

WELCOME!

Lorem Ipsum Dolor Sit Amet, Consectetur Adipscing Elit, Sed Do Eiusmod Tempor Incididunt Ut Labore Et Dolore Magna Aliqua

Health

Care













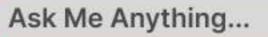






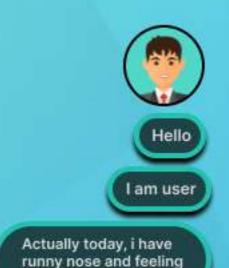










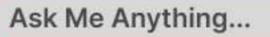


feverish













Use over-the-counter decongestants, such as pseudoephedrine or phenylephrine, to relieve nasal congestion and ibuprofen or acetaminophen, to reduce fever and body aches.

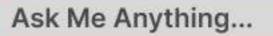


Actually today, i have runny nose and feeling feverish













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Are there any home-remedies?



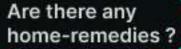














Drink hot tea with honey and lemon to soothe a sore throat and reduce inflammation. Gargle with salt water to relieve a sore throat and kill bacteria





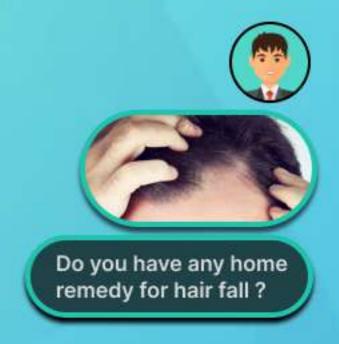








Apply a mixture of 2 tablespoons of aloe vera gel and 1 tablespoon of coconut oil to your scalp twice a week. Leave it on for a few hours before washing your hair with shampoo.













K-VRC Try saying someting English (United States)

















