Profiles

A profile controls ...

Standard Profiles

System Administrator   Standard User   Standard Platform User   Read Only

Profile settings control

every profile is associated with a Salesforce license

Login IP Ranges

Console Settings

Page Layouts   standard & custom objects

Field Level Security standard & custom field-level security

Custom App Settings

Tab Settings   standard & custom

Record Type Settings   standard & custom

General User Permissions   Two Factor authentication User/API

Connected Apps

Ant Migration tool   Dataloader bulk   Dataloader partner   Force.com IDE
Salesforce for Outlook   Salesforce Mobile Dashboards   Salesforce Touch   Workbook

Administrative permissions

View All Data   View All Users