

EMERGENCY KIT



EMERGENCY HOTLINES

CAINTA PNP	377 64 19 / 0947 509 3039
CAINTA BPF/ DISASTER RESCUE	654 49 77
CAINTA MUNICIPAL HOSPITAL	477 54 85 / 655 77 46
OFFICE OF THE MAYOR	655 27 69 / 655 54 09
MSWDO	656 62 19
MUNICIPAL HEALTH OFFICE	656 95 05 / 654 68 65
MUN. ENGINEERING OFFICE	477 99 83

BARANGAY HOTLINES

SAN ANDRES	646 32 06
SAN ISIDRO	645 45 87 / 681 89 82
SAN JUAN	685 16 79
SAN ROQUE	497 82 81
STO. DOMINGO	570 44 92 / 240 27 57
STO. NINO	470 18 28
STA. ROSA	248 03 30

— CAINTA —

FLOOD HAPPENS, ARE YOU READY?



SAFETY REMINDER ON WHAT TO DO
TO PROTECT YOURSELF AND YOUR
PROPERTY.

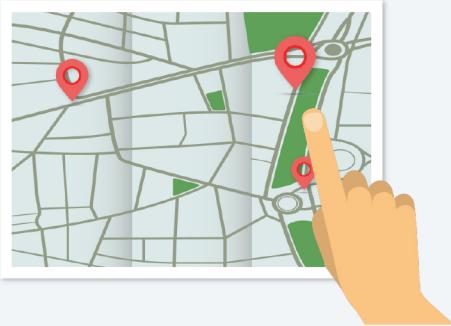


www.floodsafecainta.com

10 WAYS TO SURVIVE A FLOOD

BEFORE

- Know about your local evacuation centers and evacuation routes.



- Keep emergency supplies, kits and first-aid items.
- Fold and roll up anything onto higher ground (or upper floors of your home). Make sure everything that is of importance is secured.



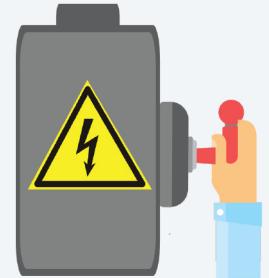
DURING

- Flash floods occur in a short spate of time. As soon as they start, be quick, keep safe and ensure that children and elderly are safe by leaving the house to a higher ground.
- Turn off all electrical appliances, gas, heating and the like if there is a bit of time. Stay away from power lines or broken power transmission cables..
- Stay Informed with the latest weather updates
- Preserve your gadget's battery life. Use it to watch or read news and to communicate with relative and friends.
- Leave the area before it gets too late. Do not drive through the water as moving water can sweep you away.



AFTER

- Keep all power and electrical appliance off until the house is cleaned up properly and electrical personnel has confirmed that it is OK to put them on.



- Clean the entire home, together with all the objects in it very well before you use them again. They may be contaminated. (Wear appropriate gear (mask and gloves) before cleaning begins.).



FOR MORE INFORMATION, VISIT:



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