

# Physics of Life Data Epidemiology

*Lect 4: Infection time scales*

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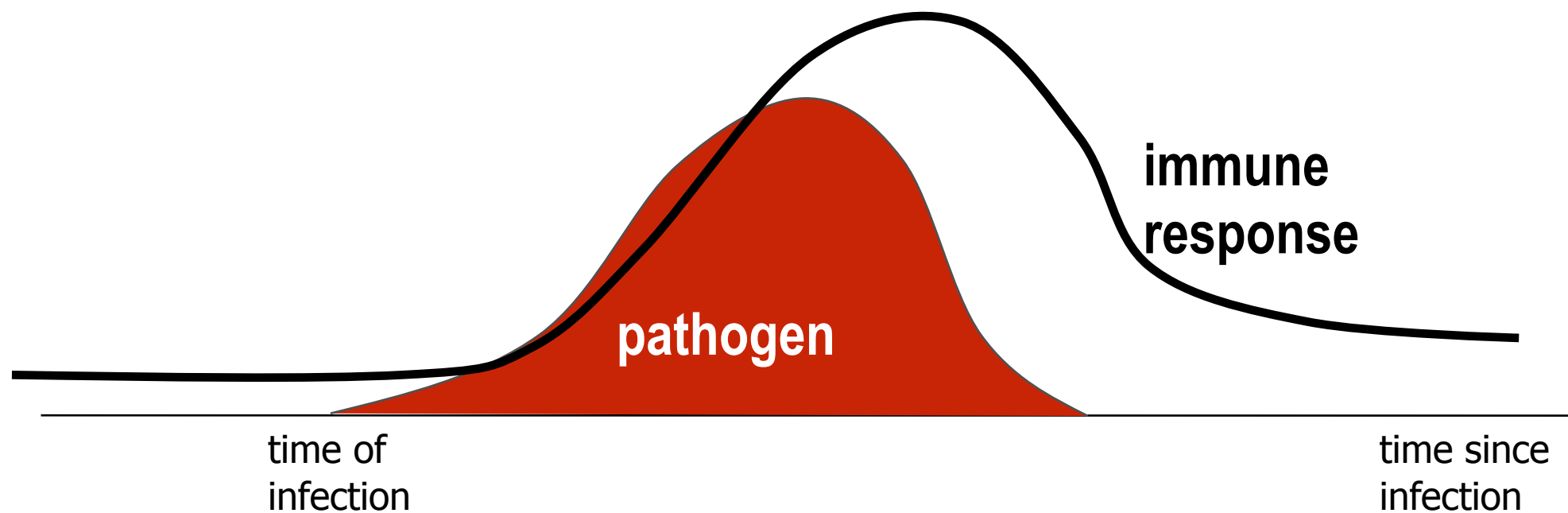
web: [chiara-poletto.github.io](https://chiara-poletto.github.io)

bsky: [@chpoletto.bsky.social](https://chpoletto.bsky.social)

# disease natural history

## **Take for computations of incubation periods, generation time and serial interval**

- majority of infections have an incubation period
- the distribution of delays from being infected and starting causing new infections is Gamma/Negative Binomial/Weibull



# Exponential distribution of delays

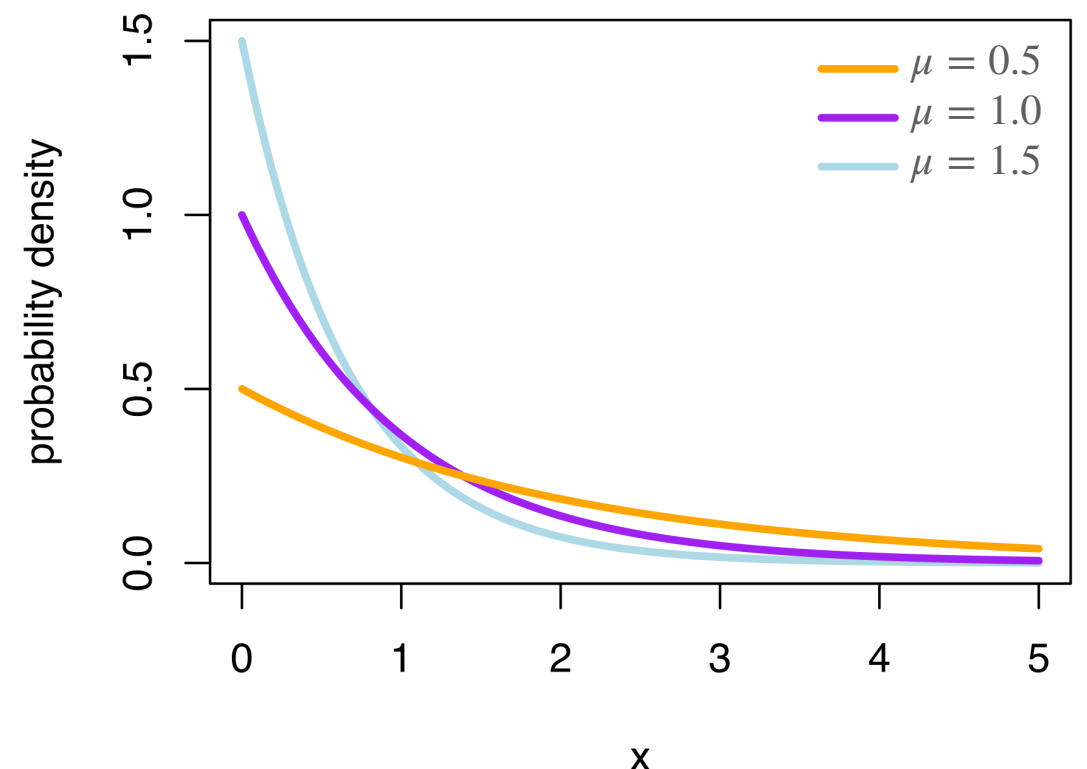
All the models till now assume that  $\beta$  and  $\mu$  are constant rates  $\rightarrow$  transition probabilities at time  $t$  do not depend on the time spent in that state. They depend only on the state of the system at time  $t$  and not on past states  $\rightarrow$  **Memoryless - Markov process**

**The transition is Poisson process  $\rightarrow$  time from one transition to another exponential distribution**

$$P(x) = \mu e^{-\mu x}$$

- Most probable duration of the disease = 0
- Probability decreases with time

**Not realistic!**



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# Gamma distribution of delays

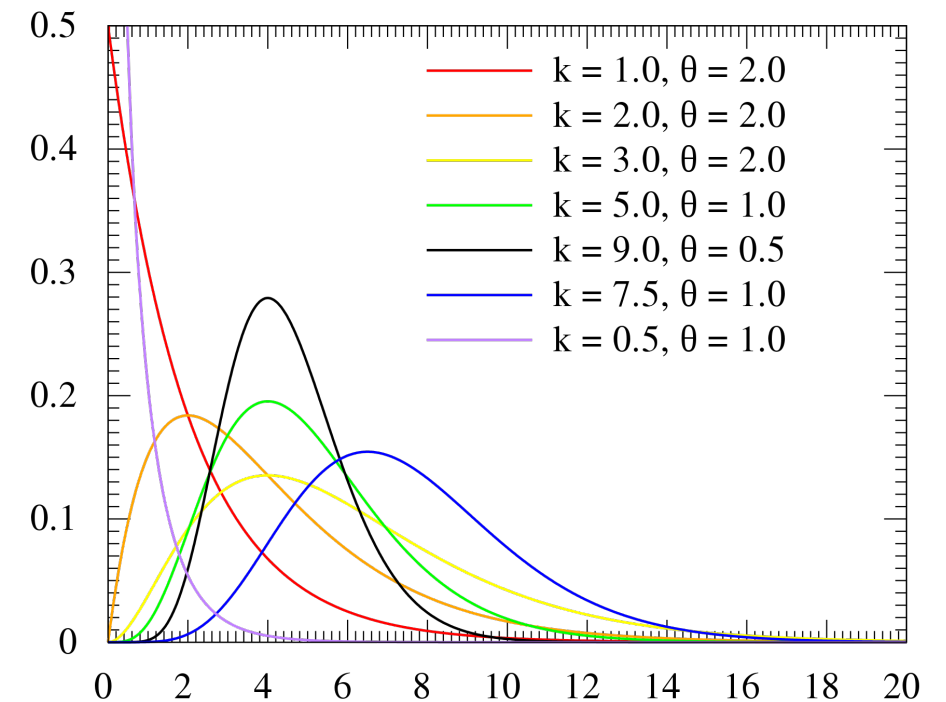
## Gamma distribution

$$P(x) = \frac{1}{\Gamma(k)\theta^k} x^{k-1} e^{-\frac{x}{\theta}}$$

With  $\Gamma(x)$  the gamma function  $\Gamma(x) = \int_0^\infty t^{x-1} e^{-t} dt$

$k$  shape,  $\theta$  scale

Mean  $k\theta$ , variance  $k\theta^2$

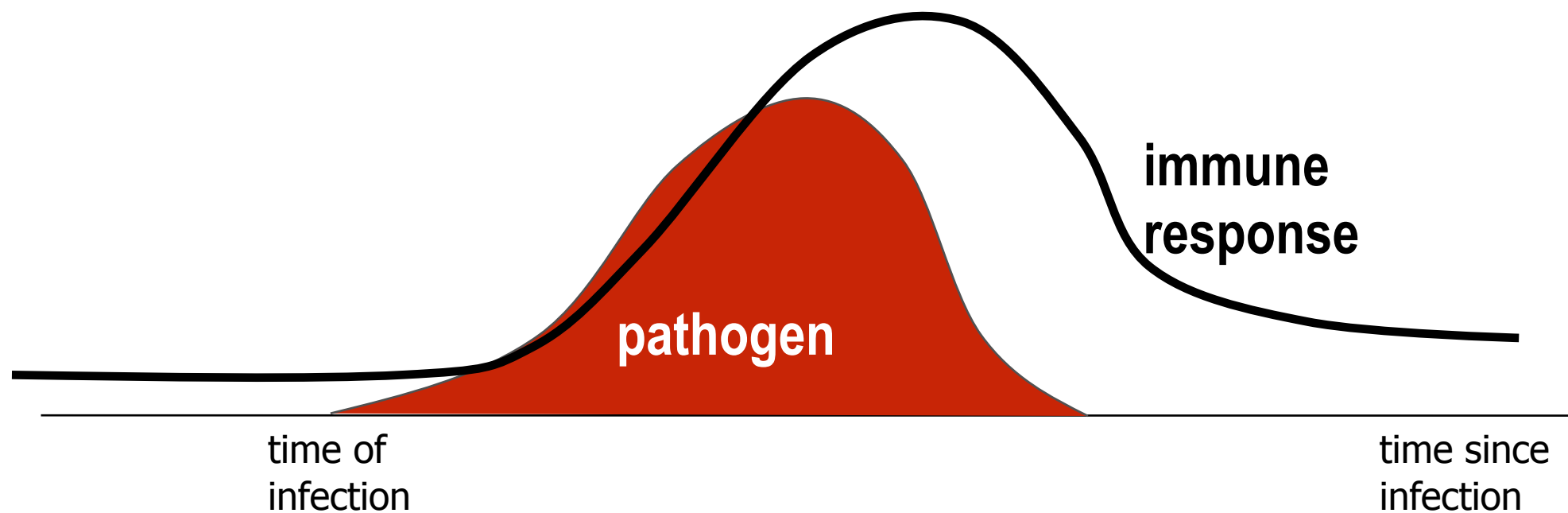


[By Gamma\_distribution\_pdf.png: MarkSweep and Cburnettderivative work: Autopilot (talk) - Gamma\_distribution\_pdf.png, CC BY-SA 3.0, <https://commons.wikimedia.org/w/index.php?curid=10734916>]

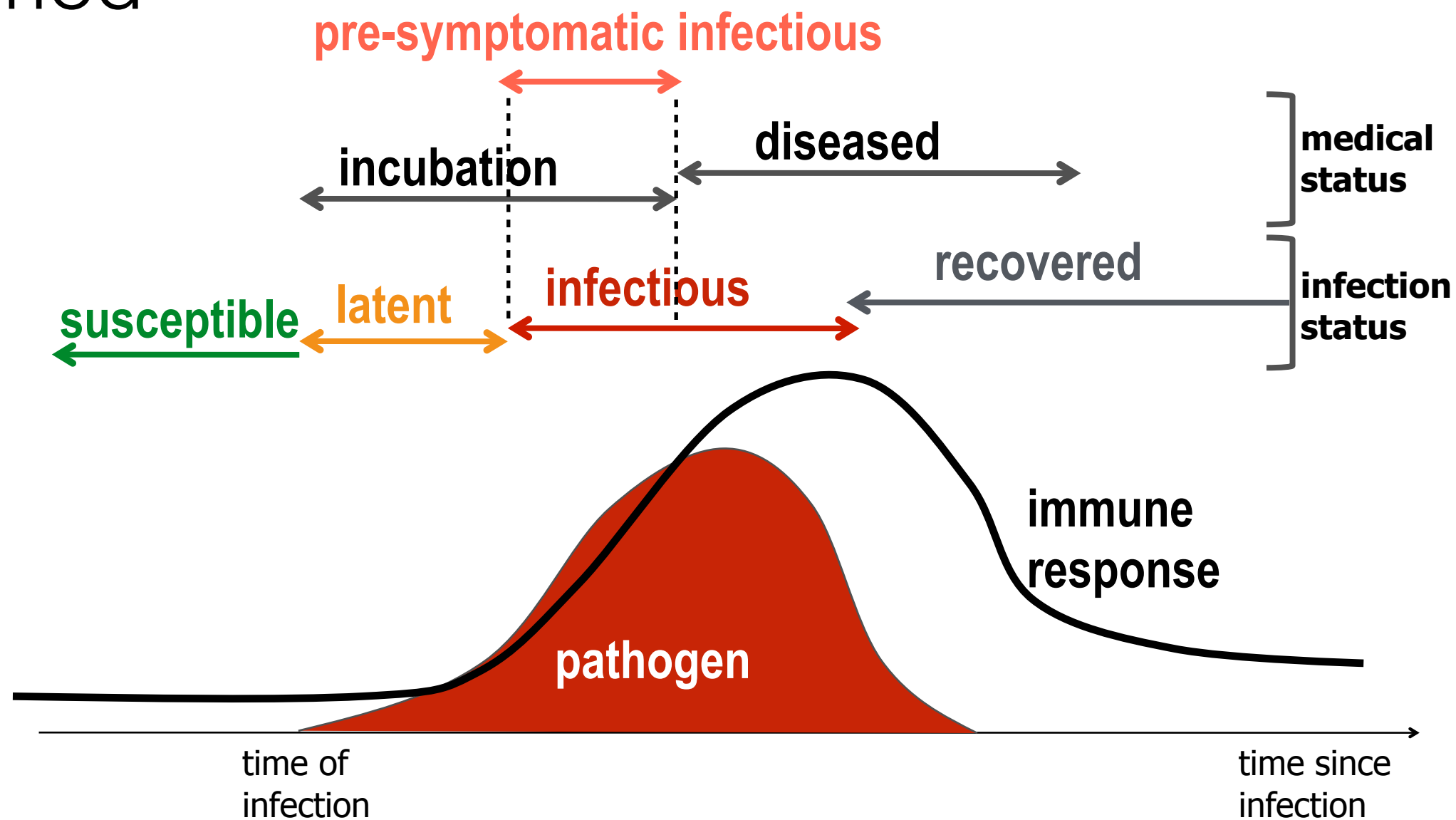
# disease natural history

**how to properly incorporate information on generation time, serial interval, incubation period into dynamical models?**

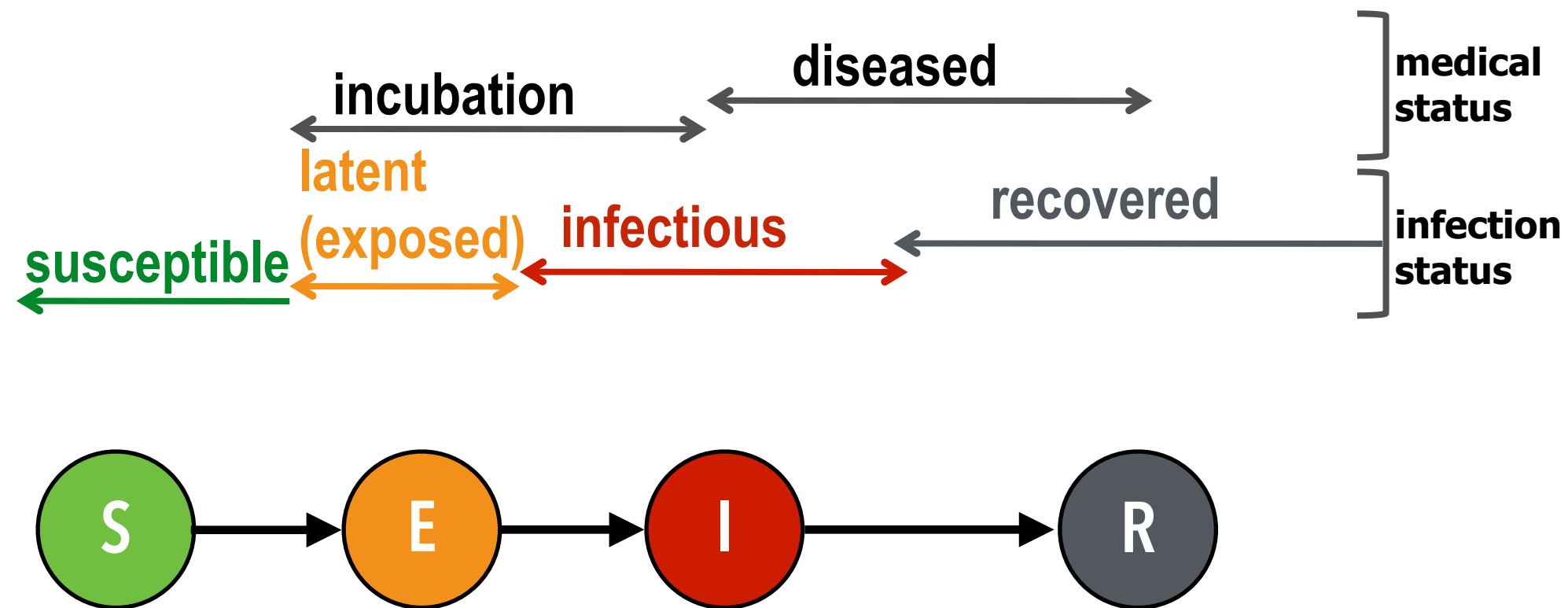
- refined compartmental model
- different approach based on integral equations



disease natural history:  
incubation period, latency period, infectious  
period



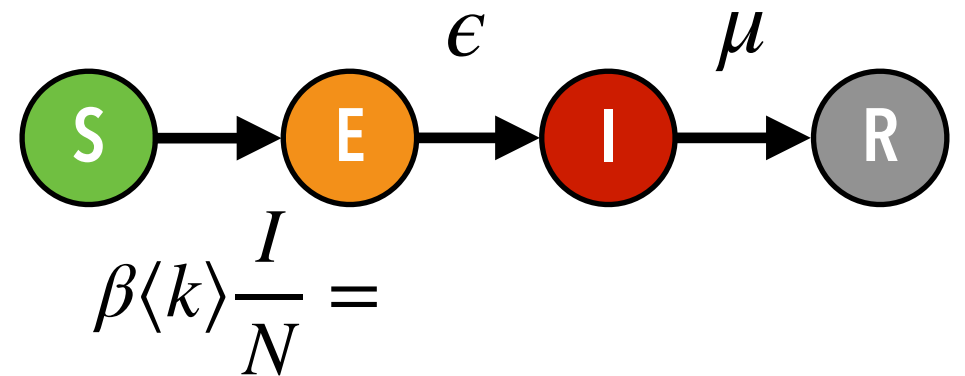
# SEIR



**Latent stage:** varies a lot according to the pathogen (few hours to years).  
Sometimes can be neglected

# SEIR

$$\begin{aligned}\frac{ds}{dt} &= -\beta\langle k\rangle si \\ \frac{de}{dt} &= \beta\langle k\rangle si - \epsilon e \\ \frac{di}{dt} &= \epsilon e - \mu i \\ \frac{dr}{dt} &= \mu i\end{aligned}$$



Force of Infection (FOI)

Definitions:

- $\tau_E = \epsilon^{-1}$  length of the exposed stage



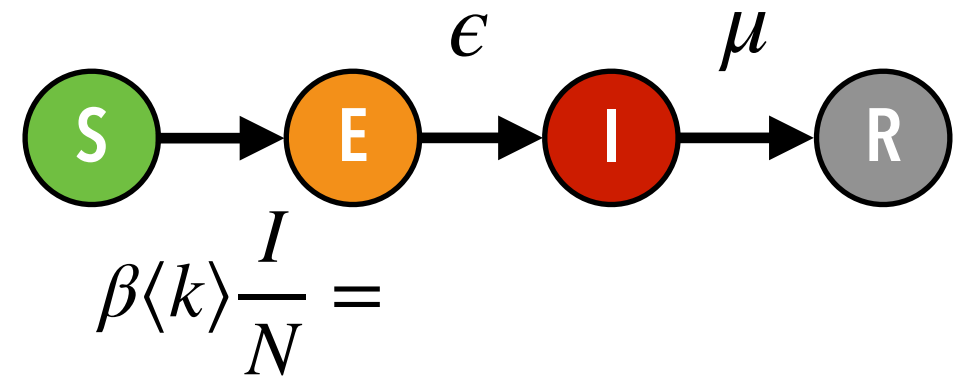
# SEIR

**Same final state as the SIR**

dividing  $ds$  by  $dr$  we get

$$\frac{ds}{dr} = \frac{-\beta\langle k\rangle s}{\mu}$$

$$1 - r(\infty) = s_0 e^{-r(\infty) \frac{\beta\langle k\rangle}{\mu}}$$

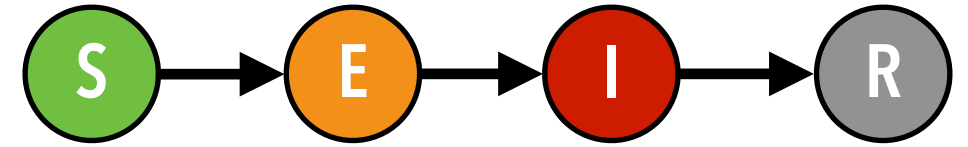


Force of Infection (FOI)

Definitions:

- $\tau_E = \epsilon^{-1}$  length of the exposed stage

# SEIR



## transient dynamics

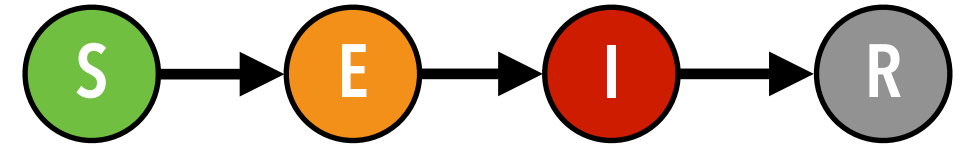
Matrix equation around the disease-free equilibrium  $(s^*, e^*, i^*, r^*) = (1, 0, 0, 0)$ , i.e. the initial state

$$\begin{pmatrix} \frac{ds}{dt} \\ \frac{de}{dt} \\ \frac{di}{dt} \\ \frac{dr}{dt} \end{pmatrix} = \begin{pmatrix} 0 & 0 & -\beta\langle k \rangle & 0 \\ 0 & -\epsilon & \beta\langle k \rangle & 0 \\ 0 & \epsilon & -\mu & 0 \\ 0 & 0 & \mu & 0 \end{pmatrix} \begin{pmatrix} s \\ e \\ i \\ r \end{pmatrix}$$

From the eigenvalues' analysis of the Jacobian we have

$$i(t) \simeq i_0 e^{\frac{1}{2} \left( \sqrt{4(R_0 - 1)\epsilon\mu + (\epsilon + \mu)^2} - (\epsilon + \mu) \right) t}$$

# SEIR



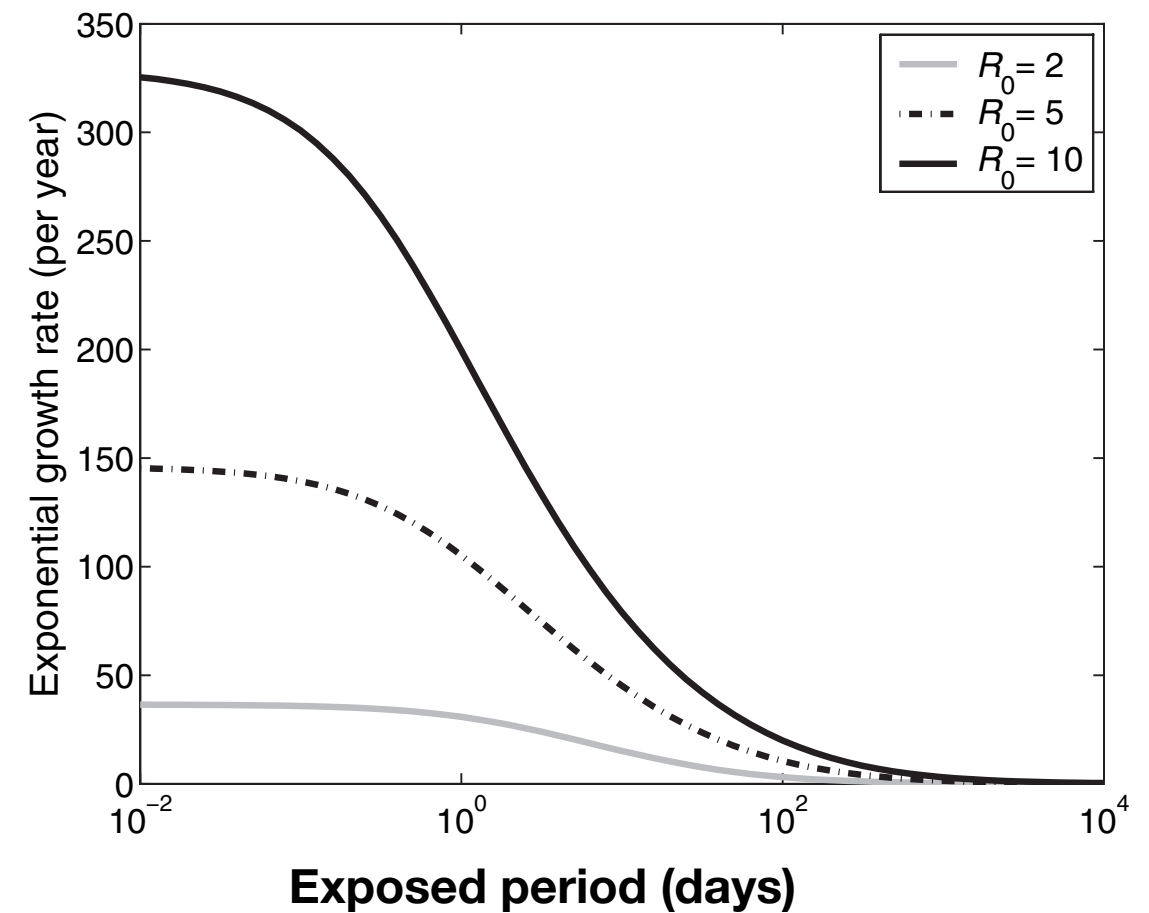
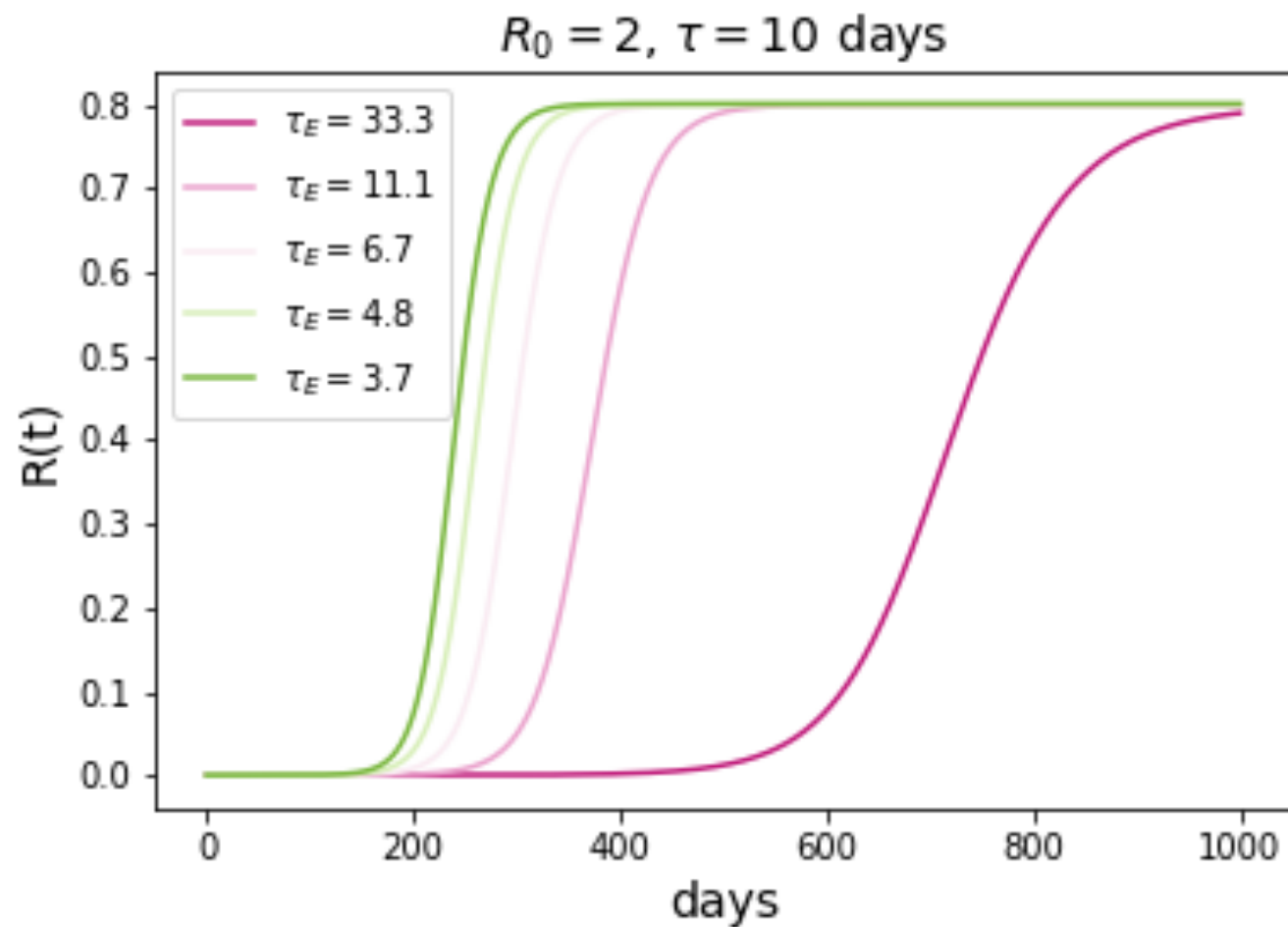
$$i(t) \simeq i_0 e^{\frac{1}{2} \left( \sqrt{4(R_0 - 1)\epsilon\mu + (\epsilon + \mu)^2} - (\epsilon + \mu) \right) t}$$

Exponential growth  $G = \frac{1}{2} \left( \sqrt{4(R_0 - 1)\epsilon\mu + (\epsilon + \mu)^2} - (\epsilon + \mu) \right).$

$G > 0$  if  $R_0 > 1$ , same threshold behaviour as the SIR

**$G_{\text{SEIR}} < G_{\text{SIR}}$ , the exposed stage adds a delay on the dynamics.**

# SEIR



[Keeling & Rohani, Modeling Infectious Diseases (2008)]

**Accounting for the incubation period → slower growth**

**Fitting the data without considering the exposed period → under-estimation of  $R_0$**

# How to account for a more realistic distribution of delays

## Gamma distribution

$$P(x) = \frac{1}{\Gamma(k)\theta^k} x^{k-1} e^{-\frac{x}{\theta}}$$

With  $\Gamma(x)$  the gamma function  $\Gamma(x) = \int_0^\infty t^{x-1} e^{-t} dt$

$k$  shape,  $\theta$  scale

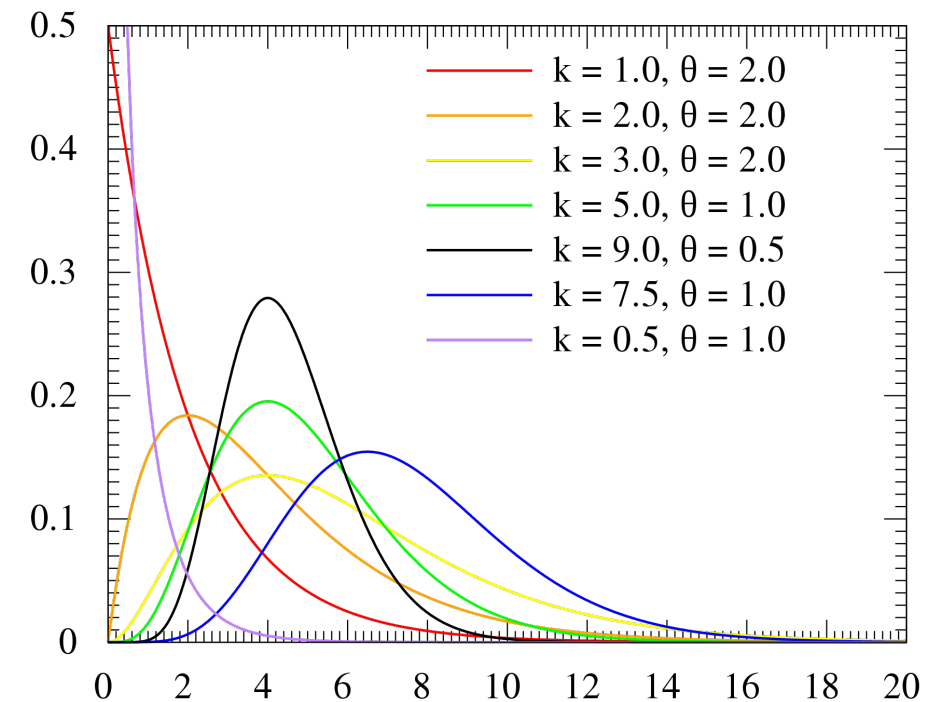
Mean  $k\theta$ , variance  $k\theta^2$

**Erlang distribution:**  $P(x) = \frac{\lambda^k x^{k-1} e^{-\lambda x}}{(k-1)!}$

Gamma when the shape  $k$  is an integer, with  $\lambda = 1/\theta$  is the inverse of the scale

**Erlang distribution of shape K is the convolution of K exponential distributions**

the exponentials have mean  $\theta = 1/\lambda$

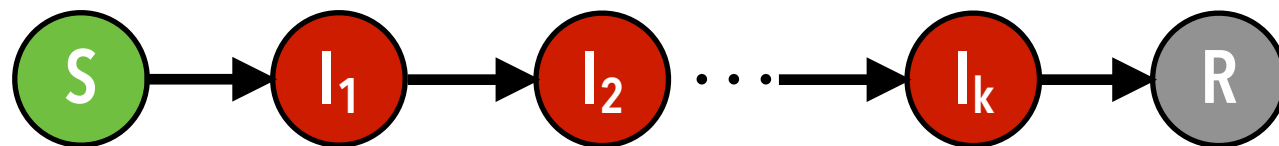


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# Gamma trick

to obtain Erlang distributed incubation and infectious period within the rate equations framework

*We neglect here for simplicity the exposed period*



$$\frac{ds}{dt} = -\beta si$$

$$\frac{di_1}{dt} = \beta si - K\mu i_1$$

$$\frac{di_2}{dt} = \boxed{K\mu i_1} - K\mu i_2$$

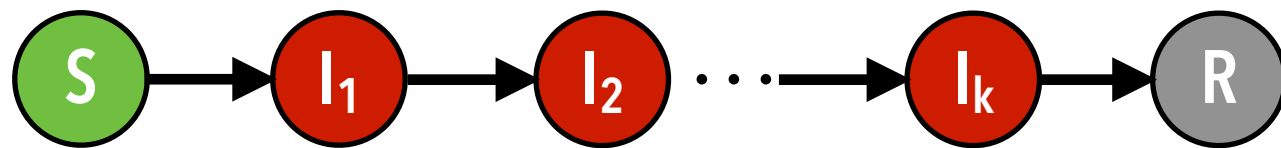
•  
• The rate of each *I* transition is  $K\mu$   
•

$$\frac{dr}{dt} = K\mu i_k$$

$$\text{with } i = \sum_{k=1}^K i_k$$

(\*) In this chapter I will *adsorb*  $\langle k \rangle$  in  $\beta$ , i.e.  $\beta \langle k \rangle$  becomes  $\beta$

# Gamma trick

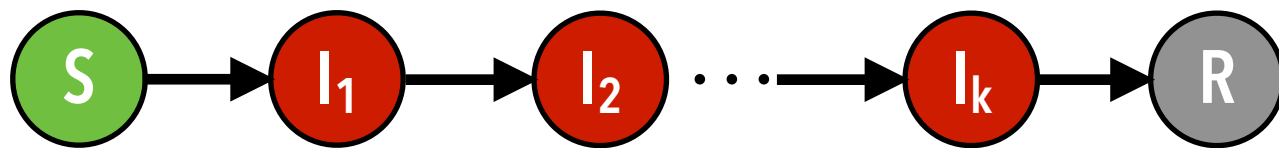


- Infectious period distribution

$$P(\tau) = \frac{(\mu K)^K}{\Gamma(K)} \tau^{K-1} e^{-\mu K \tau}$$

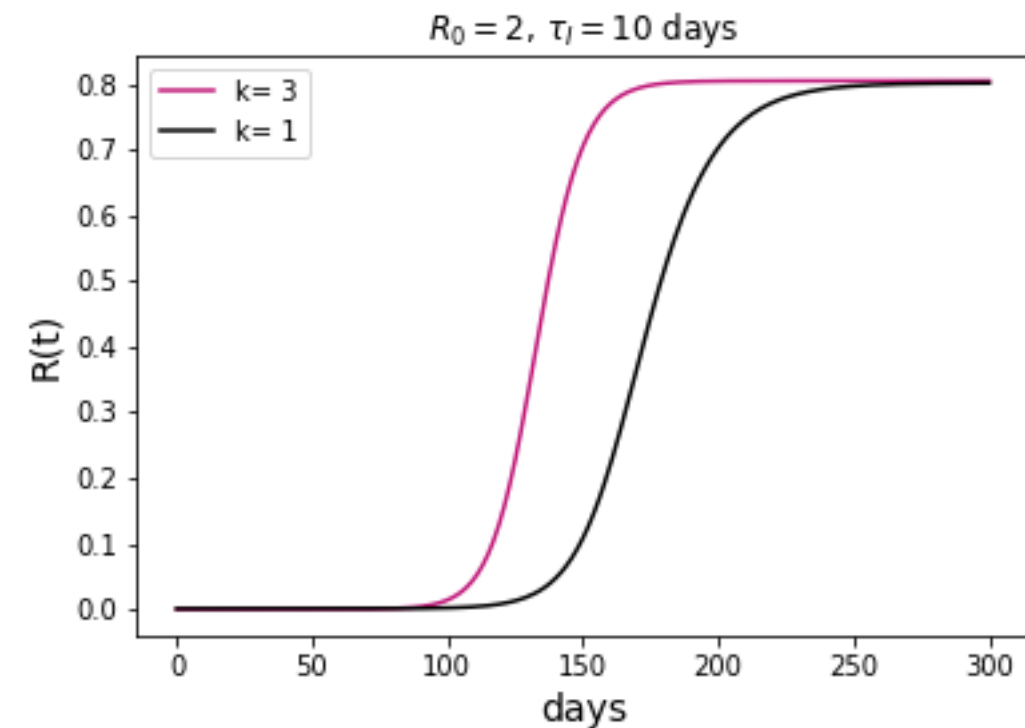
- Mean: still  $\frac{1}{\mu}$  but shape totally different
- Special cases:
  - $K = 1$  Exponential
  - $K \rightarrow \infty$  Fixed (delta function)

# Gamma trick



- We still have  $R_0 = \beta/\mu$
- Final epidemic always satisfies  $r_\infty = 1 - e^{-R_0 r_\infty}$
- Early growth:
  - Growing faster and shorter epidemic duration
  - $i(t) \simeq i_0 e^{Gt}$ , relationship between  $G$  and  $R_0$  changes. From the solution of the characteristic equation we have

$$R_0 = \frac{G}{\mu \left( 1 - \left( \frac{G}{K\mu} + 1 \right)^{-K} \right)}$$





# Gamma trick

SARS Epidemic of 2003

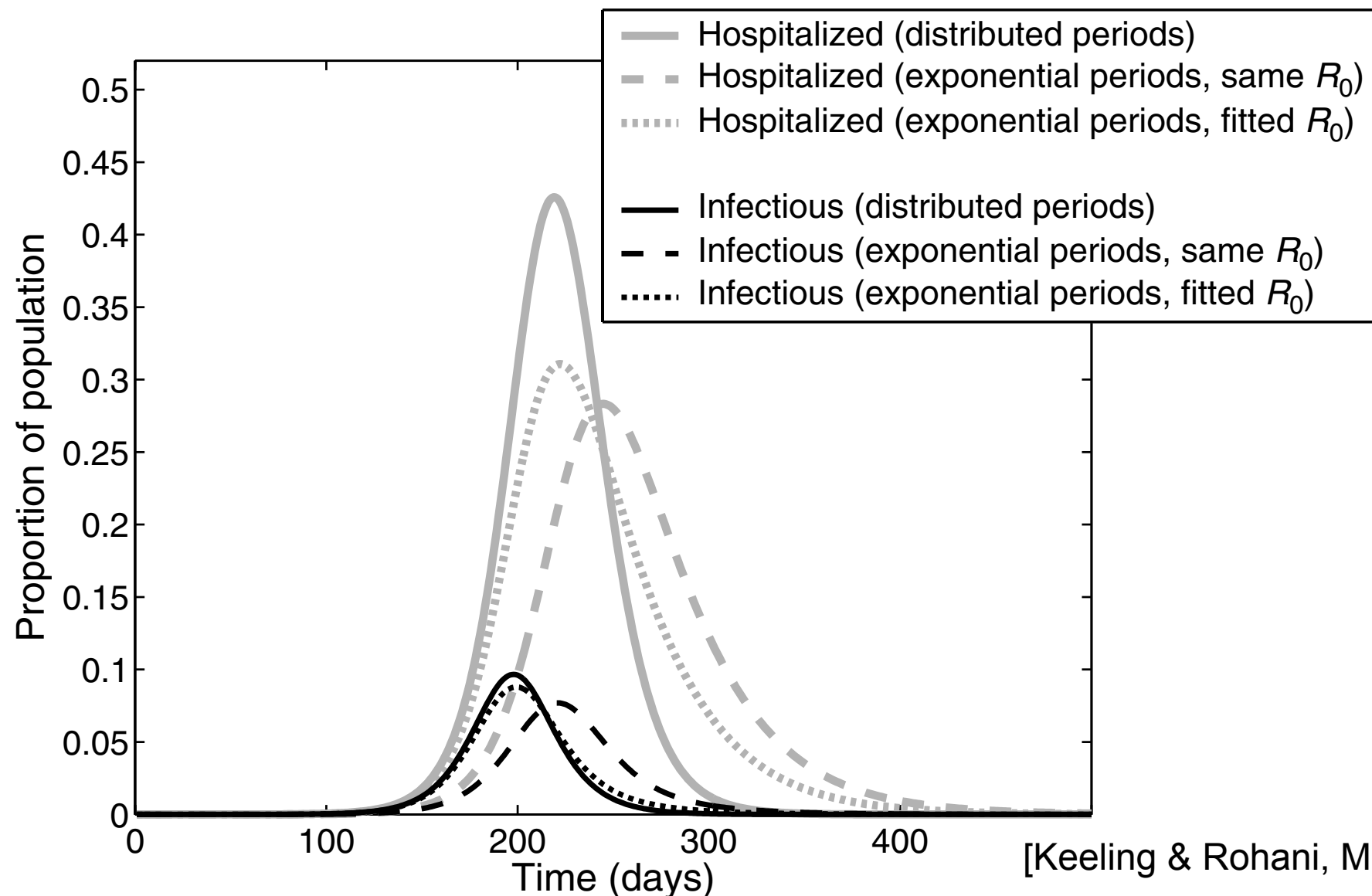
Incubation period SARS= latency period= 6 days

Duration of infectious at home= 4 days

Duration of hospitalisation= 23 days if they recover, 36 days if they die

## Number of hospitalised? Risk of hospital saturation?

From observations you get that the delays are Gamma distributed



[Keeling & Rohani, Modeling Infectious Diseases (2008)]

# Renewal equation

**change of notation!**

**generation time, stochastic**

**variable:  $t_g \rightarrow \tau$**

**average generation time:  $\tau \rightarrow T_c$**

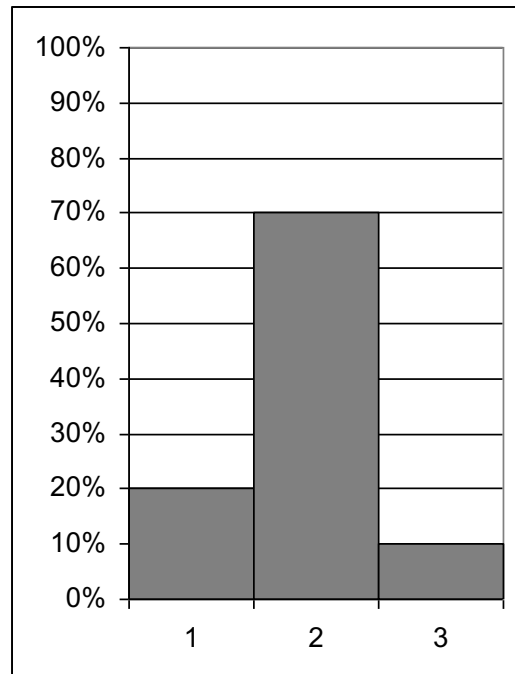
**incidence at time  $t$  (number of  
individuals):  $i(t)$**

Wallinga, Lipsitch, How generation intervals shape the relationship between growth rates and reproductive numbers  
Proc. R. Soc B (2007) 274, 599

Grassly, N., Fraser, C. Mathematical models of infectious disease transmission. Nat Rev Microbiol 6, 477–487 (2008)

- Less convenient than compartmental models to simulate an outbreak
- provides mathematical understandings on the relationship between exponential growth and basic reproductive ratio

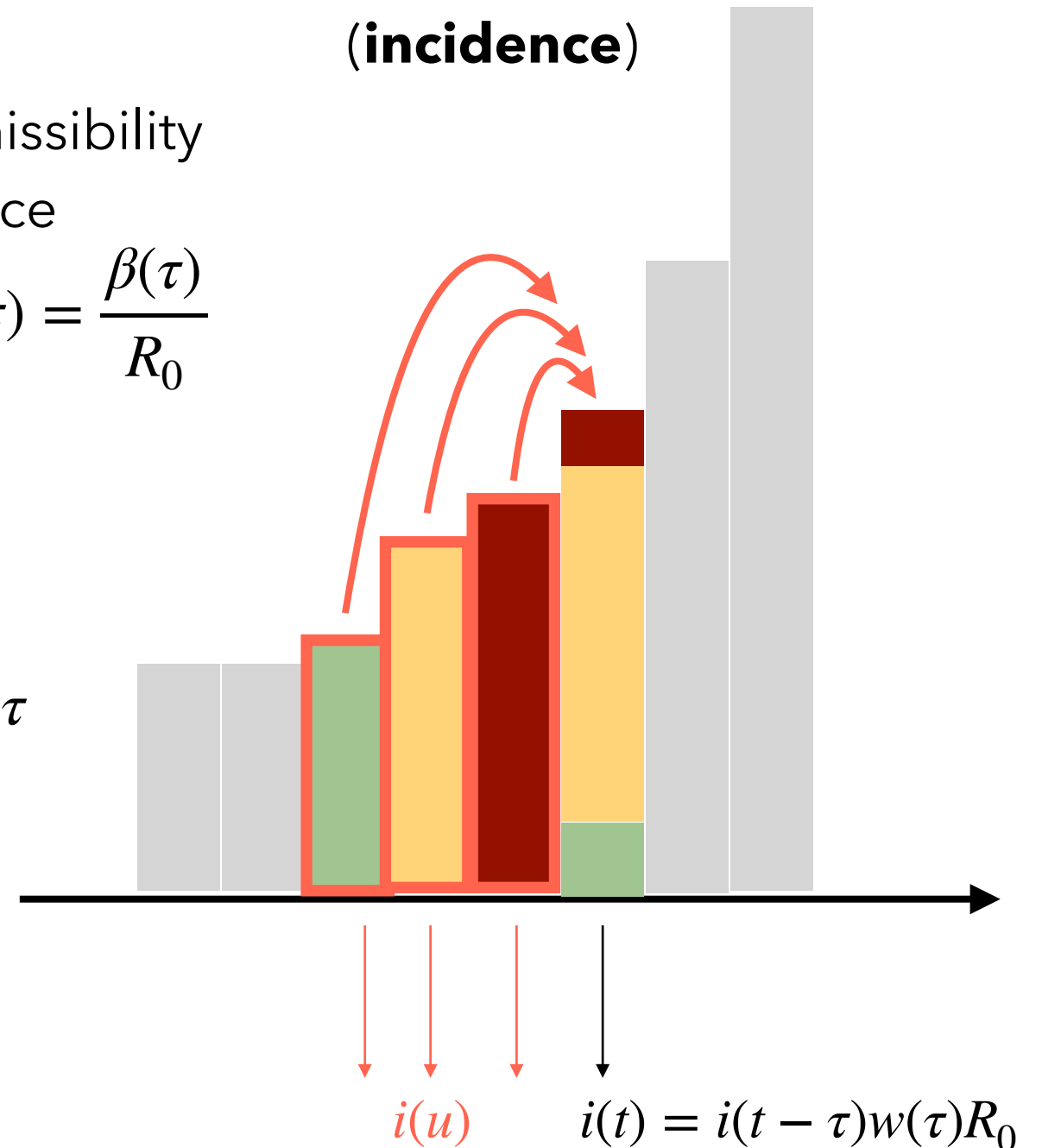
# Renewal equation



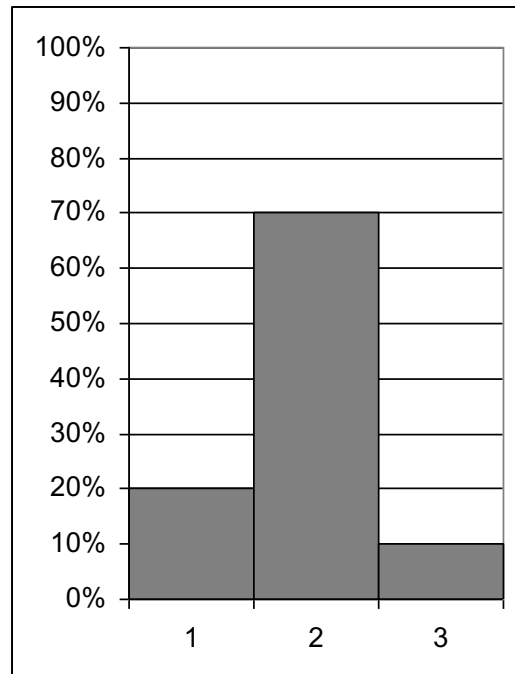
generic generation time  
distribution  $w(\tau)$ , i.e. transmissibility  
generic function of time since  
infection,  $\beta(\tau)$ , such that  $w(\tau) = \frac{\beta(\tau)}{R_0}$

number of individuals they will infect at  $t = u + \tau$   
in a time interval  $\delta\tau$ : Poisson distributed with  
mean  $i(u)\beta(\tau)\delta\tau = i(t - \tau)\beta(\tau)\delta\tau$

$i(u)$ , individuals newly  
infected at time  $u$   
**(incidence)**



# Renewal equation



generic generation time  
distribution  $w(\tau)$ , i.e. transmissibility  
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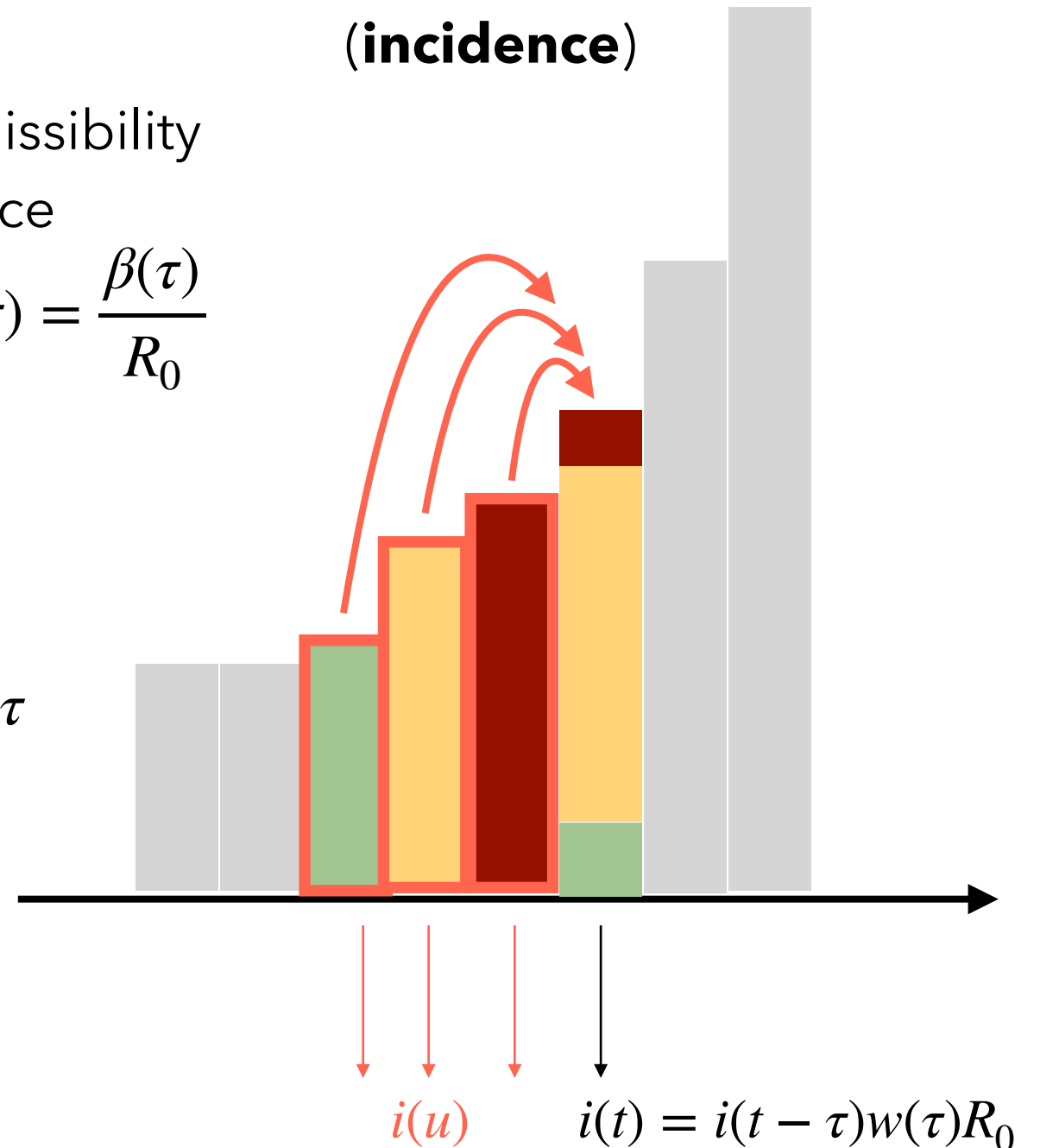
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mean  $i(u)\beta(\tau)\delta\tau = i(t - \tau)\beta(\tau)\delta\tau$

Renewal equation:

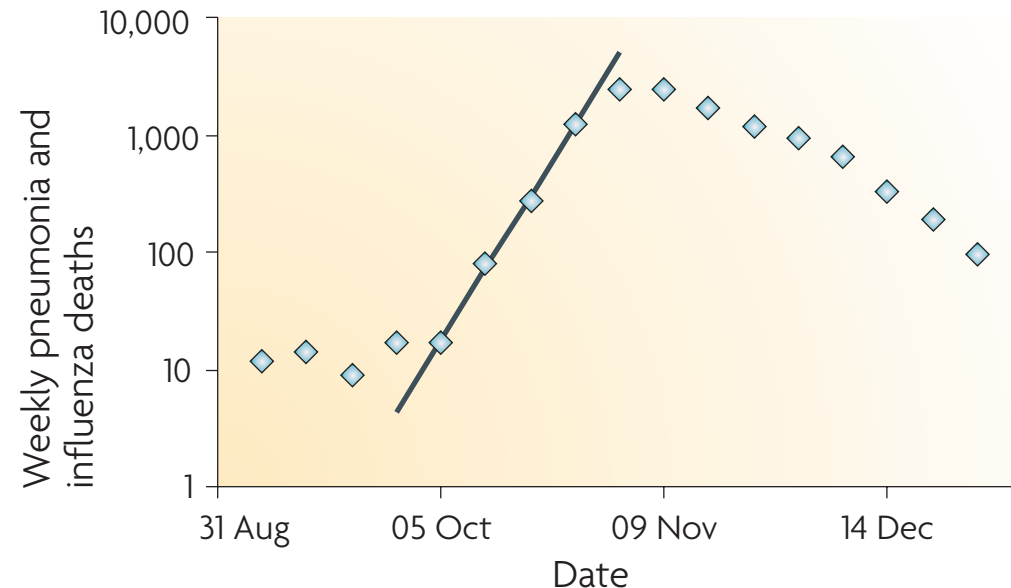
$$i(t) = \int_0^\infty i(t - \tau)\beta(\tau)d\tau$$

**Lotka Euler equation** (from population dynamics)

$i(u)$ , individuals newly  
infected at time  $u$   
**(incidence)**



# Renewal equation



**How do the generation time distribution affect the exponential growth?**

[Grassly, N., Fraser, et al Nat Rev Microbiol 2008]

$$i(t) = \int_0^{\infty} i(t - \tau) \beta(\tau) d\tau$$

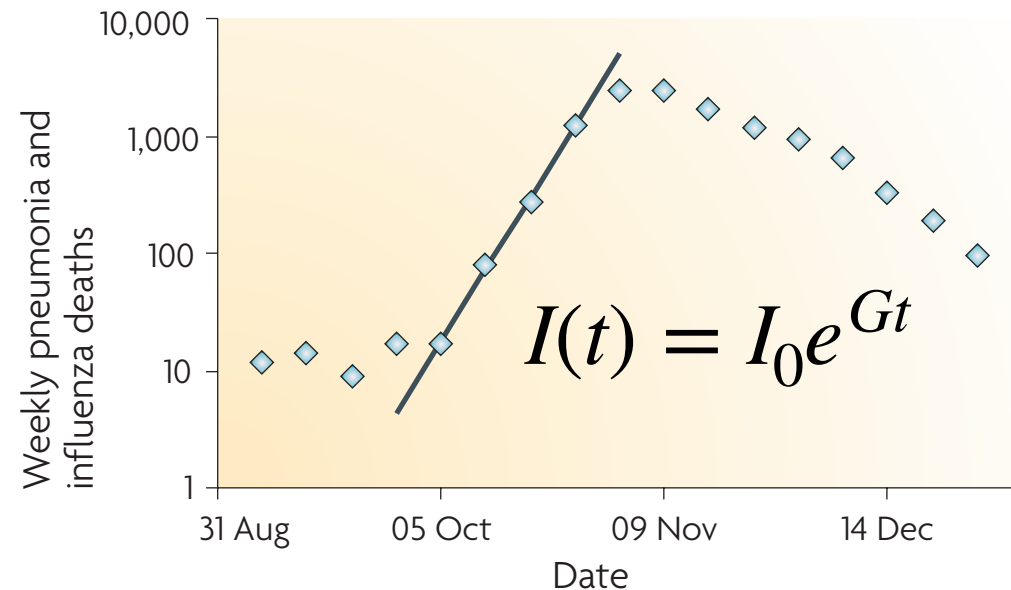
$$I(t) = I_0 e^{Gt}$$

$$i(t) = i(t - \tau) e^{G\tau} \Rightarrow i(t) = \int_0^{\infty} i(t) e^{-G\tau} \beta(\tau) d\tau$$

$$1 = \int_0^{\infty} e^{-G\tau} \beta(\tau) d\tau \Rightarrow \frac{1}{R_0} = \int_0^{\infty} e^{-G\tau} w(\tau) d\tau$$

$$w(\tau) = \frac{\beta(\tau)}{R_0}$$

# $R_0$ and exponential growth



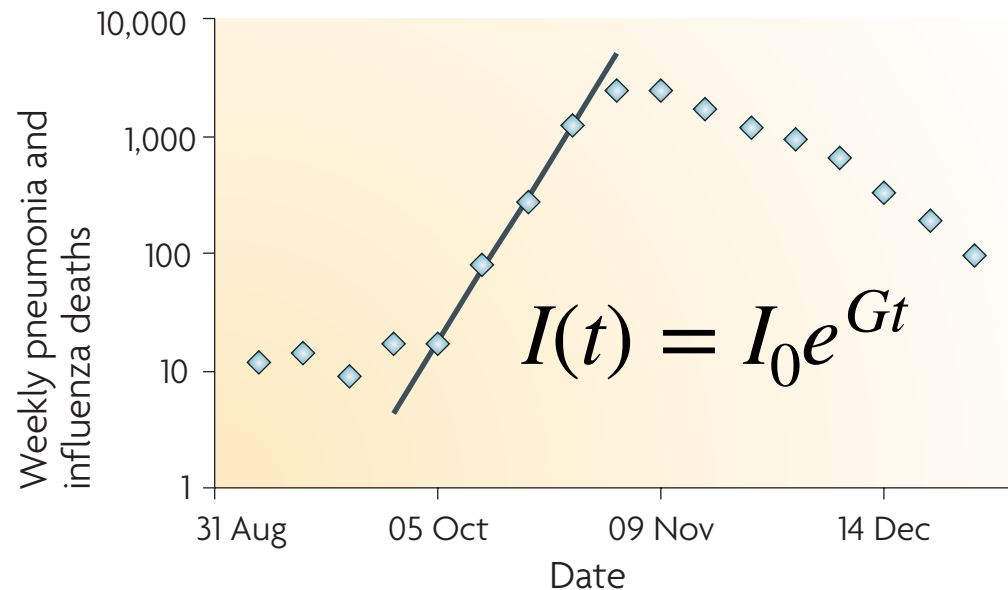
[Grassly, N., Fraser, et al Nat Rev Microbiol 2008]

$$\frac{1}{R_0} = \int_0^\infty e^{-G\tau} w(\tau) d\tau$$

**Laplace transform of**  $w(\tau)$ , i.e. moment generating function of  $w(-\tau)$ .

Moment generating function of  $w(\tau)$ :  $\mathcal{M}_{w(\tau)}(z) = \int_0^\infty e^{z\tau} w(\tau) d\tau$

# $R_0$ and exponential growth



[Grassly, N., Fraser, et al Nat Rev Microbiol 2008]

$$\frac{1}{R_0} = \int_0^{\infty} e^{-G\tau} w(\tau) d\tau$$

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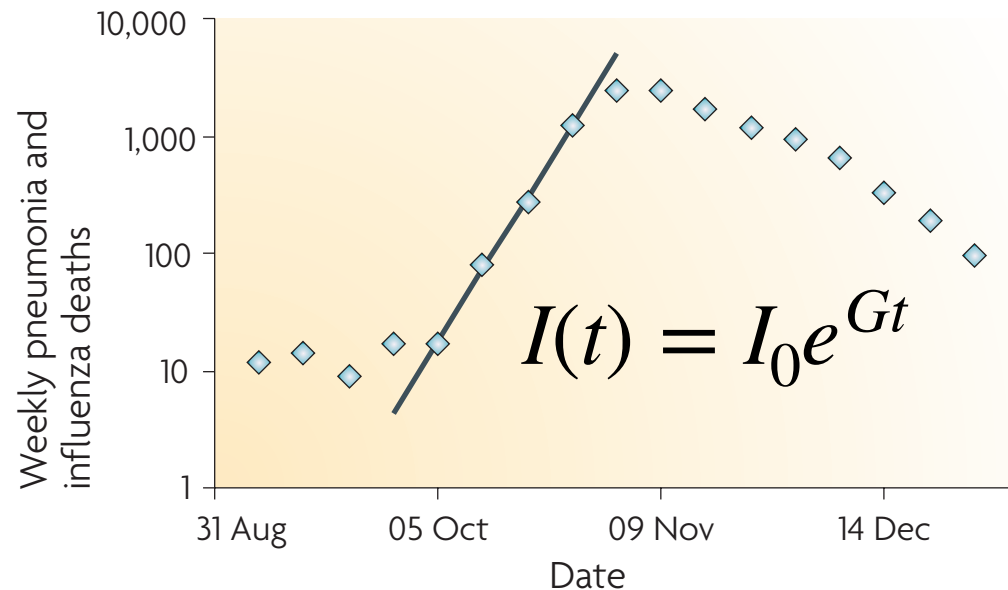
$$\text{Moment generating function of } w(\tau): \mathcal{M}_{w(\tau)}(z) = \int_0^{\infty} e^{z\tau} w(\tau) d\tau$$

Moment generating function:

alternative specification of a random variable probability distribution

$$\left. \frac{d^k \mathcal{M}_{w(\tau)}(z)}{dz^k} \right|_{z=0} = E(\tau^k)$$

# $R_0$ and exponential growth



[Grassly, N., Fraser, et al Nat Rev Microbiol 2008]

$$\frac{1}{R_0} = \int_0^\infty e^{-G\tau} w(\tau) d\tau$$

Laplace transform of  $w(\tau)$ , i.e. moment generating function of  $w(-\tau)$ .

Moment generating function of  $w(\tau)$ :  $\mathcal{M}_{w(\tau)}(z) = \int_0^\infty e^{z\tau} w(\tau) d\tau$

$$\Rightarrow R_0 = \frac{1}{\mathcal{M}_{w(\tau)}(-G)}$$



# $R_0$ and exponential growth

$$R_0 = \frac{1}{\mathcal{M}_{w(\tau)}(-G)}$$

$$w(\tau) = \mathcal{N}(T_c, \sigma^2) \Rightarrow R_0 = e^{G T_c - (1/2) G^2 \sigma^2}$$

$$w(\tau) = \delta(T_c) \Rightarrow R_0 = e^{G T_c} \quad \textbf{Upper bound of } R_0$$

If I add some variability on the generation time, a given  $G$  will correspond to a lower  $R_0$

(If I add some variability on the generation time, a given  $R_0$  will correspond to a higher  $G$  )

# $R_0$ and exponential growth

$$R_0 = \frac{1}{\mathcal{M}_{w(\tau)}(-G)}$$

$$w(\tau) = \mathcal{N}(T_c, \sigma^2) \Rightarrow R_0 = e^{GT_c - (1/2)G^2\sigma^2}$$

$$w(\tau) = \delta(T_c) \Rightarrow R_0 = e^{GT_c} \quad \textbf{Upper bound of } R_0$$

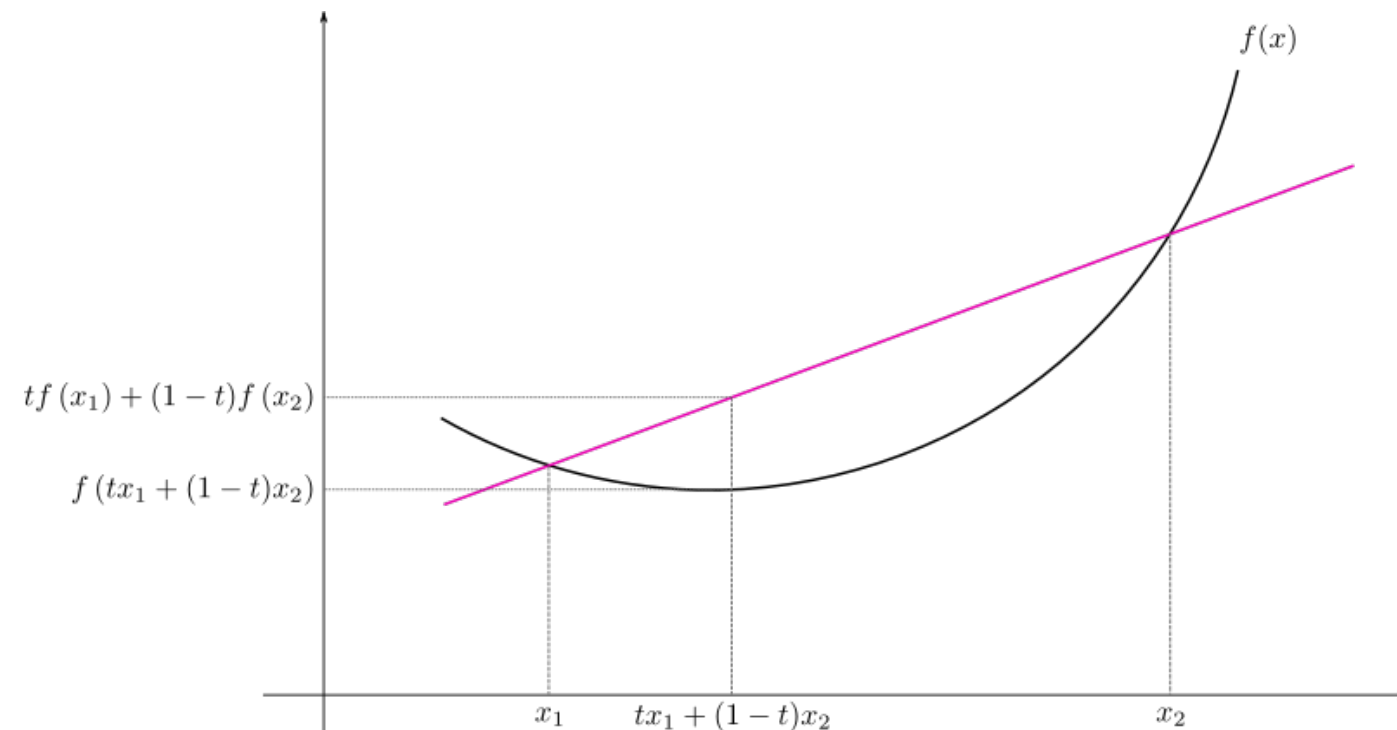
If I add some variability on the generation time, a given  $G$  will correspond to a lower  $R_0$

formally:

Jensen's inequality, i.e. the average of transformed stochastic variables is at least equal to the transformed average of those variables when the transformation is convex

$$\int_0^\infty e^{z\tau} w(\tau) d\tau \geq e^{z \int_0^\infty \tau w(\tau) d\tau}$$

$$\Rightarrow \mathcal{M}_{w(\tau)}(z) \geq e^{zT_c} \Rightarrow R_0 \leq e^{GT_c}$$



[wikipedia: Jensen's inequality]

# $R_0$ and exponential growth

$$R_0 = \frac{1}{\mathcal{M}_{w(\tau)}(-G)}$$

$$w(\tau) = \mathcal{N}(T_c, \sigma^2) \Rightarrow R_0 = e^{G T_c - (1/2) G^2 \sigma^2}$$

$$w(\tau) = \delta(T_c) \Rightarrow R_0 = e^{G T_c} \quad \textbf{Upper bound of } R_0$$

If I add some variability on the generation time, a given  $G$  will correspond to a lower  $R_0$

$\Rightarrow$  If I over-estimate the dispersion in the generation time I will under-estimate  $R_0$   
problem if I use the serial interval as a proxy for the generation time

# $R_0$ and exponential growth

$$R_0 = \frac{1}{\mathcal{M}_{w(\tau)}(-G)}$$

$\tau$  distributed according to  $w(\tau)$

$$\tau = \tau_E + \tau_I$$

$\tau_E$  distributed according to  $g(\tau_E)$

$\tau_I$  distributed according to  $h(\tau_I)$

$\Rightarrow w(\tau) = g(\tau_E) * h(\tau_I)$  ( $w$  is the convolution between  $g$  and  $h$ )

$$\Rightarrow \mathcal{M}_{w(\tau)} = \mathcal{M}_{g(\tau_E)} \times \mathcal{M}_{h(\tau_I)}$$

# $R_0$ and exponential growth

$$R_0 = \frac{1}{\mathcal{M}(-G)}$$

$\tau$  distributed according to  $w(\tau)$

$$\tau = \tau_E + \tau_I$$

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$\Rightarrow w(\tau) = g(\tau_E) * h(\tau_I)$  ( $w$  is the convolution between  $g$  and  $h$ )

$$\Rightarrow \mathcal{M}_{w(\tau)} = \mathcal{M}_{g(\tau_E)} \times \mathcal{M}_{h(\tau_I)}$$

useful if we consider the generation time as the sum of

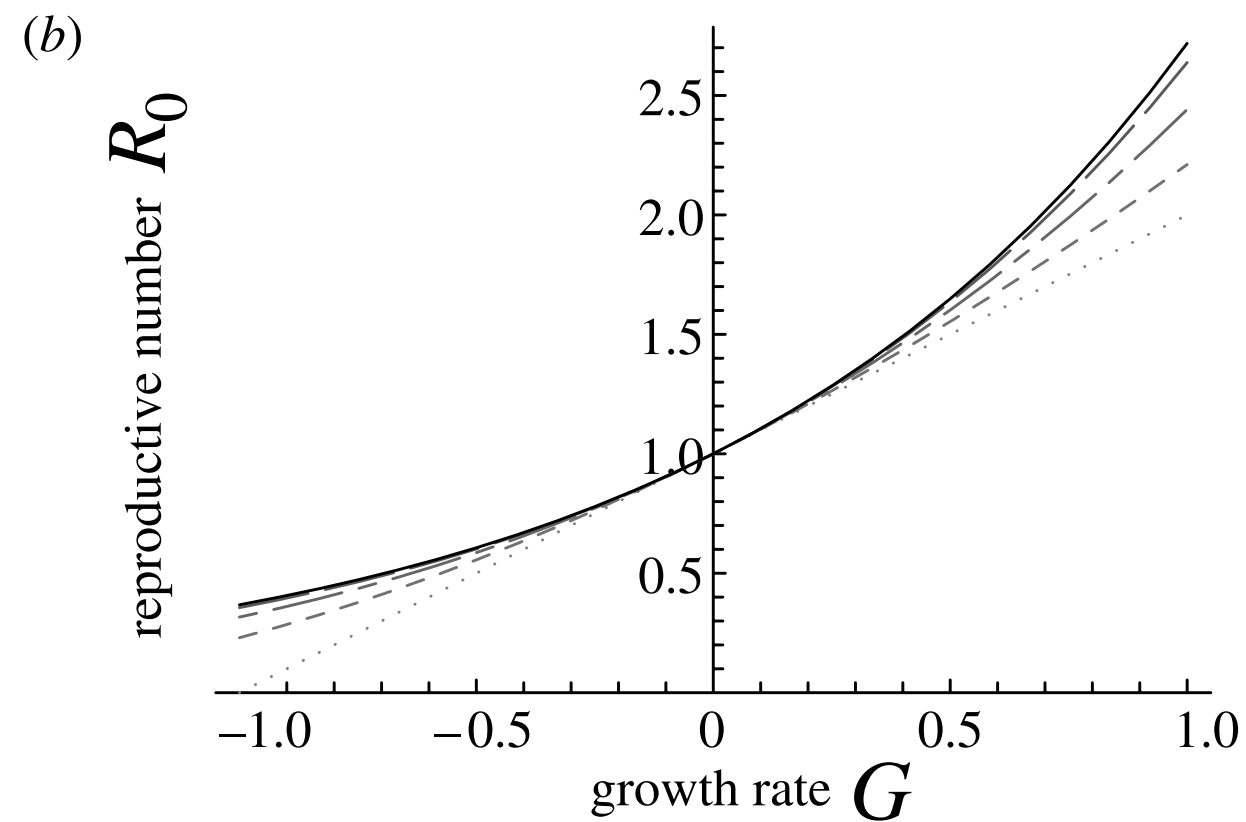
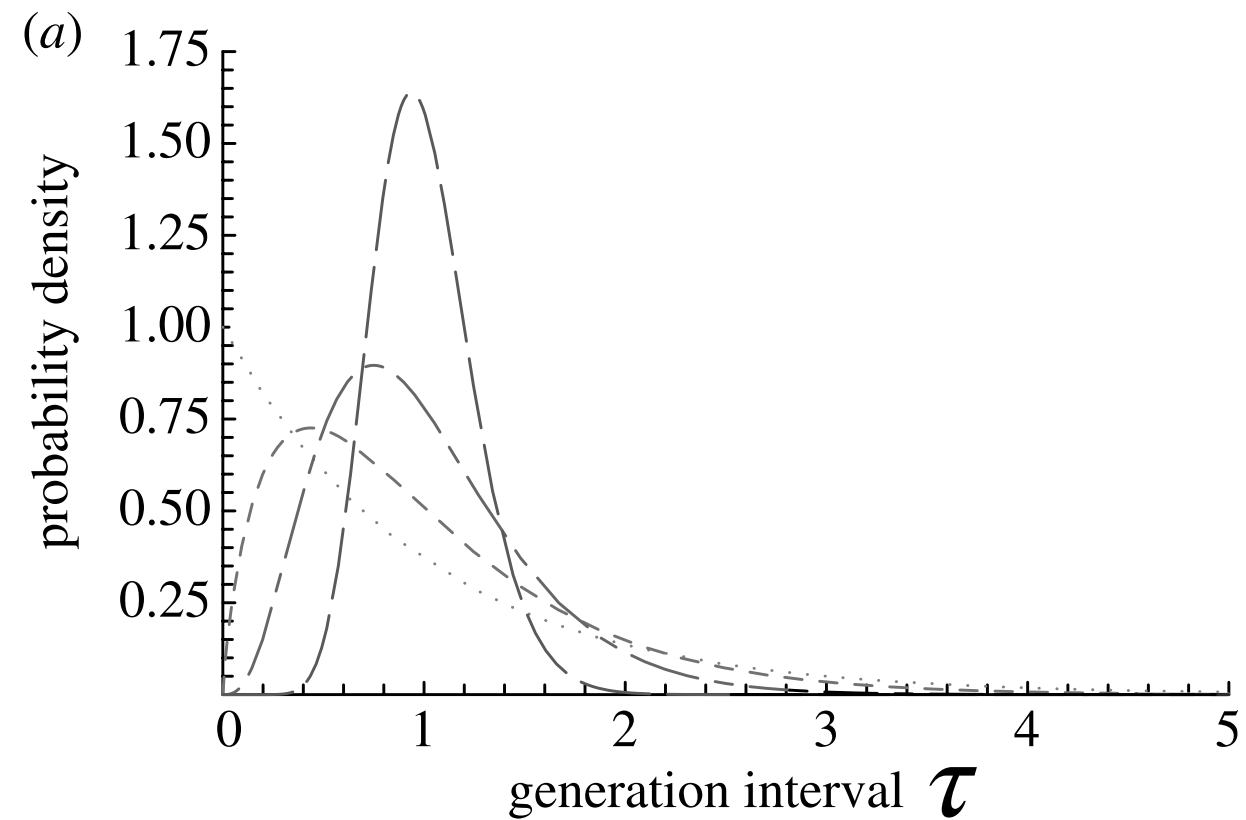
- a latent period  $\tau_E$  (where no infection can be generated) distributed as  $g(\tau_E)$
- an infection period  $\tau_I$  (where infections can be generated) distributed as  $h(\tau_I)$

e.g.:  $\tau_E \sim \text{Exp}(\epsilon)$ ;  $\tau_I \sim \text{Exp}(\mu)$

$$R_0 = \frac{1}{\mathcal{M}(-G)} = \left(1 + \frac{G}{\epsilon}\right) \left(1 + \frac{G}{\mu}\right) \simeq 1 + G(\epsilon^{-1} + \mu^{-1})$$

→ **this is the SEIR**

# basic reproductive ratio



# basic reproductive ratio estimation

## In practice:

we have an incidence time series  $\{y_t\}$

1. Identify a time window where the growth is exponential

2. Fit incidence points, e.g. Poisson regression:

$$\log(E(y_t | t)) = \alpha_0 + Gt$$

$$\mathcal{L}(\alpha_0, G | \{y_t\}) = \prod_{t=0}^{t_M} \frac{e^{y_t(\alpha_0 + Gt)} e^{-e^{\alpha_0 + Gt}}}{y_t!}$$

I use available information on the generation time distribution to compute  $R_0$ . In case I have only  $T_c$  and  $\sigma$ , I can use the Gaussian approximation  $R_0 \simeq e^{GT_c - (1/2)G^2\sigma^2}$

# basic reproductive ratio estimation

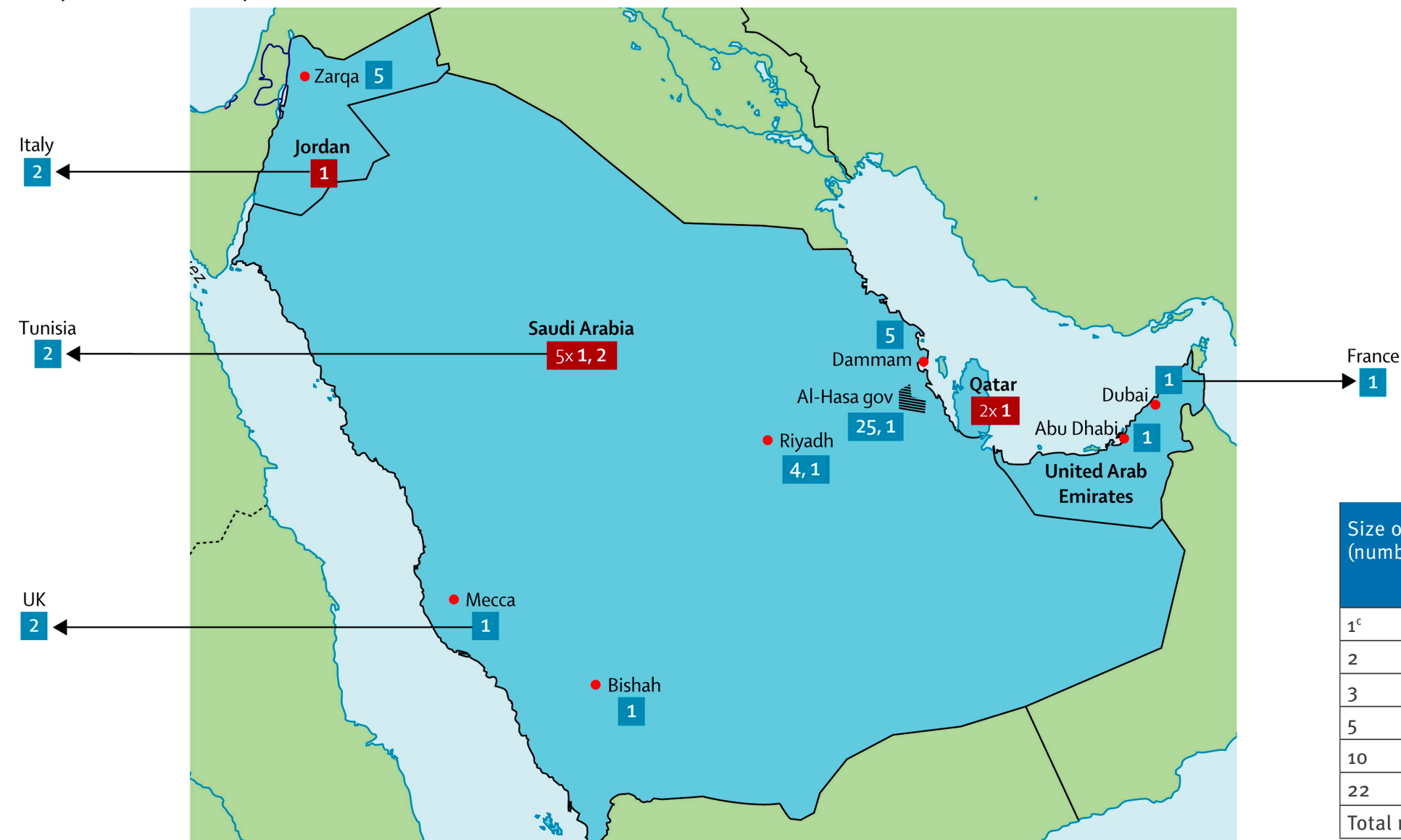
what if I do not have an exponential growth?

**Analysis of cluster size distribution**



# $R_0$ in the subcritical case

**infections with  $R_0 < 1$ :** e.g. zoonotic infections, or infections close to the eradication threshold (measles). How far are we from the epidemic threshold ? Important because there is a risk of mutation (for MERS) or a decrease in vaccine uptake (measles)

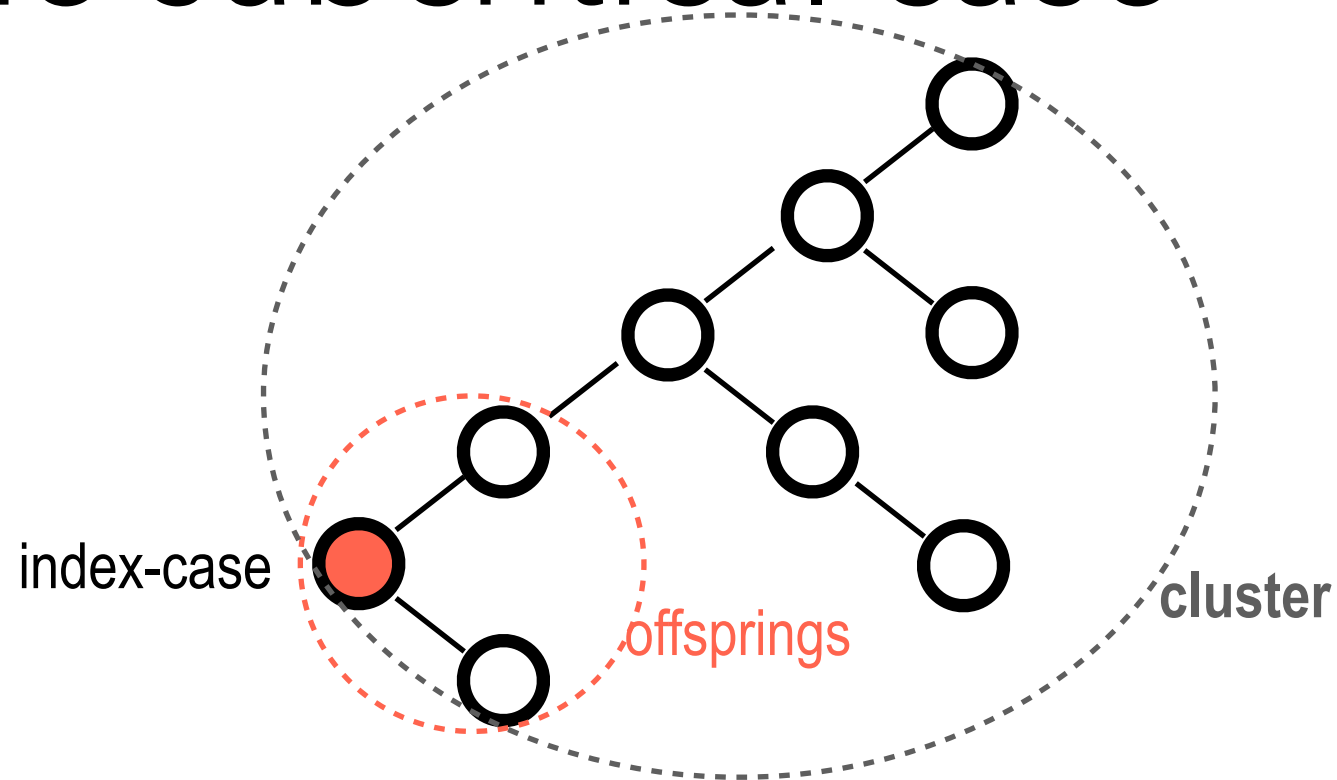


Middle East Respiratory Syndrome (MERS) coronavirus, 2013  
[Breban, et al. The Lancet 2013]

Size of cluster (number of cases)	Baseline (all laboratory-confirmed cases in the ME region <sup>b</sup> as of 31 August 2013)
1 <sup>c</sup>	42
2	8
3	2
5	2
10	0
22	1
Total number of cases	96

[Poletto, et al. Eurosurveillance 2014]

# $R_0$ in the subcritical case



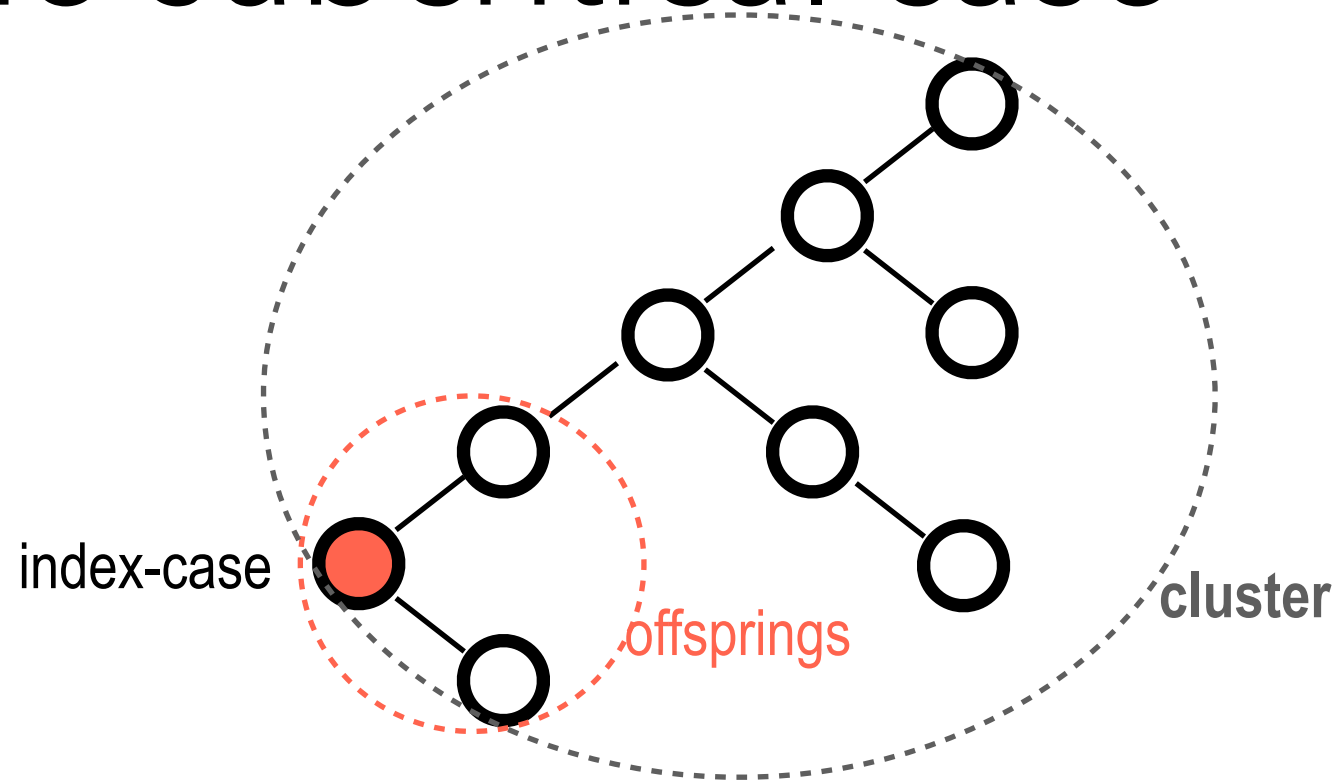
**index case:** infection caused by an external source

**offsprings:** cases infected by the index case

**cluster:** all cases originated by the index case

If we have different clusters, the distribution of their size depends on  $R_0$ :  $P(s | R_0)$

# $R_0$ in the subcritical case



Continuous-time SIR dynamics: being  $R_0$  below 1 stochastic effects are important

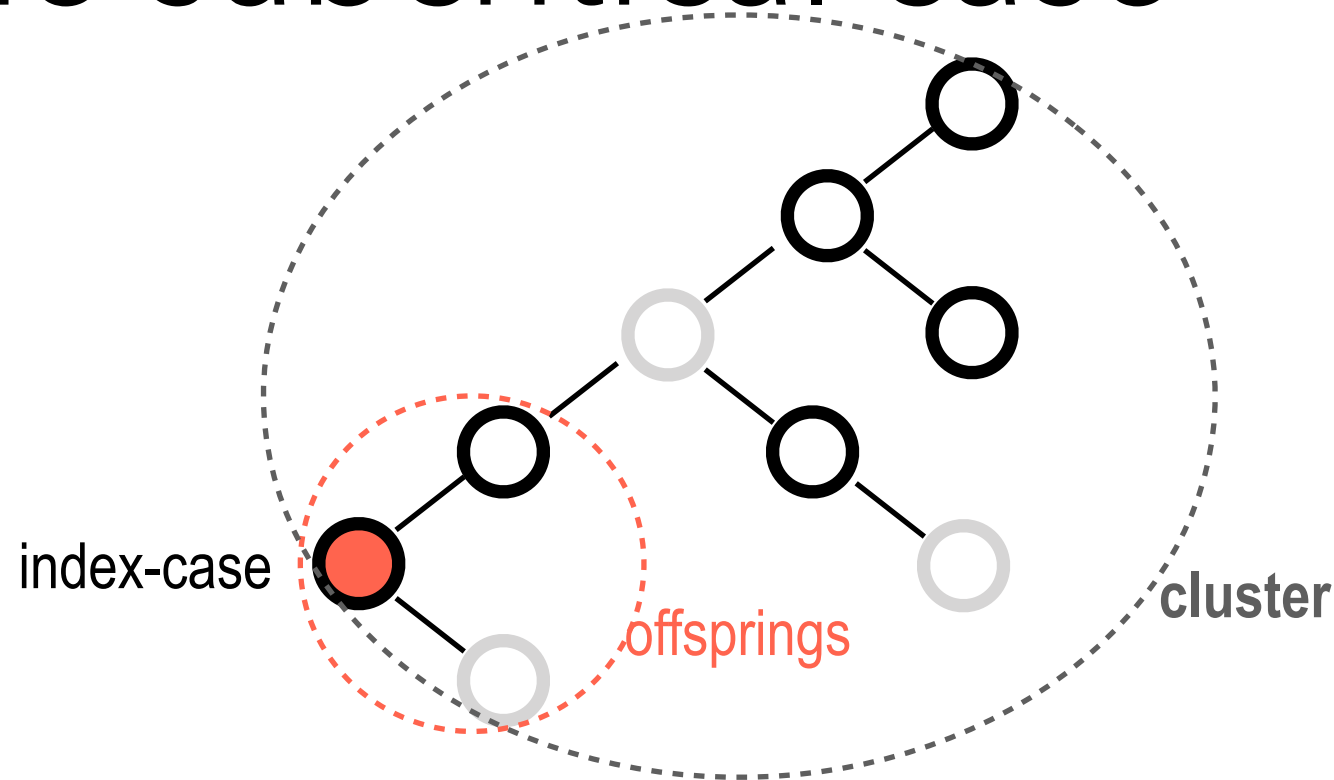
let's assume each case generates a number of secondary infections  $i$ , that is Poisson

distributed:  $p(i | R_0) = \frac{R_0^i e^{-R_0}}{i!}$

then  $P(s | R_0) = \frac{s^{s-2} R_0^{s-1} e^{-sR_0}}{(s-1)!}$

[Farrington, et al Biostatistics 2003]

# $R_0$ in the subcritical case



## We need to account for under-reporting

each case may go unobserved with probability  $p_{\text{miss}}$ . If a cluster has size  $s$ , I observe a cluster of size  $o \leq s$

$$P(o | R_0, p_{\text{miss}}, o \geq 1) = \frac{\sum_{s \geq o} P(s | R_0) \binom{s}{o} p_{\text{miss}}^{s-o} (1 - p_{\text{miss}})^o}{1 - P(o = 0 | R_0, p_{\text{miss}})}$$

$$\mathcal{L}(R_0, p_{\text{miss}} | o_i) \propto \prod_i P(o | R_0, p_{\text{miss}}, o \geq 1)$$