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| **ANGELWINGS COMPREHENSIVE COLLEGE, MAROKO, PW, KUBWA, ABUJA** | |
| **THIRD TERM MIDTERM EXAMINATION 2024/2025 ACADEMIC SESSION** | |
| **SUBJECT: Physical and Health Education** | **CLASS: YEAR ONE** |

1. For ball games, you should always use the right \_ (a) equipment (b) sports wear (c) attitude

2. Before starting a game, you must inspect the \_ (a) ball (b) play area (c) opponent

3. It is unsafe to play on \_ ground or wet floor (a) rough (b) slippery (c) soft

4. While playing, you should not chew gum or have anything like a \_ in your mouth (a) candy (b) toothpick (c) whistle

5. If you get tired in the course of the game, you should \_ (a) continue playing (b) take a break (c) come out

6. If you feel pain in any of your joints or muscles, you should \_ (a) ignore it (b) stop playing right away (c) play through it

7. Pollution occurs when the environment is filled with \_ substances (a) natural (b) harmful (c) beneficial

8. A loud, surprising, irritating or unwanted sound is called \_ pollution (a) Sound (b) Noise (c) Air

9. Any noise that is unpleasant, undesirable and irritating to the human ear is called \_ pollution (a) water (b) air (c) noise

10. Car horns should not be used \_ (a) necessarily (b) unnecessarily (c) occasionally

11. To prevent noise pollution, music should not be played at a \_ volume (a) low (b) moderate (c) high

12. The government should put in place laws that \_ noise pollution (a) encourages (b) bans (c) regulates

13. When not in use, cars and motorcycle engines should be \_ off (a) turned (b) kept (c) left

14. Grinding machines and generators should be kept \_ from where people live (a) close (b) far (c) next

15. Industries should not be built \_ to residential houses (a) close (b) far (c) adjacent

16. The use of fireworks that produce loud sounds should be \_ (a) encouraged (b) discouraged (c) promoted

17. Chemical pollution is the release of dangerous materials or substances into the \_ (a) atmosphere (b) environment (c) water

18. Dangerous chemical substances are harmful to \_ and animals (a) plants (b) people (c) objects

19. Smoke from factories, homes, cars, and generators are examples of substances causing \_ pollution (a) noise (b) chemical (c) water

20. Educating people on the dangers of pollution helps prevent \_ pollution (a) noise (b) chemical (c) all types of