

test

student

2023-08-10

```
# Set default options for code chunks
```

```
knitr::opts_chunk$set(  
  echo = TRUE,           # Display R code and its output  
  comment=NA,            # Suppress code comments in output  
  warning = FALSE,       # Suppress warning messages  
  fig.align='center',    # Align figures in the center  
  eval = TRUE            # Evaluate R code  
)
```

```
knitr::opts_chunk$set(  
  echo = TRUE,  
  comment=NA,  
  warning = FALSE,  
  fig.align='center',  
  eval = TRUE  
)
```

```
# Import libraries
```

```
library(tidyverse) # includes ggplot2  
library(skimr) # provides a compact and informative summary of your dataframe or dataset  
library(lubridate)  
library(janitor) # set of utility functions for data cleaning and data frame tidying tasks  
library(RColorBrewer) # Color palettes for data visualization  
library(ggcorrplot) # Visualize correlation matrices using ggplot2  
library(scales) # formatting and transforming data for visualizations
```

Let us clean:

- Change column names to lower case because R is case sensitive.
- Change “Id” from double to a character because the number represents a category.
- Change “ActivityDate” from char to date.

```
weight_logs <-  
  read_csv("original_data/weightLogInfo_merged.csv",  
    trim_ws = TRUE,  
    show_col_types = FALSE  
  )
```

```
glimpse(weight_logs)
```

Rows: 67

Columns: 8

```
$ Id          <dbl> 1503960366, 1503960366, 1927972279, 2873212765, 2873212~  
$ Date        <chr> "5/2/2016 11:59:59 PM", "5/3/2016 11:59:59 PM", "4/13/2~
```

```

$ WeightKg      <dbl> 52.6, 52.6, 133.5, 56.7, 57.3, 72.4, 72.3, 69.7, 70.3, ~
$ WeightPounds  <dbl> 115.9631, 115.9631, 294.3171, 125.0021, 126.3249, 159.6~
$ Fat           <dbl> 22, NA, NA, NA, NA, 25, NA, NA, NA, NA, NA, NA, NA, ~
$ BMI           <dbl> 22.65, 22.65, 47.54, 21.45, 21.69, 27.45, 27.38, 27.25, ~
$ IsManualReport <lgl> TRUE, TRUE, FALSE, TRUE, TRUE, TRUE, TRUE, TRUE, TRUE, ~
$ LogId         <dbl> 1.462234e+12, 1.462320e+12, 1.460510e+12, 1.461283e+12, ~

```

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```

Rows: 67

Columns: 8

```

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$ Fat           <dbl> 22, NA, NA, NA, NA, 25, NA, NA, NA, NA, NA, NA, NA, ~
$ BMI           <dbl> 22.65, 22.65, 47.54, 21.45, 21.69, 27.45, 27.38, 27.25, ~
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$ LogId         <dbl> 1.462234e+12, 1.462320e+12, 1.460510e+12, 1.461283e+12, ~

```

Observations:

- Many variables show a right-skewed distribution: a larger number of data values are located on the left side of the curve.
- The variables `total_steps`, `total_distance`, `tracker_distance` have a similar distribution. We can explore their correlations later.
- Since the distributions are not normal. The median is a better indicator of central tendency for the numerical variables in these dataset.
- **The variable `logged_activities_distance` and `sedentary_active_distance` might not provide useful information since most of the data points are zero. It seems that the users are not logging the distance frequently**
- The following variables seem related. We will explore them further in the bivariate analysis section:
  - `sedentary_minutes`; `sedentary_active_distance`
  - `lightly_active_minutes`; `light_active_distance`
  - `fairly_active_minutes`; `moderately_active_distance`
  - `very_active_minutes`; `very_active_distance`
- The variables `calories` and `sedentary_minutes` exhibit a multimodal distribution, indicating the presence of subpopulations within the data. In this dataset, gender could be a potential variable that would result in a bimodal distribution when examining histograms of calories and sedentary minutes. Unfortunately, the gender of the users is not provided, limiting our ability to confirm this hypothesis.