

Mexico City

by Andrea

Starter tip: Don't go crazy on food. La maldición de Moctezuma es real.

Andrea's Favorite Tacos

- **El Remolkito** – absolute favorite
 - **Tacos Orinoco** – gentrified but still solid
 - **El Califa** – always good, consistent
 - **Los Parados** – classic and satisfying
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Mexico City Must-See Attractions

City Center (Centro Histórico)

Must-sees:

- **Cathedral & Templo Mayor:** Built atop Aztec ruins. Visit the archaeological site behind the cathedral and grab an elote nearby — they're excellent.
- **Palacio de Bellas Artes:** Beautiful and a great example of how parts of the city are slowly sinking (Mexico City was built on a lake).

Where to eat:

- *Sanborns de los Azulejos:* Traditional, fair prices, pretty building.
- *Azul Histórico:* Slightly touristy but delicious. Try Chiles en Nogada if available.

- *Café La Ópera*: Historic and often recommended.

Tip: Avoid traffic by leaving before 6:00 PM.

Reforma & Chapultepec

- **Paseo de la Reforma**: Iconic avenue, ideal for walking.
- **Angel of Independence**: National monument.
- **Chapultepec Castle & Park**: A large green space with museums, lakes, and a historic castle.
- **Museum of Natural History**: Also located inside the park.

Where to eat:

- *SAMOS at the Ritz*: Rooftop, great view, upscale but not outrageous.
 - *Bishara*: Local spot I like in Colonia Cuauhtémoc.
 - *El Bajío*: Reliable option for classic Mexican food.
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Roma, Condesa, Polanco

These neighborhoods are perfect for walking, day or night. Beautiful, safe, and vibrant.

Highlights:

- **Lincoln Park (Polanco)**: Chic and peaceful.
- **Mercado Roma**: Upscale food court.
- **La Rotonda (Condesa)**: Cozy café & restaurant area.
- **Soumaya Museum**: Stunning from the outside — a quick photo stop is enough.

- **Antara Fashion Hall:** Shopping + restaurants.

Breakfast Recommendations:

- *100% Natural:* Healthy
- *El Bajío:* Traditional Mexican
- *Los Canarios:* A bit pricier, but very nice

Lunch & Dinner:

- *Villa Rica* (seafood)
- *El Japonéz* (sushi)
- *Las Hijas de la Tostada* (seafood)

Coyoacán & San Ángel

- **Frida Kahlo Museum:** Must-see if you're into art/history.
- **Coyoacán Center:** Charming area to walk. Skip breakfast here — overpriced.
- **San Ángel:** Walk from Pizzería Cancino toward ITAM for a real neighborhood vibe.
- **Café Ruta de la Seda:** Excellent pastries and coffee.
- **San Ángel Inn:** A bit upscale but lovely for breakfast.

Optional: Xochimilco

- Ride a colorful *trajinera* boat with snacks and music. Fun and Instagram-worthy.
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Teotihuacan Pyramids

- Worth a day trip. Take a tour if you want historical context, or catch a bus. Go early!
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Small Town Day Trips (Pick One)

- **Tepoztlán:** Hike to El Tepozteco and walk around the town.
 - **Malinalco:** Small mountain town, pretty and peaceful.
 - **San Miguel de Allende:** A bit far, but stunning. Go during Día de Muertos if possible.
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Safety & Transportation Tips

- **Safest areas:** Polanco, Condesa, Roma, Reforma, Juárez
- **Avoid:** Tepito, Doctores, Buenos Aires, and parts near the City Center at night
- **Getting around:**
 - Metrobus is efficient
 - Metro is safe but crowded
 - Uber is best — avoid regular taxis
- **Rush hours:** Avoid travel from 8–10 AM and 6–8 PM
- **Currency exchange:** Airport exchange rates are surprisingly good
- **Rooftop dining:** Always a win in CDMX's mild weather