This method has three utilities in our study: (a) providing better hyperparameters through grid search; and (b) obtaining the wAvg classifier weights; and (c) obtaining the training data (predictions from the base classifiers) to the meta-classifier.

2.6. Grid search

We used the grid search with cross-validation to obtain the optimal hyperparameter values for all classifier-sampling combinations to improve PR AUC. The only exception was the NB classifier, which does not have parameters to tune. Thus, we obtained optimal values for the ten classifiers considering each sampling combination, resulting in 90 optimized classifiers (eight sampling strategies and a no sampling strategy multiplied by ten single classifiers). Table 2 lists the grid values within each iteration.

Table 2
Grid Search values for every single classifier: Random Forest (RF), Extremely Randomized Trees (ET), Gradient Boosting (GB), Supporting Vector Machine (SVM), k-Nearest Neighbor (k-NN), Logistic Regression (LR), AdaBoost (ADA), and Artificial Neural Networks (ANN).

Model	Parameter	Values
RF	bootstrap	(True, False)
	oob_score	(True, False)
	max_depth	3, 4, 5, 6, 7
	n_estimators	50, 100, 150, 200, 250
	min_samples_split	2, 3, 4, 5
	max_leaf_nodes	None, 2, 3, 4
ET	Bootstrap	(True, False)
	oob_score	(True, False)
	n_estimators	100, 150, 200, 250, 300
GB	n_estimators	100, 200, 300, 400, 500, 600
	learning_rate	0.01, 0.05, 0.1
	subsample	0.3, 0.4, 0.5, 0.6
	max_depth	3, 4, 5, 6, 7
	min samples split	2, 3, 4
SVM	kernel	Linear, rbf, poly
	degree	2, 3, 4
	c	0.5, 1, 2, 3, 4, 5, 6
	Class weight	Balanced, None
k-NN	N_neighbors	5, 10, 15, 20, 25, 30
	Weights	Uniform, distance
	Algorithm	Ball tree, kd tree, brute
	P	1, 2, 3
LR	C	0.5, 1, 2, 3, 4, 5, 6
	penalty	L1, L2, elasticnet
	solver	Newton-cg, lbfgs, saga
	max iter	50, 100, 200
	class weight	Balanced, None
ADA	DT max_depth	None, 2, 3, 4
	DT min_samples_split	2, 3, 4
	DT max leaf nodes	None, 2, 4
	DT max features	None, 3, 5
	n_estimators	300, 400, 500, 600
	learning rate	0.1, 0.01
XGBoost	min_child_weight	1, 3, 5, 7, 10
	gamma	1, 3, 5, 7, 10
	colsample_bytree	0.4, 0.5, 0.6
	reg_alpha	0, 0.2, 0.3
	max_depth	4, 5, 6
	subsample	0.6, 0.7, 0.8
	n_estimators	100, 200, 300, 400, 500
	learning rate	0.01, 0.05, 0.1
ANN	hidden layer sizes	(10, 10), (15, 15), (20, 10), (20, 15)
	Activation	Logistic, tanh, relu
	learning rate	0.01, 0.001
	max_iter	200, 400, 600
	Solver	Lbfgs, sgd, adam

2.7. Probability calibration

The probability or probability-like score from ML algorithms may not represent the observed proportions in real-world scenarios [111] because they are often uncalibrated. Besides, the ML classifiers may present different probability distributions. The class-imbalance correction techniques (undersampling, oversampling, and hybrid sampling) produce consistently biased probability estimates. Uncalibrated probabilities can show imprecise risk predictions, which may prove highly consequential in medical diagnoses [112,113]. Besides, comparing algorithms with uncalibrated probabilities may induce unrealistic results, especially in threshold metrics. In sum, uncalibrated estimates present three significant problems: (a) risk predictions are not reliable; (b) comparing classifiers using threshold metrics is difficult, as the same threshold can present significantly different results between methods; and (c) the ensemble-classifier will have unrealistic biases from each classifier. Therefore, we applied two calibration techniques: (a) prior probability correction (for the sampling strategies) [114], and (b) isotonic regression (for the no sampling procedure) [115] using scikit-learn. The prior correction used the following expression (Equa-

$$p_{new} = \frac{p_{old} * \frac{r_1}{r_2}}{p_{old} * \frac{r_1}{r_2} + (1 - p_{old}) * \frac{(1 - r_1)}{(1 - r_2)}}$$
(1)

Where

p_{new}: the new calibrated probability,

pold: the prior probability from the classifier,

r1: the ratio of positive samples in the original dataset,

r2: the ratio of positive samples in the sampled dataset.

2.8. Accuracy analysis

Accuracy analysis is a fundamental component in comparing ML models. We used three commonly used performance metrics: (2.5.1) ranking metrics, (2.5.2) probabilistic metrics, and (2.5.3) threshold metrics.

2.8.1. Ranking metrics

Ranking metrics are very efficient in understanding the classifier's abilities to differentiate classes. There are two main metrics: (a) Receiving Operating Characteristic Area Under the Curve (ROC AUC), and (b) Precision-Recall Area Under the Curve (PR AUC). Both metrics consider the probabilities of the classifiers (the model calibration does not affect these results). The ROC curve uses the four quadrants from the confusion matrix (Fig. 3): True Positives (TP), True Negatives (TN), False Positives (FP), False Negatives (FN). The axis is referent to the True Positive rates (TP/(TP + FN)) and the False Positive rates (FP/(FP + TN)). In its turn, the PR Curve does not use the TN quadrant, and it compares the axis Precision (TP/(TP + FN)) and Recall (TP/(TP + FP))at different thresholds. In imbalanced datasets, the ROC AUC scores may give over-optimistic results, whereas the PR AUC scores gives more attention to the minority class [116,117]. Thus, to evaluate the best classifier, we used PR AUC score. However, we also present the results of the ROC curve as it is the most used metric performance in medical studies with ML [75].

2.8.2. Probabilistic metrics

Probabilistic metrics enable an evaluation of how well-calibrated each model's output is. In this research, when applying sampling strategies, the classifiers' training data has different a priori probabilities than the test set's probabilities, since they have different proportions of positive and negative samples (healthy and unhealthy patients), resulting in lower probabilistic metric scores. Thus, we used the Brier Score Loss before and after the calibration procedure (Equation (1)). The Brier Score Loss (Equation (2)) is given by:

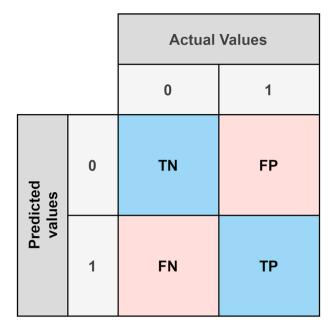


Fig. 3. Confusion Matrix, where TN is True Negatives, FP is False Positives, FN is False Negatives, and TP is True Positives.

Brier Score =
$$\frac{1}{N} \sum_{t=1}^{N} (f_t - o_t)^2$$
 (2)

Where:

N: number of elements (in our case, the number of patients in the test set),

ft: the classifier output,

ot: the actual outcome.

2.8.3. Threshold metrics

After selecting the best model, we evaluated other metrics obtained from the confusion matrix (Fig. 3, Table 3): (a) accuracy; (b) precision; (c) recall; (d) specificity; (e) F-score; (f) positive predictive value; and (g) negative predictive value. The threshold cutoff point may vary according to the clinical scenario. Whenever testing many patients is viable, a threshold with high recall is preferred. When it is not (e.g., due to financial constraints), a threshold with a high precision is more adequate. Thus, we chose the cutoff point within every classifier by selecting the highest F-score.

We applied the McNemar's test [118] to verify differences and similarities between the models within the threshold metrics. The analysis is pairwise, and when comparing different classifiers, the chi-squared statistic (χ^2) has one degree of freedom, as follows (Equation (3)):

Table 3 Threshold metrics.

Accuracy Metric	Equation
Overall Accuracy	TP + TN
Specificity	$\frac{TP + FP + TN + FN}{TN}$
Sensitivity	TN + FP TP $TD - TN$
F-Score	$TP+FN \ 2 imes rac{P imes R}{P+R}$
Positive Predivtive Value	TP + R
Negative Predictive Value	$rac{\overline{TP+FN}}{\overline{TN}} = rac{\overline{TN}}{TN+FN}$

$$\chi 2 = \frac{(b-c)^2}{(b+c)} \tag{3}$$

Where:

γ2: chi-squared statistics,

b and c: elements from the secondary diagonal from the 2x2 contingency table.

Moreover, we can reject the null hypothesis (assuming a different behavior within the classifiers) if the obtained χ^2 is higher than the values of the χ^2 distribution table.

3. Results

3.1. Ranking metrics

We used the PR AUC and ROC AUC scores to evaluate the different sampling strategies (Table 4). The wAvg classifier with no sampling presented the best results. Besides, no sampling presented the best results among most base classifiers, except for LR, NB, GB, SVM, and k-NN. Among those five classifiers, k-NN benefited from an undersampling technique (RUS), whereas all other classifiers presented better results using ROS or SMOTE. Commonly, SMOTE is preferred over ROS because it avoids overfitting, since it generates new data instead of random duplicating rows [110]. However, in our dataset, there was no sign of overfitting using ROS. Nevertheless, SMOTE presented better results within the ensemble classifiers, being the best sampling strategy apart from no sampling. The similar values between different sampling techniques suggest that class imbalance is not skewed enough to benefit from those methods. The application of an exhaustive grid search for each classifier in each sampling strategy trims down differences in results.

Apart from NB and k-NN, the base classifiers presented good overall results, providing good predictions with a slight variance within each sampling strategy. The XGBoost classifier presented the best overall results among the base classifiers. The ensemble classifiers (Avg, wAvg, and meta-classifier) presented more stable results (smaller variance). The wAvg classifier presented PR AUC values surpassing 44% among all sampling strategies.

The ROC AUC score is widely used within the medical community to compare ML algorithms. Since we optimized the base classifiers on their PR AUC scores (because the minority class is more relevant in this scenario), the ROC AUC scores may not represent the highest possible values [117]. Nevertheless, the ROC AUC scores reinforce the PR AUC conclusions, in which the base classifiers (apart from k-NN and NB) display overall good results. The sampling strategies do not present better results than no sampling, reinforcing that it is crucial to make a wide analysis and consider simpler methods, especially in slightly imbalanced datasets. Among, the sampling strategies, ROS and SMOTE presented slightly better results than the rest.

3.2. Probabilistic metrics

Table 5 lists the Brier score before and after calibration for all sampling strategies. The prior probability technique (eight first columns) presented improvements within all base classifiers' sampling strategies. Nevertheless, calibration for the no sampling strategy using isotonic regression presented less improvement but better score values. The sampling strategies' application introduces an additional (expected) probabilistic bias shown by the Brier score before the calibration application. RENN was the sampling strategy with the worst calibration. Within the models using isotonic regression, SVM, LR, ANN, and k-NN did not improve using this method. We also evaluated the sigmoid scaling within those models and it still presented no improvement, showing that these classifiers are already well-calibrated for this task.

The Brier score loss analysis gives useful insight into how wellcalibrated the models are and enables more in-depth information on

Table 4

Average Precision from the different undersampling and oversampling combinations: Repeated Edited Nearest Neighbors (RENN), Synthetic Minority Oversampling Technique (SMOTE), Random Undersampling (RUS), and Random Oversampling (ROS), and ten Machine Learning Models: Random Forest, Extremely Randomized Trees, Gradient Boosting, Supporting Vector Machine (SVM), k-Nearest Neighbor (k-NN), Naïve Bayes (NB), Logistic Regression (LR), AdaBoost, XGBoost, Artificial Neural Networks (ANN), Average Ensemble Classifier (Avg), Weighted Average Ensemble Classifier (wAvg), and Meta-learning classifier with Logistic Regression (Meta).

PR AUC Score	!								
	Undersa	mpling	Oversam	ping	Hybrid Sampling				
Model	RUS	RENN	ROS	SMOTE	RUS + ROS	RENN + ROS	RUS + SMOTE	RENN + SMOTE	No Samp
RF	42.3	42.6	43.8	42.5	42.2	42.1	42.5	41.5	44.1
ERT	41.9	41.6	41.4	41.5	41.9	41.3	41.0	42.2	42.2
GB	41.6	43.5	43.9	41.7	43.4	43.0	40.6	42.8	43.1
SVM	42.4	41.6	43.3	43.1	42.1	41.5	42.4	41.8	43.4
k-NN	40.8	35.6	34.1	31.7	35.9	36.2	37.7	35.1	36.8
NB	38.8	38.1	40.0	40.6	38.7	38.1	38.6	38.1	40.1
LR	41.9	41.9	42.8	43.2	41.7	41.8	42.1	42.2	42.9
AdaBoost	39.8	41.7	43.1	42.9	40.5	42.3	40.8	40.1	43.9
XGBoost	42.3	43.4	43.1	42.2	43.6	41.0	42.2	43.6	44.7
ANN	41.7	41.8	43.2	42.9	40.9	42.9	41.6	42.2	43.0
Avg	42.6	44.0	43.2	44.2	42.5	43.7	42.3	44.1	44.2
wAvg	44.4	44.2	44.7	45.3	44.5	44.6	44.0	44.9	45.4
Meta	42.6	43.0	43.8	44.6	42.8	42.6	42.9	42.6	44.2
ROC AUC Sco									
	Undersa	ampling	Oversan	npling	Hybrid Sampli	19			
Model	RUS	RENN	ROS	SMOTE	RUS + ROS	RENN + ROS	RUS + SMOTE	RENN + SMOTE	No Samp
RF	74.9	75.7	75.7	74.0	74.3	75.3	75.3	74.7	76.2
ERT	74.7	73.8	73.6	73.2	74.9	73.9	74.2	73.8	74.8
GB	75.0	75.5	76.0	73.5	75.1	75.3	73.9	76.0	75.5
SVM	74.9	74.8	75.9	75.4	75.2	74.7	75.2	75.0	75.9
k-NN	70.7	69.5	68.4	66.8	68.7	69.4	69.5	69.2	69.4
NB	73.3	73.6	73.7	73.3	73.4	73.5	73.1	73.5	74.1
LR	75.2	75.0	75.6	75.7	74.9	74.9	75.2	75.3	75.7
AdaBoost	74.5	73.3	75.3	74.4	74.7	75.9	74.5	71.2	75.7 75.7
XGBoost	74.9	75.3	75.5	75.1	74.7	74.8	74.7	75.5	76.3
ANN	74.5	73.7	75.8	75.7	74.2	74.6	74.9	74.9	75.4
Avg	75.3	75.3	75.9	75.3	75.1	75.2	75.0	75.4	75.9
wAvg	75.2	75.6	76.2	76.0	75.0	75.5	75.4	75.6	76.0
•									76.3
Meta	75.7	76.1	76.3	75.8	75.4	75.7	75.6	75.9	

Table 5
Brier Score before and after calibration from the ten single classifiers: Random Forest, Extremely Randomized Trees, Gradient Boosting, Supporting Vector Machine (SVM), k-Nearest Neighbor (k-NN), Naïve Bayes (NB), Logistic Regression (LR), AdaBoost, XGBoost, Artificial Neural Networks (ANN), Average Ensemble Classifier (AE), Weighted Average Ensemble Classifier (WAE), and Meta-learning classifier with Logistic Regression (Meta). Sampling strategies used prior probability correction, and no sampling used isotonic regression (ISO).

	Brier Sco	re								
		Prior pro	obability							ISO
		Undersa	mpling	Oversan	npling	Hybrid Sampli	ng			
Model		RUS	RENN	ROS	SMOTE	RUS + ROS	RENN + ROS	RUS + SMOTE	RENN + SMOTE	No Samp
RF	before	0.209	0.176	0.202	0.195	0.201	0.230	0.211	0.237	0.133
	after	0.135	0.135	0.135	0.136	0.135	0.138	0.138	0.141	0.132
ERT	before	0.219	0.185	0.217	0.217	0.217	0.240	0.219	0.243	0.141
	after	0.141	0.141	0.142	0.142	0.142	0.138	0.142	0.139	0.136
GB	before	0.207	0.222	0.199	0.200	0.204	0.263	0.206	0.243	0.134
	after	0.135	0.173	0.132	0.134	0.135	0.164	0.136	0.143	0.134
SVM	before	0.209	0.219	0.206	0.206	0.209	0.273	0.211	0.274	0.134
	after	0.136	0.165	0.134	0.134	0.135	0.164	0.135	0.167	0.134
k-NN	before	0.213	0.216	0.214	0.229	0.214	0.273	0.219	0.282	0.142
	after	0.14	0.176	0.147	0.151	0.142	0.188	0.142	0.194	0.136
NB	before	0.202	0.244	0.194	0.207	0.196	0.270	0.203	0.279	0.146
	after	0.156	0.212	0.147	0.145	0.158	0.210	0.158	0.214	0.137
LR	before	0.211	0.217	0.205	0.207	0.210	0.266	0.211	0.263	0.134
	after	0.136	0.165	0.134	0.134	0.136	0.157	0.136	0.155	0.134
AdaBoost	before	0.235	0.239	0.224	0.187	0.225	0.244	0.225	0.242	0.172
	after	0.149	0.157	0.146	0.144	0.146	0.143	0.145	0.136	0.133
XGBoost	before	0.227	0.199	0.194	0.167	0.203	0.240	0.221	0.257	0.139
	after	0.146	0.141	0.135	0.139	0.134	0.137	0.143	0.152	0.133
ANN	before	0.218	0.234	0.230	0.215	0.222	0.265	0.204	0.261	0.135
	after	0.136	0.183	0.134	0.133	0.137	0.179	0.136	0.167	0.133
AE	After	0.135	0.150	0.134	0.134	0.135	0.145	0.135	0.147	0.132
WAE	After	0.136	0.172	0.132	0.167	0.175	0.198	0.179	0.193	0.132
Meta	After	0.134	0.134	0.133	0.132	0.134	0.134	0.134	0.133	0.132

model selection. The wAvg classifier (which presented the best-ranking scores) does not provide well-calibrated values when all classifiers are not well calibrated. The no sampling strategy (which has well-calibrated models) provides good Brier Score values to the wAvg classifier. Meanwhile, the meta-classifier presented good results within all sampling strategies.

3.3. Threshold metrics

The threshold metrics enable a good understanding of how the model performs at a specific threshold point. Since the model outputs probabilities, we must choose a specific cutoff point where all values above the chosen threshold will be considered 1 and all values below it will be considered 0. Adjusting this threshold may lead to different strategies (e. g., a low threshold point would assume more patients have the condition, which would signal a need for treating or examining more patients). In contrast, a higher threshold would imply a scenario with a limited amount of testing. The choice of the cutoff point may vary according to the problem specification. When analyzing these metrics, there is a trade-off between metrics (e.g., a higher sensitivity will often imply a lower specificity and vice-versa). The same applies to precision and recall. Besides, calibrated probabilities are critical to compare different classifiers at the same threshold cutoff point. For this reason, we assumed F-score as the most critical metric in this scenario since it is the harmonic average between two metrics (precision and recall).

Table 6 lists the values for the best threshold for each classifier based on their F-score. Even though the classifiers present very similar calibration results, the best threshold point for each one varies. Also, threshold metrics evaluate a single cutoff point, which may present diverging metrics when compared to ranking metrics. In this way, classifiers with lower-ranking metrics may present higher threshold metrics for some points. Nevertheless, ranking metrics are still a safer choice to choose the best classifiers since they tend to present high values for a broader spectrum of threshold values.

Table 7 lists six threshold metrics (accuracy; sensitivity; specificity; positive predictive value; negative predictive value; and F-score) for two scenarios with distinct threshold values: (i) the average from the best thresholds (0.23) and (ii) conventional threshold (0.5). The best classifier for each metric varies substantially, mostly due to a trade-off between the sensitivity and specificity metrics. ANN and weighted average ensemble presented the highest F-score for the 0.23 threshold, whereas RF had the best results with a threshold value of 0.5. There is a significant difference between F-score at both threshold values, highlighting the importance of choosing wisely the operation point and analyzing different thresholds. Although accuracy is the most intuitive metric, analyzing both thresholds make it more evident why it is not appropriate for imbalanced datasets, since even in a scenario with low F-scores (threshold value of 0.5), we achieve higher accuracy values than those with higher F-scores (threshold value of 0.23). The McNemar's test shows statistically equal values at the 1% significance level for all

Table 6Best threshold value for each classifier based on their higher value of F-score.

Classifier	Best threshold	F-score
RF	0.18	49.9
ERT	0.3	48.5
GB	0.17	48.9
SVM	0.26	50.7
k-NN	0.21	43.0
NB	0.22	48.6
LR	0.27	50.6
AdaBoost	0.22	49.2
XGBoost	0.21	50.1
ANN	0.28	50.6
Avg	0.23	50.3
wAvg	0.25	50.9
Meta	0.21	50.2

Table 7

Accuracy analysis for all the ten classifiers: Random Forest (RF), Extremely Randomized Trees (ERT), Gradient Boosting (GB), Supporting Vector Machine (SVM), k-Nearest Neighbor (k-NN), Naïve Bayes (NB), AdaBoost, eXtreme Gradient Boosting (XGBoost), Artificial Neural Networks (ANN), Average Ensemble Classifier (Avg), Weighted Average Ensemble Classifier (wayg), and Meta-learning classifier with Logistic Regression (Meta). Where, PPV and NPV represent Positive Predictive Value and Negative Predictive Value, respectively.

Threshold a	t 0.23					
Model	Accuracy	Sensitivity	Specificity	PPV	NPV	F-score
RF	75.5	60.4	79.1	40.9	89.3	48.8
ERT	74.2	59.9	77.6	39.1	89.0	47.3
GB	74.3	59.9	77.8	39.2	89.0	47.4
SVM	75.5	60.9	79.0	41.0	89.4	49.0
k-NN	75.9	45.7	83.1	39.3	86.5	42.3
NB	72.5	61.4	75.2	37.2	89.1	46.4
LR	76.0	62.9	79.1	41.9	89.9	50.3
AdaBoost	74.4	64.0	76.9	39.9	89.9	49.1
XGBoost	73.5	66.0	76.9	39.0	90.2	49.1
ANN	74.5	64.0	77.0	44.0	89.9	49.2
Avg	75.3	64.5	77.9	41.1	90.2	50.2
wAvg	74.5	66.0	76.5	40.2	90.4	50.0
Meta	76.2	59.4	80.2	41.8	89.2	49.1
Threshold a	at 0.5					
Model	Accuracy	Sensitivity	Specificity	PPV	NPV	F-scor
RF	81.5	20.3	96.1	55.6	83.4	29.7
ERT				- 4 0	01.0	10.4
	81.0	9.6	98.1	54.3	81.9	16.4
GB	81.0 81.4	9.6 15.7	98.1 97.1	54.3 56.4	81.9	16.4 24.6
GB SVM						
	81.4	15.7	97.1	56.4	82.8	24.6
SVM	81.4 81.5	15.7 12.2	97.1 98.1	56.4 60.0	82.8 82.3	24.6 20.3
SVM k-NN	81.4 81.5 80.7	15.7 12.2 5.6	97.1 98.1 98.7	56.4 60.0 50.0	82.8 82.3 81.4	24.6 20.3 10.0
SVM k-NN NB	81.4 81.5 80.7 81.0	15.7 12.2 5.6 15.2	97.1 98.1 98.7 96.7	56.4 60.0 50.0 52.6	82.8 82.3 81.4 82.7	24.6 20.3 10.0 23.6
SVM k-NN NB LR	81.4 81.5 80.7 81.0 81.2	15.7 12.2 5.6 15.2 10.7	97.1 98.1 98.7 96.7 98.1	56.4 60.0 50.0 52.6 56.8	82.8 82.3 81.4 82.7 82.1	24.6 20.3 10.0 23.6 17.9
SVM k-NN NB LR AdaBoost	81.4 81.5 80.7 81.0 81.2 81.3	15.7 12.2 5.6 15.2 10.7 17.8	97.1 98.1 98.7 96.7 98.1 96.5	56.4 60.0 50.0 52.6 56.8 54.7	82.8 82.3 81.4 82.7 82.1 83.1	24.6 20.3 10.0 23.6 17.9 26.8
SVM k-NN NB LR AdaBoost XGBoost	81.4 81.5 80.7 81.0 81.2 81.3 81.1	15.7 12.2 5.6 15.2 10.7 17.8 15.7	97.1 98.1 98.7 96.7 98.1 96.5 96.7	56.4 60.0 50.0 52.6 56.8 54.7 53.4	82.8 82.3 81.4 82.7 82.1 83.1 82.7	24.6 20.3 10.0 23.6 17.9 26.8 24.3
SVM k-NN NB LR AdaBoost XGBoost ANN	81.4 81.5 80.7 81.0 81.2 81.3 81.1	15.7 12.2 5.6 15.2 10.7 17.8 15.7 14.2	97.1 98.1 98.7 96.7 98.1 96.5 96.7 97.7	56.4 60.0 50.0 52.6 56.8 54.7 53.4 59.6	82.8 82.3 81.4 82.7 82.1 83.1 82.7 82.6	24.6 20.3 10.0 23.6 17.9 26.8 24.3 23.0

classifiers, given that the differences are tight.

3.4. Feature importance

When analyzing medical data, it is critical to understand how each feature impacts the model. RF, AdaBoost, GB, ERT, and XGBoos present feature importance, a value from zero to one corresponding to the significance of each feature. Fig. 4 shows the average feature importance from the five classifiers. In this context, AC, TG, Diabetes, and HDL show a considerable impact, in which AC is by far the most relevant feature. Age was found to have little relevance. These findings enable a better understanding of the more relevant causes associated with TDS.

4. Discussion

In recent years, the employment of machine learning algorithms in the medical field has increased substantially [119–121]. We compared ten ML classifiers (RF, ERT, ANN, SVM, RF, LR, NB, XGBoost, AdaBoost, and k-NN), three ensemble methods (Avg, wAvg, and meta-classifier), eight sampling strategies (RUS, ROS, RENN, SMOTE, RUS + ROS, RUS + SMOTE, RENN + ROS, and RENN + SMOTE), and two calibration techniques (prior correction and isotonic regression) in order to find the best approach to help patients perform expensive TT and FT tests.

The results of the performance measures considering different combinations of sampling and ML algorithms showed similar results, demonstrating that advances in ML paired with optimization algorithms narrows the differences among ML algorithms. Ferri et al. [122] compared metrics to evaluate classifiers and concluded that one ML method being better than another by one metric may not be comparable and extensible to the other metrics, even within the same family

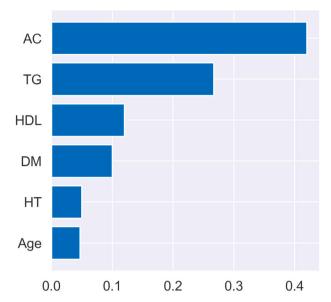


Fig. 4. Average Feature importance from five single ensemble classifiers: Random Forest, AdaBoost, Gradient Boosting, Extremely Randomized Trees, and XGBoost. Where the order of the features was: Abdominal Circumference (AC), Triglycerides (TG), High-density lipoprotein (HDL), Diabetes Mellitus (DM), Hypertension (HT), and Age, respectively.

(ranking, probabilistic, threshold). Therefore, good ranking measures do not guarantee good threshold measures. Usually, the AUC measures (ranking) are preferable in the analyses with imbalanced data [122, 123]. Among the AUC metrics, the PR AUC is preferable in case of low-prevalence diseases, since ROC due to overly optimistic ROC AUC scores in skewed data [116,117]. However, medical studies use ROC AUC more frequently. Ozzene et al. [116] made a comparative analysis of different imbalance ratios of disease and non-disease patients, varying from a prevalence of 0.0099 up to 0.5. The authors analyzed the correlation between PR AUC and ROC AUC scores, in which by increasing the imbalance data, the correlation decreased. At an imbalanced ratio of 0.17 (closest to ours), the research presented high correlations (0.93). Since we optimized the values according to the PR AUC scores, ROC AUC scores may not present the most optimal values. Many challenges involving Artificial Intelligence, such as computer vision tasks, consider ranking measures (AP) as the primary metrics, and the differences are tight since classifiers present high scores. For example, increasing 1% in the COCO dataset's average precision score would be considered a great novelty [124,125]. This characteristic may be a tendency in other areas, where the state-of-the-art methods are slightly better than previous classifiers.

In our study, the three ensemble methods tested are among the first four in PR AUC scores. The wAvg classifier was the best classifier (45.4 PR AUC), followed by XGBoost (44.7), Meta (44.2), and Avg (44.2). he ensemble classifier presented the best results, which shows that using many base classifiers increases performance. XGBoost was the best single classifier, presenting the highest impact in constructing the ensemble classifier. In contrast, k-NN displayed the worst PR AUC metrics (a 6.4% difference in performance when compared to XGBoost).

Our research also showed that combining base classifiers increases accuracy. Analyzing the ROC curve, the results show a higher variance within the best ML classifiers. Nevertheless, among the different sampling strategies the ensemble classifiers present the best results, which reinforces conclusions from the PR AUC score, highlighting the importance of the ensemble classifiers.

A prevalent problem in medical data is imbalanced datasets. The lack of balanced data may alter the forecast due to the majority class's bias, which can cause the loss of the intended event. Resampling is a popular strategy for imbalanced data, being versatile and independent from the

classification stage [126]. Christodoulou et al. [75] made a systematic review of ML applied in medicine, showing that few studies evaluated calibration, which is essential for risk assessment prediction. Also, the authors stated that adjusting class imbalance (sampling techniques) yields inadequate predictions. We noticed this behavior in our research, but this can be adjusted using prior probability correction, shown by better Brier Score values before and after calibration. Moreover, calibration is fundamental to adequately evaluate threshold metrics and produce better ensemble classifiers. Our data has an IR of approximately 4, which represents a slight imbalance. No sampling presented better results than all eight sampling strategies. Among the sampling strategies, oversampling strategies (ROS and SMOTE) had slightly better results. Loyola-Gonzalez et al. [127] established a guide to the best sampling approach according to the IR range, where subsampling (NCL) is suitable for the 1.820–5.3 range and hybrid sampling (SMOTE-ENN), in the 5.300-9.175 range. Our results did not show this behavior, possibly due to a small number of features (six) and an exhaustive grid search to all classifiers, resulting in similar results. Although some research establishes some indication to start the training, experimentation within methods and classifiers is always necessary. No sampling and SMOTE had the best top score (45.3), both using the wAvg classifier. Nevertheless, no sampling had a better overall score among most

The threshold metrics did not show conclusive results regarding the best classifiers. Each classifier presented different best threshold cutoff points. The F-score for the best threshold values did not vary a lot, ranging from 43.0 to 50.9. The k-NN algorithm was an outlier, being nearly 4% worse than the second-worst classifier (NB). The wAvg classifier had the best F-Score for a single threshold value (50.9%). Furthermore, all ensemble classifiers had results greater than 50%. This proximity within the values makes it very difficult to compare threshold metrics, mainly because we need an exact cutoff point (which may not be optimal for all classifiers). Our research is also in hand with Ferri's research findings [122], in which the best ranking metrics do not always guarantee the best threshold metrics and vice-versa. For this reason, we believe ranking metrics are more suitable for comparing algorithms since they tend to present better results among a broader range of thresholds. Moreover, statistical comparisons within threshold metrics may be misleading or inconclusive. Other researchers advocate that ML findings should be based upon their predictive values, aiming to optimize predictive accuracy, which may not always correspond to statistical differences [128].

In our study, the McNemar's paired test concluded that all classifiers are statistically equal at a 1% significance level. Other studies point to similar results using different ML algorithms. Yadav et al. [129] performed a significant comparative analysis of nine ensemble classifiers in the medical disease diagnosis combining the prediction of eleven single classifiers for ten medical datasets. Yadav's study concluded that the ensemble model was not generally more effective than the best single classifier, demonstrating that the best base classifier outperformed the ensemble classifier in five of the ten datasets and was equally accurate in two other datasets. Christodoulou et al. [75] compared ML performance for the clinical prediction modeling of 71 articles (selected from 927) and found no evidence that ML has a better performance than LR.

Specifically for TDS, Lu et al. [44] were pioneers in employing ML to analyze late-onset hypogonadism in China. The authors used a dataset comprised of 772 patients with 16 features and applied four ML algorithms (Decision Tree, AdaBoost + Decision Tree, LR, and AdaBoost + LR), achieving 85% accuracy, 86% sensitivity, and 84% specificity. To overcome class imbalance, the authors implemented random resampling in the entire dataset, which lead to a considerable boost in the accuracy metric. In our study, we applied sampling methods only in the training data, to avoid biases. Nevertheless, applying the same methodology as Lu et al. (i.e., sampling on the entire dataset) we obtained nearly the same values (85.71% accuracy, 85.29% sensitivity, and 86.13% specificity) with less features (six) using the XGBoost classifier.

In metabolic syndrome, Karimi-Alavijeh et al. [130] employed a predictive model using decision tree and SVM algorithms. Their analysis used features also present in our research (i.e., age, HDL, WC, and hypertriglyceridemia), and SMOTE to overcome class imbalance. As with our findings, the authors verified a strong correlation between TG and body max index (BMI), as well as between metabolic syndrome and testosterone deficiency. When analyzing TDS, our study suggests that AC is the best predictor for hypogonadism, in line with findings by Yassin et al. [131].

5. Conclusion

Testosterone Deficit Syndrome (TDS) significantly impairs men's quality of life, but its timely and accurate diagnosis poses a challenge in areas with poor access to public health services. TT and FT levels are not measured during routine inspections and their tests are often expensive. This leads to an effort to obtain cheaper predictive methods to filter and guide patients in undergoing further, more specific, and high-priced exams. Secondary hypogonadism occurs in conjunction with other disorders, which facilitates its detection. But despite medical evidence connecting TDS with several factors (congenital or otherwise), there is a noticeable lack of research comparing and combining different ML techniques applied to either prediction or detection of TDS. This paper presented a broad comparison of ten well-known ML classifiers, eight sampling methods for imbalanced datasets, and the calibration of the predicted probabilities to identify a proper method to improve accuracy in TDS diagnosis using only features obtained from low-cost routine exams

Overall, we can consider some critical points in the data processing. For data with a slight imbalance, tests should be performed with and without sampling techniques. A fair comparison between classifiers should consider extensive grid search optimization and the reliability of risk predictions. The use of these techniques significantly improves ML performance, which tends to become more similar. The classifier performance should consider an independent dataset to avoid overestimated measures.

Advancements in machine learning techniques have narrowed the differences between the methods, which tends to consider ranking metrics instead of threshold metrics. Results show that the wAvg classifier improves predictive performance with a PR AUC 2% higher than XGBoost (best base classifier). In some scenarios, the XGBoost classifier may be advantageous because of its low computational cost when compared to an ensemble classifier. Apart from k-NN and Naïve Bayes, all base classifiers presented satisfactory results.

We also analyzed metrics obtained from the confusion matrix at 0.23 and 0.5 threshold cutoff points, which demonstrated similarities in values without an evident prevalent method. McNemar's statistical significance test showed no difference between the methods. When analyzing feature importance, the results obtained with ML algorithms converge with the scientific literature, highlighting the importance of obesity, diabetes, TG, and diverge in the monitoring of age, showing little correlation and impact on the ML models. The applicability of TDS predictions through AI is very important, especially in developing countries, due to the costs of diagnostic tests.

Ethical statement

The authors declare that research used all ethical practices for its development, writing, and publication. The Research Ethics Committee of the State University of Feira de Santana, Bahia, Brazil, approved the study with the ethical approval code: 3,057,301.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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