

Longitudinal Data Structures

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Longitudinal Data Structures

Structure of longitudinal data refers to the format of the dataset. There are two primary formats for longitudinal data: (1) Wide data; (2) Long data.

You will need to utilize both structures depending on the analysis you are doing. For example, graphing longitudinal data using ggplot requires the long format, while computing correlations between measurements requires the wide format.

Example 1: A researcher wants to examine whether graduation success rate (GSR) has changed over time for football teams in the NCAA Big Ten conference. She has GSR data for the Big Ten teams from 2008, 2011, 2014, and 2015 (based on the 2002, 2005, 2008, and 2009 freshmen cohorts).

Wide Formatted Data

It is the standard structure for entering longitudinal data into a spreadsheet. It is also referred to as the **subjects-by-variables** format or the **multivariate** format.

Number of Rows

N rows

where

N = Number of
clusters (cases/
individuals)

School	GSR2008	GSR2011	GSR2014	GSR2015
Illinois	69	75	70	70
Indiana	67	70	76	79
Iowa	74	82	71	74
Maryland			75	78
Michigan	71	69	72	79
Michigan State	56	64	66	71
Minnesota	54	68	69	71
Nebraska		68	85	86
Northwestern	92	97	97	97
Penn State	85	91	81	80
Purdue	59	59	76	81
Rutgers			83	82
The Ohio State	62	74	81	74
Wisconsin	65	63	71	73

Long Formatted Data

The repeated / longitudinal measurements (outcomes) are in a single column. Each predictor, including time is also in a single column. It is also referred to as the **univariate** format.

Number of Rows

$N(K)$ rows

where

N = Number of clusters (cases / individuals) and K = Number of measurement occasions

School	Time	GSR
Illinois	2008	69
Illinois	2011	75
Illinois	2014	70
Illinois	2015	70
Indiana	2008	67
Indiana	2011	70
Indiana	2014	76
Indiana	2015	79
Iowa	2008	74
Iowa	2011	82
Iowa	2014	71
Iowa	2015	74
⋮	⋮	⋮
⋮	⋮	⋮
Wisconsin	2008	65
Wisconsin	2011	63
Wisconsin	2014	71
Wisconsin	2015	73

Switching Between Formats

Converting data between the wide and long format is quite common and different tools use different language/terminology to describe these conversions. Below is a table that helps you think about these conversions (adapted from the online **tidyr** tutorial; <http://tidyr.tidyverse.org/>).

Tool	Wide → Long	Long → Wide
Spreadsheets	Unpivot	Pivot
Databases	Fold	Unfold
R Packages		
tidyr	gather	spread
reshape2	melt	cast

You can use whatever tool you want. I will be using the `gather()` and `spread()` functions from the **tidyr** package.

Wide → Long Format

```
# Read in wide data
> bigten_wide = read.csv(file = "~/epsy-8282/data/big-ten-wide.csv")
> head(bigten_wide)
```

	school	gsr2008	gsr2011	gsr2014	gsr2015
1	Illinois	69	75	70	70
2	Indiana	67	70	76	79
3	Iowa	74	82	71	74
4	Maryland	NA	NA	75	78
5	Michigan	71	69	72	79
6	Michigan State	56	64	66	71

```
# Load the tidyr library (you may need to install it first)
> library(tidyr)
```

```
# Use the gather() function
> bigten_long = bigten_wide %>% gather(year, gsr, gsr2008:gsr2015)
```

The `gather()` function takes three arguments: The first two specify a **key-value pair**: `year` is the key and `gsr` the value. The third argument specifies which variables in the original data to convert into the key-value combination (in this case, all variables from `gsr2008` to `gsr2015`).

```
# Look at the long data (only the first 15 cases shown)
> bigten_long
```

	school	year	gsr
1	Illinois	gsr2008	69
2	Indiana	gsr2008	67
3	Iowa	gsr2008	74
4	Maryland	gsr2008	NA
5	Michigan	gsr2008	71
6	Michigan State	gsr2008	56
7	Minnesota	gsr2008	54
8	Nebraska	gsr2008	NA
9	Northwestern	gsr2008	92
10	Penn State	gsr2008	85
11	Purdue	gsr2008	59
12	Rutgers	gsr2008	NA
13	The Ohio State	gsr2008	62
14	Wisconsin	gsr2008	65
15	Illinois	gsr2011	75

key

value

For further examples of using
gather() see this tutorial:

<https://stanford.edu/~ejdemyr/r-tutorials/wide-and-long/>

It can be useful (although not necessary) to sort the data by cluster; in our case, sort by school. To do this, we can pipe the long formatted data into the `arrange()` function. Or the formatting and sorting can be done in one step as shown below.

```
# Use the gather() function
> bigten_long = bigten_wide %>%
  gather(year, gsr, gsr2008:gsr2015) %>%
  arrange(school)
```

```
> bigten_long
```

	school	year	gsr
1	Illinois	gsr2008	69
2	Illinois	gsr2011	75
3	Illinois	gsr2014	70
4	Illinois	gsr2015	70
5	Indiana	gsr2008	67
6	Indiana	gsr2011	70
7	Indiana	gsr2014	76
8	Indiana	gsr2015	79
9	Iowa	gsr2008	74
10	Iowa	gsr2011	82
11	Iowa	gsr2014	71
12	Iowa	gsr2015	74
13	Maryland	gsr2008	NA
14	Maryland	gsr2011	NA
15	Maryland	gsr2014	75
16	Maryland	gsr2015	78

The `arrange()` function works like Excel's Sort function.

Note that Maryland does not have data for 2008 nor 2011. R will automatically denote this with NA.

Long —> Wide Format

```
# Use the spread() function  
> bigten_wide = bigten_long %>% spread(year, gsr)  
> bigten_wide
```

	school	gsr2008	gsr2011	gsr2014	gsr2015
1	Illinois	69	75	70	70
2	Indiana	67	70	76	79
3	Iowa	74	82	71	74
4	Maryland	NA	NA	75	78
5	Michigan	71	69	72	79
6	Michigan State	56	64	66	71
7	Minnesota	54	68	69	71
8	Nebraska	NA	68	85	86
9	Northwestern	92	97	97	97
10	Penn State	85	91	81	80
11	Purdue	59	59	76	81
12	Rutgers	NA	NA	83	82
13	The Ohio State	62	74	81	74
14	Wisconsin	65	63	71	73

The `spread()` function takes two arguments: The first specifies a **key**: and the second specifies the **value**: year is the key and gsr the value.

Balanced Design

A **balanced design** refers to a design in which participants are measured at the same time points.

An **unbalanced design** occurs when not all participants are measured at the same time points by design.

School	GSR2008	GSR2011	GSR2014	GSR2015
Illinois	69	75	70	70
Indiana	67	70	76	79
Iowa	74	82	71	74
Maryland			75	78
Michigan	71	69	72	79
Michigan State	56	64	66	71
Minnesota	54	68	69	71
Nebraska		68	85	86
Northwestern	92	97	97	97
Penn State	85	91	81	80
Purdue	59	59	76	81
Rutgers			83	82
The Ohio State	62	74	81	74
Wisconsin	65	63	71	73

This constitutes a **balanced design**, as the measurement occasions across all schools were the same.

The **incomplete data** is a function of missingness, not the design.

An example of an **unbalanced design**: A researcher plans to measure subjects from School A annually, but subjects from School B every two years.

Student	School	Age							
		9	10	11	12	13	14	15	16
1	A	9.2	10.5	9.8	12.6	14.1	13.7	13.7	15.2
2	A	9.3	10.7	11.9	14.2	14.1	15.0	14.8	14.7
3	A	10.3	11.1	11.7	12.6	13.1	12.8	13.1	14.1
4	B	10.1		11.6		12.4		13.9	
5	B	11.1		12.8		15.3		12.2	
6	B	9.5		14.1		12.6		13.2	

Here the **incomplete data** is a function of the design.

Same **unbalanced design**: A researcher plans to measure subjects from School A annually, but subjects from School B every two years.

Student	School	Age							
		9	10	11	12	13	14	15	16
1	A	9.2	10.5	9.8	12.6	14.1	13.7	13.7	15.2
2	A	9.3			14.2	14.1	15.0	14.8	
3	A		11.1	11.7	12.6	13.1	12.8		14.1
4	B	10.1		11.6				13.9	
5	B	11.1		12.8		15.3		12.2	
6	B	9.5		14.1		12.6		13.2	

Here the **incomplete data** is a function of the design and missingness.

Imbalance, Incompleteness and Analytic Method

Classical methods of analyzing longitudinal data (Repeated-Measures ANOVA and MANOVA) require **balanced and complete** data.

Classical methods work on the WIDE data. If there is any missing data, that row is eliminated from the analysis (**listwise deletion**).

Student	School	Age							
		9	10	11	12	13	14	15	16
1	A	9.2	10.5	9.8	12.6	14.1	13.7	13.7	15.2
2	A	9.5			14.2	14.1	15.0	14.8	
3	A		11.1	11.7	12.6	13.1	12.8		14.1
4	B	10.1		11.6				13.9	
5	B	11.1		12.8		15.3		12.2	
6	B	9.5		14.1		12.6		13.2	

To avoid the problem of eliminating a great deal of cases, sometimes researchers will **create complete and balanced data from unbalanced or incomplete data**. To do this, the researcher must delete data to force complete data and an equal number of waves for all participants.

Student	School	Age							
		9	10	11	12	13	14	15	16
1	A	9.2	10.5	9.8	12.6	14.1	13.7	13.7	15.2
2	A	9.3			14.2	14.1	15.0	14.8	
3	A		11.1	11.7	12.6	13.1	12.8		14.1
4	B	10.1		11.6				13.9	
5	B	11.1		12.8		15.3		12.2	
6	B	9.5		14.1		12.6		13.2	

For example, rather than focus on age, a researcher might choose to focus on **successive measurement occasions**.

Student	School	Successive Measurement Occassions							
		1	2	3	4	5	6	7	8
1	A	9.2	10.5	9.8	12.6	14.1	13.7	13.7	15.2
2	A	9.3	14.2	14.1	15.0	14.8			
3	A	11.1	11.7	12.6	13.1	12.8	14.1		
4	B	10.1	11.6	13.9					
5	B	11.1	12.8	15.3	12.2				
6	B	9.5	14.1	12.6	13.2				

There is complete data for three **successive measurement occasions**. Everything else would be deleted.

In this example, the **chronology metric** (i.e., time scale) is ignored and so is the variability in timing of observations. Ignoring time scale (e.g., age) may be indefensible, especially if the scores reflect some type of developmental phenomenon that is naturally tied to time scale.

A second way to deal with missing data is to create complete and balanced data via **imputation**. Imputation is the process of replacing missing data with substituted values.

Student	School	Age							
		9	10	11	12	13	14	15	16
1	A	9.2	10.5	9.8	12.6	14.1	13.7	13.7	15.2
2	A	9.3	10.8	12	14.2	14.1	15.0	14.8	14.65
3	A	9.84	11.1	11.7	12.6	13.1	12.8	13.56	14.1
4	B	10.1	10.8	11.6	13.13	13.84	13.83	13.9	14.65
5	B	11.1	10.8	12.8	13.13	15.3	13.83	12.2	14.65
6	B	9.5	10.8	14.1	13.13	12.6	13.83	13.2	14.65

Here mean imputation has been used to impute the values of each missing data point.

One major problem with ignoring time or with imputation (regardless of the method of imputation), is that we **ignore or truncate variation**.

- When creating data by only using the sequential measurement occasions, we ignore the variability in timing of observations.
- When imputing data, we truncate the variation in the measurements themselves.

Variation is key to data analysis, and truncating variation is something you do not want to do.

Modern methods of analyzing longitudinal data (e.g., linear mixed-effects models) **do NOT require** balanced and complete data. This allows for much more flexibility in the design and structure of the data.

Modern methods work on the LONG data. Using listwise deletion on LONG data only results in the elimination of a single measurement occasion for a case...not the entire case.

Student	School	Age	Outcome
1	A	15	13.7
1	A	16	15.2
2	A	9	9.3
2	A	10	
2	A	11	
2	A	12	14.2
2	A	13	14.1
2	A	14	15.0
2	A	15	14.8
2	A	16	
3	A	9	
3	A	10	11.1

This allows us to keep the time scale (Age) and use any available information, even in cases with partial data.

Although we will cover classical methods, it is recommended that you **always use modern methods in practice**—even when you have complete data!

Unfortunately, listwise deletion omits cases even when the missing data occurs only in covariates. Consider this example where a researcher is interested in examining students' reading development.

Student	Read	Grade	Sex
1	172	5	
1	185	6	
1	179	7	
1	194	8	
2	200	5	F
2	210	6	F
2	209	7	F
2		8	F
3	191	5	M
3	199	6	M
3	203	7	M
3	215	8	M

All of Student 1's data would be deleted because of the missing data on the Sex covariate. **Should we delete these rows?**

This row should be deleted since Student 3 is missing a reading score (outcome) at Grade 8.

The statistical recommendations about when to delete data are not clear. For example:

- When data is missing (NA values occur) in the **response variable**, it is recommended the missing value rows be omitted and the resulting data used in all analyses.
- When data is missing (NA values occur) in **static predictors** (predictors that are the same across all measurement occasions; e.g., sex), it is unclear whether these cases should be omitted. This is because cases might then be retained / excluded depending on the covariates used in the analysis.

To carry out listwise deletion, we pipe the data into the `drop_na()` function. (To use this function the **tidyr** package will need to be loaded.)

```
# Minneapolis reading data  
> mpls
```

	student	read	grade	sex
1	1	172	5	<NA>
2	1	185	6	<NA>
3	1	179	7	<NA>
4	1	194	8	<NA>
5	2	200	5	F
6	2	210	6	F
7	2	209	7	F
8	2	NA	8	F
9	3	191	5	M
10	3	199	6	M
11	3	203	7	M
12	3	215	8	M

```
# Use drop_na()  
> mpls2 = mpls %>% drop_na()  
> mpls2
```

	student	read	grade	sex
5	2	200	5	F
6	2	210	6	F
7	2	209	7	F
9	3	191	5	M
10	3	199	6	M
11	3	203	7	M
12	3	215	8	M

Without any arguments, the `drop_na()` function carries out listwise deletion.

```
# Delete only cases missing reading score
> mpls3 = mpls %>% drop_na(read)
> mpls3
```

	student	read	grade	sex
1	1	172	5	<NA>
2	1	185	6	<NA>
3	1	179	7	<NA>
4	1	194	8	<NA>
5	2	200	5	F
6	2	210	6	F
7	2	209	7	F
9	3	191	5	M
10	3	199	6	M
11	3	203	7	M
12	3	215	8	M

When variable names are included in the `drop_na()` function, it will carry out listwise deletion only on those variables. Multiple variables can be separated by commas.

Missing Data, Validity, and Inference

In longitudinal analysis (as in any other data analysis), the results and inferences drawn are most valid when there is **no missing data**.

When there are missing values the validity of the analysis depends on certain assumptions about the mechanism underlying the missingness. This mechanism can be thought of as a process that acts on the **unobserved complete data** set to produce the incomplete observed data set.

Consider the measurement of a response variable at two time points. Suppose there is no missing data at the first time point but there is missing data at the second time point. How we classify the missing data mechanism is related to **whether the missing data at Time 2 depend on:**

1. The observed data at Time 1.
2. The observed data at Time 2.
3. The missing data at Time 2.
4. None of the above .

Missing Completely at Random (MCAR)

The missing data in our example can be classified as *Missing Completely at Random* (MCAR) when #4 on the list (None of the above) is the case. Specifically, the missing data at Time 2:

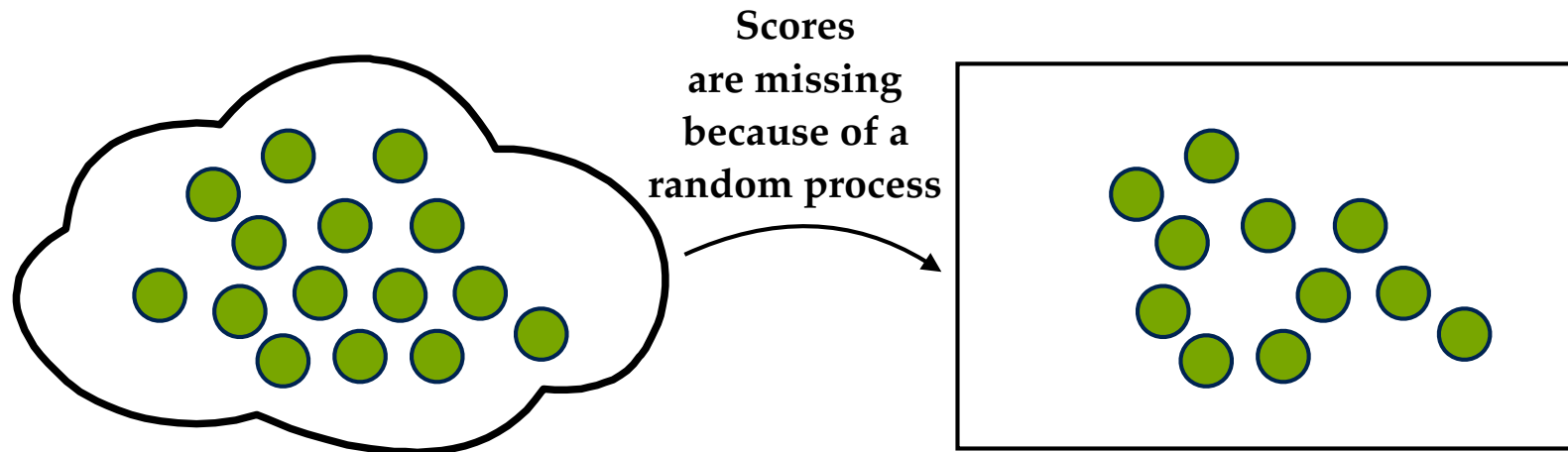
- Does not depend on the observed data at Time 1.
- Does not depend on the observed data at Time 2.
- Does not depend on the missing data at Time 2.

In fact, to be classified as MCAR, missing data on a particular variable must be **unrelated to any other variables** of interest in the study.

One way to think about data that are MCAR is that the incomplete observed sample is assumed to be a random sample of the unobserved complete data.

Example of MCAR Process: Suppose a researcher wants to study students' reading development between 5th and 9th grade. Her original plans was to administer a reading test each year of the study, but she is worried about the response load. By design, she plans to obtain only four waves of data for two cohorts of individuals. Cohort 1 will be measured over grades 5–8 and Cohort 2 will be measured over grades 6–9. Students will be randomly assigned to a cohort.

Cohort	Grade				
	5	6	7	8	9
1	x	x	x	x	
2		x	x	x	x



Unobserved complete data at Grade 5 and 9

Observed incomplete data at Grade 5 and 9

In the observed (incomplete) data, students assigned to Cohort 1 will be missing reading measurements at Grade 9, and students assigned to Cohort 2 will be missing measurements at Grade 5. The missingness is a **function of the random process used to assign students to cohorts**, and thus can be considered MCAR.

Missing at Random (MAR)

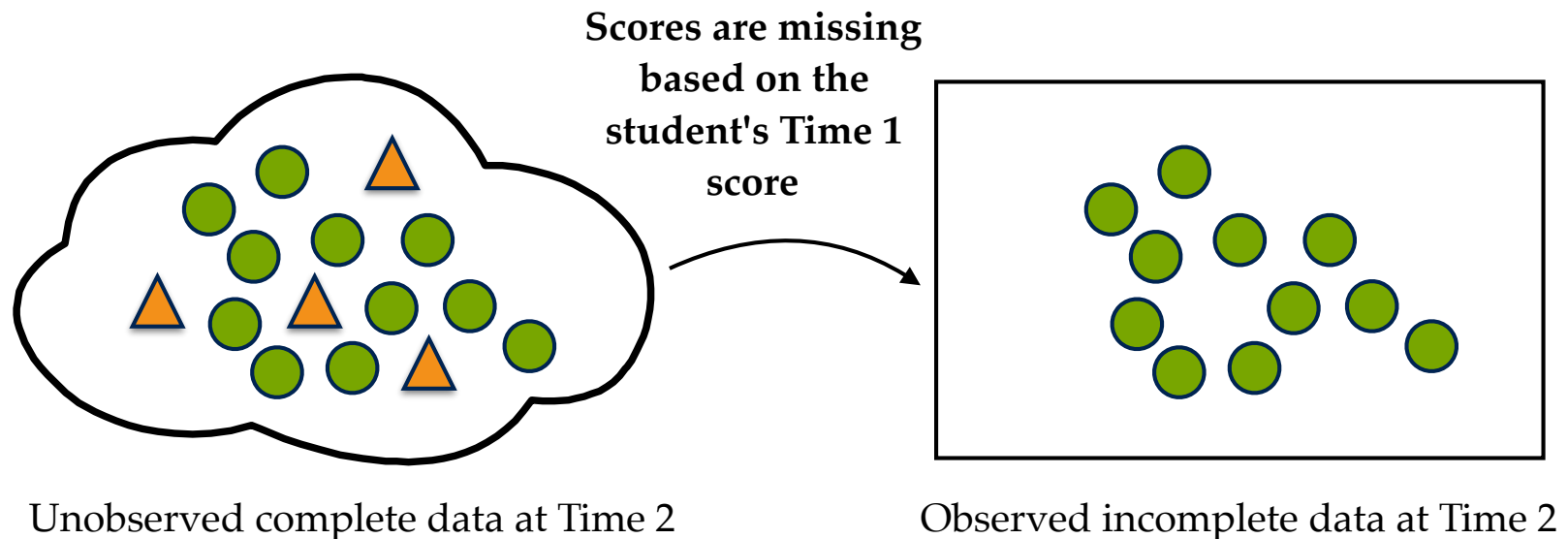
The missing data in our example can be classified as *Missing at Random* (MAR) when #1 or #2 on the list is the case. Specifically, the missing data at Time 2:

- Depends on the observed data at Time 1; OR
- Depends on the observed data at Time 2; BUT
- Does not depend on the missing data at Time 2.

To be classified as MAR, missing data on a particular variable must be **associated with other variables of interest in the data set.**

The term MAR is confusing since data are not really missing at random—missingness depend on some of the variables in the data set.

Example of MAR Process: Suppose a researcher wants to study students' reading development over the course of year. She is planning on taking two measurements for each student. However, any student with a perfect score at Time 1 will not be measured a second time.



In the observed (incomplete) data, students with perfect scores at Time 1 will be missing reading measurements at Time 2. The missingness is a **function of another variable in the dataset** (the Time 1 scores), and thus can be considered MAR.

Knowing a subject's score at Time 1, is predictive of a missing value at Time 2. (Note: The prediction of missing values can be based on any variable, not only the response variable.)

Not Missing at Random (NMAR)

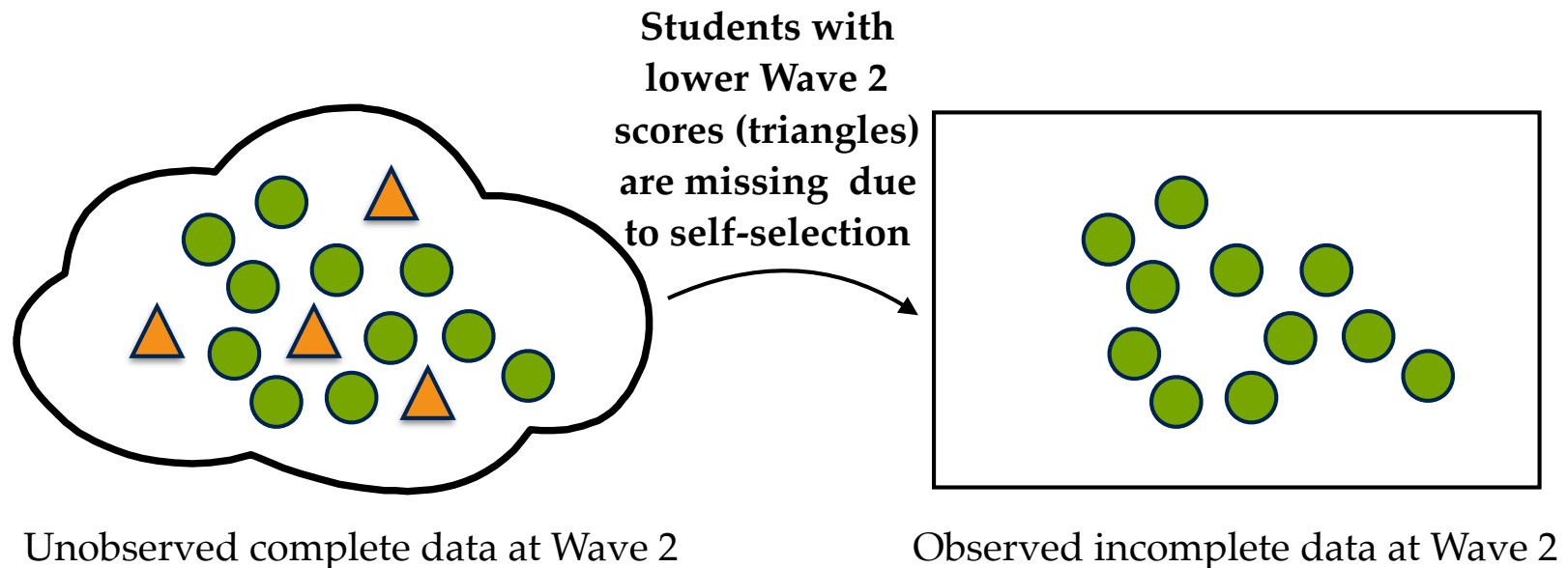
The missing data in our example can be classified as *Not Missing at Random* (NMAR) when #3 on the list is the case. Specifically, the missing data at Time 2:

- Depends on the missing data at Time 2.

To be classified as NMAR, missing data on a particular variable must be **associated with the variable that has the missing data**.

For example, survey respondents with lower incomes are more likely to have missing data on the income item of a survey.

Example of NMAR Process: Consider computer administered reading test with two measurement waves. After taking the test the second time (Wave 2), subjects are allowed to see both scores and can decide to retain or delete their second score. Subjects whose score decreases from Wave 1 to Wave 2, are more likely to delete their Wave 2 score. Only retained scores are ultimately observed by the researcher (deleted scores are not observable).



In the observed (incomplete) data, students with lower scores at Wave 2 will be missing reading measurements at Wave 2. The missingness is a **function of the Wave 2 missing data** (the low Wave 2 scores), and thus can be considered NMAR.

In this case the missing data are also dependent on the observed data at Wave 1. More importantly, they depend on the missing data at Wave 2, as the researcher never sees the deleted subjects' Wave 2 scores.

What do these missing data mechanisms mean for estimation and inference? Well, this depends. If one is using listwise deletion, then only data that is MCAR will produce unbiased estimates of the coefficients and SEs. If likelihood-based estimation methods are utilized, then unbiased estimation also extends to MAR data (Rubin, 1976).

In the statistical literature, for likelihood-based inference the **missingness is ignorable** under MCAR or MAR.

	Listwise Deletion (Non-Likelihood-Based Inference)		Listwise Deletion (Likelihood-Based Inference)	
MCAR	Unbiased coefficient estimates	Unbiased estimates of SE	Unbiased coefficient estimates	Unbiased estimates of SE
MAR			Unbiased coefficient estimates	Unbiased estimates of SE
NMAR				

Modern methods for dealing with longitudinal data (mixed-effects models) use likelihood-based inference. Classical methods (RM-ANOVA; MANOVA) do not use likelihood-based inference.

It is up to the researcher to show that any missing data that is NMAR is ignorable. This is a tall order and often means explicitly modeling the missing data mechanism to obtain unbiased estimates of the coefficients and SEs. This, in turn, requires a wealth of substantive knowledge about the underlying missing data mechanism because the data itself contains no information about what models would be appropriate. This means there is no way to test goodness of fit of missing data model. Results, which are often very sensitive to choice of model, are quite uncertain..

There have been many partial solutions for specific types and cases of NMAR. See, for example, Rubin and Little's (2002) book on missing data.

What about other methods of dealing with missing data?

Pairwise Deletion: Generally we can use PD to estimate the means, variances and correlations between variables. These values are then plugged into formulas to estimate the parameters (e.g., coefficients, SEs). If the missing data is MCAR, the coefficient estimates are *approximately* unbiased. The SEs, however, tend to be incorrect (larger sample sizes do not fix this). For missing data that is MAR, both the coefficient estimates and SEs tend to be biased.

Imputation: Imputation methods often produce biased parameter estimates, especially, variances. Because the variation in measures is truncated with most imputation methods, SE estimates tend to be biased downward (too small), which in turn produce p -values that are too small. Most analysts treat imputed data as actual data; ignoring the inherent uncertainty in producing imputed values. Multiple imputation attempts to account for this uncertainty.

References and Source Material

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