**List of High Passes in Ladakh, Spiti, J&K, Himanchal, Uttarakhand**

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| **No.** | **Pass Name** | **Description** | **Altitude** | **Region** | **Motorable** |
| 1 | Zoji La | On Srinagar-Leh Highway connecting Ladakh to Kashmir | 3528 M | Ladakh | Yes |
| 2 | Namika La | From Kargil towards Leh | 3815 M | Ladakh | Yes |
| 3 | Fotu La | The highest point on Srinagar-Leh Highway | 4108 M | Ladakh | Yes |
| 4 | Khardung La | A myth being the highest motorable road, near Leh city | 5359 M | Ladakh | Yes |
| 5 | Wari La | A desolated pass near Leh city (Ladakh) | 5250 M | Ladakh | Yes |
| 6 | Chang La | Towards Sakti Village, near Leh city | 5360 M | Ladakh | Yes |
| 7 | Chushul La | From Pangong to Chushul/Hanle (Ladakh), an unnamed pass |  | Ladakh | Yes |
| 8 | Tsaga/Chagga La | After Chushul towards Tsaga | 4635 M | Ladakh | Yes |
| 9 | Thit Zarbo La | From Hanle to Nyoma via Nidar. After crossing Kyon Tso 2 | 5213 M | Ladakh | Yes |
| 10 | Kaksang La | On the route from Mahe to Chushul | 5438 M | Ladakh | Yes |
| 11 | Nurpa/Thato La | From Mahe to the heart-shaped lake Yaye Tso | 4815 M | Ladakh | Yes |
| 12 | Hora La | Few KMs ahead of Nurpa La | 4936 M | Ladakh | Yes |
| 13 | Namashang La | From Chumathang to Tso Moriri and before Kiagar Tso | 5300 M | Ladakh | Yes |
| 14 | Hamboting La | Situated on Kargil-Batalik route | 13330 F | Ladakh | Yes |
| 15 | Rezang La | On the south-eastern approach to Chushul valley | 5.199 M | Ladakh | Yes |
| 16 | Umling La | On the road connecting the villages of Chisumle and Demchuk | 5883 M | Ladakh | Yes |
| 17 | Marsimik La | Chang-Chemno Range 96 km from Leh. 20 km from Pangong | 18314 F | Ladakh | Yes |
| 18 | Kongka La | In Chang-Chemno Range between India and China | 5,171 M | Ladakh | Yes |
| 19 | Lanank La | Near boundary with China, between Ladakh and Tibet | 5,466 M | Ladakh | Yes |
| 20 | Chorbat la | Near India and Pakistan border, giving entry into Baltistan | 5.141 M | Ladakh | Yes |
| 21 | Salsal La | From Hanle to Kyun Tso to Salsal La and Chumur | 17200 F | Ladakh | Yes |
| 22 | Charchaghan La | From Tso moriri to Karzok to Sumdo route |  | Ladakh | Yes |
| 23 | Photi La | From Hanle to Demchuk | 5524 M | Ladakh | Yes |
| 24 | Polo Kongka La | From Sumdo to Tso Kar | 15800 F | Ladakh | Yes |
| 25 | Sirsir La | From Lamayuru Monastery heading south to Wanla | 4.804 M | Ladakh | Yes |
| 26 | Phonji La | From Wanla to Tarklak, Phonji La, Hanu Patta, Longzaling, Photoksar | 13330 F | Ladakh | Yes |
| 27 | Singe La | From lingshet to this pass in Khaltse tahsil | 5100 M | Ladakh | Yes |
| 28 | Changi La | From Kargil towards Batali a route goes to Changi La |  | Ladakh | Yes |
| 29 | Umba La | From Drass to Shanku | 4496 M | Zanskar | Yes |
| 30 | Penzi La | Connects Suru and Zanskar Valley. 25 km from Rangdum Monastery | 4400 M | Zanskar | Yes |
| 31 | Shinku La | On the border between Ladakh and Himachal Pradesh | 5091 M | Zanskar | Yes |
| 32 | Shipki La | Close to Khab village, Near Pooh town of Kinnaur region | 3930 M | HP | Yes |
| 33 | Pin Parbati Pass | Connecting the Kullu and Spiti valley | 5319 M | HP | No |
| 34 | Parang La | From Kibber to Karzok, the old Spiti to Ladakh route | 5580 M | HP | No |
| 35 | Lachulung La | on Manali-Leh Highway | 5059 M | HP | Yes |
| 36 | Nakee La | on Manali-Leh Highway between Sarchu and Pang | 4750 M | HP | Yes |
| 37 | Baralacha La | on Manali-Leh Highway Sarchu and Pang | 4890 M | HP | Yes |
| 38 | Kunzum La | From Manali to Kaza. It connects Lahul and Spiti valley | 4590 M | HP | Yes |
| 39 | Rohtang Pass | 51 kilometers from Manali towards Leh | 4590 M | HP | Yes |
| 40 | Sach Pass | Connecting Chamba and Pangi valleys | 4414 M | HP | Yes |
| 41 | Chanshal Pass | links Dodra and Rohru in the Shimla district | 4520 M | HP | Yes |
| 42 | Jalori Pass | Road to pass goes from Kullu | 3120 M | HP | Yes |
| 43 | Padri Pass | 40 kilometers from Bhaderwah | 10500 F | J&K | Yes |
| 44 | Banihal Pass | Old road Jammu to Srinagar route until the Jawahar tunnel built | 2832 M | J&K | Yes |
| 45 | Razdan Pass | Located in the Gurez valley of Jammu and Kashmir | 3557 M | J&K | Yes |
| 46 | Sadhana Pass | Also called Nastachun pass at Tangdhar of Karnah tehsil of Kupwara | 9967 F | J&K | Yes |
| 47 | Margan Pass | Connecting Warwan and Kashmir Valley in Anantnag district | 3,696 M | J&K | Yes |
| 48 | Sinthon Pass | Connects Kashmir Jammu through Kistwar | 3,800 M | J&K | Yes |
| 49 | Mana Pass | 4 km north of Mana and 52 km north of Badrinath | 5632 M | UK | Yes |
| 50 | Niti Pass | Located within the Nanda Devi National Park | 5.070M | UK | Yes |
| 51 | Lipulekh pass | Pilgrimage to Mount Kailash and Manasarovar goes through it | 5200 M | UK | No |