

A Day in Your Clothes



Vol 1.1

Angelina wearing Reilly's clothes

hi friend!

Thank you for agreeing to switch clothes with me! I know agreeing to this takes vulnerability and I am very grateful for your trust <3 First and foremost, I want to emphasize that I really respect your relationship with how you dress, and understand that there are many factors that go into that. Please know that you are in control during this whole experience, and I want you to be comfortable. If I give you something that would be uncomfortable to wear in any way, you definitely don't have to wear it! If at any point during the day you're feeling like you can't be in my clothes anymore, take them off! Your well-being matters the most to me during this process, and I want the experience to be fun rather than unpleasant.

I'm excited for our switch and hope you are too! This zine will guide you through what to expect, and provide blank pages + prompts for reflection for you to fill out throughout the day. At the end of the day, we'll get together and have a casual interview/conversation about our experiences during the day, and I'll collect this zine from you then as well.

hope you have a great day!

love, Angelina

Here's a rough outline of what to expect over the next day or so!

Day before our switch:

☐ Pick out our clothes! For things like pants that need to fit well, we can agree to wear our own clothes that are in the style of what the other person would pick.

Morning of our switch:

☐ Put on the clothes!
☐ Note down approximately what time you started your day in the **INFO** page to the right.

Throughout the day:

☐ Go about your day & live your best life
☐ Note down how you feel using the prompts in this booklet, or any other way you want!
☐ Take photos of any parts/details of the clothes that make them interesting or surprising to wear, and text them to me

Afternoon / evening of our switch:

☐ Whenever you're ready, feel free to take off my clothes. Whew! We did it!
☐ Note down when you changed back.
☐ We'll get together during the evening to recap our days and discuss the experience together, using the questions in this booklet as a guide.

INFO

Name:

Angelina

Switching with:

Reilly

How long have we known each other?

Around 8 months

Today's date:

2/3/22

Start time:

10:30 am

End time:

5:30 pm

Please describe the outfit you are wearing today:

Soft gray top with cutout detail on the right shoulder, light wash straight leg jeans with rips, gold geometric medallion earrings

What are you doing today? (classes, coop, extracurriculars, etc)

Going to 2 classes - data visualization and media arts capstone

Documentation!

Instructions: Please document your experience by marking up this book throughout the day, using the prompts on each page as a starting point. This part is really loose!!! Some ideas for documentation include:

- Draw / write / mark up this book!
- If you want to draw on other things and tuck them into this book, that would be amazing!
- Voice memos
- Photos (Selfies?) and videos
- Text me!!! I'd love to hear how it's going!

1. First impressions! How do you feel right after putting on the clothes?

SO SOFT! The top is really soft ☺

I'm not used to wearing ripped jeans and cutout shirts, but I don't mind it so far!

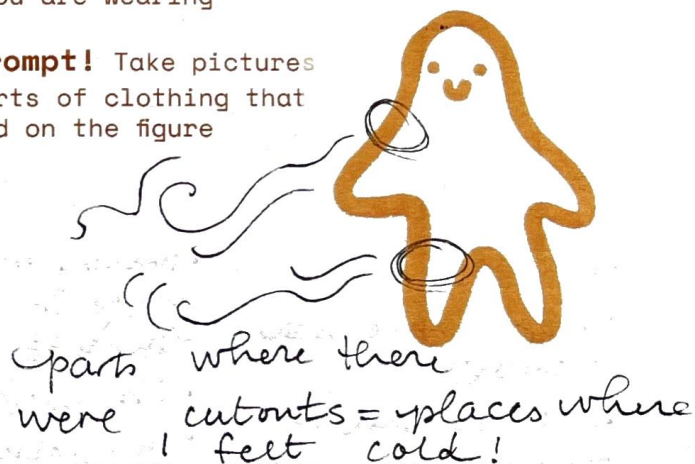
This outfit feels trendier than things I usually wear

2. What accessories (if any) did you wear today? Are they the same or different to ones you normally wear? (write or draw or photograph)

I wore neutral eyeshadow today because this seemed like a neutral toned outfit

3. Please mark on the figure where you are most aware of the clothes you are wearing

Photo prompt! Take pictures of the parts of clothing that you marked on the figure



4. How does your identity and personality usually relate to your clothing style?

As it relates to this outfit, usually I don't wear things that look currently popular. I usually like wearing something that is unique to me / expressive. I like to be perceived as artistic & quirky (lol) while I enjoyed this outfit, it didn't feel like it projected the ~creative~ side of me that I usually show via clothing.

5. Describe this outfit in 3 words:

soft cutouts trendy

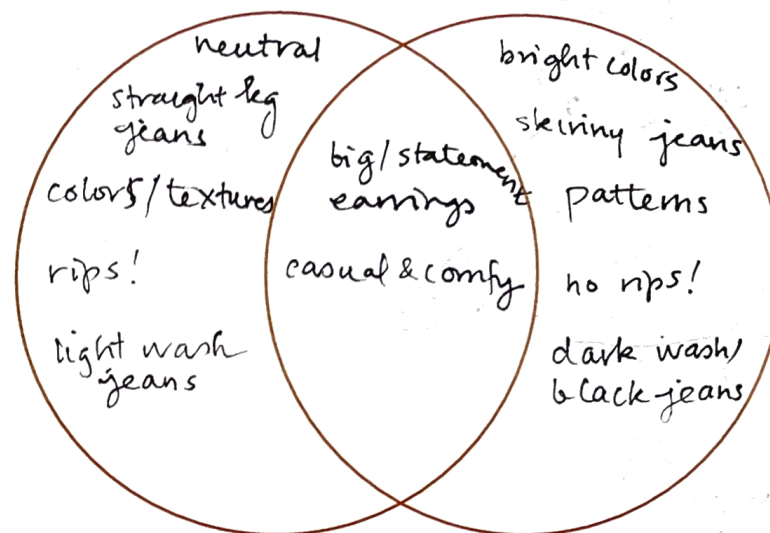
6. What do you **LIKE** and **DISLIKE** about wearing these clothes?

LIKES	DISLIKES
<ul style="list-style-type: none"> • very soft • ripped knee in the jeans • the earrings! I used to wear big earrings a lot more freshman year so this feels like a return to my past self. 	<ul style="list-style-type: none"> • wearing grey doesn't make me feel very energetic • I'm cold • my shoulder slips out of the cutouts sometimes

7. Compare & contrast the style of these clothes with your usual style!

THESE CLOTHES

YOUR USUAL STYLE



8. End of day check-in: How did you feel throughout the day wearing someone else's clothes?

I was a little cold at first with my knee exposed to the cold air, but eventually I got used to it which I did not expect!

I own a pair of overalls with rips, but I got them in December so I haven't worn them outside because I thought I'd be cold. I'm gonna wear them more now I think.

I also met someone new for the first time today while in Reilly's clothes, which was weird for me because I didn't look like myself

9. Draw how you felt today!



thank you for participating! :)

