recipes

Oven Polenta with Roasted Mushrooms and Thyme

9 Ratings Published October 2018

•	_	_	_			_	_	
ı	n	n	r	21	41	Δ	n	ts
ı		ч		-	41	C		

\square 1½ lb. mixed mushrooms (such as crimini, shiitake, oyster, and/or maitake), torn into 1" pieces
☐ 4 sprigs thyme, plus leaves for serving
☐ 6 garlic cloves, smashed
☐ Kosher salt, freshly ground pepper
☐ ¼ cup extra-virgin olive oil
☐ 2 Tbsp. unsalted butter
☐ 1 cup polenta
\square 4 oz. Parmesan, finely grated, plus more for serving
□ 1 Tbsp. red wine vinegar
☐ Flaky sea salt

Recipe Preparation

- Place racks in upper and lower thirds of oven; preheat to 325°. Combine mushrooms, thyme sprigs, and garlic on a large rimmed baking sheet. Season generously with kosher salt and pepper; drizzle with oil. Toss to coat mushrooms, then spread out in an even layer. (Make sure not to crowd the mushrooms on the baking sheet; otherwise, they'll steam instead of getting crispy.) Transfer to upper rack in oven and let mushrooms roast while you prepare polenta.
- Bring 4½ cups water to a simmer in a large ovenproof saucepan over medium-high heat. Add butter and
 a generous pinch of kosher salt and whisk to melt butter. Gradually add polenta, whisking constantly.
 (Gradually incorporating the polenta into the water is key to preventing clumps.) Return mixture to a
 boil, immediately cover pot, and transfer to lower rack in oven. Bake polenta, shaking baking sheet with
 mushrooms occasionally, until polenta is tender, 25–30 minutes.
- Remove polenta from oven. Crank up oven temperature as high as it will go (but don't broil). Continue to cook mushrooms until crisp around the edges, 5–10 minutes longer.
- Meanwhile, carefully uncover polenta and whisk vigorously, scraping bottom of pan, until polenta is smooth and thick. Gradually add 4 oz. Parmesan, whisking constantly until melted and incorporated; taste and season with more kosher salt and pepper. Cover and keep warm over low heat while mushrooms finish roasting.
- Remove mushrooms from oven; drizzle with vinegar. Toss to coat; let cool slightly.
- Divide polenta among bowls and top with mushrooms, thyme leaves, sea salt, and more Parmesan. Photo by Alex Lau, food styling by Sue Li