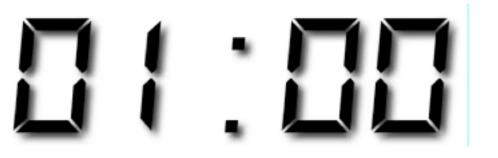
Dates: lubridate

```
Get and set components
year(), month(), wday(), mday(), hour(),...
bday < - dmy("14/10/1979")
month (bday)
 [1] 10
wday(bday, label = TRUE)
 [1] Sun
 Levels: Sun < Mon < Tue < Wed < Thu < Fri < Sat
```





Use the lubridate package

Create a variable with your birthday

today() gets you the current date

Subtract your birthday from today () to see how many days old you are