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Remember, it's never too early or too late to develop the skills needed to be successful at Stony Brook. By defining what Academic Success means to you and setting personal goals you are taking the first steps. You will need to first evaluate your current study skills, note-taking strategies, and time management habits. Don't forget, you don't have to do this alone! Besides your 101 instructor, there are many resources on campus that can help you with this transition. Take advantage of these offices and departments that offer trained staff with proven records to help you improve your academic performance.

SERVICE	COURSES	TYPE OF HELP	LOCATION & HOURS
General Academic Advising and First-Year Transition	First-Year Seminar (FYS) 101	Advising & academic success workshops for first-year students in the Undergraduate Colleges	Undergraduate Colleges  N-3071 Melville Library 632-4378
General Academic Advising (CEAS)	N/A	Advising for students in the College of Engineering and Applied Sciences	CEAS Undergraduate Student Office  127 Engineering 632-8381
General Academic Advising (Beyond Freshman year)	N/A	Advising for sophomores-seniors and transfer students who are undeclared or in CAS, COB, COJ, or SOMAS	Academic & Transfer Advising Services  E-2360 Melville Library 632-7082
Pre-Health and Pre-Law Advising	N/A	Advising for students interested in pre-health and pre-law	Pre-Health Advising  , Pre-Law Advising  E-3310 Melville Library 632-7082
Major Decision/ Career Exploration	CAR 110	Individual consulting, self-assessments, workshops, online	Career Center  W-0550 Melville Library 632-6810

		resources	
Academic Integrity	N/A	Online resources, workshops, Q-Course	Office of Academic Judiciary  E3310 Melville Library 632-7080
Academic Success	Course tutoring and general academic success	Individual Tutors and Peer Coaches	Academic Success and Tutoring Center 
Biology Tutoring	Any BIO course, particularly intro courses	Walk-in questions, learning resources	Biology Learning Center  G10 Biology Learning Labs, Consult posted schedule
Chemistry Tutoring	CHE 129, 131, 132, 321, 322, 326	Walk-in questions and group problem solving sessions	Chemistry Learning Center  312 Chemistry Building Consult syllabus for specific times for your course
Math Tutoring	Any MAP and MAT Course	Walk-in questions, review sessions, learning resources	Mathematics Learning Center  S-240A Math Tower (Basement) See website for hours and courses
Physics Tutoring	Any PHY Course	Walk-in questions	Physics Help Rooms  A129 & A131 Physics Consult posted schedule
General Tutoring	Selected Courses in CHE, MAT, MAP, PHY	Walk-in questions, study groups, individual tutoring, exam review sessions *Not just for residential students*	Residential Tutoring Centers  <i>Center for ITS - Gray College</i> 632-6670 Mon & Wed 8–11pm <i>Center for GLS & HDV- Noble Halls</i> 632-6797 Tues & Thurs 8–11pm <i>Tabler Center</i> 632-6648 Tues & Thurs 8–11pm
Writing Help	Any Writing	Individual consulting	Writing Center  2009 Humanities

	Project		632-7405 Visit http://sunysb.mywconline.com/ to make an appointment.
Spanish Writing Help	Spanish Writing, Projects, Grammar, Usage	Individual consulting	Spanish Writing Center  N-3065 Melville Library
Language Learning Research Center (LLRC)	Language and culture courses	Teaching and learning of language, literature, and culture. Foreign Language Placement exams.	Language Learning Research Center  N-5004 Melville Library 632-7013
Research Assistance	Any scholarly project	Workshops, walk-in questions, email or text a librarian	University Libraries  Frank Melville Jr. Memorial Library 632-7100
Learning Support	All courses	Adaptive equipment, alternative form textbooks, tutoring, note taking assistance	Disability Support Services  632-6748 Email: dss@notes.cc.sunysb.edu
Educational Technologies Support	Blackboard, SOLAR, printing, virtual classroom, adobe connect	Phone support, walk-in and appointments, online assistance, workshops	Division of Information Technology  and Virtual meeting room  for help with Blackboard, printing, email, and more! 632-9800 for help with computer and network issues.
Business Tutoring	Any BUS course	Students should consult with TA about office hours/appt.	Business Learning Center  Harriman Hall Room 312
Applied Math and Statistics	AMS 102, 151, 161, 201, 210	Students should consult with TA about	AMS Help Room  Harriman Hall Room 010

Tutoring		office hours/appt	
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