The linear mixed model: introduction and the basic model

Analysis of Experimental Data

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1 Data with non-independent observations

1.1 Non-independency

How is it that non-independence occurs? There are generally two ways in which this might happen:

- the explicit way: data is (by design) collected in a way that implies non-independence; for example
 - students are sampled from many schools (from several school districts)
 - within-subjects designs
- the implicit way: some unintended factors 'spoil' the data:
 - data on alcohol use (and abuse) in a large (random) sample have been collected by means of interviews; 5 different interviewers (each with his/her own style) have been involved in the data collection process
 - data on depression are collected in a large (random) sample over a period of ten days; the last two days were rainy

1.2 Different types of data with non-independent observations

Hierachical data

- sampling takes place at two or more levels, one *nested* within the other
- for example: students within schools within school districts (three levels)
- for example: patients within clinical centers (two levels)
- sometimes, the nesting is not perfect: students belong two several schools, patients have visited several clinical centers (this is called: partial nesting, or partial crossing)
- · observations within the same 'level' are not independent of one-another

Clustered data

- some observations 'naturally' belong/cluster together
- the clusters/groups are randomly sampled; the units within a cluster/group are automatically included

- for example: family members
- for example: teeth in a mouth
- special case: *dyadic data*: pairwise data; for example: man and woman from the same couple
- observations belonging to the same cluster/group are not independent

Matched data

- 1 set of observations is sampled randomly; one (or several other) set(s) are chosen is such a way that they 'match' the original set
- for example: case-control studies
- matching can be on one dimension (for example 'age') or on several dimensions ('age', 'gender', 'iq', ...)
- 1-1 matching, 1-N matching, ...

observations that are 'matched' are somehow similar and therefore not independent

Longitudinal data

- longitudinal data are collected when individuals (or units) are followed over time
- the evolution over time is the focus of the data
- for example: annual data on vocabulary growth among children
- for example: blood pressure of patients measured every week (for a period of two years)
- often considered as 'hierarchical data': the individual measurements are the lower level, the individuals are the higher level (but the time points are not always randomly sampled, but fixed)
- observations from the same 'individual' are not independent of one-another

Repeated measures

- repeated measures are collected when individuals (or units) are measured under different (experimental) conditions
- · typical for experimental within-subjects designs
- time is (generally) not important
- the experimental conditions are (usually) considered as fixed
- longitudinal data are often called repeated measures too
- · observations from the same 'individual' are not independent of one-another

1.3 The problem with non-independent observations

• technically: the standard linear model insists that error (and hence) observations are independent; if not, the model is not valid

· conceptually:

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- the accuracy of the estimates (and our confidence in them) is captured in the standard errors of the regression coefficients;
- the linear model assumes there are N independent pieces of information when it computes these standard errors (actually, N-p-1, once the degrees of freedom for the coefficients are subtracted);
- if observations are correlated, however, there really aren't N independent pieces of information, and the estimated standard errors will be too small

1.4 Ways to deal with non-independent observations

- Corrected or robust standard errors:
 - if the only concern is to obtain (more) accurate standard errors for a standard regression model, there are ways to correct them using conventional regression software (e.g., Huber-White corrected standard errors, sometimes referred to as a 'sandwich estimator')
 - cfr. the sandwich package
 - cfr. generalized estimating equations (GEE)
- The fixed-effects approach:
 - since it is conditional independence that is assumed, if predictors in the model can account for all sources of correlation between observations, then this assumption will be satisfied;
 - for instance, to control for school effects among J schools, a set of (J-1) dummy codes might be entered into the regression model to 'covary out' the mean differences among the schools

each specific school will have its own fixed (constant) regression coefficient

- if school mean differences are the only source of non-independence of observations, then these differences will be controlled, leaving conditionally independent residuals that satisfy the assumptions of the standard linear model
- The mixed-effects approach:
 - same as the fixed-effects approach, but we consider 'school' as a random factor
 - mixed-effects models include more than one source of random variation

1.5 The many faces of mixed-effects models

- mixed-effects models have been developed in a variety of disciplines, with varying names and terminology:
 - random-effects models, random-effects ANOVA (statistics, econometrics)
 - variance components models (statistics)
 - hierarchical linear models (education)
 - multi-level models (sociology, education)
 - contextual-effects models (sociology)
 - random-coefficient models (econometrics)
 - repeated-measures models, repeated measures ANOVA (statistics, psychology)
 - ...
- while essentially similar, the various approaches differ in terms of:

- motivation and notation
- assumptions concerning the random effects
- estimation method
- the 'older' approaches date back to Fisher and Yates's work on split-plot agricultural experiments
- the 'modern' approaches are more general (for example: they can handle irregular observations, missing data, ...)
- some of the main references of the 'modern' mixed models approach are:
 - Harville (1977, JASA) reviewed previous work, unified the methodology, and described iterative ML algorithms
 - Patterson and Thompson (1971, Biometrika) proposed the alternative REML approach
 - Laird and Ware (1982, Biometrics): their notation is still the standard
 - Jennrich and Schluchter (1986, Biometrics)
 - Laird, Lange, and Stram (1987, JASA)

- Diggle (1988, Biometrics)
- Lindstrom and Bates (1988, JASA)
- Jones and Boadi-Boateng (1991, Biometrics)

– ...

- some of the main references of the use of these mixed models in the behavioural sciences are:
 - Raudenbush, S.W. & Bryk A.S. (2001, second edition). Hierarchical Linear Models: Applications and Data Analysis Methods. Thousand Oaks, Calif.: Sage. (Cfr. HLM software)
 - Goldstein, H. (2002). Multilevel Statistical Models. London: Edward Arnold. (Cfr. Mlwin software)
 - Snijders, T. & Bosker, R. (1999). Multilevel Analysis: An Introduction to Basic and Advanced Multilevel Modeling. Thousand Oaks, Calif.: Sage.
 - Hox, J. (2002). Multilevel Analysis: Techniques and Applications.
 Mahwah, N.J.: Lawrence Erlbaum Associates.

1.6 Software packages for mixed-models

- MLwiN 2
 - Goldstein and co-workers
 - very popular in europe; lots of users in the FPPW
 - URL: http://www.cmm.bristol.ac.uk/MLwiN/index.shtml
- HLM 6
 - Raudenbush and Bryk
 - very popular in the USA
 - URL: http://www.ssicentral.com/
- Mplus
 - Bengt Muthén
 - does structural equation modeling, multilevel modeling and mixture modeling all at once

- URL: http://www.statmodel.com/
- SAS (PROC MIXED)
 - often considered the 'golden standard'
 - very flexible, extremely good documentation
- SPSS (MIXED)
 - since version SPSS 14
 - very basic, poor documentation
- R
- the older package nlme is very flexible, but slow and out-dated
- the newer package lme4 is extremely fast, state-of-the-art, but not as flexible as nlme or SAS PROC MIXED

2 The linear mixed model

2.1 The one-way random-effects ANOVA model revisited

The model using classic 'effect' notation

• the effect model can be written as follows: for observation j, level i:

$$y_{ij} = \mu + a_i + \epsilon_{ij}$$

- μ : the population mean (intercept)
- a_i : the (random) effect for level i of the random factor A
- ϵ_{ij} : the (random) error term
- the variances σ_a^2 and σ_ϵ^2 are called *variance components*

A toy dataset: 6 subjects, 3 scores per subject

```
> subject <- factor(rep(1:6, each = 3))</pre>
> score <- factor(rep(1:3, times = 6))</pre>
> y \leftarrow c(10, 11, 12, 10, 12, 14, 12, 13, 14, 12, 14, 16, 14, 15,
      16, 14, 16, 18)
> Data <- data.frame(subject, score, y)
> Data
   subject score
          1
                1 10
2
                2 11
3
                3 12
                1 10
                2 12
6
                3 14
                1 12
8
                2 13
9
                3 14
10
                1 12
11
                2 14
12
                3 16
13
                1 14
14
                2 15
15
                3 16
          6
                1 14
16
17
          6
                2 16
18
                3 18
```

Exploring the data

grand mean and variance

```
> mean (Data$y)
  [1] 13.5
  > var(Data$y)
  [1] 4.852941
• mean/variance per subject
  > with (Data, tapply (y, list (subject = subject), mean))
  subject
  11 12 13 14 15 16
  > with (Data, tapply (y, list (subject = subject), var))
  subject
```

treat 'subject' as a fixed factor

> fit.lm <- lm(y ~1 + subject, data = Data)

• treat 'subject' as a random factor (classic approach)

> fit.aov <- aov(y ~ 1 + Error(subject), data = Data)</pre>

- how can we compute σ_a^2 from this output? note that $\sigma_\epsilon^2 = \text{MSE} = 2.5$, and $\text{E(MSA)} = \sigma_\epsilon^2 + n \cdot \sigma_a^2$, therefore $\sigma_a^2 = (\text{MSA-MSE})/n = (10.5-2.5)/6 = 2.6666$
- treat 'subject' as a random factor (modern approach)

```
> library(lme4)
> fit.lmer <- lmer(y ~ 1 + (1 | subject), data = Data)</pre>
> summarv(fit.lmer)
Linear mixed model fit by REML
Formula: v ~ 1 + (1 | subject)
   Data: Data
   AIC BIC logLik deviance REMLdev
 79.89 82.56 -36.94 75.16 73.89
Random effects:
 Groups
         Name
                Variance Std.Dev.
 subject (Intercept) 2.6667 1.6330
 Residual
                     2.5000
                              1.5811
Number of obs: 18, groups: subject, 6
Fixed effects:
           Estimate Std. Error t value
(Intercept) 13.5000 0.7637
                                 17.68
```

The model using 'modern' notation

• the model in Laird-Ware form:

$$y_{ij} = \beta_0 x_{0ij} + b_{0i} z_{0ij} + \epsilon_{ij}$$
$$= \beta_0 + b_{0i} + \epsilon_{ij}$$

- β_0 : the (fixed) intercept, representing the population mean
- $x_{0ij} = 1$: the fixed-effect (constant) regressor
- b_{0i} : the random-effect coefficient for subject i, representing the deviation of subject i from the general mean
- $z_{0ij} = 1$ the random-effect (constant) regressor
- ϵ_{ij} : the (random) error term, representing the deviation of the jth score of subject i from the subject mean

The variance components

- the two variance components are denoted by:
 - $Var(b_{0i}) = d_0^2 = d^2$
 - $Var(\epsilon_{ij}) = \sigma_{\epsilon}^2 = \sigma^2$
- we typically assume the random-effect coefficients are uncorrelated and normally distributed:
 - $b_{0i} \sim N(0, d^2)$
 - $\epsilon_{ij} \sim N(0, \sigma^2)$

2.2 The structure of the model

The *Laird-Ware form* of the linear mixed model (two-level):

$$y_{ij} = \beta_1 x_{1ij} + \beta_2 x_{2ij} + \beta_3 x_{3ij} + \dots + \beta_p x_{pij} + b_{1i} z_{1ij} + b_{2i} z_{2ij} + \dots + b_q z_{qij} + \epsilon_{ij}$$

- y_{ij} is the value of the response variable for the jth of n_i observations of individual/cluster i = 1, 2, ..., N
- x_{i1}, \ldots, x_{ip} are the values of the *p* regressors for observation *i*; they are *fixed* constants (with respect to repeated sampling), and can be anything (product terms, indicator variables, ...)
- in many regression models, a constant term $x_{i0}=1$ is added; β_0 is called the intercept
- the regression coefficients β_1, \dots, β_p are the fixed-effect coefficients, which are identical for all individuals/clusters

• $b_{1i}, b_{2i}, \ldots, b_{qi}$ are the random-effect coefficients for individual/cluster i; the random-effect coefficients are thought of as random variables, not as parameters (similar to the errors ϵ_{ij})

- $z_{1ij}, z_{2ij}, \ldots, z_{qij}$ are the random-effect regressors; they are typically a subset of the fixed regressors; in many models, a random intercept term $z_{0ij}=1$ is added and b_{0i} is called a random intercept
- ϵ_{ij} is the random error for the jth observation of individual/cluster i

Stochastic assumptions of the linear mixed model

- the usual assumptions for the random-effect coefficients:
 - $b_{ki} \sim N(0, d_k^2)$
 - $Var(b_{ki}) = d_k^2$ (constant across individual/clusters)
 - $Cov(b_{ki}, b_{k'i}) = d_{kk'}$ (within the same i)
 - $Cov(b_{ki}, b_{k'i'}) = i$ (for $i \neq i'$)
- the usual assumptions for the error terms:
 - $\epsilon_{ij} \sim N(0, \sigma_{ijj}^2)$
 - $Var(\epsilon_{ij}) = \sigma_{ijj}^2$ (constant across individual/clusters)
 - $Cov(\epsilon_{ij}, \epsilon_{ij'}) = \sigma_{ijj'}$ (within the same i)
 - $Cov(\epsilon_{ij}, \epsilon_{i'j'}) = 0$ (for $i \neq i'$)
 - the ϵ_{ij} and b_{ki} are uncorrelated

Model in matrix notation

The model Laird-ware model in matrix form:

$$\mathbf{y}_i = \mathbf{X}_i \boldsymbol{\beta} + \mathbf{Z}_i \mathbf{b}_i + \boldsymbol{\epsilon}_i \qquad i = 1, 2, \dots, N$$

where for observations of the ith individual/cluster:

- \mathbf{y}_i is the $n_i \times 1$ response vector
- \mathbf{X}_i is the $n_i \times p$ model matrix for the fixed effects
- β is the $p \times 1$ vector of fixed-effect coefficients
- \mathbf{Z}_i is the $n_i \times q$ model matrix for the random effects
- \mathbf{b}_i is the $q \times 1$ vector of random-effect coefficients
- ϵ_i is the $n_i \times 1$ vector of errors

or for the all individuals/clusters:

$$\mathbf{v} = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbf{b} + \boldsymbol{\epsilon}$$

Stochastic assumptions in matrix notation

- the random-effect coefficients:
 - $\mathbf{b}_i \sim \mathrm{N}_q(\mathbf{0}, \mathbf{D})$
 - \mathbf{b}_i and $\mathbf{b}_{i'}$ are independent for $i \neq i'$
- · the error terms:
 - $\epsilon_i \sim N_{n_i}(\mathbf{0}, \mathbf{\Sigma}_i)$
 - ϵ_i and $\epsilon_{i'}$ are independent for $i \neq i'$
 - $\mathsf{Cov}[oldsymbol{\epsilon}_i, \mathbf{b}_i] = \mathbf{0}$
- D contains q(q+1)/2 parameters; Σ_i contains $n_i(n_i+1)/2$ elements

The variance components

- the elements of ${\bf D}$ and the elements of ${\bf \Sigma}_i$ (for each i) are collectively called the *variance components*
- \bullet the elements of ${\bf D}$ are often parametrized in terms of a smaller number of fundamental parameters
- for hierarchical data, where observations within an individual/cluster are sampled independently, it is often assumed that the error variance is constant; in this case Σ_i simplifies to $\sigma^2 \mathbf{I}_{n_i}$
- for longitudinal data, Σ_i may be specified to capture serial (over-time) correlation among the errors

Conditional and marginal distributions

- because the right-hand side of the linear mixed model contains two random vectors \mathbf{b}_i and ϵ_i , we can consider two different distributions:
 - the conditional distribution:

$$\mathbf{y}_i | \mathbf{b}_i \sim N(\mathbf{X}_i \boldsymbol{\beta} + \mathbf{Z}_i \mathbf{b}_i, \ \boldsymbol{\Sigma}_i)$$

- the marginal distribution:

$$\mathbf{y}_i \sim N(\mathbf{X}_i \boldsymbol{\beta}, \mathbf{V}_i)$$

where

$$\mathsf{Cov}[\mathbf{y}_i] = \mathbf{V}_i = \mathbf{Z}_i \mathbf{D} \mathbf{Z}_i' + \mathbf{\Sigma}_i$$

- $\mathbf{Z}_i \mathbf{D} \mathbf{Z}_i'$ represents the random-effects structure: it implies a covariance structure of a very specific form
- \bullet combining the N clusters, we get

$$\mathsf{Cov}[\mathbf{y}] = \mathbf{V} = \mathbf{Z}\mathbf{D}\mathbf{Z}' + \mathbf{\Sigma}$$

where Cov[y] contains N(N+1)/2 elements

a prime reason for having random effects in a model is to simplify the otherwise difficult task of specifying the N(N+1)/2 distinct elements of Cov[y]; without using random effects we would have to deal with elements of Cov[y] being a variety of forms; but with random factors we can conveniently deal with variances and covariances attributable to factors acknowledged to be affecting the data

A toy dataset: 6 subjects, 3 scores per subject

• at the subject level:

$$\mathbf{X}_i = \begin{bmatrix} 1 \\ 1 \\ 1 \end{bmatrix}, \quad ext{and} \quad \mathbf{Z}_i = \begin{bmatrix} 1 \\ 1 \\ 1 \end{bmatrix}$$
 $\mathbf{D} = \begin{bmatrix} d^2 \end{bmatrix}, \quad ext{and} \quad \mathbf{\Sigma}_i = \begin{bmatrix} \sigma^2 & 0 & 0 \\ 0 & \sigma^2 & 0 \\ 0 & 0 & \sigma^2 \end{bmatrix}$

$$\mathbf{V}_{i} = \mathbf{Z}_{i} \mathbf{D} \mathbf{Z}_{i}' + \mathbf{\Sigma}_{i} = \begin{bmatrix} d^{2} & d^{2} & d^{2} \\ d^{2} & d^{2} & d^{2} \\ d^{2} & d^{2} & d^{2} \end{bmatrix} + \begin{bmatrix} \sigma^{2} & 0 & 0 \\ 0 & \sigma^{2} & 0 \\ 0 & 0 & \sigma^{2} \end{bmatrix}$$
$$= \begin{bmatrix} \sigma^{2} + d^{2} & d^{2} & d^{2} \\ d^{2} & \sigma^{2} + d^{2} & d^{2} \\ d^{2} & d^{2} & \sigma^{2} + d^{2} \end{bmatrix}$$

• full model:

$$\mathbf{V} = \left[\begin{array}{cccccccccc} \mathbf{V}_1 & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} \\ \mathbf{0} & \mathbf{V}_2 & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} \\ \mathbf{0} & \mathbf{0} & \mathbf{V}_3 & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} \\ \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{V}_4 & \mathbf{0} & \mathbf{0} & \mathbf{0} \\ \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{V}_5 & \mathbf{0} & \mathbf{0} \\ \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{V}_6 \end{array} \right]$$

2.3 Parameter estimation

Estimating the fixed coefficients β

• if we assume that D and Σ and hence V are known, the weighted least-squares estimator of β using a symmetric weight matrix W is given by

$$\hat{\boldsymbol{\beta}} = (\mathbf{X}'\mathbf{W}\mathbf{X})^{-1}\,\mathbf{X}'\mathbf{W}\mathbf{y}$$

where the weight matrix is given by:

$$\mathbf{W} = \mathbf{V}^{-1} = \mathsf{Cov}[\mathbf{y}]^{-1}$$

• if V is known, $\hat{\beta}$ is normally distributed with mean β ; the variances are the diagonal elements of the variance-covariance matrix:

$$\mathsf{Cov}(\hat{\boldsymbol{\beta}}) = [\mathbf{X}'\mathbf{V}^{-1}\mathbf{X}]^{-1}$$

• if V is unknown, it is replaced by its (current) estimate \hat{V}

• if V is unknown, the variances of $\hat{\beta}$ underestimate the correct variability because the variability introduced by estimating the variance components is not taken into account

• in practice, one often accounts of this downward bias by using approximate t- and F-statistics for testing hypotheses about β (see inference for fixed effects)

Estimating the variance components

- historically, several methods have been proposed: the general analysis of variance method, Henderson's method I, II and III, MINQUE, MIVQUE, and I-MINQUE
- two methods used in the 'modern' approach are:
 - maximum likelihood (ML)
 - restricted maximum likelihood (REML) estimation methods

both are iterative methods

2.4 Inference in a linear mixed model

Inference for fixed effects

 all tests of the fixed effects can be expressed by a linear hypothesis of the form

$$H_0: \mathbf{L}\boldsymbol{\beta} = \mathbf{0}$$

- L is a $h \times (p+1)$ matrix; each row in L specifies a linear combination of the parameters to be tested
- a common statistic is the so-called Wald F-statistic:

$$F = \frac{(\mathbf{L}\mathbf{b})' \left[\mathbf{L} (\mathbf{X}' \mathbf{V}^{-1} \mathbf{X})^{-1} \mathbf{L}' \right]^{-1} (\mathbf{L}\mathbf{b})}{h}$$

- unfortunately, despite its name, this statistic does not follow an F-distribution (due to the fact that V is unknown)
- one approach is to assume that F approximates an F-distribution, with h
 degrees of freedom for the nominator, and a to be estimated number of denominator degrees of freedom

- several methods are available to estimate the denominator degrees of freedom:
 - the containment method (often the default in software)
 - the Satterhwaite's (1946) approximation
 - the Kenward and Roger (1997) approximation
 - **–** ...
- this 'problem' has received little attention in the literature, presumably because in the context of, say, longitudinal data, sample sizes are huge, and the *p*-values are often very similar under different approximation methods
- for relatively small datasets (for example: experimental within-subjects design), this problem can not be ignored!
- another alternative is to use a Bayesian approach

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Inference for variance components

• a typical hypothesis is that the variance of a random coefficient equals zero:

$$H_0: d_k^2 = 0$$

- many software packages report Wald tests for all variance components
 - unfortunately, Wald tests assume asymptotic normality of the parameter estimates, and this is *not* satisfied for the variance components, due the 'boundary problem'
 - for example, the value of $d_k^2 = 0$ is on the boundary of the parameter space, and in this case, classical MLE results don't hold in this context
- alternatively, one can use likelihood ratio tests
 - again, the asymptotic chi-squared null-distribution is not valid, due the boundary problem
 - however, some results are available for the case $\Sigma_i = \sigma^2 \mathbf{I}_{n_i}$