



## DEPARTMENT OF RHEUMATOLOGY

<b>Name</b>	: Ms RUKHSANA SHAHEEN	<b>Hospital No</b>	: MH005990453
<b>Age / Sex</b>	: 56 yrs/Female	<b>Episode No</b>	: O30000528270
<b>Doctor</b>	: DR DARSHAN SINGH BHAKUNI	<b>Episode Date</b>	: 02/07/2021 08:31AM
<b>Department</b>	: RHEUMATOLOGY MHD		

## OUTPATIENT SUMMARY

### Consultant Notes :

Video consultation done

Known case of systemic lupus erythematosus and scleroderma overlap with interstitial lung disease on medication.

Present problem

tightness of skin of the fists and ulcers on the pulp of the fingers

Treatment advised

Tablet Linezolid 600 mg twice a day for 5 Days as advised in detail in case the ulcers of the fingers do not heal.

Tablet Clopidogrel 75 mg once a day after meals

Tablet Amlodipine 5 mg once a day

Tab Domperidone 10 mg twice a day before meals

Cap Omeprazole 20 Mg Twice a Day before Meal

Tablet Bosentan 62.5 mg twice a day after meals

Tab Sildenafil Citrate 0.5 mg twice a day after meals

Tablet Prednisolone 5 mg once a day after breakfast

Tablet Mycophenolate mofetil 500 mg 2 tablets twice a day

Tablet L-methylfolate calcium 400 µg 1 tablet once a day

Tablet ciprofloxacin 250 mg twice a day

Review after 4 weeks



NABH Accredited Hospital  
H-2019-0640/09/06/2019-08/06/2022



NABL Accredited Hospital  
MC/3228/04/09/2019-03/09/2021



Awarded Emergency Excellence Services  
E-2019-0026/27/07/2019-26/07/2021



Awarded Nursing Excellence Services  
N-2019-0113/27/07/2019-26/07/2021



Awarded Clean & Green Hospital  
IND-16-6278/05/12/2018-04/12/2019

# Human Care Medical Charitable Trust



Registered Office : Sector-6,Dwarka, New Delhi- 110075

## DEPARTMENT OF RHEUMATOLOGY

<b>Name</b>	: Ms RUKHSANA SHAHEEN	<b>Hospital No</b>	: MH005990453
<b>Age / Sex</b>	: 56 yrs/Female	<b>Episode No</b>	: O30000528270
<b>Doctor</b>	: DR DARSHAN SINGH BHAKUNI	<b>Episode Date</b>	: 02/07/2021 08:31AM
<b>Department</b>	: RHEUMATOLOGY MHD		

Dr Darshan Singh Bhakuni  
MBBS,MD  
DMC Regn No: 20699

Seek medical help if:

- \* The initial symptoms get aggravated
  - \* Any new symptoms (like breathlessness , bleeding etc) is causing concern
- In case of Emergencies contact 011-40407070

Page 2 of 2



NABH Accredited Hospital  
H-2019-0640/09/06/2019-08/06/2022



NABL Accredited Hospital  
MC/3228/04/09/2019-03/09/2021



Awarded Emergency Excellence Services  
E-2019-0026/27/07/2019-26/07/2021



Awarded Nursing Excellence Services  
N-2019-0113/27/07/2019-26/07/2021



Awarded Clean & Green Hospital  
HD18-6278/05/12/2018- 04/12/2019

Website : [www.hcmct.in](http://www.hcmct.in), [delhi.manipalhospitals.com](http://delhi.manipalhospitals.com) | Email : [mailus@manipalhospitals.com](mailto:mailus@manipalhospitals.com) | Phone: 011-49674967

Managed by Manipal Hospitals Dwarka Pvt. Ltd.