body {

font-family: 'Poppins', sans-serif;

background-color: #f4f4f9;

margin: 0;

color: #333;

}

header {

background: #4b6cb7;

background: linear-gradient(to right, #4b6cb7, #182848);

color: white;

padding: 15px;

text-align: center;

}

nav ul {

list-style: none;

padding: 0;

}

nav ul li {

display: inline;

margin: 0 15px;

}

nav ul li a {

color: white;

text-decoration: none;

}

nav ul li a.active, nav ul li a:hover {

border-bottom: 2px solid yellow;

}

main {

padding: 20px;

}

.profile-pic {

width: 180px;

border-radius: 50%;

}

form {

max-width: 400px;

margin: auto;

display: flex;

flex-direction: column;

}

input, textarea {

margin: 10px 0;

padding: 10px;

border-radius: 5px;

border: 1px solid #ccc;

}

button {

background: #4b6cb7;

color: white;

padding: 10px;

border: none;

border-radius: 5px;

cursor: pointer;

}

button:hover {

background: #182848;

}