



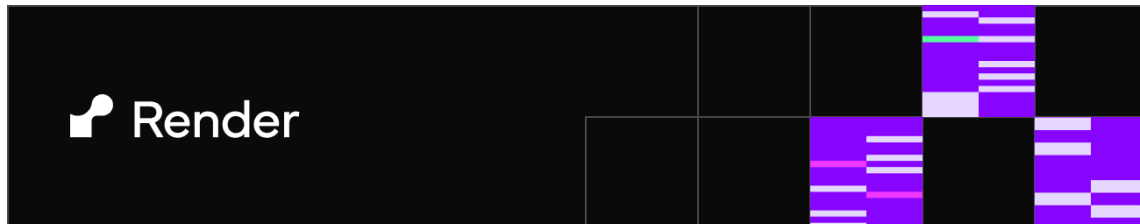
Angle Agency &lt;angledigitalagency@gmail.com&gt;

**Your free service chatic-backend is sleeping zzz**

1 message

**Render** <no-reply@render.com>  
To: angledigitalagency@gmail.com

8 February 2026 at 04:47



Hi there!

We noticed your free web service, **chatic-backend**, recently spun down after 15 minutes of inactivity.

**Here's why it happens:** We run free services by letting them sleep when there's no traffic — allowing us to offer our powerful, scalable platform free for you to try. However, each time your service starts again, it can take up to a minute it to get back online.

**Want fast load times 24/7?** Upgrade to a **Starter** instance or higher. Here's what you'll get when you do:

- **Always-On Availability:** No more waiting for spin-ups; your service is always live.
- **Detailed Metrics & Shell Access:** Track your performance in real time and troubleshoot easily.
- **Scaling:** Handle increased load without jeopardizing uptime.

**Stay Online 24/7: Upgrade Now**

Prefer to stay on a free instance? No problem — your app is still there and ready whenever you need it. If you have questions or want tips for building on Render, [check out our docs](#).

The Render Team

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