

Clothes (varies as per weather)

- Upper
 - Tracking grade upper thermals
 - Polyester t-shirts full arm
 - Fleece or any other warm sweater
 - Poncho/rain jacket
 - Warm cap
 - Cotton cap for day time
 - Gloves for low temperature protection
 - Bandannas or balaclava
- Lower
 - Tracking grade lower thermals
 - Riding pant and tracking pant
 - Polyester lower for sleeping
 - Gum boots, slippers and tracking shoes
 - Lots of warm socks, to change after crossing water streams

Carry items for a motorcycle rider

- Tow cable and small knife
- Small clips to hang your clothes on luggage ropes
- Spark plug and zero number sand paper
- Accelerator and clutch wire/lever
- Engine oil and front shocker seal
- Chain lube, cleaning brush and chain links
- Mseal and duct tape
- Plastic sheets to cover the baggage and also to cover you in case of intermittent rains
- Puncture kit, air pump/tyre inflator
- Torch, match box or lighter
- Fuel pipe to transfer fuel from other bikes
- Bungee cords to hold the bags
- Spanner, plier and key set, specially to open your tyres in case of puncture
- Electric wire 2 meter, in case of any electrical failure
- Small mettle wire to bind if something breaks

Documents

- 2 ID minimum (aadhaar and PAN etc)
- Driving license and vehicle papers (registration, insurance and pollution)
- Take copies of IDs and passport size photographs

Safety

- Riding jacket/pant or leg-arm protector
- Riding gloves, helmet and sunglass

Hygiene

- Sleeping bag
- Personal water filter and water bottles
- Spoon and mug
- Lunch box

Medicines

- Diamox for mountain sickness (250 mg). You can start taking few days before starting your trip
- Electral (oral rehydration salt-ORS etc) pouches
- Cold-cough-fever related medicines (d-cold, combiflame etc)

- Indigestion/stomach related medicines (norflox-tz etc)
- Quarter of dark rum, only if you believe in the medicinal power of alcohol
- Antiseptic liquid and ointment for cuts and bruises along with cotton and bandage
- Cloves/elaichi, very effective in taste change
- Chew gum and toffees

Toiletries

- Sunscreen and lipbalm
- Deodorant and shaving kit (razor/shave gel/brush/mirror)
- Tooth paste and brush
- Shampoo pouches
- Bath and hand towels
- Hand sanitizer and soap

Eatables

- Ready to eat food items
- Dry fruits
- Carry chocolates/toffees for kids