## **Buddhism Vocabulary**

Define the following terms. Use reliable sources and hand write your definitions. Make sure you understand the term and write down any questions you have so we can discuss them in class.

Anatta: The concept that the soul doesn't exist

Anicca: Nothing is permanent

Arhat: One who has achieved enlightenment

Bhavana: Development/cultivating/producing

Bhikku: A monk who follows Theravada Buddhism

Bodh Gaya: The place where the Buddha achieves enlightenment

**Bodhisattva:** Someone who can attain enlightenment but stays on Earth to spread Buddhism (honestly which sane person would do this smh)

Buddha: The primary deity/man behind Buddhism; a prince who attained enlightenment after meditating a lot and spread it

Dharma: The universal truth; one of the Three Jewels

Dukkha: The tribulations of daily life

**Dvesha:** Hate; the opposite of raga (lust, desire)

Karuna: Compassion

Koan: One of those annoying riddles (If a tree falls in a forest

does it make a sound)

Lama: Teacher of the Dharma

Mahayana: Southeast Asian Buddhism

Mandala: A diagram/art that represents the cosmos

Maya: Deceit

Nirvana: Enlightenment

Pagoda: A Buddhist temple

Pali Canon: The Bible for Theravada Buddhism

Panna: Wisdom

Samadhi: Nirvana but better

Sangha: The Buddhist community

Sila: Ethics

Tanha: Thirst, desire

Tantra: Buddhism but it's sex

Theravada: The original Buddhism

Tibetan Book of the Dead: The Bible for Nyingma Buddhism

Tushita: One of the heavenly realms of Buddhism

Upaya: The process of attaining enlightenment in Buddhism: "I

don't know where I'm going but let's just go there"

Vgirayana: Tantric Buddhism

**Zen:** Chinese Mahayana Buddhism