```
<!DOCTYPE html>
<html>
<head>
  <title>Running Aide App</title>
  <script type="text/javascript" src="./js/assi6.js"></script>
  <meta charset="UTF-8" />
  <meta http-equiv="X-UA-Compatible" content="IE=edge" />
  <meta name="viewport" content="width=device-width, initial-scale=1.0" />
</head>
<body>
  <div>
    <h1>Runner Aide</h1>
  </div>
  <div>
    <form>
      <fieldset>
        <legend>Calculate pace chart:</legend>
        Distance
        <br>
        <input type="text" id="distance">
        <label for="distance">mi</label>
```

```
<br>
      Target pace
      <br>
      <input type="text" id="pace" />
      <label for="pace">Min/Mi(mm:ss)</label>
      <br>
      <input type="button" value="Calculate" onclick="calculateTable();" />
    </fieldset>
   </form>
 </div>
 Miles
    Time
   </body>
</html>
```

```
function calculateTable() {
  clearTable();
 var miles = document.getElementById("distance").value;
 var pace = document.getElementById("pace").value.split(":");
 var table = document.getElementById("table"); //because we need
table so that we can add things to the table
 var markup = table.innerHTML;
 var hrs = 0;
 var min = 0;
 var sec = 0;
  pace[0] = parseInt(pace[0]);
  pace[1] = parseInt(pace[1]);
 for (var i = 1; i <= miles; i++) {
    var time = "";
    console.log(i);
    min += pace[0];
    sec += pace[1];
```

```
if (sec >= 60) {
     min++;
     sec -= 60;
   }
   if (min >= 60) {
     hrs++;
     min -= 60;
   }
   time =
     (hrs > 0 ? (hrs < 10 ? "0" : "") + hrs + ":" : "") + (min < 10 ?
"0" : "") +
     min + ":" + (sec < 10 ? "0" : "") + sec;
     markup += "" + (i > miles ? miles : i) + "" +
time + "";
  }
 table.innerHTML = markup;
}
//clear the table
function clearTable() {
```

```
document.getElementById("table").innerHTML = " Miles ";
}
```