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| **ANGELWINGS COMPREHENSIVE COLLEGE, MAROKO, PW, KUBWA, ABUJA** | |
| **THIRD TERM MIDTERM EXAMINATION 2024/2025 ACADEMIC SESSION** | |
| **SUBJECT: National Values** | **CLASS: YEAR THREE** |

1. Food is something solid or \_ that we eat (a) gas (b) liquid (c) air

2. We eat food to grow, remain alive and \_ (a) strong (b) healthy (c) happy

3. Yam is a type of food eaten in \_ (a) Nigeria (b) Ghana (c) Egypt

4. Cassava is a type of \_ (a) drink (b) food (c) toy

5. Which of these is a food type? (a) Water (b) Amala (c) Stone

6. Eating together makes family members \_ (a) sad (b) angry (c) happy

7. Eating together brings \_ to the family (a) disunity (b) loyalty (c) sadness

8. Eating together promotes a sense of \_ in the family (a) fighting (b) sharing (c) crying

9. Eating together creates \_ among family members (a) love (b) hate (c) fear

10. Eating together teaches children table \_ (a) games (b) manners (c) songs

11. Yam is an example of \_ (a) Protein (b) Carbohydrate (c) Vitamin

12. Meat is an example of \_ (a) Carbohydrate (b) Protein (c) Fats and Oil

13. Fruits are examples of \_ (a) Vitamins (b) Protein (c) Carbohydrate

14. Butter is an example of \_ (a) Fats and Oil (b) Vitamin (c) Protein

15. Food supplies \_ needed to do work (a) water (b) energy (c) sleep

16. Food helps to \_ our body (a) break (b) build (c) hide

17. Food keeps the body \_ (a) sick (b) healthy (c) weak

18. Food provides heat and \_ (a) cold (b) energy (c) light

19. Food makes people remain \_ (a) asleep (b) alive (c) hungry

20. Greeting is a way of showing \_ (a) anger (b) respect (c) fear

21. Kneeling is a form of \_ (a) running (b) greeting (c) jumping

22. Shaking of hands is a form of \_ (a) fighting (b) greeting (c) playing

23. Greeting promotes \_ (a) intolerance (b) tolerance (c) sadness

24. Greeting promotes good \_ (a) fighting (b) neighbourliness (c) crying

25. Greeting shows \_ (a) anger (b) appreciation (c) fear

26. Greeting promotes \_ (a) unfriendliness (b) friendliness (c) loneliness

27. Greeting is a sign of respect to \_ (a) children (b) elders (c) animals

28. Our environment is our \_ (a) house (b) surroundings (c) school

29. We must keep our homes, streets and schools \_ (a) dirty (b) messy (c) clean

30. We must sweep the floor of the rooms \_ (a) weekly (b) everyday (c) monthly

Section B

1. What is something solid or liquid we eat to grow? \_\_\_\_\_\_\_\_\_

2. Name one food eaten in Nigeria. \_\_\_\_\_\_\_\_\_

3. What type of nutrient is meat? \_\_\_\_\_\_\_\_\_

4. What do fruits and vegetables provide? \_\_\_\_\_\_\_\_\_

5. What is a way of showing respect to people? \_\_\_\_\_\_\_\_\_

Section C

1. What is food?

2. List two benefits of eating together as a family.

3. Name two types of nutrients found in food.

4. State two importance of food to our body.

5. What is greeting?