

## A Day in Your Clothes



Vol 4.1

Angelina wearing Kyle's clothes

*hi friend!*

Thank you for agreeing to switch clothes with me! I know agreeing to this takes vulnerability and I am very grateful for your trust <3 First and foremost, I want to emphasize that I really respect your relationship with how you dress, and understand that there are many factors that go into that. Please know that you are in control during this whole experience, and I want you to be comfortable. If I give you something that would be uncomfortable to wear in any way, you definitely don't have to wear it! If at any point during the day you're feeling like you can't be in my clothes anymore, take them off! Your well-being matters the most to me during this process, and I want the experience to be fun rather than unpleasant.

I'm excited for our switch and hope you are too! This zine will guide you through what to expect, and provide blank pages + prompts for reflection for you to fill out throughout the day. At the end of the day, we'll get together and have a casual interview/conversation about our experiences during the day, and I'll collect this zine from you then as well.

hope you have a great day!

*love, Angelina*

Here's a rough outline of what to expect over the next day or so!

### Day before our switch:

☒ Pick out our clothes! For things like pants that need to fit well, we can agree to wear our own clothes that are in the style of what the other person would pick.

### Morning of our switch:

- ☒ Put on the clothes!
- ☒ Note down approximately what time you started your day in the **INFO** page to the right.

### Throughout the day:

- ☐ Go about your day & live your best life
- ☐ Note down how you feel using the prompts in this booklet, or any other way you want!
- ☐ Take photos of any parts/details of the clothes that make them interesting or surprising to wear, and text them to me

### Afternoon / evening of our switch:

- ☐ Whenever you're ready, feel free to take off my clothes. Whew! We did it!
- ☐ Note down when you changed back.
- ☐ We'll get together during the evening to recap our days and discuss the experience together, using the questions in this booklet as a guide.

## INFO

Name:

Angelina

Switching with:

Kyle

How long have we known each other?

Almost 3 years

Today's date:

02/24/2022

Start time:

10 AM

End time:

~6 PM

Thursday

Please describe the outfit you are wearing today:

Dark bluish gray slim cut jeans, cream T shirt under a blue Billy Joel baseball jersey, dark wash jean jacket, dark brown belt, silver pendant/choker with plant, goblet, and sword motif.

outerwear accessories - white/gray fingerless gloves  
checked dark brown cream scarf (very soft)

What are you doing today? (classes, coop, extracurriculars, etc)

Data visualization class, media Arts (capstone class), visiting my old art professor



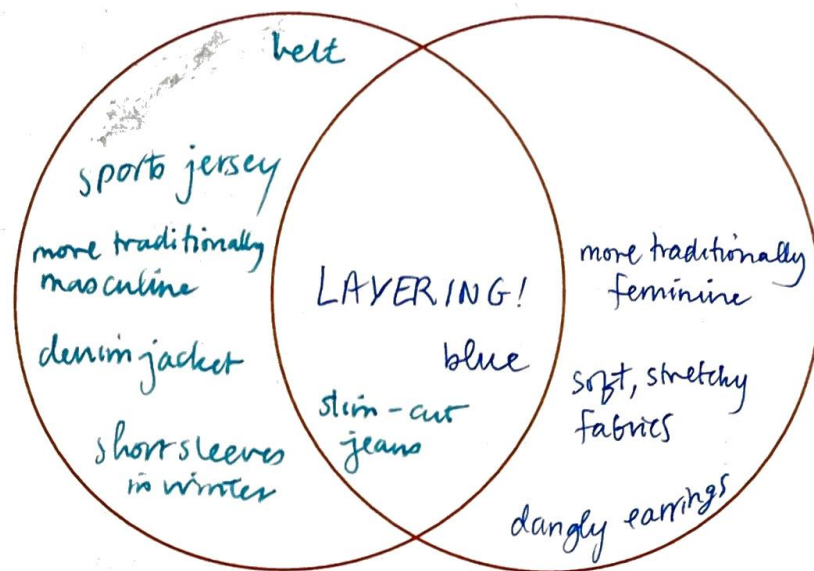
5. Describe this outfit in 3 words:

bro-y? masculine layered blue

7. Compare & contrast the style of these clothes with your usual style!

THESE CLOTHES

YOUR USUAL STYLE



6. What do you **LIKE** and **DISLIKE** about wearing these clothes?

LIKES	DISLIKES
<ul style="list-style-type: none"> <li>The pants are incredible!!</li> <li>Denim jacket is surprisingly warm!</li> </ul>	<ul style="list-style-type: none"> <li>The jersey - I feel very uncomfortable because it doesn't reflect the real me. Feels like I'm putting out the wrong signals by wearing it.</li> </ul>

8. End of day check-in: How did you feel throughout the day wearing someone else's clothes?

Overall, the structure of the outfit was similar to something I'd wear myself (lots of different pieces layered on top of each other). But I felt so uncomfortable being seen in the jersey because I felt it was making a statement about me that I didn't believe in. In my mind, the Billy Joel baseball jersey is something that I'd most likely see on a white man. Given that I am a young Asian woman, I felt embarrassed to be dressed like a white man because that is so far from how I identify. I also felt weird when I visited my old art professor. Usually in that situation, I would try to dress more "artsy". I was self-conscious that her current students might question how artsy I really was, when I showed up dressed like this.

free space - draw how you felt today!

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← feeling cool  
because of the  
jean jacket

but also

Glad it's cold  
out so less people  
see me wearing a  
baseball jersey!



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thank you for participating!

