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| **ANGELWINGS COMPREHENSIVE COLLEGE, MAROKO, PW, KUBWA, ABUJA** | |
| **THIRD TERM MIDTERM EXAMINATION 2024/2025 ACADEMIC SESSION** | |
| **SUBJECT: Physical and Health Education** | **CLASS: YEAR ONE** |

1. One safety rule is to always use the right \_ for each ball game (a) equipment (b) sportswear (c) shoes (d) uniform?

2. Before starting a game, you must inspect the \_ area (a) parking (b) seating (c) play (d) training?

3. Do not play on slippery ground or \_ floor (a) dry (b) clean (c) wet (d) smooth?

4. It is unsafe to chew \_ while playing (a) gum (b) candy (c) mint (d) food?

5. You should not get involved in a \_ with other players (a) game (b) fight (c) discussion (d) practice?

6. You must \_ before you start the game (a) eat (b) warm-up (c) talk (d) rest?

7. If you get \_ during the game, you should come out (a) bored (b) tired (c) hungry (d) confused?

8. If you feel pain, you should \_ playing right away (a) continue (b) ignore (c) stop (d) push through?

9. Pollution happens when the environment is filled with \_ substances (a) helpful (b) harmless (c) dangerous (d) natural?

10. Noise pollution is a sound that is (a) pleasant (b) quiet (c) unwanted (d) soft?

11. An irritating sound to the human ear is called \_ pollution (a) water (b) air (c) noise (d) land?

12. Car horns should not be used \_ (a) always (b) unnecessarily (c) often (d) loudly?

13. Music should not be played at a \_ volume (a) low (b) normal (c) high (d) quiet?

14. Government should put in place \_ that bans noise pollution (a) rules (b) suggestions (c) laws (d) ideas?

15. Cars and motorcycle engines should be turned off when they are not in \_ (a) garage (b) park (c) use (d) motion?

16. Grinding machines should be kept far from where \_ live (a) animals (b) plants (c) people (d) cars?

17. Industries should not be built close to \_ houses (a) commercial (b) residential (c) public (d) empty?

18. Use of fireworks that produce loud sounds should be \_ (a) encouraged (b) allowed (c) discouraged (d) promoted?

19. Chemical pollution is the release of dangerous materials into the \_ (a) water (b) air (c) environment (d) soil?

20. Smoke from factories is an example of \_ pollution (a) noise (b) water (c) chemical (d) air?

Section B

1. What should you inspect before starting a ball game? \_\_\_\_\_\_\_\_\_

2. What kind of ground should you avoid playing on? \_\_\_\_\_\_\_\_\_

3. What type of sound is noise pollution? \_\_\_\_\_\_\_\_\_

4. What should be turned off when not in use to prevent noise pollution? \_\_\_\_\_\_\_\_\_

5. What type of pollution is caused by smoke from factories? \_\_\_\_\_\_\_\_\_

Section C

1. Name two safety rules for ball and racket games.

2. What is the main characteristic of noise pollution?

3. Identify one way to prevent noise pollution related to music.

4. What type of substances cause chemical pollution?

5. List two sources of smoke that cause chemical pollution.