epicurious

Cornbread with Caramelized Apples and Onions

BY ALISON ROMAN BON APPÉTIT NOVEMBER 2013



If you don't have (or can't spare) a cast-iron skillet, sauté the apples and onions in any heavy skillet and transfer to a buttered 8x8" glass dish for baking.

YIELD: Makes 8 servings

INGREDIENTS

- 3/4 cup plus 2 tablespoons unsalted butter
- 1 medium onion, thinly sliced
- 1 teaspoon kosher salt plus more
- Freshly ground black pepper
- 2 medium red- or pink-skinned apples (such as Pink Lady), thinly sliced
- 5 tablespoons sugar, divided
- 3 teaspoons fresh thyme leaves, divided
- 1 1/2 cups cornmeal
- 1 cup all-purpose flour
- 1 tablespoon baking powder
- 2 large eggs
- 1 1/2 cups buttermilk

PREPARATION

Preheat oven to 400°F. Melt butter in an 8" cast-iron skillet over medium-high heat. Pour all but 2 tablespoons butter into a small bowl; set aside.

Add onion to butter in skillet; season with salt and pepper, and cook, stirring occasionally, until onion is softened and beginning to brown, about 4 minutes. Add apples, 2 tablespoons sugar, and 2 teaspoons thyme and cook, stirring often, until apples are softened, about 4 minutes. Transfer onion mixture to a medium bowl and reserve skillet.

Whisk cornmeal, flour, baking powder, 1 teaspoon salt, and remaining 3 tablespoonss sugar in a large bowl. Gradually whisk in eggs, buttermilk, and 3/4 cup reserved melted butter until smooth (no

lumps should remain). Fold in half of onion mixture and scrape batter into reserved skillet. Top with remaining onion mixture and remaining 1 teaspoon thyme.

Bake cornbread until golden brown and a tester inserted into the center comes out clean, 30–40 minutes. Let cool slightly before serving.

DO AHEAD: Cornbread can be made 6 hours ahead. Reheat before serving, if desired.