

SWEETS

Explanation:

Sweet introductions is a get-to-know-you game that helps people learn new facts about each other in an easy way using a sweet. This icebreaker works best when the group size is limited to 12, so if you have more than 12, divide the larger group and run the icebreaker within the smaller-sized groups.

Preparation needed:

- 5 different variations of sweet. It can be different colour wrappings or type of sweet. Place all the sweets in a large bowl.
- Flip Chart/Whiteboard is optional

Method:

- Ask the participants to choose anywhere from 1 to 5 pieces of any type of sweet.
- Instruct them not to eat it yet, though.
- Pass the bowl around the group.
- Tell them what each type of sweet/colour represents, after they have chosen their sweets. If there is a whiteboard or chalkboard present, write the following:
 1. Red – Favourite hobbies
 2. Green – Favourite place on earth
 3. Blue – Favourite memory
 4. Yellow - Dream job
 5. Orange – Wildcard (tell us anything about yourself!)

If you don't have the above colours or have chosen type in preference to colour, simply create a list to best match the types of sweet that you have. Each of the participants takes it in turn to introduce himself/herself, beginning with their name and then saying one fact for each type of sweet that they have. This easy introduction game should go relatively quickly (assuming they weren't greedy and that they didn't take too many sweets!)

INTRODUCE YOUR PARTNER

Explanation:

This exercise gets the participants to interview each other and then present back to the group. It encourages active listening. Give 10 minutes for the interviews. Each participant is given a maximum of 5 minutes to introduce their partner.

This activity is suitable for small to medium groups.

Preparation needed:

- Each participant will need a notebook/card and pen/pencil to record the answers.
- Prepare some example questions on a Flip Chart/Pin Board so that everyone can see them and reference what you need them to do.

Method:

- Divide the group into two-person teams by asking them to find a partner that they know the least about or assign pairs.
- Inform the pairs they have 10 minutes to interview each other, remind the pairs when they have reached half way (5 mins) so that they must change the interviewee.

Example questions:

- What is your name?
- What is your background?
- Why are you involved in this workshop/training?
- What is the best learning experience you ever had?
- What do you hope to learn from this workshop?

After the 10-minutes interview, reassemble the group into a big circle and have each participant introduce their partner to the group. Ask both participants to stand up for the introduction.