

Introduction

This is an introduction to Markdown, a lightweight text markup language. It is

1. Easy to learn
2. Quick to process

It can make writing documents **faster** and *easier* since the formatting is handled elsewhere.

A second-level header

A third-level header

- Lists can be created
 - and nested

Code can be added:

```
summary(mtcars)
```

We can even put in links to [Google](#)