

A Day in Your Clothes



Vol 2.2

Holly wearing Angelina's clothes

hi friend!

Thank you for agreeing to switch clothes with me! I know agreeing to this takes vulnerability and I am very grateful for your trust <3 First and foremost, I want to emphasize that I really respect your relationship with how you dress, and understand that there are many factors that go into that. Please know that you are in control during this whole experience, and I want you to be comfortable. If I give you something that would be uncomfortable to wear in any way, you definitely don't have to wear it! If at any point during the day you're feeling like you can't be in my clothes anymore, take them off! Your well-being matters the most to me during this process, and I want the experience to be fun rather than unpleasant.



thank
you
♡

I'm excited for our switch and hope you are too! This zine will guide you through what to expect, and provide blank pages + prompts for reflection for you to fill out throughout the day. At the end of the day, we'll get together and have a casual interview/conversation about our experiences during the day, and I'll collect this zine from you then as well.

hope you have a great day!

love, Angelina

Here's a rough outline of what to expect over the next day or so!

Day before our switch:

☒ Pick out our clothes! For things like pants that need to fit well, we can agree to wear our own clothes that are in the style of what the other person would pick.

Morning of our switch:

☒ Put on the clothes!
☒ Note down approximately what time you started your day in the **About You** page to the right.

Throughout the day:

☒ Go about your day, live your best life
☒ Note down how you feel using the prompts in this booklet, or any other way you want!
☐ Take photos of any parts/details of the clothes that make them interesting or surprising to wear, and text them to me

Afternoon / evening of our switch:

☐ Whenever you're ready, feel free to take off my clothes. Whew! We did it!
☐ Note down when you changed back.
☐ We'll get together during the evening to recap our days and discuss the experience together, using the questions in this booklet as a guide.

Info

Name:

Holly Lovejoy

Switching with:

Angelina Han

How long have we known each other?

4 years!

Today's date:

2/9/22

Start time:

10:30 am

End time:

Please describe the outfit you are wearing today:

a beautiful blue cozy knit cardigan/sweater
colorful striped long sleeve crop tee
~~black leggings~~ blue jeggings
brown blundstone boots
beautiful gold and red heart earrings
dark blue puffy coat



What are you doing today? (classes, coop, extracurriculars, etc)

biking in the morning - I will not wear your clothes for this lol
briefly meeting up with someone on campus
working in scout hq
webdev class 2:50-4:30
homework i back at my apartment
probably stopping by caffè nero at some point

Documentation!

what is this
typeface?
I love it

Instructions: Please document your experience by marking up this book throughout the day, using the prompts on each page as a starting point. This part is really loose!!! Some ideas for documentation include:

- Draw / write / mark up this book!
- If you want to draw on other things and tuck them into this book, that would be amazing!
- Voice memos
- Photos (Selfies?) and videos
- Text me!!! I'd love to hear

1. How do you feel throughout the day wearing my clothes?

- in the morning before I left my house
 - more nervous than I anticipated
 - kept looking in the mirror - not in a bad way - more like I was seeing something ~~new~~ I wasn't used to
 - tried the leggings, they were too uncomfortable for me (emotionally? not physically)

→ once I left the house

- felt less nervous & more excited
 - enjoyed feeling different
2. Do you think other people perceive you differently? In what ways? How does it make you feel?

Yes, but I can't yet articulate how I feel perceived differently. I still have the comfort of colors & jewelry, but I don't have the shape & silhouette of my normal clothes. I feel perceived as more feminine - tighter shirt, flowy cardigan, tighter leg pants. I feel most comfortable dressing a little less feminine - more mens clothing, baggier shapes.

3. Did you accessorize differently than you normally would today?

I am so in love with the earrings!

I wore some gold rings to match (I usually wear silver).

I was inspired by warm red and gold colors while doing my makeup
↳ dark red soft eyeliner, red/pink eyeshadow base, gold sparkles

4. **Photo prompt!** What stands out to you about this outfit? Please take close-up photos of the details that you have specific feelings about and text them to me!

5. How would you describe your style?

A mix of traditionally feminine and masculine clothing. Usually mens tees, sneakers, coats, jackets. Relaxed fit pants. Delicate accessories. Makeup is optional, but fun.

Big coats :)
I like to be warm and comfy.
Generally pretty conservative (no low cut or short shorts)

6. What is your relationship to how you dress, and how does your identity play into that?

Body Image



informs the silhouette of pants & coats

Gender Identity



informs the gender presentation of the clothes I wear

Sexuality



informs how I accessorize, style my hair, style my outfits

7. Were you surprised by anything during the experience of switching clothes?

I lacked the confidence that I usually have. I felt more timid and small like I was taking up less space. I think this is because I felt more feminine. Wearing more masculine clothing helps me move through the world more boldly. It makes me feel like I don't have to be anything. Feminine clothing makes me feel subject to so many standards and judgements and expectations, for how I should look and act.

8. How does it feel getting back into your own clothes again?

free space for documentation :)

more thoughts:

- the shoes felt very natural for me, almost as if I already owned them
- the striped shirt felt like a more vibrant extension of some shirts I already own → it makes me want to add more color to my wardrobe
- oddly the coat made me feel more uncomfortable than I thought. I usually wear mens coats, which are baggier and more square. This coat was more fitted and curved in at my waist, which made me feel more "womanly" and less like myself.
- I just want to say that I LOVE and admire your style so much, and I don't want you to think that any of my negative comments are about the clothes themselves or how you wear them. My comments are purely about my experiences wearing different clothes than I normally do!



thank you for participating!

