

SPORTS

rigorous (adj) /'rɪɡ.ə.əs/

strict or severe (ngghiêm ngặt, chặt chẽ)

Ex: Ireland excelled last season after putting himself through a **rigorous** summer fitness training programme.

bandage (n) /'bændɪdʒ/

a strip of cloth that is used to cover an injury on someone's body to protect it (băng vết thương)

Ex: My ankle is rather weak, so I always put a **bandage** on it to support it when I play tennis.

umpire (n) /'ʌm.paɪə/

a person who controls a game and makes sure that the rules are followed (trọng tài)

Ex: We have all been brought up to accept the **umpire's** decision.

balk (v) /bɔ:k/

to be unwilling to do something (do dự)

Ex: The New England winters were fierce, and the students **balked** at participating in outdoor activities.

like – minded (adj) /,laɪk'maɪn.dɪd/

(of people) sharing the same opinions, ideas, or interests (cùng sở thích, ý tưởng)

Ex: A dedicated football fan herself, she started the magazine for **like-minded** women.

camaraderie (n) /,kæm.ə'reɪ.dəri/

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a feeling of friendliness towards people that you work or share an experience with (tình bạn, sự thân thiết)

Ex: It is seen not only as a competitive sport but also as a way to exercise and to enjoy the **camaraderie** of like-minded people.

bystander (n) /'baɪ, stæn.dəʳ/

a person who sees something that is happening but is not involved (người đứng xem)

Ex: Two teenagers have been arrested in connection to a weekend shooting that injured a 76-year-old **bystander**.

Paralympic (adj) /,pær.ə'lim.pɪk/

connected with the Paralympics, an international sports competition for people with physical disabilities (thể vận hội dành cho người khuyết tật)

Ex: With just over a year until the 2020 Tokyo **Paralympic** Games open on Aug. 25, 2020, officials on Tuesday announced detailed schedules.

impartial (adj) /ɪm'pɑː.ʃəl/

not supporting any of the sides involved in an argument (không thiên vị)

Ex: The game itself is often controlled by an **impartial** individual known as an umpire in cricket and a referee in sports like football and rugby.

inception (n) /ɪn'sep.ʃən/

the beginning of an organization or official activity (sự khởi đầu, bắt đầu)

Ex: At its **inception**, baseball was played by and for gentlemen.

Quiz

Fill in the blanks with the words from the box

Paralympics	umpire	bandage	rigorous	impartial
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1. Every time you switch the player with the helmet, you must report to the _____.

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2. He became a world-class _____ athlete after a car accident left him paralyzed.
3. The ombudsman is an _____ referee who will make a ruling on your dispute, without favoring either side.
4. Phillips wore a white _____ over his damaged left eye when he came for Freddy.
5. That training is very _____ as it should be they are going to be carrying a gun around 5 and 6 year old children.

arena (n) /ə'ri:.nə/

a large, flat area surrounded by seats used for sports or entertainment (vũ đài, sân thể thao)

Ex: The **arena** was full of excited spectators cheering on their team.

amateur (n) /'æm.ə.təʔ/

taking part in an activity for pleasure, not as a job (nghệ dư, không chuyên)

Ex: The Olympic Games were originally for **amateur** athletes only.

lob (n) /lɒb/

a high, curving hit of a ball (quả lúp)

Ex: Jones hit a beautiful **lob** over his opponent's head.

offside (adj) /,ɒf'saɪd/

in a position that is not allowed by the rules of the game, often in front of the ball (việt vị)

Ex: Forwards have to learn how to avoid being caught in an **offside** position.

knockout (n) /'nɒk.aʊt/

(in boxing) a situation in which a fighter falls after being hit and cannot get up in ten seconds (nốc ao, đo ván)

Ex: He won by a **knockout** in the tenth round.

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runner-up (n) /ˌrʌn.əˈrʌp/

a person who comes second in a race or competition (người về nhì)

Ex: Madison is the Eastern Region champion and last year's state **runner-up**.

go to pieces (idiom)

become nervous or upset and unable to perform (lo lắng, căng thẳng)

Ex: When the opposition put us under pressure, we just **went to pieces**.

dominate (v) /ˈdɒm.ɪ.neɪt/

to have control over a place or a person, or to be the most important person or thing (bao sân, áp đảo)

Ex: The Rams **dominated** the football game in handing the Eagles their second loss.

give something away (phrV)

lose a game, point or competition through a bad mistake (thua trận)

Ex: We dominated the game, and were on the verge of winning, then we **gave away** a silly penalty.

fanatic (n) /fəˈnæt.ɪk/

a person who is extremely interested in something, to a degree that some people find unreasonable (fan cuồng)

Ex: When the premier league takes place, football **fanatics** usually go to watch the matches at a café.

Quiz

Fill in the blanks with the words from the box

runner-up	fanatic	arena	amateur	dominated
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1. Football _____ Saddam Maake calls himself South Africa's number one supporter.

2. Stewart _____ this race, leading three times for all but 14 of the 150 laps.

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3. The _____ has 12 custom-built gaming computers for spectators go over film after a competition.
4. The winning and _____ teams received LTU scholarship offers worth up to \$64,000 over our years.
5. Worked as a soft drinks distributor for Coca-Cola while still an _____ player.

root for smb/ smth (phrV)

to express your support for the success of someone or something (ủng hộ)

Ex: The crowds have been large, with the vast majority of the fans **rooting for** Mexico.

athletic (adj) /æθ'let.ɪk/

strong, healthy, and good at sports (năng động, yêu thể thao)

Ex: I'd consider myself a pretty **athletic** person.

sober (adj) /'səʊ.bəʳ/

not drunk or affected by alcohol (không nghiện rượu, điềm tĩnh)

Ex: The personal trainer helps addicts to stay **sober**.

high-end (adj) /ˌhaɪ'end/

of very good quality and usually expensive (cao cấp)

Ex: The **high-end** gym and indoor cycling chain, famous for its celebrity clients, has faced a customer backlash over the event backed by Stephen Ross.

all-round (adj) /ˌɔ:l'raʊnd/

(of a person) with a wide range of skills or abilities (toàn diện)

Ex: She's a fantastic **all-round** sportswoman.

slender (adj) /'slen.dəʳ/

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thin and delicate, often in a way that is attractive (mảnh khảnh)

Ex: If you're a very **slender** person who is more suited to endurance, it won't harm to introduce exercises of the other type.

tee off (phrV)

to hit a golf ball from a tee, especially at the start of a match (thực hiện đánh bóng gôn)

Ex: The players **teed off** more than 90 minutes late because of heavy rains that made the course soggy.

play off (phrV)

to play a game, in a team sport, to decide which side will win (thi đấu)

Ex: United and Rangers are **playing off** for the championship.

hamper (v) /'hæm.pə/

to prevent someone doing something easily (ngăn cản)

Ex: He is without a victory this year, having been **hampered** by a wrist injury that caused him to miss the US PGA Championship, which he won in 2017.

romp (v) /rɒmp/

to succeed or win easily (thắng dễ dàng)

Ex: The unbeaten Charlottesville Crackers **romped** past the Beantown Beanies 68-26.

Quiz

Fill in the blanks with the words from the box

romped	play off	athletic	rooting for	tee off
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1. The first pair are due to _____ at 10 o'clock.
2. The 16 finalists will _____ to see who will win the championship.
3. The Dutch team _____ to a 5-1 victory over Celtic.

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4. I'm sure you'll win. Everyone's _____ you.
5. His sister is a tall, slim _____ girl.

Vocabulary highlights

- ☐ rigorous (adj): nghiêm ngặt, chặt chẽ
- ☐ bandage (n): băng vết thương
- ☐ umpire (n): trọng tài
- ☐ balk (v): do dự
- ☐ like-minded (adj): cùng sở thích, ý tưởng
- ☐ camaraderie (n): tình bạn, sự thân thiết
- ☐ bystander (n): người đứng xem
- ☐ Paralympic (adj): thể vận hội dành cho người khuyết tật
- ☐ impartial (adj): không thiên vị
- ☐ inception (n): sự khởi đầu
- ☐ arena (n): vũ đài, sân thể thao
- ☐ amateur (adj): nghiệp dư, không chuyên
- ☐ lob (n): quả lốp
- ☐ offside (adj): việt vị
- ☐ knockout (adj): nốc ao, đo ván
- ☐ runner-up (n): người về nhì
- ☐ go to pieces (idiom): lo lắng, căng thẳng
- ☐ dominate (v): bao sân
- ☐ give something away (phrV): thua trận
- ☐ fanatic (n): fan cuồng
- ☐ root for smb/ smth (phrV): ủng hộ
- ☐ athletic (adj): năng động, yêu thể thao
- ☐ sober (adj): điềm tĩnh

- ☐ high-end (adj): cao cấp
- ☐ all-round (adj): toàn diện
- ☐ slender (adj): mảnh khảnh
- ☐ tee off (phrV): thực hiện đánh bóng gôn
- ☐ play off (phrV): thi đấu
- ☐ hamper (v): ngăn cản
- ☐ romp (v): thắng dễ dàng

PRACTICE

1. In the second leg of the double header, Workers _____ home for a 22-0 win.
A. took B. gave C. romped D. smashed
2. In a few hours' time most of the world's top golfers tee _____ in the U.S. Masters.
A. off B. on C. up D. within
3. The winner will face the Oakland A's in the _____ this weekend.
A. fanatic B. playoffs C. domination D. runner-up
4. In the European Cup, there was a _____ competition between the top teams in Europe.
A. slender B. sober C. knockout D. high-end
5. Tech-enabled _____ fitness offerings will expand in the near future.
A. slender B. all-round C. hampering D. high-end
6. The team's coach insisted on a programme of _____ training before the big match.
A. rigorous B. harsh C. severe D. searching
7. Liverpool beat local _____, Everton, by two goals to one last Saturday.
A. opponents B. rivals C. enemies D. foes
8. I hope you all don't get _____ by this minor defeat – our performance is improving all the time, and we could win our next match.
A. supported B. discouraged C. accelerated D. motivated
9. The _____ at the football match became violent when their team lost.

- A. customers B. groups C. spectators D. observers
10. The _____ said it was a foul and gave us a free kick.
- A. controller B. judge C. referee D. umpire
11. He invited WDRB in the Morning's Candyce Clifft to be an _____ referee.
- A. inception B. arena C. impartial D. lob
12. After all, the venue was constructed on the site of the former Los Angeles Memorial Sports _____.
- A. Lob B. Offside C. Passing D. Arena
13. At the start of the sequence, which we couldn't see in the live broadcast, Pulisic did appear to be in an _____ position.
- A. offside B. knockout C. fanatic D. supporters
14. If we mentioned the match, she was likely to go to _____.
- A. glasses B. watches C. matches D. pieces
15. They gave _____ two goals in the first half.
- A. off B. in C. out D. away
16. Bob Francis, a former Masterton Mayor and international rugby referee, went to Wairarapa College with his son who stood out as an _____ sportsman.
- A. high-end B. all-round C. sober D. offside
17. Having lost the match, the team traveled home in _____ spirits.
- A. low B. dark C. empty D. cold
18. Newcastle United won a _____ victory over league rivals Arsenal to win the premiership title.
- A. influential B. decisive C. strong-minded D. determined
19. Not only did they not win the trophy, but they were knocked out in the _____ round.
- A. initial B. introductory C. qualifying D. pre-seasonal
20. Owen's second goal was _____ because he was off-side.
- A. disqualified B. banned C. outlawed D. disallowed