**Introduction**

This is an introduction to Markdown, a lightweight  
text markup language. It is

1. Easy to learn

2. Quick to process

It can make writing documents **faster** and *easier* since the formatting is handled elsewhere.

**A second-level header**

**A third-level header**

• Lists can be created

◦ and nested

Code can be added:

summary(mtcars)

We can even put in links to Google