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bringing you a STUNNING line-up of
regional, national and international
dance competitions in 2025

REGIONAL DATES 2025

3 MAY 2025 QUALIFY FOR SA FINAL

EODSA - WESTERN CAPE REGIONAL

Camps bay Hlgh School

12 JULY 2025 QUALIFY FOR SA FINAL

EODSA - GAUTENG REGIONAL

Crawford international, Ruimsig

26 JULY QUALIFY FOR SA FINAL

EODSA - FREE STATE REGIONAL

Wynand Mouton Theatre at UFS Bloemfontein

2 AUG QUALIFY FOR SA FINAL

EODSA - MPUMALANGA REGIONAL

Corner stone church, Middelburg



NATIONALS 2025

18-22 SEPTEMBER 2025

QUALIFY for internationals

EODSA - NATIONALS

Etienne Rousseau Theatre
Sasolburg

INTERNATIONALS 2026

OFFERING 3 INTERNATIONAL OPPORTUNITIES IN 2026



UNITY FOR PASSION DANCE FEST

Budapest, Hungary
June



BARCELONA DANCE XPERIENCE

Lloret de Mar, Spain
September



UDC GRAND FINAL

Dublin Ireland
October



@ELEMENTSOFDANCESA



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REGIONAL INFO

AGE CATEGORIES:

4 & UNDER

6 & UNDER

7-9

10-12

13-14

15-17

18-24,

25-39,

40+ ,

60+

GENRES:

LYRICAL

JAZZ

ACRO DANCE

MUSICAL THEATRE

HIP HOP

CONTEMPORARY

FREESTYLE

TAP

BALLET

BALLET REP

OPEN

SPECIALITY ACTS

MASTERY LEVELS

EARTH - EISTEDDFOD

WATER - COMPETITIVE

FIRE - ADVANCED

AIR - SPECIAL NEEDS

TIME LIMITS:

SOLO & DUO/TRIO (2MINS)

GROUPS/TEAMS (3MINS)



MASTERY LEVELS DESCRIPTION

EARTH - EISTEDDFOD

THIS MASTERY LEVEL IS FOR TOTAL BEGINNERS GOING ON STAGE FOR THE FIRST TIME. THIS LEVEL DOES NOT QUALIFY FOR NATIONALS. THIS LEVEL HAS SLIGHTLY CHEAPER ENTRY FEES.

WATER - COMPETITIVE

THIS MASTERY LEVEL IS FOR GENERAL COMPETING DANCERS. DANCERS WHO HAVE COMPETED BEFORE AND ARE ACTIVELY TRAINING. THIS LEVEL QUALIFIES FOR NATIONALS

FIRE - ADVANCED

THIS MASTERY LEVEL IS FOR THE TOP 10 PERCENT OF DANCERS. DANCERS WHO HAVE PLACED IN TOP 10 OR HAVE WON OVERALLS AT OTHER COMPS. THIS LEVEL QUALIFIES FOR NATIONALS

AIR - SPECIAL NEEDS

THIS MASTERY LEVEL IS FOR DIFFERENTLY-ABLED DANCERS.





AWARDS:

**EVERY CONTESTANT RECEIVES A MEDAL BASED ON SCORE
(GOLD SILVER BRONZE)**

**EVERY CONTESTANT RECEIVES A DIGITAL CERTIFICATE
WITH A SCORE**

**TOP 3 IN EVERY GENRE RECEIVES A CERTIFICATE
(ACROSS ALL AGES)**

**TOP 3 IN EVERY AGE CATEGORY RECEIVES AN AWARD
(ACROSS ALL GENRES)**

TOP 3 GROUPS RECEIVE A CASH PRIZE

**TOP 15 GROUPS RECEIVE A CERTIFICATE OF RECOGNITION
BEST STUDIO RECEIVES RECOGNITION**

SPECIAL AWARDS

CHOREOGRAPHY AWARDS

GRAND OVERALL AWARD

FEE STRUCTURE:

**COMPETITIVE/ADVANCED
REGISTRATION - R250 PP**

1 SOLO - R300

2 SOLOS - R520

3 SOLOS - R700

**EVERY ADDITIONAL SOLO
- R180**

DUO - R200 PER DANCER

GROUPS - R180 PER DANCER

**EISTEDDFOD/SPECIAL
REGISTRATION - R150 PP**

SOLO - R200

DUO - R200 PER DANCER

GROUPS - R180 PER DANCER





TOP PLACINGS

EODSA'S TOP PLACINGS WORK SLIGHTLY DIFFERENTLY
THAN OTHER COMPETITIONS.

WE AWARD:

*TOP 3 IN EVERY AGE CATEGORY
(OVER ALL STYLES)

*TOP 3 IN EVERY STYLE
(OVER ALL AGE CATEGORIES)

*OVERALL GRAND CHAMPION - HIGHEST SCORER OF THE
EVENT.



- *ALL ELEMENTS OF DANCE REGIONAL AS WELL AS NATIONAL EVENTS WILL BE AVAILABLE LIVE AS WELL AS VIRTUAL BY VIDEO SUBMISSION.
- *ENTRIES WILL BE ONLINE ON OUR WEBSITE WWW.ELEMENTSCENTRAL.COM CONTESTANTS WILL BE ABLE TO UPLOAD A VIDEO OR INSERT A LINK TO THE PERFORMANCE SHOULD IT BE A VIRTUAL ENTRY.
- *THERE WILL BE A PANEL OF AT LEAST 3 ADJUDICATORS AT EVERY EVENT
- *ADJUDICATORS' DECISIONS ARE FINAL.
- *MAX 4 SOLO ITEMS IN THE SAME GENRE.
- *A SCORE OF 75% IS NEEDED TO QUALIFY TO COMPETE AT NATIONALS
- *AT REGIONAL EVENTS THERE WILL BE MEDAL AWARDS EVERY 2HRS OF THE DAY WITH AN OVERALL PRIZEGIVING AT THE END OF THE DAY
- *CONTESTANTS WHO QUALIFY FOR NATIONALS WILL BE ABLE TO ORDER THEIR HONORARY REGIONAL TRACKSUITS AT ANY LIVE EVENT.
- *THERE WILL BE NO OVERALL CASH PRIZE. OVERALL HIGH SCORER WILL WIN A PAID SCHOLARSHIP TO COMPETE AT NATIONALS (ALL ITEMS CONTESTANT PERFORMS IN WILL BE PAID FOR SAID CONTESTANT)
- *AT NATIONALS CONTESTANTS NEED 75% TO QUALIFY FOR HONORARY NATIONAL TRACKSUITS AS WELL AS ODYSSEY OF DANCE - VIRTUAL INTERNATIONAL CHAMPIONSHIP
- *AT NATIONALS CONTESTANTS NEED AT LEAST 85% TO QUALIFY FOR INTERNATIONAL OPPORTUNITIES
- *DIRECTORS HOLD THE EXECUTIVE POWER TO CHANGE RULES WITH NO PRIOR NOTICE



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