

# Spot the Pain: Exploring the Application of Skeleton Pose Estimation for Automated Pain Assessment

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**Course code:** 5DV50E  
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# INTRODUCTION

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Foundation of pain management

Focus on describing the pain

Automated pain assessment

Reliable, objective, continuous monitoring

At least one input modality

# PAIN INDICATORS

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## Behavioural

Facial expressions, Body gestures, Paralinguistic vocalisation

## Physiological

Brain activity, Cardiovascular activity, Skin conductance response

Most focus on facial expressions

Uni-, Bi- and Multimodality

No research focus on body movements

# BODY MOVEMENT REPRESENTATION

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No formal standard

Facial Action Coding System (FACS)

Pain-related facial muscle movements

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Facial Action Coding System (FACS)

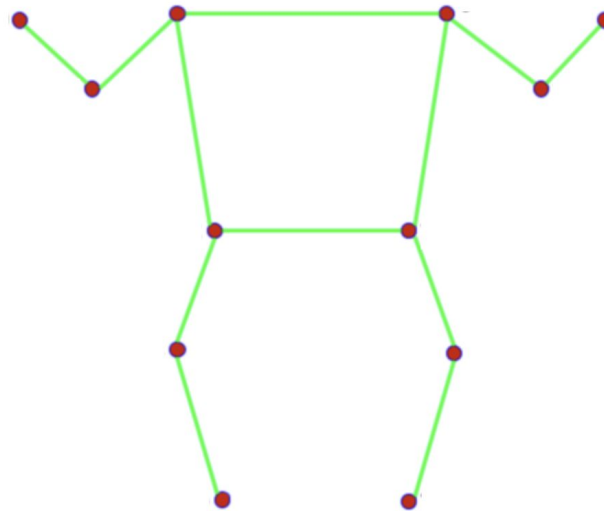
Pain-related facial muscle movements

Abrupt actions, limping, hesitation, stiffness

Skeleton avatar model

# SKELETON POSE ESTIMATION

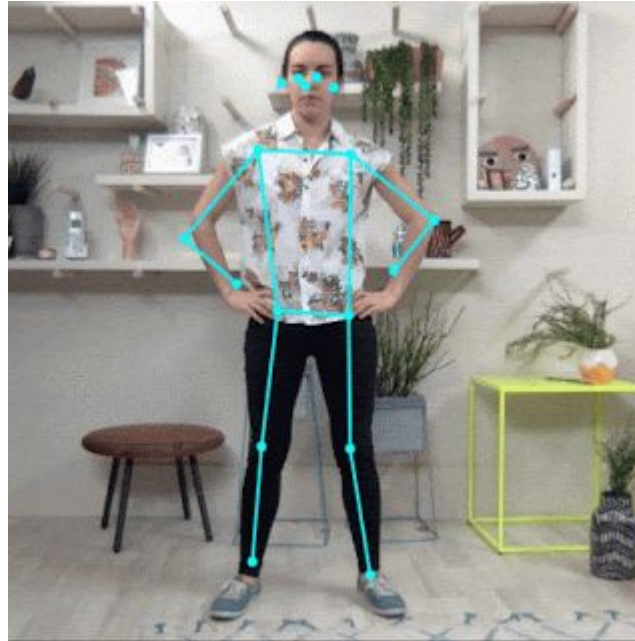
Kinematic method



# SKELETON POSE ESTIMATION

Kinematic method

Sequence of movements





# SKELETON POSE ESTIMATION

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Kinematic method

Sequence of movements

Machine learning model

Learn pain-related patterns

Skeleton pose representation

# RESEARCH QUESTIONS

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## RQ1

What pain assessment performance do we achieve when using skeleton pose estimation to represent body movements as the only pain indicator in a system?



## RQ2

Can skeleton pose estimation identify areas of pain in the human body?



## RQ3

Does including body movement data improve pain assessment performance in a bimodal approach?

# METHOD DESCRIPTION

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Machine learning experiments

Independent variables:


- Input modality
- Model architecture
- Model hyperparameters
- Bimodal approaches
- Experimental objectives

Model performance on unseen data

# METHOD DESCRIPTION

Machine learning experiments

Independent variables:

- Input modality
  - Model architecture
  - Model hyperparameters
  - Bimodal approaches
  - Experimental objectives
- 
1. Body
  2. Face

Model performance on unseen data

# METHOD DESCRIPTION

Machine learning experiments

Independent variables:

- Input modality
  - Model architecture
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  - Bimodal approaches
  - Experimental objectives
- 
1. CNN-LSTM
  2. RCNN

Model performance on unseen data

# METHOD DESCRIPTION

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Machine learning experiments

Independent variables:

- Input modality
  - Model architecture
  - Model hyperparameters
  - Bimodal approaches
  - Experimental objectives
- Different model configurations

Model performance on unseen data

# METHOD DESCRIPTION

Machine learning experiments

Independent variables:

- Input modality
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- 
1. Early Fusion
  2. Late Fusion
  3. Ensemble

Model performance on unseen data

# METHOD DESCRIPTION

Machine learning experiments

Independent variables:

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1. Pain recognition
2. Pain intensity estimation
3. Pain area classification

Model performance on unseen data



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Performance metrics

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## Machine learning experiments

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### Model performance on unseen data

### Performance metrics

Approach	Objective	Model architecture
Unimodal (Body)	Pain recognition	CNN-LSTM
Unimodal (Body)	Pain recognition	RCNN
Unimodal (Body)	Pain intensity	CNN-LSTM
Unimodal (Body)	Pain intensity	RCNN
Unimodal (Body)	Pain area	CNN-LSTM
Unimodal (Body)	Pain area	RCNN
Unimodal (Face)	Pain recognition	CNN-LSTM
Unimodal (Face)	Pain recognition	RCNN
Unimodal (Face)	Pain intensity	CNN-LSTM
Unimodal (Face)	Pain intensity	RCNN
Unimodal (Face)	Pain area	CNN-LSTM
Unimodal (Face)	Pain area	RCNN
Bimodal (Early Fusion)	Pain recognition	CNN-LSTM
Bimodal (Early Fusion)	Pain recognition	RCNN
Bimodal (Early Fusion)	Pain intensity	CNN-LSTM
Bimodal (Early Fusion)	Pain intensity	RCNN
Bimodal (Early Fusion)	Pain area	CNN-LSTM
Bimodal (Early Fusion)	Pain area	RCNN
Bimodal (Late Fusion)	Pain recognition	CNN-LSTM
Bimodal (Late Fusion)	Pain recognition	RCNN
Bimodal (Late Fusion)	Pain intensity	CNN-LSTM
Bimodal (Late Fusion)	Pain intensity	RCNN
Bimodal (Late Fusion)	Pain area	CNN-LSTM
Bimodal (Late Fusion)	Pain area	RCNN
Ensemble	Pain recognition	all unimodal approaches
Ensemble	Pain intensity	all unimodal approaches
Ensemble	Pain area	all unimodal approaches

# DATASET

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Real-world dataset provided by AIMO<sup>1</sup>

1059 videos from 807 participants

Overhead deep squat

Self-assessment questionnaire about pain

<sup>1</sup><https://www.aimo-fit.com/>

# OBJECTIVES

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Pain recognition:

Pain vs. no pain

Pain intensity estimation:

1-3 (mild pain), 4-7 (moderate pain), 8-10 (severe pain)

Pain area classification:

Head and neck, Upper body, Lower body, Back region

# MODEL ARCHITECTURES

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Spatial and temporal information

Deep learning algorithms: CNN & RNN

Hybrid CNN-LSTM architecture

- Convolutional layers for representing spatial information

- Recurrent layers for temporal information

# MODEL ARCHITECTURES

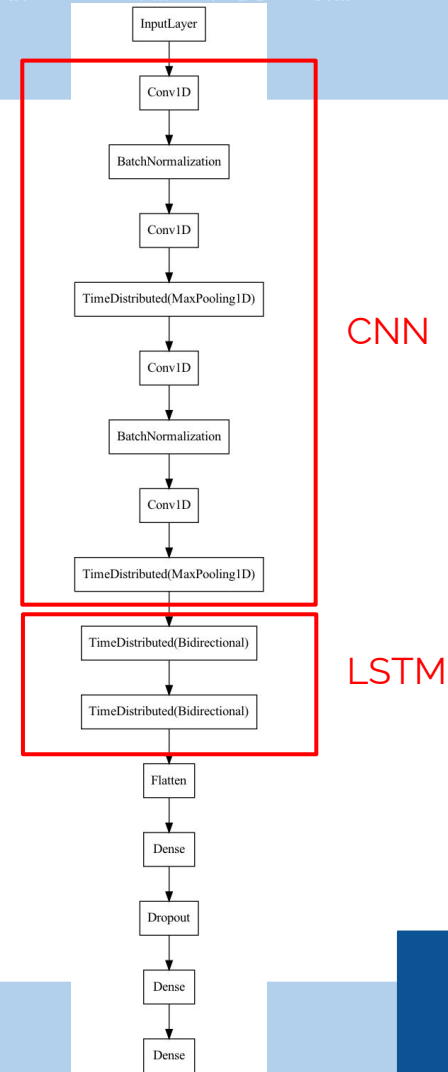
Spatial and temporal information

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Spatial and temporal information

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- Convolutional layers for representing spatial information

- Recurrent layers for temporal information

Recurrent CNN (RCNN) architecture

- Recurrent convolutional layers



# MODEL ARCHITECTURES

Spatial and temporal information

Deep learning algorithms: CNN & RNN

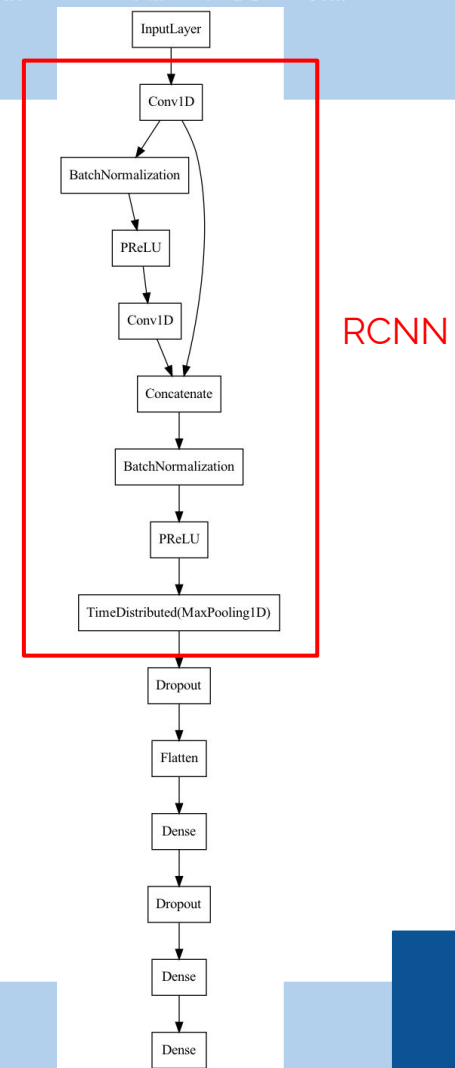
Hybrid CNN-LSTM architecture

Convolutional layers for representing spatial information

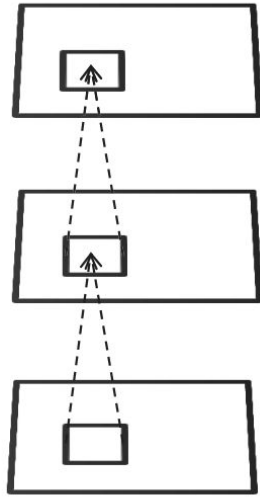
Recurrent layers for temporal information

Recurrent CNN (RCNN) architecture

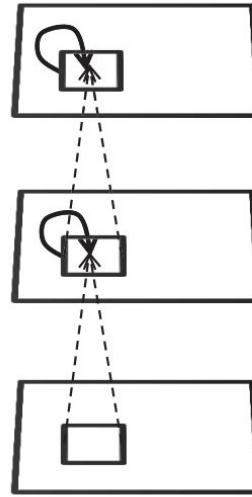
Recurrent convolutional layers



# MODEL ARCHITECTURES

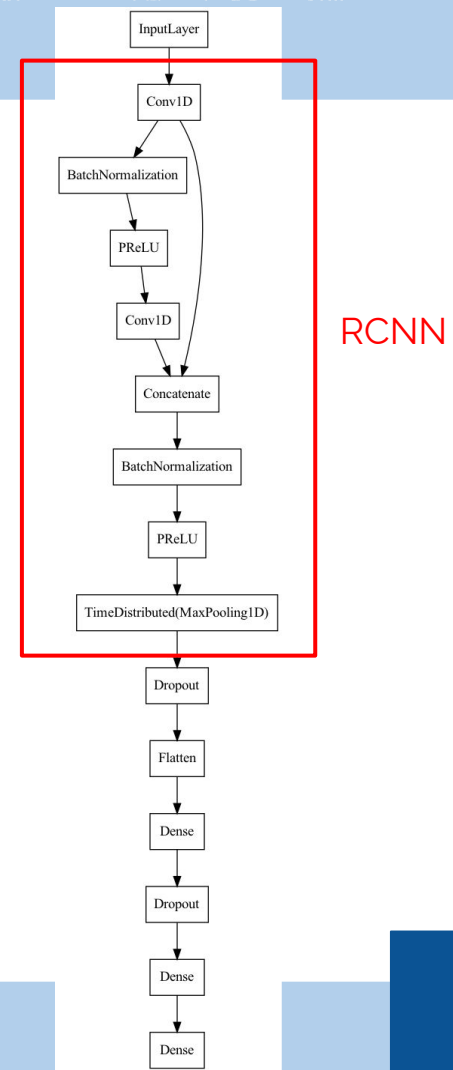


CNN



RCNN

-----> Feed-forward connection      —————> Recurrent connection



# BIMODAL FUSION STRATEGIES

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Early Fusion, feature-level

Late Fusion, decision-level

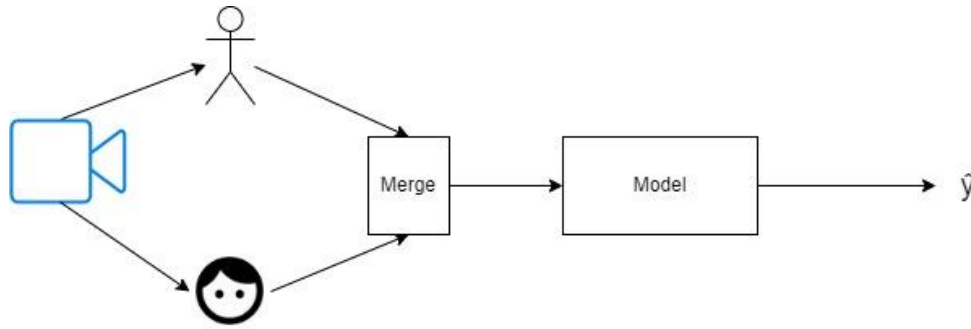
Ensemble learning, weighted average

# BIMODAL FUSION STRATEGIES

**Early Fusion, feature-level**

Late Fusion, decision-level

Ensemble learning, weighted average

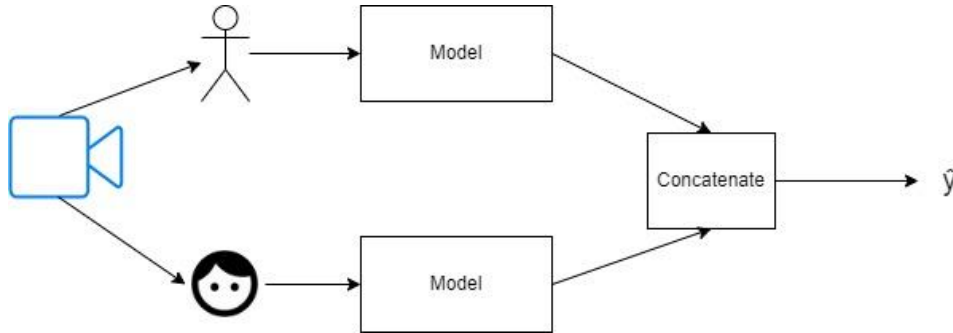


# BIMODAL FUSION STRATEGIES

Early Fusion, feature-level

**Late Fusion, decision-level**

Ensemble learning, weighted average



# BIMODAL FUSION STRATEGIES

Early Fusion, feature-level

Late Fusion, decision-level

**Ensemble learning, weighted average**

$$w_1 \cdot \hat{y}_1 + w_2 \cdot \hat{y}_2 + \dots + w_n \cdot \hat{y}_n = \hat{Y}$$

# AREA UNDER THE CURVE (AUC)

Used for comparison

0.0 - 1.0

Models predict probabilities

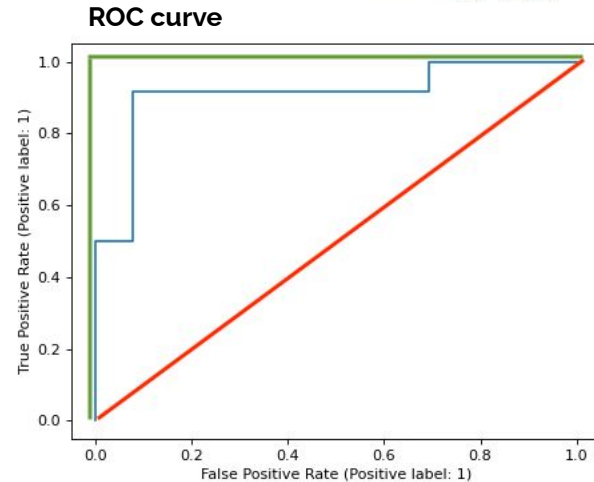
0.95, 0.03, 0.6

Default threshold = 0.5

Performance across all thresholds

$$TPR = \frac{TP}{TP + FN}$$

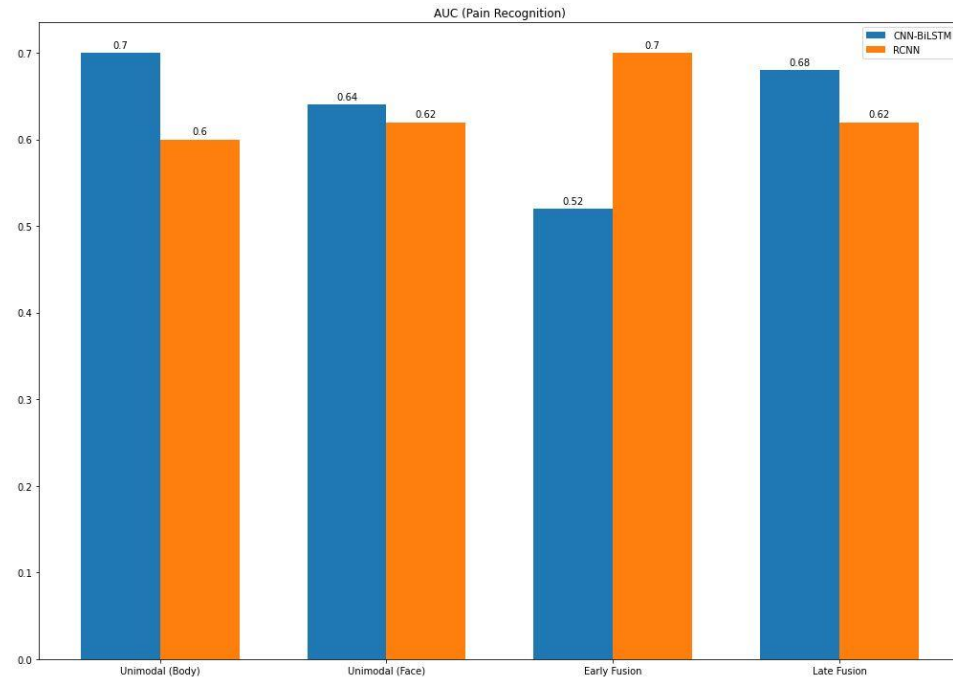
$$FPR = \frac{FP}{FP + TN}$$



# PAIN RECOGNITION

Binary classification:

Pain vs. no pain

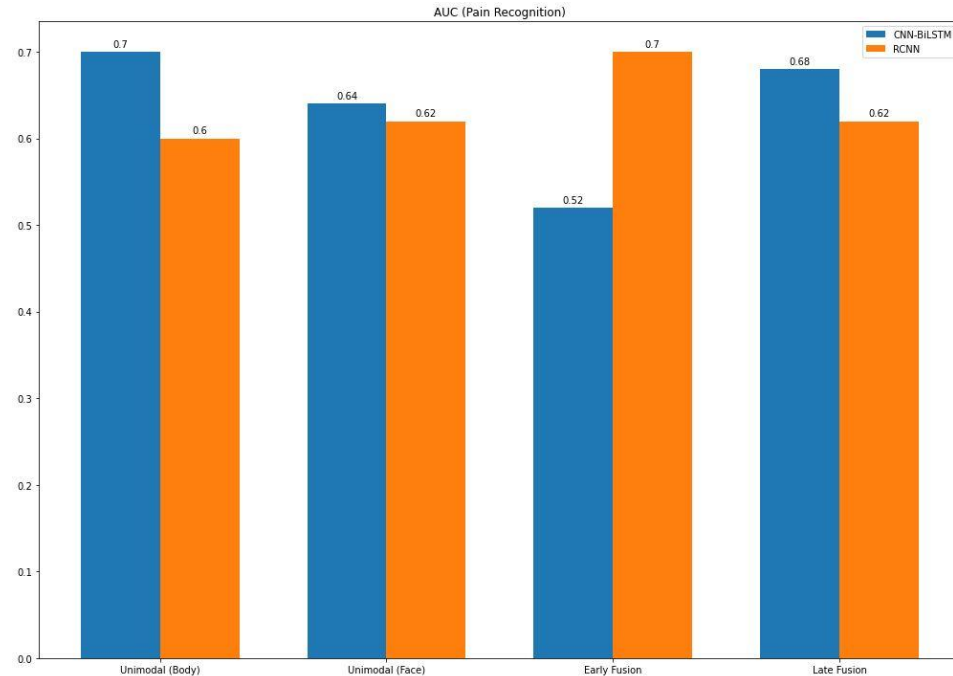




# PAIN RECOGNITION

Binary classification:

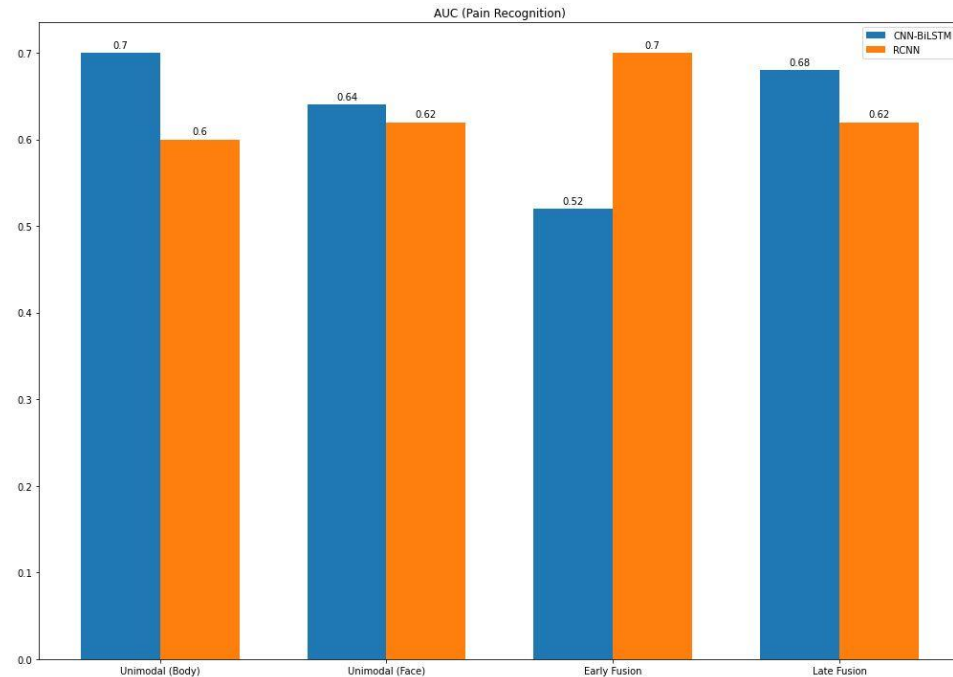
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# PAIN RECOGNITION

Binary classification:

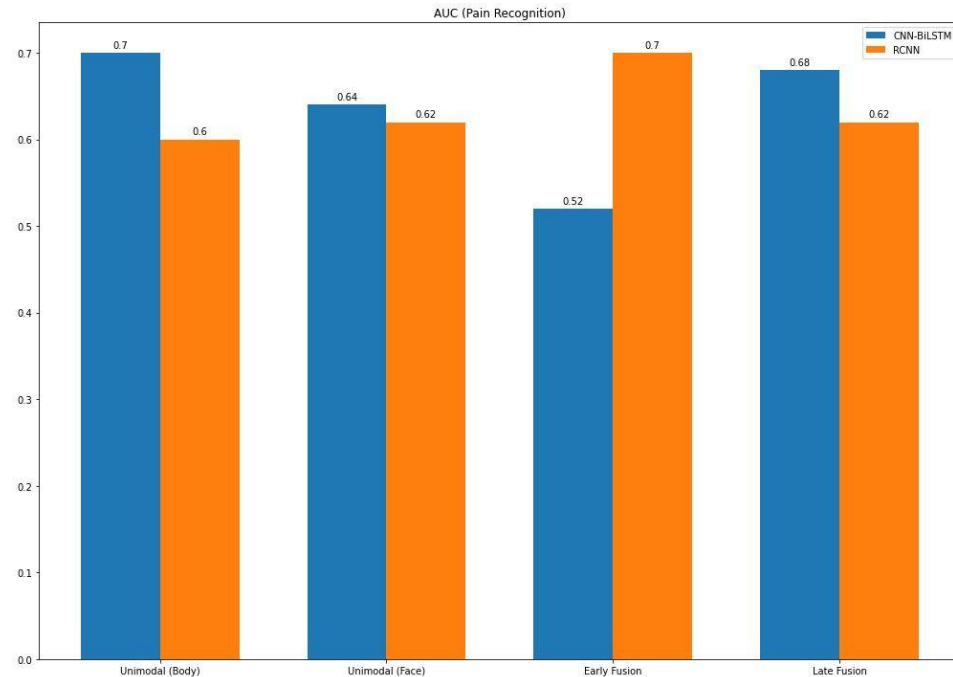
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# PAIN RECOGNITION

Binary classification:

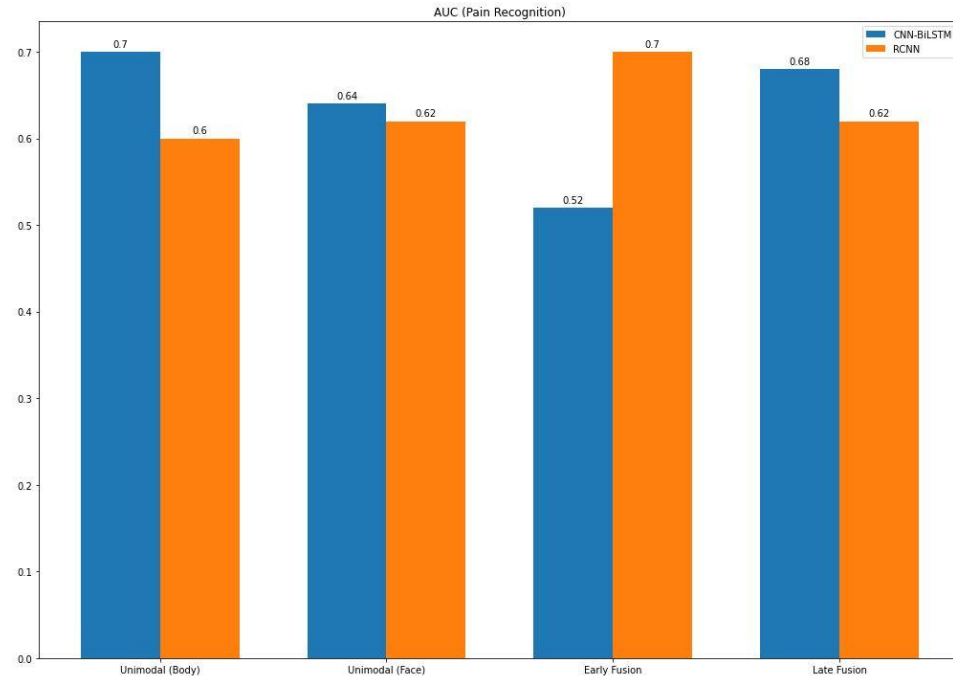
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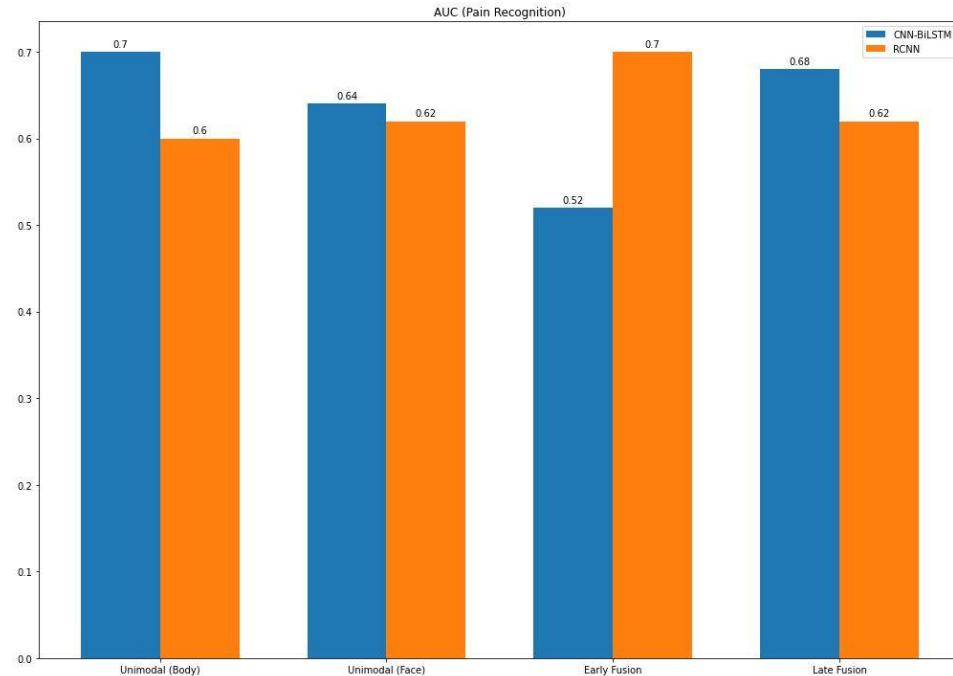
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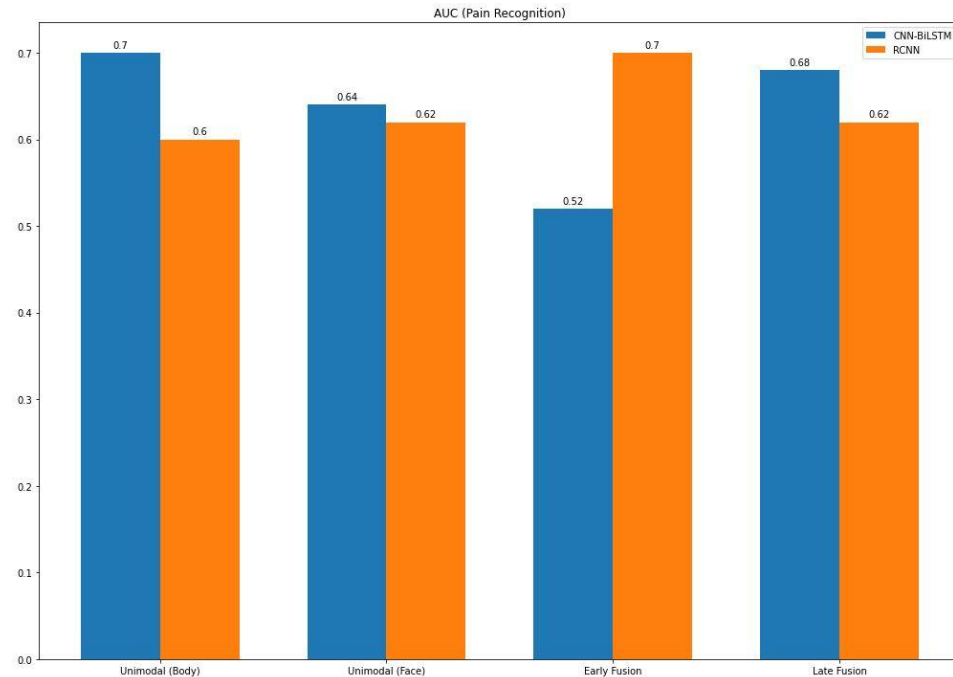


# PAIN RECOGNITION

Binary classification:

Pain vs. no pain

Small improvements



# PAIN RECOGNITION

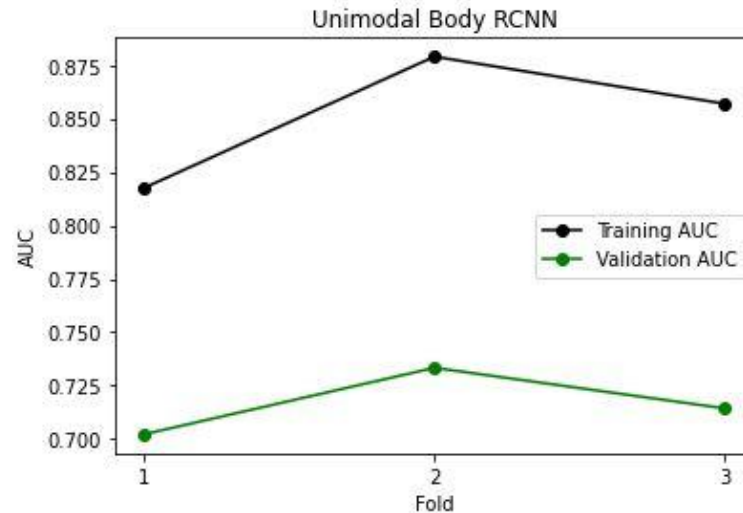
Binary classification:

Pain vs. no pain

Small improvements

Training performance

Individual responses



# PAIN RECOGNITION

Binary classification:

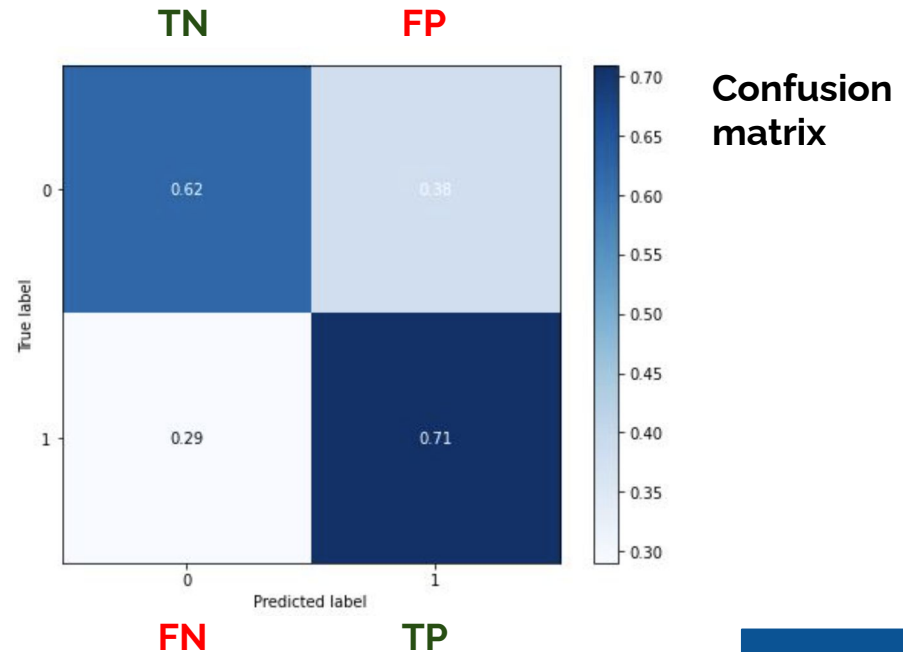
Pain vs. no pain

Small improvements

Training performance

Individual responses

Distinguishable patterns

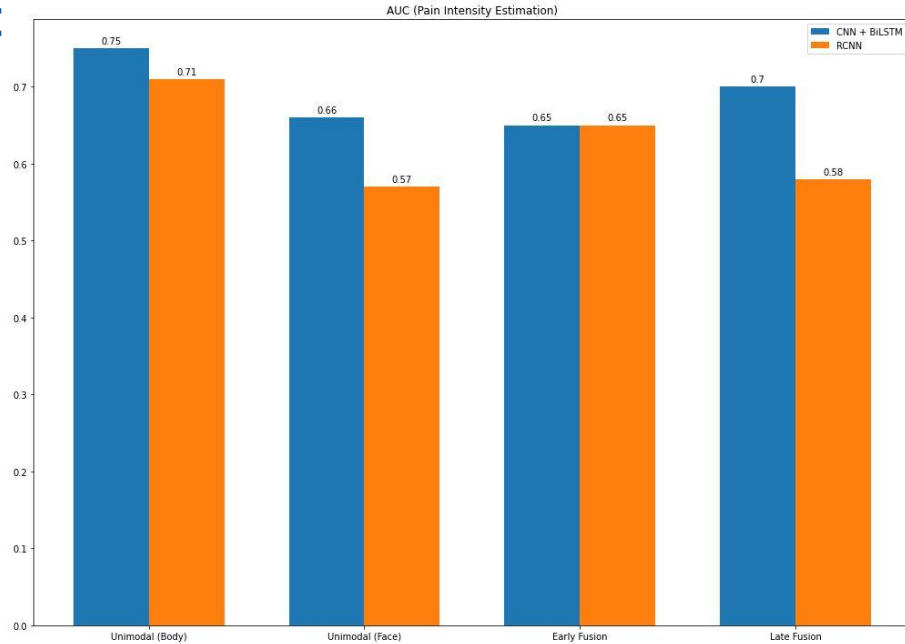




# PAIN INTENSITY ESTIMATION

Multiclass classification:

Mild, Moderate, Severe



# PAIN INTENSITY ESTIMATION

Multiclass classification:

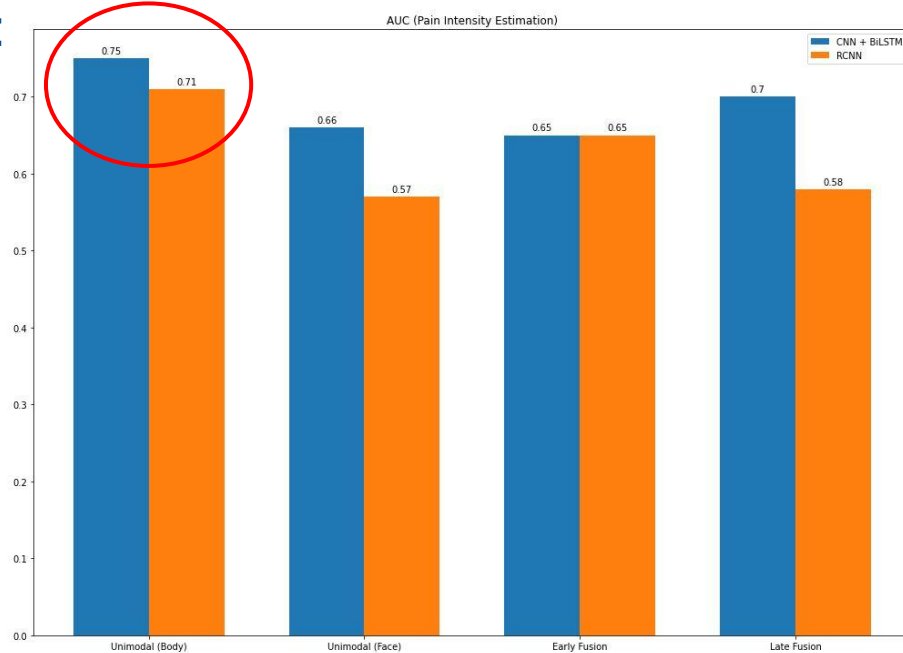
Mild, Moderate, Severe

Best-performing

Too small face in videos

Greater availability

Real-world data

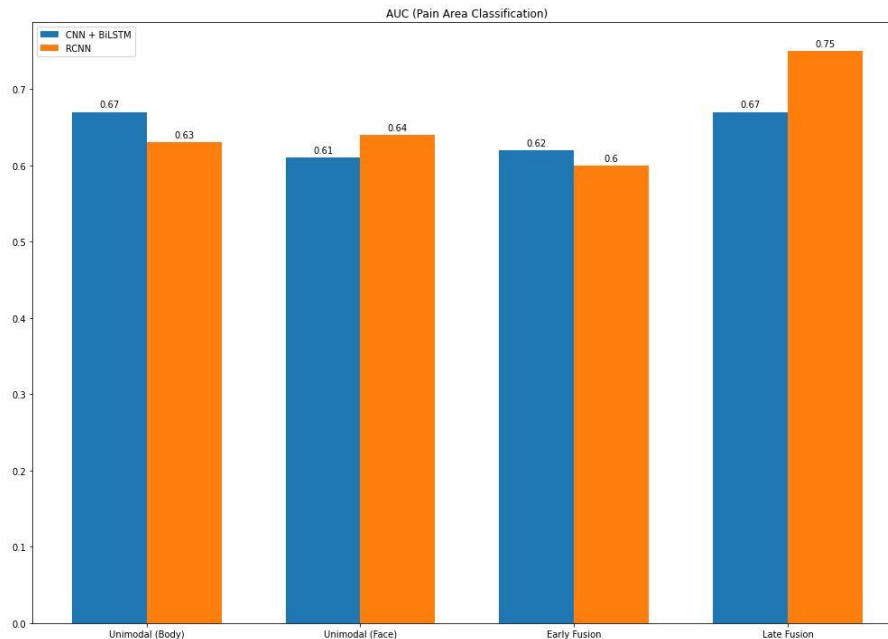


# PAIN AREA CLASSIFICATION

## Multiclass classification:

Back Region, Head and Neck

Lower Body, Upper Body



# PAIN AREA CLASSIFICATION

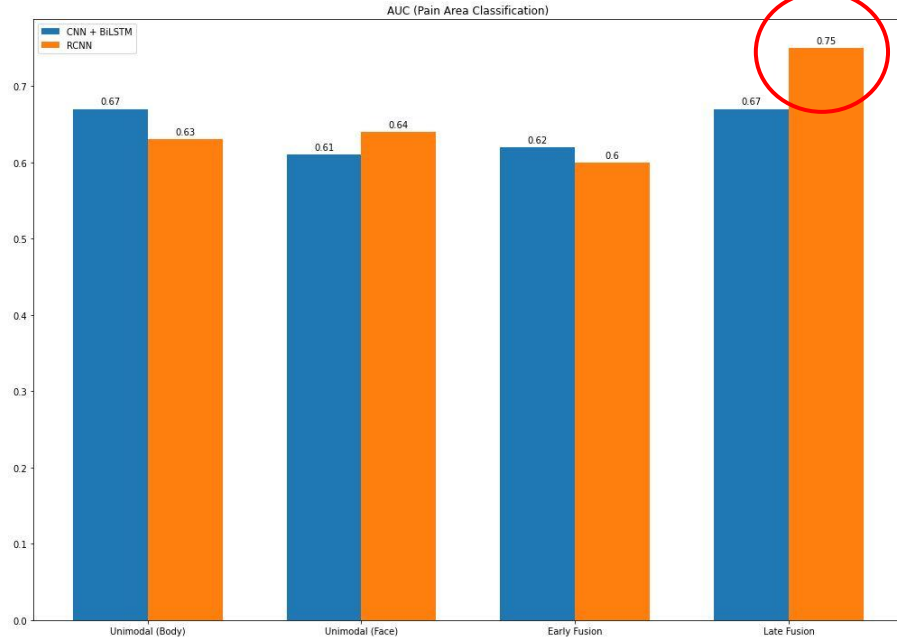
Multiclass classification:

Back Region, Head and Neck  
Lower Body, Upper Body

Best-performing model

Never used before

Multioutput classification



# BODY CONTRIBUTION TO BIMODAL APPROACH

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Body weight by ensembles

Low performance for two objectives

Metric	Pain Recognition	Pain Intensity	Pain Area
Accuracy	100.00%	53.68%	39.39%
AUC	0.71	0.61	0.54
Precision	1.00	0.40	0.31
Recall	1.00	0.38	0.30
F-1 Score	1.00	0.30	0.26

# BODY CONTRIBUTION TO BIMODAL APPROACH

Body weight by ensembles

Low performance for two objectives

→

Body	CNN-BiLSTM	(weight: 0.0928)	Area
Face	CNN-BiLSTM	(weight: 0.8981)	
Body	RCNN	(weight: 0.0073)	
Face	RCNN	(weight: 0.0019)	

→

Body	CNN-BiLSTM	(weight: 0.0037)	Intensity
Face	CNN-BiLSTM	(weight: 0.8544)	
Body	RCNN	(weight: 0.1301)	
Face	RCNN	(weight: 0.0117)	

Metric	Pain Recognition	Pain Intensity	Pain Area
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# BODY CONTRIBUTION TO BIMODAL APPROACH

Body weight by ensembles

Low performance for two objectives

Best-performing pain recognition

Performance across all thresholds

→ Body CNN-BiLSTM (weight: 0.6587)  
→ Face CNN-BiLSTM (weight: 0.2500)  
Body RCNN (weight: 0.0899)  
Face RCNN (weight: 0.0014)

Recognition

Metric	Pain Recognition	Pain Intensity	Pain Area
Accuracy	100.00%	53.68%	39.39%
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# CONCLUSIONS

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Basis for future studies

Promising unimodal body results (**RQ1**)

Pain area classification opportunity (**RQ2**)

Results show an affirmative indication (**RQ3**)



# FUTURE WORK

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Multioutput classification

Explainable AI (XAI) and feature importance

Combinations with other modalities

Audio, Physiological signals (e.g. muscle activity)

Different architectures and fusion strategies

Thank you!