

## Exercise 03 - Designing Clinical Trials

Spring, 2018

### 1 Answer the following questions

- (1) Can we draw a conclusion of equivalence based on the insignificance result of superiority trial? If not, then outline the statistical testing on how to prove that a treatment  $T$  is equivalent to  $B$  in a parallel trial?
- (2) Which test requires a larger sample size for the same  $\delta_0$ ,  $\alpha$ , power, equivalence trial or non-inferiority trial?
- (3) How to deal with the non-compliance of the participants in a clinical trial?
- (4) When aren't the double-blind feasible in a clinical trial?
- (5) As we have talked about selection bias in the observational study, it is a more severe issue in a randomized controlled trial. Can you use some example to illustrate the types of selection biases in an RCT.
- (6) Illustrate how block randomization could be used to randomly allocate treatments to 30 patients with an allocation ratio of 1:2 using a block size of 6.

### 2 Data analysis of continuous outcome

An RCT was conducted to compare two therapies for pain relief after the wisdom tooth extraction surgery. A dual-therapy (Acetaminophen+Ibuprofen) was compared

Table 1: The follow-up pain data after wisdom-tooth extraction surgery

Time (min)	Ibuprofen			Acetaminophen+Ibuprofen		
	Mean (mm)	S.D. (mm)	N	Mean (mm)	S.D. (mm)	N
15	27.9	14.8	24	18.2	13.1	24
30	32.6	24.4	25	25.3	20.9	25
45	35.5	23.2	22	28.7	23.3	20
60	31.3	18.9	19	25.1	22.8	23
75	29.9	18.8	24	14.9	13.8	24
90	23.8	17.9	22	15	14.2	24
105	22.7	16.4	21	13.7	12.8	19
120	20.9	17.2	24	15.2	14.4	23

against a mono-therapy (Ibuprofen only). The primary outcome is the post-surgery pain measure at an interval of 15 minutes within a follow-up of 120 minutes. The pain was measured in a scale of 0 (no pain) to 100 (worst pain).

- (1) Conduct a  $t$ -test to compare the treatment effects of the two therapies at each time point. Give also the 95% confidence interval.
- (2) What kind of assumptions should we make when we conduct a  $t$ -test? So, is it plausible to use  $t$ -test here? Should we use a nonparametric approach, instead?
- (3) We can also calculate the weighted average of the pain scores across the time points for every patient: Can you conduct the  $t$ -test only on the weighted mean

	Ibuprofen			Acetaminophen+Ibuprofen		
	Mean (mm)	S.D. (mm)	N	Mean (mm)	S.D. (mm)	N
summary	27.9	13.6	25	19.5	12.3	26

to compare the treatment effect.

- (4) You can count the number of the tests for all the time points with  $p$ -value less than 0.05, and then arrive at the final conclusion.
- (5) The other approach is to only use the weighted average to reach the conclusion. Which one do you prefer? Why?
- (6) If the pain reduction  $\delta = -8$  is clinically significant, can the sample size in this trial achieve a power of 0.90 to detect such reduction? (Hint:  $\alpha = 0.05$ )

Table 2: Number of patients for each characteristic

Characteristics		Treatment	
		CBT	EX
Gender	Male	18	15
	Female	15	17
Severity	Moderate	22	21
	Severe	11	11

- (7) Can you find some flaws for the above study design? Comment.
- (8) Try to figure out a method to give the best estimate of the effect of Acetaminophen in pain relief following the wisdom-tooth extraction?

### 3 Clinical trial design

An RCT was comparing the psychological treatment (**CBT**) with the exercise program (**EX**) for patient suffering from moderate to severe anxiety. Patients are randomized to treatment using **deterministic minimization** controlling for gender and severity. After 65 patients have entered the trial. The number of patients with each characteristic is summarized in the following table:

- (1) How many patients have been allocated to each treatment?
- (2) If the 66<sup>th</sup> is a male and moderately severe patient, which treatment would he be allocated?
- (3) The 67<sup>th</sup> is a female and moderately severe patient, which treatment would she be allocated?

## 4 Case study

Read this article, and answer the following questions.

Petter Quist-Paulsen. Randomised controlled trial of smoking cessation intervention after admission for coronary heart disease. BMJ 2003;327:1254.

- (1) Using a  $z$ -test of proportions, check the analysis for Table 2 of the paper to compare the smoking cessation rates in intervention group and control group at 12 months. Report also the 95% confidence interval of the treatment effect.
- (2) Summarize the results of the above analysis in your own words.
- (3) How does the author deal with the missing data? Since we have talked about intention-to-treat analysis, how does it deal with the missing data? Compare the results with the article.
- (4) Comparing the lost-to-follow-up rates between the intervention and control group, what conclusion can you draw from this analysis?

## 5 Case study

A randomized controlled equivalence trial is conducted to test whether a new **generic drug** is of equal efficacy to the current **standard drug**. Here is the partial result:

	Obs	Mean	Std. Err.	Std. Dev.	[90% Conf. Interval]	
Standard	42	35.2	2.79289	18.1	30.49991	39.90009
Generic	41	34.1	2.79551	17.9	29.39278	38.80722

The investigators suggest that a difference of 5 is clinically significant. Using the above data, tell whether the new generic drug is equivalent to the current standard drug under the significance level of  $\alpha = 0.05$ .