

1.How do Handle pressure ?

Answer: To handle pressure effectively, I focus on prioritizing critical tasks and creating detailed plans to stay organized. I communicate openly with my team to ensure alignment and delegate responsibilities as needed. Managing stress is also crucial, so I take short breaks and use relaxation techniques to maintain focus. Additionally, I stay adaptable and adjust my approach to address unexpected challenges. By combining these strategies, I manage pressure efficiently, stay productive, and ensure that I can meet deadlines and achieve objectives even in high-stress situations.