

Entrees

Served with steamed rice

With fried rice, additional 2.50

With Shrimp, 9.75

Sweet and Sour Pork 7.50

Battered & deep-fried lean pork. Layered in sweet & sour sauce, topped with bell peppers, onions, carrots.

Hawaiian Chicken 7.50

Battered & deep-fried sliced chicken. Layered in sweet & sour sauce & topped w/ sweet pineapples.

Beef, Chicken, or Pork Pepper Garlic 8.50

Choice of meat stir-fried in a sweet soy sauce gravy and onions. Topped with fried garlic.

Chow Mein 8.50

Choice of chicken, beef, or veggies in light gravy of bean sprouts, carrots, water chestnuts, and topped with fried crispy noodles.

Almond Chicken 8.50

Slices of chicken in light gravy sauce with onions, water chestnuts, mushrooms, bamboo shoots, and topped w/ almonds.

Chicken with Cashew Nuts 8.50

Slices of chicken in a light gravy sauce with bamboo shoots, onions, baby corn, & topped w/ cashew nuts.

Beef, Chicken, or Pork with Broccoli 8.50

Choice of meat sautéed with broccoli and fresh garlic in a gravy sauce.

Beef, Chicken, or Pork w/ Mixed Vegetables 8.50

Choice of meat sautéed w/ broccoli, mushrooms, onions, carrots, baby corn, water chestnuts, snow peas.

Pepper Steak 8.50

Marinated slices of beef stir-fried in dark gravy w/ bell peppers, tomatoes, onions. Topped w/ fried garlic.

Thai Style Sweet and Sour 8.50

Choice of chicken, beef, or pork sautéed in a Thai sweet and sour sauce with cucumbers, tomatoes, onions, and sweet pineapples chunks.

Pad Prik Khing 8.99

Choice of chicken or pork stir-fried with green beans in red curry paste.

Beef, Chicken, or Pork Pad Khing 8.99

Choice of meat sautéed in a light sauce with ginger, onions, baby corn, water chestnuts, and mushrooms.

Pad Kra Pao 8.99

Choice of beef, chicken, or pork, stir-fried in dark sweet soy sauce with onions and fresh basil.

Pad Plik 8.99

Choice of beef, chicken, or pork stir-fried in dark sweet soy sauce with jalapeño peppers, onions, and fresh basil.

Thai Curries

*Served with steamed rice
With fried rice, additional 2.50*

Choice of beef, chicken, or pork 8.99

Shrimp or Combination 9.50

Seafood 11.50

Red Curry

Bamboo shoots simmered in coconut milk, topped with fresh basil.

Green Curry

Green peas and bamboo shoots simmered in coconut milk, topped with fresh basil and sliced red bell peppers.

Yellow Curry

Potatoes and onions simmered in coconut milk.

Panang

Bamboo shoots simmered in coconut milk, topped with fresh basil and sliced red bell peppers.

Chicken or Shrimp Gang Kua Supparod

Slices of chicken or large shrimp simmered in Thai curry & coconut milk with sweet pineapples chunks and carrots.

Seafood

Served with steamed rice

With fried rice, additional 2.50

Chinese Sweet and Sour Shrimp 9.75

Battered, deep-fried large shrimp layered in sweet & sour sauce and topped with bell peppers, onions, and carrots.

Basil Squid 9.75

Stir-fried squid in light gravy, mushrooms, snow peas, baby corn, and water chestnuts.

Seafood Combination 11.50

Large shrimp, scallops, imitation crab meat, mussels, and squid sautéed with mixed vegetables and fresh basil.

Stir-Fried Seafood with Curry Powder 11.50

Large shrimp, scallops, imitation crab meat, mussels, and squid sautéed with garlic, mushrooms, egg, condensed milk, pik pow sauce and curry powder. Topped with fresh cilantro, celery, green onions, and red bell peppers.

Fish 20

Deep-fried filet or whole fish layered in our house special sauce. Topped with cucumbers, tomatoes, and fresh cilantro.

We can cook most of our dishes vegetarian or vegan.

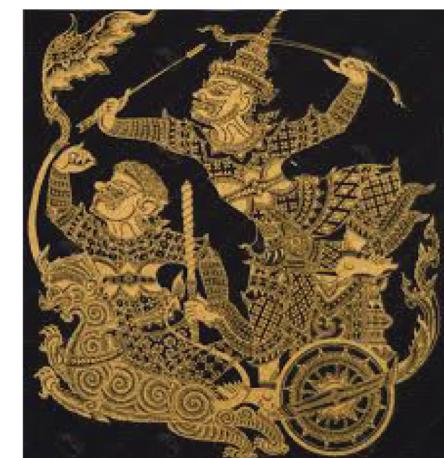
Please indicate your preference:

Mild (no spice), Medium, Hot, or Thai Hot.

ASK US WHAT WE HAVE FOR DESSERT!

LAI THAI RESTAURANT

WE ARE A THAI RESTAURANT LOCATED IN BETHANY, OKLAHOMA. HERE YOU WILL FIND AUTHENTIC THAI CUISINES MADE WITH FRESH INGREDIENTS.



7419 NW 23rd

Bethany, OK 73008

APPLE GLADE SHOPPING CENTER

405.495.4758

Appetizers

Fried Wontons (6)	4.25
Stuffed with ground pork and onions. Served with our house sauce.	
Crab Rolls (5)	4.25
Cream cheese, imitation crab meat, and onions. Served with sweet & sour sauce.	
Fried Spring Rolls (4)	4.75
Ground chicken, mixed vegetables, and clear noodles rolled in spring roll shell. Served with our house sauce.	
Fresh Spring Rolls (2)	
Shrimp 3.99 Mixed veggies or Fried Tofu 2.99 rolled in steamed rice paper & served with peanut sauce.	
Chicken Satay (4 skewers) 5.99	
Grilled marinated chicken on skewers. Served with peanut sauce & cucumber salad.	
Deep-Fried Beef Jerky	
½ lb 5 1lb 10	
with Sticky Rice additional 3.50	
Hot Wings or Golden Wings (6)	5.75
Deep-fried chicken wings topped with our Thai hot & spicy sauce.	
Tempura Plate	6.50
Battered and deep-fried shrimp and mixed vegetables. Served with our house sauce.	



Salads

Served with steamed rice

Thai Papaya Salad	8.50
Shredded papaya with fresh chili peppers, tomatoes and carrots in lime juice. Topped with dried shrimp and crushed peanuts on the side.	
Lao Papaya Salad	9.50
Shredded papaya with black crab, fresh chili peppers, tomatoes and carrots in lime juice.	
Clear Noodle Salad	9.50
Clear noodles with shrimp, chicken, red onions, and chili peppers in lime juice.	

Beef Salad **9.50**
Pan fried tender beef with lime juice, tomatoes, red onions, fresh mint and cilantro. Served with lime and cucumbers.

Beef, Chicken, or Pork Larb **9.50**
Choice of chopped meat with rice powder, fresh mint, and onions in lime juice. Served with lime and cucumbers.

Yum Pla Murk (Squid Salad) **10.50**
Slices of squid marinated in lime juice with Thai herbs and red onions. Served with lime and cucumbers.

Yum Goong (Shrimp Salad) **10.50**
Fresh large shrimp marinated with Thai herbs and red onions in lime juice. Served with lime and cucumbers.

Yum Ta Lay (Seafood Salad) **11.50**
Slices of squid, shrimp, scallops, and imitation crab meat marinated with Thai herbs and red onions in lime juice.

We can cook most of our dishes vegetarian or vegan.

Please indicate your preference:
Mild (no spice), Medium, Hot, or Thai Hot.



Soups

Won Ton Soup **6.50**
Pork dumplings w/ onions & veggies in savory broth.

Clear Noodle Soup **6.50**
Glass noodles with large shrimp, sliced chicken, onions, and mushrooms. Topped w/ fresh cilantro.

Tom Kar Gai (Coconut Chicken Soup) **10.50**
Slices of chicken simmered in coconut milk broth with lemon grass, onions, & mushrooms. Topped with fresh cilantro.

Tom Yum Gai (Hot & Sour Chicken Soup) **10.50**
Slices of chicken simmered in hot and sour broth with lemon grass, onions, and mushrooms. Topped with fresh cilantro.

Tom Yum Goong (Hot & Sour Shrimp Soup) **10.50**
Large shrimp simmered in hot and sour broth with lemon grass, onions, and mushrooms. Topped with fresh cilantro.

Tom Yum Talah (Hot & Sour Seafood Soup) **11.50**
Large shrimp, scallops, imitation crab meat, mussels, and squid simmered in hot and sour broth with lemon grass, onions, and mushrooms. Topped with fresh cilantro.

Rice and Noodles

Vegetables, tofu, chicken, beef, or pork **8.50**
Shrimp or Combo **9.50**

Seafood **11.50**
Extra meat, tofu, or vegetables **1.25**
Extra Shrimp 2 or Seafood **2.50**
Pan Fried Rice sm 2.50 lg 4
Steamed Rice sm 2.50 lg 3.50

Fried Rice
Choice of chicken, beef, or pork **7.50**
Sautéed rice with eggs, garlic and onions.
Shrimp or Combo **8.99**

Thai Fried Rice
Special fried rice with tomatoes and Chinese broccoli. Served with cucumbers and lime.

Pineapple Fried Rice
Fried rice bursting with exotic flavors, sweet pineapples chunks, red bell peppers, carrots, green peas, onions, tomatoes, and topped with fresh cilantro, cashews, and cucumbers.

Kao Pad Kra Pao (Mint Fried Rice)
Fried rice with fresh basil, garlic, and onions. Served w/ lime & cucumbers.

Crab Fried Rice **13.50**
Real crab, eggs, tomatoes, onions, and fresh cilantro. Served with cucumbers.

Pad Thai
Thin rice noodles sautéed with tofu, egg, bean sprouts, onions. Lime & crushed peanuts on side.

Pad See Iew
Large flat noodles sautéed with egg, garlic, Chinese broccoli, and sweet soy sauce.

Pad Kee Mao
Large flat noodles sautéed with garlic, Chinese broccoli, and bean sprouts. Topped with fresh basil.

Lad Na
Large flat rice noodles sautéed with garlic and Chinese broccoli in a gravy soy sauce.

Pad Woon Sen (Clear Noodles)
Clear glass noodles sautéed with onions, garlic, egg, bean sprouts, carrots, mushrooms, and snow peas. Served with crushed peanuts on the side.