

Codebook for the *medical* Dataset

Data Description

The HELP study was a clinical trial for adult inpatients recruited from a detoxification unit. Patients with no primary care physician were randomized to receive a multidisciplinary assessment and a brief motivational intervention or usual care, with the goal of linking them to primary medical care. (Source: <https://nhorton.people.amherst.edu/help/>)

Format

The dataset includes the following variables from 246 applicants:

Variable	Description
id	Patient ID
age	Patient's age
sex	Patient gender: male or female
race	Patient race group: black, Hispanic, other, or white
homeless	Whether patient is homeless: homeless or housed
substance	Primary substance of abuse: alcohol, cocaine, or heroin
avg_drinks	Average number of drinks per day, during the last 30 days
max_drinks	Maximum number of drinks per day, during the last 30 days
suicidal	Whether patient had thoughts of suicide in last 30 days: yes or no
treat	Whether patient was accepted to HELP Clinic: yes or no
physical1	Physical score at baseline (high scores indicate better physical status)
mental1	Mental score at baseline (higher scores indicate better mental status)
depression1	Depression score at baseline (high scores indicate more depressive symptoms)
physical2	Physical score after 6 months
mental2	Mental score after 6 months
depression2	Depression score after 6 months