

# THE SYLLABLE STRESS SURVIVAL GUIDE

THE TOP 101

"FOR GREATER  
RESULTS,  
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VERSION!"



**PAUL S GRUBER, MS, CCC-SLP**

*SPEECH LANGUAGE PATHOLOGIST*

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Paul Gruber showing you how to  
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Father Kisaka Nyache  
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Archdioceses  
Kenya



**"Paul's Program has been the most spectacular language learning experience I have ever had."**

Harold Hernandez  
Columbia



**"Paul, you not only helped me improve my pronunciation in English substantially, but you also completely removed my fear of mispronouncing words in public."**

Khalid Alnowaiser  
Attorney  
Saudi Arabia



**"I have finally corrected my 'hopeless' accent that I have had for decades."**

Angela Wu  
Family Therapist  
China

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# INTRODUCTION

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**W**ELCOME! I AM SO GLAD THAT YOU HAVE SIGNED UP to receive my **Syllable Stress Survival Guide – The Top 101**, and I do hope you will continue and benefit from my **Miracle Pronunciation Academy Course!**

According to experts, English is already spoken by 1.75 billion people around the world, and approximately 1.5 billion people are learning English at any given time. These numbers are staggering.

It's not surprising. English has become the global language for business, education and cultural transactions throughout the world.

Learning and speaking English proficiently is certainly important, and will help you tremendously in both your personal and professional life, however...

*If your English is unclear because of your pronunciation and accent issues, you've got yourself a COMMUNICATION problem. Unfortunately, people are not always understanding you!*

Do you realize that you can learn to speak with Perfect Pronunciation? People who take my training do it every day!

Sure, you could improve your vowel sounds, consonants, intonation, word connections, etc., however a large overlooked area which causes problems is **SYLLABLE STRESS**. That's why I created this Guide!

I cannot tell you how many times I've worked with a student and have been unable to understand what he or she said, simply because they were stressing the wrong syllable. Don't let this be you! You can fix this!

As a Certified Speech Language Pathologist, I have been helping people throughout the world learn to speak clear and correct English for over 25 years. To date, millions of people throughout the globe have taken my training. Some have been high school and college students, entrepreneurs, engineers, lawyers, professors, doctors, clergy, CEO's, receptionists, actors, salespeople, waiters, consultants... individuals from every walk of life. They have improved their lives with my bestselling courses, they may have enrolled in our Live Training (over the Internet), or they may have attended my Live International Events sponsored by corporations and universities.

For many years, people have been asking me to update my training, and make it even more powerful. They loved what I did before, and so many have said it was the best English pronunciation training they had ever seen...but they wanted more.

That's how the '**Miracle Pronunciation Academy**' got started. In fact, one of my students from my VIP Program came up with this 'miraculous' name... A wonderful woman from Turkey, with a thick Turkish accent... She made YouTube videos and wanted to be easily understood when she spoke in English. She worked with me, improved quickly, and now truly speaks like a native English speaker! She said to me, "Paul, what you did for me was 'A MIRACLE'! You should call your program 'Miracle Pronunciation'!!! Well, I took her advice!

I restructured the best parts of my training, and then expanded it with many new tricks and tips which I've mastered over the years. It's now even easier, more fun, and more powerful, and I am so happy to share all these secrets with you!

I hope you have already signed up and joined me in my Online 'Academy'! Every week, I will automatically provide you with fresh updated powerful training, new material, new topics, new tricks, all with my unique spin, to have you speaking English as perfect as possible!

You will also have the opportunity to take our Live Interactive Classes, and if you become a 'VIP' member, you can work with me 'One-on-One' for extremely personalized English, Pronunciation, and Speech Coaching.

I love what I do, I extremely good at it, and it would be my pleasure to work with you and help you as much as I can!

# WHY 'SYLLABLE STRESS'

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**S**PEAKING CLEAR ENGLISH INVOLVES USING CORRECT pronunciation. When you break that down, that includes vowels and consonants, blends, word connections, rhythm, rate, intonation, and hidden sounds. What many speakers of English as a Second Language don't think about is 'syllable stress'.

In English, when you have a word which contains more than one syllable, one of those syllables is always stressed (or emphasized). From a musical perspective, I like to think of it as one of the syllables is on a higher musical note.

Many speakers of English as a Second language never learn, and never master which syllable in a word requires stress. Most don't even realize that they have a problem with this. 'Syllable stress' errors in your speech, are often the difference between your listener 'knowing what was said'... and *total confusion*.

Let me give you an example of what I mean...

I remember early in my career, my clients would often tell me they work in the *IT industry*, or *Healthcare industry*, however, I wasn't sure what they were saying because of the word '*Industry*'!

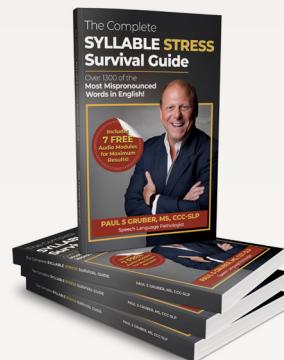
In the United States, the word '*industry*' is stressed on the first syllable: '*IN-duh-stree*'. However, many of my students pronounced this word as: *in-DUH-stree*, stressing the SECOND syllable (instead of the first). In fast, conversational English, something as tiny as this, can make your speech unintelligible to a native North American English speaker.

# ABOUT 'THE SYLLABLE STRESS SURVIVAL GUIDE'

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MY PASSION IS TO HELP AS MANY PEOPLE AS POSSIBLE learn to speak Perfect English. If that is your dream, my goal is to help you get there. With some practice, and the correct training, believe me, your dream can come true!

This guide contains 101 pronunciations of some very important English words, especially in terms of 'Syllable Stress'. This guide that you are reading, is actually a small part of "The Complete Syllable Stress Survival Guide." This Full Version contains over **1300** of the **MOST MISPRONOUNCED WORDS IN ENGLISH**. It is an excellent resource which took many years to create. If you would like to get your hands on the Full Version of the book which includes 7 Audio Modules, it is currently available on Amazon. [CLICK HERE](#) to purchase! ☺



## I created this guide for two reasons:

1. To help you with your 'Syllable Stress', so you'll be speaking correctly and...
2. To encourage you to [JOIN](#) my 'Miracle Pronunciation Academy' online.

My 'Miracle Pronunciation Academy' is my all-new training program! It is powerful, fun, extremely effective and

affordable. When you join the 'Academy', every few days, you will receive access to All-New Exclusive Video Classes, taught 100% by me.

I'll give you tips and tricks that you have never seen anywhere else, and you will be amazed at what you will learn and how fast your English will improve... not to mention your confidence!

**Miracle  
Pronunciation**

ACADEMY



Although this Guide addresses syllable stress for my Top English words, please understand that it is not meant to improve your overall pronunciation and speaking skills. If you really want to take your English to a whole new level, you will need to enroll in my 'Miracle Pronunciation Academy'. You will learn SO MUCH! I teach you things that are never covered in an English class. My training will transform your speech, and soon you will experience your own Miracle!

Did you know that I created an  
**AUDIO VERSION** of this guide? It will  
help you master every word...QUICKLY!



**Get this Super Bonus Completely FREE Today!**

Right now, for a limited time, when you sign up to try my '**Miracle Pronunciation Academy – Jumpstart Program**', I will give you the **Audio Version of this Guide ABSOLUTELY FREE!!!**

- You will hear me pronounce EACH WORD with correct 'syllable stress' and pronunciation.
- You will receive my exclusive '**Rhythm Pronunciation Audio Lists**' to help you quickly learn how to practice while grouping words together.
- You will get your first week access to my All New 'Miracle Pronunciation Program, along with an opportunity to work with me LIVE!

I am confident that you are going to be delighted with my brand new video training and see the tremendous value that we provide! If you are not amazed with what you are learning and the results you are seeing, feel free to stop at any time, but keep the Free Audio Version of this Guide as my gift to you!

Join me, and today start learning today how to speak English clearly, correctly and confidently, and with Perfect Pronunciation. **CLICK HERE** to get started.

# Naked Pronunciation

What's that???

No.... sorry, I am keeping my clothes on, ☺... but I want to make this training really simple for you to follow... So, I've stripped away all the phonetic symbols (except for /ʌ/) and

all the diacritical marks that you would normally find online, in a dictionary or the millions of English learning books. I find that using these ‘symbols’ greatly slows down the learning process. Mastering English pronunciation should be easy and effortless. After 25 years of transforming the way people speak, I’ve created my own unique system which I call ‘Naked Pronunciation’... and it works so beautifully. Once you understand and have mastered my ‘Naked’ system (which is easy), you will be on your way to speaking like a native!

### **Five ‘KEY’ Things to Know about my ‘Naked’ system:**

#### **1) What’s this upside-down ‘v’ all about???**

ʌ - This symbol represents the ‘uh’ sound; a very relaxed, short, neutral sound. You don’t need to do anything with your lips, just open your mouth and make a sound. You’ll see, it’s very common and I use it a lot in my pronunciation descriptions. This is the only symbol I use.

#### **2) CAPITAL LETTERS**

In this guide, **CAPITAL LETTERS REPRESENT THE SYLLABLE WHICH RECEIVES THE STRESS.** When I say ‘stress’, this is the part of the word which is emphasized and ‘pushed’. Think of it as a slightly raised musical note. When saying the word, you move ‘towards’ this CAPITALIZED SYLLABLE, and then you drop away from it.

#### **3) ‘W’ and ‘Y’ Hidden Sounds**

Very often in English, when two different vowel sounds come together, we separate them with either a ‘Hidden W’ or a ‘Hidden Y’. If there is a ‘W’ or ‘Y’ in

my pronunciation examples, and yet there is no ‘w’ or ‘y’ in the spelling of the word, please know that this is NOT a mistake. I am including the ‘W’ or ‘Y’ in my ‘naked pronunciation’, to show you that a hidden ‘w’ or ‘y’ is definitely pronounced.

#### **4) ‘T’ becoming a ‘D’**

When it comes to North American English Pronunciation, there are times when a spelled ‘t’ is pronounced as a voiced ‘d’. This is explained in greater detail in my ‘Miracle Pronunciation Program’. For this guide, you will see many words which are spelled with a ‘t’, yet pronounced as a ‘d’. Please know that this is NOT a mistake. ☺

#### **5) Vowels**

Mispronouncing vowels is a huge reason why ESL speakers are misunderstood and don’t sound ‘native’. Learning North American English vowel production is another great reason to join our ‘Academy’, as you will master these important sounds quickly.

# 'NAKED VOWEL KEY'

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**B**elow is my 'Naked Vowel Key'. You will see that I use specific letter combinations to describe these 15 precise vowel sounds used in North America. I've also included all these vowel sounds in my **Free Audio Guide**, which I hope you will get. The Audio Guide brings everything to life, and will make your learning a whole lot easier!

The more you use the Key, the easier it will become. Please don't spend much time 'studying this'... Just review it quickly, so you get my thought process, and then jump into learning the words.

Oh, one more thing... You may compare my pronunciations listed in this guide with your personal dictionary, or with an online source such as 'Google Dictionary'. Very often, you will find that my pronunciation description does not match your dictionary or Google. The reason for this is that those sources are often incorrect and don't represent current conversational English. Please trust my judgement and instruction. The pronunciations in this guide reflect on how I say the word (as a native-born, North American speaker), along with the majority of the other people I know living in the United States.

# Naked Vowel Key



- AAA = as in 'hand' (Sandy Vowel)
- AA = as in 'hat' (Short A)
- AH = as in 'hot' (Short O)
- AY = as in 'hay' (Long A)
- AU = as in 'how' and 'now' (bring lips forward)
- AW = as in 'law'
- EE = as in 'heat' (High EE)
- EH = as in 'egg' (Short E)
- IY = as in 'ice' (Long I)
- I = as in 'sit' (Short I)
- OW = as in 'go' (Long O)
- OO = as in 'boot' (High OO)
- ^ = as in 'book' (Low OO)
- OY = as in 'boy'
- UH = as in 'cup'

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Practice saying the words in this book out loud (orally). Practice them slow, practice them fast. If you are using my Audio Version to assist you, remember to practice with the words in isolation, but also use my exclusive '**Rhythm Pronunciation Audio Lists**' to practice with the 'grouped words'. By slowly and quickly reciting these 'grouped words', which all contain the same syllable stress patterns, you will have mastered these perfect pronunciations in no time!!!

I am so glad you signed up to get this book. Now, if you haven't already, I strongly recommend that you take the next step and join my online '**Miracle Pronunciation Academy**'.



It's easy, affordable, and trust me, you will be amazed with your improvements in your accent and pronunciation, but also with your overall English and communication skills! I have so much more powerful and unique material for you to learn and go through. It will change forever the way you speak English.

Also, please tell your friends and family about my program and share your experiences on your social media pages. I also recommend that you join my Exclusive Facebook Group, '**Elite English Pronunciation**', where you can receive additional Free Training from me!

Have fun... and I hope to have the opportunity to meet and work with you personally via our Live Training!

I wish you the very best, and am confident that you will receive immeasurable benefits from taking my program.

Here's to **YOUR** Miracle!!!

A handwritten signature in black ink, appearing to read "Paul S. Gruber".

**Paul S. Gruber MS, CCC-SLP, CEO**  
Speech Language Pathologist

# THREE SYLLABLE WORDS

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**FIRST** syllable gets the stress!

Advertise	AAd-ver-tiyz
Beautiful	BYOO-dʌ-ful
Dangerous	DAYN-jer-ris
Duplicate	DOO-pli-kit
Fortunate	FOR-chi-nit
Industry	IN-dʌ-stree
Management	MAA-nij-mint

**SECOND** syllable gets the stress!

expensive	eks-PEN-siv
conclusion	cuhn-CLOO-zshin
contribute	cuhn-TRI-byoot
delicious	di-LI-shis
encourage	in-CUH-rij
fantastic	faan-TAA-stik
percentage	per-SEHN-tij
permission	per-MI-shin

prescription	<i>prʌ-SCRIP-shin</i>
September	<i>sehp-TEM-ber</i>
specific	<i>spʌ-SI-fɪk</i>
tomato	<i>tʌ-MAY-dow</i>
tomorrow	<i>too-MAR-row</i>
tradition	<i>chruh-DI-shin</i>
transparent	<i>chraaan-SPAAA-rint</i>
tremendous	<i>chrʌ-MEHN-dis</i>

**THIRD** syllable gets the stress!

engineer	<i>ehn-ji-NEER</i>
guarantee	<i>gaa-rin-TEE</i>
volunteer	<i>vah-lin-TEER</i>
warranty	<i>wah-rin-TEE</i>

# FOUR SYLLABLE WORDS

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**FIRST** syllable gets the stress!

Accurately	AA-cyer-rit-lee
Definitely	DEH-fi-nit-lee
Memorable	MEH-mer-ruh-bl

**SECOND** syllable gets the stress!

accessory	aak-SEH-ser-ree
appropriate	^-PROW-pree-yit
cooperate	cow-WAH-per-rayt
development	di-VEH-l^p-mint
discovery	dis-KUH-ver-ree
diversity	di-VER-si-dee
eliminate	^-LI-mi-nayt
experiment	eks-PEH-ri-mint
philosophy	fi-LAH-s^fee
photography	f^-TAH-gr^fee
psychology	siy-KAH-l^jee
relationship	ree-LAY-shin-ship

spontaneous	<i>spahn-TAY-nee-yis</i>
thermometer	<i>ther-MAH-mi-der</i>

**THIRD** syllable gets the stress

academic	<i>aa-kʌ-DEH-mic</i>
accusation	<i>aak-yoo-ZAY-shin</i>
advantageous	<i>aad-vin-TAY-jis</i>
artificial	<i>ar-di-FL-shul</i>
celebration	<i>seh-lʌ-BRAY-shin</i>
compensation	<i>kahm-pin-SAY-shin</i>
demonstration	<i>deh-min-STRAY-shin</i>
independent	<i>in-di-PEHN-dint</i>
invitation	<i>in-vi-TAY-shin</i>
obligation	<i>ah-bli-GAY-shin</i>
operation	<i>ah-per-RAY-shin</i>
presentation	<i>preh-zin-TAY-shin</i>
presidential	<i>preh-zi-DEN-shʌl</i>
realization	<i>ree-lʌ-ZAY-shin</i>
satisfaction	<i>saa-dis-FAAK-shin</i>
superstitious	<i>soo-per-STI-shis</i>
therapeutic	<i>theh-ruh-PYOO-dik</i>

# FIVE SYLLABLE WORDS

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**SECOND syllable gets the stress!**

enthusiasm	ehn-THOO-zee-yaa-zm
extraordinary	eks-TROR-di-neh-ree
immediately	i-MEE-dee-yit-lee
refrigerator	ree-FRI-jer-ray-der
unfortunately	ʌn-FOR-chi-nit-lee
unusually	uhn-YOO-zshoo-wʌ-lee
vocabulary	vow-CAA-byoo-leh-ree

**THIRD syllable gets the stress!**

alphabetical	aal-fuh-BEH-di-kl
documentary	dah-cyoo-MEHN-ter-ree
educational	eh-joo-KAY-shi-nl
electricity	i-lehk-TRI-si-dee
individual	in-di-VI-joo-wʌl
intermediate	in-ter-MEE-dee-yit
necessarily	neh-sʌ-SEH-ruh-lee
personality	per-si-NAA-li-dee

possibility	pah-si-BI-li-dee
temporarily	tehm-per-REH-ri-lee
unbelievable	un-bi-LEE-vʌ-bl
understandable	un-der-STAAAN-dʌ-bl
unforgettable	un-for-GEH-tʌ-bl

### **Fourth syllable gets the stress!**

association	ʌ-sow-see-YAY-shin
characteristic	kaa-rik-der-RI-stik
congratulations	cuhn-graa-joo-LAY-shins
environmental	ehn-viy-yer-MEHN-tl
evacuation	ee-vaa-kyoo-WAY-shin
imagination	i-maa-jii-NAY-shin
justification	jʌ-sti-fi-KAY-shin
negotiation	ni-gow-shee-YAY-shin
organization	or-gi-ni-ZAY-shin
participation	par-ti-ci-PAY-shin
pronunciation	prow-nuhn-see-YAY-shin
qualification	kwah-li-fi-KAY-shin
sophistication	suh-fi-sti-KAY-shin

# SIX SYLLABLE WORDS

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**Third syllable gets the stress!**

simultaneously	siy-m <sup>ʌ</sup> I-TAY-nee-yis-lee
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**Fourth syllable gets the stress!**

dependability	di-pehn-d <sup>ʌ</sup> -BI-li-dee
humanitarian	yoo-maa-ni-TEH-ree-yin
responsibility	ree-spahn-s <sup>ʌ</sup> -BI-li-dee
superiority	soo-peer-ree-YAR-ri-dee

**Fifth syllable gets the stress!**

identification	iy-dehn-di-fi-KAY-shin
rehabilitation	ree-haa-bi-li-TAY-shin

# THE TOP 101 (IN ALPHABETICAL ORDER)

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academic	definitely
accessory	delicious
accurately	demonstration
accusation	dependability
advantageous	development
advertise	discovery
alphabetical	diversity
appropriate	documentary
artificial	duplicate
association	educational
beautiful	electricity
celebration	eliminate
characteristic	encourage
compensation	engineer
conclusion	enthusiasm
congratulations	environmental
contribute	evacuation
cooperate	expensive
dangerous	experiment

extraordinary	participation
fantastic	percentage
fortunate	permission
guarantee	personality
humanitarian	philosophy
identification	photography
imagination	possibility
immediately	prescription
independent	presentation
individual	presidential
industry	pronunciation
intermediate	psychology
invitation	qualification
justification	realization
management	refrigerator
memorable	rehabilitation
necessarily	relationship
negotiation	responsibility
obligation	satisfaction
operation	September
organization	simultaneously

sophistication	transparent
specific	tremendous
spontaneous	unbelievable
superiority	understandable
superstitious	unforgettable
temporarily	unfortunately
therapeutic	unusually
thermometer	vocabulary
tomato	volunteer
tomorrow	warranty
tradition	

**Congratulations!** You are becoming a master with Syllable Stress! Once you feel you know how to pronounce these words correctly and proficiently, and are ready to improve even more, join the Miracle Pronunciation Academy. You will be amazed with how quickly and drastically your English will improve!

**So you want to speak 'Perfect English', like a native... What should you do next?**

Join my 'Miracle Pronunciation Academy' today and allow me to be your personal pronunciation and English coach! You will be sent a few exclusive private video classes every week hosted by me. These classes are NOT available anywhere else. As you go through my training and begin using my techniques, you will be transforming the way you speak English forever. Soon, you'll sound so amazing, that people may think you were born in the United States or Canada... for Real!!!

# LIVE COACHING

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INTERESTED IN IMPROVING EVEN MORE?  
Please consider joining my **Miracle Pronunciation Experience**, which is my Six-Month Weekly Live Coaching Mentorship, where I will work with you directly Face-to-Face every week to transform your pronunciation and English skills. The improvements you will experience will be TREMENDOUS!

**[CLICK HERE TO LEARN MORE!](#)**

Thank you again for taking my program!  
Wishing you my very best!

Paul S. Gruber, MS, CCC-SLP, CEO  
Speech Language Pathologist

**Interested in our Onsite Training for your business or organization?**

Paul travels around the world, to provide our World-Class Instruction. Contact us today for more information!





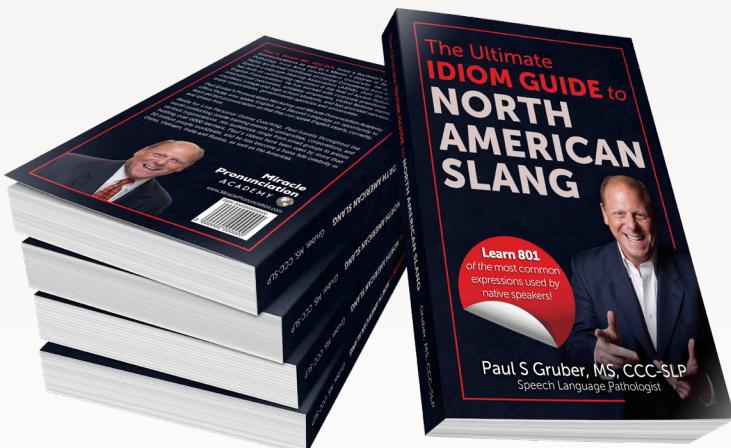


Other publications:

Vietnam:  
**The Pronunciation Guide for Speaking Perfect English**

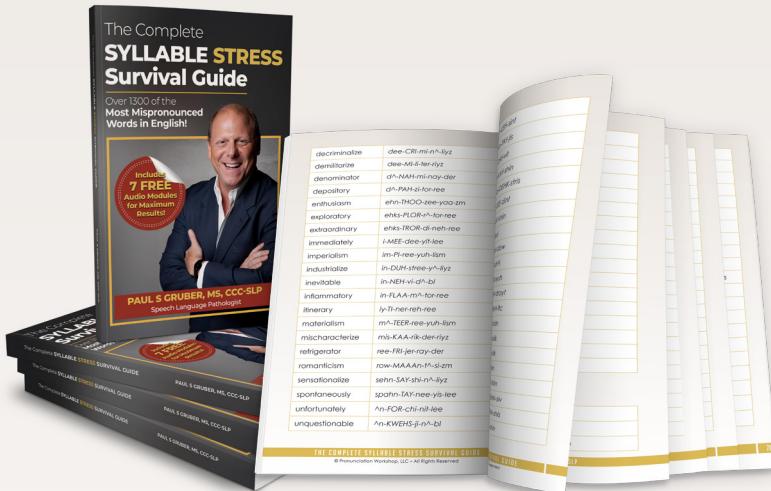


International:  
**The Ultimate Idiom Guide to North American Slang**



# Did you enjoy this Guide and Paul's Audio Recordings?

If so, then you will LOVE Paul's COMPLETE Guide  
which contains over 1300 of the  
**MOST Mispronounced Words in English!**



- Get 'The Complete Syllable Stress Survival Guide' (an \$80 Value).
- Plus 7 Audio Modules (Priceless) - with Paul showing you how to correctly pronounce every word.

Available on Amazon!

[Click Here to Purchase!](#)

**Paul S. Gruber MS, CCC-SLP**, holds a Bachelor's Degree in Speech Communications as well as a Master's Degree in Speech Language Pathology from Nova Southeastern University. He also holds the highly acclaimed Certificate of Clinical Competence from the American Speech-Language-Hearing Association (ASHA). Over the years, Paul has built an outstanding reputation in the field of Accent Reduction and English Pronunciation. He has worked with corporate presidents, CEOs, international executives, embassy employees, United Nations members, countless college and high school students, and has provided services to many corporations, governmental agencies and universities.

Paul Gruber's Pronunciation Workshop and Miracle Pronunciation Academy offers those who speak English as a Second Language an opportunity to learn perfect pronunciation so that they can speak English clearly, correctly and stress-free.

Aside from Live Personal Online Coaching, Paul travels throughout the world conducting onsite training events to universities, corporations, and various organizations. His audiences range from small groups to arenas holding over 6000 learners. Paul's videos have been seen by more than 50 million people worldwide. He has become a bona fide celebrity in China, Vietnam, India, Russia, as well as the Americas.

A professional headshot of Paul S. Gruber. He is a middle-aged man with light brown hair, smiling broadly. He is wearing a dark blue pinstripe suit jacket, a white dress shirt, and a red tie with a subtle pattern. The background is a plain, light-colored wall.

**Miracle  
Pronunciation  
ACADEMY**

[www.MiraclePronunciation.com](http://www.MiraclePronunciation.com)