Yeast-Raised Angel Biscuits Recipe

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After proofing overnight in the fridge, these yeast-raised biscuits are ready to bake first thing in the morning, so they're an easy make-ahead option for breakfast and brunch. Like traditional biscuits, angel biscuits are buttery and tender, but with a flavor and texture closer to a Parker House roll—yeasty and light. Whether stuffed with slices of country ham or a spoonful of jelly, these fluffy biscuits will get your morning off to the right start.

Why It Works

- Instant dry yeast replaces baking powder to leaven these biscuits, giving them a flavor much like classic dinner rolls.
- A long, slow rise helps these biscuits develop flavor and structure.
- A touch of baking soda improves browning and flavor.
- An overnight rise means the biscuits can be baked first thing in the morning, putting breakfast on the table without any fuss.

Read more: How to Make Fluffy Yeast-Raised Angel Biscuits

YIELD: Makes about 14 two-inch biscuits

TOTAL TIME: about 10 hours **RATED:**

ACTIVE TIME: 20 minutes

Ingredients

12 ounces all-purpose flour, such as Gold Medal (about 2 2/3 cups, spooned; 340g)

1 ounce sugar (about 2 tablespoons; 30g)

1/4 ounce (about 2 teaspoons; 7g) instant dry yeast, such as <u>SAF</u>; not RapidRise or active dry (see note and also more info here)

2 teaspoons (8g) Diamond Crystal kosher salt; for table salt, use about half as much

Directions

- yeast, salt, and baking soda; whisk until well combined (this may take up to 1 minute). Add the butter, toss to break up the pieces, and, using your hands, smash each cube flat.

 Continue smashing and rubbing until the butter has mostly disappeared into a floury mix, although a few larger, Cheeriosized pieces may remain. This can also be done with 4 or 5 pulses in a food processor, just take care not to overdo it. The prepared mix can be refrigerated up to 3 weeks in an airtight container, then used as directed below.
- 2. Add milk, and stir with a flexible spatula until the flour has been fully absorbed. When the dough forms a rough ball, cover with plastic and set aside at cool room temperature

by volume or the same weight kosher salt

1/2 teaspoon baking soda

5 1/4 ounces cold, unsalted butter, cut into 1/2-inch cubes (about 10 1/2 tablespoons; 145g)

9 ounces milk, any percentage will do (about 1 cup plus 2 tablespoons; 255g)

- until roughly doubled in bulk, about 2 hours. At temperatures significantly above or below 70°F (21°C), this process will proceed at a different rate, so use the visual cues rather than a specific timetable.
- 3. After proofing, turn dough onto a lightly floured surface. With lightly floured bare hands, gently pat the dough into a squarish shape about 1/2 inch thick, then fold in half; repeat twice more for a total of 3 folds, using only enough flour to keep your hands from sticking. Finish by patting the dough to a thickness of 3/4 inch. If needed, dust away any excess flour, then cut into 1 3/4-inch rounds and arrange in a 10-inch cast iron skillet. Gather scraps into a ball, pat and fold a single time, then cut as many more biscuits as you can. The final round of scraps can be gathered and shaped into a single biscuit by hand. Cover tightly with foil and refrigerate overnight, between 8 and 12 hours.
- 4. Adjust oven rack to lower-middle position and preheat to 400°F (200°C). Brush the cold dough with melted butter, and bake until the biscuits are well-risen and golden brown, about 20 minutes. Let the biscuits cool about 5 minutes to help set their crumb, then serve as desired, whether alongside soups and stews or split for shortcake or breakfast sandwiches. Leftovers can be stored up to a week in an airtight container. To serve, split the stale biscuits in half, brush with melted butter, arrange on a baking sheet, and broil until golden brown, then serve with jam.

Special Equipment

13/4-inch round cutter (or similar), 10-inch cast iron skillet

Notes

This recipe works best with instant dry yeast such as **SAF**, which does not require hydration or proofing before use. Rapid rise or quick rise styles cannot be used as a replacement, as they are not designed to function in long-term/cold-rise recipes. Plain, active dry or bread machine yeast can be used instead, though the recipe will need to be modified in order to hydrate the yeast. In this event simply follow the package directions, using a portion of milk from the recipe rather than water to hydrate the yeast.

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