

Lower Everest Region

Pikey Peak (4065m) with Vaste Cultural Trek

Highlight Information

Unbeatable panoramic view of Everest, Kanchenjunga, Makalu, and Dhaulagiri.

Visit ancient Thupten Chholing Monastery, a spiritual center of the region.

Experience daily life in traditional Sherpa's life

Ideal for those seeking solitude and local immersion, far from the busier upper Khumbu routes.

Hike through lush rhododendron forests, terraced fields, and alpine meadows

Overview

The Pikey Peak Trek offers the ideal combination of natural beauty and culturally rich experiences, allowing you to uncover the hidden majesty of Lower Everest (Pikey Peak). From the top of Pikey Peak, this peaceful hike offers breathtaking views of Everest and the other peaks. Explore rhododendron forests and stop by ancient monasteries like Thupten Chholing along the route. Far from the crowds, this journey lets you connect deeply with local Sherpa, Tamang, and Rai cultures in a serene and authentic Himalayan setting.

Itinerary and Map

Day 1

Arrive Kathmandu 1350m. Transfer to the hotel

Your happy holiday starts in Kathmandu. From airport to hotel transferred included depending on arrival times, you will be able to have a freshen up before briefing with guide in the late afternoon. According to the time, you can walk/drive to Swayambhunath Stupa (Monkey Temple) and from here watch your first Nepali sunset over the Kathmandu Valley, from the oldest stupas in Nepal and is now an important centre for Buddhism. This is one of the most Important world heritage sites of Nepal.

Accommodation: Hotel. Meals excluded: Breakfast included, Transfer: 20 M drive.

Day 2

Kathmandu - Ghurmi (574M) - Patale (2800) - Phaplu (2413 M)

Early in the morning, drive from Kathmandu to Phaplu. Following Dulikhel, we progressively descend to the Sunkoshi River and then continue on to Ghurmi. The jeep moves more slowly from Ghurmi to Patale than it did this morning. Patale is one of the greatest places to see Mount Everest, Lhotse, Makalu, Kanchenjunga, and a number of other majestic peaks. As we approach the village, the breathtaking

views unfold before us, showcasing the grandeur of the Himalayas and inviting us to explore the rich culture and natural beauty. Continue to Phaplu after an hour from Patale.

Accommodation: Lodge. Meals included: morning, afternoon, evening.

Transport: 7/9 hours of driving.

Day 3

Phaplu - Junbesi (2700m)

A superb view of the Himalayan range. *Can be visited the Royal pelacce of Sherpa King (Tsering Tenzing Sherpa)* At the end of Phaplu airport. The trek starts with an easy trail and a descent to the river before climbing back up the other side. The trail meanders along the riverside through terraced farmlands, small Sherpa villages, and lush forests. Arrive in Junbesi, a spectacular village at the heart of Sherpa culture and. Explore the monastery and traditional houses.

Accommodation: Lodge. Meals included: morning, noon, evening.

Elevation gain: 748 m . Elevation loss : 545 m . 5/6 hours walking.

Day 4

Junbesi – Thupten Chholing Gomba (3000 m)

From Junbesi, the day starts with a gradual climb northward along the Junbesi Khola. The walk is peaceful and spiritual, passing through pine and rhododendron forests, fluttering prayer flags, and mani walls. You arrive at the sacred Thupten Chholing Monastery, founded by Trulsik Rinpoche in the 1960s. Home to hundreds of monks and nuns, the monastery is known for its deep spiritual atmosphere, daily chanting, and traditional Tibetan Buddhist practices.

Accommodation: Lodge. Meals included: morning, noon, evening.

Elevation gain: 1015 m. Elevation loss: 80 m 6 hours walking.

Day 5

Thupten Chholing Gomba – Jasmane Bajyang (3500 m)

We start the day by retracing our steps from here back to Junbesi. From Junbesi, we join the Sir Edmund Hillary Trail, which gently climbs through scenic landscapes and traditional Sherpa villages. The trail up to Taktor is gradual and culturally rich. From there, we leave the main route and start a steeper climb, aiming to cross a lesser-known pass. After a rewarding climb, we descend into the quiet and open pastureland of Jasmane Bayang, where we set up camp surrounded by stunning mountain views.

Accommodation: Lodge. Meals included: morning, noon, evening.

Elevation gain: 1,154 m. Elevation loss: 668 m. 6/7 hours walking.

Day 6

Jasmane Bajyang - Pikey Summit (4065m) - PK Base Camp

The day starts with a gradual climb from Jasmane Bajyang, crossing rocky ridgelines and wide alpine meadows. The view opens out as you climb, offering expansive panoramas of the nearby valleys and far-

off snow peaks. After two to three hours of hiking, you arrive at the Pikey Peak Summit (4,065m), a stunning viewpoint with 360° views of the Himalayas, including, on a clear day, Everest, Makalu, Kanchenjunga, Annapurna, and more. After enjoying the view from above, the trail gradually descends to Pikey Base Camp along a lovely ridge that is covered in low alpine bushes and prayer flags. This peaceful spot is ideal for an overnight stay, with dramatic sunset views and a sense of quiet isolation.

Accommodation: Lodge. Meals included: morning, noon, evening.

Elevation gain : 100 m. Elevation loss : 320 m. 4/5 hours walking.

Day 7

PK Base Camp - Jhapre (2800 m)

After enjoying the beautiful morning views, we start our day with a gentle descent. The trail offers a panorama as it winds through peaceful forests, passes ancient **mani walls**, and occasionally crosses paths with **yaks** grazing or moving along the route. It's a calm and scenic walk, rich in natural beauty and cultural touches, making for a truly rewarding day on the trail.

Accommodation: Lodge. Meals included: morning, noon, evening.

Elevation gain : 100 m. Elevation loss : 884 m. 5/6 hours walking.

Day 8

Jhapre - Dhap (2900 m)

From Jhapre, the trail continues with a gentle descent through forested hills and terraced farmlands. The path is easy and comfortable, making for a relaxing day of walking. Along the way, you'll pass through small villages and open fields, with occasional views of distant mountains behind you. The day is peaceful and culturally rich, but before arriving at Dhap offering glimpses into the traditional lifestyle of people in the **lower Everest / Khumbu**.

Accommodation: Lodge. Meals included: morning, noon, evening.

Elevation gain: 420 m . Elevation loss: 346 m. 5/7 hours Walking.

Day 9

Dhap – Chagesthan Viewpoint (3,050 M) - (Kundar 2100 M)

From Dhap, those interested can take a climb to the Chagesthan Viewpoint. Upon reaching the viewpoint, you are rewarded with wide, panoramic views of the same breathtaking scenery seen from Pikey Peak, including the lower Solu hills. The viewpoint is also known for its spiritual significance, providing a peaceful spot for reflection and rest. After enjoying the views, we return to the lodge for breakfast. Then follows a beautiful descent to Kundar. The trail winds gently through traditional farmlands, scattered homes, and subtropical forests as we gradually lose elevation. Along the way, you may meet villagers going about their daily routines. The descent is steady, leading us to Kundar—a peaceful village nestled in a valley with a warmer climate and lush green surroundings.

Accommodation: inhabitant/School. **Meals included:** morning, noon, evening.
Elevation gain: 150 m. **Elevation loss:** 950 m. **4/6 hours Walking.. 6 hours walking**

Day 10

Kundar - Kathmandu

Early in the morning, we depart by 4x4 for Kathmandu. The drive takes several hours, passing through Okhaldhunga. The road is rough in places, and there are only a few proper tracks along the way.

Accommodation: Hotel. **Meals included:** morning, noon.

Transport: 7/9 hours Driving

Day 11

Kathmandu – Souvenirs day, sightseeing day or free day.

Among the option, if you are heading for sightseeing, this day-day cultural tour will offer you a well-rounded experience of Kathmandu's history, spirituality, and art while being guided by an expert, certified who can enrich your understanding of the city's unique heritage.

here's a suggested itinerary and price that balances history, culture, and local experiences. Maximum visited only three sites in day.

Swayambunath

Bhaktapur

Boudhanath

Patan Darbar square

Kathmandu Darbar square

In this price, an expert and certified cultural and tour guide a vehicle reserved and a professional driver for whole during the sightseeing.

2-3 pp 70€

4-6 pp 50€

7-10 pp 35€

11-15+ 30€

Day 12

Back to the native land

According to your flight schedule the grand departure. We will come to drive you to the airport.

