

A Day in Your Clothes



Vol 2.1

Angelina wearing Holly's clothes

hi friend!

Thank you for agreeing to switch clothes with me! I know agreeing to this takes vulnerability and I am very grateful for your trust <3 First and foremost, I want to emphasize that I really respect your relationship with how you dress, and understand that there are many factors that go into that. Please know that you are in control during this whole experience, and I want you to be comfortable. If I give you something that would be uncomfortable to wear in any way, you definitely don't have to wear it! If at any point during the day you're feeling like you can't be in my clothes anymore, take them off! Your well-being matters the most to me during this process, and I want the experience to be fun rather than unpleasant.

I'm excited for our switch and hope you are too! This zine will guide you through what to expect, and provide blank pages + prompts for reflection for you to fill out throughout the day. At the end of the day, we'll get together and have a casual interview/conversation about our experiences during the day, and I'll collect this zine from you then as well.

hope you have a great day!

love, Angelina

Here's a rough outline of what to expect over the next day or so!

Day before our switch:

☒ Pick out our clothes! For things like pants that need to fit well, we can agree to wear our own clothes that are in the style of what the other person would pick.

Morning of our switch:

☒ Put on the clothes!
☒ Note down approximately what time you started your day in the **About You** page to the right.

Throughout the day:

☐ Go about your day, live your best life
☐ Note down how you feel using the prompts in this booklet, or any other way you want!
☐ Take photos of any parts/details of the clothes that make them interesting or surprising to wear, and text them to me

Afternoon / evening of our switch:

☐ Whenever you're ready, feel free to take off my clothes. Whew! We did it!
☐ Note down when you changed back.
☐ We'll get together during the evening to recap our days and discuss the experience together, using the questions in this booklet as a guide.

Info

Name:

Angelina

Switching with:

Holly

How long have we known each other?

Around 3 and a half years

Today's date:

Start time:

End time:

Wed, Feb 9 2022

9:45 am

6:30 pm

Please describe the outfit you are wearing today:

Forest green cotton shirt (loose) with maroon polo logo, black denim pants (straight leg, high waisted, cuffed) orange socks, dark periwinkle jacket, earrings from Horro's monkey castle. And WHITE SHOES :)

What are you doing today? (classes, coop, extracurriculars, etc)

homework, Zoom therapy, Dao Arts with Avg Boston Public library, Trader Joe's

Documentation!

Instructions: Please document your experience by marking up this book throughout the day, using the prompts on each page as a starting point. This part is really loose!!! Some ideas for documentation include:

- Draw / write / mark up this book!
- If you want to draw on other things and tuck them into this book, that would be amazing!
- Voice memos
- Photos (Selfies?) and videos
- Text me!!! I'd love to hear

First impressions!

- Clothes smell different from my clothes! but not necessarily a scent I'd associate with Holly
- These pants are too long for me! Which is incredible because usually pants are too short. Need to ask where you got these
- The super high waist is also nice, feels comforting & secure
- Overall this feels a bit like when I've tried on my brother's clothes

1. How do you feel throughout the day wearing my clothes?

- Feel great overall, love the silhouette of the shirt tucked into the pants (I look like the boy from Castle in the Sky!)
- feel like the main character going to Boston Public Library
- I feel a bit plainly dressed when I took off the jacket at Pao Arts Center - usually if I am going to an art gallery, I wear lots of colors & patterns

2. Do you think other people perceive you differently? In what ways? How does it make you feel?

was near Emerson today, and felt really cool as I passed by some students on the street (like I belonged w/ their style). Generally felt "cool" whereas usually I feel "cute" and "soft" and "gentle".

3. Did you accessorize differently than you normally would today?

Holly gave me Howl's moving castle earrings, which I love ♪

4. **Photo prompt!** What stands out to you about this outfit? Please take close-up photos of the details that you have specific feelings about and text them to me!

Things that stood out:

- pants that have huge pockets!
- pants that are TOO LONG (usually the opposite happens, I am delighted)

5. How would you describe your style?

- colorful & bright
- usually tight-fitting clothes
- fun earrings

6. What is your relationship to how you dress, and how does your identity play into that?

• NOT identity, but realizing I wear tighter clothes in general because they keep me warmer than loose clothes

I liked that the jacket was part of the outfit! Usually I treat jackets as something to keep me warm and not as part of the look.

7. Were you surprised by anything during the experience of switching clothes?

Surprised by how much I liked the looser fit of the pants + jacket! And really glad I didn't get Holly's ^{white} shoes dirty 😊

8. How does it feel getting back into your own clothes again?

Amazing because I was getting cold, but sad to change out of the pants because I loved how they looked & fit & made me feel.

free space for documentation :)



I felt very cocooned and
protected in my layers today
(big jacket!) as well as
effortlessly cool ~

