<u>healthyish</u>

Ingredients

Udon with Chicken and Garlicky Peanut Dressing

8 Ratings Published <u>June 2017</u>

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\square ¼ cup natural creamy peanut butter
☐ ¼ cup soy sauce
\square ¼ cup unseasoned rice vinegar
☐ 1 tablespoon honey
\square 1 garlic clove, finely grated
☐ ¼ cup vegetable oil
\square 8 ounces dried udon noodles
☐ Kosher salt

- ☐ 8 ounces shredded rotisserie chicken (about 2 cups)
- ☐ 1½ cups thinly sliced celery hearts and leaves
- ☐ 1½ cups mung bean sprouts
- \square 1 small daikon (Japanese white radish), peeled, cut into matchsticks
- $\hfill\square$ 2 teaspoons black and/or white sesame seeds
- ☐ Chili oil (for serving)

Recipe Preparation

- Whisk peanut butter, soy sauce, vinegar, honey, and garlic in a small bowl until smooth. Gradually add vegetable oil, whisking constantly until emulsified; set aside.
- Cook noodles in a large saucepan of boiling salted water according to package instructions until al dente. Drain; rinse under cold water, then drain again.
- Toss noodles, chicken, celery, bean sprouts, and daikon in a large bowl with three-quarters of reserved dressing to combine and evenly coat; season with salt. Top with sesame seeds and drizzle remaining dressing and chili oil over.
- Do Ahead: Dressing can be made 1 day ahead. Cover and chill.

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