Chapter 3 The Linear Mixed Effects Model

3.1 The Linear Mixed Model



• In the previous chapter we focused on the *multivariate regression model*

$$y_i = X_i \beta + \varepsilon_i, \quad \varepsilon_i \sim \mathcal{N}(0, V_i),$$

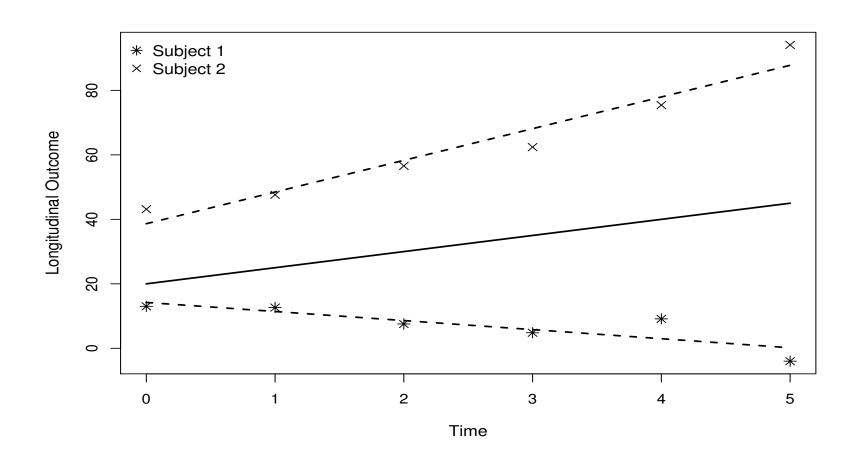
where

- $\triangleright y_i$ the vector of responses for the *i*th subject
- $\triangleright X_i$ design matrix describing structural component
- $\triangleright V_i$ covariance matrix describing the correlation structure



• Alternative intuitive approach: Each subject in the population has her own subject-specific mean response profile over time







• The evolution of each subject in time can be described by a linear model

$$y_{ij} = \tilde{\beta}_{i0} + \tilde{\beta}_{i1}t_{ij} + \varepsilon_{ij}, \quad \varepsilon_{ij} \sim \mathcal{N}(0, \sigma^2),$$

where

 $\triangleright y_{ij}$ the *j*th response of the *i*th subject

 $hd \widetilde{eta}_{i0}$ is the intercept and \widetilde{eta}_{i1} the slope for subject i

• Assumption: Subjects are randomly sampled from a population \Rightarrow subject-specific regression coefficients are also sampled from a population of regression coefficients

$$\tilde{\beta}_i \sim \mathcal{N}(\beta, D)$$



• We can reformulate the model as

$$y_{ij} = (\beta_0 + b_{i0}) + (\beta_1 + b_{i1})t_{ij} + \varepsilon_{ij},$$

where

- $\triangleright \beta$ s are known as the *fixed effects*
- $\triangleright b_i$ s are known as the *random effects*
- In accordance for the random effects we assume

$$b_i = \begin{bmatrix} b_{i0} \\ b_{i1} \end{bmatrix} \sim \mathcal{N}(0, D)$$



• Put in a general form

$$\begin{cases} y_i = X_i \beta + Z_i b_i + \varepsilon_i, \\ b_i \sim \mathcal{N}(0, D), \quad \varepsilon_i \sim \mathcal{N}(0, \sigma^2 |_{n_i}), \end{cases}$$

with

 $\triangleright X$ design matrix for the fixed effects β

 $\triangleright Z$ design matrix for the random effects b_i

$$\triangleright b_i \perp \!\!\! \perp \varepsilon_i$$

3.2 Interpretation



- Fixed and random effects:
 - $\triangleright \beta_i$ denotes the change in the average y_i when x_i is increased by one unit
 - $\triangleright b_i$ are interpreted in terms of how a subset of the regression parameters for the ith subject deviates from those in the population
- Advantageous feature: population + subject-specific predictions
 - $\triangleright \beta$ describes mean response changes in the population
 - $\triangleright \beta + b_i$ describes individual response trajectories



- Example: We fit a linear mixed model for the AIDS dataset assuming
 - ▷ different average longitudinal evolutions per treatment group (fixed part)
 - > random intercepts & random slopes (random part)

$$\begin{cases} y_{ij} = \beta_0 + \beta_1 t_{ij} + \beta_2 \{ \text{ddI}_i \times t_{ij} \} + b_{i0} + b_{i1} t_{ij} + \varepsilon_{ij}, \\ \\ b_i \sim \mathcal{N}(0, D), \quad \varepsilon_{ij} \sim \mathcal{N}(0, \sigma^2) \end{cases}$$

• Note: We did not include a main effect for treatment due to randomization



	Value	Std.Err.	t-value	p-value
β_0	7.189	0.222	32.359	< 0.001
β_1	-0.163	0.021	-7.855	< 0.001
eta_2	0.028	0.030	0.952	0.342

• No evidence of differences in the average longitudinal evolutions between the two treatments



- <u>Interaction & nonlinear terms</u>: As we have seen in the previous chapter (see pp. 57)–62), often
 - b the effect of some predictors may be nonlinear (e.g., time effect), and/or
 - > the effect of some predictors on the outcome may be influenced from other predictors (e.g., different average longitudinal evolutions per treatment group)
- In such cases, we need to consider more elaborate models that contain terms to capture these feature, namely
 - > polynomial or splines to model nonlinearities



- When such terms are included in the model the interpretation of the parameters can become quite complicated
- To understand a complex mixed model we can picture it using **effect plots**
- Example: We fit a model to the PBC dataset for serum bilirubin that contains
 - ▶ fixed effects:
 - * nonlinear time effect with splines, main effect of sex, age and baseline prothrombin
 - * interaction effects of sex with nonlinear time, age and baseline prothrombin
 - > random effects: nonlinear time effect



• The model has the form:

$$\begin{split} \log(\texttt{serBilir}_{ij}) &= \beta_0 + \beta_1 N(\texttt{Time}_{ij})_1 + \beta_2 N(\texttt{Time}_{ij})_2 + \beta_3 \texttt{Female}_i + \beta_4 \texttt{Age}_i + \\ \beta_5 \texttt{basePro}_i + \beta_6 \{\texttt{Female}_i \times \texttt{Age}_i\} + \\ \beta_7 \{\texttt{Female}_i \times \texttt{basePro}_i\} + \beta_8 \{\texttt{Female}_i \times N(\texttt{Time}_{ij})_1\} + \\ \beta_9 \{\texttt{Female}_i \times N(\texttt{Time}_{ij})_2\} + b_{i0} + b_{i1} N(\texttt{Time}_{ij})_1 + \\ b_{i2} N(\texttt{Time}_{ij})_2 + \varepsilon_{ij} \end{split}$$

where

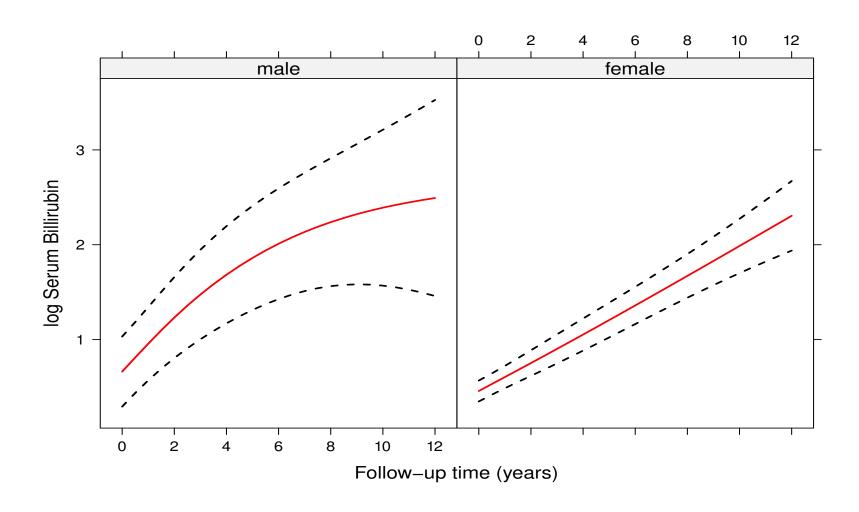
 \triangleright the terms $N(\mathtt{Time}_{ij})_1$ and $N(\mathtt{Time}_{ij})_2$ denote the basis for a natural spline with two degrees of freedom

$$\triangleright b_i \sim \mathcal{N}(0, D)$$
 and $\varepsilon_{ij} \sim \mathcal{N}(0, \sigma^2)$



- In this model not all coefficients have a direct interpretation in isolation
- Hence to understand the model we depict
 - ▷ how the average longitudinal profiles evolve over time time,
 - > separately for males and females, and prothrombin of 10.6 sec
 - ⊳ for the average age of 49 years old and average baseline
 - ⊳ including also the corresponding 95% pointwise confidence intervals
 - (in the app different ages and prothrombin times can be selected)





3.3 Hierarchical vs Marginal



- How do the random effects capture correlation:
 - □ Given the random effects, the measurements of each subject are independent
 (conditional independence assumption)

$$p(y_i \mid b_i) = \prod_{j=1}^{n_i} p(y_{ij} \mid b_i)$$

► Marginally (integrating out the random effects), the measurements of each subject are correlated

$$p(y_i) = \int p(y_i \mid b_i) p(b_i) db_i \quad \Rightarrow \quad y_i \sim \mathcal{N}(X_i \beta, Z_i D Z_i^\top + \sigma^2 \mathbf{I}_{n_i})$$



- Hence, with random effects we again model the correlations in the repeated measurements of each subject
- Notes: In using random effects for modeling the covariance matrix
 - > The more random effects we include the more flexibly we capture the correlations
 - ▷ By using random effects we also directly allow for heteroscedasticity (i.e., non-constant variances in time)
 - Nevertheless, we do assume a particular type of structure for the correlations and the variances − they are not allowed completely free
 - > Random effects work equally well with balanced or unbalanced data



• Let's try the app...



Hierarchical formulation

- \triangleright a model for y_i given b_i , and a model for b_i
- $\triangleright D$ is the covariance matrix of the random effects \Rightarrow needs to be positive definite

Marginal formulation

 \triangleright a model for y_i , and a specific form of the marginal covariance matrix $V_i = Z_i D Z_i^\top + \sigma^2 \mathbf{I}_{n_i}$

 \triangleright only V_i needs to be positive definite

 $\triangleright V_i$ can be positive definite without D being positive definite



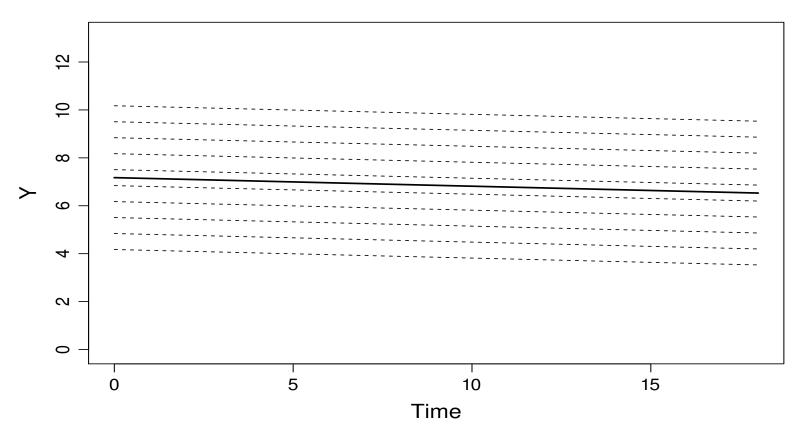
The hierarchical model implies the marginal one, not vice versa

• A simple example: Random-intercepts model

$$\begin{cases} y_{ij} = \beta_0 + \beta_1 t_{ij} + b_{i0} + \varepsilon_{ij}, \\ \\ b_{i0} \sim \mathcal{N}(0, \sigma_b^2), \quad \varepsilon_{ij} \sim \mathcal{N}(0, \sigma^2). \end{cases}$$



Random Intercepts





• Implied marginal covariance matrix has the form

$$V_i = \sigma_b^2 \mathbf{1}_{n_i} \mathbf{1}_{n_i}^\top + \sigma^2 \mathbf{I}_{n_i}$$

it assumes

- \triangleright constant variance $\sigma_b^2 + \sigma^2$ over time, and
- \triangleright equal positive correlation $\rho = \sigma_b^2/(\sigma_b^2 + \sigma^2)$ between the measurements of any two time points (aka *intra-class correlation*)
- it is known as the compound symmetric covariance matrix



- Note that we could also have a compound symmetric covariance matrix with negative intra-class correlation
 - > such a matrix could never have come from a mixed model

Random intercepts **imply** compound symmetry but

Compound symmetry **does not imply** random intercepts



- What are the implications of this?
- Statistical software that fit mixed models under ML actually fit the implied marginal model
 - b we can construct examples where two mixed models have exactly the same implied marginal model
 - based on the fitted model we **cannot** say under which model the data have been generated
- We can only do it under a Bayesian approach (because there we actually fit the hierarchical model)

3.4 Estimation



• Fixed effects: For known marginal covariance matrix $V_i = Z_i D Z_i^{\top} + \sigma^2 I_{n_i}$, the fixed effects are estimated using generalized least squares

$$\hat{\beta} = \left(\sum_{i=1}^{n} X_i^{\top} V_i^{-1} X_i\right)^{-1} \sum_{i=1}^{n} X_i^{\top} V_i^{-1} y_i$$

- Variance Components: The unique parameters in V_i are estimated based on either maximum likelihood (ML) or restricted maximum likelihood (REML)
 - > REML provides unbiased estimates for the variance components in small samples

3.4 Estimation (cont'd)



- Two-step iterative procedure
 - \triangleright Step 0: Set initial values for D and σ^2
 - hd Step 1: Calculate the covariance matrix $\widehat{V}_i^{it=k}$ and following the fixed effects $\hat{eta}^{it=k}$
 - ightharpoonup Step 2: Update $\widehat{V}_i^{it=k+1}$ using REML or ML
 - ▷ Step 3: Check convergence criterion, if not satisfied return to Step 1

Steps 1-3 are repeated until convergence is attained

3.4 Estimation (cont'd)



- Estimation of random effects
 - based on a fitted mixed model, estimates for the random effects are based on the posterior distribution:

$$p(b_i \mid y_i; \theta) = \frac{p(y_i \mid b_i; \theta) \ p(b_i; \theta)}{p(y_i; \theta)}$$

$$\propto p(y_i \mid b_i; \theta) p(b_i; \theta),$$

in which θ is replaced by its MLE $\hat{\theta}$

3.4 Estimation (cont'd)



- This is a whole distribution
 - \triangleright measures of location \Rightarrow mean, mode
- In the linear mixed model we have seen, this posterior distribution has a closed-form:

$$[b_i \mid y_i; \theta] \sim \mathcal{N}\Big\{DZ_i^{\top}V_i^{-1}(y_i - X_i\beta), DZ_i^{\top}KZ_iD\Big\},$$

with

$$K = V_i^{-1} - V_i^{-1} X_i \left(\sum_{i=1}^n X_i^{\top} V_i^{-1} X_i \right)^{-1} X_i^{\top} V_i^{-1}$$

3.5 Mixed-Effects Models in R



- R> There are two primary packages in R for mixed models analysis:
 - ▷ Package nlme
 - * fits linear & nonlinear mixed effects models, and marginal models for normal data
 - * allows for both random effects & correlated error terms
 - * several options for covariances matrices and variance functions
 - ▶ Package Ime4
 - * fits linear, nonlinear & generalized mixed effects models
 - * uses only random effects
 - * allows for nested and crossed random-effects designs



- R> We will primarily use package **nlme**
- R> The basic function to fit linear mixed models is lme() and has three basic arguments

 - > random: a formula specifying the random-effects structure



R> The data frame that contains all variables should be in the *long format*

Subject	У	time	gender	age
1	5.1	0.0	male	45
1	6.3	1.1	male	45
2	5.9	0.1	female	38
2	6.9	0.9	female	38
2	7.1	1.2	female	38
2	7.3	1.5	female	38
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R> The code used to fit the linear mixed model for the AIDS dataset (p. 136) is as follows

```
lmeFit <- lme(CD4 ~ obstime + obstime:drug, data = aids,
    random = ~ obstime | patient)
summary(lmeFit)</pre>
```



R> The same fixed-effects structure but only random intercepts

```
lme(CD4 ~ obstime + obstime:drug, data = aids,
  random = ~ 1 | patient)
```

R> The same fixed-effects structure, random intercepts & random slopes, with a diagonal covariance matrix (using the pdDiag() function)

```
lme(CD4 ~ obstime + obstime:drug, data = aids,
random = list(patient = pdDiag(form = ~ obstime)))
```

3.6 Nested and Crossed Random Effects*



- In the examples we have seen so far the type of correlated data we have seen is longitudinal data
 - > correlations stems from the fact that we measure *the same* outcome repeatedly in time for each subject
- Another commonly encountered feature that induces correlation is clustering, e.g.,
 - > patients are clustered within hospitals
 - > children are clustered with schools or families
 - ▷ ...

3.6 Nested and Crossed Random Effects* (cont'd)



- Example: In the Glaucoma data we have multilevel clustered design (see pp.11)
 - > each location is nested within the hemifield
 - ▷ each hemifield is nested within the eye
 - ▷ each eye is nested within the patient

Measurements in the same cluster are expected to be (positively) correlated

3.7 Mixed Models with Correlated Errors



- We have seen two classes of models for longitudinal data, namely
 - ▶ Marginal Models

$$y_i = X_i \beta + \varepsilon_i, \quad \varepsilon_i \sim \mathcal{N}(0, V_i), \quad \text{and}$$

Conditional Models ✓

$$\begin{cases} y_i = X_i \beta + Z_i b_i + \varepsilon_i, \\ b_i \sim \mathcal{N}(0, D), \quad \varepsilon_i \sim \mathcal{N}(0, \sigma^2 \mathbf{I}_{n_i}) \end{cases}$$



 It is also possible to combine the two approaches and obtain a linear mixed model with correlated error terms

$$\begin{cases} y_i = X_i \beta + Z_i b_i + \varepsilon_i, \\ b_i \sim \mathcal{N}(0, D), \quad \varepsilon_i \sim \mathcal{N}(0, \Sigma_i), \end{cases}$$

where, as in marginal models, we can consider different forms for Σ_i

• The corresponding marginal model is of the form

$$y_i \sim \mathcal{N}(X_i\beta, Z_iDZ_i^\top + \Sigma_i)$$



Features

- \triangleright both b_i and Σ_i try to capture the correlation in the observed responses y_i
- > this model does not assume conditional independence
- Choice between the two approaches is to a large extent philosophical
 - ▷ Random Effects: trajectory of a subject dictated by time-independent random effects ⇒ the shape of the trajectory is an inherent characteristic of this subject.
 - > Serial Correlation: attempts to more precisely capture features of the trajectory by allowing subject-specific trends to vary in time



Often in practice it is **not** possible to include both a serial correlation term and many random effects because of numerical problems

- Example: In the AIDS dataset we investigate the fit of a mixed model with exponential serial correlation and increasing number of random effects in particular:

 - ▶ Model III: random intercepts, random linear slopes & random quadratic slopes

the fixed-effects part includes linear and quadratic slopes and their interaction with treatment



	Model I	Model II	Model III
Intercept	7.173	7.214	7.218
\mathtt{Time}_{ij}	-0.247	-0.251	-0.258
\mathtt{Time}^2_{ij}	0.007	0.007	0.008
$\mathtt{ddI}_i \times \mathtt{Time}_{ij}$	0.186	0.154	0.158
$\texttt{ddI}_i \times \texttt{Time}^2_{ij}$	-0.013	-0.010	-0.011

• We observe small differences in the estimated fixed effects



	Model I	Model II	Model III
$\overline{\phi}$	2.29	0.52	0.33
95% CI	(1.62; 3.23)	(0.08; 3.46)	(0.02; 5.89)

- However, we observe a more profound effect in the estimated parameter of the exponential serial correlation structure
 - ▷ as we include more random effects, less information is available for estimating the serial correlation structure note length of 95% Cls

• Numerical problems:

- > The model is fitted with the exponential serial correlation structure,
- but if you instead tried the Gaussian serial correlation structure, then Model III does not appropriately converge (Hessian matrix of the MLEs is not positive-definite)

3.8 Time-Varying Covariates*



- Up to now all, and with the exception of the time variable, all covariates we have included in the model were fixed from baseline
- However, often we may also be interested in assessing how a longitudinal covariate is associated with a covariate whose value changes over time
 - ▷ such covariates are called time-varying covariates
- Example: In the PBC dataset we are interested in the effect of prothrombin time on serum bilirubin prothrombin time has also been collected longitudinal during follow-up



- The handling of time-varying covariates poses some *important challenges*:
 - 1. Not always the longitudinal outcome and the time-varying covariate are collected at the same time points
 - 2. The longitudinal outcome at a particular time point t may depend not only on the value of the covariate at the same time point but also at other time points
 - 3. There are two types of time-varying covariates, endogenous and exogenous
 - \triangleright a time-varying covariate is *exogenous* if its distribution at time t is conditionally independent of all preceding outcomes
 - > a time-varying covariate is *endogenous* if it is not exogenous



• The formal definitions of exogenous and endogenous time-varying covariates are:

$$p\{x_i(t) \mid \mathcal{H}_i^Y(t), \mathcal{H}_i^X(t)\} = p\{x_i(t) \mid \mathcal{H}_i^X(t)\}$$
$$p\{x_i(t) \mid \mathcal{H}_i^Y(t), \mathcal{H}_i^X(t)\} \neq p\{x_i(t) \mid \mathcal{H}_i^X(t)\}$$

where

- $\triangleright \mathcal{H}_i^Y(t) = \{y_i(t_{i1}), \dots, y_i(t_{ik}); t_{ik} \leq t\}$ denotes the set of longitudinal measurements up to time t
- $\triangleright \mathcal{H}_i^X(t) = \{x_i(t_{i1}), \dots, x_i(t_{ik}); t_{ik} \leq t\}$ denotes the set of covariate measurements up to time t



- These features complicate postulating an appropriate model with such covariates
- A procedure to follow when working with time-varying covariates
 - Determine if the covariate is endogenous or exogenous
 - * if it is exogenous, then
 - we can proceed by postulating a standard mixed (or marginal) model, and
 - the longitudinal outcome at time t can only be associated with past covariate measurements, i.e., $\mathcal{H}^X_i(t)$
 - * if it is endogenous, then more complicated types of analysis are required (joint models or inverse probability weighting approaches) that follow outside the scope of this course



- Next, determine how to link the time-varying covariate to the longitudinal outcome (association structure)
 - * the longitudinal outcome at t is associated to the covariate at which time points (the same, previous time points, etc.)
 - * Note: If the scientific interest is focused on a particular type of association structure but in reality the longitudinal outcomes is differently associated to the time-varying covariate, then the estimated association of interest may be diluted (biased) unless a specific type of analysis if followed (a marginal model with independent error terms, i.e., linear regression and corrected standard errors using the sandwich estimator)



- Depending on the chosen association structure in the previous step, and if the time-varying covariate is not measured at the same time points as the longitudinal outcome, then a form of interpolation may be required
- Example: In the PBC dataset we are interested in the effect of prothrombin time on serum bilirubin

$$\log(\mathtt{serBilir}_{ij}) = \beta_0 + \beta_1 N(\mathtt{Time}_{ij})_1 + \beta_2 N(\mathtt{Time}_{ij})_2 + \beta_3 \mathtt{Female}_i + \beta_4 \mathtt{Age}_i + \beta_5 \mathtt{Prothr}_{ij} + b_{i0} + b_{i1} N(\mathtt{Time}_{ij})_1 + b_{i2} N(\mathtt{Time}_{ij})_2 + \varepsilon_{ij}$$

the covariance matrix of the random effects is assumed to be diagonal



	Value	Std.Err.	t-value	p-value
β_0	0.347	0.366	0.948	0.343
β_1	1.772	0.139	12.738	< 0.001
β_2	1.266	0.197	6.422	< 0.001
β_3	-0.233	0.184	-1.263	0.207
β_4	-0.000	0.006	-0.080	0.936
β_5	0.036	0.008	4.675	< 0.001

ullet Log serum bilirubin at time t is strongly related with the prothrombin time at the same time point — a unit increase of prothrombin time at follow-up time t increases the expected log serum bilirubin at the same follow-up time by 0.036



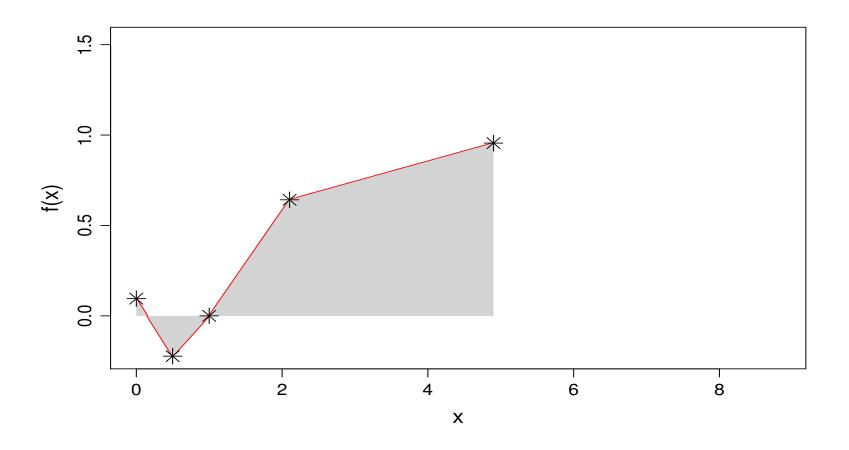
• We continue on the same example, but now we allow the log serum bilirubin at time t to be associated with the prothrombin time at previous time points as well – in particular:

$$\log(\texttt{serBilir}_{ij}) = \beta_0 + \beta_1 N(\texttt{Time}_{ij})_1 + \beta_2 N(\texttt{Time}_{ij})_2 + \beta_3 \texttt{Female}_i + \beta_4 \texttt{Age}_i + \beta_5 \texttt{CumProthr}_{ij} + b_{i0} + b_{i1} N(\texttt{Time}_{ij})_1 + b_{i2} N(\texttt{Time}_{ij})_2 + \varepsilon_{ij}$$

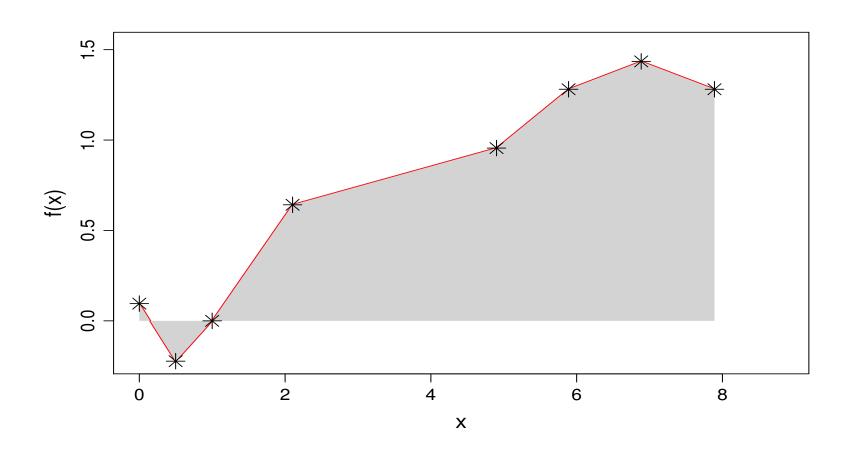
the covariance matrix of the random effects is assumed to be diagonal

- CumProthr_{ij} denotes the cumulative effect of prothrombin time
 - be for Patient 2 and at two different follow-up times this effect is:











	Value	Std.Err.	t-value	p-value
β_0	0.728	0.361	2.015	0.044
β_1	1.700	0.159	10.686	< 0.001
β_2	1.256	0.210	5.974	< 0.001
β_3	-0.245	0.187	-1.311	0.191
β_4	-0.000	0.006	-0.007	0.995
eta_5	0.009	0.004	2.462	0.014

• Log serum bilirubin at time t is strongly related with the cumulative prothrombin time up to the same time point – a unit increase of the cumulative prothrombin time up to follow-up time t increases the expected log serum bilirubin at the same follow-up time by 0.009

3.9 Model Building



- Mixed models consist of two parts, namely
 - be provided by providing provided by the fixed effects that describe the how specific covariates influence the average longitudinal evolutions
 - > random effects that describe how specific regression coefficients deviate from the over all mean described by the fixed effects
 - * the random effects also model the correlations in the repeated measurements
- Interest can either be
 - > on the fixed-effects part alone (e.g., does treatment influence the average evolutions) or
 - ▷ on both parts (e.g., to obtain subject specific predictions)

3.9 Model Building (cont'd)



- The general model building strategy we have seen in the previous chapter for marginal models also applies in the case of mixed models more specifically:
 - 1. Put all the covariates of interest in the fixed-effects part, considering possible nonlinear terms and/or interactions between them do NOT remove the ones that are not significant
 - 2. Then select an appropriate random-effects structure that adequately describes the correlations in the repeated measurements
 - * typically we start from random intercepts and include each time an additional random effect term to see if we improve the fit (i.e., random slopes, quadratic random slopes, etc.)
 - * you should be a bit conservative, i.e., do not favor a simpler covariance matrix if the p-value is just non-significant

3.9 Model Building (cont'd)



- 3. Finally, return to the mean part and exclude non significant covariates
 - * first start by testing the nonlinear & interaction terms

3.10 Hypothesis Testing



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3.11 Residuals



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3.12 Review of Key Points



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