

A Day in Your Clothes



Vol 5.1
Angelina wearing Ava's clothes

hi friend!

Thank you for agreeing to switch clothes with me! I know agreeing to this takes vulnerability and I am very grateful for your trust <3 First and foremost, I want to emphasize that I really respect your relationship with how you dress, and understand that there are many factors that go into that. Please know that you are in control during this whole experience, and I want you to be comfortable. If I give you something that would be uncomfortable to wear in any way, you definitely don't have to wear it! If at any point during the day you're feeling like you can't be in my clothes anymore, take them off! Your well-being matters the most to me during this process, and I want the experience to be fun rather than unpleasant.

I'm excited for our switch and hope you are too! This zine will guide you through what to expect, and provide blank pages + prompts for reflection for you to fill out throughout the day. At the end of the day, we'll get together and have a casual interview/conversation about our experiences during the day, and I'll collect this zine from you then as well.

hope you have a great day!

love, Angelina

Here's a rough outline of what to expect over the next day or so!

Day before our switch:

- Pick out our clothes! For things like pants that need to fit well, we can agree to wear our own clothes that are in the style of what the other person would pick.

Morning of our switch:

- Put on the clothes!
- Note down approximately what time you started your day in the INFO page to the right.

Throughout the day:

- Go about your day & live your best life
- Note down how you feel using the prompts in this booklet, or any other way you want!
- Take photos of any parts/details of the clothes that make them interesting or surprising to wear, and text them to me

Afternoon / evening of our switch:

- Whenever you're ready, feel free to take off my clothes. Whew! We did it!
- Note down when you changed back.
- We'll get together during the evening to recap our days and discuss the experience together, using the questions in this booklet as a guide.

INFO

Name:

Angelina

Switching with:

Ava

How long have we known each other?

Since Fall 2019 - 2.5 years?

Today's date: Start time: End time:

Friday, March 4

11:30 AM

6:30 PM - 1st outfit
~midnight/1AM -
second outfit

2022

Please describe the outfit you are wearing today:

outfit 1: flowy, semi sheer red dress. Has flutter sleeves, A-line skirt, hits just past the knees. Red hair ribbon, black slip skirt underdress. White spike earrings, white & black eyeliner, Chanel NO. 5 perfume.

outfit 2: red cardigan, pants are everywhere t-shirt (+ leggings)

What are you doing today? (classes, coop, extracurriculars, etc)

Slow morning at home, BPL, haircut in Chinatown, hang out with roommate at home

Documentation!

Instructions: Please document your experience by marking up this book throughout the day, using the prompts on each page as a starting point. This part is really loose!!! Some ideas for documentation include:

- Draw / write / mark up this book!
- If you want to draw on other things and tuck them into this book, that would be amazing!
- Voice memos
- Photos (Selfies?) and videos
- Text me!!! I'd love to hear how it's going!

1. First impressions! How do you feel right after putting on the clothes?

Red dress and red hair ribbon combo make me feel amazing! I usually am nervous of dressing so boldly - I actually have a red dress that I've never worn out because it seems too. I'm nervous that a lot of people will look at me. Maybe wearing this today will help me get over that.

I feel powerful, beautiful, sexy, and elegant in this outfit. I actually feel so good in this outfit that I'm questioning why I don't wear things that make me feel beautiful and hot more often. I think I'm afraid of ① people looking at me ② hyperfemininity.

Note: I tried on the bra you gave me but didn't end up wearing it because it didn't fit, & I didn't want to be focusing on that all day. But it was so pretty! Trying it on was interesting, I have never worn something so intimate from another person.

2. What accessories (if any) did you wear today? Are they the same or different to ones you normally wear? (write or draw or photograph)

Ava gave me some earring options - after trying them on, I choose the white 3D printed ones because I thought the sharpness & contrast against my hair pulled the outfit together. I did white graphic liner à la Ava - it was very difficult because it required precision!

3. Please mark on the figure where you are most aware of the clothes you are wearing



- Photo prompt!** Take pictures of the parts of clothing that you marked on the figure

4. How does your identity and personality usually relate to your clothing style?

I am a pretty reserved person, so I usually wear clothes that don't draw a lot of attention.

5. Describe this outfit in 3 words:

red eyecatching feminine
movement

6. What do you **LIKE** and **DISLIKE** about wearing these clothes?

LIKES	DISLIKES
<ul style="list-style-type: none">• My favorite part might be this red hair ribbon. I feel so beautiful wearing it and love how it drapes over my shoulder & down my back• dress is so flowy & red! feels really good to wear. feeling hot!	<ul style="list-style-type: none">• I don't think I did the graphic liner very well - feeling self conscious because this outfit says "look at me!" but my makeup is messy.

7. Compare & contrast the style of these clothes with your usual style!

THESE CLOTHES

YOUR USUAL STYLE



8. End of day check-in: How did you feel throughout the day wearing someone else's clothes?

I felt beautiful in this red dress, but I also got more unwanted male attention in public than I normally do. I felt super confident in the morning wearing this outfit at home, but when I went out a random man tried to talk to me, and I noticed men looking me up and down on the street. This was while I was wearing a jacket, I don't know if it would've happened more without the jacket.
→ Some positive things though!
- I went to BPL and felt like THE main character, strolling among the John Singer Sargent murals in this bright red dress & bow! I even took a video of myself in public which I never do! But I felt really confident in this outfit.
- When I got my haircut the stylist asked if I had an event later... I laughed inwardly as I said no (CONT →)

9. Draw how you felt today!

As I was walking to BPL,

the wind picked up &

the red ribbon in my hair

was fluttering every which way.

I felt like the main character
felt so beautiful and confident

I thought about how red is a
lucky color in our culture

How I feel activated through it



Characters I reminded myself of
with the red ribbon :

- Kiki from Kiki's Delivery Service
- Wei Wuxian from The Untamed
(陈情令)

(CONT.) because the first time I remember seeing Ava
wear this dress, our professor also asked her if it was
a special occasion and she said "Being alive?"
SO MUCH POWER wearing "special occasion" clothes
everyday.

→ Around 6:30 / 7pm when I got home, I changed
into Ava's comfy outfit (t shirt, fleece cardigan).
I was very comforting because I've seen her wear
those pieces many times and they smelled like her.
thank you for participating! :)

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