

Variable	Included, N = 83 <sup>1</sup>	Excluded after trial, N = 23 <sup>1</sup>	Excluded before trial, N = 7 <sup>1</sup>
Age [y]	35.70 (17.16)	37.87 (20.13)	52.00 (21.54)
<b>Age group [y]</b>			
18-24	30 (36%)	9 (39%)	0 (0%)
25-34	18 (22%)	5 (22%)	2 (29%)
35-44	13 (16%)	0 (0%)	1 (14%)
45-54	9 (11%)	3 (13%)	0 (0%)
55-64	8 (9.6%)	5 (22%)	1 (14%)
>64	5 (6.0%)	1 (4.3%)	3 (43%)
<b>Sex</b>			
Female	43 (52%)	17 (74%)	3 (43%)
Male	40 (48%)	6 (26%)	4 (57%)
<b>Uses visual aid</b>			
No	57 (69%)	16 (70%)	3 (43%)
Yes - myopia correction	18 (22%)	5 (22%)	2 (29%)
Yes - hyperopia correction	8 (9.6%)	2 (8.7%)	2 (29%)
<b>Wearing contact lenses during trial</b>	16 (19%)	5 (22%)	2 (29%)
<b>BMI</b>	22.96 (3.47)	22.07 (3.93)	26.39 (5.79)
<b>Iris colour</b>			
Blue	25 (30%)	9 (39%)	0 (NA%)
Hazel/Green	17 (20%)	8 (35%)	0 (NA%)
Brown	41 (49%)	6 (26%)	0 (NA%)
<b>Weather during trial</b>			
Light rain	9 (11%)	0 (0%)	0 (NA%)
Very cloudy	16 (19%)	7 (30%)	0 (NA%)
Cloudy	14 (17%)	1 (4.3%)	0 (NA%)
Somewhat cloudy	11 (13%)	5 (22%)	0 (NA%)
Sunny	33 (40%)	10 (43%)	0 (NA%)
<b>Season</b>			
Spring	7 (8.4%)	5 (22%)	1 (14%)
Summer	40 (48%)	9 (39%)	3 (43%)
Autumn	16 (19%)	5 (22%)	0 (0%)
Winter	20 (24%)	4 (17%)	3 (43%)
<sup>1</sup> Mean (SD); n (%)			