**Learning Style Modality: Introvert and Extrovert Learning Style**

**LEARNING STYLE MODALITY**



A person can be an Extrovert learner or an Introvert learner. The differences between the learning styles primarily depend on their energy level.

Here’s a comparison between an Extrovert learner and an Introvert learner.

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| **Extrovert learner** | **Introvert learner** |
| Extroverts are energised by social interactions. | Introverts find social engagements energetically taxing. So, after attending a group training or other social gathering, introverts need time alone to ‘recharge’. |
| Extroverts are typically thought to be outspoken, outgoing and predominately concerned with what's going on with the outer world. | Introverts, by contrast, are quiet, reflective and focused on the inner (mental) world. |

**Positive and Negative Perceptions of Introvert and Extrovert Learners**

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| **EXTROVERT LEARNER:**  **POSITIVE PERCEPTIONS** | **INTROVERT LEARNER:**  **POSITIVE PERCEPTIONS** |
| Lively and enthusiastic | Deep thinkers |
| Bring great energy to interactions | Articulate in presenting their ideas |
| Able to keep any conversation going | A calm and calming influence |
| Skilled in social situations | Good listeners |

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| **EXTROVERT LEARNER:**  **NEGATIVE PERCEPTIONS** | **INTROVERT LEARNER:**  **NEGATIVE PERCEPTIONS** |
| Talking non-stop | Withholding important information |
| Dominating the group process | Uninvolved |
| Frequently changing their minds | Unfriendly |
| Social butterflies who can’t just sit down and do their job | Making minimal contributions to team efforts |