

Learning Style Modality: Introvert and Extrovert Learning Style

A person can be an Extrovert learner or an Introvert learner. The differences between the learning styles primarily depend on their energy level.

Here's a comparison between an Extrovert learner and an Introvert learner.

Extrovert learner	Introvert learner
Extroverts are energised by social interactions.	Introverts find social engagements energetically taxing. So, after attending a group training or other social gathering, introverts need time alone to 'recharge'.
Extroverts are typically thought to be outspoken, outgoing and predominately concerned with what's going on with the outer world.	Introverts, by contrast, are quiet, reflective and focused on the inner (mental) world.

Positive and Negative Perceptions of Introvert and Extrovert Learners

EXTROVERT LEARNER: POSITIVE PERCEPTIONS	INTROVERT LEARNER: POSITIVE PERCEPTIONS
Lively and enthusiastic	Deep thinkers
Bring great energy to interactions	Articulate in presenting their ideas
Able to keep any conversation going	A calm and calming influence
Skilled in social situations	Good listeners

EXTROVERT LEARNER: NEGATIVE PERCEPTIONS	INTROVERT LEARNER: NEGATIVE PERCEPTIONS
Talking non-stop	Withholding important information
Dominating the group process	Uninvolved
Frequently changing their minds	Unfriendly
Social butterflies who can't just sit down and do their job	Making minimal contributions to team efforts