## **Spiritual Wellness**



Spiritual wellness can consist of a wide range of personal beliefs, values and religious practices that can be very different for each individual student. Stony Brook University is home to many groups and organizations that can provide support, guidance, and education on a variety of faith based groups and clubs. For more information on religious centers and services on campus, please visit <a href="http://www.sbinterfaith.org/">http://www.sbinterfaith.org/</a>