

## A Day in Your Clothes



Vol 4.2

Kyle wearing Angelina's clothes

*hi friend!*

Thank you for agreeing to switch clothes with me! I know agreeing to this takes vulnerability and I am very grateful for your trust <3 First and foremost, I want to emphasize that I really respect your relationship with how you dress, and understand that there are many factors that go into that. Please know that you are in control during this whole experience, and I want you to be comfortable. If I give you something that would be uncomfortable to wear in any way, you definitely don't have to wear it! If at any point during the day you're feeling like you can't be in my clothes anymore, take them off! Your well-being matters the most to me during this process, and I want the experience to be fun rather than unpleasant.

I'm excited for our switch and hope you are too! This zine will guide you through what to expect, and provide blank pages + prompts for reflection for you to fill out throughout the day. At the end of the day, we'll get together and have a casual interview/conversation about our experiences during the day, and I'll collect this zine from you then as well.

hope you have a great day!

*love, Angelina*

Here's a rough outline of what to expect over the next day or so!

### ***Day before our switch:***

☐ Pick out our clothes! For things like pants that need to fit well, we can agree to wear our own clothes that are in the style of what the other person would pick.

### ***Morning of our switch:***

☐ Put on the clothes!  
☐ Note down approximately what time you started your day in the **INFO** page to the right.

### ***Throughout the day:***

☐ Go about your day & live your best life  
☐ Note down how you feel using the prompts in this booklet, or any other way you want!  
☐ Take photos of any parts/details of the clothes that make them interesting or surprising to wear, and text them to me

### ***Afternoon / evening of our switch:***

☐ Whenever you're ready, feel free to take off my clothes. Whew! We did it!  
☐ Note down when you changed back.  
☐ We'll get together during the evening to recap our days and discuss the experience together, using the questions in this booklet as a guide.

## **INFO**

Name:

Kyle

Switching with:

~~ 2.75 Years

How long have we known each other?

~~ 2.75 Years

Today's date:

2/24/22

Start time:

9:15am

End time:

6:00 pm

Please describe the outfit you are wearing today:

Orange-y brown cargo joggers + Blue Striped  
Shirt + Japanese Breakfast T-Shirt +  
Blue / Brown Square Dangle Earrings !

What are you doing today? (classes, coop, extracurriculars, etc)

One class + Doing some School walk  
around Campus

# Documentation!

Instructions: Please document your experience by marking up this book throughout the day, using the prompts on each page as a starting point. This part is really loose!!! Some ideas for documentation include:

- Draw / write / mark up this book!
- If you want to draw on other things and tuck them into this book, that would be amazing!
- Voice memos
- Photos (Selfies?) and videos
- Text me!!! I'd love to hear how it's going!

1. First impressions! How do you feel right after putting on the clothes?

I feel like Angelina! The pants are very different from anything else I own. And the earrings make me feel slightly girly.

2. What accessories (if any) did you wear today? Are they the same or different to ones you normally wear? (write or draw or photograph)

Angelina's earrings feel much more feminine than mine! More earthy vibes too

Angelina's



Mine



3. Please mark below where you feel most aware of the clothes during the day



4. **Photo prompt!** What stands out to you about this outfit? Please take close-up photos of any details that you have thoughts on and text them to me!



5. Describe this outfit in 3 words:

Nature-core    Little[x] Big[y]    Flowy

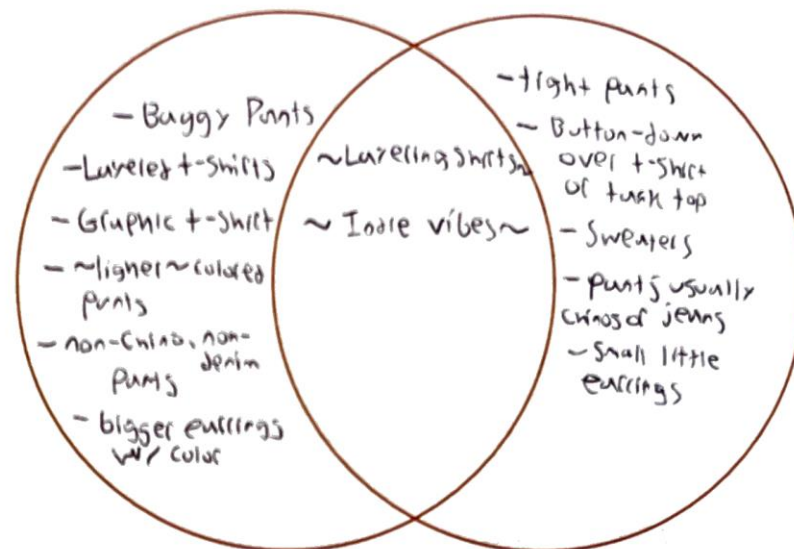
6. What do you **LIKE** and **DISLIKE** about wearing these clothes?

LIKES	DISLIKES
<ul style="list-style-type: none"> <li>- Shirts are soft + cozy, stylish and make me feel warm</li> <li>- Color matching feels stylish</li> <li>- Japanese Breakfast shirt feels cool</li> </ul>	<ul style="list-style-type: none"> <li>- Pants are bigger/looser than I am used to</li> <li>- Earrings make me feel ~looked at~</li> </ul>

7. Compare & contrast the style of these clothes with your usual style!

THESE CLOTHES

YOUR USUAL STYLE

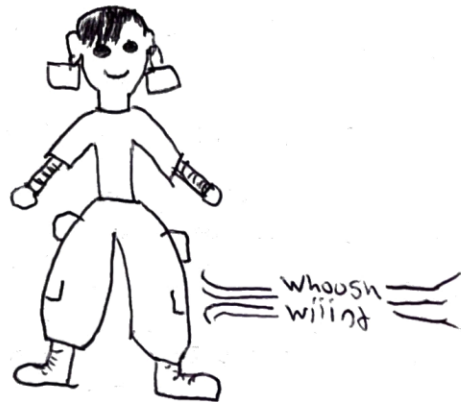


8. End of day check-in: How did you feel throughout the day wearing someone else's clothes?

Weirder than I ~~thought~~ I would! I don't always wear hyper-masculine clothes. So I thought this would be a walk in the park! I did however notice feeling pretty self-aware throughout the day. I saw a couple people outside of class who I vaguely knew, and wondered if they noticed me looking ~different~. The earrings made me feel def a little girly, and I feel like a disproportionate amount of my self awareness surrounded that. Also I was a lil cold in the pants lol. But it was also fun! Like cosplay.

free space - draw how you felt today!

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thank you for participating!

