

MEDICAL RECORDS

MEDICAL RECORDS - OAKLAND GENERAL HOSPITAL

Patient: Sarah Marie Johnson
DOB: March 15, 1985
MRN: 789456123

MRI REPORT - LUMBAR SPINE

Date: January 15, 2023
Ordering Physician: Dr. Michael Chen, MD

FINDINGS: There is a large central and left paracentral disc herniation at L4-L5 with significant compression of the thecal sac and left L5 nerve root. The disc material extends approximately 8mm posteriorly. There is moderate to severe spinal canal stenosis. Mild disc bulging at L5-S1 without significant neural compression.

PHYSICAL EXAMINATION

Date: January 20, 2023
Physician: Dr. Michael Chen, MD - Orthopedic Surgeon

EXAMINATION: Patient presents with severe lower back pain radiating to left leg. Positive straight leg raise test on left at 30 degrees. Motor strength: Left hip flexion 4/5, left knee extension 4/5, left ankle dorsiflexion 3/5. Decreased sensation in left L5 dermatome. Reflexes: Left patellar reflex diminished, left Achilles reflex absent.

FUNCTIONAL CAPACITY EVALUATION

Date: February 10, 2023
Evaluator: Dr. Jennifer Martinez, PT, DPT

ASSESSMENT: Patient demonstrates significant functional limitations. Unable to stand for more than 15 minutes without severe pain. Unable to sit for more than 30 minutes. Maximum lifting capacity: 5 pounds. Walking tolerance: 100 feet before requiring rest. Recommendation: Sedentary work capacity only, with need for frequent position changes.

TREATMENT HISTORY

Patient has been under treatment since January 2023. Conservative treatment including physical therapy, epidural steroid injections, and pain management medications have been unsuccessful.

Patient continues to experience severe pain and functional limitations. Surgical intervention (discectomy) recommended but patient has not yet undergone procedure due to insurance delays.

DIAGNOSIS

ICD-10: M51.26 - Intervertebral disc disorder with myelopathy, lumbar region

ICD-10: M54.5 - Low back pain

ICD-10: G54.1 - Lumbosacral plexus disorders